hurt my ears. I had thought that only humans could speak, so I was surprised that the violets were using words to communicate. They were all like human faces looking at me. I was so terrified that my legs began shaking' (p. 62).

She later experienced palinopsia, visual distortions and transformations, and intensely vivid visual hallucinations.

In this autobiography, Kusama writes lyrically, deploying poetic language and images, with utmost honesty and frankness about her life, the motivating force of her art, and explaining as far as words permit the sources and guiding principles of her art. She is an unusual person, not only gifted but able to speak of her artistic creations. Her life, and the place of abnormal experiences and phenomena in her art, are both of interest to

psychiatrists. Despite living in a psychiatric institution for close to 40 years, she continues to write and to make art of the highest quality. Her writing is lucid and her ideas, even when off the beaten track, are always exciting and challenging. Her work undermines the notion that severe mental illness is incompatible with art of the highest standard.

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## advances in psychiatric treatment



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