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Asymptotic variational analysis of incompressible elastic strings

Dominik Engl and Carolin Kreisbeck

Mathematisch Instituut, Universiteit Utrecht, Postbus 80010, 3508 TA Utrecht, The Netherlands (D.M.Engl@uu.nl; C.Kreisbeck@uu.nl)

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Starting from three-dimensional non-linear elasticity under the restriction of incompressibility, we derive reduced models to capture the behaviour of strings in response to external forces. Our Γ -convergence analysis of the constrained energy functionals in the limit of shrinking cross-sections gives rise to explicit one-dimensional limit energies. The latter depend on the scaling of the applied forces. The effect of local volume preservation is reflected either in their energy densities through a constrained minimization over the cross-section variables or in the class of admissible deformations. Interestingly, all scaling regimes allow for compression and/or stretching of the string. The main difficulty in the proof of the Γ -limit is to establish recovery sequences that accommodate the non-linear differential constraint imposed by the incompressibility. To this end, we modify classical constructions in the unconstrained case with the help of an inner perturbation argument tailored for 3d-1d dimension reduction problems.

Keywords: dimension reduction, Γ -convergence, incompressibility, strings

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1. Introduction

Modern mathematical approaches to applications in materials science result in variational problems with non-standard constraints for which the classical methods of the calculus of variations do not apply. Constraints involving non-convexity, differential expressions and/or non-local effects are known to be particularly challenging.

In the context of the analysis of thin objects, interesting effects may occur due to the interaction between restrictive material properties and the lower-dimensional structure of the objects. We mention here a few selected examples: thin (heterogenous) films and strings subject to linear first-order partial differential equations, which are general enough to cover applications in non-linear elasticity and micromagnetism at the same time, are studied in [28–30], cf. also [25, 27]; pointwise constraints on the stress fields appear naturally in models of perfectly plastic plates [15, 17]; for work on lower-dimensional material models that involve issues related to non-interpenetration of matter and (global) invertibility, we refer for

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instance to [31, 39, 41, 47]; physical growth conditions, which guarantee orientation preservation of deformation maps, have been taken into account in models of thin nematic elastomers [2] and von Kármán-type rods and plates [16, 37].

This paper is concerned with 3d-1d dimension reduction problems in non-linear elasticity with incompressibility—a determinant constraint on the deformation gradient, which ensures local volume preservation, and is ideal to model e.g. rubber-like materials [38]. To be more specific, we provide an ansatz-free derivation of reduced models for incompressible thin tubes by means of Γ -convergence techniques (see [8, 14] for a comprehensive introduction). We take the limit of vanishing cross-section, considering external loading of the order of magnitude that gives rise to string-type models.

The analogous problem in the 3d-2d context, meaning for incompressible membranes, was solved independently by Trabelsi [42] and Conti and Dolzmann [11] based on different approaches. To overcome the difficulty of accommodating the non-linear differential constraint when constructing recovery sequences, [11] involves the construction of suitable inner variations. This idea has been applied in the analysis of incompressible Kirchhoff and von Kármán plates [12, 34], and lends inspiration to this paper, where we adapt it for 3d-1d reductions.

The first results in the literature to use Γ-convergence techniques to deduce reduced models for thin objects go back to the 1990s, with the seminal works by Acerbi et al. [1] on strings and Le Dret and Raoult [33] on membranes. Notice that in both papers, the authors start from unconstrained energy functionals whose energy densities satisfy standard growth. Before that, common techniques for gaining quantitative insight into thin structures relied mostly on asymptotic expansion methods, and were applied in the setting of linearized elasticity, see e.g. [10, 43]. For recent work on the (geometric) linearization of models involving energy densities with local volume-preservation constraints, we refer to [26, 35].

Over the last two decades, the fundamental results in [1, 33] have been generalized in multiple directions. This includes for instance the study of membrane theory with Cosserat vectors [6, 7], curved strings [40], inhomogeneous thin films [9], thin structures made of periodically heterogeneous material [4, 5, 32], or junctions between membranes and strings [22].

1.1. Problem formulation

For small $\varepsilon > 0$, let $\Omega_{\varepsilon} := (0, L) \times \varepsilon \omega$ with L > 0 and a bounded Lipschitz domain $\omega \subset \mathbb{R}^2$ represent the reference configuration of a thin unilaterally extended body. Up to translation, we may always assume that the origin lies in ω . In this paper, we assume that $p \in (1, \infty)$.

The starting point of our analysis is a three-dimensional model in hyperelasticity with an energy functional (per unit cross section) of the form

$$\mathcal{E}_{\varepsilon}(v) = \frac{1}{\varepsilon^2} \int_{\Omega_{\varepsilon}} W(\nabla v) \, dy - \frac{1}{\varepsilon^2} \int_{\Omega_{\varepsilon}} f_{\varepsilon} \cdot v \, dy, \quad v \in W^{1,p}(\Omega_{\varepsilon}; \mathbb{R}^3);$$

here, $f_{\varepsilon} \in L^{p'}(\Omega_{\varepsilon}; \mathbb{R}^3)$ with $p' := (p/(p-1)) \in (1, \infty)$ the dual exponent of p, are external forces and W is a constrained stored elastic energy density enforcing

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incompressibility, precisely,

$$W: \mathbb{R}^{3\times 3} \to [0, \infty], \quad F \mapsto \begin{cases} W_0(F) & \text{if } \det F = 1, \\ \infty & \text{otherwise,} \end{cases}$$
 (1.1)

with $W_0: \mathbb{R}^{3\times 3} \to \mathbb{R}$ a continuous function that is bounded from below and has suitable growth behaviour. We give more details on the exact assumptions on W_0 in § 2.2, see (H1)–(H3). In this model, the observed deformations of the thin object in response to external forces correspond to minimizers (or, if the latter do not exist, low energy states) of $\mathcal{E}_{\varepsilon}$.

To derive reduced one-dimensional models that capture the asymptotic behaviour of these minimizers, it is technically convenient to work with functionals defined on ε -independent spaces, which can be achieved by a classical rescaling argument in the cross-section. Indeed, let u(x) := v(y) for $v \in W^{1,p}(\Omega_{\varepsilon}; \mathbb{R}^3)$ with the parameter transformation $y = (x_1, \varepsilon x_2, \varepsilon x_3)$ for $x \in \Omega := \Omega_1$, and suppose for simplicity that f_{ε} is independent of the cross-section variables. Then, $\mathcal{I}_{\varepsilon}(u) = \mathcal{E}_{\varepsilon}(v)$, where

$$\mathcal{I}_{\varepsilon}(u) := \int_{\Omega} W(\nabla^{\varepsilon} u) \, dx - \int_{\Omega} f_{\varepsilon} \cdot u \, dx, \quad u \in W^{1,p}(\Omega; \mathbb{R}^3),$$

with $\nabla^{\varepsilon} u = (\partial_1 u|_{\varepsilon}^{\frac{1}{\varepsilon}} \partial_2 u|_{\varepsilon}^{\frac{1}{\varepsilon}} \partial_3 u)$ the rescaled gradient of u.

In analogy to well-known facts in the context of compressible materials (see e.g. [24]), here as well, the scaling behaviour of $\mathcal{I}_{\varepsilon}$ depends strongly on the external forces f_{ε} . Whenever f_{ε} is of order ε^{α} for some $\alpha \geqslant 0$, then $\inf_{u \in W^{1,p}(\Omega;\mathbb{R}^3)} \mathcal{I}_{\varepsilon}(u)$ behaves like ε^{β} with $\beta = \alpha$ if $\alpha \leqslant 2$ and $\beta = 2\alpha - 2$ if $\alpha \geqslant 2$. Depending on these scalings, one has to expect qualitatively different limit models, falling into the categories of string theory $(\alpha = 0)$, rod theories $(\alpha = 2$ and $\alpha = 3)$ or other intermediate theories.

Since this article deals with the regimes $\alpha < 2$ (the cases $\alpha \ge 2$ are addressed in a different work, see [19]), it is natural to consider in the following the rescaled functionals $\mathcal{I}_{\varepsilon}^{\alpha}: W^{1,p}(\Omega; \mathbb{R}^3) \to [0,\infty]$ for $\alpha \in [0,2)$ defined by

$$\mathcal{I}^{\alpha}_{\varepsilon}(u) = \frac{1}{\varepsilon^{\alpha}} \int_{\Omega} W(\nabla^{\varepsilon} u) \, dx, \quad u \in W^{1,p}(\Omega; \mathbb{R}^3);$$
 (1.2)

notice that one may, without loss of generality, omit here the term describing work due to the external forces, for it is merely a continuous perturbation of the total (rescaled) elastic energy.

1.2. Statement of the main results.

The new contribution of this paper is a complete characterization of the Γ -limits of sequences $(\mathcal{I}^{\alpha}_{\varepsilon})_{\varepsilon}$ as in (1.2) for $\varepsilon \to 0$.

To be more precise, we prove that under suitable assumptions, $(\mathcal{I}_{\varepsilon}^{\alpha})_{\varepsilon}$ Γ -converges with respect to the weak topology in $W^{1,p}(\Omega;\mathbb{R}^3)$ to $\mathcal{I}^{\alpha}:W^{1,p}(\Omega;\mathbb{R}^3)\to [0,\infty]$

given for $\alpha = 0$ by

$$\mathcal{I}^{0}(u) = \begin{cases} |\omega| \int_{0}^{L} \overline{W}^{c}(u'(x_{1})) dx_{1} & \text{if } u \in W^{1,p}(0,L;\mathbb{R}^{3}), \\ \infty & \text{otherwise.} \end{cases}$$
(1.3)

and for $\alpha \in (0,2)$ by

$$\mathcal{I}^{\alpha}(u) = \begin{cases} 0 & \text{if } u \in W^{1,p}(0,L;\mathbb{R}^3) \text{ with } \overline{W}^{c}(u'(x_1)) = 0 \text{ for a.e. } x_1 \in (0,L), \\ \infty & \text{otherwise,} \end{cases}$$

$$(1.4)$$

respectively, cf. theorems 3.1 and 4.1 for all details.

The reduced energy density \overline{W} results from minimizing out the cross-section variables from W, that is,

$$\overline{W}(\xi) := \min_{A \in \mathbb{R}^{3 \times 2}} W\big((\xi|A)\big) = \min_{A \in \mathbb{R}^{3 \times 2}, \, \det(\xi|A) = 1} W_0\big((\xi|A)\big), \qquad \xi \in \mathbb{R}^3 \setminus \{0\},$$

cf. (2.3), while the convexification \overline{W}^{c} of \overline{W} reflects a relaxation process.

The representation formulas (1.3) and (1.4) indicate that the two regimes $\alpha = 0$ and $\alpha \in (0,2)$ give rise to qualitatively different reduced one-dimensional models. Whereas the latter admits only restricted deformations of the thin object, which can however be obtained with zero energy, the former allows us for any deformation of the string at finite energetic cost.

Despite their differences, both cases share a feature that may seem surprising at first. In fact, the incompressibilty constraint imposed on the three-dimensional elasticity models does not carry over to the reduced ones, in the sense that admissible deformations are not length preserving in general, but can undergo compression and/or stretching, cf. remark 2.2 for a discussion of the zero-level sets of \overline{W}^c . For a similar observation in the context of incompressible membranes, see [11].

1.3. Approach and techniques

The proofs for the cases $\alpha = 0$ and $\alpha \in (0, 2)$ can be found in §§ 3 and 4, respectively. Overall, our idea is to combine tools from [11] on 3d–2d dimension reduction for incompressible membranes and the references [1, 40], where the authors derive one-dimensional models for strings without volumetric constraints.

In both regimes, compactness and the liminf-inequalities are straightforward to show, as they follow immediately from the corresponding results for the unconstrained problems. However, the construction of recovery sequences is more delicate.

