Prevention of soya-induced enteritis in Atlantic salmon (Salmo salar) by bacteria grown on natural gas is dose dependent and related to epithelial MHC II reactivity and CD8α+ intraepithelial lymphocytes

Odd H. Romarheim1*, Dyveke L. Hetland1, Anders Skrede1, Margareth Øverland1, Liv T. Mydland1 and Thor Landsverk2

1Department of Animal and Aquacultural Sciences, Aquaculture Protein Centre, CoE, Norwegian University of Life Sciences, PO Box 5003, NO-1432 Ås, Norway
2Department of Basic Sciences and Aquatic Medicine, Norwegian School of Veterinary Science, Oslo, Norway

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Abstract
An experiment was carried out to study the preventive effect of bacterial meal (BM) produced from natural gas against plant-induced enteropathy in Atlantic salmon (Salmo salar). Salmon were fed a diet based on fish meal (FM) or seven diets with 200 g/kg solvent-extracted soyabean meal (SBM) to induce enteritis in combination with increasing levels of BM from 0 to 300 g/kg. Salmon fed a SBM-containing diet without BM developed typical SBM-induced enteritis. The enteritis gradually disappeared with increasing inclusion of BM. By morphometry, no significant (P > 0.05) differences in the size of stretches stained for proliferating cell nuclear antigen were found with 150 g/kg BM compared with the FM diet. Increasing BM inclusion caused a gradual decline in the number of cluster of differentiation 8 α positive (CD8α+) intraepithelial lymphocytes, and fish fed BM at 200 g/kg or higher revealed no significant difference from the FM diet. Histological sections stained with antibody for MHC class II (MHC II) showed that fish with intestinal inflammation had more MHC II-reactive cells in the lamina propria and submucosa, but less in the epithelium and brush border, compared with fish without inflammation. There were no significant (P > 0.05) differences in growth among the diets, but the highest levels of BM slightly reduced protein digestibility and increased the weight of the distal intestine. In conclusion, the prevention of SBM-induced enteritis by BM is dose dependent and related to intestinal levels of MHC II- and CD8α-reactive cells.

Key words: Bacterial meal: Soyabean meal: Atlantic salmon: Enteritis

Conventional solvent-extracted soyabean meal (SBM) disturbs intestinal homeostasis in salmonids and initiates enteropathy in the distal part of the intestine, commonly referred to as SBM-induced enteritis(1). The first signs of enteropathy are noticeable after a few days on diets containing SBM, thus restraining the use of SBM for salmonids. The severity of enteropathy is dependent on both the inclusion level of SBM(2) and the origin of the soyabeans(3). Inflammation is associated with enhanced intestinal permeability(4), reduced endocytotic uptake of macromolecules(5) and increased proliferation of intestinal epithelial cells attributed to alterations of epithelial cell differentiation and maturation(6,7). Also, the activities of trypsin in the intestinal digesta and a trypsin-like protease in the intestinal mucosa increase(8), whereas the reactivities of several brush-border enzymes decrease(7).

Saponins interacting with other alcohol-soluble components are the most likely feed components that either directly or indirectly disrupt the intestinal barrier(9,10). An increase in intestinal epithelium permeability might expose inflammation-inducing receptors on the otherwise shielded basolateral surfaces of epithelial cells to luminal antigens, which in turn initiate a T-cell-mediated inflammation(11,12). Augmented levels of cell populations reacting for MHC II antibodies and the recently established monoclonal antibodies to detect cluster of differentiation 8 α (CD8α) are therefore expected in response to SBM-induced enteritis.

Inclusion of microbial protein sources and extracts from microbes or yeast rich in nucleotides, phospholipids, cell wall oligo- and polysaccharides, and other bioactive components in fish diets might affect gut microflora, disease resistance and growth performance(14–16). A recent study by

Abbreviations: BM, bacterial meal; BW, body weight; CD8α+, cluster of differentiation 8 α positive; FM, fish meal; Foxp3, forkhead box p3; PCNA, proliferating cell nuclear antigen; SBM, soyabean meal; Treg, regulatory T cells.

