The nomenclature, definition and classification of cardiac structures in the setting of heterotaxy

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Abstract In 2000, The International Nomenclature Committee for Pediatric and Congenital Heart Disease was established. This committee eventually evolved into the International Society for Nomenclature of Paediatric and Congenital Heart Disease. The working component of this international nomenclature society has been The International Working Group for Mapping and Coding of Nomenclatures for Paediatric and Congenital Heart Disease, also known as the Nomenclature Working Group. The Nomenclature Working Group created the International Paediatric and Congenital Cardiac Code, which is available for free download from the internet at [http://www.IPCCC.NET].

In previous publications from the Nomenclature Working Group, unity has been produced by cross-mapping separate systems for coding, as for example in the treatment of the functionally univentricular heart, hypoplastic left heart syndrome, or congenitally corrected transposition. In this manuscript, we review the nomenclature, definition, and classification of heterotaxy, also known as the heterotaxy syndrome, placing special emphasis on the philosophical approach taken by both the Bostonian school of segmental notation developed from the teachings of Van Praagh, and the European school of sequential segmental analysis. The Nomenclature Working Group offers the following definition for the term ‘heterotaxy’: ‘Heterotaxy is synonymous with ‘visceral heterotaxy’ and ‘heterotaxy syndrome’. Heterotaxy is defined as an abnormality where the internal thoraco-abdominal organs demonstrate abnormal arrangement across the left-right axis of
the body. By convention, heterotaxy does not include patients with either the expected usual or normal arrangement of the internal organs along the left-right axis, also known as ‘situs solitus’, nor patients with complete mirror-imaged arrangement of the internal organs along the left-right axis also known as ‘situs inversus’.” “Situs ambiguus is defined as an abnormality in which there are components of situs solitus and situs inversus in the same person. Situs ambiguus, therefore, can be considered to be present when the thoracic and abdominal organs are positioned in such a way with respect to each other as to be not clearly lateralised and thus have neither the usual, or normal, nor the mirror-imaged arrangements.”

The heterotaxy syndrome as thus defined is typically associated with complex cardiovascular malformations. Proper description of the heart in patients with this syndrome requires complete description of both the cardiac relations and the junctional connections of the cardiac segments, with documentation of the arrangement of the atrial appendages, the ventricular topology, the nature of the unions of the segments across the atrioventricular and the ventriculoarterial junctions, the infundibular morphologies, and the relationships of the arterial trunks in space. The position of the heart in the chest, and the orientation of the cardiac apex, must also be described separately. Particular attention is required for the venoatrial connections, since these are so often abnormal. The malformations within the heart are then analysed and described separately as for any patient with suspected congenital cardiac disease. The relationship and arrangement of the remaining thoraco-abdominal organs, including the spleen, the lungs, and the intestines, also must be described separately, because, although common patterns of association have been identified, there are frequent exceptions to these common patterns. One of the clinically important implications of heterotaxy syndrome is that splenic abnormalities are common. Investigation of any patient with the cardiac findings associated with heterotaxy, therefore, should include analysis of splenic morphology. The less than perfect association between the state of the spleen and the form of heart disease implies that splenic morphology should be investigated in all forms of heterotaxy, regardless of the type of cardiac disease. The splenic morphology should not be used to stratify the form of disease within the heart, and the form of cardiac disease should not be used to stratify the state of the spleen. Intestinal malrotation is another frequently associated lesion that must be considered. Some advocate that all patients with heterotaxy, especially those with isomerism of the right atrial appendages or asplenia syndrome, should have a barium study to evaluate for intestinal malrotation, given the associated potential morbidity. The cardiac anatomy and associated cardiac malformations, as well as the relationship and arrangement of the remaining thoraco-abdominal organs, must be described separately. It is only by utilizing this stepwise and logical progression of analysis that it becomes possible to describe correctly, and to classify properly, patients with heterotaxy.

Keywords: Databases; cardiac relations; cardiac connections; heterotaxy; heterotaxy syndrome; visceral heterotaxy; isomerism; situs ambiguus

In previous publications from the Nomenclature Working Group, unity has been produced by cross-mapping separate systems for coding, as for example in the treatment of the functionally univentricular heart, hypoplastic left heart syndrome, or congenitally corrected transposition. In this manuscript, we review the nomenclature, definition, and classification of heterotaxy, also known as the heterotaxy syndrome, placing special emphasis on the philosophical approach taken by both the Bostonian school of segmental notation developed from the teachings of Van Praagh, and the European school of sequential segmental analysis.

It has long been recognised that many of the most complex combinations of cardiac lesions are found in the hearts of patients with jumbled-up abdominal organs, or so-called heterotaxy. It is also well recognised that one of the dominant features of such patients is either absence of the spleen, or presence of multiple spleens on each side of the dorsal mesogastrium. In order to describe properly any complex heart, however, it is essential to provide a description of both the relations of structures within the heart, and the way they are joined together. The first feature accounts for the broad interspatial relations between the various structures. This feature, nonetheless, is not always concordant with the fashion in which two cardiac structures are joined to each other, or in some instances not joined together. It is the structure of the cardiac components, and their relations, that forms the basis of the segmental approach of Van Praagh and Vlad. The sequential segmental approach advocated by those working in Europe...
added junctional morphology to these considerations. Others have now sought to combine the approaches. In this review, we discuss these various complementary methodologies in the context of heterotaxy. We then suggest concise definitions for the heterotaxy syndrome, and a variety of related terms. Part of the difficulty in describing patients with heterotaxy has been the fact that, when describing the atriums and ventricles, and their spatial relationships, the words “left” and “right” can be confusing. In the appendix, therefore, we suggest rules that can be used to provide consistency and accuracy when describing anatomical phenotypes with regards to the words right and left.

