# HARMONIC AND ANALYTIC FUNCTIONS OF SEVERAL VARIABLES AND THE MAXIMAL THEOREM OF HARDY AND LITTLEWOOD 

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1. Introduction and principal theorems. The present paper, an edited excerpt from my dissertation, ${ }^{1}$ arose from the suggestion of S . Bochner that I try to extend the maximal theorem of Hardy and Littlewood (2) to functions analytic in the solid unit hypersphere

$$
S_{2 n}: r^{2} \equiv\left|z_{1}\right|^{2}+\ldots+\left|z_{n}\right|^{2}<1
$$

If one writes the analytic function of $n$ complex variables, $f\left(z_{1}, \ldots, z_{n}\right)$, as $f(r, P)$ where

$$
P \in S_{2 n-1}:\left|z_{1}\right|^{2}+\ldots+\left|z_{n}\right|^{2}=1
$$

then the theorem in question and its generalization are contained in
Theorem 1. If, for some $\lambda>0$, $f$ satisfies

$$
\begin{equation*}
\int_{S_{2 n-1}}|f(r, P)|^{\lambda} d V_{P} \leqslant C^{\lambda}, r<1, \tag{1}
\end{equation*}
$$

where $d V_{P}$ is the volume element on $S_{2 n-1}$ at $P$ and $C^{\lambda}$ is a constant, then for the same $\lambda$

$$
\begin{equation*}
\int_{S_{2 n-1}}\left(\sup _{0 \leqslant r<1}|f(r, P)|\right)^{\lambda} d V_{P} \leqslant \alpha_{n} C^{\lambda} \tag{2}
\end{equation*}
$$

$\alpha_{n}$ being independent of $f$.
From Theorem 1 one can deduce a generalization of a classical theorem due to the brothers Riesz (7, Chap. VII):

Theorem 2. Under the same general hypotheses in and preceding Theorem 1, and assuming (1), there exists a function $f(P)$ of class $L^{\lambda}$ on $S_{2 n-1}$ such that

$$
\begin{equation*}
\lim _{r \rightarrow 1} \int_{S_{2 n-1}}|f(r, P)-f(P)|^{\lambda} d V_{P}=0 \tag{3}
\end{equation*}
$$

[^0]As Zygmund remarked (9), Theorem 2 follows immediately from Theorem 1 and the theorem of Calderón and Zygmund to the effect that, under the same hypotheses, $f(r, P)$ has a point-wise limit, $f(P)$, almost everywhere. For the latter, convergence would be majorized according to (2) and would, therefore, imply mean convergence. However, in the less delicate sense $\lambda \geqslant 1$ (3) follows directly from (2) without the intervention of the theorem on point-wise convergence, as will be seen in §5.

Now the proof of Theorem 1, to be found in §5, can be reduced by means of a sequence of theorems on analytic, harmonic, and subharmonic functions ( $\S \$ 4$ and 5 ) exactly as in (2) to the proof of a theorem of purely real-variable nature:

Theorem 3. Let $f(P)$ belong to $L^{p}, p>1$, on

$$
S_{n-1}: \quad x_{1}^{2}+\ldots+x_{n}^{2}=1
$$

and let $\sigma_{r}(P)$ be the spherical cap of radius $r$ (measured on $S_{n-1}$ ) about $P$ on $S_{n-1}$ and $V(r)$ its volume as measured on $S_{n-1}$. Define $f^{*}(P)$ by

$$
\begin{equation*}
f^{*}(P)=\sup _{0 \leqslant \tau \leqslant \pi} \frac{1}{V(r)} \int_{\sigma_{r}(P)}\left|f\left(P^{\prime}\right)\right| d V_{P^{\prime}} \tag{4}
\end{equation*}
$$

Then $f^{*}(P)$ satisfies

$$
\begin{equation*}
\int_{S_{n-1}}\left\{f^{*}(P)\right\}^{p} d V_{P} \leqslant C_{n, p} \int_{S_{n-1}}|f(P)|^{p} d V_{P} \tag{5}
\end{equation*}
$$

where $C_{n, p}$ depends only ${ }^{2}$ on $n$ and $p$. If $p=1$ this is no longer true; however, if $|f(P)| \log ^{+}|f(P)|$ is integrable, then

$$
\begin{equation*}
\int_{S_{n-1}} f^{*}(P) d V_{P} \leqslant B_{n} \int_{S_{n-1}}|f(P)| \log ^{+}|f(P)| d V_{P}+C_{n} \tag{6}
\end{equation*}
$$

The proof of Theorem 3 is the essence of the matter, and the method of analysis was supplied by Wiener in a profound paper (6). There he shows, by a reasoning which is closely related to F. Riesz's proof of the case $n=1$ of Theorem 3, but simpler and more powerful, that both Birkhoff's ergodic theorem and the Hardy-Littlewood theorem for $n=1$ have a common source and that both can be extended by the same method, the former to a theorem on averages over an $n$-parameter abelian group, the latter to a theorem on averages over Euclidean $n$-space.

