A CRITICAL REVIEW OF RADIOCARBON DATING OF A NORSE SETTLEMENT AT L’ANSE AUX MEADOWS, NEWFOUNDLAND CANADA

REIDAR NYDAL
Radiological Dating Laboratory, The Norwegian Institute of Technology Trondheim, Norway

ABSTRACT. Recent progress in high-precision calibrations of radiocarbon dates has led to evaluations of earlier research. This has been the case with dates from the Norse settlement at L’Anse aux Meadows which was discovered by Helge Ingstad in 1960. The most problematic feature of this series up to now was the use of sample material which partly derived from driftwood. The present paper concludes that charcoal from this site demonstrated no greater errors than normal from other settlement sites. With an assumed total systematic error of 30 ± 20 years, as a mean for various tree rings, the calibrated age range of L’Anse aux Meadows is AD 975 – 1020. This agrees well with the assumed historical age of ca AD 1000, a result which has also been recently corroborated by high-precision accelerator dating at the University of Toronto.

INTRODUCTION

A Norse settlement in Canada was discovered by Helge Ingstad in 1960 who previously set forth the theory that Canada must have been discovered earlier than the discovery of America by Columbus. His theory derived from careful study of the Icelandic sagas, and extensive experience from Spitsbergen, Greenland and Arctic Canada. The Icelandic sagas (Groenlendinga saga, ca AD 1190, and Erik’s saga, ca AD 1260) describe several expeditions ca AD 1000 to a land named Vinland, which Ingstad assumed must be found somewhere on the coast of Canada (Fig 1).

The settlement was discovered at L’Anse aux Meadows at the northern tip of Newfoundland. From 1961 to 1968, Ingstad made seven archaeological expeditions to the site, during which his wife, Anne Stine Ingstad (1977), directed the archaeological work. According to archaeological assessment, the excavated houses were Norse and similar to types in Iceland and Norway from ca AD 1000. The most convincing proof of Norse origin came from artifacts of the Viking age, such as a stone lamp, a spindle whorl and a bronze pin.

Radiocarbon dating from L’Anse aux Meadows was performed at the Trondheim Radiocarbon Dating Laboratory during the excavation period. From a selected number of 16 samples, mainly deriving from charcoal, a mean age was calculated for the site (Nydal, Lövseth & Syrstad, 1970; Nydal, 1977). More satisfactory agreement with the assumed historical age was obtained from Stuiver and Pearson’s (1986) calibration curve (Nydal, 1983).

The results of the L’Anse aux Meadows series have been disputed, not only because of the possibility of systematic error due to driftwood, but also because of the selection of certain samples in the calculation (Waterbolk, 1971; Campbell, 1980). Since the dating was done 25 years ago, the know-
Fig. 1. General map showing Viking routes, including the "way west," the route from Norway to Iceland to the Norse settlements in Greenland and America. Drawn by G. Furuholmen, after Canada Dept of Mines and Technical Surveys (A. S. Ingstad, 1977).
ledge about error sources and accuracy of calibration has increased, and a fresh look into previous dating results was deemed necessary. It is also interesting to compare our results with those of the Isotrace Accelerator Laboratory at the University of Toronto (Beukens, 1986).

THE RADIOCARBON SAMPLES

Most of the samples from L’Anse aux Meadows were charcoal from cooking pits. Even though systematic errors may occur in the samples, it is a great advantage to know that the charcoal really derives from fire produced by the settlers. Discussion about magnitudes of possible systematic errors has, until now, mainly focused on driftwood as a most reasonable source of error. According to Helge Ingstad, driftwood is found along the coast of Canada in great quantities, mainly brought in with the Labrador current. According to Paulssen (1977), most of the charcoal found at the house sites is from vegetation found in the area, but there are also some species that are only found further south, in Newfoundland and Nova Scotia. Such species (Tilia, Quercus and Pinus strobus) are the main proof that driftwood occurs in the charcoal. At times, driftwood may dramatically affect a dating result. For example, the wood can be frozen into drift ice and circulate in the polar ice cap for many years before it is freed by ice melting at lower latitudes. After that time, the wood will either drift ashore or sink. The drifting time in the ocean is unimportant because most wood sinks after a couple of years. In special cases, such driftwood could have been found on shore and used for fuel. Storage time on the shore may also be a source of error, but for a settlement which lasted some years, the charcoal would probably contain recently arrived driftwood.

