CPD Online is an e-learning resource offered by the Royal College of Psychiatrists. The website contains a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health. College members may use CPD Online for up to 25 CPD points in the UK. Access to the modules is through annual subscription, but we offer a series of free trial modules. For more information, visit the CPD Online website: www.psychiatrycpd.org.

Recent modules and podcasts

**Podcast** The psychology of agency and control

How much control do we have over our own lives? What role does the unconscious play in our decision-making? Psychologist Magda Osman talks to Raj Persaud about these matters and the various studies that have been conducted concerning agency and control. **CPD credits: 0.5**

**Delirium in older people: assessment and management**

Delirium is one of the oldest disorders known to medicine. It is an extremely common condition, particularly in general hospitals, occurring in up to 50% of older in-patients. Despite its clinical implications, delirium is often not detected or is misdiagnosed as dementia or other mental health conditions such as depression. This module focuses on delirium in older people, covering its prevalence, clinical features, risk factors and effective management. **CPD credits: 1**

**Problem psychiatrists: Part 2 – understanding and managing poor performance**

Local complaints and problems are becoming much more common and it follows that all psychiatrists should be able to respond to their own referral or the referral of a colleague to the GMC. This module applies the lessons from Part 1, with an emphasis on implementing national policy. It also further develops some of the skills and habits of mind that are useful and effective in understanding and managing performance concerns. **CPD credits: 1**

**Podcast** Virtual reality in psychological interventions

Will therapists one day be replaced by virtual reality technology? Raj Persaud talks to psychologists Wesley Turner and Leanne Casey, who have conducted a meta-analysis of outcomes associated with clinical virtual reality randomised controlled trials. **CPD credits: 0.5**