* Corresponding author: Dr O. H. Romarheim, fax +47 6496 5101, email odd-helge.romarheim@umb.no
Romarheim et al. revealed that bacterial meal (BM) containing mainly Methylococcus capsulatus grown on natural gas prevents the development of SBM-induced enteritis in Atlantic salmon. BM has proved to be a suitable protein source for fish as well as other monogastric animals, and there are no restrictions on its use in diets for farmed animals within the European Union. Dietary inclusion of BM has also been shown to increase the intestinal weight (g/kg whole body) in salmonids, which indicates a profound effect of BM on the intestinal wall.

The present experiment was designed to study intestinal changes associated with enteropathy in Atlantic salmon fed diets with a high content of SBM in combination with graded levels of BM. We hypothesised that (1) the protective effect of BM against SBM-induced enteritis is dose dependent, (2) the inflammatory response will be linked to the enhanced density of inflammation markers in salmonids, which indicates a profound effect of BM concerning experiments with animals of 15 January 1996.

### Materials and methods

#### Diets and fish experiment

For the present experiment, eight diets were formulated: a fish meal (FM)-based control diet, and seven diets with the FM replaced by 200 g/kg SBM combined with BM levels ranging from 0 to 300 g/kg BM (Table 1). The diets were formulated to have similar ratios among crude protein, crude lipid and starch based on analyses of the feed ingredients. Feed was produced at the Center for Feed Technology at the Norwegian University of Life Sciences, As, Norway, using extrusion technology and vacuum coating with fish oil after drying. The finished feed pellets were 3.5 mm in diameter.

The fish experiment was carried out at the Nofima research station at Sunndalsora, Norway. Non-vaccinated Atlantic salmon (Salmo salar) were grown at the Center for Feed Technology at the Norwegian University of Life Sciences, As, Norway, using extrusion technology and vacuum coating with fish oil after drying. The finished feed pellets were 3.5 mm in diameter.

Fish were weighed at the start and end of the experiment. At the termination of the experiment, all fish were anaesthetised with tricaine methanesulphonate (60 mg/l water) and killed by a sharp blow to the head. Tissue from the distal intestine of six fish/tank was fixed in 10% neutral phosphate-buffered formalin for 2 d before being dehydrated in ethanol, equilibrated in xylene and embedded in paraffin according to standardised routines. Faeces were stripped from the remaining fish in each tank according to the procedure described by Austreng, pooled by tank, frozen and freeze-dried before the analysis. The gastrointestinal tract from ten fish/tank was emptied for digestive chyme and weighed. Thereafter, the gall bladder and fat from the mid- and distal intestine were removed, and the weight of the liver, stomach, pyloric region, mid-intestine and distal intestine was measured.