Now, Wiener in a lucid fashion reduces everything to a simple measuretheoretic lemma, which he calls "of Vitali type" although it is much more elementary. In studying his paper I noticed that this lemma, although formulated for sets in ordinary $n$-space, in fact applied to a more general situation from which, in particular, Theorem 3 would follow by Wiener's arguments. A diagnosis of the elements needed explicitly or implicitly in extending

[^1]Wiener's argument to, say, the surface of the hypersphere leads one to describe a metric space with a metric $M$ and an outer measure $m$ as having Euclidean character or Property A if, without regard to logical niceties, it is such that (i) spheres of equal radius in $M$ have equal measure in $m$ and vice versa (this very restrictive condition of homogeneity may be replaced by a much weaker one of a sort of uniformity in important cases); (ii) countable sets are null-sets; and, most important, (iii) the measure of the set $\gamma$ covered by a sphere $\sigma$ and all spheres overlapping $\sigma$ and having smaller or equal radius satisfies $m(\gamma) \leqslant C m(\sigma)$ where $C$ depends only on $M$ and $m$.
Then one has
Theorem A. In a space possessing Property A let a set $S$ of outer measure $m(S)$ be such that every $P \epsilon S$ is the center of one member, $\sigma(P)$, of a certain family of spheres. Then given $\epsilon>0$ there is a finite number of mutually disjoint members, $\sigma_{i}$, of the family such that

$$
\begin{equation*}
\Sigma_{i} m\left(\sigma_{i}\right) \geqslant C^{-1} m(S)-\epsilon \tag{7}
\end{equation*}
$$

where $C$ is the constant of Property A.
For ( $n-1$ )-space and $S_{n-1}$ (as will be seen) $C=3^{n-1}$. The proof of Theorem A will occupy §2, and the deduction of Theorem 3, §3.

The generality of Theorem A permits the immediate extension of Wiener's generalization of Birkhoff's ergodic theorem to those groups of measurepreserving transformations of a set which admit an invariant metric possessing Property A and which may well be non-commutative. This application is in my dissertation; ${ }^{3}$ but I do not reproduce it here since there is already a surfeit of related ergodic theorems on the market.

Besides the hypersphere there are other generalizations of the unit circle, notably the polycylinder: $\left|z_{1}\right|=r_{1}<1, \ldots,\left|z_{n}\right|=r_{n}<1$ whose boundary is the multitorus,

$$
T_{n}:\left|z_{1}\right|=1, \ldots,\left|z_{n}\right|=1 .
$$

The analogue of Theorem 1 for this domain was derived independently and announced almost simultaneously by Zygmund (8) in stronger form and me (3). I prove it again here not merely because the proof is different but because the technique of proof will serve to demonstrate a more interesting generalization (4):

Theorem 4. Let $f\left(z_{1}, \ldots, z_{n}\right)$ be analytic in $\left|z_{1}\right|<1, \ldots,\left|z_{n}\right|<1$ and satisfy

$$
\begin{equation*}
\int_{0}^{2 \pi} \ldots \int_{0}^{2 \pi}\left|f\left(r_{1} e^{i \theta_{1}}, \ldots, r_{n} e^{i \theta_{n}}\right)\right|^{\lambda} d \theta_{1} \ldots d \theta_{n} \leqslant C^{\lambda}, r_{1}, \ldots, r_{n}<1 ; \lambda>0 \tag{8}
\end{equation*}
$$ then

[^2]\[

$$
\begin{equation*}
\int_{0}^{2 \pi} \ldots \int_{0}^{2 \pi}\left\{\sup _{\Delta}\left|f\left(r_{1} e^{i \theta_{1}}, \ldots, r_{n} e^{i \theta_{n}}\right)\right|\right\}^{\lambda} d \theta_{1} \ldots d \theta_{n} \leqslant \alpha_{n} C^{\lambda} \tag{9}
\end{equation*}
$$

\]

where $\alpha_{n}, C^{\lambda}$ have the same meanings as before and $\Delta$ is the region, for fixed $\theta_{1}, \ldots, \theta_{n}$, described by

$$
\begin{equation*}
0 \leqslant \frac{1-r_{i}}{1-r_{j}} \leqslant K ; \quad i, j=1, \ldots, n, i \neq j \tag{10}
\end{equation*}
$$

$K$ being any positive constant.
The necessity for (10) is related to the fact that the values of a function harmonic in each $\left|z_{i}\right|<1$ are determined solely by its boundary values on $T_{n}$, which is thus a "distinguished boundary surface" in Bergman's terminology.

If in Theorem 3 and Theorem A one observes that when dealing with $T_{n}$, spheres may be replaced by hyper-cubes, while $C=3^{n}$, then one will see that Theorem 4 follows from them as Theorem 3 does-provided, that is, that one proves the more delicate version of the connecting link between Theorems 1 and 3 (§4).
2. Proof of Theorem A. Consider any point $P$ of $S$ whose $\sigma(P)$ overlaps only a finite number of $\sigma(P)$. This certainly implies that we can find some sphere (not a $\sigma(P)!$ ) with $P$ as center such that within this sphere there is no other point of $S$. This, by familiar reasoning, implies that the set of such points $P$ is denumerable, hence of measure 0 . Let us, therefore, discard this set and the $\sigma(P)$ belonging to it and ignore them in further reasoning.

Let $B_{1}$ be the least upper bound of the radii of $\sigma(P)$. Obviously one may assume $B_{1}<\infty$. Otherwise, the theorem is trivial.

After this remark I shall, in fact, prove (7) with $S$ replaced by the set consisting of the union $\sigma$ of all $\sigma(P)$, and $m(S)$ replaced by $m(\sigma)-\epsilon$ for any $\epsilon$. This, of course, will prove (7), since $\sigma$ contains $S$.

