The Nutrition Society is the society that has as its object the advancement of the scientific study of nutrition and its application to the maintenance of human and animal health. 

Particulars of The Nutrition Society and application forms for membership are available from the Honorary Secretary, The Nutrition Society, 18 Cambridge Square, 210 Shoreditch High Street, London E1 6PQ, UK. Telephone +44 (020) 7802 0228, Fax +44 (020) 7802 1756. The Nutrition Society home page is at: http://www.nutrition-society.org

Notes for Authors

Public Health Nutrition (PHN) provides a forum for the presentation of original research findings and high quality reviews of key topics, and for discussion of and debate on current issues and controversies. It also publishes special issues on major topics of interest. Our field includes research, scholarship and discussions on public health nutrition, that take a population, health promoting and preventive approach. Papers that do not have this emphasis may be directed to more appropriate journals. Potential contributors are encouraged to read the aims and scope of the journal, and to note and follow the guidelines set out below.

Disclosure of financial support and any competing interests. The submission must include a statement within an Acknowledgements section reporting all sources of funding, and the nature of the contribution of each author to the manuscript. If there are no competing interests, this must be stated. Authors are asked to provide this information during the submission process and should not include it as a part of the manuscript to allow for double-blind reviewing.

Arrangement of papers:
1. Title page should include the article title, author(s), affiliation(s), up to eight keywords, one author identified for correspondence (with full postal address, telephone and fax numbers, and email address), and a running title of up to 45 characters. The title page should be submitted online as a separate cover letter to part of the manuscript, to enable double-blind reviewing.
2. Abstract should be structured, usually using the following internal headings: Objective, Design, Setting, Subjects, Results, Conclusions. Abstracts should be intelligible without reference to text or figures and should not exceed 250 words.
3. Text should be divided under headings (typically to include Introduction, Methods, Results, Discussion and Conclusions), and sub-headings as appropriate. Conclusions should include recommendations that derive from the research. Text should be concise, feasible, suitable for potential re-use and as potentially effective.
4. Emphasis that more research is needed is usually not necessary unless there is specific aspect to say so. All submissions must include a statement that the research was conducted in accordance with guidelines laid down by the Declaration of Helsinki and approved by an ethics review committee.

Notes for Authors

Content:
- Original research findings and scientific reviews are published in full papers usually less than 8000 words (not including the abstract, references, tables, figures and acknowledgements).
- Editorials express the opinion of the journal, as represented by its editorial board, on topics judged by them to be important. Editorials, including guest editorials, are usually co-authored and developed by the editorial team.
- Position papers, including declarations and other statements of policy, may be invited or unsolicited.
- Invited commentaries and book reviews are expressions of opinion on a topical subject. These are commissioned by the editorial team (with the understanding that the authors will conduct any fact checking on the text). Invited commentaries and book reviews may also be checked externally as necessary to avoid technical errors and to improve salience.

Copyright: At the time of acceptance, authors will be asked to provide a citation copy of the "Letter to the Editors" (in lieu of copyright transfer), available at https://www.nutrition-society.org/. It is the author's responsibility to obtain written permission to reproduce figures (including text and figures) that has appeared in another publication.

Preparation of manuscripts: Please refer to the full Directions to Contributors on our website (http://www.nutrition-society.org/). Manuscripts submitted for publication in English, and spelling should follow the English Oxford Dictionary. For authors whose native tongue is not English, in-house editorial attention to their contributions will improve clarity. On acceptance, all contributions are subject to editorial amendment to conform to house style. Manuscripts should be prepared in a common word processing package (Word for Windows is preferred) in Times New Roman or other common typeface, prepared with double-space between text, up to 2 cm margins, and page and line numbers. Standard abbreviations and SI units must be used.

Notes for Authors

Public Health Nutrition (PHN) provides a forum for the presentation of original research findings and high quality reviews of key topics, and for discussion of and debate on current issues and controversies. It also publishes special issues on major topics of interest. Our field includes research, scholarship and discussions on public health nutrition, that take a population, health promoting and preventive approach. Papers that do not have this emphasis may be directed to more appropriate journals. Potential contributors are encouraged to read the aims and scope of the journal, and to note and follow the guidelines set out below.

Disclosure of financial support and any competing interests. The submission must include a statement within an Acknowledgements section reporting all sources of funding, and the nature of the contribution of each author to the manuscript. If there are no competing interests, this must be stated. Authors are asked to provide this information during the submission process and should not include it as a part of the manuscript to allow for double-blind reviewing.

Arrangement of papers:
1. Title page should include the article title, author(s), affiliation(s), up to eight keywords, one author identified for correspondence (with full postal address, telephone and fax numbers, and email address), and a running title of up to 45 characters. The title page should be submitted online as a separate cover letter to part of the manuscript, to enable double-blind reviewing.
2. Abstract should be structured, usually using the following internal headings: Objective, Design, Setting, Subjects, Results, Conclusions. Abstracts should be intelligible without reference to text or figures and should not exceed 250 words.
3. Text should be divided under headings (typically to include Introduction, Methods, Results, Discussion and Conclusions), and sub-headings as appropriate. Conclusions should include recommendations that derive from the research. Text should be concise, feasible, suitable for potential re-use and as potentially effective.
4. Emphasis that more research is needed is usually not necessary unless there is specific aspect to say so. All submissions must include a statement that the research was conducted in accordance with guidelines laid down by the Declaration of Helsinki and approved by an ethics review committee.

Notes for Authors

Content:
- Original research findings and scientific reviews are published in full papers usually less than 8000 words (not including the abstract, references, tables, figures and acknowledgements).
- Editorials express the opinion of the journal, as represented by its editorial board, on topics judged by them to be important. Editorials, including guest editorials, are usually co-authored and developed by the editorial team.
- Position papers, including declarations and other statements of policy, may be invited or unsolicited.
- Invited commentaries and book reviews are expressions of opinion on a topical subject. These are commissioned by the editorial team (with the understanding that the authors will conduct any fact checking on the text). Invited commentaries and book reviews may also be checked externally as necessary to avoid technical errors and to improve salience.

Copyright: At the time of acceptance, authors will be asked to provide a citation copy of the "Letter to the Editors" (in lieu of copyright transfer), available at https://www.nutrition-society.org/. It is the author's responsibility to obtain written permission to reproduce figures (including text and figures) that has appeared in another publication.

Preparation of manuscripts: Please refer to the full Directions to Contributors on our website (http://www.nutrition-society.org/). Manuscripts submitted for publication in English, and spelling should follow the English Oxford Dictionary. For authors whose native tongue is not English, in-house editorial attention to their contributions will improve clarity. On acceptance, all contributions are subject to editorial amendment to conform to house style. Manuscripts should be prepared in a common word processing package (Word for Windows is preferred) in Times New Roman or other common typeface, prepared with double-space between text, up to 2 cm margins, and page and line numbers. Standard abbreviations and SI units must be used.