# REMARKS ON JAMES'S DISTORTION THEOREMS II 

Patrick N. Dowling, Narcisse Randrianantoanina and Barry Turett


#### Abstract

If a Banach space $X$ contains a complemented subspace isomorphic to $\ell^{1}$ and if $\varepsilon>0$, then there exists a subspace $Y$ of $X$ and a projection $P$ from $X$ onto $Y$ such that $Y$ is $(1+\varepsilon)$-isometric to $\ell^{1}$ and $\|P\| \leqslant 1+\varepsilon$. A stronger result for $c_{0}$ is proved for Banach spaces whose dual unit ball is weak* sequentially compact.


## 1. Introduction

In [4], the authors prove that if a Banach space $X$ contains a complemented copy of $\ell^{1}$ (respectively, $c_{0}$ ) and if $\varepsilon>0$, then $X$ contains a complemented ( $1+\varepsilon$ )-isometric copy of $\ell^{1}$ (respectively, $c_{0}$ ). This means that if $X$ contains a complemented copy of $\ell^{1}$ (respectively, $c_{0}$ ), then $X$ contains almost isometric complemented copies of $\ell^{1}$ (respectively, $c_{0}$ ). A natural question to ask is whether one can improve not only the quality of the copy of $\ell^{1}$ or $c_{0}$, but whether one can also improve the quality of the projection? More precisely, if a Banach space $X$ contains a complemented copy of $\ell^{1}$ (respectively, $c_{0}$ ) and if $\varepsilon>0$, does there exist a subspace $Z$ of $X$ and a projection $P$ from $X$ onto $Z$ such that $Z$ is $(1+\varepsilon)$-isometric to $\ell^{1}$ (respectively, $c_{0}$ ) and $\|P\| \leqslant 1+\varepsilon$ ? The aim of this note is to show that the answer is yes in the $\ell^{1}$ case. We also show that if a Banach space $X$ contains a copy of $c_{0}$ and if the unit ball of $X^{*}$ is weak* sequentially compact then, for each $\varepsilon>0$, there exists a subspace $Z$ of $X$ and a projection $P$ from $X$ onto $Z$ such that $X$ is $(1+\varepsilon)$-isometric to $c_{0}$ and $\|P\| \leqslant 1+\varepsilon$. This can be viewed as an extension of a classical result of Sobczyk [11].

## 2. The results

The first result in this section provides a method for recognising when a Banach space has a complemented copy of $\ell^{1}$ with a good projection constant. Our notation is standard and we refer the reader to the texts of Diestel [3] and Lindenstrauss and Tzafriri [8] for any unexplained terms.

[^0]Lemma 1. Let $0<\varepsilon<1$ and let $\left(e_{n}\right)_{n}$ denote the standard unit vector basis of $\ell^{1}$. Suppose that $X$ is a Banach space, that $T: X \rightarrow \ell^{1}$ is a bounded linear operator with $\|T\| \leqslant 1$, and that $\left(x_{n}\right)_{n}$ is a sequence in the unit ball of $X$ satisfying $\left\|T x_{n}-e_{n}\right\|<\varepsilon$ for all $n \in \mathbb{N}$. Then there exists a subspace $Z$ of $X$ and a projection $P$ from $X$ onto $Z$ such that $Z$ is $1 /(1-\varepsilon)$-isometric to $\ell^{1}$ and $\|P\| \leqslant 1 /(1-\varepsilon)$.