The difficulty is to accommodate the incompressibility condition, while approximating the desired limit deformation in an energetically optimal way. To achieve this, we take the recovery sequences from the compressible case—i.e., the ones from [1] if $\alpha = 0$, and from [40] for $\alpha \in (0, 2)$ —as a basis, and modify them with the help of an inner perturbation argument tailored for 3d–1d dimension reduction. The latter, which is stated in lemma 2.5, is a key ingredient of the proof.

In order to apply lemma 2.5, though, one needs sequences that are sufficiently regular and whose rescaled deformation gradients have determinant close to 1 up to a small, quantified error. Especially in the string regime $\alpha=0$, this requires some technical effort. Indeed, with the help of Bézier curves, we establish a mollification argument for piecewise affine functions of one variable, which, amongst other useful properties, yields uniform bounds on the derivatives, see lemma 2.6. Moreover, we construct tailored moving frames along the resulting smooth curves in order to guarantee that fattening them to tubes results in deformed configurations that are almost (with controlled errors) locally volume-preserving.

2. Preliminaries

To start with, we introduce notations and collect a few technical tools.

2.1. Notation

The following notational conventions are used throughout the paper: Let $a \cdot b$ be the standard inner product of two vectors $a, b \in \mathbb{R}^3$, and e_1, e_2, e_3 the standard unit vectors in \mathbb{R}^3 . On the space $\mathbb{R}^{m \times n}$ of real-valued $m \times n$ matrices, we denote the Frobenius-norm by $|\cdot|$ and write $|F|_p := \left(\sum_{i=1}^m \sum_{j=1}^n |e_i \cdot Fe_j|^p\right)^{1/p}$ with $F \in \mathbb{R}^{m \times n}$ for any p > 1; naturally, there is a constant c(p) > 0 such that

$$\frac{1}{\sqrt{c(p)}}|\cdot|_p^p \leqslant |\cdot|^p \leqslant \sqrt{c(p)}|\cdot|_p^p. \tag{2.1}$$

Moreover, the closure of a given set $U \subset \mathbb{R}^n$ is denoted by \overline{U} , whereas U^c stands for the convex hull of U. Accordingly, the convex envelope of a function $f: \mathbb{R}^n \to \mathbb{R}$ is f^c . For the zero level set of f, we use $L_0(f)$. The partial derivative of $v: U \to \mathbb{R}^m$, where $U \subset \mathbb{R}^n$ is open, with respect to the i-th variable is denoted by $\partial_i v$, and gradients by ∇v . If v depends only on one real variable, meaning if v = 1, we simplify v = 10. The rescaled gradient of $v: U \subset \mathbb{R}^n \to \mathbb{R}^n$ 1 is given by

$$\nabla^{\varepsilon} v := \left(\partial_1 v \Big| \frac{1}{\varepsilon} \partial_2 v \Big| \frac{1}{\varepsilon} \partial_3 v \right). \tag{2.2}$$

We employ standard notation for Lebesgue and Sobolev spaces as well as for spaces of continuous and k-times continuously differentiable functions; in particular, $L^p(U;\mathbb{R}^m)$, $W^{1,p}(U;\mathbb{R}^m)$ and $C^k(\overline{U};\mathbb{R}^m)$ with $k \in \mathbb{N}_0$ for an open set $U \subset \mathbb{R}^n$. We shall equip the latter with the norm

$$\|u\|_{C^k(\overline{U};\mathbb{R}^m)}:=\sum_{i=0}^k \max_{x\in \overline{U}} |\nabla^i u(x)|.$$

To shorten notation, let $L^p(a,b;\mathbb{R}^m):=L^p((a,b);\mathbb{R}^m)$ and $W^{1,p}(a,b;\mathbb{R}^m):=W^{1,p}((a,b);\mathbb{R}^m)$ if $U=(a,b)\subset\mathbb{R}$.

Furthermore, $A_{\mathrm{pw}}(I;\mathbb{R}^m)$ with an open interval $I \subset \mathbb{R}$ is defined as the space of continuous piecewise affine functions with values in \mathbb{R}^m .

If $\Omega = (0, L) \times \omega$ as in the introduction, without explicit mention, we identify any $u: (0, L) \to \mathbb{R}^3$ with its trivial extension to a function on Ω ; in particular, given sufficient regularity, $\partial_1 u$ and u' are used interchangeably. Finally, $\mathcal{O}(\cdot)$ is the well-known Landau symbol.

2.2. Hypotheses and properties of W_0 and \overline{W}

Consider the following regularity and growth assumptions for the energy density $W_0: \mathbb{R}^{3\times 3} \to \mathbb{R}$:

- (H1) W_0 is continuous on $\mathbb{R}^{3\times 3}$;
- (H2) there are constants $C_2, c_2 > 0$ such that

$$c_2|F|^p - C_2 \leqslant W_0(F) \leqslant C_2(|F|^p + 1)$$
 for all $F \in \mathbb{R}^{3 \times 3}$;

(H3) there are constants $C_3, c_3 > 0$ such that

$$c_3 \operatorname{dist}^p(F, \operatorname{SO}(3)) \leq W_0(F) \leq C_3 \operatorname{dist}^p(F, \operatorname{SO}(3))$$
 for all $F \in \mathbb{R}^{3 \times 3}$.

Clearly, (H3) implies (H2). Notice that hypotheses (H1) and (H2), which appear in our proofs for the regimes $\alpha \in [0,1/2)$ (cf. theorems 3.1 and 4.1), are standard assumptions for energy densities—possibly with multi-well character—used in the literature to describe thin elastic objects like strings and membranes (see e.g. [1,33] for the compressible and [11] for the incompressible setting). For technical reasons, we replace (H2) in the intermediate regimes $\alpha \geq 1/2$ (see theorem 4.1) with the stronger condition (H3). The latter corresponds to a single-well type energy and is common in the theory of rods and plates [12, 23, 36, 40]. Recalling the definition of W in (1.1), we define $\overline{W} : \mathbb{R}^3 \to [0, \infty]$ by minimizing out the cross-section variables, that is,

$$\overline{W}(\xi) = \inf_{A \in \mathbb{R}^{3 \times 2}} W((\xi|A)) = \begin{cases} \inf_{A \in \mathbb{R}^{3 \times 2}, \det(\xi|A) = 1} W_0((\xi|A)) & \text{if } \xi \neq 0, \\ \infty & \text{otherwise,} \end{cases}$$
(2.3)

for $\xi \in \mathbb{R}^3$. Notice that the hypotheses (H1) and (H2) guarantee that the infima in (2.3) are attained. As we detail next, the convexification \overline{W}^c of \overline{W} inherits growth properties from W_0 .

LEMMA 2.1. Let W_0 satisfy (H1) and (H2). There are constants $C_4, c_4 > 0$ such that

$$c_4|\xi|^p - C_4 \leqslant \overline{W}^c(\xi) \leqslant C_4(|\xi|^p + 1) \quad \text{for all } \xi \in \mathbb{R}^3.$$
 (2.4)

In particular, $\overline{W}^c: \mathbb{R}^3 \to [0, \infty)$ is continuous as a finite-valued convex function.

Proof. Indeed, (H2), along with the observation that

$$\min_{A \in \mathbb{R}^{3 \times 2}, \det(\xi|A) = 1} |(\xi|A)|^{p}$$

$$\leq c(p) \min_{x, y \in \mathbb{R}^{3}, (x \times y) \cdot \xi = 1} |\xi|^{p} + |x|^{p} + |y|^{p} = c(p) (|\xi|^{p} + 2|\xi|^{-\frac{p}{2}})$$
(2.5)

for any $\xi \in \mathbb{R}^3 \setminus \{0\}$, cf. (2.1), allows us to infer that

$$c_2|\xi|^p - C_2 \leqslant \overline{W}(\xi) \leqslant c(p)C_2(|\xi|^p + 2|\xi|^{-\frac{p}{2}}) + C_2$$
 (2.6)

for all $\xi \in \mathbb{R}^3 \setminus \{0\}$, which after convexification gives rise to (2.4).

The following lemma collects a few basic properties of the zero level sets of \overline{W} and \overline{W}^c .

Remark 2.2. Suppose that W_0 satisfies (H1) and (H2).

- (a) The growth assumption (H3) implies immediately that $L_0(W) = L_0(W_0) = SO(3)$.
- (b) If W_0 is frame-indifferent, i.e., $W_0(RF) = W_0(F)$ for all $F \in \mathbb{R}^{3\times 3}$ and any $R \in SO(3)$, then $\overline{W}(\xi)$ with $\xi \in \mathbb{R}^3$ depends de facto only on $|\xi|$, i.e., $W(\xi) = f(|\xi|)$ for $\xi \in \mathbb{R}^3$ with some $f : [0, \infty) \to \mathbb{R}$. Indeed, following the strategy in [1, theorem 4.1], we compute for any $R \in SO(3)$ and $\xi \neq 0$,

$$\overline{W}(R\xi) = \min\{W_0((R\xi|A)) : A \in \mathbb{R}^{3\times 2}, \det(R\xi|A) = 1\}$$

$$= \min\{W_0(R(\xi|A)) : A \in \mathbb{R}^{3\times 2}, \det(R(\xi|A)) = 1\}$$

$$= \min\{W_0((\xi|A)) : A \in \mathbb{R}^{3\times 2}, \det(\xi|A) = 1\} = \overline{W}(\xi).$$

In this case, $\overline{W}^c = f^c(|\cdot|)$ and $L_0(\overline{W}^c) = L_0(\overline{W})^c = \{\xi \in \mathbb{R}^3 : |\xi| \leqslant \max_{t \geqslant 0, t \in L_0(f)} t\}$. (c) A frame-indifferent single-well energy density W_0 vanishing at the identity has SO(3) as zero level set of W_0 . Hence, $L_0(\overline{W}) = \{\xi \in \mathbb{R}^3 : |\xi| = 1\}$ in light of (b), and after convexification,

$$L_0(\overline{W}^c) = L_0(\overline{W})^c = \{ \xi \in \mathbb{R}^3 : |\xi| \leqslant 1 \}.$$

For illustration, we discuss two examples of energy densities with an incompressibility constraint \overline{W} from the mechanics literature. We provide explicit formulas for the minimized and convexified densities \overline{W}^c , which fully determine the models resulting from our 3d–1d dimension reduction analysis.

EXAMPLE 2.3. (a) Consider the stored energy density of an incompressible homogeneous neo-Hookean solid, i.e.,

$$W(F) = \begin{cases} \mu \operatorname{Tr}(F^T F - \operatorname{Id}) & \text{if } \det F = 1, \\ \infty & \text{otherwise,} \end{cases} F \in \mathbb{R}^{3 \times 3},$$

where $\mu > 0$ is a given shear modulus. With $W_0(F) = \mu \operatorname{Tr}(F^T F - \operatorname{Id}) = \mu(|F|^2 - 3)$ for $F \in \mathbb{R}^{3 \times 3}$, which satisfies the assumptions (H1) and (H2) for p = 2, this model fits into the framework of this paper for the scaling regimes $\alpha \in [0, \frac{1}{2})$. An optimization argument as in (2.5) yields that $\overline{W}(\xi) = \mu(|\xi|^2 + 2|\xi|^{-1} - 3)$ for $\xi \in \mathbb{R}$, and thus, by convexification,

$$\overline{W}^{c}(\xi) = \begin{cases} \mu(|\xi|^{2} + 2|\xi|^{-1} - 3) & \text{if } |\xi| > 1, \\ 0 & \text{if } |\xi| \leqslant 1, \end{cases} \quad \xi \in \mathbb{R}^{3}.$$

Inserting this expression into the limit functionals \mathcal{I}^0 as in (1.3) and \mathcal{I}^{α} in (1.4) shows, in particular, that the one-dimensional string models allow for compression (i.e., $|u'| \leq 1$ for $u \in W^{1,2}(0,L;\mathbb{R}^3)$) at no energetic cost.