Let $V\left(B_{1}\right)$ be the volume of a sphere of radius $B_{1}$. By the definition of $B_{1}$, one can choose $\sigma\left(P_{1}\right)$ such that its volume $V_{1} \geqslant V\left(B_{1}\right)-\frac{1}{2} \epsilon$ (obviously $\left.V_{1} \leqslant V\left(B_{1}\right)\right)$. Let $\sigma_{1}$ be the set consisting of the union of $\sigma\left(P_{1}\right)$ and all adjoining $\sigma(P)$. The volume of $\sigma_{1}$ is not greater than $C V\left(B_{1}\right)$. In fact, let $\bar{\sigma}$ be a sphere of radius $B_{1}$ about $P_{1}$ (not a $\sigma(P)!$ ) and hence of volume $V\left(B_{1}\right)$. Now $\sigma_{1}$ is certainly contained in the union of $\bar{\sigma}$ and all spheres adjoining it. But these latter are certainly of radius $\leqslant B_{1}$ by the definition of $B_{1}$. Hence Property A implies that the union in question has volume $\leqslant C V\left(B_{1}\right)$. Let $V\left(B_{2}\right)$ be the least upper bound of the volumes of those $\sigma(P)$ not in $\sigma_{1}$. Choose such a $\sigma\left(P_{2}\right)$ whose volume $V_{2} \geqslant V\left(B_{2}\right)-\frac{1}{2} \epsilon$. Let $\sigma_{2}$ be the union of $\sigma\left(P_{2}\right)$ and all adjoining $\sigma(P)$ not in $\sigma_{1}$. As before, the volume of $\sigma_{2}$ is $\leqslant C V\left(B_{2}\right)$.

Continue this process inductively. One obtains a sequence $\sigma\left(P_{k}\right)$, obviously disjoint, with volumes $V_{k}$ subject to these inequalities, where the $V\left(B_{k}\right)$ are defined similarly,

$$
\sum_{k=1}^{\infty}\left(V\left(B_{k}\right)-\frac{\epsilon}{2^{k}}\right) \leqslant \sum_{k=1}^{\infty} V_{k} \leqslant m(\sigma) .
$$

Since $\sum_{k} V\left(B_{k}\right)$ is convergent $V\left(B_{k}\right) \rightarrow 0$. This implies that the union of $\sigma_{k}$ where $\sigma_{k}$ is defined inductively as above, exhausts all $\sigma(P)$; for, if it did not, but omitted, say, one $\sigma\left(P^{\prime}\right)$, then from some $k^{\prime}$ on $V\left(B_{k}\right)$ would equal the volume of $\sigma\left(P^{\prime}\right)$.

Summing up, one has $\sigma=\Sigma \sigma_{k}$. Therefore,

$$
\frac{1}{C} m(\sigma) \leqslant \Sigma V\left(B_{k}\right)
$$

but

$$
\Sigma V_{k} \geqslant \Sigma V\left(B_{k}\right)-\epsilon \geqslant \frac{1}{C} m(\sigma)-\epsilon
$$

Now one chooses $K$ so that

$$
\sum_{k=1}^{K} V_{k} \geqslant \sum_{1}^{\infty} V_{k}-\epsilon
$$

and one has finally

$$
\frac{1}{C} m(\sigma)-2 \epsilon \leqslant \sum_{k=1}^{K} V_{k}
$$

Lemma 1. Theorem A applies to $S_{n-1}$ with spherical caps as the $\sigma(P)$ and to $T_{n}$ with hypercubes, $-\phi \leqslant \theta_{i} \leqslant \phi,(i=1, \ldots, n)$, as $\sigma(P)$, where $C=3^{n-1}$ in the first and $C=3^{n}$ in the second case.

Proof. The first part is obvious as is the very last statement. In dealing with $S_{n-1}$ I remark that

$$
V_{r}=C_{n-1} \int_{0}^{r} \sin ^{n-2} \theta d \theta
$$

Now the volume of a sphere of radius $r$ plus those adjoining it of smaller $r$ radius is certainly less than or equal to that of a sphere of radius $3 r$. Since $3 r \leqslant \pi$,

$$
\sin 3 r=3 \sin r-4 \sin ^{3} r \leqslant 3 \sin r
$$

so that $\sin ^{n-2} 3 r \leqslant 3^{n-2} \sin ^{n-1} r$. Therefore

$$
\int_{0}^{3 r} \sin ^{n-2} \theta d \theta=3 \int_{0}^{r} \sin ^{n-2} 3 \theta^{\prime} d \theta^{\prime} \leqslant 3^{n-1} \int_{0}^{r} \sin ^{n-2} \theta d \theta
$$

3. Proof of Theorem 3. The key to Theorem 3 is the important

Theorem 5. The measure of the set $S_{\alpha}$ of points $P$ for which $f^{*}(P)>\alpha$ does not exceed

$$
\frac{3^{n-1}}{\alpha} \int_{S_{n-1}}|f(P)| d V_{P}
$$

It also does not exceed

$$
\frac{2.3^{n-1}}{\alpha} \int_{|f(P)|>\frac{1}{2} \alpha}|f(P)| d V_{P}
$$

Proof. For each $P \in S_{\alpha}$ by definition one can find an $r_{P}$ such that

$$
\int_{\sigma P\left(r_{P}\right)}\left|f\left(P^{\prime}\right)\right| d V_{P^{\prime}} \geqslant V\left(r_{P}\right) \alpha .
$$

