

## Proceedings of the second meeting of the French-speaking society SF-DOHaD

### LONG CONFERENCES PRECONCEPTIONAL PROGRAMMING

#### Periconception nutrition and long-term impacts

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There is evidence across mammalian species including the human that the periconceptional (PC) period is vulnerable to environmental influences that may change the programme of development and have lasting effects on disease risk into adulthood. We have studied the effect of maternal under-nutrition (low-protein diet, LPD) during the PC period in mice. Even restricting LPD to just the preimplantation period with normal nutrition for the rest of gestation and postnatal life (Emb-LPD) is sufficient to induce increased cardiovascular, metabolic and behavioural disease in adult offspring. We have found the timeline of programming initiates through Emb-LPD diet-induced reduction in insulin and branched-chain amino-acid (BCAA) concentrations within maternal serum and/or uterine fluid. These changes are sensed by blastocysts via the mTOR signal pathway. This sensing mechanism associates with altered programming, even if Emb-LPD blastocysts are transferred to control mothers. Similarly, *in vitro* cultured embryos with reduced insulin and BCAAs and subsequent transfer lead to similar adult disease phenotype to maternal Emb-LPD treatment. Programmed embryos undergo compensatory responses within the extra-embryonic cell lineages (trophectoderm; primitive endoderm) to promote nutrient retrieval during gestation to promote foetal growth. These responses include increased proliferation, endocytosis and motility of the affected tissues. However, embryonic lineages show evidence of increased apoptosis and reduced survival signalling. Derivation of embryonic stem cell lines from blastocysts from diet-treated mothers retain programming characteristics over several passages and permit mechanistic analyses and reduced use of animals. These lines have also been effective in identifying epigenetic mechanisms underlying lineage-specific programming responses. Lastly, Emb-LPD compensatory responses induced within extra-embryonic lineages cause increased perinatal growth. However, perinatal weight in programmed offspring correlates positively with disease risk in

later life. These data therefore show a continuum of biological processes from maternal PC diet to adverse adult phenotype.

**Disclosure of Interest:** None.

### MICROBIOTA AND PROGRAMMATION

#### Could the intestinal microbiota be programmed by early-life environment?

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Programming of intestinal microbiota composition may contribute to DOHaD. Indeed, increasing evidence suggests that, depending on its composition (which determines its activity), intestinal microbiota deeply affects host physiology far beyond the digestive sphere.<sup>1</sup> Similarly, it is well admitted that the composition of neonatal intestinal microbiota is particularly sensitive to perinatal environment, including early nutrition.<sup>2</sup> Thus, subjecting to that these early modifications persist during one's entire life, intestinal microbiota could act as a mechanistic relay between early environment and adult health. However, although it is generally assumed that the gut microbiota is durably shaped during neonatal period,<sup>3</sup> whether early alterations in gut microbiota actually persist until adulthood remains to be ascertained. The critical review of the literature related to this issue in either short-term follow-ups in humans or long-time follow-ups in animal studies highlights that this assumption is nongeneric but rather depends on the type of microbial modulator used in early life.<sup>4</sup> This would support the idea that the first settlers play an important role in the development of the gut microbiota and may impact its long-term composition and activity,<sup>5</sup> and that, under specific circumstances, intestinal microbiota may serve as a relay of neonatal history and contribute to the programming of host physiology.

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## REPRODUCTION: EPIGENETICS, WHY AND HOW?

### Epigenetic and animal reproduction, tools and challenges

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Although the reality of intergenerational inheritance has been clearly demonstrated, there is a significant gap in our knowledge of the mechanism behind this phenomenon. Epigenetic, and especially DNA methylation, are now considered as the most likely medium through which the effects of environmental stresses are transmitted to the next generation. DNA methylation has the advantage of being more stable than histones or chromatin modifications and offers some technical advantages as well (add info). Several approaches are available for methylation analysis: whole-genome bisulfite sequencing, also known as BS-Seq (a high-throughput genome-wide analysis of DNA methylation), RRBS or reduced representation bisulfite sequencing (a high-throughput technique used to analyze the genome-wide methylation profiles of CpGs), MeDIP or mDIP (consists of isolating methylated DNA fragments via an antibody raised against 5-methylcytosine) and ChIP-on-chip assays (based on the ability of commercially prepared antibodies to bind to DNA methylation-associated proteins such as MeCP2).

All these methods have their own advantages and drawback, and while sequencing-based techniques are gaining in popularity owing to declining costs, their need for several replicates and the amount of material required limit their use. In the field of reproduction, the amount of material is not an issue in the case of sperm, but becomes important when oocyte and early embryos are involved. In this context, the Canadian research network EmbryoGENE has sustained the development of simplified micro-array platforms allowing the capture of 450,000 potential methylation targets covering either the complete bovine or porcine genomes. This is a discovery tool

where differences are highlighted and organized by genomic regions: introns, exons, proximal and distal promoter or intergenic regions. This method can be used with <1000 cells per replicate and focuses on the discovery of hot spots where methylation changes are significant. The platforms allow simultaneous transcriptome analysis and the linking of RNA and DNA data. The visualization tools allow individual chromosome analysis, CpGs and DMR distribution and direct view of the impacted regions on a genome browser. A bioinformatic pipeline generates the statistical analysis in a few days.

Recent results demonstrate the value of such tools with embryos that have been exposed to *in vitro* culture after *in vitro* fertilization, embryos obtained from oocytes exposed to insulin before fertilization and embryos exposed to high glucose levels for 3 days. Methylation patterns vary depending on the various stresses and surprisingly about half of the methylation changes are associated with the expected pattern (hypomethylation with increased transcription), whereas the other half does not. These short-term changes are potentially maintained and represent new targets for the epigenome assessment of newborns coming from assisted reproduction technologies (ART). Moreover, the targets associated with immediate gene expression changes can be used for mechanistic analysis of the selected sites to better understand the driving forces of DNA methylation in response to the environment. In addition, the bovine model is quite unique and interesting for the analysis of human ART effects based on the number of similarities in the timing and programming of early embryos.

**Disclosure of Interest:** None.

## LATER HEALTH OF PREMATURE AND SMALL FOR GESTATIONAL AGE BABIES

### Preterm birth and intraruterine growth restriction: from perinatal period to long-term consequences at adulthood

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Follow-up of low birth weight infants has long focused on growth and on neuro-developmental outcomes. However, although most of these patients are doing well, there is increasing evidence of altered early biomarkers of increased risk of long-term noncommunicable chronic diseases. The odds ratio of having hypertension at the age of 20 years are increased.<sup>1</sup> Renal function studies have shown increased rates of abnormal microalbuminuria at young adulthood. Altered glucose tolerance and insulin resistance have been evidenced at adolescence. The lung, behavior, bone mineral density at adulthood all have been shown to be significantly affected on the long term by preterm birth.

Such long-term complications of preterm birth are part of the concept of developmental programming, or DOHaD.

Preterm birth involves at least, in part, similar mechanisms of developmental programming to those induced by other conditions that affect early life, such as intrauterine growth restriction, or intrauterine exposure to maternal diabetes, including epigenetic alterations and marks owing to early environmental influences.<sup>2,3</sup> Early postnatal nutrition is an important factor of long-term health in preterm infants, given the frequency of early extrauterine growth restriction and the need for compensatory growth, which may bear adverse effects in the long term.

Optimized postnatal nutrition and a follow-up extended to early biomarkers of cardio-vascular, renal and metabolic functions of preterm-born patients should be adopted in perinatal centers.<sup>4,5</sup> Research on specific mechanisms and possible prevention measures must be intensified and supported.

**Disclosure of Interest:** None.

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## MOTHER AND INFANT NUTRITION

### How to feed preterm infants to limit unfavorable long-term outcome?

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Suboptimal neurodevelopment is the main unfavorable long-term outcome of preterm birth. An association between poor early growth during hospitalization in neonatal intensive care

unit and suboptimal neurodevelopment has been observed<sup>1</sup> and this correlation is stronger in boys compared with girls.<sup>2</sup> Most earlier studies, however, assessed growth based solely on weight gain, and early growth should be evaluated not only in terms of weight but in terms of body composition as well [fat mass and fat free mass (FFM)]. In a recent study, we found the main determinants of FFM at discharge to be antenatal growth, gestational age, postnatal age, initial growth rate (between birth and day 5), and growth between day 5 and discharge, both of which equally affected FFM. Moreover, a higher protein:energy ratio at day 5 is a major determinant of improved FFM at discharge.<sup>3</sup> Thus, initial (very early) nutrition during the first few days of life seems to have a major impact on the quality of growth. The relationship between future neurodevelopment and initial nutrition or FFM at discharge clearly warrants further study.

*The long-term metabolic effect* of early nutrition in preterm infants is an emerging subject of study. Young adults born preterm have lower insulin sensitivity and higher blood pressure.<sup>4,5</sup> A faster weight gain during childhood amplifies this impairment in insulin sensitivity, and seems to be associated with early nutrition.<sup>6</sup>

*The breastfeeding paradox* refers to the fact that premies that are breastfed early in life may be slower to gain weight, but they have better neurodevelopment at 2 and 5 years of age.<sup>7</sup> Moreover, in one of the very few available interventional studies conducted on this topic in preterm infant, breastmilk consumption was associated with lower later blood pressure in children born premature.<sup>8</sup> Thus, breastfeeding should be encouraged. Like other workers,<sup>9</sup> we strongly endorse human milk feeding as the preferred method to nourish preterm infants during hospitalization and after discharge. Yet supplementation of breastmilk is necessary. Although preterm human milk contains higher concentrations of protein, sodium, zinc and calcium than mature human milk (HM), it falls short of supplying the tremendous quantities of nutrients required by preterm infants.<sup>10</sup> Therefore, HM supplemented with nutrients is recommended. The question is: how long do we have to supplement? Until the baby is able to suckle? No evidence is currently available on that issue.<sup>11</sup>

**Disclosure of Interest:** None.

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## PROGRAMMING OF COGNITIVE IMPAIREMENT

### Programming, methyl donors, epigenetics

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Vitamin B<sub>12</sub> (cobalamin, cbl) and folate play key roles in epigenomics as cofactor and co-substrate of methionine synthase (MTR), respectively. This enzyme catalyzes the synthesis of methionine, the precursor of S-adenosylmethionine (SAM). This presentation will review our studies on the nutrigenomic influence of cbl and folate deficiency in the liver, heart and brain, through SAM-dependent epigenomic mechanisms. The deficiency in folate and vitamin B<sub>12</sub> during gestation and lactation produces manifestations of fetal programming, with decreased birth weight, increased central fat mass, liver steatosis and myocardium hypertrophy in pups.<sup>1,2</sup> These manifestations result from impaired fatty-acid  $\beta$ -oxidation and impaired energy metabolism through decreased expression and activity of SIRT1 and PRMT1, and subsequent hyperacetylation and hypomethylation of PGC1- $\alpha$  and dysregulation of nuclear receptors, ER $\alpha$ , PPARs, ERR $\alpha$  and HNF-4.<sup>3,4</sup> The deficiency

also impairs the proper development of the brain, with long-term cognitive consequences in aging.<sup>1</sup> The most discernible consequences of decreased cellular availability of cbl are reduced proliferation and accelerated differentiation through the PP2A, NGF and TACE pathways and increased reticulum stress through decreased expression of deacetylase SIRT1 and greater acetylation of heat-shock factor protein 1 (HSF1).<sup>5,6</sup> Folate deficiency sensitizes H19-7 neuronal progenitors to differentiation-associated apoptosis, with increased expression of histone deacetylases (HDAC), leading to impaired vesicular transport and neurite outgrowth.<sup>7,8</sup> Vitamin shortage downregulates Stat3 signaling through miR-124 upregulation, leading to altered brain development.<sup>7</sup> The cbl and folate deficiency during gestation and lactation produces epigenomic deregulations of ER $\alpha$  and ERR $\alpha$ , which affect synapsin expression and neuroplasticity in pups. Our recent development of a conditional cMTR mouse will help us to further dissect the specific effects in the brain.

In conclusion, the deficiency in folate and vitamin B<sub>12</sub> produces outcomes of fetal programming through epigenomic mechanisms related to imbalanced acetylation/methylation. Some but not all of these effects reflect their key role in SAM synthesis.

**Disclosure of Interest:** None.

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## Exposure to early-life stress: mechanisms of system-wide epigenetic effects

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Exposure to early-life stress (ELS) is a well-known major risk factor for developing psychiatric and behavioural disorders later in life. Both prenatal and postnatal stressors have been shown to have a long-lasting impact on adult pathological states. Epigenetic mechanisms have been shown to be, in part, responsible for the embedding of these long-term changes. It was also shown that the differences in these epigenetic mechanisms depend on the type and timing of stress exposure as well as tissue specific *v.* more global changes. In a model of early-life adversity (maternal deprivation) in rhesus macaques, we have shown using genome-wide analysis that differential rearing leads to differential DNA methylation profiles in two tissues, the prefrontal cortex and T cells ( $n = 8$ ). These differentially methylated promoters tended to cluster by both chromosomal regions and gene functions specific to each tissue with some overlap, such as the immune response and regulation of transcription functions. Studying human blood DNA, we also found altered DNA methylation profiles associated with childhood maltreatment ( $n = 415$ ) as well as chronic aggressive behaviour in men and women ( $n = 40$ ). Here as well, we found that genes with altered DNA methylation were involved in immune response and regulation of transcription functions. One of the mechanisms that might lead to these epigenetic alterations in multiple tissues is a long-lasting disruption of the stress hormone system by excessive glucocorticoids (GC) release after ELS exposure. Stress and GCs are known to regulate hippocampal neurogenesis and to induce long-lasting changes in DNA methylation in specific loci such as the *glucocorticoid receptor (GR)* and *FK506-binding protein 5 (FKBP5)* in hippocampal but also in blood cells DNAs. Using a genome-wide approach, we analysed gene expression and DNA methylation levels of immortalized human hippocampal progenitor cells treated with dexamethasone (Dex, a potent GR agonist) or vehicle at different stages during neurogenesis ( $n = 12$ ). Our preliminary results revealed an effect of Dex treatment on DNA methylation of more than 800 CpG sites and on mRNA expression of ~2800 genes during hippocampal differentiation where a significant portion of these alterations were maintained after differentiation, including *FKBP5* locus. Some of these differentially methylated sites were also found differentially methylated in blood cells of adult exposed to childhood maltreatment mentioned above. These preliminary analyses provide evidence of clustered and genome-wide epigenetic effects of GC activation during hippocampal neurogenesis where the timing of the exposure seems to be critical to induce long-lasting changes. In addition, the broad impact of

ELS on DNA methylation in both the brain and the periphery supports the hypothesis that the response to ELS is system-wide and genome-wide and persists to adulthood. A mechanistic understanding of the long-term epigenetic consequences of stress may allow novel, targeted intervention and prevention strategies for behavioural, psychiatric and other stress-associated disorders.

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## EARLY EXPOSURE TO POLLUTANTS AND HEALTH

### Early risk factors for childhood cancer

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Cancer strikes about 1700 children under the age of 15 in France each year, in almost half the cases, it occurs before the age of 5 years. Unlike adult cancers, childhood cancers develop mainly at the expense of embryonic poorly differentiated cells, and carcinomas are exceptional. Lymphoblastic leukemia are the most common and studied childhood's cancer.

A small number of cancers, <5% of the cases, are caused by a constitutional mutation in genes involved in embryonic development, cell differentiation, DNA repair, cell proliferation and survival or the immune system.<sup>1,2</sup> Apart from any predisposing condition, some associations with polymorphisms of genes involved in lymphocytes differentiation have been identified in leukemia by genome-wide association studies.

In children, carcinogenesis occurs probably in two stages. In a number of cases it has been possible to make the molecular evidence of prenatal origin. The factors that favor the first prenatal stage or the second prenatal or postnatal stage are far from being well known. Exposure to ionizing radiations at high doses is the best known factor, and it causes many types of cancer. Similarly, the roles of Epstein–Barr virus infections (Burkitt's and Hodgkin's lymphomas, nasopharyngeal cancer) and Hepatitis B virus (liver cancer) are well established.

Other factors have been associated repeatedly with cancer risk. This is particularly the case of prenatal exposure to pesticides<sup>3</sup> and, for leukemia, of exposure to heavy traffic roads or to magnetic fields at extremely low frequencies.<sup>4</sup> A lack of exposure to common infections and other immune stimuli in the first months of life also seems to be a risk factor for leukemia.<sup>5</sup>

**Disclosure of Interest:** None.

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## PROGRAMMING AND ALLERGY

### Determinants of the atopic march

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The increase in the prevalence of allergy in the last few decades, and especially of atopic dermatitis and asthma, is related to the increase of the frequency of atopy, a genetic and environmental background predisposing to these diseases. That atopy mainly increased among western countries has prompted researchers to incriminate the western way of life in its inception. Into this way of life, a progressive switch from a daily exposure to large amounts of microbes to a deep avoidance of any microbial contact, notably in the first few months of life is incriminated. This so-called hygiene hypothesis has been evoked in large epidemiological studies and verified experimentally. A defect in proper tolerance settings towards non-pathogen antigens owing to a lack of microbial stimulation of such settings in early life could be the substratum of atopy. Deficient Treg- and Breg-cell populations in allergic subjects, consecutive to inefficient stimulation of innate signals of tolerance, illustrate this impairment. In a model of house dust mite-induced asthma, we have recently demonstrated the importance of the B-cell deficiency and showed that Breg cells passively transferred to allergic mice can reverse the allergic phenotype.<sup>1,2</sup>

Of the above-mentioned determinants of atopy, further allergic sensitizations and atopic diseases in already allergic subjects complete the atopic march. Indeed, it is well demonstrated that atopic dermatitis and food allergies are risk factors for allergic asthma. In a mouse model, we have demonstrated that the first sensitization to food increases the respiratory response to a subsequent inhaled allergen.

Can the atopic march be reversed? It is largely demonstrated that specific immunotherapy is able to prevent asthma in atopic subjects suffering from allergic rhinitis. In addition, it is well

known that such treatments prevent from new sensitizations. The action of specific immunotherapy is related to its capacity to restore Treg and Breg capacities. Whether the use of specific or non-specific immunotherapies prevents primarily the atopic march in at-risk infants is still to be demonstrated.

**Disclosure of Interest:** None.

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## DOHaD AND ECONOMICS: EARLY INTERVENTIONS

### Early-life adversity, environmental enrichment and long-term health

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I review recent evidence on the importance of investing early in life based on an economic lifecourse approach to human development.<sup>1</sup> I discuss the long-term costs caused by early-life adversity, and how early-life experiences affect the biology of the body. In addition, I provide complementary evidence on enrichment interventions, which can, at least partially, compensate for prenatal and perinatal adverse environments.

First, I provide evidence based on a long-running experiment on rhesus monkeys that are randomly allocated at birth across different rearing conditions: mother-reared, peer-reared and surrogate peer-reared. I use data from this experiment to show that the lack of a secure attachment relationship in early life (non-maternal rearing) has long-term negative effects on both physical and mental health<sup>2</sup>; that these effects are not ameliorated by a normal social environment later in life; and that they operate at least, in part, through stress-response pathways and changes in the expression of leucocyte genes related to immune function. These findings provide robust evidence that early-life environments can causally affect the biology of the body, and that at the same time intervention is possible before disease becomes manifest.

Second, I provide evidence from randomized controlled trials in humans that enriching the environment of disadvantaged children promote health and development across the lifecourse. In particular, I show recent evidence from the Abecedarian programme that disadvantaged children randomly assigned to treatment have significantly lower prevalence of risk factors for cardiovascular and metabolic diseases in their mid-30s.<sup>3</sup> The evidence is especially strong for males. In sum, this

evidence shows that experiences occurring during critical periods of development can have long-term effects, and that, while children can be permanently damaged, the damage can also be remediated. It makes the case that early-life interventions have the potential for preventing disease and promoting health across the lifecourse.