Freshly cut wood may also be a source of systematic error in charcoal. This is due to the fact that charcoal derives from wood which covers a variable range of tree rings. The outer ring of a tree represents the last growth before death; this ring will give the most correct historical age. In dating inner rings, we must correct for the difference in age between these rings and the surface of the tree. Charcoal in a pit should represent a mixture of fragments, ranging from a few rings from the surface of a tree to rings from the inner part of greater logs. The mean systematic error caused by the influence of unknown tree rings may, of course, vary, depending on the vegetation in various pits. Bakker, Vogel and Wislanski (1969) discuss such errors in the range of 10 – 50 years under various circumstances.

In addition to 13 charcoal samples from well-defined house sites, there are 2 other samples (T-410, -411) from outdoor cooking pits. There are also 4 peat samples and 1 sample of whale bone. The peat samples are from house walls which, according to Henningsmoen (1977), were built by piling various types of sod on top of each other. Depending on the thickness of the turf and rate of growth, the age of the turf may be several hundred years too old. In other cases, the age may be too young because of roots from more recent vegetation. Rootlets can remain in the samples after pretreatment and affect the result, which can also be affected by humic acid from overlying younger layers. Earlier pretreatment of peat consisted only of boiling with 1M HCl to remove carbonates. The samples received no pretreatment with NaOH to remove humic acid.
MEASUREMENT AND CALIBRATION

Of a total number of 20 samples from L’Anse aux Meadows, it soon became clear that not all samples yielded ages representative of the settlement. In previous research (Nydal, Løvseth & Syrstad, 1970; Nydal 1977, 1983), 16 samples were used to calculate a mean age for the settlement. The calculation was based on 13 charcoal samples from house sites, 2 peat samples (T-530, -531) from house walls, and 1 whalebone sample (St-2665).

In reconsidering the dating result at L’Anse aux Meadows, I find it most reliable to base a mean-age calculation on the first 13 charcoal samples (Table 1). These samples were all found in charcoal pits in houses. Even considering systematic errors due to driftwood and old logs, the results (Table 1, Fig 2) show no dramatic deviations in single samples that could be referred to as extreme cases of driftwood. Taking into account the relatively small number of samples, the agreement with a Gaussian distribution is