By Lemma 1 one can find a finite number of the $\sigma_{P}\left(r_{P}\right)$ whose total measure exceeds $3^{-(n-1)} m\left(S_{\alpha}\right)-\epsilon$. One has then

$$
\int_{S_{n-1}}|f(P)| d V_{P} \geqslant \int_{\Sigma}|f(P)| d V_{P} \geqslant \frac{1}{3^{n-1}} m\left(S_{\alpha}\right) \alpha-\epsilon
$$

where $\Sigma$ is the finite set of $\sigma_{P}\left(r_{P}\right)$. The last statement is proved as follows: Let $h(P)=|f(P)|$ when $|f(P)| \geqslant \frac{1}{2} \alpha$, otherwise zero. Let $h^{*}(P)$ be defined in the same manner as $f^{*}(P)$. Obviously, we have $f^{*}(P) \leqslant h^{*}(P)+\frac{1}{2} \alpha$. Consequently $m\left(S_{\alpha}\right) \leqslant$ the measure of the set of $P$ for which $h^{*}(P)>\frac{1}{2} \alpha$, which by the preceding part of the theorem is

$$
\left.\leqslant \frac{2.3^{n-1}}{\alpha} \int_{S_{n-1}} h(P) d V_{P}=\frac{2.3^{n-1}}{\alpha} \int_{|f(P)|>\frac{2}{\alpha}}| | f(P) \right\rvert\, d V_{P}
$$

A similar proof yields
Theorem 6. Let $f(P)$ belong to $L$ on the multitorus $T_{n}$. Let $\gamma(P)$ be the "cube"

$$
\theta_{i_{p}}-\phi \leqslant \theta_{i} \leqslant \theta_{i_{p}}+\phi
$$

with $P$ as center and side $2 \phi$. Then the measure $m\left(S_{\alpha}\right)$ of the set of points $P$ where

$$
f^{*}(P) \equiv \text { l.u.b. } \frac{1}{0 \leqslant \phi<\pi} 2^{n} \phi^{n} \int_{\gamma(P)} f\left(P^{\prime}\right) d V_{P^{\prime}}>\alpha
$$

is

$$
\leqslant \frac{3^{n}}{\alpha} \int_{T_{n}}|f(P)| d V_{P}
$$

where $d V_{P}$ is the volume element on $T_{n}$. It also does not exceed

$$
\frac{2.3^{n}}{\alpha} \int_{|f(P)|>\frac{1}{2} \alpha}|f(P)| d V_{P}
$$

Proof of Theorem 3. Let $m(x)$ be the measure of the set of points where $|f(P)|>x$, and $m^{*}(x)$ be the measure of the set of points where $f^{*}(P)>x$. If $s(x)$ is any non-negative increasing function of $x$ then

$$
\begin{aligned}
& \int_{S_{n-1}} s(f(P)) d V_{P}=-\int_{0}^{\infty} s(x) d m(x) \\
& \int_{S_{n-1}} s\left(f^{*}(P)\right) d V_{P}=-\int_{0}^{\infty} s(x) d m^{*}(x)
\end{aligned}
$$

(7, p. 242).

Since, from Theorem 5,

$$
m^{*}(x) \leqslant \frac{2.3^{n-1}}{x} \int_{|f(P)|>z_{\alpha}^{\alpha}}|f(P)| d V_{P}=-\frac{2.3^{n-1}}{x} \int_{\frac{1}{3} x}^{\infty} y d m(y),
$$

by formal substitution and interchange of integrations we have

$$
\begin{aligned}
& \int_{0}^{\infty} m^{*}(x) x^{p-1} d x \leqslant-2.3^{n-1} \int_{0}^{\infty} x^{p-1} d x \int_{\frac{1}{y} x}^{\infty} y d m(y) \\
& \quad=-2.3^{n-1} \int_{0}^{\infty} y d m(y) \int_{0}^{2 y} x^{p-2} d x \\
& =\frac{-2^{p} \cdot 3^{n-1}}{(p-1)} \int_{0}^{\infty} y^{p} d m(y)
\end{aligned}
$$

But this latter

$$
=\frac{2^{p} \cdot 3^{n-1}}{(p-1)} \int_{S_{n-1}}|f(P)|^{p} d V_{P}
$$

and is, therefore, finite. As a consequence

$$
\lim _{\xi \rightarrow \infty} \int_{\xi}^{2 \xi} m^{*}(x) x^{p-1} d x=0
$$

however, since $m^{*}(x)$ is a decreasing function

$$
m^{*}(2 \xi) \xi^{p} \frac{2^{p}-1}{p}=m^{*}(2 \xi) \int_{\xi}^{2 \xi} x^{p-1} d x \leqslant \int_{\xi}^{2 \xi} m^{*}(x) x^{p-1} d x
$$

therefore, $\lim m^{*}(\xi) \xi^{p}=0$, and we can integrate by parts, getting

$$
\int_{S_{n-1}}\left\{f^{*}(P)\right\}^{p} d V_{p}=-\int_{0}^{\infty} x^{p} d m^{*}(x) \leqslant \frac{2^{p} \cdot 3^{n-1}}{(p-1)} \int_{S_{n-1}}|f(P)|^{p} d V_{P}
$$

which is (5) with $C_{n, p}=2^{p} .3^{n-1} /(p-1)$.
The second statement has been proved by Hardy-Littlewood (2) for $n=2$. The third statement has a similar proof. This time we notice that for the same reasons

$$
\begin{aligned}
\int_{1}^{\infty} m^{*}(x) d x & \leqslant-2.3^{n-1} \int_{1}^{\infty} y d m(y) \int_{1}^{2 y} \frac{d x}{x}=-2.3^{n-1} \int_{1}^{\infty} y \log 2 y d m(y) \\
& \leqslant 2.3^{n-1} \int_{S_{n-1}}|f(P)| \log ^{+}|f(P)| d V_{P}+2.3^{n-1} \log 2 \int_{S_{n-1}}|f(P)| d V_{P}
\end{aligned}
$$

Integrating by parts and noting that

$$
|f| \leqslant e+|f| \log ^{+}|f|
$$

and

$$
\int_{0}^{1} m^{*}(x) d x \leqslant V\left(S_{n-1}\right)
$$

we have (6). These constants are not as good as those of Hardy-Littlewood in the original case, $n=2$.