Proof: Let $\left(a_{n}\right)_{n} \in \ell^{1}$. Since $\left\|x_{n}\right\| \leqslant 1$ for all $n \in \mathbb{N}$,

$$
\left\|\sum_{n=1}^{\infty} a_{n} x_{n}\right\| \leqslant \sum_{n=1}^{\infty}\left|a_{n}\right|\left\|x_{n}\right\| \leqslant \sum_{n=1}^{\infty}\left|a_{n}\right| .
$$

Also, since $\|T\| \leqslant 1$, we have

$$
\begin{aligned}
\left\|\sum_{n=1}^{\infty} a_{n} x_{n}\right\| & \geqslant\left\|T\left(\sum_{n=1}^{\infty} a_{n} x_{n}\right)\right\| \\
& =\left\|\sum_{n=1}^{\infty} a_{n} T x_{n}\right\| \\
& \geqslant\left\|\sum_{n=1}^{\infty} a_{n} e_{n}\right\|-\left\|\sum_{n=1}^{\infty} a_{n}\left(T x_{n}-e_{n}\right)\right\| \\
& \geqslant \sum_{n=1}^{\infty}\left|a_{n}\right|-\sum_{n=1}^{\infty}\left|a_{n}\right|\left\|T x_{n}-e_{n}\right\| \\
& \geqslant(1-\varepsilon) \sum_{n=1}^{\infty}\left|a_{n}\right|
\end{aligned}
$$

Thus $(1-\varepsilon) \sum_{n=1}^{\infty}\left|a_{n}\right| \leqslant\left\|\sum_{n=1}^{\infty} a_{n} x_{n}\right\| \leqslant \sum_{n=1}^{\infty}\left|a_{n}\right|$ for all $\left(a_{n}\right)_{n} \in \ell^{1}$. Therefore the Banach space $Z=\overline{\operatorname{span}}\left\{x_{n}: n \in \mathbb{N}\right\}$ is $1 /(1-\varepsilon)$-isometric to $\ell^{1}$.

Define a bounded linear operator $S: \ell^{1} \rightarrow X$ by $S\left(\left(a_{n}\right)_{n}\right)=\sum_{n=1}^{\infty} a_{n} x_{n}$ for all $\left(a_{n}\right)_{n} \in \ell^{1}$. Clearly $\|S\| \leqslant 1$, and so the operator $T S: \ell^{1} \rightarrow \ell^{1}$ satisfies $\|T S\| \leqslant 1$. Also, for $\left(a_{n}\right)_{n} \in \ell^{1}$,

$$
\left\|T S\left(\left(a_{n}\right)_{n}\right)\right\|=\left\|T\left(\sum_{n=1}^{\infty} a_{n} x_{n}\right)\right\|=\left\|\sum_{n=1}^{\infty} a_{n} T x_{n}\right\| \geqslant(1-\varepsilon) \sum_{n=1}^{\infty}\left|a_{n}\right| .
$$

Therefore $T S$ is an isomorphism and $\left\|(T S)^{-1}\right\| \leqslant 1 /(1-\varepsilon)$. Note also, with $I$ denoting the identity map on $\ell^{1}$, that since $\|I-T S\|<1,(T S)^{-1}=\sum_{n=0}^{\infty}(I-T S)^{n}$. This implies that the domain of $(T S)^{-1}$ is all of $\ell^{1}$. Define $P: X \rightarrow X$ by $P=S(T S)^{-1} T$.

It is easily seen that $P$ is a projection of $X$ onto $Z$ and $\|P\| \leqslant\|S\|\left\|(T S)^{-1}\right\|\|T\|$ $\leqslant 1 /(1-\varepsilon)$. This completes the proof.

For our next result, Theorem 5, we need the following three ingredients.
LEMMA 2. [1] Let $\left(x_{n}\right)_{n}$ be a basic sequence in an infinite dimensional Banach space $X$. Then there is a block basic sequence $\left(y_{n}\right)_{n}$ of $\left(x_{n}\right)$ and a sequence of functionals $\left(y_{n}^{*}\right)_{n}$ in $X^{*}$ which form a unit biorthogonal system of $X$. That is, for each $n \in \mathbb{N},\left\|y_{n}\right\|=\left\|y_{n}^{*}\right\|=y_{n}^{*}\left(y_{n}\right)=1$ and $y_{n}^{*}\left(y_{m}\right)=0$ for all $m \neq n$.