(b) A widely used material class where incompressibility constitutes a mechanical key feature are rubber-like ones. Following the phenomenological description of carbon-black-filled rubber introduced by Yeoh in [45, 46] leads us to study the energy density

$$W(F) = \begin{cases} \sum_{k=1}^{3} a_k (\operatorname{Tr}(F^T F - \operatorname{Id}))^k & \text{if } \det F = 1, \\ \infty & \text{otherwise,} \end{cases}$$

with given material constants $a_1, a_2, a_3 \ge 0$. In analogy to (a), the growth conditions (H1) and (H2) hold with p = 6, and we conclude in light of the monotonicity of $t \mapsto t^k$ on $[0, \infty)$ for $k \in \mathbb{N}$ that

$$\overline{W}^{c}(\xi) = \begin{cases} \sum_{k=1}^{3} a_k (|\xi|^2 + 2|\xi|^{-1} - 3)^k & \text{if } |\xi| \geqslant 1, \\ 0 & \text{if } |\xi| < 1, \end{cases} \quad \xi \in \mathbb{R}^3.$$

Here as well, the resulting lower-dimensional limit energies do not penalize compression.

To conclude this subsection, we briefly comment on the connection between models with and without incompressibility.

REMARK 2.4. Formally, three-dimensional models for incompressible elastic materials arise through a limit passage from compressible ones with a suitable penalization term that diverges whenever the Jacobian determinant of the deformation field deviates from one.

Let us exemplify this idea in the context of this paper—on the basis of a simple scenario. Suppose that $\alpha=0,\ p\geqslant 3$ and consider a continuous $\psi:\mathbb{R}\to [0,\infty)$ satisfying $\psi(0)=0$ as well as standard q-growth and q-coercivity for some $q\in [1,p/3]$. For $k\in\mathbb{N}$, we define

$$\mathcal{I}^{0}_{\varepsilon,k}(u) = \int_{\Omega} W_{k}(\nabla^{\varepsilon} u) \, \mathrm{d}x, \quad u \in W^{1,p}(\Omega; \mathbb{R}^{3}),$$

where

$$W_k(F) := W_0(F) + k\psi(\det F - 1)$$

for $F \in \mathbb{R}^{3\times 3}$ with $W_0 : \mathbb{R}^{3\times 3} \to \mathbb{R}$ satisfying (H1) and (H2). Notice that each W_k satisfies all the assumptions (in particular, standard p-growth and p-coercivity) necessary for the classical analysis of compressible elastic strings in [1]. On the other hand, it is straight-forward to verify that the sequence $(\mathcal{I}_{\varepsilon,k}^0)_k$ Γ -converges with respect to the weak topology in $W^{1,p}(\Omega;\mathbb{R}^3)$ to $\mathcal{I}_{\varepsilon}^0$ defined as in (1.2) for any $\varepsilon > 0$.

2.3. Technical tools

The following auxiliary result on inner perturbations is a key ingredient for the construction of recovery sequences, both in the regimes $\alpha=0$ and $\alpha\in(0,2)$, since it allows us to modify sequences subject to the incompressibility constraint in an approximate sense into ones that satisfy it exactly. Analogous techniques applicable to 3d–2d dimension reduction problems were first introduced in [11] and later exploited in [12,34]. We adapt the method to the 3d–1d context, where perturbing one of the cross-section variables (instead of both) is enough to realize the desired determinant condition.

LEMMA 2.5 Inner perturbation. Let $\gamma > 0$ and $J \subset J' \subset \mathbb{R}$ be bounded closed intervals such that $0 \in J$ and J is compactly contained in the interior of J'. Further, let $Q_L := [0, L] \times J \times J \subset \mathbb{R}^3$ and analogously, $Q'_L := [0, L] \times J' \times J'$, and define $\Pi_3 : Q_L \to J$ by $x \mapsto x_3$ for $x \in Q_L$. If $(v_{\varepsilon})_{\varepsilon} \subset C^2(Q'_L; \mathbb{R}^3)$ is such that

$$\|\det \nabla^{\varepsilon} v_{\varepsilon} - 1\|_{C^{1}(Q'_{t})} = \mathcal{O}(\varepsilon^{\gamma}), \tag{2.7}$$

then there exists a sequence $(\Phi_{\varepsilon})_{\varepsilon} \subset C^1(Q_L; Q'_L)$ with functions of the form

$$\Phi_{\varepsilon}(x) = (x_1, x_2, \varphi_{\varepsilon}(x)), \quad x \in Q_L,$$

where $\varphi_{\varepsilon} \in C^1(Q_L; J')$ for $\varepsilon > 0$ is such that

$$\|\varphi_{\varepsilon} - \Pi_3\|_{C^1(Q_L;\mathbb{R}^3)} = \mathcal{O}(\varepsilon^{\gamma}),$$
 (2.8)

and the perturbed sequence $(u_{\varepsilon})_{\varepsilon} \subset C^1(Q_L; \mathbb{R}^3)$ defined by $u_{\varepsilon} := v_{\varepsilon} \circ \Phi_{\varepsilon}$ satisfies

$$\det \nabla^{\varepsilon} u_{\varepsilon} = 1 \quad everywhere \ in \ Q_L \ for \ \varepsilon > 0. \tag{2.9}$$

Proof. We subdivide the construction of a sequence $(\varphi_{\varepsilon})_{\varepsilon} \in C^1(Q_L; J')$ satisfying the conditions (2.8) and (2.9) into two steps. The arguments are strongly inspired by the ideas and techniques of [11, 12]. Note that according to (2.7), there is a constant l > 0 such that

$$\|\det \nabla^{\varepsilon} v_{\varepsilon}\|_{C^{0}(Q'_{L})} \geqslant l \tag{2.10}$$

for all $\varepsilon > 0$ sufficiently small.

Step 1: Implementation of the determinant constraint. Recalling the definition of the rescaled gradients in (2.2), we deduce from the chain rule that $u_{\varepsilon} = v_{\varepsilon} \circ \Phi_{\varepsilon}$ satisfies

$$\det \nabla^{\varepsilon} u_{\varepsilon} = \det(\nabla v_{\varepsilon} \circ \Phi_{\varepsilon}) \det \nabla^{\varepsilon} \Phi_{\varepsilon} = \frac{1}{\varepsilon^{2}} \det(\nabla v_{\varepsilon} \circ \Phi_{\varepsilon}) \det \nabla \Phi_{\varepsilon}$$
$$= \det(\nabla^{\varepsilon} v_{\varepsilon} \circ \Phi_{\varepsilon}) \det \nabla \Phi_{\varepsilon} = \det(\nabla^{\varepsilon} v_{\varepsilon} \circ \Phi_{\varepsilon}) \partial_{3} \varphi_{\varepsilon}$$

on Q_L . Hence, condition (2.9) is fulfilled if φ_{ε} solves the following initial value problem: For each $x_1 \in [0, L]$ and $x_2 \in J$,

$$\begin{cases} \partial_3 \varphi_{\varepsilon}(x_1, x_2, x_3) &= \frac{1}{\det \nabla^{\varepsilon} v_{\varepsilon}(x_1, x_2, \varphi_{\varepsilon}(x_1, x_2, x_3))} & \text{for } x_3 \in J, \\ \varphi_{\varepsilon}(x_1, x_2, 0) &= 0; \end{cases}$$
(2.11)

notice that in view of (2.10), the denominator on the right-hand of the differential equation is in particular non-zero; also, the choice of initial conditions is indeed admissible, considering that $0 \in J$.

The existence of a unique solution $\varphi_{\varepsilon} \in C^1(Q_L; J')$ to the initial value problem in (2.11) with continuously differentiable dependence on the parameters x_1 and x_2 follows from standard ODE theory. More precisely, the argument is based on Banach's fixed point theorem, see e.g. [44, III, §13, Satz II and IV]; note that in our case, the contraction may be defined on $C^0(Q_L; J')$, since (2.7) implies that for any $\phi \in C^0(Q_L; J')$ and $x \in Q_L$,

$$\int_0^{x_3} \frac{1}{\det \nabla^{\varepsilon} v_{\varepsilon}(x_1, x_2, \phi(x_1, x_2, s))} \, \mathrm{d}s \in J',$$

provided ε is small enough.

Step 2: Estimates for φ_{ε} . To verify (2.8) for the previously constructed φ_{ε} , we are going to show that

$$\|\partial_3 \varphi_{\varepsilon} - 1\|_{C^0(Q_L)} = \mathcal{O}(\varepsilon^{\gamma}),$$
 (2.12)

$$\|\varphi_{\varepsilon} - \Pi_3\|_{C^0(Q_L)} = \mathcal{O}(\varepsilon^{\gamma}),$$
 (2.13)

$$\|\partial_1 \varphi_{\varepsilon}\|_{C^0(Q_L)} = \mathcal{O}(\varepsilon^{\gamma}) \quad \text{and} \quad \|\partial_2 \varphi_{\varepsilon}\|_{C^0(Q_L)} = \mathcal{O}(\varepsilon^{\gamma}).$$
 (2.14)

Indeed, (2.12) follows from

$$\begin{split} |\partial_3 \varphi_\varepsilon - 1| &= \frac{|\det(\nabla^\varepsilon v_\varepsilon \circ \Phi_\varepsilon) - 1|}{|\det(\nabla^\varepsilon v_\varepsilon \circ \Phi_\varepsilon)|} \\ &\leqslant \frac{1}{I} |\det(\nabla^\varepsilon v_\varepsilon \circ \Phi_\varepsilon) - 1| \leqslant \frac{1}{I} ||\det\nabla^\varepsilon v_\varepsilon - 1||_{C^0(Q_L)} \end{split}$$

in combination with (2.7), and it suffices for (2.13) to observe that

$$|\varphi_{\varepsilon}(x) - x_3| \leqslant \left| \int_0^{x_3} \partial_3 \varphi(x_1, x_2, s) - 1 \, \mathrm{d}s \right| \leqslant |x_3| \|\partial_3 \varphi_{\varepsilon} - 1\|_{C^0(Q_L)}$$
 (2.15)

for any $x \in Q_L$. For the proof of (2.14), it is convenient to rewrite (2.11) equivalently in terms of the integral equation

$$\int_{0}^{\varphi_{\varepsilon}(x)} \det \nabla^{\varepsilon} v_{\varepsilon}(x_{1}, x_{2}, s) \, \mathrm{d}s = x_{3} \quad \text{for } x \in Q_{L}. \tag{2.16}$$

By the Leibniz integral rule, differentiating (2.16) with respect to x_1 leads to

$$\int_0^{\varphi_{\varepsilon}(x)} \partial_1[\det \nabla^{\varepsilon} v_{\varepsilon}(x_1, x_2, s)] \, \mathrm{d}s + \partial_1 \varphi_{\varepsilon}(x) \det \nabla^{\varepsilon} v_{\varepsilon}(x_1, x_2, \varphi_{\varepsilon}(x)) = 0$$

for $x \in Q_L$, and hence, along with (2.10),

$$|\partial_1 \varphi_{\varepsilon}(x)| \leqslant \frac{1}{l} \Big| \int_0^{\varphi_{\varepsilon}(x)} \partial_1 \det \nabla^{\varepsilon} v_{\varepsilon}(x_1, x_2, s) \, \mathrm{d}s \Big| \leqslant \frac{|\varphi_{\varepsilon}(x)|}{l} \|\nabla (\det \nabla^{\varepsilon} v_{\varepsilon})\|_{C^o(Q_L)}.$$

In view of (2.15) and (2.7), this gives the first part of (2.14). The second part involving $\partial_2 \varphi_{\varepsilon}$ follows in the same way.