<table>
<thead>
<tr>
<th>Sample no.</th>
<th>Location</th>
<th>Material</th>
<th>$^{14}$C dates (BP)</th>
<th>Cal dates (AD)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>T-310</td>
<td>House A</td>
<td>Charcoal</td>
<td>1310±130</td>
<td>620 – 880</td>
</tr>
<tr>
<td>T-306</td>
<td>House B</td>
<td>Charcoal</td>
<td>1210±110</td>
<td>670 – 960</td>
</tr>
<tr>
<td>T-309</td>
<td>House C</td>
<td>Charcoal</td>
<td>1240±130</td>
<td>660 – 950</td>
</tr>
<tr>
<td>T-364</td>
<td>House D</td>
<td>Charcoal</td>
<td>1050±70</td>
<td>900 – 1020</td>
</tr>
<tr>
<td>T-324</td>
<td>House E</td>
<td>Charcoal</td>
<td>1130±70</td>
<td>810 – 990</td>
</tr>
<tr>
<td>T-325</td>
<td>House F, II</td>
<td>Charcoal</td>
<td>1080±70</td>
<td>890 – 1020</td>
</tr>
<tr>
<td>T-326</td>
<td>House F, IV</td>
<td>Charcoal</td>
<td>1250±70</td>
<td>670 – 880</td>
</tr>
<tr>
<td>T-327</td>
<td>House G</td>
<td>Charcoal</td>
<td>870±70</td>
<td>1040 – 1250</td>
</tr>
<tr>
<td>T-366</td>
<td>Smithy, J</td>
<td>Charcoal</td>
<td>1090±90</td>
<td>880 – 1020</td>
</tr>
<tr>
<td>T-393</td>
<td>Smithy, J</td>
<td>Charcoal</td>
<td>890±70</td>
<td>1030 – 1230</td>
</tr>
<tr>
<td>T-367</td>
<td>Charcoal kiln</td>
<td>Charcoal</td>
<td>1130±70</td>
<td>810 – 990</td>
</tr>
<tr>
<td>T-368</td>
<td>Cooking pit 1</td>
<td>Charcoal</td>
<td>1170±90</td>
<td>720 – 980</td>
</tr>
<tr>
<td>T-365</td>
<td>Cooking pit 2</td>
<td>Charcoal</td>
<td>1140±90</td>
<td>780 – 990</td>
</tr>
<tr>
<td>T-410</td>
<td>Outdoor pit</td>
<td>Charcoal</td>
<td>450±90</td>
<td>1410 – 1490</td>
</tr>
<tr>
<td>T-411</td>
<td>Outdoor pit</td>
<td>Charcoal</td>
<td>890±90</td>
<td>1010 – 1150</td>
</tr>
<tr>
<td>T-530</td>
<td>House A Southern</td>
<td>Peat</td>
<td>950±90</td>
<td>990 – 1190</td>
</tr>
<tr>
<td>T-531</td>
<td>House F Northeast</td>
<td>Peat</td>
<td>950±50</td>
<td>1010 – 1150</td>
</tr>
<tr>
<td>T-817</td>
<td>House D Top wall</td>
<td>Peat</td>
<td>1300±70</td>
<td>650 – 780</td>
</tr>
<tr>
<td>T-818</td>
<td>House A Northern</td>
<td>Peat</td>
<td>1320±80</td>
<td>640 – 770</td>
</tr>
<tr>
<td>St-2665</td>
<td>House F, III</td>
<td>Whale bone</td>
<td>1040±110</td>
<td>1010 – 1220</td>
</tr>
</tbody>
</table>

*Calibrated according to Stuiver and Pearson (1986)
more satisfactory with pure charcoal than in the previous calculation (Nydal, 1977). Also, there is either a systematic error of about the same magnitude in all samples or there are no important systematic errors at all.

As for the other samples (T-410, -411, -530, -531, -817, -818) in Table 1, there are reasons to exclude them from the calculation of the mean age of the settlement, even though some may support the assumed historical age. Samples T-410 and -411 were found in outdoor cooking pits at the shore. According to A S Ingstad (1977), we cannot exclude native use of these pits. The age range of T-410, AD 1410–1490, is also far from an age related to the Norse settlement. The relation of the 4 peat samples to the settlement is well documented, but the result reveals various magnitudes of systematic error. The oldest samples, T-817 and -818 (AD 650–780 and 640–770, respectively) are certainly contaminated by old peat. On the other hand, contamination seems to have had an opposite effect on the result of samples T-530 and -531, even though they are closer to historical prediction.

The whalebone sample, St-2665, could have been an excellent material if the collagen fraction had been used. This early dating was, however, based on the total organic fraction, with the possibility of contamination. Also, lack of information about correction for reservoir effect and isotopic fractionation renders the result, AD 1010–1220, doubtful, even though the assumed historical age is within the range.

MEAN AGE FOR THE SETTLEMENT

The average $^{14}$C result, based on the 13 charcoal samples, is $1090 \pm 22$ BP. The error limit is one standard deviation, and is derived from the counting result. This theoretical error seems smaller than the error ($\pm 35$ yr) measured from the scatter of data, and indicates that there are errors other than the purely statistical ones. A truer historical age is found by calibration.
Figure 3 shows the calibration of the result from L'Anse aux Meadows (van der Plicht & Mook, 1989). The $^{14}$C distribution of the mean result of 13 charcoal samples is seen along the vertical axis. This Gaussian distribution shows a dramatic change after calibration, as we see a very 
irregular part of the calibration curve. According to the $^{14}$C result, $1090 \pm 22$ BP, and the cumulative result (Fig 3), the highest probability for the age (68%) is found within two peaks, one in the range AD 898 – 916 and the other (with greater probability) at AD 946 – 982.