Theorem 3. $[3,7,8]$ Let $X$ be a separable infinite dimensional Banach space. If $\left(x_{n}^{*}\right)_{n}$ is a weak* null normalised sequence in $X^{*}$, then $\left(x_{n}^{*}\right)_{n}$ has a subsequence $\left(y_{n}^{*}\right)_{n}$ which is a weak* basic sequence.

Theorem 4. [5] Let $X$ be a Banach space and let $X_{0}$ be a separable subspace of $X$. Then there exists a separable subspace $Z$ of $X$ which contains $X_{0}$, and an isometric embedding $J: Z^{*} \rightarrow X^{*}$ such that $\left(J\left(z^{*}\right)\right)(z)=z^{*}(z)$ for all $z \in Z$ and $z^{*} \in Z^{*}$.

Theorem 5. Let $X$ be a Banach space which contains a complemented subspace isomorphic to $\ell^{1}$ and let $\varepsilon>0$. Then there exists a subspace $Y$ of $X$ and a projection $P$ from $X$ onto $Y$ such that $Y$ is $(1+\varepsilon)$-isometric to $\ell^{1}$ and $\|P\| \leqslant 1+\varepsilon$.

Proof: We shall consider the case where $X$ is a separable Banach space containing a complemented subspace isomorphic to $\ell^{1}$. Then, by the Bessaga-Pełczyński Theorem [3], $X^{*}$ contains a subspace isomorphic to $c_{0}$. Let $\delta=\varepsilon /(1+2 \varepsilon)$. By the James Distortion Theorem $[3,6,8]$, there is a sequence $\left(x_{n}^{*}\right)_{n}$ in $X^{*}$ such that

$$
(1-\delta) \sup _{n}\left|a_{n}\right| \leqslant\left\|\sum_{n} a_{n} x_{n}^{*}\right\| \leqslant \sup _{n}\left|a_{n}\right| \quad \text { for all }\left(a_{n}\right)_{n} \in c_{0} .
$$

Since $\left(x_{n}^{*}\right)_{n}$ is a basic sequence in $X^{*}$, there is a block basic sequence $\left(y_{n}^{*}\right)_{n}$ of $\left(x_{n}^{*}\right)_{n}$ and a sequence $\left(y_{n}^{* *}\right)_{n}$ in $X^{* *}$ such that for each $n \in \mathbb{N},\left\|y_{n}^{*}\right\|=\left\|y_{n}^{* *}\right\|=y_{n}^{* *}\left(y_{n}^{*}\right)=1$ and $y_{n}^{* *}\left(y_{m}^{*}\right)=0$ for all $m \neq n$, by Lemma 2. Hence there is a strictly increasing sequence of integers, $\left(k_{n}\right)_{n=0}^{\infty}$ with $k_{0}=0$, and scalars, $\alpha_{j}^{(n)}$, where $k_{n-1}+1 \leqslant j \leqslant k_{n}$ for $n \in \mathbb{N}$, so that

$$
y_{n}^{*}=\sum_{j=k_{n-1}+1}^{k_{n}} \alpha_{j}^{(n)} x_{j}^{*}
$$

Since $\left\|y_{n}^{*}\right\|=1$, we get that $\left|\alpha_{j}^{(n)}\right| \leqslant 1 /(1-\delta)$, for all $n \in \mathbb{N}$ and $k_{n-1}<j \leqslant k_{n}$. For
each $n \in \mathbb{N}$, define $z_{n}^{*}=(1-\delta) y_{n}^{*}$. Then, for all $\left(a_{n}\right)_{n} \in c_{0}$,

$$
\begin{aligned}
\left\|\sum_{n} a_{n} z_{n}^{*}\right\| & =(1-\delta)\left\|\sum_{n} a_{n} y_{n}^{*}\right\| \\
& =(1-\delta)\left\|\sum_{n} \sum_{j=k_{n-1}+1}^{k_{n}} a_{n} \alpha_{j}^{(n)} x_{j}^{*}\right\| \\
& \leqslant(1-\delta) \sup _{n} \sup _{k_{n-1}<j \leqslant k_{n}}\left|a_{n} \alpha_{j}^{(n)}\right| \\
& \leqslant \sup _{n}\left|a_{n}\right| .
\end{aligned}
$$

