Palliative and Supportive Care

Bedbound

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Poetry

Cite this article: Smith BR (2023). Bedbound. Palliative and Supportive Care 21, 370. https://doi.org/10.1017/S1478951522001213

Received: 11 August 2022 Accepted: 20 August 2022

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My grandmother Lily beckons me over from the bed where she lies wilted and asks that I open the window.

The breeze glides in first, its gentle breath meeting hers.
She tells me she missed this dearly when last year's summer winds brought wildfire ash.

The birdsong arrives next, bearing a sweet aftertaste. She tells me the names of every mourning dove and quail, and introduces Gilbert, the hummingbird.

I turn to her as I step back from the sill and for a moment she is suspended in the light, her face serene, eyes fixed elsewhere, outward. A trick of the light, or some other magic, perhaps, but her eyes drink in the glow of the sunbeam and above the bed that houses her roots, she is floating.

She beckons me over and tells me there is no gift more precious than an open window.

And in that moment, among the breeze and serenade and sunglow, all I want is to fling open every window in the world.

Acknowledgments. I would like to thank the natural world for the lily of the valley flower. Its name and sweet scent remind me of her today.

Conflicts of interest. There are no conflicts of interest to report.

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