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IMPROVEMENT IN PATIENT SYMPTOMS AND FUNCTIONING DURING LONG-TERM TREATMENT WITH OLANZAPINE LONG-ACTING INJECTION (OLAI)

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Introduction, objectives and aims: To evaluate the outcome of patients with schizophrenia during maintenance treatment with OLAI.

Methods: Data from three studies with OLAI were pooled and patients classified according to a cluster analysis [Lipkovich, Psychiatry Res, 2009] into five categories according severity of psychiatric symptoms (sx) and functional impairment (imp):

A (minimal sx/mild imp),

B (minimal sx/moderate imp),

C (moderate sx/mild to moderate imp),

D (moderate sx/severe imp),

E (moderate to severe sx/severe imp).

Improvement was defined as a change from B or C to A, or from D or E to A, B or C. Changes between the categories in the 6 months were analyzed. Stepwise logistic regression modeling was done to determine factors associated with improvement. Results: 1182 patients were classified. Patients who remained in the studies at 6 months had lower baseline CGI-S (3.04 vs 3.28, p< 0.001), lower PANSS (61.38 vs 64.05, p=0.012) and higher QLS (1.76 vs 1.39, p= 0.001). (Table 1) As patients in category A couldn't improve and in category D&E couldn't worsen, 261(39%) patients from categories B, C, D and E improved and only 55(10%) from categories A, B and C got worse during 6 months. Baseline factors associated with improvement were: baseline category (p< 0.001), CGI-S score (p=0.022), and PANSS positive (p=0.003)

Conclusions: Majority of patients with schizophrenia who stay on 6 months treatment with OLAI improve or maintain their symptoms and functioning level. The strongest factor associated with a higher chance of improvement was poor baseline category.

At baseli ne	Patien ts in catego ry	PANS S total mean (SD)		Classificat ion at 6 (±1) months A	Classificat ion at 6 (±1) months B	Classificat ion at 6 (±1) months C	Classificat ion at 6 (±1) months D	Classificat ion at 6 (±1) months E	6 mont hs drop- outs
A	162 (14%)	46 (9)	3.9 (1.1)	86	26	7	0	0	34 (21%)
В	434 (37%)	55 (11)	0.8 (1.2)	61	210	9	12	1	121 (28%)
С	208 (18%)	65 (13)	3.6 (1.2)	68	16	61	8	1	48 (23%)
D	303 (36%)	72 (11)	0.6 (10)	14	80	18	62	2	115 (38%)