**Disclosure of Interest:** None.

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#### PATERNAL NUTRITION AND TRANSMISSION

##### Transgenerational inheritance of diabetes risk by early paternal malnutrition

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It is well known that nutritional imbalances occurring during early development increase the risk of metabolic dysfunction later in life. Strikingly, such nutritionally induced phenotypes can be transmitted to the following generation(s). This phenomenon has been referred as intergenerational or transgenerational effect. Transgenerational effects can be defined as the transmission of a given phenotype from parent to the offspring, which is not mediated by genetic processes (i.e. inheritance of DNA sequence variants). Potential mechanisms include maternal physiology and behaviour, maintenance of environmental factors and epigenetic mechanisms. Importantly, paternal transmission of nutritionally induced phenotypes strongly suggests epigenetic mechanisms in mediating such effects.

Over the last few years, we have developed mouse models of intrauterine and neonatal malnutrition that show intergenerational inheritance of diabetes risk via the paternal line. Here we will review the experimental evidence that supports the potential role of epigenetic mechanisms in mediating inheritance of diabetes risk in mammals.

Clearly, understanding the molecular mechanisms involved in these effects is of great importance to develop rational nutritional interventions to prevent or delay risk of metabolic disorders across multiple generations.

**Disclosure of Interest:** None.

#### SHORT CONFERENCES AND POSTERS PRECONCEPTIONAL PROGRAMMING

##### PCP-1 – oral

##### A short periconceptional maternal hyperglycemia is sufficient to disrupt the fetoplacental phenotype in a rabbit model

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Pre-gestational type 1 diabetes (T1D) increases the risk of miscarriage and congenital malformations and programs the offspring to develop metabolic syndrome at adulthood.<sup>1</sup> Management of maternal diabetes is essential during the gestation but could also be highly important around the conception. Using a rabbit model,<sup>2</sup> the effects of maternal T1D during the periconceptional period on preimplantation blastocysts has been well documented,<sup>3–5</sup> but the effects on fetoplacental phenotype at 28 dpc (term = 31 days) need to be explored.

Diabetes was induced by alloxan in dams 7 days before mating. Glycemia was maintained at 15–20 mmol/l with exogenous insulin injections. At 4 dpc, embryos were collected and transferred into non-diabetic recipients.<sup>3</sup> At 28 dpc, control (C) and diabetic (D) fetuses were collected for biometric records, placental analyses including stereology and gene expression, and lipid profiles of fetoplacental tissues by gas chromatography. Lipid data were analyzed by principal component analysis.

D-fetuses were growth-retarded, hyperglycemic and dyslipidemic compared with C. Moreover, placental efficiency<sup>6</sup> was much higher in D-fetuses than in C-fetuses. The volume density of fetal vessels was significantly decreased in D-placentas compared with C-placentas, whereas the volume density of trophoblast tended to increase ( $P = 0.051$ ). This morphometric disruption was associated with a deregulation of the expression of genes related to nutrient supply and lipid metabolism.

In fetal plasma, a specific fatty-acid signature was observed in D- and C-groups. Moreover, the composition of placental and fetal liver membranes differed according to maternal status and fetal sex. Tissues from D-fetuses contained significantly more omega-6 polyunsaturated fatty acids compared with C-fetuses. Docosahexaenoic acid decreased, whereas linoleic acid increased in the cardiac membranes of D-fetuses, indicating a higher risk of ischemia.

This study demonstrates that an exposure to high-plasma glucose during the short periconceptional period is sufficient to adversely program fetal phenotype by reducing fetal growth, altering placental function and lipid profiles in all fetal tissues.

**Disclosure of Interest:** None.

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#### PCP-2 – oral

##### Maternal weight status before and during pregnancy and offspring's adiposity at 5–6 years of age in the EDEN mother–child cohort

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Both maternal pre-pregnancy body mass index (BMI)<sup>1</sup> and gestational weight gain<sup>2,3</sup> have been related in the literature to birth size and child obesity. We found previously that pre-pregnancy weight loss in normal-weight mothers was associated to offspring's low birthweight.<sup>4</sup> Little is known on the role of periconceptional weight status on postnatal growth and adiposity development. Therefore, we studied the relationship of mothers' weight change and status before and during pregnancy with children's growth and fat mass parameters at 5–6 years.

In 950 mother-child pairs from the EDEN Mother-Child Cohort Study, child's Z-scores of height and BMI at 5–6 years, fat mass per cent<sup>5</sup> (FM%) and indexes of adiposity distribution were related by linear regression to annual pre-pregnancy weight change since the age of 20 (WCBP), maternal pre-

pregnancy BMI and specific gestational weight gain (SGWG). We adjusted on pertinent variables of maternal socio-economic status and health, additionally on child's birth size.

Regarding the relation with pre-pregnancy BMI, children born to thinner mothers, although shorter at 5–6 years, had lower BMIs, but also lower FM% and a less central adiposity distribution. Between ~22 and 35 kg/m<sup>2</sup>, we noticed no association between maternal BMI and either child outcomes.

Once adjusted for maternal BMI, no association was found between SGWG and any outcome.

After adjustment for BMI and SGWG, WCBP was negatively associated with child's height Z-score; similar trends were noted with BMI Z-score and FM%; additional adjustment on child's birth size reinforced these associations.

Pre-pregnancy weight loss seems associated with a postnatal catch-up growth by age 5 years following foetal growth restriction, but we did not find a definite effect on child's adiposity, as hypothesized before.<sup>6–8</sup> Studies at other ages and with larger ranges of maternal BMI and weight change may bring further evidence on the role of the periconceptional period in adiposity programming.

**Disclosure of Interest:** None.

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### PCP-3

#### Effects of maternal preconception weight trajectory on offspring health

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An increasing number of childbearing age women are overweight or obese. Current recommendations include a preconceptional weight loss (WL) of 5–10% to reach a normal pre-pregnancy body mass index.<sup>1</sup> Although there is evidence that preconceptional WL reduces pregnancy complications but can induce growth retardation<sup>2</sup> or preterm delivery,<sup>3</sup> the long-term consequences on offspring health remain unknown.<sup>4</sup> In the light of the Developmental Origins of Health and Disease hypothesis, maternal pre-pregnancy weight trajectories could have beneficial, neutral or detrimental long-term effects on offspring.<sup>5–7</sup> Our aim was to investigate the outcomes of preconception WL in obese C57BL/6J female mice on offspring susceptibility to an obesogenic diet in later life. Female mice of the WL group were fed a high-fat diet (HFD) for 2 months and a control diet (CD) for the following 2 months. Two control groups consisted of: lean and obese control (LC and OC), receiving either the CD or HFD diet for 4 months and during gestation/lactation. At weaning, offspring were fed either an HFD or a CD. Weight, caloric intake, glucose metabolism and body composition were followed until sacrifice at 6 months. No significant differences were observed pre-weaning between LC and WL offspring for weight and glycemia. As for OC offspring, they had a higher body weight and fasting hyperglycemia. Sexual dimorphism was observed after weaning for all parameters studied, and as adults all HFD-fed offspring had an increased body weight, adiposity and fasting hyperglycemia, independently of maternal group. In our model, the offspring phenotype relies mainly on the postweaning diet. Despite abundant literature on *in utero* exposure to an HFD,<sup>8</sup> one paper reported the absence of association between offspring parameters and preconception HFD.<sup>9</sup> More investigations are needed to complete this phenotyping and at epigenetic levels to draw conclusions about maternal preconception trajectory effects on offspring health.

**Disclosure of Interest:** None.

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### PCP-4

#### A mice model of preconceptional maternal weight loss

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More and more women of childbearing age are overweight or obese. To reduce infertility and obstetric complications, weight loss (WL) is recommended.<sup>1,2</sup> However, whether this WL has positive or deleterious consequences on fetal growth and the long-term health of the children remains to be clarified.<sup>3–5</sup>

Our aim was to develop a mice model of preconceptional maternal WL for further studies within the framework of the DOHaD field, with relevance to humans.

C57BL/6J female mice received a high-fat diet (HFD) for 2 months, and then a control diet (CD) for 2 months. Body weight and food intake were recorded twice a week. At 2 and 4 months, fasting glycemia, insulin and cholesterol were measured, and glucose metabolism determined with oral glucose tolerance test. Mice were mated with males under a CD and their weight gain was followed during gestation. Control mothers received a CD (lean control) or HFD (obese control)

during preconceptional/gestation/lactation period. After offspring weaning, the maternal adipose tissues, liver, kidneys and heart were weighed to evaluate maternal body composition and adiposity.

After 2 months on an HFD, females showed a significant weight gain compared with CD-fed mice, were hyperglycemic, glucose-intolerant and hypercholesterolemic. After 2 months on a CD, normalization of weight, carbohydrate and lipid metabolism were observed. At the end of lactation, WL females' body composition was not distinguishable from lean control.

A switch from HFD to a CD induce a massive WL with normalization of metabolic state and body composition in obese females. This model is therefore suitable to investigate effects of maternal ponderal trajectories or massive preconceptional loss, such as that induced by bariatric surgery in human obese patients on offspring development and their long-term health and the underlying molecular mechanisms.<sup>6–8</sup>

**Disclosure of Interest:** None.

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## MICROBIOTA AND PROGRAMMING

### MP-1

#### Long-term modulation of gut mast cell- and tryptase-mediated gut permeability alterations by neonatal probiotic *Lactobacillus amylovorus* administration and late high-fat diet in pig offspring born to peripartum antibiotic-treated mothers

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Mast cells (MC) are key players in long-lasting, stress-induced gut permeability disorders, and probiotics can counteract these alterations in rats.<sup>1,2</sup> Early-life antibiotic administration disturbs gut barrier transcriptome and increases tissue MC density and proteases in rats.<sup>3,4</sup> Intestinal fat absorption activates MC in rats,<sup>5</sup> whereas maternal provision of linseed (rich in polyunsaturated fatty acids) modulates MC-dependent permeability in pig offspring.<sup>6</sup> In pigs, maternal antibiotic administration alters gut physiology in adult offspring,<sup>7,8</sup> but little is known on the ability of probiotics to modulate MC-mediated permeability. We tested the hypothesis that offspring postnatal probiotic administration modulates gut permeability through MC and tryptase in this model. Gestating sows received amoxicillin orally around parturition. Offspring from 12 litters received orally *Lactobacillus amylovorus* (PROB) every 2–3 days until day 21. Offspring from 11 litters received sterile culture medium (Control). All offspring were reared similarly until 5 months of age when they continued to be fed the growing diet (low fat, LF) or received LF plus 11% palm oil (high fat, HF) for 4 weeks. Pig pairs (LF–HF, *n* = 10/ treatment) within litters were slaughtered. Gut tissue paracellular (PCP) and transcellular (TCP) permeabilities were investigated in Ussing chambers without/with MC degranulator 48/80 and MC tryptase was assayed (ELISA). Data were analysed with SAS-MIXED models. Basal gut permeabilities were unaffected. Under 48/80, ileal PCP tended to be reduced for PROB pigs fed LF diet, but ileal TCP was higher in PROB pigs than in controls. Colonic PCP was unaffected, but TCP increased in PROB pigs fed the LF diet. Ileal tryptase was higher in PROB and correlated positively with ileal TCP. In conclusion, early probiotic supplementation to offspring born to mothers treated with amoxicillin around parturition increased stress-induced ileal TCP and MCT in young adult offspring. Colonic TCP also increased following MC degranulation, but tryptase was not modified, suggesting other MC mediators to operate.

**Disclosure of Interest:** None.

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## MP-2 – oral

### Long-term modulation of gut-inducible heat-shock proteins and resistance to oxidative stress by neonatal probiotic *Lactobacillus amylovorus* administration and late high-fat diet in pig offspring born to peripartum antibiotic-treated mothers

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Inducible heat-shock proteins (HSP27, HSP70) protect the gut epithelium from stress, owing to anti-oxidant and anti-inflammatory properties.<sup>1</sup> iHSP levels are stimulated by nutrients, gut microbial components and their metabolites.<sup>1,2</sup> Early antibiotic-induced microbiota disturbances have immediate and distant effects on gut transcriptome, barrier and inflammation in rodents.<sup>3,4</sup> Gut-barrier defects are causally involved in lipopolysaccharide-induced metabolic inflammation and obesity in mice.<sup>5</sup> However, little is known on early programming of gut function.<sup>6</sup> We showed in a swine model

of maternal administration of antibiotic peripartum that long-term alterations in offspring gut microbiota, iHSPs and enzymes are selective, site- and diet-dependent.<sup>7</sup> Here, we tested the hypothesis that offspring postnatal probiotic administration modulates gut iHSPs and resistance to oxidative stress. Gestating sows received amoxicillin orally around parturition. Offspring from 12 litters were given orally *Lactobacillus amylovorus* DSM16698 (PROB) every 2–3 days until day 21. Offspring from 11 litters received sterile culture medium (Control). All offspring were reared similarly until 5 months of age when they were continuously fed the growing diet (low fat, LF) or received LF plus 11% palm oil (high fat) for 4 weeks. Pairs of pigs ( $n = 10$ /treatment) within litters were slaughtered. Gut tissues were analysed for iHSPs, and for transcellular and paracellular permeability and responses to oxidant monochloramine in Ussing chambers.<sup>2,7</sup> Data were analysed with SAS-MIXED models. Growth and food intake were unaffected. Ileal iHSPs were unchanged, but colonic HSP27 was lower in PROB. Ileal basal electrophysiology was unaffected, but Na-glucose absorption was higher in PROB, and PROB-diet interactions were observed for electrophysiology parameters (Isc, PD) under oxidative stress. Colonic electrophysiology was unaffected, but transcellular permeability was higher in PROB. In conclusion, gut defence systems and mineral movements are complexly modulated by early probiotic administration and late diet in young adult offspring born to antibiotic-treated mothers. Microbiota role and underlying mechanisms is being investigated.

**Disclosure of Interest:** None.

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### MP-3 – oral

#### Neonatal microbiota diversity and structure modulate further resistance to post-weaning diarrhea in pigs

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Gut resistance to pathogen colonization is ensured by stable microbial ecosystem and represents an important challenge in human and animal health.<sup>1</sup> This study aimed to explore the impact of early characteristics of the intestinal microbiota on resistance to post-weaning diarrhea<sup>2,3</sup> in pigs.

Two farms were selected based on their current hygiene status, optimal hygienic conditions (OHC) and poor hygienic conditions (PHC). At 21 days old, four animals from each litter were selected according to their birth weight (1348.2 ± 333.8 g), colostrum intake (330.2 ± 58.8 g) and rank parity, and were weaned in a third independent and dirty experimental environment to challenge their resistance to post-weaning diarrhea. Diversity and composition of sows ( $n = 5$ /farm) and their piglets ( $n = 4$ /litters) at 2, 7, 14 and 21 days of age were characterized by culture-independent CE-SSCP.

Of piglets from OHC, 13 have contracted *Enterobacteriaceae* associated post-weaning diarrhea (D-OHC) and seven were resistant (RE-OHC). At 7 days of age, PHC piglets did not show any sign of diarrhea. PHC animals showed a higher bacterial diversity ( $4.4 \pm 0.3$  v.  $4.0 \pm 0.4$ ,  $P$ -value < 0.05) and greater stability over age than OHC piglets. Bacterial diversity of PHC and RE-OHC piglets was similar ( $4.4 \pm 0.3$  v.  $4.3 \pm 0.5$ ,  $P$ -value > 0.05, respectively) and these diversity levels were higher than D-OHC ( $3.8 \pm 0.3$ ,  $P$ -value < 0.05). RE-OHC microbiota structure differed from that of the D-OHC group ( $R = 0.37$ ,  $P$ -value < 0.001), while a stronger litter (or sow) effect was observed (ANOSIM-R = 0.49,  $P$ -value < 0.001). Litters including >75% RE-OHC piglets were very similar in terms of bacterial composition (ANOSIM-R = 0.09,  $P$ -value > 0.05) but strongly distinguishable from litters with <25% of RE-OHC piglets (ANOSIM-R =  $0.62 \pm 0.21$ ,  $P$ -value > 0.05). Early microbiota diversity and structure and thus the resistance to

post-weaning diarrhea are environmental and litter-dependent. Exposure to PHC during neonatal period is associated with early high bacterial diversity, stability and resistance to digestive disorders. This suggests a microbiota-mediated programming of pig health.

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### MP-4

#### Chronic stress triggers sex-specific divergent trajectories of gene expression in mouse adipose depots

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Irritable bowel syndrome (IBS) is a functional gastrointestinal disorder characterized by a visceral hypersensitivity, increased intestinal permeability and a low-grade inflammation.<sup>1</sup> Etiology includes early traumatic events,<sup>2,3</sup> restricted fetal growth<sup>4</sup> and stresses.<sup>5</sup> These events could induce an accumulation of the abdominal adipose tissue (AAT) in infants,<sup>6–8</sup> which in turn may contribute to metabolic diseases in further stages of life.<sup>9</sup> The involvement of the visceral adipose tissue on IBS physiopathology is unknown so far. The aims of our study were (i) to characterize the various adipose depots developed by mice submitted to chronic stress either in the neonatal period (maternal deprivation) or in adulthood (water avoidance stress) showing a IBS-like symptomatology; (ii) to examine the impact of mediators of this tissue on gut permeability; and (iii) to investigate the *Corticotropin-releasing hormone* receptor (CRHR) expression profile.

C3H/HeN mice pups were stressed by separating them from dam 3 h daily between postnatal days 2 and 15 (maternal deprivation). In the case of water and avoiding stress, adult mice were placed on block affixed to a tank filled with cold water for a period of 1 h daily for 5 consecutive days. Adipose tissue depots were harvested to assess mRNA expression. Gut permeability was determined in Ussing chambers in the presence of conditioned medium from the adipose tissue cultures of neo-stressed mice.

Stresses affected AAT mRNA expression of pro-inflammatory markers, Pref-1 and CRH-1 receptor in location and sex-dependent manners. In contrast to male mice, deposits coming from female

mice were characterized by an anti-inflammatory profile. Mediators secreted from the male mesenteric adipose tissue decreased jejunal and colonic permeability, contrary to what would be expected.

Our results suggest that neonatal stress could play a role in IBS through AAT development. Other studies are required to define the role of AAT-secreted factors in IBS, especially in the context of micro-inflammation and post-infection.

**Disclosure of Interest:** None.

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### MP-5

#### Does early oligosaccharides consumption affect pancreas maturation?

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Oligosaccharides (OS) are commonly added to infant formulae to better mimic maternal milk. However, their delayed impacts on adult health are poorly characterized. As OS are known to stimulate colonic fermentation and GLP-1 production by L-cells in adult animals,<sup>1,2</sup> we hypothesized that early OS consumption could modulate endocrine pancreas

maturation through the action of GLP-1 on neogenesis and proliferation of  $\beta$ -cells<sup>3</sup> with possible consequence on adult metabolism.

Suckling rat pups were supplemented with FOS or GOS/inulin mix (2.5 g/kg), or control solution from days 5 to 14. Pups were either sacrificed at PND8 or at PND14 or weaned at PND21 to standard chow and followed up until adulthood. Caecocolonic concentration of fermentation products, plasma concentration of total GLP-1, density of colonic GLP-1 producing L-cells, endocrine pancreas anatomy were characterized during supplementation, whereas oral glucose tolerance test was investigated at adulthood.

At PND8 and PND14, OS supplementation increased caecocolonic concentration of fermentation products but did not significantly affect the plasma concentration of GLP-1, although the density of GLP-1-positive L-cells tended to be increased at PND8 in pups supplemented with FOS [ $117 \pm 11$  v.  $94 \pm 11$  cells/mm<sup>2</sup> in cytotoxic T-lymphocyte (CTL)]. The diameter of endocrine pancreatic islets tend to be decreased at PND8 in pups supplemented with FOS ( $59.0 \pm 2.9$  v.  $63.8 \pm 3.4$   $\mu$ m in CTL), but this was no longer true at PND14. GOS/In supplementation was devoid of any significant impact on endocrine pancreas anatomy. None of the treatments significantly altered the metabolic response to oral glucose load in adulthood.

