## P03-232

## OVER WARMING SYNDROME IN ADULTS

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**Clinical significance:** This article implicates that doctors must know the Over Warming Syndrome in Adults' harmful effects, its clinical managements, imperative importance to prevent other critical diseases attacks. So that the doctors can do patient and normal people education, counsel about the new syndrome, enhance people's health level and quality of life.

**Objectives:** Name a new kind of syndrome, in order to provide new methods of thinking and behavior for doctors to well diagnose, prevent, and treat the syndrome and other diseases and for doctors to do patient education and counseling. **Method:** Summarize author of this paper the self-experiences about this syndrome's clinical medicine.

**Results:** The etiology, clinical symptoms, mechanism, diagnosis, treatment and prevention of this new syndrome are easy to understand by the doctors. Which like the symptoms of the dehydration caused by over warming.

**Conclusions:** It is very important to name and understand this new syndrome for enhancing the human-being's health level and quality of life, preventing the human-being from development of other critical diseases. which is much too worth to be spread.