### Table 1. Formulation and analysed chemical composition of the experimental diets

<table>
<thead>
<tr>
<th>Ingredients (g/kg, as-fed basis)</th>
<th>FM diet</th>
<th>0-BM diet</th>
<th>25-BM diet</th>
<th>50-BM diet</th>
<th>100-BM diet</th>
<th>150-BM diet</th>
<th>200-BM diet</th>
<th>300-BM diet</th>
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</thead>
<tbody>
<tr>
<td><strong>FM</strong></td>
<td>642-4</td>
<td>459-4</td>
<td>436-4</td>
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<td>364-4</td>
<td>316-4</td>
<td>269-4</td>
<td>174-4</td>
</tr>
<tr>
<td><strong>SBM</strong></td>
<td>–</td>
<td>200-0</td>
<td>200-0</td>
<td>200-0</td>
<td>200-0</td>
<td>200-0</td>
<td>200-0</td>
<td>200-0</td>
</tr>
<tr>
<td><strong>BM</strong></td>
<td>–</td>
<td>50-0</td>
<td>50-0</td>
<td>100-0</td>
<td>150-0</td>
<td>200-0</td>
<td>300-0</td>
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<tr>
<td><strong>Fish oil</strong></td>
<td>189-0</td>
<td>184-0</td>
<td>183-0</td>
<td>182-0</td>
<td>181-0</td>
<td>180-0</td>
<td>178-0</td>
<td>175-0</td>
</tr>
<tr>
<td><strong>Wheat</strong></td>
<td>163-0</td>
<td>151-0</td>
<td>150-0</td>
<td>150-0</td>
<td>149-0</td>
<td>148-0</td>
<td>147-0</td>
<td>145-0</td>
</tr>
<tr>
<td><strong>Vitamin/mineral premix†</strong></td>
<td>5-6</td>
<td>5-6</td>
<td>5-6</td>
<td>5-6</td>
<td>5-6</td>
<td>5-6</td>
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<tr>
<td><strong>Analysed composition</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>DM</strong></td>
<td>940</td>
<td>943</td>
<td>943</td>
<td>948</td>
<td>939</td>
<td>934</td>
<td>934</td>
<td>932</td>
</tr>
<tr>
<td><strong>Crude protein (g/kg DM)</strong></td>
<td>479</td>
<td>456</td>
<td>456</td>
<td>460</td>
<td>447</td>
<td>477</td>
<td>463</td>
<td>460</td>
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<tr>
<td><strong>Crude lipid (g/kg DM)</strong></td>
<td>245</td>
<td>229</td>
<td>229</td>
<td>232</td>
<td>242</td>
<td>252</td>
<td>242</td>
<td>248</td>
</tr>
<tr>
<td><strong>Starch (g/kg DM)</strong></td>
<td>128</td>
<td>120</td>
<td>109</td>
<td>114</td>
<td>119</td>
<td>96</td>
<td>105</td>
<td>108</td>
</tr>
<tr>
<td><strong>Total ash (g/kg DM)</strong></td>
<td>100</td>
<td>89</td>
<td>88</td>
<td>85</td>
<td>81</td>
<td>84</td>
<td>79</td>
<td>70</td>
</tr>
</tbody>
</table>

**FM**, fish meal; **BM**, bacterial meal; **SBM**, soyabean meal.

* Deno-Soy F, solvent-extracted and toasted SBM (Denofa).

† BioProtein (Norferm AS).

‡ Supplied/kg of diet: all-trans-retinyl acetate, 860 μg; cholecalciferol, 37.5 μg; α,α,α,-tocopherol acetate, 200 mg; menadione, 10 mg; thiamin, 15 mg; riboflavin, 25 mg; nicotinic acid, 75 mg; pantothenic acid, 30 mg; pyridoxine, 15 mg; folic acid, 5 mg; cyanocobalamin, 20 μg; ascorbyl monophosphate, 125 mg; biotin, 0.25 mg; Ca, 1.1 g; ZnSO₄, 296 mg; MnSO₄, 41 mg; CuSO₄, 13 mg; CoSO₄, 2.6 mg; CuO, 3.5 mg; astaxanthin, 175 mg; Y₂O₃, 100 mg.
inductively coupled plasma (PerkinElmer Optima 5300 DV; Perkin Elmer).

**Histology, immunohistochemistry and morphometry**

Routine histological examination was performed on formalin-fixed and paraffin-embedded sections stained by haematoxylin and eosin. Scoring of the sections was performed according to the following criteria:

1. Lamina propria – accumulation of leucocytes such as lymphocytes, granulocytes and eosinophilic granular cells in the lamina propria.
2. Changes in the epithelium – reduced supranuclear vacuolisation, reduced cellular height and increased cytoplasmic basophilia.
3. Atrophy – reduced height of the intestinal folds.

The sections were given an individual score for each of the criteria above ranging from 0 to 2, where 0 indicated no signs of abnormal changes, 1 weak changes, and 2 marked changes. The score 0·5 was given if slight changes appeared, although such changes were likely to be within the normal range. A score of at least 1 should be obtained for parameters 1–3 in order to claim typical SBM-induced enteritis.