The next lemma provides a technical tool that, intuitively speaking, allows us to round off the corners of a piecewise affine curve in such a way that the resulting mollification is a regular curve and still piecewise affine on most of its domain. This can be achieved with the help of Bézier curves, see e.g. [20]. Although there is a substantial literature on the subject, we have not been able to track down the specific statement needed for the construction of a recovery sequence in theorem 3.1. We present a self-contained proof in the appendix.

LEMMA 2.6 Mollification via Bézier curves. Let $k \in \mathbb{N}$, $q \ge 1$ and $u \in A_{pw}(0, L; \mathbb{R}^3)$. Further, let Γ be the finite set of points in (0, L) where u is not differentiable, and suppose that $u' \ne 0$ a.e. in (0, L). Then there exists a sequence $(u_i)_i \subset C^k([0, L]; \mathbb{R}^3)$ with the following three properties:

- (i) (Uniform bounds) $c \leq |u_i'| \leq C$ in [0, L] for all $i \in \mathbb{N}$ with constants c, C > 0 depending only on u;
- (ii) (Affinity) $u_i = u$ on $[0, L] \setminus \Gamma_i$ with $\Gamma_i = \{t \in [0, L] : \text{dist}(t, \Gamma) \leq 1/i\}$ for $i \in \mathbb{N}$ large enough;
- (iii) (Convergence) $u_i \to u$ in $W^{1,q}(0,L;\mathbb{R}^3)$ as $i \to \infty$.

3. The regime $\alpha = 0$

The first main result derives an effective one-dimensional model for incompressible elastic strings via a Γ -convergence analysis of the energies $\mathcal{I}^{\alpha}_{\varepsilon}$ with $\alpha=0$ in the limit of vanishing ε . Its two main characteristics reflect an optimization over all deformations of the cross-section at finite thickness and a relaxation procedure minimizing the energy over possible microstructures.

THEOREM 3.1. For $\varepsilon > 0$, let $\mathcal{I}_{\varepsilon}^0$ as in (1.2), assuming that W_0 satisfies (H1) and (H2). Then, $(\mathcal{I}_{\varepsilon}^0)_{\varepsilon}$ Γ -converges regarding the weak topology in $W^{1,p}(\Omega;\mathbb{R}^3)$ to

$$\mathcal{I}^{0}: W^{1,p}(\Omega; \mathbb{R}^{3}) \to [0,\infty], \quad u \mapsto \begin{cases} |\omega| \int_{0}^{L} \overline{W}^{c}(u') \, dx_{1} & \text{if } u \in W^{1,p}(0,L; \mathbb{R}^{3}), \\ \infty & \text{otherwise,} \end{cases}$$

with $\overline{W}: \mathbb{R}^3 \to [0, \infty)$ defined as in (2.3). Furthermore, every sequence $(u_{\varepsilon})_{\varepsilon} \subset W^{1,p}(\Omega; \mathbb{R}^3)$ with $\int_{\Omega} u_{\varepsilon} dx = 0$ and $\sup_{\varepsilon > 0} \mathcal{I}^0_{\varepsilon}(u_{\varepsilon}) < \infty$ is relatively weakly compact.

Proof. The overall idea of the proof follows along the lines of [11], but the arguments need to be suitably modified for this setting of 3d–1d reduction. This involves a taylored mollification and frame construction for piecewise affine regular curves, as well as elements from [1], see also [40]. The key ingredient for realizing the volumetric constraint in the construction of the recovery sequence is lemma 2.5.

Part I: Lower bound and compactness. Let $(u_{\varepsilon})_{\varepsilon} \subset W^{1,p}(\Omega; \mathbb{R}^3)$ be a sequence of functions with zero mean value and uniformly bounded energy regarding $(\mathcal{I}_{\varepsilon}^0)_{\varepsilon}$. Due to $W \geqslant W_0$ and the fact that, by assumption, W_0 satisfies the necessary properties to apply the compactness of the corresponding compressible problem (see e.g. [1, theorem 2.1]), we conclude the existence of a subsequence of $(u_{\varepsilon})_{\varepsilon}$ converging weakly

in $W^{1,p}(\Omega;\mathbb{R}^3)$ to some $u \in W^{1,p}(0,L;\mathbb{R}^3)$. Since \overline{W}^c is convex, continuous and bounded from below, the functional

$$L^p(\Omega; \mathbb{R}^3) \ni v \mapsto \int_{\Omega} \overline{W}^{c}(v) dx$$

is L^p -weakly lower semi-continuous (see e.g. [13, theorem 1.3]), and hence,

$$\liminf_{\varepsilon \to 0} \mathcal{I}_{\varepsilon}^{0}(u_{\varepsilon}) = \lim_{\varepsilon \to 0} \int_{\Omega} W(\nabla^{\varepsilon} u_{\varepsilon}) \, dx \geqslant \liminf_{\varepsilon \to 0} \int_{\Omega} \overline{W}^{c}(\partial_{1} u_{\varepsilon}) \, dx$$

$$\geqslant \int_{\Omega} \overline{W}^{c}(\partial_{1} u) \, dx = |\omega| \int_{0}^{L} \overline{W}^{c}(u') \, dx_{1},$$

which is the desired liminf-inequality.

Part II: Upper bound. Let $u \in W^{1,p}(0,L;\mathbb{R}^3)$. For easier reading, we subdivide the argument into several steps.

Step 1: Affine approximation. Considering that $A_{pw}(0, L; \mathbb{R}^3)$ is dense in $W^{1,p}(0, L; \mathbb{R}^3)$, one can find a sequence $(\tilde{v}_j)_j \subset A_{pw}(0, L; \mathbb{R}^3)$ such that

$$\tilde{v}_i \to u \quad \text{in } W^{1,p}(0,L;\mathbb{R}^3).$$
 (3.1)

Then, in light of the continuity of \overline{W}^c and its *p*-growth (2.4), we can pass to the limit via the Vitali-Lebesgue convergence theorem to obtain

$$\lim_{j \to \infty} \int_0^L \overline{W}^{c}(\tilde{v}'_j) \, \mathrm{d}x_1 = \int_0^L \overline{W}^{c}(u') \, \mathrm{d}x_1. \tag{3.2}$$

Step 2: Relaxation. Next, we will construct a sequence $(v_j)_j \subset A_{pw}(0, L; \mathbb{R}^3)$ such that $v_j \rightharpoonup u$ in $W^{1,p}(0, L; \mathbb{R}^3)$ and

$$\lim_{j \to \infty} \int_0^L \overline{W}(v_j') \, \mathrm{d}x_1 \leqslant \int_0^L \overline{W}^{\mathrm{c}}(u') \, \mathrm{d}x_1; \tag{3.3}$$

in particular, this means that $v_j' \neq 0$ a.e. in (0,L) for $j \in \mathbb{N}$. For $j \in \mathbb{N}$, let \tilde{v}_j be the function from step 1, and denote the finitely many disjoint open subintervals of (0,L) on which \tilde{v}_j' is constant by $\tilde{I}_j^{(n)}$ with $n=1,\ldots,\tilde{N}_j$; notice that

$$\left| (0,L) \setminus \bigcup_{n=1}^{\tilde{N}_j} \tilde{I}_j^{(n)} \right| = 0.$$

The idea is to modify \tilde{v}_j suitably on each $\tilde{I}_j^{(n)}$. To be precise, by classical arguments in convex analysis and relaxation theory (see e.g. [13, theorem 2.35]), one can find

functions $\phi_j^{(n)} \in W_0^{1,p}(\tilde{I}_j^{(n)}; \mathbb{R}^3) \cap A_{pw}(0, L; \mathbb{R}^3)$, such that

$$\oint_{\tilde{I}_j^{(n)}} \overline{W}(\tilde{v}_j' + (\phi_j^{(n)})') \, \mathrm{d}x_1 \leqslant \overline{W}^{\mathrm{c}}(\tilde{v}_j') + \frac{1}{j}$$

and

$$\int_{\tilde{I}_{j}^{(n)}} |\phi_{j}^{(n)}|^{p} dx_{1} \leqslant \frac{1}{j^{p}} |\tilde{I}_{j}^{(n)}|;$$
(3.4)

the add-on (3.4) follows via a simple refinement argument, just replace $\phi_j^{(n)}$ with a piecewise affine function that consists of multiple scaled copies of the latter. Define $v_j := \tilde{v}_j + \sum_{n=1}^{\tilde{N}_j} \phi_j^{(n)} \mathbb{1}_{\tilde{I}_j^{(n)}}$, where $\mathbb{1}_I$ for some $I \subset \mathbb{R}$ denotes the associated indicator function with values 0 and 1. Then, $\|v_j - \tilde{v}_j\|_{L^p(0,L;\mathbb{R}^3)} \leqslant (\sqrt[p]{L}/j)$ and

$$\int_0^L \overline{W}(v_j') \, \mathrm{d}x_1 = \sum_{n=1}^{\tilde{N}_j} \int_{\tilde{I}_j^{(n)}} \overline{W}(\tilde{v}_j' + (\phi_j^{(n)})') \, \mathrm{d}x_1$$

$$\leq \sum_{n=1}^{\tilde{N}_j} (\overline{W}^c(\tilde{v}_j') + \frac{1}{j}) |\tilde{I}_j^{(n)}| = \int_0^L \overline{W}^c(\tilde{v}_j') \, \mathrm{d}x_1 + \frac{L}{j}.$$

Hence, letting $j \to \infty$ implies (3.3) in view of (3.2), as well as $v_j \to u$ in $L^p(0, L; \mathbb{R}^3)$ due to (3.1). The observation that $(v_j)_j$ is uniformly bounded in $W^{1,p}(0, L; \mathbb{R}^3)$ as a consequence of the lower bound in (2.6) allows us to conclude the desired weak convergence $v_j \to u$ in $W^{1,p}(0, L; \mathbb{R}^3)$.

Step 3: Mollification of the piecewise affine approximations. With the help of lemma 2.6 applied to each v_j from step 2 with q=p and k=3, and a diagonalization argument, we obtain a sequence of functions $(u_j)_j \subset C^3([0,L];\mathbb{R}^3)$ with these properties:

- (i) for every $j \in \mathbb{N}$ there are $0 < l_j \leqslant L_j$ such that $l_j \leqslant |u'_j| \leqslant L_j$ in [0, L]; without loss of generality, we may assume that $l_j \leqslant 1$;
- (ii) for every $j \in \mathbb{N}$ there are finitely many disjoint open intervals $I_j^{(n)} \subset [0, L]$ with $n = 1, \dots, N_j$ such that the restriction of u_j to $I_j^{(n)}$ is affine and coincides with $v_j|_{I_j^{(n)}}$;
- (iii) $\lim_{j\to\infty} |\Gamma_j|(L_j^p + l_j^{-\frac{p}{2}} + 1) = 0$, where $\Gamma_j := [0, L] \setminus \bigcup_{n=1}^{N_j} I_j^{(n)}$ for $j \in \mathbb{N}$;
- (iv) $u_j v_j \to 0$ in $W^{1,p}(0,L;\mathbb{R}^3)$, and hence by step 2,

$$u_j \rightharpoonup u \quad \text{in } W^{1,p}(0,L;\mathbb{R}^3).$$
 (3.5)

Step 4: Taylored frame. For any curve u_j with $j \in \mathbb{N}$ as in the previous step, let $n_j \in C^2([0,L];\mathbb{R}^3)$ be a normal unit vector field along u_j , meaning $u'_j \cdot n_j = 0$ and

 $|n_j| = 1$ everywhere in [0, L]; we may assume without restriction that n_j is constant whenever u'_j is. Moreover, define

$$b_j := \frac{u'_j \times n_j}{|u'_j \times n_j|^2} \in C^2([0, L]; \mathbb{R}^3); \tag{3.6}$$

indeed, the denominator in (3.6) is non-zero, because n_j is orthogonal to u'_j and u_j a regular curve by step 3 (i). By definition, the triple (u'_j, n_j, b_j) forms an orthogonal moving frame along the trajectory given by u_j . Our aim in this step is to modify this moving frame into a version that is well-suited for the construction of an approximating sequence for u along which the energies converge as well, cf. step 5.