Since $\left(x_{n}^{*}\right)_{n}$ is equivalent to the unit vector basis of $c_{0}$ and since $\left(y_{n}^{*}\right)_{n}$ is a block basis of $\left(x_{n}^{*}\right)_{n},\left(y_{n}^{*}\right)_{n}$ is equivalent to the unit vector basis of $c_{0}$. Hence $\left(y_{n}^{*}\right)_{n}$ is a weak* null normalised sequence in $X^{*}$. By Theorem $3,\left(y_{n}^{*}\right)_{n}$ has a subsequence (again denoted by $\left(y_{n}^{*}\right)_{n}$ ) which is weak* basic. By the (assumed) separability of $X$ and the construction of this subsequence [8, pages 11-12], there is a bounded linear operator $T: X \rightarrow\left(\overline{\operatorname{span}}\left\{y_{n}^{*}: n \in \mathbb{N}\right\}\right)^{*}$, given by $T(x)\left(y^{*}\right)=y^{*}(x)$, for all $x \in X$ and $y^{*} \in \overline{\operatorname{span}}\left\{y_{n}^{*}: n \in \mathbb{N}\right\}$. We note that $\|T\| \leqslant 1$. Moreover, this operator has the property that for each $\eta>0$ and $y^{* *} \in \operatorname{span}\left\{y_{n}^{* *}: n \in \mathbb{N}\right\}$ with $\left\|y^{* *}\right\|=1$, there is $x \in X$ with $\|x\|=1$ and $\left\|T x-y^{* *}\right\|<\eta$. In particular, for each $n \in \mathbb{N}$, there is $x_{n} \in X$ with $\left\|x_{n}\right\|=1$ and $\left\|T x_{n}-y_{n}^{* *}\right\|<\left(\varepsilon^{2} /(1+\varepsilon)(1+2 \varepsilon)\right)$.

Define an operator $\Theta:\left(\overline{\operatorname{span}}\left\{y_{n}^{*}: n \in \mathbb{N}\right\}\right)^{*} \rightarrow \ell^{1}$ by $\Theta\left(y^{* *}\right)=\left(y^{* *}\left(z_{n}^{*}\right)\right)_{n}$. Note that for each $m \in \mathbb{N}$ we have $\Theta\left(y_{m}^{* *}\right)=\left(y_{m}^{* *}\left(z_{n}^{*}\right)\right)_{n}=(1-\delta)\left(y_{m}^{* *}\left(y_{n}^{*}\right)\right)_{n}=(1-\delta) e_{m}$. Also

$$
\begin{aligned}
\|\Theta\| & =\sup \left\{\left\|\Theta\left(y^{* *}\right)\right\|: y^{* *} \in\left(\overline{\operatorname{span}}\left\{y_{n}^{*}: n \in \mathbb{N}\right\}\right)^{*},\left\|y^{* *}\right\|=1\right\} \\
& =\sup \left\{\sum_{n=1}^{\infty}\left|y^{* *}\left(z_{n}^{*}\right)\right|:\left\|y^{* *}\right\|=1\right\} \\
& =\sup \left\{\sum_{n \in \Delta}\left|y^{* *}\left(z_{n}^{*}\right)\right|:\left\|y^{* *}\right\|=1 \text { and } \Delta \text { is a finite subset of } \mathbb{N}\right\} \\
& =\sup \left\{\left\|\sum_{n \in \Delta} \theta_{n} z_{n}^{*}\right\|: \Delta \text { is a finite subset of } \mathbb{N} \text { and }\left|\theta_{n}\right|=1 \text { for all } n \in \Delta\right\}
\end{aligned}
$$

$\leqslant 1$.