We concluded that very early OS supplementation, yet impacting caecocolonic fermentation, did not modify endocrine pancreas maturation and adult response to glucose load in rat. Subject to the fact that this holds true for humans, this is reassuring considering that the current study investigated type and doses of OS mimicking those commonly prescribed in infants.

**Disclosure of Interest:** None.

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### MP-6

#### Prevention of gut leakiness in pups exposed to chronic maternal separation prevents long-term emotional disturbances in adulthood

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Depression and anxiety disorders are often comorbid with functional intestinal disorders including irritable bowel syndrome.<sup>1</sup> In rodents, maternal separation (MS) induces enhanced anxiety-like behaviors, hyper-responsiveness of the hypothalamic-pituitary adrenal axis (HPA) to stress but also long-lasting gastrointestinal dysfunctions in adulthood.<sup>2</sup> Recent studies indicate that MS produces an increase of the gastrointestinal barrier permeability and bacterial translocation.<sup>3,4</sup> The present study aims to determine whether the restoration of a normal intestinal permeability in stressed pups with a myosin light-chain kinase (MLCK) inhibitor (ML-7) during neonatal period will protect against the long-term effects of early stress. Our results show that neonatal inhibition of the intestinal permeability in stressed pups reversed some of the long-term emotional disturbances and HPA axis alterations induced by early stress. Moreover, we demonstrate that transgenic mice with permanent increase in intestinal permeability display emotional disturbances resembling early stress effects. In conclusion, our study suggests that modifications of gut function play a critical role in the long-lasting effects of early stress.

**Disclosure of Interest:** None.

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#### EPIGENETICS

##### EPGN-1

##### Placenta and endometrium imprinting related to piglet maturity

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During the last decade, pig selection focused on prolificacy and merit carcass improvement. The non-expected consequence observed is a substantial increase in piglet mortality before weaning partially owing to less piglet maturity at birth.<sup>1</sup> Maturity is defined as the complete development allowing survival at birth. The process of maturity acquisition occurred at the end of the gestation, and its possible variation in relation to genetic and maternal uterine environment play a key role in the early piglet mortality. The piglet survival is positively correlated to placenta efficiency.<sup>2</sup> Placenta regulates the distribution of available resources by adapting its phenotype (size, morphology, metabolism, transport, etc.) via essential epigenetic mechanisms.<sup>3,4</sup> Placenta genomic imprinting evolves in the function of developmental stages, sex, cell types and species,<sup>5</sup> and have important roles in determining life expectancy<sup>6</sup> and quantitative traits.<sup>7</sup>

We will take advantage of a genetic protocol producing pure and reciprocal crossed fetus using two extreme breeds for fetal maturity: Large White and Meishan (MS) showing, respectively, important and little neonatal death (PORCINET, ANR-09-GENM-005) and a better placental efficiency in MS environment.<sup>8</sup> A first transcriptomic analysis in the fetal muscle tissue of reciprocal fetuses identified 472 genes expression influenced by one of the parental genomes. Some of these genes are known to be imprinted, for example, IGF2 and MAGEL2. In this context, our objective is to establish relationship between the placenta and endometrium epigenomes with newborn pigs survival at birth. First, we propose to evaluate the imprinting plasticity related to genetic environment at the end of the pig fetal development (90 out of 110 days *post coitum*) simultaneously in the two adjacent tissues.

These results will clarify the effect of genetic environment for a subset of imprinted genes in pig and progress in the identification of new maturity markers able to estimate and improve the survival potential and robustness.

**Disclosure of Interest:** None.

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## EPGN-2

### Excess of methyl donors in maternal diet affects postnatal downregulation of *Igf2*, *Igf2r* and *H19* genes in liver

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Fetal and early postnatal growth is a complex phenomenon submitted to genetic, hormonal and environmental factors.<sup>1</sup> Alterations in fetal nutrition may result in developmental adaptations, possibly through modifications of the epigenetic regulation of the genome expression. Imprinted genes, on which expression depends on a strict epigenetic regulation, have received a special interest as possible mediators of developmental programming effects.<sup>2,3</sup>

This study examined the joint influence of protein restriction (PR) and methyl donor (MD) supplementation in maternal diet during preconception, gestation and lactation on the expression in the liver of imprinted genes involved in fetal growth and postnatal metabolic adaptation. Several imprinted genes were influenced either by maternal PR or by MD supplementation or by the combination of both conditions. The most striking effect was a significant increase in *Igf2* (average 20-fold) and *H19* (four-fold) expression at weaning in the offspring of MD-supplemented dams, whereas these genes are normally strongly downregulated after birth. A significant but lower effect was measured in the offspring exposed to PR only. On the other hand, the *Igf2r* gene was overexpressed in response to maternal PR, independently of MD supplementation. An extensive DNA methylation study was conducted by pyrosequencing on offspring liver DNA at 21 days of age on a total of 120 CpG sites distributed in *Igf2* DMRO, DMR1, DMR2, the imprinting control region situated upstream of *H19* and *H19* promoter. This analysis revealed very heterogeneous methylation profiles through these genomic regions. We did not observe any massive effect of maternal nutrition on the methylation level of any of the analyzed regions but rather moderate effect on the specific CpG sites. These observations suggest that DMRs are most probably resistant to strong epigenetic changes, which highlight the high complexity of the epigenetic regulation of imprinted genes and their response to environmental factors such as nutrition.<sup>4</sup>

**Disclosure of Interest:** None.

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## EPGN-3 – oral

### RNA-mediated paternal heredity of diet-induced obesity and diabetes

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Epidemiological surveys have previously indicated that obesity and type II diabetes generated by lipid-rich diets are efficiently inherited, both paternally and maternally.<sup>1–4</sup> This apparent exception to the fundamental law of non-heritability of acquired characteristics was recently documented in laboratory organisms, but the transgenerational signal remained a matter of speculation.<sup>5</sup> In this study, we show that experimental transfer of testis RNA from males raised on high-fat diets to healthy one-cell embryos results in adult development of the entire pathology, including obesity, high blood glucose level, and resistance to insulin and glucose intolerance. Transgenerational maintenance of the syndrome thus appears as one instance of the RNA-mediated heredity of epigenetic traits recently documented in experimental systems from the worm to the mouse.<sup>6–10</sup> To identify putative inducers of metabolic syndrome, we first developed a comparative microarray hybridization analysis of the inducing and control testis RNAs, but we did not detect the differential expression of known regulatory loci. Deep sequencing of the small non-coding fraction of the inducer and control RNAs then showed variations in copy numbers of a series of pi- and mi-RNAs. Tested by microinjection into healthy one-cell embryos, one of the upregulated microRNAs induced obesity and metabolic alterations similar to the diet-induced pathology but no overt diabetes. The phenotype was inherited by the male and female offspring in crosses with healthy partners.

Questions of interest for future studies include the relationship between a lipid-rich diet and changes in testicular RNAs and the nature of the mark imprinted on the one-cell embryo by RNA transfer that lead to pathological developments in later stages of life.

**Disclosure of Interest:** None.

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#### EPGN-4

##### Research of microRNA biomarkers of gestational diabetes in bloods of umbilical cords

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MicroRNAs (miRNAs) are RNAs of 18–24 bases that have been known to regulate gene expression in mammals. MiRNAs are essential during spermatogenesis, in post-implantation development and adult somatic tissues. MiRNAs mediate post-transcriptional regulation of messenger RNA. Different prediction programmes and bioinformatic analyses provide lists of candidate targets for each miRNA. Quantitative mass spectrometry analysis following introduction or depletion of some miRNAs has shown an effective control of the tested miRNAs over ~50% of their predicted targets. Thus, each miRNA may modulate the expression of a very large set of genes.

In the EDEN mother-child cohort fasting blood samples have been collected from the mother at 24–28 weeks of amenorrhoea before the screening test for gestational diabetes. Cord blood was collected at birth. Plasma and serum samples from maternal venous blood and cord blood have been stored at –80°C. Gestational diabetes was diagnosed in 125 EDEN women based on the screening test, according to the Carpenter and Coustan criteria, or retrieved from the obstetrical file if diagnosed later in pregnancy. Both maternal and cord plasma are available for 94 of these women.

This project, of which preliminary results will be presented, aims at studying transmission of circulating miRNA from mothers to foetus. We will first analyse the profiles of circulating miRNAs in the plasma of healthy mothers and in the umbilical cord of their offspring to investigate the transmission of maternal circulating miRNAs to the foetus. We will then compare these patterns of transmission to those of the mother-child pairs of mothers having developed gestational diabetes. The profile of miRNA circulating in maternal blood and transmitted to the foetus will also be studied in relation to maternal food intake patterns characterized by principal component analysis from the food frequency questionnaires self-administered during pregnancy and after delivery.

**Disclosure of Interest:** None.

#### EPGN-5

##### Genome-wide analysis of DNA methylation and gene expression in liver in response to maternal protein-restriction or methyl donor deficiency reveal a set of genes that might drive the nutritional programming of metabolic disorders irrespective of the nutritional insult

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One of the most striking features of metabolic programming is that a common physiopathological output at adulthood is obtained

irrespective of the nutritional insult during early life. This has led to suggest that the metabolic alterations due to early nutritional stress might result from the programming of only a small number of genes, which act as gatekeepers of a fundamental gene network or signalling pathway.<sup>1</sup> Here we aimed to test this hypothesis through the combined analysis of the transcriptome and methylome in rat liver samples derived from animals born to dams fed either a low-protein diet (protein restriction, PR) or a diet without vitamin B<sub>12</sub> and folate (methyl donor deficiency, MDD) through gestation and lactation. At weaning, the offspring born to MDD dams were killed, whereas the pups from the low-protein-fed (LP) group were fed standard chow until the age of 6 months. The genome-wide expression and DNA methylation results obtained using these models were crossed-linked to previous methylome and transcriptome data obtained using liver from LP pups killed at birth.<sup>2</sup> This analysis revealed a common set of 46 genes that were upregulated in the three models of metabolic programming compared with control animals. A similar number of genes (42) were commonly downregulated by maternal MDD and maternal PR. Most of the upregulated genes are involved in the regulation of mitochondrial function, whereas the downregulated genes are mainly involved in the regulation of cell proliferation and gene expression. We identified also a set of 122 genes whose methylation levels were changed in the same direction by methyl donor deficiency and protein restriction. Of them, 29 genes exhibited concomitant changes in gene expression and DNA methylation in response to maternal PR or MDD. These observations sustain the hypothesis that a small set of core genes underlies the programming of metabolic disorders irrespective of the nutritional insult.

**Disclosure of Interest:** None.

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#### EPGN-6 – oral

##### Impact on epigenetic machinery gene expression and on fetoplacental development of preconceptional maternal weight loss

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Whether the currently recommended preconceptional weight loss (WL) for obese women is beneficial/detrimental for fetoplacental development remains poorly explored<sup>1–3</sup> and even less on the long term.<sup>4,5</sup> Obesity, even if corrected before conception, and the WL processes could be ‘memorized’ via epigenetic mechanisms perturbing expression of the key developmental genes leading to altered fetal programming.<sup>6–8</sup> Our aim was to investigate the effects of maternal WL after diet-induced obesity on fetoplacental development and on gene expression in male and female mice offspring. During the preconception period, female C57Bl/6J mice were fed a high-fat diet (HFD) for 2 months, leading to obesity and then a control diet (CD) for 2 months, leading to a complete WL. In parallel, the obese control group (OC) was fed an HFD and the lean control group (LC) a CD throughout the preconceptional period and gestation. At embryonic day 18 (E18.5), OC fetuses presented with intrauterine growth retardation (IUGR), whereas WL fetuses, despite maternal weight normalization before conception, showed a significantly decreased weight at term that was intermediate between the OC and LC fetuses. Placental weight was not affected by diet. The gene expression of 60 epigenetic machinery and 30 key developmental genes was analyzed in the placental labyrinth and fetal liver using RTq-PCR Taqman custom array card. The expression of several epigenetic machinery genes was altered in the OC fetuses. In the WL fetuses the level of expression of some genes was restored to the level of the LC fetuses, whereas other genes showed similar profiles as in the OC fetuses. Thus, correction of maternal obesity by nutritional intervention in the preconceptional period only partially protects the offspring from IUGR. We show that modulation of the histone acetylation–deacetylation switch could play a role in fetal programming.<sup>9</sup> Further studies at the genome-wide level will elucidate the epigenetic targets and mechanisms of placental/fetal programming triggered by maternal ponderal trajectories.

**Disclosure of Interest:** None.

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#### EPGN-7

##### **Placental contribution to nutritional programming of health and diseases: ontogenesis epigenetics and sexual dimorphism**

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The recent and rapid increase worldwide in non-communicable diseases challenges the assumption that genetic factors are the primary contributors to such diseases. A new dimension, that of the ‘Developmental Origins of Health and Disease’ (DOHaD), is at stake and therefore requires a paradigm shift. Maternal obesity and malnutrition predispose the offspring to develop metabolic syndrome, a vicious cycle leading to transmission to subsequent generation(s), with differences in response and susceptibility according to the sex of the individual. Placenta is a programming agent of adult health and diseases.<sup>1,2</sup> Adaptation in placental phenotype in response to maternal diet and body composition alter fetal nutrient provision. This implies important epigenetic changes that are, however, still poorly documented in DOHaD studies, particularly concerning overnutrition. Our objective was to investigate the effects of a high-fat diet (HFD) on mouse placental development. We used transcriptomic and epigenetic techniques and showed for the first time that not only the gene sets but also the biological functions affected by the HFD differed markedly between the two sexes.<sup>3,4</sup> Moreover, the expression of genes coding for epigenetic machinery enzymes, as well as global DNA methylation, were highly dynamic during the fetal period (three stages), clearly differed between the two layers of placenta (labyrinth and junctional zone) and showed conspicuous ontogenetic sexual dimorphism for epigenetic modifiers.<sup>5,6</sup> These findings demonstrate a striking sexual

dimorphism of programming trajectories in response to the same environmental challenge. Explaining the sex-specific causal variables and how males *v.* females respond and adapt to environmental perturbations should help physicians and patients anticipate disease susceptibility. Thus, explorations of changes in sexual dimorphism are potentially useful to identify sex-specific disease mechanisms for use in the development of different, more appropriate prevention and treatment strategies for males and females.

**Disclosure of Interest:** None.

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#### EPGN8

##### **Epigenetic basis for adaptive phenotype in the human parasite *Schistosoma mansoni***

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*Schistosoma mansoni* is a human parasite responsible for intestinal schistosomiasis. It has a complex life cycle with two hosts: a freshwater snail as an intermediate host; and a definitive vertebrate host (human or rodent) in which sexual reproduction occurs. The disease is widely distributed in tropical regions;<sup>1</sup> however, in the past few months, 12 cases of endemic schistosomiasis were observed in Corsica.<sup>2</sup> Compatible mollusk hosts of the parasite are present in several areas of continental Europe, meaning that they are at risk. It is therefore essential to characterize the evolutionary interactions between the parasite and their hosts. *S. mansoni* displays phenotypic variability based on epigenetic mechanisms. More precisely, it

regulates the expression of *SmPoMuc* (*Schistosoma mansoni* Polymorphic Mucins) in the larval stages. *SmPoMuc* are molecular markers for the infection success in the intermediate host.<sup>3,4</sup> To provide a better understanding on the role of epigenetics in the heritability of this adaptive phenotype, we studied the impact of environmental stress on the infectivity of the parasite. We show that following a hybridization event between different *S. mansoni* strains, infection success increases drastically in parasite offsprings. Furthermore, using pharmacological induction of epimutations (with Trichostatin A, TSA), we also observed an increase in infection success. In both cases, new *SmPoMuc* variants were generated by the parasite. We demonstrate that strain hybridization and TSA treatment lead to changes in the epigenetic information that establish novel developmental trajectories, leading to additional and novel phenotypic variants in the population. Our findings fit perfectly into theoretical models that predict such a function for the epigenetic information,<sup>5,6</sup> but are, to the best of our knowledge, the first experimental evidence of an epigenetic-based mechanism of adaptive evolution.

**Disclosure of Interest:** None.

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## LATER HEALTH OF PREMATURE AND SMALL FOR GESTATIONAL AGE BABIES

### IUGR-1

**Synchronization capacity of fibroblast primary cultures established from mother and first-generation offspring in a model of protein restriction**

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Fibroblasts are proposed as a reference cellular material to study clock gene expression under different physiopathological conditions. Our hypothesis was that fetal calf serum synchronization can be used to reinduce major clock genes from rat mothers and their offspring (embryos and young adult male rats), revealing circadian rhythm alterations related to perinatal protein restriction.

Expression of three clock genes (*bmal1*, period 1 and 2) have been explored by qPCR on 60 fibroblast cell lines established from rats fed on low-protein or control diets.

Synchronization was obtained on 23 and 22 cell lines established from 30 rats fed on low-protein or control diets, respectively. The synchronization index of low-protein mothers and offspring groups was better than corresponding controls. Strong disruptions of period 1 and 2 mRNA have been found in cell lines derived from 17-day embryos of the low-protein group corresponding to an altered expression of period 1 protein in parallel experiments conducted on 13-day and 20-day embryos of the low-protein group. On the expression of *bmal1* mRNA, a period of 24 h has been found on cell lines selected from control rats but not with low-protein cell lines. Interestingly, we have shown that at 35 days of life, cell lines derived from low-protein group were found to display a severe disruption of *bmal1* gene expression.

Protein restriction during the perinatal period acts as a major selective pressure on the capacity of synchronization of *in vitro* propagated fibroblasts. Our work illustrates the theory of Noguchi *et al.*<sup>1</sup> by suggesting that fibroblasts of the low-protein group have been selected on their tuning capacity. In addition, we expand our previous work<sup>2</sup> on the effects of early correction of metabolic syndrome by tryptophan.

**Disclosure of Interest:** None.

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### IUGR-2

**Rats born with intrauterine growth retardation are resistant to cholecystokinin-induced inhibition of food intake.**

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Intrauterine growth retardation (IUGR) is associated with an increased risk of metabolic disorders later in life.<sup>1</sup> In rodents, nutritional programming alters food-intake behavior (hyperphagia), particularly during the first 2 months of life.<sup>2,3</sup> Cholecystokinin (CCK) is a key gastrointestinal peptide-regulating satiety via vagal afferent nerve (VAN).<sup>4</sup> We hypothesized that IUGR alters CCK-induced satiety, leading to hyperphagia. The effect of IUGR was studied on CCK secretion, CCK-1 receptor (CCK-1R) expression on VAN and short-term food intake. IUGR male rats (R) were obtained from protein-restricted mothers (8% protein) and control rats (C) from unrestricted mothers (20% protein). After weaning, both groups received a standard diet until 60 days. Rats were food-deprived 3 h and received an i.p. injection of vehicle (NaCl 0.9%) or CCK8S at three different doses (0.25, 2.5 and 7.5 nmol/kg) prior refeeding. Food consumption was measured every 30 min during 90 min. Plasma concentration of CCK8NS was assayed (ELISA) at different pre- and postprandial time points. Expression of CCK-1R was analyzed on nodose ganglia by immunohistochemistry. In the C group, CCK dose dependently reduced food intake (30 min), whereas in the R group only the highest dose significantly decreased food consumption (32% as compared with vehicle). In the C group, 2.5 nmol/kg of CCK significantly reduced food intake (35%) but had no effect in the R group, suggesting a very low sensitivity to CCK in this group. Basal and postprandial plasma concentration of CCK8NS evolved similarly between groups, showing no alteration of CCK intestinal production by IUGR at 60 days. Vagal expression of CCK-1R tended to be higher in the R group as compared with the C group, but the difference was not significant ( $P = 0.14$ ). Our results suggest that at 2 months old, IUGR rats are resistant to satiety effect of CCK, independently of CCK production and vagal CCK-1R expression.

