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Vernix Caseo Granulomatous Meningitis
(Vernicomyelia)

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ABSTRACT: An apneic and tetraplegic infant with an open lumbosacral myelomeningocele and an Arnold-Chiari malformation is reviewed. An exuberant chronic aseptic meningitis with foreign body giant cells and immunoreactive keratin was present around the spinal cord and brainstem. This paper discusses the recognition and role of granulomatous meningitis in the clinical course and in the pathogenesis of the unusual cerebellar abnormalities found in this infant.


Vernix caseo granulomatous meningitis is rare in infants with dysraphic conditions. This paper reports an unusual case involving an open lumbosacral myelomeningocele, the Arnold-Chiari malformation and an intense leptomeningitis secondary to amniotic sac contents around the spinal cord and brainstem.

CASE REPORT

This baby boy was born at 37 weeks’ gestation to a 31-year-old primigravida mother. The birth followed surgical rupture of the membranes and a vaginal forceps-assisted delivery. Fetal lumbosacral myelomeningocele had been diagnosed by ultrasound scan at 32 weeks’ gestation. The fetal karyotype on amniocentesis was normal male, 46 XY. A maternal TORCH screen was negative.

At birth, the baby weighed 3,000 grams. The head circumference was 31 cm. The Apgar scores were 3 and 7. He was apneic and required immediate intubation and ventilation.

A 1-cm myelomeningocele defect was present in the lumbosacral spine. It was open and had no accompanying sac. The baby was flaccid from the outset. Arm movements were absent and, although there were reports of spontaneous lower extremity movements, the only leg movements obtained were those elicited by direct stimulation. He was otherwise neurologically unresponsive. Computerized tomography (CT) of the head showed decreased attenuation in the regions of the basal ganglia and cerebral white matter. Craniolacunia and an enlarged foramen magnum were consistent with Arnold-Chiari malformation.

The open myelomeningocele was repaired on day one and a small diastometamyelic bone spur was removed. A tight CSF closure was obtained. Postoperatively, the baby remained ventilator-dependent. No spontaneous movements were present.

A CT scan on day three showed increasing ventriculomegaly and some resolution of the decreased attenuation in the region of the deep cerebral white matter and basal ganglia. The baby could not sustain ventilation without respiratory support and on the fifth day, supportive measures were withdrawn with the parents’ consent. He died shortly thereafter and an autopsy was performed.

POSTMORTEM EXAMINATION

The only general autopsy abnormality was a nonfixation of the mesentery with the ileocecal region in the left upper quadrant. A surgical incision was seen at the repair of the myelomeningocele. A careful examination revealed no sinus tract over the head, neck or back.

The brain in the fresh state weighed 292.8 grams (normal for age, 358 grams). There was generalized polygyria. The cerebral cortex, white matter and deep cerebral nuclei appeared grossly normal. Moderate ventriculomegaly was present with an elongated and narrowed but patent cerebral aqueduct. The surface of the brainstem and cerebellum was softened and gray. The cerebellum was grossly malformed. It was hypoplastic and asymmetrical with a small left cerebellar hemisphere, absent right hemisphere and a rudimentary vermis. The pons was hypoplastic and small in relation to the medulla. The cerebellar remnant, dorsal medulla and fourth ventricle were displaced caudally below the foramen magnum with a resulting dorsal kink in the cervicomедullary junction. The dura was tightly adherent to the...
underlying leptomeninges through an irregular greenish-gray subdural membrane along the entire length of the spinal cord. Microscopic examination confirmed the presence of a myelomeningocele with distorted cord parenchyma associated with mild hydromyelia in the thoracolumbar spinal cord. An intense inflammatory reaction was present in the subarachnoid and subdural space around the spinal cord and in the leptomeninges around the brainstem and cerebellum (Figure 1). The inflammatory infiltrate was chronic, with lymphocytes, macrophages and foreign body giant cells, and appeared to have developed in response to numerous desquamated squamous cells and keratinous debris, which demonstrated striking positivity by the keratin immunohistochemical method (Figure 2). Gram and fungal stains were negative.

The cerebellar hypoplasia and asymmetry, caudal descent of the cerebellar remnant, dorsal medulla, and open part of the fourth ventricle were confirmed on microscopic examination. The ventral medulla and upper cervical cord appeared compressed and gliotic. The latter was highlighted by the glial fibrillary acidic protein immunostain, which demonstrated an increasing gradient of gliosis in the brain stem which was greatest at the lower medulla and upper cervical junction.

Microscopic examination of the supratentorial structures was unremarkable. The leptomeninges over the cerebrum and the ependymal lining of the ventricles were free of inflammation.

**DISCUSSION**

The finding of amniotic sac contents (squamous cells, lanugo hair and mucus) in the spinal subarachnoid space and the spinal cord in infants with an Arnold-Chiari malformation and a lumbar myelomeningocele was first reported by Jacobs et al in 1961. The keratinous debris was accompanied by a granulomatous foreign body giant cell reaction in the leptomeninges. Jacobs et al proposed the term “vernicomyelia” for this lesion. In their series, six of 24 infants, all aged three months or less, had vernicomyelia. Hydrocephalus was present in all six affected infants, cerebellar malformation in five, hydromyelia in three and rachischisis in one. The present case also had hydrocephalus, cerebellar malformation and hydromyelia. Jacobs et al did not report extension of the leptomeningitis to the level of the brainstem in any of their six cases.

Correa-Restrepo et al presented a similar case of an infant with apneic spells, laryngeal stridor and pharyngeal paralysis who succumbed to apneic episodes on the ninth day of life. Their patient had an open lumbar myelomeningocele, marked cerebellar and less severe pontine hypoplasia, hydrocephalus and a vernix caseo granulomatous meningitis around the spinal cord and brain stem. The cerebellar maldevelopment without an Arnold-Chiari malformation in their case and the severe cerebellar abnormality disproportionate to that usually seen in the Arnold-Chiari malformation in our case, make it tempting to speculate on the role of direct or indirect vascular ischemic injury in the pathogenesis of the cerebellar lesions by the keratin-induced meningitis around the brainstem and cerebellum.

It is well known that keratin and similar material rich in lipids and cholesterol have an intensely irritating effect on the meninges. Spillage of such contents from lesions containing them, into the subarachnoid space, can result in acute, relapsing and chronic meningitis and can cause widespread damage, including necrosis of the nervous system. The latter might be a direct toxic effect of the material or, because of vascular occlusion and infarction, secondary to the chronic granulomatous meningitis. A direct toxic effect of keratin and cholesterol on the brain has been suggested, but remains to be proven. A role for keratin and lipids has also been suspected in the further degeneration of the area cerebrovasculosa, which is bathed by amniotic fluid, in the anencephalic fetus.

The severe cerebellar abnormality seen in our patient may have resulted from the pathogenetic factors usually cited in the Arnold-Chiari malformation, which have recently been reviewed. In addition, our case raises the possibility of aseptic meningitis, secondary to amniotic sac contents, causing antenatal damage to the developing nervous system in an infant with an Arnold-Chiari malformation and an open myelomeningocele.
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REFERENCES