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PSYCHOTHERAPY TRAINING. HOW CAN SKILLS BE ASSESSED?

A. Lindhardt

Psychiatric Center Rigshospitalet 6212, Mental Health Services in Copenhagen, Copenhagen, Denmark

Aims: Psychotherapy training is a sensitive treatment based upon the confidence between therapist and patient. And a specific focus on ethical conduct is needed because of the dependency relation which to a certain degree is a therapeutic tool. different types of psychotherapy requires different assessment and evaluation techniques. from listening to audiotapes, the use of video tapes, and supervision based on process notes. The advantages and draw back of different techniques will be discussed and the recommendations from UEMS on psychotherapy training will be included in the presentation