New from CPD Online

CPD Online is an e-learning resource offered by the Royal College of Psychiatrists. The website contains a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health. College members may use CPD Online for up to 25 CPD points in the UK. Access to the modules is through annual subscription, but we offer a series of free trial modules. For more information, visit the CPD Online website: www.psychiatrycpd.org.

Recent modules and podcasts

**Quickbite module**  Severe and enduring eating disorders

The term ‘severe and enduring eating disorders’ (SEED) refers to long-term illness from anorexia nervosa or bulimia nervosa, with severe symptoms, a low chance of recovery and a history of treatment resistance. The needs of individuals with SEED are particularly complex, and they may require an approach to treatment that is different from standard eating disorder management strategies. This module discusses treatment approaches, risk assessment and monitoring, as well as factors such as physical complications, sense of identity, social isolation and stigma. **CPD credits: 0.5**

_podcast_ Pathways to sympathies for violent protest and terrorism

For some individuals, the support of violent extremism, and participation in such activity, is believed to be associated with radicalisation, yet little empirical research has been conducted into its relationship with mental illness. In this podcast, Professor Kamaldeep Bhui talks to Dr Raj Persaud about his latest research on the links between psychological problems and sympathies for violent protest and terrorism (SVPT) in a community-based sample. **CPD credits: 0.5**

_podcast_ Long-term outcomes for the offspring of depressed parents

The increased risk of psychological problems in the children of parents with depression has been widely studied, but less is known about their long-term outcomes. In this podcast, Professor Myrna Weissman talks to Raj Persaud about the results of a 30-year follow-up study into the biological offspring of such parents. **CPD credits: 0.5**