Theorem 7. Let $f(P)$ belong to $L^{p}, p>1$ on $T_{n}$. Then if $f^{*}(P)$ is defined as in Theorem 7

$$
\int_{T_{n}}\left\{f^{*}(P)\right\}^{p} d V_{P} \leqslant C_{n, p} \int_{T_{n}}|f(P)|^{p} d V_{P}
$$

where $C_{n, p}$ depends only on $n$ and $p$. This is no longer true for $p=1$; however, if $|f(P)| \log ^{+}|f(P)|$ is integrable on $T_{n}$, then

$$
\int_{T_{n}} f^{*}(P) d V_{P} \leqslant B_{n} \int_{T_{n}}|f(P)| \log ^{+}|f(P)| d V_{P}+C_{n}
$$

where $B_{n}$ depends only on $n$.
The proof is exactly like that of Theorem 3 with appropriate changes.
It will now be seen immediately that Theorem 3 can be extended to an arbitrary space with Property A, where $3^{n-1}$ is replaced by $C$.

## 4. Theorems which relate radial suprema to averages.

Theorem 8. Let $f(P)$ belong to L on $S_{n-1}$. Let $u(r, P)$ be the harmonic function in $S_{n}$ which takes on the values $f(P)$ on $S_{n-1}$. If

$$
U(P)=\sup _{0<r<1}|u(r, P)|
$$

then $U(P) \leqslant A_{n} f^{*}(P)$, where $f^{*}(P)$ is defined as in Theorem 3 and $A_{n}$ is a constant depending only on $n$.

Proof. Define polar coordinates in $n$-space:

$$
\begin{aligned}
x_{1} & =r \cos \theta_{1}, \\
x_{2} & =r \sin \theta_{1} \cos \theta_{2}, \\
\ldots & \\
x_{n-1} & =r \sin \theta_{1} \ldots \sin \theta_{n-2} \cos \theta_{n-1}, \\
x_{n} & =r \sin \theta_{1} \ldots \quad \sin \theta_{n-1} .
\end{aligned}
$$

For fixed $P$ we may assume that $P$ is the point $x_{1}=1, x_{i}=0 ; i>1$, in which case $\theta_{1}$ becomes the geodesic distance of any other point on $S_{n-1}$ from $P$. We have then

$$
u(r, P)=\frac{1}{\omega_{n}} \int_{0}^{\pi} d \theta_{1} \ldots \int_{0}^{\pi} d \theta_{n-2} \int_{-\pi}^{\pi} P_{n}\left(r, \theta_{1}\right) \sin ^{n-2} \theta_{1} f(Q) \omega \cdot d \theta_{n-1}
$$

where

$$
\omega_{n}=\frac{2(\sqrt{ } \pi)^{n}}{\Gamma\left(\frac{1}{2} n\right)} \text { and } P_{n}(r, \theta)
$$

is the Poisson kernel for the sphere,

$$
\frac{1-r^{2}}{\left(1-2 r \cos \theta+r^{2}\right)^{3 n}}, \omega=\sin ^{n-3} \theta_{2} \ldots \sin \theta_{n-2}
$$

and $Q$ has coordinates $\left(\theta_{1}, \ldots, \theta_{n-1}\right)$ (1, Chap. IV). Now let us observe that in order to prove the lemma, it is sufficient to prove $|u(r, P)|<A_{n} f^{*}(P)$ where $A_{n}$ is fixed and independent of $r$. We integrate by parts, then, with respect to $\theta_{1}$ and obtain

$$
\begin{gathered}
u(r, P)=\frac{1}{\omega_{n}}\left\{P_{n}(r, \pi) \int_{0}^{\pi} d \theta_{1} \ldots \int_{-\pi}^{\pi} f(Q) \sin ^{n-2} \theta_{1} \omega d \theta_{n-1}\right. \\
\left.-\int_{0}^{\pi} d \theta_{1} \cdot \frac{d P_{n}\left(r, \theta_{1}\right)}{d \theta_{1}} \cdot \int_{0}^{\theta_{1}} \int_{0}^{\pi} d \theta_{2} \ldots \int_{-\pi}^{\pi} d \theta_{n-1} f\left(Q^{\prime}\right) \sin ^{n-2} \theta \omega d \theta\right\}
\end{gathered}
$$

where the coordinates of $Q^{\prime}$ are $\left(\theta, \theta_{2}, \ldots, \theta_{n-1}\right)$. Recalling the definition of $f^{*}(P)$, more explicitly
$f^{*}(P)=$ l.u.b. $\left(C_{0<\theta} \int_{0}^{\theta} \sin ^{n-2} \theta d \theta\right)^{-1} \int_{0}^{\theta}\left[\int_{0}^{\pi} d \theta_{2} \ldots \int_{-\pi}^{\pi} d \theta_{n-1}|f(Q)| \cdot \sin ^{n-2} \theta \cdot \omega\right] d \theta$
where

$$
C_{n}=\int_{0}^{\pi} d \theta_{2} \ldots \int_{-\pi}^{\pi} \omega d \theta_{n-1}=\omega_{n-1}
$$

therefore

$$
\begin{aligned}
|u(r, P)| & \leqslant K_{n} f^{*}(P)+C_{n} f^{*}(P) \int_{0}^{\pi}\left|\frac{d P_{n}}{d \theta_{1}}\left(r, \theta_{1}\right)\right| \cdot\left|\int_{0}^{\theta_{1}} \sin ^{n-2} \theta d \theta\right| d \theta_{1} \\
& \leqslant f^{*}(P)\left[K_{n}+C_{n} \int_{-\pi}^{\pi}\left|\frac{d P_{n}}{d \theta_{1}}\left(r, \theta_{1}\right)\right| \cdot\left|\theta_{1}\right| \cdot d \theta_{1}\right]
\end{aligned}
$$

where $K_{n}$ is a constant depending only on $n$. The last expression (2, p. 107) in brackets is $\leqslant D_{n}$. This completes the proof.