**Disclosure of Interest:** None.

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#### IUGR-3 – oral

##### Maternal exposure to diesel exhaust during pregnancy affects postnatal health of the offspring in a rabbit model

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Recent events related to pollution peaks have shown that we are continuously and insidiously submitted to air pollution. Epidemiological<sup>1</sup> and experimental studies<sup>2</sup> on rodents describe direct consequences on health with increasing respiratory and cardiovascular diseases<sup>3</sup> and high susceptibility for metabolic diseases.<sup>4</sup> Indirect consequences due to *in utero* exposure also induce intrauterine growth retardation in humans.<sup>5,6</sup> The goal of this study was to study the effects of *in utero* exposure to diesel exhausts, in rabbit,<sup>7</sup> focusing on the characterization of F1 offspring's phenotype at adulthood.

The phenotype of offspring animals has been studied from puberty to adulthood (7.5 months) to evaluate the occurrence of cardiometabolic disorders, by animal tracking (measurement of food intake, weight change) as well as cardiometabolic functional tests (fasting blood analyses of lipid metabolism, analyses of body composition by iDXA, assessment of insulinemic and glycemic response to a bolus of glucose during glucose tolerance test, blood pressure and heart rate measurements). After this *in vivo* experiment, the animals were euthanized, and the insulin-sensitive tissues were collected for biometry records.

*In utero* exposure to polluted air modified the adult offspring's phenotype, after puberty, in a sex-specific manner. Polluted males exhibited a metabolic syndrome<sup>8</sup> with hyperglycemia, more abdominal fat and rise in blood pressure with age compared with the control males. The polluted males presented with symptoms of hepatic steatosis (higher transaminase ALAT, heavier liver) and atherosclerosis (lower HDL-cholesterol). The polluted females presented with hypertriglyceridemia and a decrease in bone mass and density compared with the control females, indicating a higher susceptibility to bone pathologies.

In conclusion, an indirect *in utero* exposure to air pollution was sufficient to affect durably the phenotype of animals that developed signs of insulin resistance with higher risk of cardiovascular morbidity, involving sex-specific pathways.

**Disclosure of Interest:** None.

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#### IUGR-4 – oral

##### Anabolic effect of citrulline and arginine in a model of intrauterine growth restriction: role of hormones and placental amino-acid transporters

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Nitric oxide (NO) is known to regulate placental vascular placental blood flow,<sup>1</sup> and in earlier work we found that the antenatal administration of arginine or citrulline, two amino-acid precursors of NO, attenuates the intrauterine growth restriction (IUGR) induced by dietary protein restriction in gestating rats.<sup>2,3</sup> We hypothesized that such supplementation might enhance the secretion of the anabolic hormones insulin and insulin-like growth factors (IGF), and upregulate placental amino-acid transporters, as maternal-fetal amino-acid transport plays a key role in the regulation of fetal growth.<sup>4,5</sup>

From the first day of gestation, four groups of eight pregnant rats received either an adequate protein (AP, 20% protein) or a low-protein (LP, 4% protein) diet as such, or with L-arginine (LP + Arg, 1.4 g/kg/day) or L-citrulline (LP + Cit, 2 g/kg/day)

supplementation in drinking water. Fetuses and placentas were extracted by cesarean section at day 21 of gestation. Fetal weight was  $\approx 27\%$  lower in the LP group *v.* the AP group ( $P < 0.001$ ). Supplementation with citrulline and arginine was associated with an  $\approx 4$  and 9% rise in fetal weight, compared with the LP group ( $P < 0.05$ ). Placental gene expression and plasma hormone concentrations were assessed using qPCR and ELISA, respectively. In the LP group, insulin was decreased in maternal plasma, and IGF1 decreased in both maternal and fetal plasma. Arginine supplementation tended to increase maternal insulin (LP + Arg *v.* LP,  $P = 0.067$  and LP + Arg *v.* LP + Cit,  $P = 0.0095$ ), and both supplementations significantly upregulated placental IGF2 expression ( $P < 0.0083$ ). The gene expression of Slc38a4 ( $P = 0.0215$ ) and Slc7a5 ( $P = 0.0370$ ) was decreased in IUGR without supplementation, whereas Slc38a1 ( $P < 0.0001$ ) and Slc7a8 ( $P < 0.0083$ ) were upregulated in the same group. In contrast, in the supplemented groups, the mRNA of all placental amino-acid transporters assessed was increased: Slc38a2 (LP + Arg *v.*  $P < 0.0102$  with a greater effect of arginine *v.* citrulline,  $P = 0.0136$ ), Slc38a4 (LP + Arg,  $P < 0.0001$ ; LP + Cit,  $P < 0.0083$ ), Slc7a5 (LP + Arg,  $P = 0.0222$ ; LP + Cit,  $P = 0.0001$ ), Slc7a8 ( $P < 0.0083$ ), Slc3a2 (LP + Arg,  $P < 0.0001$ ; LP + Cit,  $P = 0.0002$ ).

These findings suggest that: (1) IUGR is associated with a reduction in maternal anabolic hormone secretion; (2) placental amino-acid transport is regulated both by maternal nutritional status and fetal demand; and (3) enhanced maternal secretion of insulin and IGF2, as well as upregulation of placental amino-acid transport contribute to the anabolic effect of arginine and citrulline on fetal growth in this model of IUGR.

**Disclosure of Interest:** None.

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### IUGR-5 – oral

#### The complex relationships of birth weight and early growth on blood pressure at 5 years: overcoming the reversal paradox in the EDEN cohort

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The respective contributions of birth weight and postnatal growth on blood pressure level are important to distinguish, but may be confounded by the so-called reversal paradox.<sup>1,2</sup>

We aimed to study the association between birth weight (BW) and systolic blood pressure (SBP) at 5 years, avoiding the reversal paradox. We also investigated interactions between BW and weight growth velocities in their relation with SBP at 5 years.

The EDEN mother-child cohort is a prospective study that started in 2003 and followed up on 1120 children (54% boys) from the second pregnancy trimester until 5 years. From birth to 5 years, on average, 17.2 weights per child (2–32) were collected or measured, allowing for the estimation of predicted weights and weight growth velocities at any age. Standardized blood pressure measurements were recorded at 5 years. A BW Z-score for gestational age and sex was used. To avoid the reversal paradox, a SBP S.D. score preadjusted for age, sex, body mass index and height was built. Multiple linear regression model was used to study the association between BW and SBP S.D. score. Interactions between BW categories (small for gestational age, appropriate for gestational age, large for gestational age) and weight growth velocities were tested at different ages.

Mean BW was  $3285 \pm 510$  g. At 5 years, mean SBP was  $101.5 \pm 0.3$  in boys and  $102.7 \pm 0.3$  mmHg in girls. BW Z-score was negatively and significantly associated with SBP S.D. score ( $\beta = -0.06 \pm 0.03$ ,  $P = 0.03$ ) after adjusting for several maternal and pregnancy risk factors. Interactions were found between BW categories and weight growth velocities from 2 to 4 months ( $P$  from 0.009 to 0.09) but not at older ages ( $P > 0.20$ ).

Children who were born SGA and presented accelerated weight growth in their first few months of life had higher SBP at 5 years. They may deserve specific attention and monitoring for cardiovascular risk.

**Disclosure of Interest:** None.

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### IUGR-6

#### Is there a negative direct effect of birth weight on blood pressure? A causal mediation analyses

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Numerous studies have shown a negative association between birth weight and blood pressure later in life.<sup>1</sup> These observations are at the foundation of the fetal programming theory.<sup>2</sup> Because birth weight is associated with current weight, and current weight is a strong determinant of blood pressure,<sup>3</sup> adjustment for current weight – considered as a mediator – is a common statistical procedure to estimate the direct effect of birth weight on blood pressure.<sup>4,5</sup> However, such adjustment on a mediator can induce bias, namely, a collider stratification bias.<sup>6,7</sup> In this study, we used new sensitivity analysis methods to assess the effect of the adjustment for current weight on the estimate of the direct effect of birth weight on blood pressure in children.<sup>7,8</sup> We used data from a school-based study conducted in Switzerland in 2005–2006.<sup>3</sup> Data were available on 3762 children with a mean age of 12.3 years. Directed acyclic graphs were drawn to show explicitly causal relationships, notably to help specify total, direct and indirect effect of birth weight on blood pressure. Several potential confounders of the association between birth and blood pressure and of the association between current weight and blood pressure were accounted for in the analyses. There was a small negative association between birth weight and systolic blood pressure, which was strengthened upon adjustment for current weight. Sensitivity analyses suggested that the negative association between birth weight and blood pressure was not simply because of a collider stratification bias induced by the adjustment on current weight. Therefore, our results are compatible with the existence of a direct negative causal effect of birth weight on blood pressure in children.<sup>8</sup> Nevertheless, further studies are needed to estimate the total and direct effect on blood pressure of specific interventions aiming at changing birth weight.

**Disclosure of Interest:** None.

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### IUGR-7 – oral

#### SGA children with moderate catch-up growth are showing impaired insulin secretion at the age of 4

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Being born small for gestational age (SGA) is a risk factor for later development of type 2 diabetes.<sup>1</sup> The development of glucose tolerance disorders in adults involves insulin resistance and impaired insulin secretion.<sup>2,3</sup>

The objective was to evaluate insulin secretion and insulin sensitivity in a 4-year-old cohort of SGA.

A total of 85 children were prospectively followed up from mid-gestation to 4 years of age. Fetal growth velocity was measured using ultrasound measurements. Body composition and hormonal profile were measured at birth, 1 and 4 years.

A total of 23 SGA babies had lower birth weight compared with 62 appropriate for gestational age (AGA) ( $-1.9 \pm 0.3$  v.  $-0.6 \pm 0.8$  Z-score;  $P < 0.0001$ ) and they were thinner at birth (ponderal index  $24.8 \pm 1.8$  v.  $26.3 \pm 3.1$  kg/m<sup>3</sup>;  $P = 0.01$  and fat mass  $11 \pm 2.6$  v.  $12.9 \pm 3.1\%$ ;  $P = 0.01$ ). No significant differences in other measured metabolic and hormonal parameters were observed between two groups at birth. SGA infants experienced an early catch-up growth in weight (mean gain of  $1.1 \pm 0.6$  s.d.) during the 1st year of life. At 4 years, SGA children remain lighter than AGA, but with weight Z-score in the normal range ( $-0.1 \pm 1.3$  v.  $0.5 \pm 1.3$  Z-score;  $P = 0.05$ ). No excess of fat mass was observed ( $19 \pm 4.8$  v.  $19.7 \pm 4.1\%$ ;  $P = 0.45$ ); 120-min plasma glucose was significantly higher ( $6.2 \pm 1.1$  v.  $5.6 \pm 0.9$  mmol/l;  $P = 0.006$ ), and insulinogenic

index was significantly lower ( $0.28 \pm 0.15$  v.  $0.40 \pm 0.24$ ;  $P = 0.02$ ) in the SGA group at 4 years of life contrasting with a preserved insulin sensitivity (QUICKI  $0.47 \pm 0.09$  v.  $0.43 \pm 0.05$ ;  $P = 0.06$ ).

SGA children with compensatory catch-up growth in the 1st year of life show mild disturbances of glucose tolerance associated with a lower insulinogenic index at 4 years of age, suggesting impairment of  $\beta$ -cell function.

**Disclosure of Interest:** None.

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### IUGR-8

#### UCP 1 is present in porcine adipose tissue and is responsive to postnatal leptin

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Intrauterine growth restriction (IUGR) may be accompanied by inadequate thermoregulation, especially in piglets that are not considered to possess any brown adipose tissue (BAT), and are thus entirely dependent on shivering thermogenesis to maintain body temperature after birth.<sup>1</sup> This is due to an open-reading frame on the BAT-specific uncoupling protein (UCP)1 gene in the porcine species, meaning that UCP1 is not expressed.<sup>2</sup> The onset of non-shivering thermogenesis in BAT

at birth is dependent on the rapid appearance of endocrine stimulatory factors, including leptin.<sup>3,4</sup> Leptin can stimulate heat production by promoting non-shivering thermogenesis in BAT, but whether this response occurs in piglets is unknown. Newborn female piglets that were characterized as showing IUGR (mean birth weight of  $-0.98 \pm 0.26$  kg;  $n = 48$ ) were therefore injected with either saline or leptin once a day for the first 5 days of neonatal life. The dose of leptin was 0.5 mg/kg which is sufficient, as previously shown,<sup>5</sup> to increase plasma leptin  $\sim 10$ -fold and on the day of birth induced a rapid increase in body temperature to values comparable with normal-sized 'control' piglets (mean birth weight of  $-1.47 \pm 0.37$  kg;  $n = 26$ ). The perirenal adipose tissue was then sampled from all offspring at 21 days of age, and the presence of the BAT-specific UCP1 was determined by immunohistochemistry and immunoblotting. UCP1 was clearly detectable in all samples analysed and its abundance was significantly reduced in the IUGR piglets administered saline compared with controls, but was raised to the same amount as controls in those IUGR females administered leptin. There were no differences in gene expression between primary markers of the brown and white adipose tissue between groups. In conclusion, piglets possess BAT that when stimulated exogenously by leptin can promote body temperature.

**Disclosure of Interest:** None.

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#### IUGR-9

##### Developmental programming of hypertension in IUGR rat model: implication of arginase pathway and eNOS uncoupling

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Epidemiological studies have shown that low birth weight is associated with an increased risk of cardiovascular diseases, notably, hypertension (HT) later in life. These findings in humans have been reproduced using animal models of intra-uterine growth restriction (IUGR) characterized by an increased blood pressure,<sup>1</sup> an impaired vasodilatory capacities<sup>2</sup> in adulthood. However, it is still unknown whether the alteration of vasodilatory capacities is a consequence or a cause of HT and which mechanisms are involved; 22% (CTRL) or 9% casein (low protein, LP) was administered to pregnant rats during whole gestation. On the offsprings, systolic blood pressure (SBP) was measured (tail-cuff) at 5 and 8 weeks of age. At 5 weeks, we measured: aortic vascular reactivity to acetylcholine (Ach)  $\pm$  preincubation with L-arginine (L-Arg, substrate for eNOS) and  $\pm$  S-(2-boronoethyl)-L-cysteine (BEC, arginase inhibitor); arginase activity (spectrophotometry); aortic NO production using the NO-specific fluorescent dye, 4,5-diaminofluorescein diacetate  $\pm$  Ach with  $\pm$  L-Arg preincubation; eNOS expression (western blot); aortic superoxide anion (SA) production using hydroethidine  $\pm$  pretreatment with N-nitro-L-arginine (L-NNA, NOS inhibitor). In LP *v.* CTRL groups SBP is increased only at 8 weeks of age. At 5 weeks vasodilation response to Ach is impaired ( $P < 0.001$ ). Preincubation with L-Arg and BEC restores the impaired endothelium vasodilation to the CTRL group; arginase activity is increased ( $P < 0.05$ ); NO production in basal condition and after Ach stimulation is decreased ( $P < 0.001$ ), but is restored with L-Arg pretreatment to the CTRL group. Total eNOS protein expression is increased ( $P < 0.05$ ); SA level is increased ( $P < 0.001$ ), and pretreatment with L-NNA normalized it to the CTRL group. These data suggest that upregulation of the arginase activity and eNOS uncoupling can lead to impaired endothelium-dependent vasodilation observed in IUGR rat model and could pave the way to the developmental programming of HT observed in adulthood.

**Disclosure of Interest:** None.

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**IUGR-10****Modulation of oxidative stress via SIRT1 expression: a role in the developmental programming of endothelial dysfunction in preterm infants**

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Cardiovascular diseases (CVD) are the leading cause of death worldwide. Low birth weight (LBW) is now considered as a major independent risk factor for CVD, according to DOHaD paradigm. LBW infants, notably preterm infants (PT), display vascular tree impairment and may pave the way to later hypertension. We have recently shown that endothelial colony-forming cells [ECFCs, biomarker to assess endothelial dysfunction (ED)] from PT present an accelerated stress-induced senescence, *via* a decreased expression of SIRT1, leading to an altered expression of key cell cycle markers and a deficit in their angiogenic properties.<sup>1,2</sup> SIRT1 has been demonstrated to regulate cellular protection against oxidative stress (OS) in CVD. OS plays a key role in many vascular pathologies of PT as retinopathy and dysplasia bronchopulmonary. We therefore hypothesized that OS could be involved in premature senescence of ECFCs from PT. Venous umbilical cord blood was collected from 18 term neonates (CTRL) and 29 PTs. ECFCs were obtained after mononuclear cell culture. On ECFCs from PT *v.* CTRL neonates, we measured: expression of antioxidant defenses (superoxide dismutase Cu/Zn, SOD1), catalase (CAT) by western blot  $\pm$  pretreatment with resveratrol (R) and  $\pm$  transient SIRT1 overexpression; superoxide anion (SA) production using hydroethidine  $\pm$  pretreatment with N-nitro-L-arginine (L-NNA), R, tempol (T), apocynin (Apo, NADPH inhibitor) and transient SIRT1 overexpression. In ECFCs from PT *v.* CTRL: the expression of CAT and SOD1 was decreased ( $P < 0.01$ ). Transient SIRT1 overexpression and R pretreatment restore the expression of these enzymes to CTRL levels. SA production was increased ( $P < 0.001$ ). Pretreatment with L-NNA, T, Apo and transient SIRT1 overexpression normalized the exaggerated SA production, mediated via eNOS uncoupling and NADPH oxidase, to CTRL group. Therefore, manipulating SIRT1 expression using antioxidant therapeutical approach, consistent with a protective role against OS, may open a new key in deprogramming ED observed in PT infants.

**Disclosure of Interest:** None.

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**IUGR-11****Is high-fat diet-induced hypothalamic plasticity modified by intrauterine growth restriction?**

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Introduction of a high-fat diet (HFD) has recently been found to modify the anorexigenic tone in the arcuate nucleus by reducing the number of excitatory synapses onto orexigenic primary neurons and by reducing inhibitory synapses onto anorexigenic neurons in the arcuate nucleus of rats resistant to diet-induced obesity.<sup>1</sup> This is consistent with the observation that rats reduce the intake of a HFD within days of its introduction. Leptin signaling is crucial for synaptic plasticity involved in appetite regulation.<sup>2</sup> As leptin resistance and overweight has been observed in intruterine growth restriction offspring,<sup>3</sup> we proposed that their capacity for synaptic plasticity may be changed.

Female Sprague-Dawley rats were fed a low-fat diet *ad libitum* ( $n = 18$ ) or were subjected to a restriction to 50% of the control group intake during pregnancy ( $n = 16$ ), with *ad libitum* intake after parturition. Male offspring either stayed on chow throughout (100% chow,  $n = 34$ ; 50% chow,  $n = 33$ ) or were changed to a HFD (100% HFD,  $n = 52$ ; 50% HFD,  $n = 50$ ) on 28 days postnatal. Tissues were collected at 29, 33, 36 and 119 days of age. Hypothalami are examined by the evaluation of presynaptic and postsynaptic markers.

Of the offspring, 50% were smaller at birth (84% of control) and remained smaller until 70 days, after which all offspring had similar weight until dissection at 120 days. Introduction of HFD led to a persistently higher food intake and adiposity, not affected by maternal diet. During the 1st week, HFD caused an increase in plasma leptin. Hypothalamic expression of anorexigenic neurotransmitter POMC and of genes involved in leptin resistance, PTP1B and SOCS3, were increased in 100%, but POMC was decreased without changes in PTP1B and SOCS3 in 50% offspring, suggesting a difference in hypothalamic reaction to HFD. We will present further data on hypothalamic synaptic plasticity as observed by immunohistochemistry and western blot.