Define $S: X \rightarrow \ell^{1}$ by $S=\Theta T$. Then $\|S\| \leqslant\|\Theta\|\|T\| \leqslant 1$. Moreover, for each $n \in \mathbb{N}$

$$
\begin{aligned}
\left\|S x_{n}-e_{n}\right\| & =\left\|\Theta\left(T x_{n}\right)-e_{n}\right\| \\
& =\left\|\Theta\left(T x_{n}-y_{n}^{* *}\right)+\Theta\left(y_{n}^{* *}\right)-e_{n}\right\| \\
& \leqslant\|\Theta\|\left\|T x_{n}-y_{n}^{* *}\right\|+\left\|\Theta\left(y_{n}^{* *}\right)-e_{n}\right\| \\
& <\frac{\varepsilon^{2}}{(1+\varepsilon)(1+2 \varepsilon)}+\left\|(1-\delta) e_{n}-e_{n}\right\| \\
& =\frac{\varepsilon^{2}}{(1+\varepsilon)(1+2 \varepsilon)}+\delta=\frac{\varepsilon}{1+\varepsilon} .
\end{aligned}
$$

The proof is complete by an application of Lemma 1.
For the general case, since $X$ contains a complemented copy of $\ell^{1}, X^{*}$ contains a copy of $c_{0}$. Therefore, by the James Distortion Theorem, there is a sequence $\left(x_{n}^{*}\right)_{n}$ in $X^{*}$ such that

$$
(1-\delta) \sup _{n}\left|a_{n}\right| \leqslant\left\|\sum_{n} a_{n} x_{n}^{*}\right\| \leqslant \sup _{n}\left|a_{n}\right| \quad \text { for all }\left(a_{n}\right)_{n} \in c_{0}
$$

where $\delta=\varepsilon /(1+2 \varepsilon)$. Define $Z=\overline{\operatorname{span}}\left\{x_{n}^{*}: n \in \mathbb{N}\right\}$. Then $Z$ is a separable subspace of $X^{*}$. Let $\left\{z_{n}: n \in \mathbb{N}\right\}$ be a countable dense subset of the unit ball of $Z$. For each $n \in \mathbb{N}$, choose a sequence $\left(x_{n, k}\right)_{k}$ in the unit ball of $X$ such that $\left\|z_{n}\right\|=\lim _{k \rightarrow \infty} z_{n}\left(x_{n, k}\right)$. Define $Y=\overline{\operatorname{span}}\left\{x_{n, k}: n, k \in \mathbb{N}\right\}$. Clearly $Y$ is a separable subspace of $X$ and hence, by Theorem 4, there is a separable subspace $Y_{1}$ of $X$ which contains $Y$ and there is an isometric embedding $J: Y_{1}^{*} \rightarrow X^{*}$ satisfying $\left(J y^{*}\right)(y)=y^{*}(y)$ for all $y^{*} \in Y_{1}^{*}$ and $y \in Y_{1}$.

Clearly from the construction of $Y_{1}, Z$ is isometric to a subspace of $Y_{1}^{*}$. Hence $Y_{1}^{*}$ contains an isomorphic copy of $c_{0}$. Therefore, since $Y_{1}$ is separable, the first part of the proof says there is an operator $S: Y_{1} \rightarrow \ell^{1}$ with $\|S\| \leqslant 1$ and there is a sequence $\left(y_{n}\right)_{n}$ in the unit ball of $Y_{1}$ with $\left\|S y_{n}-e_{n}\right\|<\varepsilon$ for each $n \in \mathbb{N}$. By [3, page 114], there is a weakly unconditionally Cauchy series $\sum_{n} y_{n}^{*}$ in $Y_{1}^{*}$ so that $S(y)=\left(y_{n}^{*}(y)\right)_{n}$ for all $y \in Y_{1}$. Moreover,

$$
\|S\|=\sup \left\{\left\|\sum_{n \in \Delta} \theta_{n} y_{n}^{*}\right\|: \Delta \text { is a finite subset of } \mathbb{N} \text { and }\left|\theta_{n}\right|=1 \text { for all } n \in \Delta\right\} .
$$