Theorem 9. Let $f(P)$ belong to $L$ on $T_{n}$. Let $u\left(r_{1}, \ldots, r_{n}, P\right)$ be the function which is harmonic in the polycylinder,

$$
P_{n}:\left|z_{i}\right|<1(i=1, \ldots, n)
$$

and which assumes the values $f(P)$ on $T_{n}$. Then, if $f^{*}(P)$ is defined as in Theorem 7, we have

$$
\sup _{\left(r_{1}, \ldots, r_{n}\right) \in \Delta}\left|u\left(r_{1}, \ldots, r_{n}, P\right)\right| \leqslant A_{\Delta} f^{*}(P)
$$

where $\Delta$ is the region of $0 \leqslant r_{i}<1,(i=1, \ldots, n)$, described by (10). $A_{\Delta}$ depends only on $\Delta$ (i.e., K) and $n$.

Proof. I remark that the latter restriction seems quite essential as is evidenced not only in the proof but by the implications of the lemma (cf. the next section). I observe again that one can assume that $P$ is the point $\theta_{i}=0$ ( $i=1, \ldots, n$ ) on $T_{n}$. Because of a few complications it will be easier to present here the proof for $n=2$ only. The extension to arbitrary $n$ is straightforward.

First,

$$
u\left(r_{1}, r_{2}, P\right)=\frac{1}{\pi 4^{2}} \int_{-\pi}^{\pi} \int_{-\pi}^{\pi} P\left(r_{1}, \theta_{1}\right) P\left(r_{2}, \theta_{2}\right) f\left(\theta_{1}, \theta_{2}\right) d \theta_{1} d \theta_{2}
$$

where $P(r, \theta)=\left(1-r^{2}\right) /\left(1-2 \cos \theta+r^{2}\right)$ is the usual Poisson kernel. Repeated integration by parts and interchange of integration gives, after taking absolute values

$$
\begin{aligned}
& \left|u\left(r_{1}, r_{2}, P\right)\right| \leqslant \frac{1}{\pi 4^{2}}\left[\frac{1-r_{1}}{1+r_{1}} \cdot \frac{1-r_{2}}{1+r_{2}} \int_{-\pi}^{\pi} \int_{-\pi}^{\pi}\left|f\left(\theta_{1}, \theta_{2}\right)\right| d \theta_{1} d \theta_{2}\right. \\
& \quad+\frac{1-r_{2}}{1+r_{2}} \int_{-\pi}^{\pi}\left|\frac{d}{d \theta_{1}} P\left(r_{1}, \theta_{1}\right)\right| d \theta_{1} \int_{0}^{\theta_{1}} \int_{-\pi}^{\pi}\left|f\left(\theta, \theta^{\prime}\right)\right| d \theta d \theta^{\prime} \\
& \quad+\frac{1-r_{1}}{1+r_{1}} \int_{-\pi}^{\pi}\left|\frac{d}{d \theta_{2}} P\left(r_{2}, \theta_{2}\right)\right| d \theta_{2} \int_{0}^{\bar{k}_{2}} \int_{-\pi}^{\pi}\left|f\left(\theta, \theta^{\prime}\right)\right| d \theta d \theta^{\prime} \\
& \quad+\int_{-\pi}^{\pi} \int_{-\pi}^{\pi}\left\{\left|\frac{d}{d \theta_{2}} P\left(r_{2}, \theta_{2}\right) \frac{d}{d \theta_{1}} P\left(r_{1}, \theta_{1}\right)\right|\right. \\
& \left.\left.\quad\left(\operatorname{sgn} \theta_{1} \cdot \operatorname{sgn} \theta_{2}\right) \int_{0}^{\theta_{1}} \int_{0}^{\theta_{2}}\left|f\left(\theta, \theta^{\prime}\right)\right| d \theta d \theta^{\prime}\right\} d \theta_{1} d \theta_{2}\right] \\
& =\frac{1}{4 \pi^{2}}\left[I_{1}+I_{2}+I_{3}+I_{4}\right] .
\end{aligned}
$$

Recalling the definition of $f^{*}(P)$ one has $I_{1} \leqslant 4 \pi^{2} f^{*}(P)$. To get an inequality for $I_{2}$ (and $I_{3}$ ) one observes that the inner double integral is less than or equal to

$$
\int_{-\pi}^{\pi} \int_{-\pi}^{\pi}\left|f\left(\theta_{1}, \theta_{2}\right)\right| d \theta_{1} d \theta_{2} \leqslant 4 \pi^{2} f^{*}(P)
$$

Furthermore,

$$
\begin{aligned}
& \frac{1-r_{2}}{1+r_{2}} \int_{-\pi}^{\pi}\left|\frac{d}{d \theta_{1}} P\left(r_{1}, \theta_{1}\right)\right| d \theta_{1} \\
= & \frac{1-r_{2}}{1+r_{2}}\left[-\int_{0}^{\pi} \frac{d}{d \theta_{1}} P\left(r_{1}, \theta_{1}\right) d \theta_{1}+\int_{-\pi}^{0} \frac{d}{d \theta_{1}} P\left(r_{1}, \theta_{1}\right) d \theta_{1}\right] \\
= & \frac{1-r_{2}}{1+r_{2}}\left[+2\left(\frac{1+r_{1}}{1-r_{1}}\right)-2\left(\frac{1-r_{1}}{1+r_{1}}\right)\right] \leqslant 4 K .
\end{aligned}
$$