**Disclosure of Interest:** None.

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## IUGR-12

### Preterm delivery and low fetal birth weight: preliminary result at hôpital Privé Natecia (Lyon)

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The use of assisted reproduction technology (ART) is increasing.<sup>1</sup> However, in France, the follow-up of pregnancies after ART is poorly evaluated. The aim of this study is to observe pregnancy terms and fetal weight after ART pregnancies.

Our retrospective study included 1377 patients after ART pregnancy (UII, IVF, ICSI, FET) between 2009 and 2013. Data were collected from Médifirst software. The primary endpoint was prematurity induced by ART. Multiple pregnancies were secondarily excluded from the results to eliminate the confounding factor of twins. The results were compared with the epidemiologic values found in the literature.<sup>2</sup>

Distribution for all pregnancies,  $n = 1377$  (unique:  $n = 1155$ ; twin:  $n = 216$ ; triple:  $n = 6$ ).

Outcome for all pregnancies: 32% prematurity.

Outcome after singleton pregnancies: 25% prematurity.

(Normal term  $>37$  SA:  $n = 870$ ; prematurity between 33 and 37 SA:  $n = 234$ ; severe prematurity between 32 and 28 SA:  $n = 35$ ; very severe prematurity  $<28$  SA:  $n = 16$ ).

There were no significant differences when comparing ART procedures.

After exclusion of multiple pregnancies, the preterm pregnancy effect remains 25 *v.* 6.3% in the general population. There were 9% fetal weight  $<2500$  g after ART pregnancy *v.* 5% in the general population. In addition, we observed 5% low fetal weight after a normal term of ART pregnancy.

Our data suggest that preterm ART pregnancy and the incidence of weight  $<2500$  g children born after ART pregnancy are related.

We are already waiting for more information from this cohort to assess the causes of increased prematurity incidence in ART: indeed, in this study, we have not taken into account the various factors related to the prematurity. We also suggest an adverse hormonal effect exposure<sup>3</sup> during ART pregnancy and/or stress during these special pregnancies after a long time of infertility.

**Disclosure of Interest:** None.

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## IUGR-13 – oral

### Intrauterine growth restriction is associated with altered expression patterns of sirtuins and key metabolic genes in pig skeletal muscle

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Intrauterine growth restriction (IUGR) and associated low birth weight might lead to the development of metabolic disturbances including insulin resistance and type 2 diabetes through mechanisms largely unknown.<sup>1</sup> Prenatal and early postnatal lives are important determinants of future health. IUGR might be associated with gene expression changes driving to metabolic diseases.<sup>1–3</sup>

Using a *Sus scrofa* (pig) model of spontaneous IUGR, we investigated skeletal muscle gene expression of sirtuins and metabolic genes during fetal life (71 and 112 days post-conception) and 2 days after birth. The aim of the study was to investigate whether the same regulations take place in IUGR and are associated with sirtuins and metabolic genes alterations.

We focused on the longissimus dorsi muscle. mRNA levels of the insulin pathway genes, *Irs1* and *Glut4*, metabolic genes, *Hk2* and *Gadph*, and Sirtuins (1–7) were analyzed. Protein levels were also investigated.

mRNA expression of several sirtuin isoforms (SIRT1, 5, 6, 7) exhibited significant correlations with gestational age or fetus/newborn weights. Significant correlations were similarly observed for insulin signaling and the metabolic genes *IRS1*, *Glut4* and *HK2*.

Comparing the control *v.* IUGR samples, our study revealed the existence of transcriptional differences. Whereas *Sirt1* and *Hk2* displayed an age- and weight-dependent downregulation in controls, such feature was lost in IUGR pigs. Similarly, *Sirt2* and *Glut4* were upregulated in IUGR pigs as compared with controls. The protein level showed a significant upregulation of

Glut4 at 2 days after birth. These IUGR-dependent gene alterations were, in part, linked to protein post-translational modifications on histone H3.

We demonstrated that, in pig skeletal muscle, several sirtuins isoforms and metabolic genes display specific gene expression trajectories during fetal and early postnatal life. Such gene expression patterns were altered in the IUGR condition. Given the importance of sirtuins and insulin-signaling genes in the control of metabolism,<sup>4,5</sup> the transcriptional changes we observed might contribute to the predisposition to metabolic disease in adulthood.<sup>6</sup>

**Disclosure of Interest:** None.

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## MOTHER AND INFANT NUTRITION

### MIN-1 – oral

#### Exercise before and during an obese mouse pregnancy restores some placental gene expression and transport function

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Overweight or obesity prevalence in pregnant women has increased in line with the global obesity epidemic: up to 50% of women of reproductive age and 20–25% of pregnant women at first antenatal visits in Europe and the United States. Epidemiological and animal data suggest that maternal obesity during pregnancy adversely affects offspring health.<sup>1–4</sup> The

underlying mechanisms may involve maternal and foetal dysregulation of glucose, insulin, lipid and amino-acid metabolism. The placenta develops to support foetal growth, and therefore plays a key role in the aetiology of developmental programming by impacting on nutrient transfer.

The objective of this study was to analyse the effect of exercise on placenta in obesogenic diet-exposed mouse dams.

The study consisted of three groups: control ( $n = 5$ ), obese ( $n = 5$ ) and obese + exercise ( $n = 5$ ). The obesogenic diet was for 6 weeks before first mating in the two obese groups. After weaning, the obese + exercise group commenced training for a week (20 min/day, 5 days/week) before mating for second pregnancy and exercised until day 17 of gestation. The two other groups were also mated for second pregnancies. Placentas were collected at day 19 for morphometry/lipid staining and frozen for protein and gene-expression analyses.

Exercise intervention reduced placenta lipid storage and transfer to the foetal trophoblast. It also normalized the expression of some insulin-signalling components that were dysregulated in the placentas of unexercised obese dams.

Exercise starting before and maintained during pregnancy may improve foetal outcome by restoring placental nutrient transfer.

**Disclosure of Interest:** None.

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### MIN-2 – oral

#### Perinatal protein restriction effect on maternal milk composition throughout the lactation period and its potential role on metabolic trajectories of the offspring and their outcome at adulthood

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A major gap in understanding the impact of perinatal nutrition on birth and later health outcomes in the concept of metabolic programming<sup>1</sup> concerns the effect of maternal nutrition on breast milk composition. We investigated in a rat programming model the effects of maternal isocaloric low-protein diet during gestation and lactation on milk composition of the dams, on the metabolomics trajectories of male suckled offspring and their outcome at adulthood. We addressed this issue by using an integrated methodology that combined targeted milk analyses of free amino-acid and fatty-acid content throughout lactation, targeted plasmatic acylcarnitines profiling with an untargeted milk and plasmatic mass spectrometric-based metabolomics phenotyping.<sup>2</sup> The assessment of insulin sensitivity in weaned rats exposed to 10-week western diet at adulthood was performed by a hyperinsulinemic–euglycemic clamp.<sup>3</sup>

The metabolomic trajectories of male suckled offspring showed an adaptive step (PND0–PND16) followed by a second step (PND20–PND25) corresponding to the first earlier metabolic disorders statement. The specific inflexion kinetic point in the short-term metabolomics trajectories could be explained at least, in part, by the specific milk composition provided by protein-restricted dams. Finally, these changes occurred earlier before the insulin secretion impairment and/or insulin sensitivity loss observed at adulthood along with permanent changes in several biomarkers involved in substrate oxidation inflexibility dependent on the time window of perinatal dietary manipulation. Interestingly, a decrease of several insulinemic–glycemic amino acids in milk provided by protein-restricted dams suggested that a maternal protein restriction during the perinatal period induces a modulation in the insulinotropic status of dams milk that may contribute greatly for the lower growth of the suckled male offspring, and possibly later in insulin deregulation. Altogether, our results show that milk composition is clearly influenced by diet and may be a key determinant of offspring growth and metabolic programming at adulthood.

**Disclosure of Interest:** None.

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## MIN-3

### Formula milk is involved in programming of oxidative stress and inflammation in kidney of IUGR piglets

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Dietary advanced glycation end products (AGEs) are known to promote several chronic diseases, one of them being kidney failure.<sup>1–3</sup> This study aims to test whether AGEs-derived formula enhances programming of inflammation and oxidative stress in the kidney of intrauterine growth restriction (IUGR) piglets. A total of 16 animals were administered either a low heated formula (LHF: 37°C for 5 min,  $n = 8$ ) or a high heated formula (HHF: 120°C for 20 min,  $n = 8$ ) during 3 weeks. They were euthanized at postnatal day 54 (PND54). N ( $\epsilon$ )-carboxymethyllysine (CML), a major marker of AGEs, was measured in plasma, feces and formula by HPLC/MS-MS. CML and sRAGE were detected by immunofluorescence in the kidney cells at PND54. Target renin-angiotensin, apoptotic, proinflammatory genes, p62 NF $\kappa$ B and sRAGE levels were quantified using different approaches. Free CML ( $P < 0.05$ ) and plasma urea/creatinine ratio ( $P < 0.05$ ) increased only in the HHF-fed group at PND36. CML was detected in the nucleus of renal tubular cell-fed formula piglets but not in suckled ones. AT1, AT2, Angiotensin 1, caspase 3, caspase 8, NF $\kappa$ B, p62 NF $\kappa$ B and total protein oxidation were higher in the HHF-fed group as compared with the LHF-fed group ( $P < 0.05$ ). In addition, glomerular diameter decreased ( $P < 0.05$ ). MDA level increased in the liver of the HHF-fed animals ( $P < 0.05$ ). The present study provides *in vivo* evidence in IUGR piglets that were fed AGEs-derived formula, by reaching the nucleus of the kidney cell, brings an additional insult to enhance programming of inflammation and oxidative

stress in the kidney. This experimental model with piglets shed light on the importance of considering AGEs-derived formula as a contributor of kidney damage in IUGR infants later in life.

**Disclosure of Interest:** None.

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#### MIN-4

##### **Risk factors for overweight and obesity in 8–9-year-old children in the district of Constantine (Algeria)**

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The prevalence of childhood obesity has nearly tripled since 1970;<sup>1</sup> the highest rate of childhood obesity has been observed in the developed countries. Its prevalence is increasing in the developing countries too<sup>2</sup> and emerging as a major health problem.<sup>3</sup> Obesity persists from childhood to adulthood through adolescence.<sup>1</sup>

The aim was to assess the incidence of obesity and overweight among primary school children (8–9 years), and to find the possible association between obesity/overweight, dietary habits and activity physical of these children.

A cross-sectional descriptive study was conducted in 2011 to estimate the prevalence of overweight and obesity and to emphasize the risk factors. We included 599 school children in the 3th and 4th grades in public primary schools in the district of Constantine (Algeria). We studied anthropometric measurements (overweight and body mass index), calculated on the basis of WHO 2007 criteria, followed by dietary habits, socio-demographic data through a parental questionnaire. Data analysis were performed using the SPSS 20 software. Pearson correlation analyses were also performed.

The prevalence of overweight among the subjects was 16.9%, whereas that of obesity was 10.2%, the incidence of low birth weight (<2.5 kg) was 32.2% for all the children (31.6% for overweight and 28.6% for obese children). The incidence of macrosomia (birth weight  $\geq$ 4 kg) was 25.5% for all the children (41.1% for overweight and 44.2% for obese children) with  $P < 0.001$  and  $r = 0.19$ . Breakfast and a practice of sport were predictors of obesity and overweight among the school children studied.

The prevalence of overweight and obesity among the school children is increasing. Birth weight, less healthy dietary habits and less physical activity may be responsible for this high prevalence.

**Disclosure of Interest:** None.

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#### MIN-5

##### **Breastfeeding and adult body fat: the missing confounding factor**

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Many studies show that breastfeeding is protective against overweight and obesity;<sup>1</sup> however, others do not support this effect.<sup>2</sup> Early nutrition is an important factor that may play a role in the association between breastfeeding and later body fatness and is generally characterized by high-protein-low-fat intakes in industrialized countries.<sup>3,4</sup> However, this factor is generally missing. We therefore investigated whether breastfeeding relates to body fat in adulthood, taking into account early nutritional factors. Nutritional intakes of 73 healthy infants born in 1984, participating in the two-decade-long ELANCE study were estimated at the ages of 10 months and 2 years. Breastfeeding was defined as any kind of breastfeeding, including partial breastfeeding, regardless of the duration. At 20 years, weight, height, subscapular skinfold (SF) and fat mass assessed via bioelectrical impedance analysis were measured. In this sample, 64% of the children had been breastfed. In linear regression models adjusted for mother's body mass index and father's profession, breastfeeding was not associated with any of the body fat measurements at 20 years (all  $P > 0.05$ ).

After adding nutritional intake variables to the models (total energy and % energy from nutrients), breastfeeding became significantly associated with lower SF thickness at 20 years. In particular, breastfed subjects had significantly lower % SF at 20 years after adjustment for energy and % fat intakes at 2 years ( $\beta = -28.25\%$  SF, 95% CI =  $-50.28$  to  $-6.21$ ,  $P = 0.013$ ) or when adjusting for energy and % carbohydrates at 2 years ( $-28.27\%$  SF, 95% CI =  $-50.64$  to  $-5.90$ ,  $P = 0.014$ ). Breastfeeding was not associated with adult body fatness, taking into account the usual confounding factors. However, after additionally adjusting for nutritional intake covariates, a protective effect of breastfeeding emerged. Early nutrition needs to be taken into account when examining the long-term health effects of breastfeeding.

**Disclosure of Interest:** None.

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### MIN-6

#### Barley supplementation at mid-gestation in broodmares does not affect fetal development and is accompanied with minimal placental adaptations

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Modifications of maternal environment could alter fetal growth and development through the placenta and thus health in adulthood.<sup>1–3</sup> Osteochondrosis is an osteoarticular pathology which affects young horses and strongly impacts the equine industry.<sup>4</sup> It has been shown that breeding practices, especially feeding pregnant mares with concentrate in the last part of gestation, could play a role in the development of this disease.<sup>5</sup> To understand the effect of feeding practices during gestation, 24 saddlebred mares were allocated to one of two groups: group B was supplemented twice a day with barley (B), and group F

was fed only with fodder (F) between the 7th month of gestation and foaling. B mares maintained an optimal body condition score through gestation, with an increase in glycemia and insulinemia after each meal and an insulin resistance in the 9th month of gestation. F mares lost condition as assessed by body condition score in the last part of gestation, leading to a moderate undernutrition and a transitional increase in non-esterified fatty-acid plasma concentrations. Diets had no effect on fetoplacental biometry, nor on placental structure. In contrast, an increase in microcotyledonary vessel volume was observed in F placentas, indicating placental adaptation, possibly to increase fetomaternal exchanges.<sup>6</sup> There was no overall difference in the expression of genes involved in vascularization, nutrient transfer, growth and development between placentas from B and F mares. Nevertheless, as seen by others,<sup>7–9</sup> sex-specific effects of maternal nutrition were observed in placentas from female foals, with differences in the expression of endogline, kinase insert domain receptor, insulin-like growth factor 2 and insulin-like growth factor 1 receptor genes. This study demonstrates that breeding practices, that is, supplementation in concentrate at mid-gestation, do not seem to affect fetal development.

**Disclosure of Interest:** None.

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## MIN-7

### Early nutrition: transcriptomic profiling of exfoliated cells, microvesicles and exosomes from breast milk and corresponding gastric fluid aspirate of preterm infant

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Exfoliated epithelial cells can be isolated from breast milk and gastric fluid along with microvesicles and exosomes. By quantifying the degree of exfoliation, that is, by assessing the loss of epithelial cells or of their specific molecular compounds (microRNA, mRNA) along with microvesicles and exosomes, it is possible to evaluate the molecular exchange between mother and child.

Samples from two cohorts were used: Triocapi (NCT01630278; gastric aspirates of preterm infant: 16) and Lactacol (NCT01493063; breast milk: four, one per week; gastric aspirates of preterm infant: four, one per week). Microvesicles and exosomes have been purified by ultracentrifugation<sup>1</sup> and characterized by Zetasizer (Malvern). Exfoliated cells have been characterized by microscopic observation, quantified by DNA assay. A major microRNA (hsa-miR-146b-5P) and period 1 mRNA have been detected by qPCR.

Morphological identification of epithelial cells by confocal imaging<sup>2</sup> and quantification by purification of genomic DNA have shown that samples contained between 2000 and 20,000 cells. Size distributions were around 1 µm for microvesicles and 100 nm for exosomes. Coding and non-coding RNAs were extracted to perform qPCR analysis.<sup>3</sup> On cellular preparation recovered from breast milk and gastric aspirate of the baby sampled 3 h later, we focused on the detection of hsa-miR-146b-5P and period 1 mRNA.

The hsa-miR-146b-5P is among the most abundant microRNAs of breast milk and has been linked to immune function.<sup>4</sup> Future studies will concentrate on its putative target mRNAs, involved in taurine metabolism, or the regulation of clock genes (period 1) as well as to the microvesicles/exosomes containing microRNA/mRNA related to mTORC1/microRNA-21 signaling and targeted to infant's mucosa.<sup>5</sup>

**Disclosure of Interest:** None.

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## MIN-8 – oral

### Adherence to French nutritional guidelines among pregnant women from the Elfe survey

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The National Program of Health and Nutrition (PNNS) has been implemented in France to improve the health status of the whole population. Nine nutritional guidelines were defined, and additional advices have been provided to specific populations groups such as pregnant women. Our study aimed to assess the adherence to nutritional guidelines in French pregnant women.

We used data from the Elfe cohort, in which 18,329 mothers were recruited in 2011 after delivery from a random sample of maternity wards in metropolitan France. Diet in the last trimester of pregnancy was assessed using a validated 122-item food frequency questionnaire. Medical records and a face-to-face interview were used to collect obstetrical and socio-demographic data. We used PNNS-Guideline Score<sup>1</sup> to evaluate the adherence to the PNNS guidelines. A specific score was also created to evaluate the specific advices provided to pregnant women.

Over the 11 PNNS guidelines, the median score among these pregnant women was 6 IQR [5–7]. The items of the PNNS score not followed by at least 50% of the women were: 'Fruit and vegetables', 'Bread, cereals, potatoes and legumes', 'Whole-grain food', 'Seafood', 'Sweetened foods', 'Beverages' and 'Salt'. Over the 10 pregnancy guidelines, the median score was 5.7 IQR [4.7–6.7]. The items of the pregnancy score not followed by at least 50% of the women were: 'Folic acid supplementation', 'Folates', 'Vitamin D', 'Iron' and 'Meal frequency'. In multivariate analysis, higher PNNS and pregnancy scores were observed among women born abroad France, those older and primiparous, higher education level, with lower body mass index, higher social position, higher income, higher attendance to antenatal classes and higher number of antenatal visits.

To improve the adherence to nutritional guidelines among French pregnant women, the prevention messages should be targeted to women with a low socio-economic position.

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#### MIN-9

##### **Maternal nutrition during lactation dictates milk composition and has long-term metabolic consequences in the male rat offspring**

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Several data have established a close link between intrauterine growth restriction (IUGR) and development of chronic adult diseases, such as obesity, diabetes and hypertension both in humans and animals.<sup>1–3</sup> Moreover, modification of growth velocity during early postnatal period (i.e. lactation) may also sensitize to the development of metabolic syndrome in adulthood.<sup>4</sup>

We have recently shown that a 50% maternal food restriction during the last week of gestation and throughout lactation (FR50 model) causes short- and long-term metabolic alterations in male rat offspring. Neonates from FR50 mothers exhibit decreased perinatal growth associated with hypoleptinemia, whereas they show hyperphagia, hyperleptinemia, glucose intolerance and mild hypertension in adulthood. Cross-fostering experiments demonstrate that these alterations are also present in normotrophs adopted by undernourished mothers, and markedly attenuated when IUGR are lactated by mothers fed *ad libitum* during lactation.<sup>5</sup> In addition, maternal nutrition during lactation controls leptin concentration both in breast milk and in the plasma of pups, suggesting that milk composition may have long-lasting programming/deprogramming metabolic effects in the offspring. Global milk analysis demonstrated that maternal undernutrition decreases lactose concentration and modulates lipid profile at postnatal day (PND) 10, and diminishes serotransferin levels at PND21. The evidence that maternal nutrition specifically modifies some compounds of milk, opens new perspectives to identify molecules that could be used in artificial milk to protect from the subsequent development of metabolic diseases.