To this end, recall that u_j is affine on each $I_j^{(n)}$ with $n = 1, ..., N_j$ according to step 3(ii), that is,

$$u'_j|_{I_j^{(n)}} = \xi_j^{(n)} \quad \text{with } \xi_j^{(n)} \in \mathbb{R}^3.$$
 (3.7)

Let $A_i^{(n)} \in \mathbb{R}^{3 \times 2}$ be such that

$$W((\xi_j^{(n)}|A_j^{(n)})) = \min_{A \in \mathbb{R}^3 \times 2} W((\xi_j^{(n)}|A)) = \overline{W}(\xi_j^{(n)}); \tag{3.8}$$

in particular, $\det(\xi_j^{(n)}|A_j^{(n)})=1$, cf. (2.3). Moreover, for fixed $\delta,\eta>0$ sufficiently small, we consider compactly contained nested open subintervals $I_{j,\delta,\eta}^{(n)}\subset I_{j,\delta}^{(n)}\subset I_j^{(n)}$ with

$$|I_{i}^{(n)} \setminus I_{i,\delta}^{(n)}| \leq \delta$$
 and $|I_{i,\delta,\eta}^{(n)} \setminus I_{i,\delta}^{(n)}| \leq \eta$. (3.9)

Based on these definitions, we find $\bar{n}_{j,\delta} \in C^2([0,L];\mathbb{R}^3)$ with the properties that

$$\bar{n}_{j,\delta}|_{\Gamma_j} = n_j$$
 and $\bar{n}_{j,\delta}|_{I_{i,\delta}^{(n)}} = A_j^{(n)} e_1$ for $n = 1, \dots, N_j$,

as well as

$$|\bar{n}_{j,\delta}| < R_j \quad \text{and} \quad |u_j' \times \bar{n}_{j,\delta}| > r_j \text{ in } [0, L],$$

$$(3.10)$$

where $R_j := 2 \max\{1, \max_{j=1,...,N_j} |A_j^{(n)}e_1|\}$ and

$$r_j := \frac{1}{2} \min\{l_j, \min_{n=1,\dots,N_j} |\xi_j^{(n)} \times A_j^{(n)} e_1|\} > 0.$$

Geometrically speaking, we choose the free curve segments of $\bar{n}_{j,\delta}$ on $I_j^{(n)} \setminus I_{j,\delta}^{(n)}$ in such a way that $\bar{n}_{j,\delta}$ lies within the ball around the origin of radius $2\max\{1,|A_j^{(n)}e_1|\}$, but in the complement of the cylinder centred in the origin with axis pointing in the direction of $\xi_j^{(n)}$ and circular cross-section of radius $1/2\min\{|(\xi_j^{(n)})/(|\xi_j^{(n)}|) \times A_j^{(n)}e_1|,1\}$. Such a choice is possible, because the selected two radii guarantee that both the value of n_j on $I_j^{(n)}$ and $A_j^{(n)}e_1$ are contained in the specified path-connected region, see figure 1 for illustration.

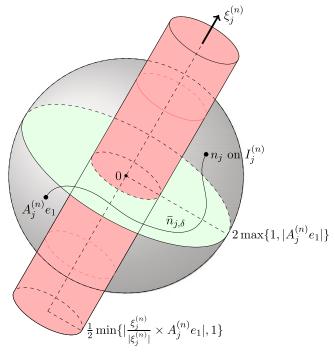


Figure 1. Sketch of the construction of $\bar{n}_{j,\delta}$ on $I_j^{(n)} \setminus I_{j,\delta}^{(n)}$.

As a customized replacement for b_j from (3.6), we introduce $\bar{b}_{j,\delta,\eta} \in C^2([0,L];\mathbb{R}^3)$ given by

$$\bar{b}_{j,\delta,\eta} = \bar{b}_{j,\delta} + \sum_{j=1}^{N_j} \psi_{j,\delta,\eta}^{(n)} (A_j^{(n)} e_2 - \hat{b}_j^{(n)})$$

where $\psi_{j,\delta,\eta}^{(n)}:[0,L]\to[0,1]$ are smooth cut-off functions with compact support in $I_{j,\delta}^{(n)}$ satisfying $\psi_{j,\delta,\eta}^{(n)}=1$ on $I_{j,\delta,\eta}^{(n)}$,

$$\bar{b}_{j,\delta} := \frac{u'_j \times \bar{n}_{j,\delta}}{|u'_j \times \bar{n}_{j,\delta}|^2} \quad \text{and} \quad \hat{b}_j^{(n)} := \frac{\xi_j^{(n)} \times A_j^{(n)} e_1}{|\xi_j^{(n)} \times A_j^{(n)} e_1|^2};$$

we remark that the last two quantities are well-defined due to (3.10) and the fact that

$$\det(\xi_j^{(n)}|A_j^{(n)}) = (\xi_j^{(n)} \times A_j^{(n)}e_1) \cdot A_j^{(n)}e_2 \neq 0.$$

Next, we collect a few useful properties of the newly constructed moving frames $(u'_j, \bar{n}_{j,\delta}, \bar{b}_{j,\delta,\eta})$. Setting

$$F_{j,\delta,\eta} := (\bar{n}_{j,\delta}|\bar{b}_{j,\delta,\eta}) \in C^2([0,L];\mathbb{R}^{3\times 2}),$$

we observe that

$$\det(u'_{j}|F_{j,\delta,\eta}) = \det(u'_{j}|\bar{n}_{j,\delta}|\bar{b}_{j,\delta}) + \sum_{n=1}^{N_{j}} \psi_{j,\delta,\eta}^{(n)} \left[\det(\xi_{j}^{(n)}|A_{j}^{(n)}) - \det(\xi_{j}^{(n)}|A_{j}^{(n)}e_{1}|\hat{b}_{j}^{(n)}) \right]$$
(3.11)

$$= \det(u'_j|\bar{n}_{j,\delta}|\bar{b}_{j,\delta}) = 1,$$

and, in view of (2.1),

$$|F_{j,\delta,\eta}|^p = c(p)(|\bar{n}_{j,\delta}|^p + |\bar{b}_{j,\delta,\eta}|^p) \leqslant c(p)C(L_j^p + l_j^{-\frac{p}{2}} + 1)$$
 (3.12)

with a constant C > 0 independent of j, δ and η ; see again step 3, where the constants L_j and l_j have been introduced. Indeed, to see (3.12), we infer from (3.10) together with the estimate

$$|\xi_j^{(n)} \times A_j^{(n)} e_1| |A_j^{(n)} e_2| \ge |\det(\xi_j |A_j^{(n)} e_1| A_j^{(n)} e_2)| = 1$$
 (3.13)

that

$$|\bar{n}_{j,\delta}| \le R_j \le 2(1 + \max_{n=1,\dots,N_j} |A_j^{(n)}e_1|),$$
 (3.14)

and

$$\begin{split} |\bar{b}_{j,\delta,\eta}| &\leqslant |u_j' \times \bar{n}_{j,\delta}|^{-1} + \max_{n=1,\dots,N_j} (|A_j^{(n)}e_2| + |\xi_j^{(n)} \times A_j^{(n)}e_1|^{-1}) \\ &\leqslant r_j^{-1} + 2 \max_{n=1,\dots,N_j} |A_j^{(n)}e_2| \leqslant 2(l_j^{-1} + 2 \max_{n=1,\dots,N_j} |A_j^{(n)}e_2|); \end{split}$$

in the last inequality, we have used in particular that

$$r_{j} \geqslant \frac{1}{2} \min\{l_{j}, \min_{n=1,\dots,N_{j}} |A_{j}^{(n)}e_{2}|^{-1}\} = \frac{1}{2} \min\{l_{j}, (\max_{n=1,\dots,N_{j}} |A_{j}^{(n)}e_{2}|)^{-1}\}$$

due to (3.13). Due to (3.8) and the growth properties of \overline{W} and W_0 from (2.6) and (H2), there exists a constant C > 0 such that

$$|A_j^{(n)}|^p \leqslant C(|\xi_j^{(n)}|^p + |\xi_j^{(n)}|^{-\frac{p}{2}} + 1)$$
(3.15)

for all $n = 1, ..., N_j$ and $j \in \mathbb{N}$. Hence, in view of (3.7) and step 3(i), combining (3.15) with (3.13) and (3.14) eventually implies (3.12).

Step 5: Recovery sequence. Let $J \subset J' \subset \mathbb{R}$ as in lemma 2.5 and $\overline{\omega} \subset J \times J$. We start by considering for fixed $j \in \mathbb{N}$ and $\delta, \eta > 0$ the auxiliary sequence $(v_{j,\delta,\eta,\varepsilon})_{\varepsilon} \subset C^2(Q'_L;\mathbb{R}^3)$ given by

$$v_{j,\delta,\eta,\varepsilon}(x) := u_j(x_1) + \varepsilon x_2 \bar{n}_{j,\delta}(x_1) + \varepsilon x_3 \bar{b}_{j,\delta,\eta}(x_1) \quad \text{for } x \in Q_L', \tag{3.16}$$

cf. e.g. [1, proposition 3.3]. Clearly,

$$||v_{j,\delta,\eta,\varepsilon} - u_j||_{C^1(\overline{\Omega};\mathbb{R}^3)} \to 0 \quad \text{as } \varepsilon \to 0.$$
 (3.17)

Using (3.11) and the uniform boundedness of $\bar{n}_{j,\delta}$, $\bar{b}_{j,\delta,\eta}$ and their derivatives uniformly in [0, L], we obtain for the following terms involving the rescaled gradients

of $v_{j,\delta,\eta,\varepsilon}$ that

$$\|\det \nabla^{\varepsilon} v_{j,\delta,\eta,\varepsilon} - 1\|_{C^{1}(\overline{\Omega})} = \mathcal{O}(\varepsilon), \tag{3.18}$$

and

$$\|W_0(\nabla^{\varepsilon}v_{j,\delta,\eta,\varepsilon}) - W_0((u_j'|F_{j,\delta,\eta}))\|_{C^0(\overline{\Omega})} \to 0 \quad \text{as } \varepsilon \to 0.$$
 (3.19)

