# **Miscellany**

## **Appointment**

Dr Robert Hinshelwood has been appointed Clinical Director of the Cassel Hospital, Richmond, Surrey, an NHS provider of in-patient and out-patient psychotherapy for patients suffering from severe personality disorders. Dr Hinshelwood was formerly head of the Outpatient Department at Ealing Hospital.

# Award for medical audit in psychiatry

The Lundbeck Medical Audit Prize was awarded at the February meeting of the Chiltern and Thames Valley Division of the Royal College of Psychiatrists. The prize was won jointly by Dr Stuart Leask, Registrar in Psychiatry at St Mary's Hospital, Kettering, Dr Maria Solia and Miss Caroline Osili for their 'Cycle Audit, Assessing the Use of Benzodiazepines as Hypnotics in Adult Psychiatric In-patients', and Dr Stephen Dye, Registrar at Hillingdon Hospital, Uxbridge for his 'Assessment of Deliberate Self-harm'. The winning teams each received a prize of £100.

#### New publications

The Personal Social Services Research Unit (PSSRU), University of Kent at Canterbury, has published its first *Mental Health Research Review*. It is available free of charge from Lesley Banks, PSSRU, Cornwallis Building, University of Kent at Canterbury, CT2 7NF (telephone 0227 764000, extension 7773).

Mental Illnesses Awareness Guide for Decision Makers is the American Psychiatric Association's latest addition to its Mental Illnesses Awareness Guide series. It costs \$3 for one copy, \$25 for 10 copies and \$100 for 50 copies. Further information: APA/Division of Public Affairs, Department DG, 1400 K Street, NW, Washington DC 20005, USA (telephone 202 682 6394).

#### Depression management card

'The Management of Depression in Primary Care' is a laminated yellow card which will be sent free

to doctors and other health care professionals on request. Its purpose is to provide a short systematic aide-memoire for GPs and other health care professionals to refer to when patients exhibit low mood and possible signs of depression, even if they have actually presented with a different problem, such as respiratory infection or back pain. Copies of the card are available from Janis Bulpitt, Duphar Laboratories, Duphar House, Gaters Hill, West End, Southampton (telephone 0703 472281). Alternatively, please send a stamped addressed C5 envelope, with a 25p stamp, to the Defeat Depression Campaign, 17 Belgrave Square, London SW1X 8PG.

## **Defeat Depression fun run**

A two mile fun run was held in Hyde Park, London on 6 March 1994 as part of the Defeat Depression Action Week and to raise funds for the Defeat Depression Campaign.-



Left to right (back row): Dr Chris Hollis, Bernard Audini (winner), Tania Rucinska (winner), and Fiona Crawford. Left to right (front row): James Carr, Nick Dubery (winner), Clare Reardon (winner), and Sian Richardson.