



Canadian - U.S. Comparison Charts Weight

<i>Metric</i>	<i>Imperial / U.S.</i>
1 gram	.035 ounce
28.35 grams	1 ounce
454 grams	1 pound 16 ounces
1 kilogram	2.2 pounds
907 kilograms	1 ton (or short ton) 2000 pounds
1 tonne (or metric ton) 1000 kilograms	2205 pounds

Canadian Usage Notes

- Personal weight is generally expressed in pounds.
- Although a newborn baby's birth weight is officially recorded in grams, it is generally reported in pounds and ounces: *She's tiny, just six pounds fourteen* (or *six pounds and fourteen ounces*).
- In supermarkets, meat, cheese and fresh produce may display both the price per pound and the price per kilogram or 100 grams. Scales, however, always weigh in grams or kilograms, and this is what will appear on the grocery receipt.