As a consequence of the choices in step 4, we find that $(u'_j|F_{j,\delta,\eta})=(\xi_j^{(n)}|A_j^{(n)})$ on $I_{j,\delta,\eta}^{(n)}$ for all $n=1,\ldots,N_j$ and $\varepsilon>0$. Hence, along with (2.1), (2.3), (3.11), (3.8) and (H2),

$$\int_{\Omega} W_{0}((u'_{j}|F_{j,\delta,\eta})) dx \leq |\omega| \sum_{n=1}^{N_{j}} \overline{W}(\xi_{j}^{(n)}) |I_{j,\delta,\eta}^{(n)}|
+ c(p)C_{2}|\omega| \int_{[0,L]\setminus\bigcup_{n=1}^{N_{j}} I_{j,\delta,\eta}^{(n)}} |u'_{j}|^{p} + |F_{j,\delta,\eta}|^{p} + 1 dx_{1}
\leq |\omega| \int_{0}^{L} \overline{W}(v'_{j}) dx_{1} + C|\omega|(|\Gamma_{j}| + N_{j}\delta\eta) (L_{j}^{p} + l_{j}^{-\frac{p}{2}} + 1)$$
(3.20)

with C>0 dependent on p, but independent of j, δ, η and ε ; in the last estimate, we have exploited (3.7) in combination with step 3 (ii), as well as (3.12) and (3.9). What prevents a suitably diagonalized version of $(v_{j,\delta,\eta,\varepsilon})_{\varepsilon}$ from being a valid recovery sequence is its failure to satisfy the incompressibility constraint. This issue can be overcome by modifying the sequence according to lemma 2.5, which is applicable due to (3.18). Precisely, one obtains $(u_{j,\delta,\eta,\varepsilon})_{\varepsilon} \subset C^1(\overline{\Omega};\mathbb{R}^3)$ such that $\det \nabla^{\varepsilon} u_{j,\delta,\eta,\varepsilon} = 1$ for every $\varepsilon > 0$ and

$$||u_{j,\delta,\eta,\varepsilon} - v_{j,\delta,\eta,\varepsilon}||_{C^1(\overline{\Omega};\mathbb{R}^3)} = \mathcal{O}(\varepsilon^2);$$
(3.21)

the latter follows from (2.8) in combination with the special structure of $v_{j,\delta,\eta,\varepsilon}$ in (3.16). Hence, $u_{j,\delta,\eta,\varepsilon} \to u_j$ uniformly on $\overline{\Omega}$ and

$$\mathcal{I}_{\varepsilon}^{0}(u_{j,\delta,\eta,\varepsilon}) - \int_{\Omega} W_{0}(\nabla^{\varepsilon} v_{j,\delta,\eta,\varepsilon}) \, \mathrm{d}x$$

$$= \int_{\Omega} W_{0}(\nabla^{\varepsilon} u_{j,\delta,\eta,\varepsilon}) \, \mathrm{d}x - \int_{\Omega} W_{0}(\nabla^{\varepsilon} v_{j,\delta,\eta,\varepsilon}) \, \mathrm{d}x \to 0$$
(3.22)

as $\varepsilon \to 0$. Joining (3.19) and (3.20) with (3.22), under consideration of (3.3), (3.9) and step 3 (iii), gives

$$\limsup_{j\to\infty}\limsup_{\delta\to 0}\limsup_{\eta\to 0}\limsup_{\varepsilon\to 0}\mathcal{I}^0_\varepsilon(u_{j,\delta,\eta,\varepsilon})\leqslant |\omega|\int_0^L\overline{W}^{\rm c}(u')\;{\rm d}x_1=\mathcal{I}^0(u).$$

Together with (3.5), (3.17) and (3.21), we can finally extract a diagonal sequence $(u_{\varepsilon})_{\varepsilon}$ in the sense of Attouch [3, lemma 1.15, corollary 1.16] such that

$$\limsup_{\varepsilon \to 0} \mathcal{I}_{\varepsilon}^{0}(u_{\varepsilon}) \leqslant \mathcal{I}^{0}(u)$$

and $u_{\varepsilon} \rightharpoonup u$ in $W^{1,p}(\Omega; \mathbb{R}^3)$, which concludes the proof.

4. The regime $0 < \alpha < 2$

In the intermediate scaling regime $\alpha \in (0, 2)$, all admissible deformations for the one-dimensional limit model can be realized with zero energy, as our next theorem shows.

THEOREM 4.1. For $\varepsilon > 0$ and $p > \max\{1, \alpha\}$, let $\mathcal{I}_{\varepsilon}^{\alpha}$ with $0 < \alpha < 2$ as in (1.2) such that W_0 satisfies (H1), as well as (H2) if $\alpha < \frac{1}{2}$, and (H3) if $\alpha \geqslant \frac{1}{2}$. Then, $(\mathcal{I}_{\varepsilon}^{\alpha})_{\varepsilon}$ Γ -converges with respect to the weak topology in $W^{1,p}(\Omega; \mathbb{R}^3)$ to

$$\mathcal{I}^{\alpha}: W^{1,p}(\Omega; \mathbb{R}^3) \to [0,\infty], \quad u \mapsto \begin{cases} 0 & \text{if } u \in W^{1,p}(0,L; \mathbb{R}^3) \text{ with } u' \in L_0(\overline{W})^c \\ & \text{a.e. in } (0,L), \\ \infty & \text{otherwise,} \end{cases}$$

where $L_0(\overline{W})$ is the zero level set of \overline{W} as in (2.3). Moreover, any $(u_{\varepsilon})_{\varepsilon} \subset W^{1,p}(\Omega;\mathbb{R}^3)$ with $\int_{\Omega} u_{\varepsilon} dx = 0$ for all $\varepsilon > 0$ and $\sup_{\varepsilon > 0} \mathcal{I}_{\varepsilon}^{\alpha}(u_{\varepsilon}) < \infty$ is relatively weakly compact.

REMARK 4.2. (a) Trivially, if the zero level set of \overline{W} is empty, which is the case when $L_0(W_0) \cap Sl(3) = \emptyset$, the limit functional \mathcal{I}^{α} takes the value ∞ everywhere.

(b) Recall Remark 2.2 c), which shows that if W_0 is frame-indifferent and has a single-well energy at SO(3), then,

$$\overline{W}^{\mathrm{c}}(\xi) = 0$$
 if and only if $|\xi| \leqslant 1$.

The interpretation of theorem 4.1 in this case is that no energy is required to compress the one-dimensional limit object. Stretching, on the other hand, has infinite energetic cost and is therefore forbidden. It is interesting to observe that a comparison with [40, theorem 4.5], where no incompressibility constraint is imposed, yields no difference for the resulting string models.

(c) By a slight adaptation (in fact, a simplification) of the proof below, the statement of theorem 4.1 remains true if W is replaced with a continuous density W_0 that satisfies the growth assumption (H2) if $\alpha < 1$ and (H3) if $\alpha \ge 1$. This observation allows to weaken the hypotheses on the energy densities in [40, theorem 4.5], where 3d–1d dimension reduction is performed in the unconstrained case, for $\alpha < 1$; in particular, the result becomes applicable for energies of multi-well type.

Proof of theorem 4.1. Under consideration of lemma 2.5, the proof of the upper bound comes down to a modification and generalization of the construction in [40, theorem 4.5]. The compactness and lower bound follow as an immediate consequence of the respective results for the case $\alpha = 0$.

Part I: Lower bound and compactness. Let $(u_{\varepsilon})_{\varepsilon} \subset W^{1,p}(\Omega;\mathbb{R}^3)$ be a sequence of functions with vanishing mean value. If $(u_{\varepsilon})_{\varepsilon}$ has uniformly bounded energy, then there is a constant C > 0 such that

$$\mathcal{I}_{\varepsilon}^{0}(u_{\varepsilon}) \leqslant C\varepsilon^{\alpha}$$

for all $\varepsilon > 0$. By theorem 3.1, a subsequence of $(u_{\varepsilon})_{\varepsilon}$ (not relabelled) converges weakly to some one-dimensional function $u \in W^{1,p}(0,L;\mathbb{R}^3)$ in $W^{1,p}(\Omega;\mathbb{R}^3)$, and

$$0 = \liminf_{\varepsilon \to 0} \mathcal{I}_{\varepsilon}^{0}(u_{\varepsilon}) \geqslant |\omega| \int_{0}^{L} \overline{W}^{c}(u') \, dx_{1}.$$

Thus, $u' \in L_0(\overline{W}^c) = L_0(\overline{W})^c$ in (0, L), which concludes the first part of the proof. Part II: Upper bound. Let $u \in W^{1,p}(0, L; \mathbb{R}^3)$ and assume that $u' \in L_0(\overline{W})^c$ a.e. in (0, L), otherwise there is nothing to prove. We proceed in two steps.

Step 1: Basic construction for piecewise affine functions. We address first the special case when $u \in A_{pw}(0, L; \mathbb{R}^3)$ and $u' \in L_0(\overline{W})$ a.e. in (0, L). Let

$$0 = t^{(0)} < t^{(1)} < \dots < t^{(N-1)} < t^{(N)} = L$$

be a partition of the interval such that the restrictions of u' to the intervals $(t^{(n-1)}, t^{(n)})$ are constant, with values $\xi^{(n)} \in L_0(\overline{W})$, respectively. For any $n = 1, \ldots, N$, we select $A^{(n)} \in \mathbb{R}^{3 \times 2}$ to be a solution to the minimization problem in (2.3) defining $\overline{W}(\xi^{(n)})$, so that

$$\det(\xi^{(n)}|A^{(n)}) = 1 \quad \text{and} \quad W((\xi^{(n)}|A^{(n)})) = \overline{W}(\xi^{(n)}) = 0. \tag{4.1}$$

Next, we set $\mathcal{M} := SO(3)$ if $\alpha \geqslant \frac{1}{2}$ and $\mathcal{M} := SI(3)$ if $\alpha < \frac{1}{2}$, and exploit the fact that \mathcal{M} is a path-connected smooth manifold to obtain

$$P^{(n)} \in C^{\infty}([0,1]; \mathcal{M})$$

such that $P^{(n)}(0)=(\xi^{(n)}|A^{(n)})$ and $P^{(n)}(1)=(\xi^{(n+1)}|A^{(n+1)})$ for $n=1,\ldots,N-1$. It is convenient to reparametrize $P^{(n)}$ in the following way: Fix $0<\beta<\frac{1}{2}$ (to be specified later) and let $\psi\in C^{\infty}([0,1];[0,1])$ be a transition function that vanishes in a neighbourhood of 0, takes the value 1 close to 1 and satisfies $|\psi'|\leqslant 2$. For $\varepsilon>0$ sufficiently small, we set

$$P_{\varepsilon}(t) := (P^{(n)} \circ \psi) \left(\frac{t - t^{(n)}}{\varepsilon^{\beta}}\right) \quad \text{for } t \in [t^{(n)}, t^{(n)} + \varepsilon^{\beta}]$$

for $n=1,\ldots,N-1.$ Regarding the scaling behaviour of P_{ε} and its derivatives one finds that

$$||P_{\varepsilon}||_{C^0(\Gamma_{\varepsilon};\mathbb{R}^{3\times 3})} = \mathcal{O}(1), \quad ||P'_{\varepsilon}||_{C^0(\Gamma_{\varepsilon};\mathbb{R}^{3\times 3})} = \mathcal{O}(\varepsilon^{-\beta})$$

and

$$||P_{\varepsilon}''||_{C^0(\Gamma_{\varepsilon};\mathbb{R}^{3\times 3})} = \mathcal{O}(\varepsilon^{-2\beta}),$$
 (4.2)

where $\Gamma_{\varepsilon} := \bigcup_{n=1}^{N-1} [t^{(n)}, t^{(n)} + \varepsilon^{\beta}].$

Now, let $J \subset J' \subset \mathbb{R}$ be closed and bounded intervals as in lemma 2.5 and $\overline{\omega} \subset J \times J$. With inspiration from [40, theorem 4.5], we define an auxiliary sequence

 $(v_{\varepsilon})_{\varepsilon}$ of functions on the cuboid $Q'_L:=[0,L]\times J'\times J';$ precisely, for $\varepsilon>0$ and $x \in Q'_L$,

$$v_{\varepsilon}(x) = \begin{cases} (\xi^{(1)}|A^{(1)})x_{\varepsilon} + b_{\varepsilon}^{(1)} & \text{if } x_{1} \in [t^{(0)}, t^{(1)}), \\ \int_{t^{(n)}}^{x_{1}} P_{\varepsilon}(t)e_{1} dt & \text{if } x_{1} \in [t^{(n)}, t^{(n)} + \varepsilon^{\beta}) \\ + P_{\varepsilon}(x_{1})(x_{\varepsilon} - x_{1}e_{1}) + d_{\varepsilon}^{(n)} & \text{with } n = 1, \dots, N - 1, \\ (\xi^{(n)}|A^{(n)})x_{\varepsilon} + b_{\varepsilon}^{(n)} & \text{if } x_{1} \in [t^{(n)} + \varepsilon^{\beta}, t^{(n+1)}) \\ & & \text{with } n = 1, \dots N - 1; \end{cases}$$

here, $x_{\varepsilon} := (x_1, \varepsilon x_2, \varepsilon x_3)$, and the translation vectors $b_{\varepsilon}^{(n)}, d_{\varepsilon}^{(n)} \in \mathbb{R}^3$ are chosen in such a way that v_{ε} is continuous. It is immediate to see that

$$v_{\varepsilon} \to u$$
 uniformly in $\overline{\Omega}$ as $\varepsilon \to 0$. (4.3)

