

Course ID: CMEC09

Teaching general practitioners about depression

Course director: Costas N. Stefanis, Greece

Teaching faculty: J.E. Cooper, A. Janca, D. Moussaoui

Educational Objectives:

1. Make participants aware of the nature of the materials included in the WPA/PTD programme;
2. Enable the participants to use the materials developed for the programme in the training of general practitioners; and
3. Enable the participants to plan training activities concerning the recognition and treatment of depressive disorders in their country.

Course description: The World Psychiatric Association, in collaboration with the International Committee on the Prevention and Treatment of Depressive Disorders, has developed an educational programme aiming to enable general practitioners and other physicians not specialised in psychiatry to deal with depressive disorders. The programme has three main parts, a first dealing with fundamental and general facts about depressive disorders, their recognition and treatment; a second dealing with depressive disorders seen in people suffering from physical illness; and a third dealing with depressive disorders in the elderly. The training materials for the programme include a basic text, slides, handouts and other tools.

Target audience: Psychiatrists.

Course level: Basic general psychiatry.