Therefore $I_{2}$ (and $\left.I_{3}\right) \leqslant 4 \pi^{2} .4 K f^{*}(P)$. Next, in $I_{4}$ the inner double integral is less than or equal to

$$
\operatorname{sgn} \theta_{1} \cdot \operatorname{sgn} \theta_{2} \int_{0}^{\theta_{2}} \int_{0}^{\left(\operatorname{sgn} \theta_{1}\right)\left|\theta_{2}\right|} \leqslant\left\{\begin{array}{l}
\int_{-\theta_{2}}^{\theta_{2}} \int_{-\theta_{2}}^{\theta_{2}},\left|\theta_{1}\right| \leqslant\left|\theta_{2}\right| \\
\int_{-\theta_{1}}^{\theta_{1}} \int_{-\theta_{1}}^{\theta_{1}},\left|\theta_{1}\right|>\left|\theta_{2}\right|
\end{array}\right.
$$

We split up $I_{4}$,

$$
I_{4}=\iint_{\left|\theta_{1}\right| \leqslant\left|\theta_{2}\right|}+\int_{\left|\theta_{1}\right|>\mid \theta_{2}} \int
$$

which with the previous remark gives us

$$
\begin{aligned}
I_{4} \leqslant 4 f^{*}(P) & {\left[\left.\int_{\left|\theta_{1}\right|>\left|\theta_{2}\right|} \int_{d \theta_{1}} \frac{d}{d \theta_{1}} P\left(r_{1}, \theta_{1}\right) \cdot \frac{d}{d \theta_{2}} P\left(r_{2}, \theta_{2}\right)|\cdot| \theta_{1}\right|^{2} d \theta_{1} d \theta_{2}\right.} \\
& \left.+\left.\int_{\left|\theta_{1}\right| \leqslant\left|\theta_{2}\right|} \int_{\mid} \frac{d}{d \theta_{1}} P\left(r_{1}, \theta_{1}\right) \cdot \frac{d}{d \theta_{2}} P\left(r_{2}, \theta_{2}\right)|\cdot| \theta_{2}\right|^{2} d \theta_{1} d \theta_{2}\right],
\end{aligned}
$$

the first integral in brackets is less than

$$
\begin{aligned}
& 2 \pi r_{1}\left(1-r_{1}{ }^{2}\right) \int_{-\pi}^{\pi}\left|\frac{\theta \sin \theta}{\left(1-2 r_{1} \cos \theta+r_{1}^{2}\right)^{2}}\right| d \theta \cdot \int_{-\pi}^{\pi}\left|\frac{d}{d \theta} P\left(r_{2}, \theta\right)\right| d \theta \\
& \leqslant 2 r_{1} \pi\left(1+r_{1}\right)\left(1-r_{1}\right)\left[2 \frac{\left(1+r_{2}\right)}{1-r_{2}}\right] \cdot \int_{-\pi}^{\pi}\left|\frac{\theta \sin \theta}{\left(1-2 r_{1} \cos \theta+r_{1}^{2}\right)^{2}}\right| d \theta
\end{aligned}
$$

The integral on the right is less than or equal to a constant $C$ (the reasoning is the same as in the Hardy-Littlewood reference in the proof of Lemma 3). Therefore, this first integral in brackets (and similarly the other) is less than or equal to $16 \pi K C$. Setting

$$
A_{\Delta}=(1+8 K+32 K C / \pi)
$$

one completes the proof.
5. Proofs of Theorems 1, 2, and 4 and related theorems.

Theorem 10. Let $f(P)$ belong to $L^{p}, p>1$ on $S_{n-1}$. Let $u(r, P)$ be the function harmonic in $S_{n}$ with boundary values $f(P)$. If $U(P)=\sup _{0<r<1}|u(r, P)|$, then

$$
\frac{1}{V_{1}} \int_{S_{n-1}}\{U(P)\}^{p} d V_{P} \leqslant C_{n, p} \frac{1}{V_{1}} \int_{S_{n-1}}|f(P)|^{p} d V_{P}
$$

where $C_{n, p}$ is a constant, depending only on $n$ and $p$. For $p=1$ this is not true. However, if $|f(P)| \log ^{+}|f(P)|$ is integrable on $S_{n-1}$, then

$$
\frac{1}{V_{1}} \int_{S_{n-1}} U(P) d V_{P} \leqslant \frac{B_{n}}{V_{1}} \int_{S_{n-1}}|f(P)| \log ^{+}|f(P)| d V_{P}+\frac{C_{n}}{V_{1}}
$$

where $B_{n}$ and $C_{n}$ depend only on $n$.
Proof. The first and third statements are corollaries of Theorem 3 and Theorem 9. The second statement has been proved in (2) for $n=2$. As a corollary of Theorem 10 we have

Theorem 11. Let $u(r, P)$ be harmonic in $S_{n}$ and let it be such that

$$
\begin{equation*}
\frac{1}{V_{1}} \int_{S_{n-1}}|u(r, P)|^{p} d V_{P} \leqslant C^{p} \tag{11}
\end{equation*}
$$

for all $r<1$, and fixed $p>1$. Then if $U(P)$ is defined as in Theorem 10

$$
\begin{equation*}
\frac{1}{V_{1}} \int_{S_{n-1}}\{U(P)\}^{p} d V_{P} \leqslant C_{n, p} C^{p} \tag{12}
\end{equation*}
$$

Proof. Let

$$
U_{R}(P)=\sup _{0 \leqslant r<R<1}|u(r, P)|
$$

then

$$
\frac{1}{V_{1}} \int_{S_{n-1}}\left\{U_{R}(P)\right\}^{p} d V_{P} \leqslant \frac{C_{n, p}}{V_{1}} \int_{S_{n-1}}|u(R, P)|^{p} d V_{P} \leqslant C_{n, p} C^{p}
$$

by Theorem 10 . Now $U_{R}(P) \uparrow U(P)$ as $R \rightarrow 1$. Hence, Lebesgue's monotone convergence theorem completes the proof.