**Disclosure of Interest:** None.

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#### MIN-10

##### **Females from undernourished mothers are predisposed to altered placental function and offspring growth when fed a high-fat diet before and/or during gestation**

O. Cisse, I. Fajardy, F. Delahaye, M.-A. Lukaszewski, V. Montel, A. Dickes-Coopman, E. Moitrot, D. Eberlé, C. Breton, D. Vieau and C. Laborie

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Maternal malnutrition is harmful to developing fetus and can predispose offspring to diseases later in life.<sup>1,2</sup> The placenta plays a central role in the interface between the mother and the fetus. Thus, placental adaptations to inadequate maternal nutrition are imperative for optimal fetal growth.<sup>3,4</sup> We have previously shown that both maternal undernutrition (70% food restriction during gestation: FR30 model) and overnutrition (gestational hyperglycemia) alter placental function resulting in abnormal fetal growth in rats.<sup>5,6</sup> We hypothesized that maternal malnutrition programs the reproductive capacity of female offspring. Therefore, we decided to investigate daughters of FR30 mothers, in particular their pregnancies/placenta and their offspring, once daughters are submitted to a moderate high-fat (HF) diet (containing 23% kcal lipids) before and/or during gestation.

HF-fed daughters before and during gestation led to hyperleptinemia and hyperinsulinemia, reduced placental weight and fetal growth restriction, especially in male newborns. In addition, we identified a decrease in the mRNA expression levels of genes involved in prostaglandin synthesis, placental growth and angiogenesis in placenta of growth-restricted fetus. In contrast, HF-fed daughters during preconception led to maternal impaired glucose tolerance, increased placental weight and fetal overgrowth (macrosomia), especially in female newborns. These

changes were associated with increased expression of genes regulating placenta remodeling (such as chemerin and serpin1). Interestingly, these data indicate that the impact of maternal malnutrition on daughters and the growth of their offspring is sex specific. Altogether, our findings suggest that HF-fed females from FR30 mothers may modify placental vasculature development contributing to abnormal fetal growth.

**Disclosure of Interest:** None.

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#### MIN-11 – oral

##### Maternal obesity predisposes adult male rat offspring to increased adiposity through induction of lipogenic genes

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Increasing evidence indicate that adverse environments during development, either *in utero* or in the early postnatal period, can program higher risk of metabolic pathologies later in life.<sup>1</sup> In particular, maternal obesity, excessive nutrition and accelerated growth in neonates have been shown to sensitize offspring to obesity.<sup>2,3</sup> We hypothesize that the white adipose tissue is a prime target of metabolic programming induced by maternal obesity.<sup>4–6</sup> In order to unravel the underlying mechanisms, we have developed a rat model of maternal obesity using a high-fat (HF) diet (containing 60 kcal% lipids) before and during gestation and lactation. At birth, newborns from obese dams (called HF) were normotrophs. However, HF neonates exhibited a rapid weight gain during lactation, a key period

of adipose tissue development in rodents.<sup>7</sup> At weaning, HF overweight male offspring were fed a chow diet until 9 months of age. Increased body weight at weaning is no more observable from 3 months of age. At 7 months of age, HF adult male offspring were normoglycemic but showed impaired glucose intolerance, hyperinsulinemia and hypercorticosteronemia. Moreover, despite no difference in daily caloric intake, HF male rats exhibited dysregulated light/dark-phase food intake rhythm. Finally, HF adult male offspring did not show overt obesity but were predisposed to fat accumulation with increased white fat pad weights and hyperleptinemia. They also exhibited hypertrophic adipocyte with elevated lipogenic (i.e. SREBP-1c, FAS, leptin) and diminished adipogenic (i.e., PPAR $\gamma$ ) mRNA levels in a depot-specific manner. Thus, accelerated growth during lactation might be a particularly sensitive event for metabolic programming of adiposity by maternal obesity.

**Disclosure of Interest:** None.

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#### MIN-12

##### Consequences of early nutrition on the developing sweet/fatty taste, eating behavior and motivation for palatable foods in the rodent model, from birth to sexual maturity

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Epidemiological and experimental data have shown that malnutrition during pregnancy and the neonatal period increased the risk of developing abnormal eating behaviors, and its associated disorders later in life. Indeed, it is now recognized that the prenatal and postnatal maternal consumption of fatty and sugary foods increases the risk of obesity in children.<sup>1</sup> However, the underlying mechanisms are still poorly understood. The reward circuits (mesolimbic dopamine) that control the hedonic feeding are a good candidate as dopamine function is altered in diet-induced obesity in both humans<sup>2–4</sup> and animals.<sup>5,6</sup> Moreover, dopamine projections develop for a large part postnatally<sup>7</sup> making them susceptible to the ‘organizational effects’ of early diet.

What could be the impact of early overnutrition (maternal diet during pregnancy and lactation) on the ontogeny of brain reward circuits and expression of receptors involved in the regulation of food intake?

Pups from 24 pregnant Sprague-Dawley rat dams fed either a normal diet or a western diet (WD) during gestation and lactation were used. Longitudinal behavioral taste preferences were performed using a two-bottle choice test at 25, 50 and 100 days after birth on 12 males and 12 females. F1 males from WD mothers have a stable preference for sweet and fat taste over time (25, 50 and 100). Surprisingly, F1 rats developed an early saccharin aversion that decreases with time and is less pronounced in male rats from WD mothers. Repeated presentations decrease the preference for sweet but have no effect for fat. Only male rats from WD mothers lost interest for fat at P50. Following these behavioral tests, the animals were killed for histology and molecular analysis of brain reward pathways and taste receptors to correlate with the behavior. Altogether these data suggest that early malnutrition affect differentially male and female taste preferences over time.

**Disclosure of Interest:** None.

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## MIN-13

### Sociocultural determinants on breastfeeding initiation and duration in France: preliminary results from the Elfe study

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During the beginning of life, human milk is the most adequate feeding source for infants. The World Health Organisation recommends exclusive breastfeeding up to 6 months, with continued breastfeeding along with appropriate complementary foods up to 2 years.<sup>1</sup> In France, rates of exclusive breastfeeding are very low according to international standards. The last national perinatal survey conducted in 2010 showed that 60% of the infants were exclusively breastfed at birth.<sup>2</sup> This rate drops to 35% at 1-month *post partum*, as recently reported in the EPIFANE study.<sup>3</sup> It was shown that demographic and sociocultural factors can affect breastfeeding initiation, such as social status, maternal age and region.<sup>2,3</sup> However, little is known about the factors influencing breastfeeding duration in France.

Our aim was to investigate the sociocultural factors associated with both the initiation and duration of breastfeeding in the Elfe (Etude Longitudinale Française depuis l'Enfance) study, the first large-scale French birth cohort. This follows up more than 18,000 babies born in a nationally representative sample of maternity patients recruited in 2011. Multivariate logistic and linear regression models were used to assess the associations between breastfeeding and sociocultural factors.

Our results showed that 72% of the infants were breastfed, exclusively or partially, at birth, and 24% at 6 months. The analyses indicated that paternal support during delivery and high parental socio-economic status were positively associated with both the initiation and the duration of breastfeeding, whereas maternal body mass index or maternal smoking during pregnancy were negatively associated with both factors. Parental country of birth was strongly related to breastfeeding initiation and duration, with the highest initiation prevalence

and longest duration of breastfeeding in families where both parents were born abroad. These results will allow us to better target at-risk groups regarding breastfeeding practices.

**Disclosure of Interest:** None.

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#### MIN-14 – oral

##### Maternal high-fat diet prevents the decrease in basilar spine density in the medial prefrontal cortex of pups exposed to chronic maternal separation

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Early-life adversity is a main risk factor for anxiety disorders and depression in adulthood. In rats, early-life stress (ELS) induced by chronic infant-mother separation during early postnatal life leads to cognitive and emotional alterations<sup>1,2</sup> as well as increased endocrine responsiveness to subsequent stressors in adult offspring.<sup>3</sup> ELS also produces altered dendritic morphology and spine density in the hippocampus and the medial prefrontal cortex (mPFC).<sup>4–6</sup> It has been proposed that abnormal density and organization of the spines may contribute to the behavioral alterations caused by stress exposure.<sup>7</sup> Recent findings in the laboratory suggest that the behavioral and endocrine effects of maternal separation in adult offspring could be reversed by maternal exposure to high-fat diet (HFD). In the present study, we investigated the effects of maternal HFD (45% energy from fat) on the consequences of ELS on mPFC pyramidal neuron morphology and spine density during development. For this purpose, we used the Golgi-Cox staining method. Here we report that maternal HFD prevented the decrease in basilar spine density in the mPFC of stressed pups. The combination of maternal separation and maternal HFD, but not separation or maternal HFD alone, increased dendritic length at both apical and basilar levels. Interestingly, HFD was highly palatable and reduced maternal anxiety during separation sessions. Our results demonstrate that maternal HFD

could attenuate some mPFC alterations associated with ELS during development. These results reinforce the crucial role of the environmental factors such as stress or nutrition during early life on brain maturation. Whether these effects could participate to amelioration of anxiety-like behavior and cognitive functions after maternal HFD in offspring exposed to ELS remains to be explored.

**Disclosure of Interest:** None.

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#### MIN-15

##### Impact of chronic maternal separation on emotion and motivation for food reward in C57BL6/J and C3H/He mice

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Early-life stress has been implicated in psychiatric diseases in particular mood disorders and addiction.<sup>1</sup> Maternal separation (MS) in rodents is a well-studied model of early-life stress. In rats, several studies demonstrate that chronic MS leads to an

exaggerated hypothalamic-pituitary-adrenal axis response to stress and alterations of emotional behavior in adult offspring.<sup>2-4</sup> In contrast, in mice, inconsistent results have been reported after MS.<sup>5</sup> The aim of the present study was to explore in two mouse strains (C57BL/6J and C3H/HeN) differing by their initial maternal behavior,<sup>6</sup> the impact of MS on anxiety-like behavior (elevated plus maze), depressive-like behavior (tail suspension task, TST) and on food motivation (operant conditioning task) in male and female adult offspring. We hypothesized that C3H, a strain with higher maternal behavior, will be more vulnerable to the effects of MS. MS lasted 3 h/day from postnatal day 2 (PND2) to PND14, and during MS dams were submitted to chronic unpredictable stress.<sup>7</sup> We found that MS impaired body weight growth in C3H pups but had no effect in C57. This effect persisted into adulthood in male C3H but not in female. MS showed a tendency to increase the immobility time in the TST in female mice ( $P = 0.07$ ), but had no significant effect in anxiety-like behavior. In social preference test, MS had opposite effects on C3H and C57 male mice. Indeed, MS increased social preference in C3H mice but decreased it in C57 ( $P = 0.003$ ). MS induced a marked increase of the motivation for palatable food in male and female C3H mice. In conclusion, our results demonstrate that MS combined with an unpredictable stress has long-lasting impact on offspring behavior. However, the effects of early-life stress depend both on sex and mouse strain.

**Disclosure of Interest:** None.

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## MIN-16

### Comparison between exogenous and endogenous miRNAs as standards for appropriate normalization of microRNAs quantitative PCR analysis in breast milk to assess their potential role in nutritional programming

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MicroRNAs (miRNAs) are short non-coding RNAs that regulate gene expression by inducing mRNA degradation or inhibiting mRNA translation.<sup>1</sup> MiRNAs are contained in many biological fluids<sup>2</sup> including human breast milk<sup>2-4</sup> and might be involved in nutritional programming because they can survive the stomach acidity, allowing their intestinal absorption by the baby and the exchange of genetic information between the mother and her infant.<sup>3</sup> Accurate quantification of milk miRNAs is challenging because an invariant reference gene to correct for sample-to-sample variations in miRNAs extraction and qRT-PCR efficiency is lacking. Though synthetic non-human miRNAs have been used to normalize miRNAs levels in human body fluids, these standards normalize for *technical* but not for *biological* variability and cannot improve assay precision.<sup>5</sup> Here we compared the use of a synthetic miRNA from *Caenorhabditis elegans* (*spike-in*) with several endogenous miRNAs as suitable reference genes for miRNAs qRT-PCR analysis in milk.

*C. elegans* miRNA was added to whole human milk or to its cream and whey fractions before RNA extraction and its expression, as well as that of several candidate endogenous controls (miR-16, let-7a, and let-7g), was determined by qRT-PCR. The expression of miR-146b, a milk miRNA linked to metabolism<sup>6</sup> and immune function,<sup>3</sup> was also determined. Variance and stability were determined using RefFinder, a web tool integrating geNorm, Normfinder, BestKeeper and the comparative  $\Delta C_t$  method.<sup>7-9</sup>

Important intra-assay variability in *spike-in* expression was found between whole milk and cream. RefFinder analysis established let-7a as the best control for normalization in cream, whey and whole milk. MiR-146b expression was reduced in milk of overweight mothers compared with normal weight mother's milk ( $P < 0.05$ ,  $n = 6$ ), when let-7a, but not *spike-in*, was used for normalization.

The endogenous miRNA let-7a is a suitable reference for the accurate quantification of miRNAs in human milk.

**Disclosure of Interest:** None.

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## MIN-17

### Cytotoxic effect of low doses of a maternal food contaminants mixture on pancreatic cells

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Fetus/infants are exposed to many chemical food contaminants that are suspected to be involved in the epidemic of metabolic disorders such as diabetes. These chemicals are of major concern because they can transfer from mother to the offspring through the placenta during pregnancy and through breastfeeding after birth.<sup>1,2</sup> Evaluating the effects of food contaminants at doses commonly found in maternal food (as an unique compound or a mixture of different contaminants) on  $\beta$ -cell viability and functionality is needed to better determine their implication in the programming of diabetes. In this study, the cytotoxicity of a chemical mixture commonly present in maternal food against endocrine pancreas was assessed using insulin-secreting Min 6 cell line. Cells were co-exposed for 24, 48 and 72 h to increasing

concentrations (0.001  $\mu$ M–1  $\mu$ M) of bisphenol A, diethylhexylphthalate, cadmium, deoxynivalenol, 2,3,7,8-tétrachlorodibenzo-p-dioxin, aroclor 1254, malathion and malaoxon. Cytotoxic effect of the mixture was monitored using mitochondrial dehydrogenase activity (MDH), as an indicator of the cellular stress response, to the chemical mixture.<sup>3</sup> A reduced MDH activity of 20% was shown in the pancreatic clonal cells exposed to 0.8  $\mu$ M for 24 h in comparison with the untreated cells. The cytotoxic effect was time dependent and observed at concentrations higher than 0.01  $\mu$ M after 48-h exposure. These preliminary results suggest that this chemical mixture may promote a pancreatic cell death and install a  $\beta$ -cell mass dysfunction in the offspring. Analysis of oxidative stress parameters and insulin secretory capacity of the pancreatic cells are under investigation to determine the mechanisms involved in the programming of diabetes by food contaminants. In addition, this evaluation will help us to address whether current multi-contamination of maternal food represents a real risk for the development of adult metabolic diseases.

**Disclosure of Interest:** None.

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## MIN-18

### Plasma apelin variations during pregnancy in obese mice: role of the placenta

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Apelin is an adipokine, which plays a role in the regulation of glucose homeostasis and may contribute to obesity-related metabolic disease.<sup>1,2</sup> Although apelin and its receptor APJ are expressed in fetal tissues,<sup>3,4</sup> their function and regulation during the pregnancy, especially in pathological situation such as obesity, remain largely unknown. The aim of this study was to examine whether apelin levels are altered in pregnant obese mice.

A total of 66 female C57bl/6J mice were fed a high-fat (HF, 35% carbohydrate, 45% fat) or standard-chow (C) diet 10 weeks before conception and through pregnancy. Animals were killed at E6.5, E12.5 and E18.5. Maternal plasma apelin and insulin levels were measured at each point and fetal apelin levels at E18.5. We collected the maternal organs for immunochemistry and placenta to analyze *in vitro* apelin secretion.

During pregnancy, maternal plasma apelin concentrations rose at E12.5 and dropped at late gestation ( $P < 0.05$ ). In obese and insulin-resistant HF pregnant mice, plasma apelin and insulin concentrations were higher in comparison with the C group ( $P < 0.05$  at E6.5, E12.5 and E18.5). At E18.5, fetal plasma apelin levels were six times higher than the maternal levels (C:  $5.0 \pm 0.70$  v.  $29.2 \pm 6.9$ ,  $P < 0.00001$ ; HF:  $8.3 \pm 1.9$  v.  $34.3 \pm 7.6$ ,  $P < 0.01$ ), but were similar between the two groups ( $P > 0.05$ ). *In vitro*, placental apelin secretion was severely altered in the HF group (2 h:  $171.5 \pm 13.8$  v.  $40.8 \pm 19.9$ ,  $P < 0.0001$ ; 6 h:  $220.5 \pm 13.1$  v.  $75.4 \pm 13.3$ ,  $P < 0.0001$ ; 24 h:  $237.4 \pm 23$  v.  $136.6 \pm 17.0$ ,  $P < 0.001$ ).

We found that apelin secretion is increased during gestation in obese mice. We hypothesized that these changes might be related to the pregnancy-related insulin resistance. Placental apelin secretion is altered in obese mice, suggesting a link with the placental abnormalities induced by obesity. Further studies in human are needed to confirm these results.

**Disclosure of Interest:** None.

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#### MIN-19 – oral

##### **Dietary scFOS supplementation during prenatal and early postnatal life influences metabolic and immunologic responses in adults fed a high-fat diet**

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Perinatal nutrition is a very important environmental factor that programmes microbiological, metabolic and immunologic development, which in turn may influence long-term health and disease susceptibility. Dietary supplementation with short-chain fructooligosaccharides (scFOS), soluble fibres defined as prebiotics, modulates intestinal microbiota and influences homeostatic systems (glucose metabolism, immunity).<sup>1,2</sup> Prebiotics have also been shown to reduce development of high-fat (HF) diet-related disorders.<sup>3–5</sup>

Our study aimed at evaluating effects of early scFOS consumption on later adult metabolic and immunologic status in the context of an adverse nutritional environment.

Sows received a standard diet supplemented with scFOS (Pro-feed<sup>®</sup>, FOS) or not (CTRL) for the last 4 weeks of gestation and the lactation. At postnatal day (PND) 28, 10 piglets were weaned on a CTRL or an FOS diet until PND77. They were then fed a standard diet until PND180 and a HF diet until PND270. Glucose tolerance was assessed *in vivo* at PND264 (IVGTT), whereas the other metabolic parameters were measured on tissues and plasma sampled at killing (PND270). Ileal immune responses were analysed *in vitro* using explants with or without the Peyer's patch (PP) cultured with ConA or lipopolysaccharide (LPS) stimuli.

Growth, food intake and adiposity were not different between groups during HF diet. Insulin response to a glucose challenge was slightly higher in the FOS group, but no other metabolic parameters (basal glycaemia and insulinaemia, pancreatic insulin content, gut and plasma GLP-1) were modified. Reduced pro-inflammatory IFN $\gamma$  and TNF $\alpha$  secretion by ConA-stimulated explants of ileal PP, and increased IL-10 secretion by LPS-stimulated ileal explants in FOS group revealed an effect of early scFOS supplementation on local immunity orientation.

Such results underline the key role of the perinatal nutrition on adult metabolic and intestinal immunity responses to an adverse nutritional challenge. This could involve modulation of gut colonization by prebiotics.