Let us collect some further useful properties of the functions v_{ε} . In fact, v_{ε} is not only continuous, but by construction even smooth, so in particular, $v_{\varepsilon} \in C^2(Q'_L; \mathbb{R}^3)$, and a calculation of the rescaled gradients gives

$$\nabla^{\varepsilon} v_{\varepsilon}(x) = \begin{cases} (\xi^{(1)}|A^{(1)}) & \text{if } x_{1} \in [t^{(0)}, t^{(1)}) \\ P_{\varepsilon}(x_{1}) & \text{if } x_{1} \in [t^{(n)}, t^{(n)} + \varepsilon^{\beta}) \\ + \varepsilon P'_{\varepsilon}(x_{1})(x_{2}e_{2} + x_{3}e_{3}) \otimes e_{1} & \text{with } n = 1, \dots, N - 1, \\ (\xi^{(n)}|A^{(n)}) & \text{if } x_{1} \in [t^{(n)} + \varepsilon^{\beta}, t^{(n+1)}) \\ & \text{with } n = 1, \dots, N - 1. \end{cases}$$

Since $\beta < \frac{1}{2}$, the sequence $(\nabla^{\varepsilon} v_{\varepsilon})_{\varepsilon}$ is bounded in $C^0(Q'_L; \mathbb{R}^{3\times 3})$. Moreover, the function v_{ε} satisfies the incompressibility condition exactly except on sets of small measure, where det $\nabla^{\varepsilon} v_{\varepsilon}$ is close to 1. To quantify this statement, we compute

$$\det \nabla^{\varepsilon} v_{\varepsilon}(x) = 1 + \varepsilon \det \left(P_{\varepsilon}'(x_1)(x_2 e_2 + x_3 e_3) | P_{\varepsilon}(x_1) e_2 | P_{\varepsilon}(x_1) e_3 \right)$$

for $x \in Q_{\varepsilon} := \Gamma_{\varepsilon} \times J' \times J'$, and observe that

$$\det \nabla^{\varepsilon} v_{\varepsilon} = 1 \quad \text{on } Q_L \setminus Q_{\varepsilon}. \tag{4.4}$$

Thus, it follows in view of (4.2) that

Thus, it follows in view of (4.2) that
$$\|\det \nabla^{\varepsilon} v_{\varepsilon} - 1\|_{C^{0}(Q'_{L})} = \mathcal{O}(\varepsilon^{1-\beta}) \quad \text{and} \quad \|\nabla(\det \nabla^{\varepsilon} v_{\varepsilon})\|_{C^{0}(Q'_{L};\mathbb{R}^{3})} = \mathcal{O}(\varepsilon^{1-2\beta}). \tag{4.5}$$

Now, with (4.5) at hand, we are in the position to apply proposition 2.5 to the sequence $(v_{\varepsilon})_{\varepsilon}$ with $\gamma = 1 - 2\beta$ to obtain a modified sequence $(u_{\varepsilon})_{\varepsilon} \subset C^1(\overline{\Omega}; \mathbb{R}^3)$ that satisfies det $\nabla^{\varepsilon} u_{\varepsilon} = 1$ everywhere in Ω , namely

$$u_{\varepsilon}(x) := v_{\varepsilon}(x_1, x_2, \varphi_{\varepsilon}(x)), \quad x \in \Omega,$$

with $\varphi_{\varepsilon} \in C^1(Q_L; J')$ such that (2.8) holds. Notice that the inner perturbation defining u_{ε} corresponds to the identity map on $Q_L \setminus Q_{\varepsilon}$, since, due to (4.4), the

$$u_{\varepsilon} = v_{\varepsilon}$$
 and $\nabla^{\varepsilon} u_{\varepsilon} = \nabla^{\varepsilon} v_{\varepsilon} \in L_0(W) \subset L_0(W_0)$ on $\Omega \setminus Q_{\varepsilon}$. (4.6)

Furthermore, as a consequence of (2.8),

$$\|u_{\varepsilon} - v_{\varepsilon}\|_{C^{0}(\overline{\Omega};\mathbb{R}^{3})} = \mathcal{O}(\varepsilon^{2-2\beta}) \quad \text{and} \quad \|\nabla^{\varepsilon}u_{\varepsilon} - \nabla^{\varepsilon}v_{\varepsilon}\|_{C^{0}(\overline{\Omega};\mathbb{R}^{3\times3})} = \mathcal{O}(\varepsilon^{1-2\beta}),$$

$$(4.7)$$

and therefore, also $(\nabla^{\varepsilon} u_{\varepsilon})_{\varepsilon}$ is bounded in $C^0(\overline{\Omega}; \mathbb{R}^{3\times 3})$. Along with (4.3), it follows that

$$u_{\varepsilon} \rightharpoonup u \quad \text{in } W^{1,p}(\Omega; \mathbb{R}^3).$$

We are now in the position to conclude the proof step 1 by showing that,

$$\lim_{\varepsilon \to 0} \mathcal{I}^{\alpha}_{\varepsilon}(u_{\varepsilon}) = 0 = \mathcal{I}^{\alpha}(u). \tag{4.8}$$

The two cases $\alpha < 1/2$ and $\alpha \ge 1/2$, call for a different reasoning, which we will detail next.

Step 1a: The case $\alpha \geqslant 1/2$. Let $\beta < \min\{1/2, (p-\alpha)/(2p-1)\}$. Then, joining (H3), (4.6), (4.2) and (4.7) with the observations that $|Q_{\varepsilon}| = \mathcal{O}(\varepsilon^{\beta})$, det $\nabla^{\varepsilon}u_{\varepsilon} = 1$, and $P_{\varepsilon} \in SO(3)$ pointwise, gives rise to the following estimate,

$$\begin{split} \mathcal{I}_{\varepsilon}^{\alpha}(u_{\varepsilon}) &= \frac{1}{\varepsilon^{\alpha}} \int_{\Omega} W_{0}(\nabla^{\varepsilon} u_{\varepsilon}) \, \, \mathrm{d}x \leqslant \frac{C_{3}}{\varepsilon^{\alpha}} \int_{\Omega} \mathrm{dist}^{p}(\nabla^{\varepsilon} u_{\varepsilon}, \mathrm{SO}(3)) \, \, \mathrm{d}x \\ &\leqslant \frac{2^{p-1}C_{3}}{\varepsilon^{\alpha}} \left(\int_{Q_{\varepsilon}} \mathrm{dist}^{p}(\nabla^{\varepsilon} v_{\varepsilon}, \mathrm{SO}(3)) \, \, \mathrm{d}x + \int_{Q_{\varepsilon} \cap \Omega} |\nabla^{\varepsilon} v_{\varepsilon} - \nabla^{\varepsilon} u_{\varepsilon}|^{p} \, \, \mathrm{d}x \right) \\ &\leqslant \frac{2^{p-1}C_{3}}{\varepsilon^{\alpha}} \left(\varepsilon^{p} |J|^{4} |Q_{\varepsilon}| \|P'_{\varepsilon}\|_{C^{0}(\Gamma_{\varepsilon}; \mathbb{R}^{3 \times 3})} + |Q_{\varepsilon}| \|\nabla^{\varepsilon} v_{\varepsilon} - \nabla^{\varepsilon} u_{\varepsilon}\|_{C^{0}(\overline{\Omega}; \mathbb{R}^{3 \times 3})}^{p} \right) \\ &= \mathcal{O}(\varepsilon^{p-\alpha-\beta(p-1)}) + \mathcal{O}(\varepsilon^{p-\alpha-\beta(2p-1)}) = \mathcal{O}(\varepsilon^{p-\alpha-\beta(2p-1)}). \end{split}$$

The choice of β yields (4.8).

Step 1b: The case $\alpha < 1/2$. Let $\alpha < \beta < 1/2$. We invoke (4.6) and (H2), as well as $\det \nabla^{\varepsilon} u_{\varepsilon} = 1$ in Ω , $|Q_{\varepsilon}| = \mathcal{O}(\varepsilon^{\beta})$, and the uniform boundedness of $\nabla^{\varepsilon} u_{\varepsilon}$ to infer that

$$\begin{split} \mathcal{I}_{\varepsilon}^{\alpha}(u_{\varepsilon}) &= \frac{1}{\varepsilon^{\alpha}} \int_{\Omega} W_{0}(\nabla^{\varepsilon} u_{\varepsilon}) \, \mathrm{d}x \leqslant \frac{1}{\varepsilon^{\alpha}} \int_{Q_{\varepsilon} \cap \Omega} W_{0}(\nabla^{\varepsilon} u_{\varepsilon}) \, \mathrm{d}x \\ &\leqslant \frac{C_{2}}{\varepsilon^{\alpha}} \int_{Q_{\varepsilon} \cap \Omega} |\nabla^{\varepsilon} u_{\varepsilon}|^{p} + 1 \, \mathrm{d}x \\ &\leqslant C_{2} |Q_{\varepsilon}| \varepsilon^{-\alpha} \big(\|\nabla^{\varepsilon} u_{\varepsilon}\|_{C^{0}(\overline{\Omega}; \mathbb{R}^{3 \times 3})}^{p} + 1 \big) = \mathcal{O}(\varepsilon^{\beta - \alpha}). \end{split}$$

Step 2: Relaxation and approximation. To address the general case, let $u \in W^{1,p}(0,L;\mathbb{R}^3)$ such that $u' \in L_0(\overline{W})^c$ a.e. in (0,L). By standard tools from

convex and asymptotic analysis (cf. e.g. Caratheodory's theorem and the Riemann-Lebesgue lemma), there is a sequence $(u_j)_j \subset A_{\mathrm{pw}}(0,L;\mathbb{R}^3)$ such that $u'_j \in L_0(\overline{W})$ a.e. in (0,L) and

$$u_i \rightharpoonup u$$
 in $W^{1,p}(0,L;\mathbb{R}^3)$.

Now, step 1 applied for each fixed $j \in \mathbb{N}$ provides sequences $(u_{j,\varepsilon})_{\varepsilon} \subset C^1(\overline{\Omega}; \mathbb{R}^3)$ with the properties that $u_{j,\varepsilon} \rightharpoonup u_j$ in $W^{1,p}(\Omega; \mathbb{R}^3)$ and $\lim_{\varepsilon \to 0} \mathcal{I}_{\varepsilon}^{\alpha}(u_{j,\varepsilon}) = 0$. Extracting a diagonal sequence $(u_{\varepsilon})_{\varepsilon}$ with the help of a generalized version of Attouch's diagonalization lemma (see e.g. [21, proof of proposition 1.11 (p. 449)]) finally gives the sought after recovery sequence for u.

Appendix

Proof of lemma 2.6. The idea of the proof is to mollify u using Bézier curves with sufficiently many control points to ensure the desired C^k -regularity. This way, the mollified curve has derivatives that lie in the convex hull of two neighbouring slopes of u. However, if the latter happen to be anti-parallel, then, by design, the derivative of the mollified curve vanishes at some point. To circumvent this issue, we perturb u via a suitable loop construction.