For each $n \in \mathbb{N}$, define $x_{n}^{*}=J\left(y_{n}^{*}\right)$. Since $J$ is an isometric embedding, $\sum_{n} x_{n}^{*}$ is a weakly unconditionally Cauchy series in $X^{*}$ and the operator $S_{0}: X \rightarrow \ell^{1}$ defined by $S_{0}(x)=\left(x_{n}^{*}(x)\right)_{n}$, for all $x \in X$, satisfies $\left\|S_{0}\right\|=\|S\| \leqslant 1$. Also, for each $y \in Y_{1}$,

$$
S_{0}(y)=\left(x_{n}^{*}(y)\right)_{n}=\left(J\left(y_{n}^{*}\right)(y)\right)_{n}=\left(y_{n}^{*}(y)\right)_{n}=S(y)
$$

Therefore, $\left\|S_{0}\left(y_{n}\right)-e_{n}\right\|<\varepsilon$ for all $n \in \mathbb{N}$, and so an application of Lemma 1 completes the proof.

Remark. [4, Corollary 3] states that if a dual Banach space contains a subspace isomorphic to $\ell^{\infty}$, then it contains almost isometric copies of $\ell^{\infty}$. This result is true in general Banach spaces by a result of Partington [10]. However, the proof of the result in [4] is incorrect, but an application of Theorem 5 can be used to "fix" the proof. The authors wish to thank Dirk Werner for informing them of the error in the proof of $[4$, Corollary 3].

Sobczyk's Theorem states that if a separable Banach space $X$ contains a subspace $Y$ isometric to $c_{0}$, then there exists a projection of norm less than or equal to 2 from $X$ onto $Y$ [8, Theorem 2.f.5]. In view of a result of Taylor [12, p. 547] that every projection from $c$ onto its subspace $c_{0}$ has norm at least two, the projection constant in Sobczyk's Theorem cannot in general be improved. However, if one considers Sobczyk's and Taylor's results in the spirit of Theorem 5, it is reasonable to ask, given a separable Banach space $X$ that contains a subspace isometric to $c_{0}$, whether there exist other subspaces of $X$ isometric to $c_{0}$ on which the norms of the projections are less than 2. The second statement in the next result gives as nice a positive answer to this question as one could hope for.

ThEOREM 6. Let $X$ be a Banach space whose dual unit ball is weak* sequentially compact and let $\varepsilon>0$. If $X$ contains a subspace isomorphic to $c_{0}$, then there exists a subspace $Z$ of $X$ and a projection $P$ from $X$ onto $Z$ such that $Z$ is $(1+\varepsilon)$-isometric to $c_{0}$ and $\|P\| \leqslant 1+\varepsilon$. Moreover, if $X$ contains a subspace isometric to $c_{0}$, then there exists a subspace $Z$ of $X$ and a projection $P$ from $X$ onto $Z$ such that $Z$ is isometric to $c_{0}$ and $\|P\|=1$.

Proof: Let $\delta=\varepsilon /(1+\varepsilon)$. Since $X$ contains a subspace isomorphic to $c_{0}$, the James Distortion Theorem $[\mathbf{3}, 6,8]$ says there is a sequence $\left(x_{n}\right)_{n}$ in $X$ such that

$$
(1-\delta) \sup _{n}\left|a_{n}\right| \leqslant\left\|\sum_{n} a_{n} x_{n}\right\| \leqslant \sup _{n}\left|a_{n}\right|, \quad \text { for all }\left(a_{n}\right)_{n} \in c_{0}
$$