Paraffin sections from the distal intestine were used for immunohistochemistry. The procedures of antigen retrieval and immunostaining including details of antibodies used have been reported previously; for proliferating cell nuclear antigen (PCNA), the procedure was as described by Romarheim et al.\(^{(16)}\), and for CD8\(\alpha\) and MHC II, the procedure followed was according to Hetland et al.\(^{(13)}\).

CD8\(\alpha\)\(^+\) cells and stretches of epithelial cells stained for PCNA were measured using ImageJ software (1.42q version; ImageJ). The quantities of CD8\(\alpha\)\(^+\) cells were expressed as the density of stained cells at the base of the intestinal epithelium in simple folds. The length of stretches with PCNA-reactive epithelial cells was expressed in percentage of a baseline drawn through the base of the folds.

**Calculations and statistical analysis**

Feed intake during the experiment was expressed as DM in feed (DM\(_{\text{feed}}\))/initial body weight (BW\(_0\)). Weight gain was calculated as:

\[
\text{Weight gain} = \frac{(F - I) 	imes \text{DM}_{\text{feed}}}{\text{BW}_0}
\]

where \(F\) is feed intake, \(I\) is intake, \(\text{DM}_{\text{feed}}\) is dry matter in feed, and \(\text{BW}_0\) is initial body weight.

Fig. 1. Histological changes in the distal intestine of Atlantic salmon fed diets with 200 g/kg soyabean meal in combination with increasing inclusion of bacterial meal (BM,\(\alpha\)). The individual histological sections were evaluated with respect to changes in (A) leucocyte infiltrates in the lamina propria/submucosa, (B) epithelium, (C) atrophy of the simple and complex folds and (D) oedema, i.e. accumulation of fluid in the lamina propria, and were given a grading of 0 (no signs of intestinal changes), 0·5 (traces of changes), 1 (weak changes) or 2 (marked changes). All sampled fish fed the FM diet (\(\alpha\)) had a normal distal intestine as evaluated by the studied criteria. Values are means (\(n\ 12\)), with standard deviations represented by vertical bars. \(a,b,c,d,e\) Mean values with unlike letters were significantly different (\(P<0.05\)).
**Results**

**Histological and immunohistochemical evaluation**

All sampled fish fed the 0-BM diet developed typical SBM-induced enteritis with accumulation of leukocytes in the lamina propria, reduced supranuclear vacuolisation and cellular height of epithelial cells, increased epithelial cytoplasmic basophilia, atrophy with shortening of the simple and complex intestinal folds, and widening of the lamina propria and submucosa due to cellular infiltration and oedema (Figs. S1 and S2, available online), as previously described in details by Baeverfjord & Krogdahl(1). The morphological changes of the intestinal tissue gradually disappeared as the inclusion of the BM increased, and all features mentioned above were evaluated to concur with minor changes (scores between 0·5 and 1·0) when 50–100 g/kg BM were added to the diets (Fig. 1). Fish fed diets with 150 g/kg BM and more had no or only weak signs of intestinal change, not significantly different from fish fed the FM diet. Occasionally (two of twelve fish on the 200-BM diet and one of twelve fish on the 300-BM diet), single and isolated leucocyte aggregates of mainly lymphocytes were found in an otherwise normal intestine. These aggregates were located in the lamina propria/submucosa above the stratum compactum. Large pale mononuclear cells were found in the centre of the aggregates in the individual fed the 300-BM diet, indicative of granuloma formation (results not shown).

Staining for CD8α identified a population of CD8α⁺ lymphocytes at the base of the intestinal epithelium (Fig. 2), in location corresponding to that earlier reported for CD3

![Image](https://www.cambridge.org/core/journals/british-journal-of-nutrition/article/prevention-of-soya-induced-enteritis-in-salmon/88F0C78C269514A4B36C0E8D288E5396)

**Fig. 2.** Immunohistochemistry for CD8α. (A) Fish meal (FM) diet, (B) soyabean meal bacterial meal (BM) diet at 0 g/kg (0-BM), (C) soyabean meal 50-BM diet and (D) soyabean meal 300-BM diet. Positive lymphocytes were largely confined to the basal part of the epithelium, although a few were found in the fish on the 300-BM diet, (two of twelve fish on the 200-BM diet and one of twelve fish on the 300-BM diet), single and isolated leucocyte aggregates of mainly lymphocytes were found in an otherwise normal intestine. These aggregates were located in the lamina propria/submucosa above the stratum compactum. Large pale mononuclear cells were found in the centre of the aggregates in the individual fed the 300-BM diet, indicative of granuloma formation (results not shown).