Since $u \in A_{pw}(0, L; \mathbb{R}^3)$ is piecewise affine and $u' \neq 0$ almost everywhere, there is a partition $0 =: t^{(0)} < t^{(1)} < \ldots < t^{(N-1)} < t^{(N)} := L$ of the interval [0, L] and vectors $\xi^{(n)} \in \mathbb{R}^3 \setminus \{0\}$ such that

$$u' = \xi^{(n)}$$
 on $(t^{(n-1)}, t^{(n)})$ for $n = 1, \dots, N$. (A.1)

Step 1: The case without reversions. First, we will prove the statement under the assumption that neither two $\xi^{(n)}$ and $\xi^{(n+1)}$ from (A.1) are anti-parallel. Without loss of generality, it suffices to detail the case N=2, where u' takes only the two values $\xi^{(1)}$ and $\xi^{(2)}$. For general N, one can simply repeat the same construction.

Step 1a: Definition of suitable Bézier curves. For $\eta > 0$ sufficiently small, we choose 2k + 1 control points around $u(t^{(1)})$ by

$$u(t_{\eta,m})$$
 with $t_{\eta,m} := t^{(1)} - (k-m)\frac{\eta}{k}$ for $m = 0, \dots, 2k$. (A.2)

Then,

$$u(t_{\eta,m+1}) - u(t_{\eta,m}) = \begin{cases} \frac{\eta}{k} \xi^{(1)} & \text{if } m \in \{0,\dots,k-1\}, \\ \frac{\eta}{k} \xi^{(2)} & \text{if } m \in \{k,\dots,2k-1\}. \end{cases}$$
(A.3)

Based on the control points in (A.2), we consider the Bézier curve $B_{\eta}: \mathbb{R} \to \mathbb{R}^3$ by

$$B_{\eta}(t) = \sum_{m=0}^{2k} b_{m,2k}(t)u(t_{\eta,m}), \qquad t \in \mathbb{R},$$
(A.4)

where $b_{r,s}: \mathbb{R} \to \mathbb{R}$ are the Bernstein polynomials, cf. lemma A.1. After suitable reparametrization, (A.4) provides a mollification of u via

$$u_{\eta}(t) = \begin{cases} B_{\eta} \left(\frac{t - t_{\eta,0}}{2\eta} \right), & \text{for } t \in [t^{(1)} - \eta, t^{(1)} + \eta] = [t_{\eta,0}, t_{\eta,2k}], \\ u(t), & \text{otherwise,} \end{cases}$$

$$t \in [0, L],$$
(A.5)

see figure A1.

Step 1b: Regularity of u_{η} . Next, we verify that u_{η} as constructed in step 1a is indeed k-times continuously differentiable on [0, L]. Indeed, it is enough to check that

$$B'_{\eta}(0) = 2\eta \xi^{(1)}$$
 and $B'_{\eta}(1) = 2\eta \xi^{(2)}$, (A.6)

and that for any $j \in \mathbb{N}$ with $2 \leq j \leq k$,

$$\frac{\mathrm{d}^j}{\mathrm{d}t^j}B_{\eta}(0) = \frac{\mathrm{d}^j}{\mathrm{d}t^j}B_{\eta}(1) = 0. \tag{A.7}$$

As for (A.6), we obtain with the help of lemma A.1 a), c) and (A.3) that for all $t \in \mathbb{R}$,

$$B'_{\eta}(t) = 2k \sum_{m=0}^{2k} (b_{m-1,2k-1}(t) - b_{m,2k-1}(t)) u(t_{\eta,m})$$

$$= 2k \sum_{m=0}^{2k-1} b_{m,2k-1}(t) \left(u(t_{\eta,m+1}) - u(t_{\eta,m}) \right)$$

$$= 2\eta \left(\sum_{m=0}^{k-1} b_{m,2k-1}(t) \xi^{(1)} + \sum_{m=k}^{2k-1} b_{m,2k-1}(t) \xi^{(2)} \right)$$

$$= 2\eta (\lambda(t) \xi^{(1)} + (1 - \lambda(t)) \xi^{(2)}),$$
(A.8)

where $\lambda(t) := \sum_{m=0}^{k-1} b_{m,2k-1}(t) \in [0,1]$ for $t \in \mathbb{R}$. Due to lemma A.1 b), $\lambda(0) = 1$ and $\lambda(1) = 0$, which yields (A.6). Similar calculations, invoking again the properties of Bernstein polynomials, in particular lemma A.1 d), give (A.7).

Step 1c: Uniform bounds and convergence of $(u_{\eta})_{\eta}$. As a consequence of (A.8), the first derivative of u_{η} stays within the line segment connecting $\xi^{(1)}$ and $\xi^{(2)}$. In other words, it is a convex combination of these two vectors; formally,

$$u_{\eta}' \in [\xi^{(1)}, \xi^{(2)}] := \{ \xi \in \mathbb{R}^3 : \xi = \lambda \xi^{(1)} + (1 - \lambda) \xi^{(2)} \text{ with } \lambda \in [0, 1] \}.$$

Since $\xi^{(1)}$ and $\xi^{(2)}$ are not antiparallel, it follows that $0 \notin [\xi^{(1)}, \xi^{(2)}]$. Hence, in view of the compactness of the line segment $[\xi^{(1)}, \xi^{(2)}]$, one can find constants

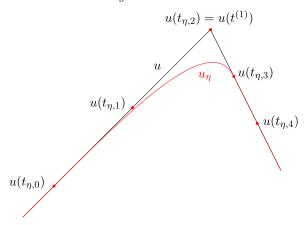


Figure A1. Illustration of u_{η} for the case k=2.

c, C > 0 independent of η such that

$$c \leqslant |u_n'(t)| \leqslant C$$

for all $t \in [0, L]$. Moreover, along with (A.5),

$$\int_0^L |u' - u'_{\eta}|^q dt \leq 2\eta (C + |\xi^{(1)}| + |\xi^{(2)}|)^q,$$

and therefore,

$$u_{\eta} \to u$$
 in $W^{1,q}(0,L;\mathbb{R}^3)$ as $\eta \to 0$

by Poincaré's inequality. After passing to a suitable discrete sequence, this completes the proof of statement under the assumption that the curve u is free of reversion.

Step 2: The general case with reversions. The idea is to reduce the argument to the situation of step 1 via a loop construction and to conclude with a diagonalization argument.

In the following, let I stand for the index set consisting of all $n \in \{1, ..., N-1\}$ such that $\xi^{(n)}$ and $\xi^{(n+1)}$ are anti-parallel, that is,

$$\xi^{(n+1)} = -\nu_n \xi^{(n)}$$

for some $\nu_n > 0$.

Step 2a: Loop construction. Without loss of generality, I is a singleton, say $I = \{1\}$; otherwise the argument below can be performed analogously for all (finitely many) elements in I. Besides, as in step 1, we take N = 2 to keep notations simple.

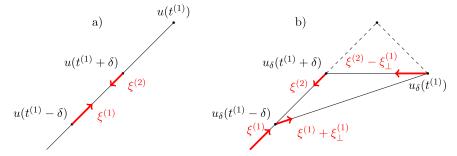


Figure A2. Illustration of (a) a curve u that reverses its path at the point $t^{(1)}$; (b) the modified curve u_{δ} resulting from the loop construction in the case $\nu_1 \neq 1$.

For $\delta > 0$ sufficiently small, define $u_{\delta} \in A_{pw}(0, L; \mathbb{R}^3)$ via linear interpolation such that

$$u_{\delta} = u$$
 on $[0, t^{(1)} - \delta] \cup [t^{(1)} + \delta \sigma, L]$ and $u_{\delta}(t^{(1)}) = u(t^{(1)}) + \delta \xi_{\perp}^{(1)}$, (A.9)

where $\xi_{\perp}^{(1)}$ is a non-zero vector orthogonal to $\xi^{(1)}$, and $\sigma = 1$ if $\nu_1 \neq 1$ and $\sigma = \frac{1}{2}$ if $\nu_1 = 1$, see figure A2. By design,

$$u_\delta' \in \{\xi^{(1)}, \xi^{(2)}, \xi^{(1)} + \xi_\perp^{(1)}, \xi^{(2)} - \tfrac{1}{\sigma} \xi_\perp^{(1)}\} \quad \text{a.e. in } [0, L],$$

so that in particular,

$$c \le \|u_{\delta}'\|_{C^0([0,L];\mathbb{R}^3)} \le C,$$
 (A.10)

with constants c, C > 0 depending only on u, and thus, independent of δ . Therefore, since u_{δ} differs from u only on a set of measure $\delta(1 + \sigma)$, we conclude together with Poincaré's inequality that

$$u_{\delta} \to u \quad \text{in } W^{1,q}(0,L;\mathbb{R}^3) \text{ as } \delta \to 0.$$
 (A.11)

Step 2b: Diagonalization. By applying the results of step 1 to each u_{δ} and accounting for (A.10) and (A.9), we obtain sequences $(u_{\delta,i})_i \subset C^k([0,L];\mathbb{R}^3)$ such that

- (i)_{\delta} $c \le \|u'_{\delta,i}\|_{C^0([0,L];\mathbb{R}^3)} \le C$ for all $i \in \mathbb{N}$ and $\delta > 0$ with constants c, C > 0 depending on u;
- (ii)_{\delta} $u_{\delta,i} = u$ on $[0,L] \setminus \Gamma_{2i}^{\delta}$, where $\Gamma_i^{\delta} := \{t \in [0,L] : \operatorname{dist}(t,\Gamma^{\delta}) \leqslant \frac{1}{i}\}$ for i sufficiently large and Γ^{δ} denotes the set of points in (0,L) where u_{δ} is not differentiable;
- $(iii)_{\delta} \ u_{\delta,i} \to u_{\delta} \text{ in } W^{1,q}(0,L;\mathbb{R}^3) \text{ as } i \to \infty;$

In consideration of (A.11), $(ii)_{\delta}$ and $(ii)_{\delta}$, we can pick a diagonal sequence $(u_i)_i \subset C^k([0,L];\mathbb{R}^3)$ with $u_i := u_{\delta(i),i}$ such that $\Gamma_{2i}^{\delta(i)} \subset \Gamma_i$ for all $i \in \mathbb{N}$, and $u_i \to u$ in $W^{1,q}(0,L;\mathbb{R}^3)$ as $i \to \infty$ by Attouch's lemma, which proves the statement. \square

The next lemma gathers some basic facts about Bernstein polynomials, which were an important ingredient in the definition of Bézier curves in the previous proof. For more details, we refer the reader e.g. to [18, 20].

LEMMA A.1. For $r \in \mathbb{Z}$ and $s \in \mathbb{N}$, let $b_{r,s} : \mathbb{R} \to \mathbb{R}$ be the corresponding Bernstein polynomial, i.e.,

$$b_{r,s}(t) = \begin{cases} \binom{s}{r} (1-t)^{s-r} t^r & \text{if } 0 \leqslant r \leqslant s, \\ 0 & \text{otherwise,} \end{cases} \quad t \in \mathbb{R}.$$

Then the following properties hold:

a) (binomial theorem)

$$\sum_{m=0}^{s} b_{m,s} = 1;$$

b) (values at 0 and 1)

$$b_{r,s}(0) = \begin{cases} 1 & \text{if } r = 0, \\ 0 & \text{if } r \neq 0, \end{cases}$$
 and $b_{r,s}(1) = \begin{cases} 1 & \text{if } r = s, \\ 0 & \text{if } r \neq s; \end{cases}$

c) (first derivative)

$$b'_{r,s} = p(b_{r-1,s-1} - b_{r,s-1});$$

d) (higher-order derivatives)

$$\frac{\mathrm{d}^{j}}{\mathrm{d}t^{j}}b_{r,s} = \frac{s!}{(s-j)!} \sum_{m=\max\{0,r-s+j\}}^{\min\{j,r\}} (-1)^{m+j} \binom{j}{m} b_{r-m,s-j}$$

for any natural number $j \leq s$.

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