Let $Y=\overline{\operatorname{span}}\left\{x_{n}: n \in \mathbb{N}\right\}$. For each $n \in \mathbb{N}$, define $y_{n}^{*} \in Y^{*}$ by

$$
y_{n}^{*}\left(\sum_{k} a_{k} x_{k}\right)=a_{n}
$$

Then $\left\|y_{n}^{*}\right\| \geqslant\left|y_{n}^{*}\left(x_{n}\right)\right|=1$, since $\left\|x_{n}\right\| \leqslant 1$, and

$$
\begin{aligned}
\left\|y_{n}^{*}\right\| & =\sup \left\{\left|y_{n}^{*}\left(\sum_{k} a_{k} x_{k}\right)\right|:\left\|\sum_{k} a_{k} x_{k}\right\| \leqslant 1\right\} \\
& =\sup \left\{\left|a_{n}\right|:\left\|\sum_{k} a_{k} x_{k}\right\| \leqslant 1\right\}
\end{aligned}
$$

$$
\begin{aligned}
& \leqslant \sup \left\{\left|a_{n}\right|: \sup _{k}\left|a_{k}\right| \leqslant \frac{1}{1-\delta}\right\} \\
& \leqslant \frac{1}{1-\delta}=1+\varepsilon
\end{aligned}
$$

By the Hahn-Banach theorem we extend $y_{n}^{*}$ to an element $x_{n}^{*} \in X^{*}$ with $\left\|x_{n}^{*}\right\|=$ $\left\|y_{n}^{*}\right\| \leqslant 1+\varepsilon$. Since the unit ball of $X^{*}$ is weak* sequentially compact, $\left(x_{n}^{*}\right)_{n}$ has a subsequence $\left(x_{n_{k}}^{*}\right)_{k}$ converging weak ${ }^{*}$ in $X^{*}$. Define $w_{k}^{*}=\left(x_{n_{2 k+1}}^{*}-x_{n_{2 k}}^{*}\right) / 2$ and $w_{k}=x_{n_{2 k+1}}-x_{n_{2 k}}$, for each $k \in \mathbb{N}$. Clearly, $\left(w_{k}^{*}\right)_{k}$ is a weak ${ }^{*}$ null sequence in $X^{*}$ with $\left\|w_{k}^{*}\right\| \leqslant 1+\varepsilon$ and $w_{k}^{*}\left(w_{k}\right)=1$ for all $k \in \mathbb{N}$ and $w_{k}^{*}\left(w_{m}\right)=0$ for all $m \neq k$.

Define an operator $J: c_{0} \rightarrow X$ by $J\left(\left(a_{n}\right)_{n}\right)=\sum_{n=1}^{\infty} a_{n} w_{n}$, for all $\left(a_{n}\right)_{n} \in c_{0}$. Define an operator $Q: X \rightarrow c_{0}$ by $Q(x)=\left(w_{n}^{*}(x)\right)_{n}$ for all $x \in X$. It is easily checked that $Q J$ is the identity operator on $c_{0}$ and so the operator $P=J Q: X \rightarrow X$ is a projection. Note that the range of $J Q$ is $Z=\overline{\operatorname{span}}\left\{w_{n}: n \in \mathbb{N}\right\}$. By the construction of $Z$, it is easily seen that $Z$ is $(1+\varepsilon)$-isometric to $c_{0}$. Finally, note that

$$
\|J\|=\sup \left\{\left\|\sum_{n} a_{n} w_{n}\right\|: \sup _{n}\left|a_{n}\right| \leqslant 1\right\} \leqslant 1
$$

and

$$
\|Q\|=\sup \left\{\sup _{n}\left|w_{n}^{*}(x)\right|:\|x\| \leqslant 1\right\} \leqslant \sup _{n}\left\|w_{n}^{*}\right\| \leqslant 1+\varepsilon
$$

and hence $\|P\| \leqslant\|J\|\|Q\| \leqslant 1+\varepsilon$. Thus $Z$ and $P$ have all of the advertised properties.
For the case where $X$ contains an isometric copy of $c_{0}$, repeat the above proof with $\varepsilon=0$.