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**Fig. 3.** Density of CD8α⁺ lymphocytes in the lamina propria and submucosa of the simple folds in the distal intestine of Atlantic salmon fed diets with different dietary combinations of soyabean meal (SBM) and bacterial meal (BM), or neither for 47 d. The quantities of CD8α⁺ cells were expressed as the density of stained cells. Values are means (n = 12), with standard deviations represented by vertical bars. *a,b,c,d* Mean values with unlike letters were significantly different (P < 0.05). Quadratic equation: $y = 9.45 - 0.026x + 0.000035x^2$, $R^2 = 0.33$, $P < 0.001$. ◆, Fish meal diet; ▲, diets with SBM.
in salmon (12). CD8α⁺ lymphocytes in the epithelium were more prevalent on the 0-BM diet than on the FM diet. An increasing inclusion of BM resulted in a gradual decline in the density of CD8α⁺ intraepithelial lymphocytes, and inclusion of 200 g/kg BM gave values not significantly different from that of fish fed the FM diet (Fig. 3). The lamina propria and submucosa also contained a considerable proportion of CD8α⁺ lymphocytes at low dietary BM levels (Fig. 2).

Staining for MHC II gave a strong reaction in the brush border and the supranuclear cytoplasm of the epithelium, in leucocytes at the base of the epithelium, and in scattered cells of the lamina propria and submucosa of fish fed the FM diet (Fig. 4). The reactive leucocytes often showed distinct reactive cytoplasmic extensions or dendrites, corresponding to a reaction in dendritic cells or macrophages. Such reactive leucocytes were numerous in fish fed the 0-BM diet, whereas the epithelial reaction was mostly conspicuously absent or weak. With increasing inclusion of BM, this reaction approached that of fish fed the FM diet.

The epithelium of fish fed the 0-BM diet had the longest stretches of PCNA-stained cells, and the reactivity was reduced with increasing inclusion of BM (Fig. 5). Fish fed the diets with 150 g/kg BM or more had PCNA-stained stretches not significantly different from those fed the FM diet.

**Growth and nutrient digestibility**

Only one fish died 2 d after the experiment started; otherwise no mortality was observed. The ANOVA and regression analyses did not show any effects of diets on feed intake, weight gain, feed conversion ratio or TGC (P > 0.05; Table 2). An effect of diet was found for crude protein digestibility (P = 0.037), i.e. slightly lower protein digestibility in fish fed the 300-BM diet (82.2 %) than in those fed the FM diet (83.7 %) and diets with 0–150 g/kg BM (83.8–84.9 %). This effect was confirmed by a regression line (R² = 0.60, P = 0.006), indicating reduced protein digestibility with a high dietary inclusion of BM, whereas moderate inclusion levels had a minor effect. Lipid digestibility ranged from 95 to 96 %, and starch digestibility from 63 to 69 %, but no significant effects of the diets were found.
Table 2. Feed intake, growth, and apparent digestibility of macronutrients in fish fed a fish meal (FM) diet or diets with 200 g/kg soyabean meal in combination with increasing inclusion of bacterial meal (BM) for 47 d

(Least square mean values with their pooled standard errors, n 3 tanks/diet)

