

# The Psychiatry Book I Need in My Life!

Enter the competition

Deadline: 14 May 2023

Medical students, psychiatric trainees and SAS doctors are encouraged to send a proposal of a book they would like to see in their psychiatry journey or a book they would have found helpful as a trainee.

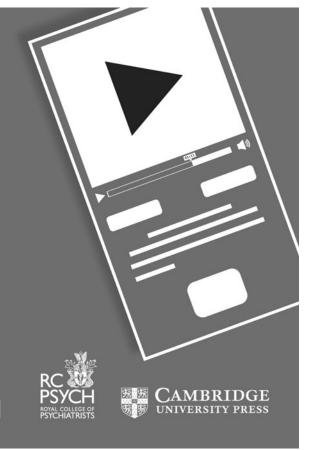
**PRIZE INCLUDES** a £50 Cambridge University Press book voucher, a certificate and mentoring from a Books Committee member to submit a proposal.



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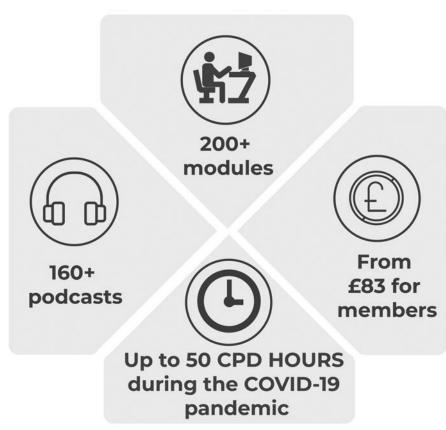
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On behalf of the editorial board, the Editor-in-Chief would like to thank the contribution of all peer reviewers in the period from January 2022 – December 2022. Their anonymous work for the journal forms the foundation to its success, and is highly appreciated. Please see full list at: https://doi.org/10.1192/bja.2023.5

Many treatments in psychiatry have proven efficacy and known side effects. However, clear, understandable and scientific explanations of their actions are thin on the ground. Exploration of drug actions at the fundamental level of the receptor can provide valuable insights for the treating physician. This BJPsych Advances Biological Psychiatry special issue aims to provide theoretical underpinnings that might assist clinicians in making decisions particularly about doses of antipsychotics - including partial agonists - either alone or in combinations. The issue includes an article written by Laith Alexander and Allan H. Young "Recent advances in the psychopharmacology of major depressive disorder" highlighting some of the recent advances in the psychopharmacology of major depressive disorder (MDD). They synthesise evidence on emerging pharmacological therapies targeting the serotonergic system. including the antidepressant effects of vortioxetine and psilocybin.

### Cover image

Cluster of psilocybe cubensis mushrooms growing on mycelium

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