**Disclosure of Interest:** None.

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## MIN-20

### High-protein diet exposure during gestation but not during lactation modifies female rat pups response to dietary challenge in adulthood

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Nutrient exposure during early life, starting from gestation, impacts metabolic programming and future health.<sup>1</sup> Increased dietary protein intake during lactation is believed to enhance obesity risks at adulthood.<sup>2</sup> This study aims to characterize on a rat model the influence of maternal high-protein (HP) diet during gestation or lactation on female pups' response to dietary challenge. Three groups of Wistar rat dams were fed either a control diet (C, 20% energy protein; Cgest-Clact) or an HP diet (55% energy protein) during gestation (HPgest-Clact) or during lactation (Cgest-HPlact). From weaning to 10-week-old female pups received a C, HP or western (W) diet. Data were analyzed using the MIXED procedure in SAS and a Tukey correction for multiple testing. Birth weight was not significantly affected by gestation diet. In this rat model, Cgest-HPlact pups were not different from Cgest-Clact pups; with no difference in the response to W dietary challenge and a lower body weight ( $P < 0.0001$ ), food intake ( $P = 0.001$ ), adiposity ( $P = 0.0002$ ) and adipocytes size ( $P < 0.0001$ ) in response to HP dietary challenge, compared with C diet after weaning, respectively. In contrast, HP exposure during gestation predisposes pups to the sensitivity to dietary challenges: (i) feeding HPgest-Clact pups with W diet after weaning induced higher weight gain (gestation diet  $\times$  pups diet  $\times$  time effect:  $P < 0.0001$ ), higher energy intake (gestation diet  $\times$  pups diet effect:  $P = 0.02$ ), more visceral adipose tissue (gestation diet  $\times$  pups diet effect:  $P = 0.002$ ); (ii) feeding HPgest-Clact pups with HP diet after weaning induced the same lower body weight ( $P = 0.0003$ ), food intake ( $P = 0.03$ ), adiposity ( $P = 0.003$ ), but a higher plasma glucose basal level and peak after glucose oral challenge ( $P < 0.0001$ ) compared with C diet; (iii) HPgest-Clact pups had smaller adipocytes size ( $P = 0.014$ ) at 10 weeks. These results strongly suggest that there is a specific metabolic programming effect on female rat pups by maternal HP diet during gestation.

**Disclosure of Interest:** C.D.M. and R.O. are employed by Danone Nutricia Research.

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## PROGRAMMING OF COGNITIVE IMPAIRMENT

### PCI-1 – oral

#### Is perinatal butyrate intake, through maternal supplementation, able to prevent cognitive impairment due to intrauterine growth restriction in a rat model?

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Intrauterine growth restriction (IUGR) increases the risk of developing neurodevelopmental, learning and memory alterations.<sup>1,2</sup> In animals, IUGR is associated with impaired hippocampic neurodevelopment, a reduced number of neurons and dendrites, and altered synapse formation.<sup>3,4</sup> Molecular mechanisms could involve epigenetic regulation of genes involved in neurogenesis and synaptic plasticity in the hippocampus.<sup>5</sup> Particularly, memory formation and consolidation involve regulation of histone acetylation,<sup>6–8</sup> inhibition of histone deacetylase (HDAC), resulting in improved synaptic plasticity. Butyrate, a short-chain fatty acid produced by the bacterial fermentation of non-digestible carbohydrate, is a well-known inhibitor of HDAC, and thus might be beneficial on hippocampal neurogenesis and synaptic plasticity.

We therefore hypothesize that increasing butyrate availability during perinatal period may enhance neurodevelopment and improve the cognitive functions of the offspring by promoting synaptic plasticity.

Four groups of male rats were obtained after feeding dams either a control diet or a 50% protein-reduced diet combined or not, with a supplementation of butyrate in drinking water. *In vitro*, neuronal developmental studies were conducted on the hippocampus cell cultures from 19-day-old embryos. Golgi staining of the hippocampus from 35-postnatal day rats was performed for neuroanatomical studies. Behavioral tests allow the assessment of anxiety (open field), spatial memory (Y maze) and memory consolidation (novel object recognition). Epigenetic modifications of histones (i.e. methylation and acetylation patterns) were investigated on the hippocampus by immunohistochemistry and western blot techniques.

IUGR induces a decrease of the axonal length and the number of dendrites as observed on a 4 days neuronal culture and

butyrate-treated dams partially restores these alterations. Perinatal administration of butyrate to dams improves performance in the spatial memory test on young rats. The link with neuroanatomical parameters and epigenetic marks will be investigated.

Altogether these results suggest that maternal supplementation of butyrate or prebiotics could improve cognitive performance in IUGR-born infants.

**Disclosure of Interest:** None.

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## PCI-2

### High-fat high-sugar maternal diet has consequences on milk composition and offspring’s microbiota activity, metabolism and behavioural responses in Yucatan pigs

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Deleterious early nutritional environment can increase not only susceptibility to diseases<sup>1</sup> but also neurocognitive and eating

disorders.<sup>2–4</sup> The aim of this study was to investigate in a minipig model the impact of maternal diet (standard, SD *v.* western diet, WD) during gestation and lactation on milk composition, sows ( $n = 18$ ) and piglets’ metabolism and microbiota activity, as well as on food preferences and cognition in the progeny. Colostrum and milk’s dry matter and total lipids content (TFE2000, LECO), as well as microbiota activity *via* volatile fatty-acid profiles in faeces (GC) were assessed. Plasma glucose, insulin, lipid profiles and haptoglobin were assessed in sows and piglets. Weaned piglets ( $n = 51$ , all fed a SD from weaning) were subjected to food preference tests (SD *v.* WD) and to a cognitive test (holeboard)<sup>5,6</sup> reinforced with chocolate candies. Dry matter and lipids content were higher in milk of WD *v.* SD sows (at Day 1, Day 14 and Day 28, from  $P < 0.10$  to  $P = 0.016$ ). Plasma total cholesterol and free fatty-acid concentrations were higher in WD *v.* SD sows during gestation and lactation. Microbiota activity was decreased in WD *v.* SD sows at farrowing ( $P = 0.06$ ), and in WD *v.* SD piglets at Day 42 post-weaning ( $P = 0.046$ ). WD piglets displayed dyslipidaemia and increased haptoglobin concentration at weaning compared with SD piglets, with no consequences on glucose homeostasis. Piglets from both groups showed a preference for the known SD ( $P < 0.0001$ ), but WD neophobia was lower in WD piglets that also had higher cognitive abilities (working memory:  $P = 0.015$ ; reference memory:  $P < 0.001$ ), probably related to a higher motivation for the rewards. Maternal WD exposed the piglets to a disrupted nutritional environment during gestation and lactation with consequences on piglets’ metabolism, microbiota, eating behaviour and cognition. An ongoing study will explore the long-term consequences at the adult age, in terms of glucose homeostasis, behaviour and brain correlates.

**Disclosure of Interest:** None.

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## EARLY EXPOSURE TO POLLUTANTS AND HEALTH

### EP-1

#### Effects of *in utero* exposure to pesticides on foetal development in the Picardie region of France: use of meconium in the MecoExpo cohort

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The objective of the present study was to assess the putative relationships between chronic *in utero* exposure to pesticides and the clinical parameters of foetal development. Information on various sources of maternal exposure to pesticides was collected with a questionnaire, and foetal exposure to pesticides was measured by assaying the meconium (the newborn's first stools).<sup>1</sup> Clinical information on the state of foetal development at birth (term, weight, size and head circumference) was also recorded.

The MecoExpo cohort included 993 mother-newborn pairs. Our data revealed an association between the mother's stated occupational exposure to pesticides during pregnancy and the risk of restricted foetal growth for birth weight ( $P = 0.01$ ). An association between the father's stated occupational exposure to pesticides and a greater risk of prematurity was also observed ( $P = 0.02$ ). A total of 21 compounds (nine pesticides and 12 pesticide metabolites) were screened for simultaneously in 462 meconium samples.<sup>2</sup> Of these 21 compounds, 17 were detected at various prevalences and concentrations; 85% of the samples contained at least one of the analytes. The highest prevalence of detection (65.5%) was observed for organophosphorus compounds, followed by carbamate metabolites (27.3%). The risk of microcephaly was greater in newborns with ethylene thiourea in the meconium ( $P = 0.01$ ). The presence of the pyrethroid deltamethrin in the meconium was associated with a lower gestational age (2.3 weeks less than for infants without deltamethrin;  $P = 0.002$ ).

The MecoExpo study is the first in France to use meconium as a marker of chronic foetal exposure to pesticides. We simultaneously quantified 21 compounds from different families of pesticide and observed associations (i) between parental occupational pesticide exposure and foetal development and (ii) between the presence of certain pesticides and the child's clinical characteristics at birth.

**Disclosure of Interest:** None.

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### EP-2

#### Predictive factors for hypospadias in the Picardie region of France: a preliminary study

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The prevalence of hypospadias has risen strongly over the last 20 years.<sup>1</sup> Hereditary and environmental factors may be involved. The primary objective of this prospective, multicentre, controlled study was to determine environmental factors associated with the risk of hypospadias in male infants born to a cohort of pregnant women in the Picardie region of France. We had clinical information on the parents, plus data on pesticide levels in the meconium (the newborn's first stools) as a proxy for exposure *in utero*. At present, only the clinical information has been analysed.

The study was conducted between March 2011 and December 2013 in nine maternity clinics in the Picardie region. The data were collected through an interview and a clinical examination of the newborn. A total of 57 cases of hypospadias (48 distal, six middle and three proximal) were compared with 163 controls. Of the infants with hypospadias, 10% also had undescended testicles.

The hypospadias and control groups had similar mean terms ( $39.1 \pm 1.9$  and  $39.2 \pm 1.6$  weeks of amenorrhoea, respectively) but did not differ significantly in terms of the parent's age, the duration of pregnancy, weight gain and maternal tobacco consumption during pregnancy, the proportion of pregnancies in women on contraception, the mother's endocrine profile and previous miscarriage.

Relative to the control group, infants with hypospadias were significantly lighter and smaller at birth ( $3297 \pm 421$  and  $3094 \pm 586$  g, respectively,  $P < 0.05$ ;  $49.4 \pm 4.9$  and  $48.3 \pm 2.8$  cm, respectively;  $P < 0.05$ ).

The risk of hypospadias was greater for first pregnancies [odds ratio (OR) [95% confidence interval (CI)] = 2.1 [1.1–4.4];  $P < 0.05$ ] and was lower for mothers with a body mass index  $> 25$  (OR [95%CI] = 0.47 [0.22–0.99];  $P = 0.05$ ).

The association between low weight, primiparity and hypospadias suggests that placental dysfunction has a role in the occurrence of this malformation (perhaps by decreasing blood flow). The influence of the environment (pesticide exposure) is being investigated.

**Disclosure of Interest:** None.

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**EP-3****The determinants of child health in district of Constantine (Algeria)**

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This research aimed to analyze the determinants of child health in Constantine through the impact of household characteristics and background of the mother.

We tried to explain the health of a child by its own characteristics, of his family and the behavior of the mother during pregnancy to determine which of these three components most influence their health. The analysis focused only on women who gave birth to one child. A total of 500 children of 1 month to 12 years of age were recruited. Weight status is highly correlated with sex ( $P < 0.001$ ) and age ( $P < 0.001$ ). Of the women, 89% had increase in weight during pregnancy. Of the children in single-parent family (mother widowed or divorced), 10% are unhealthy *v.* 4% when surrounded by both parents; 90% of children with mothers who had no prenatal problems are healthy *v.* 60% with mothers having had prenatal diabetes and hypertension; 25.71% of mothers had macrosomic babies.

The household income also impacts child health: the higher the parents' income, the healthier the child. Only 5% of the children whose parents have high income are in poor health *v.* 20% when parents' income is low. Children's health and cultural level of parents are not correlated ( $r = -0.048$ ,  $P = 0.261$ ). The correlation between child health and parental jobs is very highly significant ( $P < 0.001$ ). Children born with a lower weight than 2 kg 500 g are the sickest patients (28.5%) *v.* 17% with a weight between 3.5 and 4 kg; 20% of children having had a diversification of supply before 6 months are sick *v.* only 4% for those having had diversification after 6 months (13% for those with diversification before 4 months).

**Disclosure of Interest:** None.

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**EP-4 – oral****Consequences of perinatal exposure to a pesticide, alone or combined with a probiotic: effects on energy metabolism and microbiota composition**

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Mothers and infants are daily exposed to a plethora of food contaminants, pesticides that are suspected to be involved in the increase of metabolic diseases are one among them. We have previously shown in an *in vitro* model of artificial intestine (SHIME®)<sup>1</sup> that chronic exposure to low-dose Chlorpyrifos (CPF) causes intestinal dysbiosis with an increase in Enterococci and Bacteroides populations in detriment of Lactobacilli and Bifidobacteria.<sup>2</sup> More recently, we highlighted the importance of supplementing with a probiotic (inulin) to promote the increase of beneficial populations as Lactobacilli and Bifidobacteria.<sup>3</sup> These data prompted us to explore the hypothesis that long-time supplementation with inulin could lower the risk of pesticide-metabolic disorders. Rats were challenged from gestation to postnatal day (PND) 60 to inulin and clearances of polyfructosan at the doses of 1 mg and 3.5 mg/kg of body weight (BW). We measured BW, glucose, insulin, leptin, triglycerides, cholesterol, and the expression and activity of AMPK and insulin receptor (IR) in the hypothalamus and liver at PND60. CPF-exposed rats exhibited an increase of BW at birth ( $P < 0.035$ ) and at PND21 but not at PND59. CPF 1 mg induced an increase of BW gain from birth to weaning. Interestingly, at PND60, CPF at 1 mg induced an increase of plasma glucose ( $P < 0.0435$ ), triglycerides ( $P < 0.0310$ ), insulin ( $P < 0.0158$ ) and the association with inulin re-establishes the level of these metabolic parameters. All these results suggest that (1) prenatal exposition to CPF disrupts metabolic and endocrine activities in the adult rats; (2) perinatal probiotic supplementation correct the side effects of CPF, and thus have benefic effects on offspring metabolism

at later life. The implication of AMPK and IR on prebiotic beneficial effects is under investigation.

**Disclosure of Interest:** None.

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#### EP-5 – oral

##### Maternal smoking during pregnancy and offspring's postnatal body mass index trajectory between birth and 5 years from the EDEN mother-child cohort study

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Despite public health measures, prevalence of smoking during pregnancy remains high. There is growing evidence that *in utero* exposure to maternal smoking is associated with an increased risk of offspring's overweight/obesity.<sup>1,2</sup> To illustrate the timing of fat accumulation, our aim was to characterize height, weight and body mass index (BMI) growth trajectories of exposed compared with non-exposed children.

We studied maternal smoking in relation to offspring's growth from birth to 5 years in 1666 mother-child pairs. We compared non-smokers, smokers, exclusively the first trimester and smokers beyond the first trimester.

Height and weight trajectories were fitted using the Jenss non-linear mixed-effects model and the SAEM algorithm (R-package SAEMIX) from a median of 19 measures [interquartile range, IQR = 2–32] and 18 [IQR = 2–31], respectively. BMI trajectories were derived from these models.

In a first approach, we compared globally the associations with the height and weight trajectories according to maternal smoking, including potential confounders (study center, gender, parental anthropometry, education level, breastfeeding) in the models. A second approach consisted in fitting models separately for boys and girls (without covariates) to predict height, weight and BMI at specific ages. Associations with maternal smoking were then assessed at these ages through linear regression models adjusted for confounders.

Compared with children of non-smokers, mean BMI trajectory of children whose mothers smoked beyond the first trimester was higher from 2 years onwards and those children had a 0.26 kg/m<sup>2</sup> ( $P = 0.002$ ) higher BMI at 5 years. These children experienced a rapid weight catch-up growth in infancy, followed by a faster weight growth from 1 year onwards, resulting in a higher weight and BMI at 4–5 years.

Our method allowed a precise characterization of growth curves and illustrated a divergence for children of mothers smoking in mid/late pregnancy as early as the first few months of life, after taking into account infant feeding and education.

**Disclosure of Interest:** None.

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#### EP-6

##### Maternal exposure to diesel engine exhaust during pregnancy affects fetal and placental growth: validation of a rabbit model

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Maternal exposure to airborne pollution in humans has been shown to induce intrauterine growth retardation<sup>1</sup> associated with a decreased placental weight<sup>2</sup> and mitochondrial function altered in the placenta.<sup>3</sup> Human studies, however, are limited to investigate underlying mechanisms. Several rodent models were used and maternal exposure in these models has been shown to induce a decreased fetal weight,<sup>4,5</sup> an increased surface area of fetal capillaries in the placenta and a decreased uterine maternal vessel caliber.<sup>5</sup> Here we developed a rabbit model to study these potential effects during pregnancy.

Female rabbits were exposed to a representative air pollution mixture, that is, diluted diesel engine exhaust ( $n = 7$ , group P)

or clean air ( $n = 6$ , group C), 1 h every morning and afternoon, 5 days a week, from 3 to 27 dpc (term = 31 days). At 28 dpc, dams were euthanized; fetuses and placentas were collected, measured and weighed. Data were analyzed by nested ANOVA, including litter size, sex and dam as cofactors.

Altogether, 68 P and 50 C fetoplacental units were collected. Exposed fetuses were significantly lighter ( $P < 0.001$ ) than control fetuses. Fetal to placental weight ratio was significantly lower in exposed compared with unexposed fetuses, indicating reduced placental efficiency. In contrast, labyrinthine area weight was not affected and deciduas weight were heavier in the exposed group compared with the control group ( $P = 0.011$ ). Exposure was associated with reduced crown-rump length, abdominal perimeter, head length and biparietal diameter ( $P < 0.001$ ,  $P < 0.001$ ,  $P < 0.001$  and  $P < 0.01$ , respectively). Brain to fetal weight ratios were increased in P fetuses ( $P < 0.001$ ), whereas the lung, heart, liver and kidney to fetal weight ratios remained unchanged, indicating that the brain was preserved in the P fetuses, as described with disharmonious growth retardation.

These data indicate that repeated exposure to airborne pollution even for daily short periods affects fetoplacental development and validate the use of the rabbit model for further studies.

**Disclosure of Interest:** None.

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## INTER AND TRANSGENERATIONAL EFFECTS

### ITE-1

#### Maternal gestational diabetes exposure and higher birth weight: effects on offspring adiposity at 7 years

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Pregnancies complicated by gestational diabetes mellitus (GDM) are associated with adverse outcomes in the offspring including macrosomia and later risk of developing obesity and type 2 diabetes.<sup>1–4</sup> The aim of the study was to assess the relationship between birth weight and adiposity in offspring previously exposed *in utero* to their mother's GDM. We conducted a preliminary analysis of 38 offspring and their mother with prior GDM. Weight and height were measured. The body mass index (BMI) Z-score was calculated with the most recent World Health Organization criteria. Body fat mass was assessed with bioelectrical impedance. Offspring were stratified into two groups according to the median birth weight (3.62 kg). Offspring were aged  $6.8 \pm 2.4$  years, 60.5% ( $n = 23$ ) of boys and 39.5% ( $n = 15$ ) of girls. There were no differences between offspring with higher birth weight ( $n = 19$ ) and those with lower birth weight ( $n = 19$ ) when comparing age, treatment for GDM during pregnancy and BMI Z-score. However, our preliminary results indicate that offspring with higher birth weight had a higher BMI ( $17.2 \pm 0.6$  v.  $15.4 \pm 0.6$  kg/m<sup>2</sup>,  $P < 0.05$ ), waist circumference ( $61.45 \pm 1.92$  v.  $54.15 \pm 1.92$  cm,  $P = 0.01$ ), fat mass ( $8.70 \pm 0.86$  v.  $4.28 \pm 0.99$  kg,  $P < 0.01$ ) and body fat percentage ( $23.81 \pm 1.63$  v.  $17.67 \pm 1.88\%$ ,  $P < 0.05$ ) than offspring with lower birth weight. Results were similar after age and sex adjustments. Birth weight was positively correlated with BMI ( $r = 0.57$ ,  $P < 0.05$ ), fat mass ( $r = 0.65$ ,  $P < 0.01$ ), body fat percentage ( $r = 0.52$ ,  $P < 0.05$ ), waist and hip circumference ( $r = 0.52$  and  $r = 0.61$ ,  $P < 0.05$ ). In conclusion, higher birth weight among offspring exposed to *in utero* GDM is associated with higher childhood adiposity measures. These preliminary data suggest that prevention of childhood obesity should start before birth.