<table>
<thead>
<tr>
<th></th>
<th>FM diet</th>
<th>0-BM diet</th>
<th>25-BM diet</th>
<th>50-BM diet</th>
<th>100-BM diet</th>
<th>150-BM diet</th>
<th>200-BM diet</th>
<th>300-BM diet</th>
<th>SEM</th>
<th>P</th>
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<tbody>
<tr>
<td>Feed intake (g/kg fish)</td>
<td>717</td>
<td>665</td>
<td>682</td>
<td>778</td>
<td>656</td>
<td>663</td>
<td>645</td>
<td>639</td>
<td>55</td>
<td>0-67</td>
</tr>
<tr>
<td>Weight gain (%)</td>
<td>96</td>
<td>89</td>
<td>89</td>
<td>94</td>
<td>85</td>
<td>88</td>
<td>89</td>
<td>88</td>
<td>5-1</td>
<td>0-81</td>
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<td>0-77</td>
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<td>0-76</td>
<td>0-73</td>
<td>0-73</td>
<td>0-023</td>
<td>0-26</td>
</tr>
<tr>
<td>TGC</td>
<td>3-33</td>
<td>3-18</td>
<td>3-16</td>
<td>3-27</td>
<td>3-03</td>
<td>3-09</td>
<td>3-13</td>
<td>3-10</td>
<td>0-12</td>
<td>0-70</td>
</tr>
<tr>
<td>Apparent digestibility (%)</td>
<td>83-7(^a) 84-9(^b) 84-1(^b) 85-4(^b) 83-8(^b) 84-8(^b) 83-6(^b) 82-2(^a) 0-43 0-037</td>
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<tr>
<td>Crude protein*</td>
<td>94-9</td>
<td>95-6</td>
<td>95-4</td>
<td>95-7</td>
<td>95-0</td>
<td>95-6</td>
<td>95-3</td>
<td>95-6</td>
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<td>0-84</td>
</tr>
<tr>
<td>Starch</td>
<td>63-6</td>
<td>64-7</td>
<td>63-3</td>
<td>64-2</td>
<td>64-1</td>
<td>69-2</td>
<td>66-0</td>
<td>63-0</td>
<td>1-49</td>
<td>0-21</td>
</tr>
</tbody>
</table>

TGC: thermal growth coefficient.

\(^{a,b}\) Mean values with unlike superscript letters were significantly different (P<0-05).

\(*\) Quadratic equation: \(y = -0.000003x^2 + 0.002x + 84.5, R^2 = 0.60, P=0.006.\) The FM diet was not included in the regression analysis.

Liver and gut weights

The weight of the distal intestine relative to the whole body weight was affected by the diet (P<0-033), whereas no significant differences were found for total gut, liver, stomach, pyloric region or mid-intestine (Table 3). Fish fed the 25-BM diet had the lowest distal intestine weight (5.2 g/kg body weight) and fish fed the 300-BM diet had the highest weight (7.0 g/kg body weight). The regression analysis indicated that increasing dietary BM levels increased distal intestinal weights throughout the whole inclusion range.

Discussion

Healthy individuals maintain a fine balance between tolerance to the commensal intestinal microbiota and feed antigens on the one hand, and an appropriate immune response against both bona fide pathogens and potential pathogens, on the other hand. This homeostasis seems to be interrupted in salmonids fed SBM, but may be restored by sufficient dietary pro- and prebiotics that increasing dietary BM levels increased distal intestinal weights throughout the whole inclusion range.

thus possible that CD8\(^{\alpha+}\) lymphocytes perform the same surveyor role in the salmon epithelium as in mammals, and that stress induced by SBM challenges CD8\(^{\alpha+}\) lymphocytes to eliminate affected epithelial cells whether this is appropriate or not. Thus, SBM-induced enteropathy may resemble chronic intestinal conditions such as inflammatory bowel disease in humans, where the gut microbiota\(^{22-24}\) and the activation of Toll-like receptors at the basolateral surface of epithelial cells\(^{25}\) seem to play a central role. Dietary pro- and prebiotics may affect fish health through alteration of the intestinal microbiota\(^{14,24}\), and the substitution of dietary FM by SBM has shown to alter the microbiota of salmonids\(^{22-27}\). Although Bakke-McKellep et al.\(^{27}\) reduced the population of bacteria adherent to the intestinal wall and in the digesta by adding 3 g/kg of the broad-spectrum antibiotic oxytetracycline to a diet with SBM, no effect was observed on the severity of SBM-induced enteropathy.