Theorem 12. Let $u(r, P)$ satisfy (11). Then there exists a function $u(P) \in L^{p}$ on $S_{n-1}$ such that

$$
\begin{equation*}
\lim _{r \rightarrow 1} \int|u(r, P)-u(P)|^{p} d V_{P}=0 \tag{13}
\end{equation*}
$$

Proof. Hölder's inequality implies

$$
\frac{1}{V_{1}} \int_{S_{n-1}}|u(r, P)| d V_{P} \leqslant\left(\frac{1}{V_{1}} \int_{S_{n-1}}|u(r, P)|^{p} d V_{P}\right)^{1 / p} \leqslant\left(C_{n, p}\right)^{1 / p}
$$

As a result

$$
F(r, S)=\int_{S} u(r, P) d V_{P}
$$

where $S$ is a measurable subset of $S_{n-1}$, constitute a set of absolutely continuous set-functions on $S_{n-1}$ which are uniformly bounded. According to Radon's theory of integration one can form, for any $\Phi$ continuous on $S_{n-1}$, the RadonStieltjes integral

$$
\int_{S_{n-1}} \Phi d F(r, S)
$$

Now it is a classic theorem of Radon that from the uniformly bounded set of set-functions $F(r, S)$ on $S_{n-1}$ one can extract a sequence $F\left(r_{m}, S\right)$ and find another bounded set-function $F(S)$ such that, for any continuous $\Phi$,

$$
\begin{equation*}
\lim _{m \rightarrow \infty} \int_{S_{n-1}} \Phi d F\left(r_{m}, S\right)=\int_{S_{n-1}} \Phi d F(S) \tag{14}
\end{equation*}
$$

where the $r_{m} \rightarrow 1$, otherwise the theorem is trivial.
Now

$$
\begin{equation*}
|F(r, S)| \leqslant \int_{S}|u(r, P)| d V_{P} \leqslant \int_{S} U(P) d V_{P} \tag{15}
\end{equation*}
$$

so that the $F(r, S)$ are uniformly absolutely continuous, since $U(P)$ by (12) and Holder's inequality belongs to $L$. Therefore, by choosing $\Phi$ in (14) to be
the characteristic function (rounded-off) of $S$ one sees that $F(S)$ is also absolutely continuous, and, therefore, the integral of a point function $u(P)$ of class $L$. Accordingly, if one picks $\Phi$ in (14) to be the Poisson kernel one finds

$$
\begin{equation*}
u(r, P)=\int_{S_{n-1}} P_{n}(r, Q) u(Q) d V_{Q} \tag{16}
\end{equation*}
$$

One also sees from (15), by applying Lebesgue's differentiation theorem, that $|u(r, P)| \leqslant U(P)$ almost everywhere so that $u(P)$ is in $L^{p}$ by (12).

The reasoning in (7, p. 85) using (16) completes the proof of (13).
To prove (2), I observe first that a subharmonic function $w(r, p)$ satisfying (11) also satisfies the analogue of (12). The proof of this is reduced to (12) by the device of the harmonic majorant of $w(r, P)$ and is to be found in (2, p. 113, footnote 1) which carries over word for word to several variables.

Next, following Hardy and Littlewood, I set $w(r, P)=|f|^{\frac{1}{2} \lambda}$ and observe that (1) implies that $w(r, P)$ satisfies (11) with $p=2>1$. That $|f|^{\frac{1}{2} \lambda}$ is subharmonic is a simple consequence of the mean-value theorem for the function $f^{\frac{1}{2} \lambda}$ which is analytic in the neighborhood of any point where $f \neq 0$. Then (2) follows immediately.

The proof of (9) follows from Theorems 6 and 9 through the intermediary of theorems analogous to 10 and 11 exactly as in the proof of (2).

Finally (3), Theorem 2, follows from Theorem 12 when $\lambda>1$ since $|R f| \leqslant|f|$ and $|I f| \leqslant|f|$ and the convergence of $f$ follows from that of $R f$ and If by Minkowski's inequality. When $\lambda=1$ the Hardy-Littlewood inequality is still valid for $f$, unlike the harmonic function; therefore the reason, ing of Theorem 12 may be repeated to account for this case.

Obviously, a similar theorem may be deduced for the polycylinder (cf. also 10).

## References

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[^0]:    Received May 6, 1955.
    ${ }^{1}$ Princeton, 1947. Abstracts of the results appeared as (3) and (4). The decision to publish in full, after so long a delay, is motivated by repeated requests of other workers in the field and by overlapping with published material obtained independently by Zygmund, Calderón, and others. A particular impetus is the preceding paper by K. T. Smith (5), in which a substantial part of the underlying methods and results of my paper are obtained independently from a point of view not too different from mine.

[^1]:    ${ }^{2}$ Wiener's method does not deliver the best constants. Smith's paper (5) does.

[^2]:    ${ }^{3}$ The reference at the end of (4) to ergodic theorems for compact groups is erroneous or at least misleading. The theorems actually meant are analogous to ergodic theorems (6) but deal with averages over sets tending to zero (like derivatives).