Fig 4. Calibration of dates from L’Anse aux Meadows; A. Calibrated Trondheim measurements; B. Calibrated Toronto measurements
In the discussion about systematic error due to charcoal, there is little
evidence for large errors due to driftwood, but only to a systematic error
from a mixture of charcoal from wood of various tree rings. Considering the
experience of Bakker, Vogel and Wislanski (1969) for such samples, we
may assume a systematic error of $30 \pm 20$ calendar years. Because of the
linear shape of the calibration curve in the actual region, this implies a
change in the $^{14}$C age to $1040 \pm 35$ BP. The error limit, calculated from the
scatter of data, also includes the scatter of systematic errors appearing in the
charcoal. The calibrated age from L'Anse aux Meadows is now found in the
range AD 975 – 1020, with a maximum peak at ca AD 1000 (Fig 4A).

THE TORONTO MEASUREMENT

Beukens (1986) measured four L'Anse aux Meadows samples using
accelerator mass spectrometry (AMS). The samples were carefully collected
by Parks Canada, who is now in charge of the site, to avoid systematic
errors. Their objective was to find wood that had been associated with metal
tools, which were not used by indigenous people. The samples were col-
clected from a cultural layer containing wood chips, charcoal fragments,
artifacts and twigs. Sample TO-116 consisted of the outer portion of a partly
charred stick, 1.5cm in diameter, TO-117 and -118 consisted of twigs, and T-
119 came from the outer rings of a tree stump. All but the first sample (1440
$\pm 50$) yielded representative ages, 1030 $\pm 50$, 990 $\pm 30$, and 1040 $\pm 30$ BP,
respectively, which Beukens calibrated to a mean age of AD 997 $\pm 8$. With
his choice of samples, Beukens directly reached a nearly linear part of the
calibration curve and obtained a well-defined age with a very low error
limit. Beukens’ result changes slightly, however, when applying the same
representation as for the Ingstad samples. From a mean age of 1017 $\pm 20$ BP
based on 3 samples, the calibrated age is now found in the range, AD 1000 –
1020 (Fig 4B).

SUMMARY AND CONCLUSION

$^{14}$C dating for L'Anse aux Meadows was performed in Trondheim
during the excavation of the site from 1961 to 1968. Recent advances in
calibration and $^{14}$C technology has made re-evaluation necessary. A recal-
culated mean age of the settlement is now based on 13 charcoal samples found
in well-documented house sites. After considering possible systematic
errors, the calibrated age is in the range AD 975 – 1020, calculated with an
accuracy of 68%. Driftwood as a possible source of error seems to have a
negligible influence on the result.

A separate suite of three wood samples from a cultural layer were
recently dated in Toronto with AMS, for which a mean calibrated age
ranged from AD 1000 – 1020. A combined result from Toronto and Tron-
dheim (Fig 5) yielded a mean $^{14}$C age of 1023 $\pm 17$ BP with the following
calibrated result:

- $68\%$ (1$\sigma$) AD 1000 – 1018
- $95\%$ (2$\sigma$) AD 986 – 1022
With this highly accurate measurement, a historical event at ca AD 1000 is even more strongly supported. The $^{14}$C date is presented with a certain probability distribution in a range, and the result cannot be used to pinpoint a definitive expedition. There is a probability of 68% that the occupation occurred between AD 1000 – 1018 and 95% from AD 986 – 1022. Even though the statistics account for only 5% probability of an occupation outside the latter range, we are also aware of the possibility that, for such high-precision dating, even small and unknown systematic errors may slightly change the result.

Fig 5. Mean calibrated result of the Toronto and Trondheim measurements from L'Anse aux Meadows

ACKNOWLEDGMENTS

The author thanks the following persons for helpful discussion in preparing this paper: Steinar Gulliksen, Trondheim, Johannes van der Plicht, Groningen, Marion Scott, Glasgow and John Vogel, Pretoria. Sincere thanks to Anne Stine and Helge Ingstad, Oslo, for friendly cooperation during several years. Financial support from The Norwegian Research Council for Science and the Humanities (NAVF), Oslo is gratefully acknowledged.
REFERENCES