The present experiment confirms that MHC II molecules are normal constituents of the salmon distal intestinal epithelium, as reported previously by Bakke-McKellep et al.\(^{27}\). An earlier study of rainbow trout lymphocytes derived from the intestinal epithelium showed that they have a polyclonal, differentiated profile and are probably quite responsive\(^{29}\), compatible with an active role of the epithelium in uptake, processing and presentation of luminal antigens. In the human ileum, MHC II reactivity has been demonstrated in multivesicular late

Table 3. Relative weights of the liver and gut in fish fed a fish meal (FM) diet or diets with 200 g/kg soyabean meal in combination with increasing inclusion of bacterial meal (BM) for 47 d

(Least square mean values with their pooled standard errors, n 3 tanks/diet)

<table>
<thead>
<tr>
<th></th>
<th>FM diet</th>
<th>0-BM diet</th>
<th>25-BM diet</th>
<th>50-BM diet</th>
<th>100-BM diet</th>
<th>150-BM diet</th>
<th>200-BM diet</th>
<th>300-BM diet</th>
<th>SEM</th>
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<tr>
<td>Organ weight (g/kg body weight)</td>
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<td></td>
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</tr>
<tr>
<td>Total gut</td>
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<td>81-6</td>
<td>78-7</td>
<td>79-9</td>
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<td>81-3</td>
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<td>0-64</td>
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<tr>
<td>Liver</td>
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<td>Stomach</td>
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<td>45-9</td>
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<td>45-8</td>
<td>1-65</td>
<td>0-63</td>
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<tr>
<td>Mid-intestine</td>
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<td>2-9</td>
<td>3-0</td>
<td>3-0</td>
<td>3-3</td>
<td>3-3</td>
<td>3-3</td>
<td>3-1</td>
<td>0-23</td>
<td>0-68</td>
</tr>
<tr>
<td>Distal intestine*</td>
<td>5-8(^b) 5-6(^b) 5-2(^a) 5-6(^b) 6-3(^b) 6-1(^a,b,c) 6-8(^b) 7-0(^c) 0-30 0-03</td>
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\(^{a,b}\) Mean values with unlike superscript letters were significantly different (P<0-05).

\(*\) Quadratic equation: \(y = -0.000008x^2 + 0.008x + 5-3, R^2 = 0.68, P=0-002.\) The FM diet was not included in the regression analysis.
endosomes, and the findings in mice suggest that ileal epithelial MHC II reactivity might signify an antigen presentation by MHC II carried by exosomes. Secretion of MHC II-containing exosomes has also been found in head kidney leukocytes from salmon. Multivesicular endosomes are also present in the distal intestinal epithelium of rainbow trout, although it is not known whether these multivesicular bodies are involved in the production of exosomes. Many teleosts, including salmonids, are also equipped for the uptake of intact or partially fragmented proteins through the distal intestine, and this function is impaired in fish with SBM-induced enteritis. The MHC II reaction in epithelial cells in the distal part of the salmon intestine might therefore be associated with endocytic and/or exocytic action.

The role of MHC II in the epithelium is not fully elucidated, but its constituent character suggests that it is not necessarily involved in the pro-inflammatory scenario that signifies fully developed SBM-induced enteritis. A role in exosome production or T-cell development/reactivity could be more likely, catering to the intraepithelial lymphocytes or dendritic cells as part of a role in maintaining intestinal homeostasis or tolerance. In such a perspective, the decline of MHC II during SBM-induced enteritis could also imply the lack of maturity associated with increased turnover of epithelial cells. The lack of epithelial differentiation and maturation in fish with SBM-induced enteritis is also supported by the enlarged stretches of PCNA-stained cells, and the lack of carbonic anhydrase isoenzyme 12 in the brush border found in a previous study. The role of MHC II on dendritic cells or macrophages is more obvious. Although present in the normal intestinal mucosa, MHC II-bearing dendritic cells clearly represent a constituent of the inflammatory infiltrate, such as the increased presence of CD8α+ T cells. The lack of suitable antibodies in fish prevented a further dissection of pathogenesis by immunohistochemistry. However, the mRNA expression of CD4, CD8α and CD8β was up-regulated about two-fold in the distal intestine of Atlantic salmon with SBM-induced enteritis, which suggests active CD4+ populations.