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## FREE TOPICS

### FREE-1

#### Moderate maternal diabetes in a rat's model of foetal programming involves modifications of mesenteric arteries reactivity in adult offspring

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Cardiovascular risk is not only determined by conventional risk factors in adulthood, but also by early-life events, resulting in re-settings of physiological functions. In a rat's model of *in utero* exposure to moderate maternal diabetes, we previously showed that offspring issued from these mothers (DMO), despite no intrauterine growth retardation, developed hypertension around 6 months of age.<sup>1</sup> Moreover, we identified a specific gene expression profile of the thoracic aorta in favour of vasoconstriction before the development of hypertension (3 months), including decreased prostacyclin receptor (IP) expression.<sup>2</sup> This may participate to abnormal regulation of arterial blood pressure in DMO through a defect of vasodilatory response.

However, microvessels and not aortas are the main determinants of blood pressure. Thus, we investigated (1) maternal diabetes effects on microvascular tone and (2) the implication IP decreased expression in the regulation of arterial blood pressure in the mesenteric arteries of 3- and 18-month-old DMOs. Our results show that vasoconstriction induced either by KCl (80 mM) or by  $\alpha$ -adrenergic receptor stimulation (phenylephrine) was not modified in DMO compared with CMO. Endothelium-mediated dilation induced by acetylcholine was not affected in 3-month-old DMOs but was reduced in 18-month-old DMOs. Interestingly, prostacycline analogue-mediated relaxation was decreased in both 3- and 18-month-old DMOs. We also observed that pressure-induced myogenic tone, which controls local blood flow, was maintained at a high level in old DMO compared with old CMO.

In this study, we highlighted early perturbations of mesenteric reactivity in DMO followed by a high level of myogenic tone in older rats. Moreover, foetal modifications of IP expression could be the starting point of vascular perturbations in adult rats exposed *in utero* to maternal diabetes, leading to hypertension later in life.

**Disclosure of Interest:** None.

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### FREE-2 – oral

#### Specific associations of maternal and paternal obesity risk-allele scores with offspring early growth

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If birth weight is mainly predicted by maternal body mass index (BMI), previous studies have suggested that early postnatal growth would rather be influenced by paternal corpulence.<sup>1,2</sup> Whether this phenomenon is genetically determined has been hypothesized but never clearly demonstrated. We aimed to investigate the respective role of maternal and paternal genetic susceptibility to obesity in offspring body size and fat mass from birth to 5 years.

A total of 833 trios from the EDEN mother-child cohort were genotyped for a set of 16 polymorphisms previously identified by genome-wide-association studies on adult BMI. A genetic susceptibility score was built by summing the number of alleles carried by each individual. Outcomes were age- and sex-adjusted s.d. scores (SDS) for weight, length, BMI and skinfolds at birth, 1, 3 and 5 years, and fat mass per cent (FM% obtained from bioelectric impedance) at 5 years. Maternal and paternal scores were investigated in association with these outcomes in repeated cross-sectional analyses using linear regression models allowing adjustment for sex, maternal height and breastfeeding for >3 months.

There was no association between maternal genetic score and any anthropometric outcome ( $P > 0.13$ ), whereas paternal genetic score was significantly associated with weight ( $\beta = 0.053 \pm 0.014$  SDS per allele;  $P < 0.0001$ ), height ( $\beta = 0.035 \pm 0.014$ ;  $P < 0.016$ ) and BMI ( $\beta = 0.047 \pm 0.014$ ;  $P < 0.001$ ) as early as 3 years. Patterns of associations were similar at 5 years, but at this age paternal score was also significantly associated with skinfolds, s.d. scores ( $\beta = 0.041 \pm 0.015$ ;  $P = 0.007$ ) and FM% ( $\beta = 0.032 \pm 0.016$ ;  $P = 0.043$ ). Paternal and maternal genetic susceptibilities to obesity seem to play distinct roles in offspring early postnatal growth. As the investigated genes are for most not

submitted to imprinting, further investigations are needed to explain these differences, and especially to find out whether environmental constraints during fetal life could be responsible for the absence of genetic effect from the maternal side.

**Disclosure of Interest:** None.

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## FREE-3 – oral

### Placental prolactin family levels are modified during gestation in the diabetic rat

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Maternal diabetes is associated with fetomaternal morbidity. Prolactin (PRL) is produced by the decidual cells. In rats, the decidual prolactin-related protein (DPRP), member of the PRL family, also has a decidual localization. Although full-length PRL is angiogenic, the processed forms by bone-morphogenetic-protein-1 (BMP-1), known as vasoinhibins, are antiangiogenic. We previously demonstrated that *Bmp-1* and *Dprp* genes are upregulated with an increase in vasoinhibins and a hypovascularization at late gestation in the placenta of diabetic rats with intrauterine growth retardation.<sup>1</sup> In this study, placental gene expressions of *Dprp*, *Bmp-1* and vasoinhibins quantification are analyzed at different significant stages of pregnancy in diabetic rats.

Wistar rats received, at day 7 of pregnancy, streptozotocin (STZ) or nicotinamide (NCT) plus STZ or vehicle and killed at Day 14 ( $n = 7$  for C;  $n = 6$  for STZ;  $n = 7$  for NCT-STZ groups), Day 17 ( $n = 8$  for C;  $n = 7$  for STZ;  $n = 6$  for NCT-STZ groups) and Day 21 ( $n = 9$  for C;  $n = 5$  for STZ;  $n = 9$  for NCT-STZ groups). *Dprp* and *Bmp-1* gene expressions, PRL western blots and histological analyses were performed in the placentas.

Birth weight was reduced in diabetic groups at all stages compared with controls. *Dprp* mRNA level was not different between

all groups at Day 14, but there was a 2.5-fold increase in the STZ ( $P < 0.01$ ) and NCT-STZ ( $P < 0.05$ ) groups at Day 17, and four-fold increase in the STZ ( $P < 0.01$ ) and NCT-STZ groups ( $P < 0.01$ ) at Day 21 compared with controls. *Bmp-1* was first downregulated at Day 17 in the STZ ( $P < 0.001$ ) and NCT-STZ ( $P < 0.01$ ) groups and then upregulated in the STZ ( $P < 0.05$ ) and NCT-STZ ( $P < 0.001$ ) groups at Day 21 compared with controls. Vasoinhibins were reduced in the STZ ( $P < 0.001$ ) and NCT-STZ ( $P < 0.01$ ) groups at Day 17 and increased in the STZ ( $P < 0.05$ ) and NCT-STZ ( $P < 0.05$ ) groups at Days 17 and 21 compared with controls.

Placental PRL family is involved at last third of pregnancy in the diabetic rat with a role in placental vascularization and adaptation to hyperglycemia.

**Disclosure of Interest:** None.

## Reference

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## FREE-4

### Night sleep trajectories and associated factors among the preschool children of the EDEN cohort

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Children sleep has been associated with health outcomes.<sup>1</sup> Few are known about sleep patterns/trajectories and their associated factors among pre-schoolers.<sup>2</sup> We used data from the French mother-child EDEN cohort study between the age of 2 and 5.5 years. The analysis included 1078 children with data on night sleep duration. Studied time-stable factors concerned the family (income, education level, familial status), the mother [age at birth, parity, body mass index (BMI) before pregnancy, depression and alcohol consumption during pregnancy, tobacco consumption (none, only after pregnancy, during pregnancy and after), term at delivery] and the child (gender, birth weight, breastfeeding duration); time-dependent factors were working mother (none, part-time, full-time), childcare arrangement, parental presence when falling asleep, BMI Z-score, nocturnal awakenings, nap duration, physical activities and TV viewing duration. We used a group-based trajectory modelling<sup>3</sup> to identify night sleep duration patterns and simultaneously identify time-stable factors explaining differences between patterns and time-dependent factors associated with variations within patterns.

We identified five distinct sleep duration trajectory groups: short sleepers (SS, <10 h, 6.6%), medium-low sleepers (MLS, <11 h, 46.2%), medium-high sleepers ( $\approx$ 11 h 30 min,

35.0%), long sleepers (LS,  $\geq 11$  h 30 min, 7.3%) and modifier sleepers (MS, i.e. LS then MLS, 4.9%). Multivariate analysis showed that factors associated with increased risk for the SS trajectory group were being a first-born child and having a mother who smoked during pregnancy. In this trajectory group, night sleep duration between 2 and 5.5 years old was negatively associated with TV viewing duration and having a working mother. Time-stable factors associated with increased risk for LS trajectory group were being a girl, having a younger mother who smoked during pregnancy. In this trajectory group, night sleep duration was negatively associated with collective childcare arrangement and parental presence when falling asleep. Time-stable factors associated with increased risk for MS trajectory group were being a girl, having a younger mother and having been breastfed  $< 3$  months. In this trajectory group, night sleep duration was negatively associated with TV viewing duration, night awakenings, having a working mother and napping duration.

Some early-life factors, namely, maternal smoking during pregnancy and breastfeeding duration were associated with sleep trajectories from 2 to 5.5 years. We also identified factors associated with sleep duration changes within trajectory groups, mainly behavioural ones.

**Disclosure of Interest:** None.

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#### FREE-5

##### Longitudinal sleep study among French pregnant women and the impact on birth term and birth weight

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Pregnant women are at particular risk for sleep deprivation.<sup>1</sup> We studied sleep duration patterns during pregnancy, their associated risk factors and birth outcomes. We used data from the French

prospective mother-child AuBE cohort study. The analysis included 200 women with data on sleep duration and various sleep troubles before and in the first, second and third trimester of pregnancy, age, term, parity, work and its duration, depression status and child's birth weight. We used a group-based trajectory modelling<sup>2</sup> to (i) identify sleep duration patterns during pregnancy; (ii) identify simultaneously time-stable factors, explaining differences between patterns, and time-dependent factors associated with variations within patterns; and (iii) study relationship between sleep patterns and both term and birth weight.

We identified three distinct sleep duration trajectories during pregnancy: short and decreasing (SD, i.e.  $< 6$  h 30 min/night, 10.8%), medium and decreasing (MD, i.e. 6 h 30 min–8 h/night, 57.6%) and long and increasing (LI, i.e.  $> 8$  h/night, 31.6%). Multivariate analyses showed factors associated with increased risk for SD trajectory were older age ( $P = 0.01$ ), specific sleep treatment ( $P = 0.08$ ) and depression ( $P = 0.09$ ). In this trajectory group, sleep duration during pregnancy was negatively associated with occurrence of nocturnal waking and/or early waking and/or and difficulties to fall asleep (IWD) ( $P < 10^{-4}$ ) but positively associated with naps ( $P = 0.06$ ). Depression was also positively associated with increased risk for LI trajectory ( $P = 0.04$ ), but work duration ( $P = 0.02$ ) was associated with a decreased risk. In this trajectory group, sleep duration during pregnancy was negatively associated with restless legs syndrome ( $P = 0.002$ ). In the MD trajectory group that served as reference for time-stable factors, sleep duration during pregnancy was negatively associated with IWD ( $P < 10^{-4}$ ) and pain ( $P = 0.03$ ). Moreover, mean term and birth weight for gestational age were lower for SD trajectory (35.2 WA and 2.3 kg) but also for LI (38.9 WA and 2.9 kg) compared with MD trajectory (39.9 WA and 3.3 kg).

We identified sleep trajectories among pregnant women with specific risk factors and risks for birth outcome. A better care of them could ameliorate both mother and child health.

**Disclosure of Interest:** None.

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#### FREE-6

##### The probiotics *Lactobacillus reuteri* DSM17938 and *Bifidobacterium longum* ATCC BAA-999 normalize sleep disturbances in prenatally stressed rats

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Excessive crying and/or sleeping alterations are frequent during infancy. Environmental stress and family psychosocial factors - including maternal stress and anxiety during pregnancy and *postpartum* - are strong predictors of infant sleep alterations and colic in humans and animal models.<sup>1-3</sup> This is possibly owing to subsequent alterations of infant reactivity to environmental cues. Behavioral management techniques can be effective but are often difficult for the parents to apply. Occasionally, drugs may be prescribed, but the efficiency of these drugs is variable and the risk of adverse side effects is high. Mounting evidence indicate that gut microbiota communicates with brain and thus modulate behavior.<sup>4</sup> In particular, *Lactobacillus reuteri* DSM17938 (Lr) had been shown to reduce crying time in colicky infants,<sup>5</sup> whereas *Bifidobacterium longum* ATCC BAA-999 (Bl) decreased anxiety-like behavior in mice models.<sup>6</sup> In that context, we aimed at investigating the therapeutic effect of both probiotics in an animal model of prenatal restraint stress, known to induce sleep disturbances in the offspring.<sup>7,8</sup> Pregnant female Sprague-Dawley rats were submitted to 45-min restraint stress, under a bright light, three times per day, the last 10 days of gestation.<sup>9</sup> Adult PRS male offspring were implanted with electrodes for polygraphic recordings of frontoparietal electroencephalogram (EEG), and nuchal electromyogram (EMG), and let to recover for 15 days. Then, rats received a daily gavage of Lr, Bl or placebo for 14 days, before recording of EEG and EMG activities during 24 h. Wake, NREM sleep or REM sleep duration and number of episodes were recorded. A group of control unstressed rats treated with placebo was used as reference. Lr and Bl normalize sleep/wake cycle duration and fragmentation. These probiotics may be of potential benefit in the management of sleep disorders, in particular those associated with perinatal stress.

**Disclosure of Interest:** None.

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## FREE-7

### A modeling approach of the developmental origin of type 2 diabetes through the modulation of the $\beta$ -cell mass

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Facing the epidemic of type 2 diabetes (DT2), research on the mechanisms underlying the development of DT2 has initiated a shift of paradigm in view of the DOHaD concept. Indeed, a deleterious fetal environment during critical windows of development, that is, pregnancy and/or lactation, alters the proliferation and/or the differentiation of pancreatic  $\beta$ -cells, leading to a critical decrease in  $\beta$ -cell mass at birth. As a consequence, insulin secretion and glucose homeostasis are compromised, leading to the development of diabetes at adulthood.<sup>1,2</sup>

The developmental process is a complex system involving non-linear interactions between components at different level and time scales. Mathematical modeling provides a powerful tool to make predictions on the behavior of the system under given hypothesis. Here we have built a mathematical model of the  $\beta$ -cell development to investigate the impact of an impaired  $\beta$ -cell mass on the risk of DT2. Our model uses a Hybrid Petri Net<sup>3</sup> approach that allows to take into account the stochasticity of both differentiation and proliferation processes and integrates differential equations for the modeling of glucose homeostasis and insulin dynamics.

Even if mathematical models of either pancreatic development<sup>4</sup> or insulin-glucose regulation<sup>5</sup> already exist, to the best of our knowledge, it is the first attempt that a model of the developmental origin of DT2 is proposed.

The predictions of our model are in good accordance with experimental data. Indeed, it predicts that impairment of differentiation or proliferation, during fetal life, leads to a decreased  $\beta$ -cell mass at birth that may not be compensated after birth. Furthermore, we show that the timing at which this impairment occurs differentially modulates  $\beta$ -cell mass. Finally, decreased mass has an impact on glucose regulation by insulin that may be unable to face an increase of glucose intake at adulthood.

**Disclosure of Interest:** None.

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### FREE-8

**Maternal protein restriction induces selective changes in tryptophan metabolism in the brain embryo that are apposite to those observed in adult animals born to and nursed by protein-restricted dams**

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It is clearly established that poor nutrition during early life is a predisposing factor for the development of cognitive and metabolic disorders in adulthood. However, there is almost no information about the cause and effect relationship between the lack of a specific nutrient during the critical stages of development and disease susceptibility later in life. Here we searched to define the potential role of tryptophan (Trp), as metabolic

programming factor. Trp is an essential amino acid that is metabolized through the serotonin (5-HT) and kynurenine pathways leading, respectively, to the synthesis of 5-HT and many other neuroactive compounds, including kynurenic (KA) and Xanthurenic (Xa) acids.<sup>1</sup> Liquid chromatography-tandem mass spectrometry was used to perform a quantitative analysis of the 5-HT and kynurenine metabolic pathways of tryptophan in the brain of 13-day-old embryos from protein-restricted (PR) dams as well as in several brain regions of adult animals (7 months), exposed to protein restriction during gestation and lactation. Maternal protein restriction markedly reduced the levels of Trp in the embryonic brains. Accordingly, the concentration of 5-HT was also reduced. Surprisingly, though the concentration of kynurenine was not altered by protein malnutrition, a significant reduction in the levels of all the end-products of the kynurenine pathway, with the exception of Xa, was found in the brain of PR embryos. In contrast, adult rats exposed to protein restriction during gestation and lactation exhibited enhanced concentration levels of Trp in the brain stem and cortex along with increased concentrations of 5-HT, kynurenine and Xa, but not of any other metabolites of the kynurenine pathway. These results show that early protein deficiency induces selective and long-lasting changes in brain tryptophan metabolism. Given the key regulatory function of 5-HT and kynurenine-derived metabolites on feeding, cognition and energy homeostasis,<sup>2</sup> these changes might play a role in metabolic programming.

**Disclosure of Interest:** None.

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### FREE-9

**Methyl donor deficiency during gestation and lactation produces hepatosteatosis and myocardium fibrosis in rat offspring fed a high-fat diet in adult life**

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Methyl donor deficiency (MDD) during pregnancy and lactation is an experimental model of fetal programming.<sup>1,2</sup> It produces a steatosis in the liver and myocardium that results, in part, from decreased fatty-acid oxidation.<sup>3,4</sup> The underlying

molecular mechanisms are related to a decreased expression of HNF4, ER $\alpha$  and ERR $\alpha$ , and a hypomethylation of PGC-1 $\alpha$ . The steatosis is reversible when the animals are fed subsequently a normal diet.<sup>1–4</sup>

This study evaluated the effects of MDD during gestation and lactation after two successive periods, normal diet between weaning and day 50 and subsequent exposure to high-fat (HF) diet in adult life.

Wistar female rats were assigned to a standard diet (C) or MDD (no folate and no vitamin B<sub>12</sub>) 1 month before pregnancy and during pregnancy and weaning. Pups received a normal diet after weaning, from days 21 to 50. At day 50, four groups were studied, C, MDD, C-HF (high fat) and MDD-HF. The animals were killed either at day 50 or day 180. We observed no morphological and metabolic abnormalities at day 50. In contrast with the other groups, the MDD-HF had a severe steato-hepatitis and severe inflammation and fibrosis in myocardium at day 180. The underlying mechanisms were related to increased expression of genes involved in inflammation, remodeling and fibrosis, including *tnfa*, *ila* and *ilb*, *vgfb*, *vegfa*, *agt*, *mmpp2*, *asma*, *cola1,2*, in RT-qPCR and western blotting.

In conclusion, MDD during gestation and lactation produces steato-hepatitis in animals subjected to HF diet during

adulthood, despite the recovery of a normal histological and metabolic presentation by a control diet between weaning and day 50. These results suggest investigating whether MDD during gestation and lactation is a risk factor of steato-hepatitis in subjects who are subsequently exposed to HF diet.

**Disclosure of Interest:** None.

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