Remark. To the extent that Sobczyk's Theorem (stated prior to Theorem 6) guarantees that every separable Banach space containing a subspace isometric to $c_{0}$ contains a complemented isometric copy of $c_{0}$, Theorem 6 extends and improves Sobczyk's Theorem since it applies to a larger class of spaces and guarantees projections of norm 1. However, it is more accurate to think of Theorem 6 as a variation on Sobczyk's theme rather than as an actual extension or improvement of Sobczyk's Theorem.

A result similar to Theorem 6 was proved by Díaz and Fernández [2] in the setting of Banach spaces not containing a copy of $\ell^{1}$. An extension of Sobczyk's Theorem was proved by Moltó [9].

We finish with two natural questions:
Question 1. If a Banach space $X$ contains a complemented copy of $c_{0}$ and if $\varepsilon>0$, does there exist a subspace $Z$ of $X$ and a projection $P$ from $X$ onto $Z$ such that $Z$ is $(1+\varepsilon)$-isometric to $c_{0}$ and $\|P\| \leqslant 1+\varepsilon$ ?

Question 2. If a Banach space $X$ contains a complemented subspace isometric to $\ell^{1}$, does there exist a subspace $Z$ of $X$ and a projection $P$ from $X$ onto $Z$ such that $Z$ is isometric to $\ell^{1}$ and $\|P\|=1$ ?

## References

[1] B.J. Cole, T.W. Gamelin and W.B. Johnson, 'Analytic disks in fibers over the unit ball of a Banach space', Michigan Math. J. 39 (1992), 551-569.
[2] S. Díaz and A Fernández, 'Reflexivity in Banach lattices', Arch. Math. 63 (1994), 549-552.
[3] J. Diestel, Sequences and Series in Banach Spaces, Graduate Texts in Mathematics 92 (Springer-Verlag, Berlin, Heidelberg, New York, 1984).
[4] P.N. Dowling, N. Randrianantoanina and B. Turett, 'Remarks on James's distortion theorems', Bull. Austral. Math. Soc. 57 (1998), 49-54.
[5] S. Heinrich and P. Mankiewicz, 'Applications of ultrapowers to the uniform and Lipschitz classification of Banach spaces', Studia Math. 73 (1982), 225-251.
[6] R.C. James, 'Uniformly non-square Banach spaces', Ann. of Math. 80 (1964), 542-550.
[7] W.B. Johnson and H.P. Rosenthal, 'On $\omega^{*}$ basic sequences and their applications to the study of Banach spaces', Studia Math. 43 (1972), 77-92.
[8] J. Lindenstrauss and L. Tzafriri, Classical Banach Spaces I. Sequence Spaces, Ergebnisse der Mathematik und Ihrer Grenzgebiete 92 (Springer-Verlag, Berlin, Heidelberg, New York, 1977).
[9] A. Moltó, 'On a theorem of Sobczyk', Bull. Austral. Math. Soc. 43 (1991), 123-130.
[10] J.R. Partington, 'Equivalent norms on spaces of bounded functions', Israel J. Math. 35 (1980), 205-209.
[11] A. Sobczyk, 'Projection of the space $m$ on its subspace $c_{0}$ ', Bull. Amer. Math. Soc. 47 (1941), 938-947.
[12] A.E. Taylor, 'The extension of linear functionals', Duke Math. J. 5 (1939), 538-547.

Department of Mathematics and Statistics Miami University Oxford, OH 45056
United States of America
e-mail: dowlinpn@muohio.edu
Department of Mathematics and Statistics
Oakland University
Rochester, MI 48309
United States of America
e-mail: turett@oakland.edu

Department of Mathematics and Statistics Miami University Oxford, OH 45056
United States of America
e-mail: randrin@muohio.edu


[^0]:    Received 4th January, 1999
    The second author was supported in part by NSF grant DMS-9703789.

