# BJPsych Advances

## **CPD Online**

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72 **'Soother of mind' – meditation in psychiatric disorders: a narrative** review

Vinod Kumar, Shree Raksha Bhide, Rashmi Arasappa, Shivarama Varambally & Bangalore N. Gangadhar

79 Innovations in the psychopathology of schizophrenia: a primer for busy clinicians

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90 **Setting up a clozapine service for Parkinson's psychosis** Christine Taylor, Alison Marsh-Davies, Rob Skelly, Neil Archibald & Sarah Jackson

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99 'Adults with Parkinson's disease and hallucinations or delusions can have treatment with clozapine if they need to' Eileen Joyce

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## **Clinical Reflection**

132 Is mind-body dualism compatible with modern psychiatry? Christopher Chen-Wei Ng In this issue, (72–78) authors Kumar et al narrate the benefits of meditation in psychiatric disorders, understanding meditation from the yoga perspective, biological aspects of meditation and practical tips for the practice of meditation. They also explain possible ways of modifying meditative practices to make them safe and useful for the patient population and useful overall as a society-level intervention.

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