What could be the mechanism for the ameliorating effect of BM on SBM-induced enteritis? Most probably the effect is related to mechanisms ensuring tolerance to feed antigens and the commensal intestinal microbiota. Regulatory CD4+ and CD8α+ T cells (Treg) expressing the forkhead box p3 (Foxp3) transcription factor are important for keeping an inflammatory action against food antigens and commensal bacteria at bay in humans and mice, and a reduction of Treg cells may interrupt the fine-tuned homeostasis and lead to inflammatory bowel disease. Rainbow trout express both a Foxp3α and Foxp3β gene with high similarities to mammals in the C-terminal region but with less homology in the N-terminal region. A CD4+2CD25-likeFoxp3-like phenotype has been found in pufferfish, resembling CD4+CD25+Foxp3+ Treg cells in mammals, and depletion of these cells lead to intestinal inflammation, indicating a similar Treg immunological system in fish and mammals. A stimulatory effect on Treg would thus be one of the most attractive candidate pathways for the homeostasis-supporting effect of BM. It is also possible that the pathway includes a microbial pattern recognition receptor in the brush border. Such receptors might detect the known massive presence of microbial products on a BM diet. Receptors residing in the luminal brush border have been shown to be involved in subduing inflammation. Thus, deleterious host pro-inflammatory responses can be modulated or prevented by microbiota-derived factors. BM might thus have a protective effect on the epithelial cells resembling that of intestinal microbial commensals.

Feed intake, growth and nutrient utilisation are dependent on the characteristics of fish, experimental conditions and diets, and an evaluation of these parameters is important to unveil possible artifacts in the experiment. Feed intake in the present experiment was similar or slightly lower than recent table values for commercial farming of Atlantic salmon provided by Skretting AS, whereas the feed conversion ratio was similar or slightly better. The slightly reduced crude protein digestibility with increasing BM inclusion is similar to previous results for salmonids. This effect is likely to be caused by cell-wall components in BM, as seen with yeast products fed to salmonids, and by the extensive intracytoplasmic membranes in M. capsulatus grown on natural gas, as suggested by Skrede et al.

The weights of the distal intestine were almost identical to those found by Romarheim et al. when feeding similar diets. Fish with SBM-induced enteritis suffer from an excessive loss of epithelial cells in the distal intestine that lowers the weight of this segment but the morphological changes found with inclusion of BM are similar to previous results for salmonids. This effect is likely to be caused by cell-wall components in BM, as seen with yeast products fed to salmonids, and by the extensive intracytoplasmic membranes in M. capsulatus grown on natural gas, as suggested by Skrede et al.

Soya is a suitable protein source for farmed fish with its relatively constant and well-balanced amino acid composition, but the morphological changes found with inclusion levels of a SBM as low as 5% have been a major constraint for its use in diets for salmonids. The present findings open up for higher dietary inclusions of a SBM, if combined with BM.

It is concluded that the protective effect of BM against SBM-induced enteritis in salmon is dose dependent. The inflammatory response is linked to the enhanced density of CD8α+T lymphocytes at the base of the epithelial cells and MHC II-reactive cells in the lamina propria and submucosa. The level of MHC II was, however, reduced in the epithelial cells and brush border in fish with an inflamed intestine. The level of these inflammatory regulators was normalised by adequate dietary inclusion of BM, but the underlying regulatory mechanisms remain unknown.

**Supplementary material**

To view supplementary material for this article, please visit http://dx.doi.org/10.1017/S0007114512002899
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References