Cardiac relations, and the way cardiac structures are joined together

The segmental approach developed by Van Praagh and his colleagues documents the anatomy of the cardiac components, and the relations of the three major cardiac segments, namely, the atrial chambers, the ventricles, and the arterial trunks. Letters are coded in braces, also known as curly brackets “{“} to describe the segments as follows:

- the sidedness of the atrial chambers, or, in other words, the atrial “situs”,
- the ventricular topology, in other words, the ventricular “loop”, and
- the relationships of the arterial trunks in space

In this system, the atrial situs is coded with “S” for “situs solitus”, otherwise known as normal arrangement; “I” for “situs inversus”, or the mirror-imaged arrangement, “A” for situs ambiguous, a term defined and discussed later in this manuscript, or “X” for unknown. Description of the ventricular loop is dependent on the topology and chirality, or handedness, of the ventricular mass. The system provides two choices, “D” for D-loop and “L” for L-loop, as defined below. Many centres also permit the designation of the chirality of the ventricular loop as “X”, for those instances where the looping cannot be determined. The relationships of the arterial trunks is described with a code chosen from “S” for normally related great arteries, “I” for inverted, or mirror-imaged normally related great arteries, “D” for D-transposed or D-malposed great arteries, with the aorta to the right of the pulmonary trunk, “L” for L-transposed or L-malposed great arteries, with the aorta to the left of the pulmonary trunk, or “A” for the aorta directly anterior to the pulmonary trunk. In this system, a normal heart is coded “[S,D,S]”. This coding system employing three letters does not specify the way the cardiac chambers within the segments are joined together, a feature that many describe as the type of “atrioventricular and ventriculoarterial connections”. This feature, known in the school using the approach of Van Praagh as “atrioventricular and ventriculo-arterial alignments”, is separately specified.

The system forming the basis of the European Paediatric Cardiac Code documents the anatomy of the cardiac components, as well as the junctions between them, using the sequential segmental approach. The atrial chambers, on the basis of the morphology of their appendages, are held to be usual or normally arranged, mirror-imaged, or to show isomerism of the morphologically right or left atrial appendages. The arrangements at the atrioventricular junctions take note of how the atrial and ventricular chambers are joined together, noting the possibilities for concordant, discordant, biventricular and mixed, double inlet, and absent connections. Separate consideration is given to the valves guarding the junctions, with the possibilities being two perforate valves, one single perforate valve with an absent atrioventricular connection, one perforate along with one imperforate valve, a common valve, or an absent valve with a so-called unguarded orifice. An imperforate valve is a structure formed by union of valvar leaflets so as to block completely the existing junction between adjacent structures, either an atrium and a ventricle, or a ventricle and an arterial trunk. Such an imperforate valve is different from a muscular wall of a chamber, since perforating the valve recreates the initial channel present between the adjacent structures. Either an atrioventricular valve or an arterial valve can be imperforate, and recognised as such by tomographic techniques or at autopsy. In addition, either or both atrioventricular valves may override or straddle the ventricular septum. The ventriculoarterial junctions are described in terms of the way the arterial trunks take origin from the ventricles, the infundibular morphologies, the morphology of the arterial valves, and the relationships of the arterial trunks in space. Specification of the arrangement of the atrial appendages, the atrioventricular connections, and the ventriculoarterial connections, does not specify nor imply the ventricular topology, or the relationships of the cardiac chambers or great arteries in space. These variables are separately specified.

Bodily arrangement or “situs”

The arrangement of the atrial chambers is determined on the basis of their sidedness within the body. The development of morphologically right-sided structures on one side of the body, and morphologically left-sided structures on the other side, is termed lateralization. Normal lateralization,
the usual arrangement, is also known as “situs solitus”. The mirror-imaged arrangement is also known as “situs inversus”. The term “visceroatrial situs” is often used to refer to the situs of the viscera and atria when their situs is in agreement. The arrangement of the organs themselves, and the arrangement of the atrial chambers, is not always the same. Should such disharmony be encountered, the sidedness of the organs and atrial chambers must be separately specified.

When considering the arrangement of the organs, the school of nomenclature developed using the teachings of Van Praagh recognises three patterns. Situs solitus is the usual arrangement, and situs inversus is the mirror-imaged variant of solitus. The third pattern is situs ambiguous, which is defined as any situation where a combination of situs solitus and situs inversus occurs in the same individual.

In the normal atrial arrangement, or “atrial situs solitus”, the morphologically right atrium is on the right, and the morphologically left atrium is on the left. In the mirror-imaged atrial arrangement, or “atrial situs inversus”, the morphologically left atrium is on the right, and the morphologically right atrium is on the left. In terms of overall morphology, it is usually easy to differentiate the morphologically right atrium from the morphologically left atrium. This distinction can generally be made on the basis of the anatomy of the atrial appendages, the morphology of the atrial septum, and the drainage of the supra-diaphragmatic portion of the inferior caval vein. Typically, the morphologically right atrial appendage is broad and blunt, whereas the morphologically left atrial appendage is narrow, pointed, and fingerlike. The morphologically right side of the atrial septum contains the rim of the oval fossa, or “limbus of the fossa ovalis”, whereas the morphologically left side of the interatrial septum is made up of the flap valve of the oval fossa. When the organs themselves are lateralized, the supra-diaphragmatic termination of the inferior caval vein provides an extremely reliable landmark for the morphologically right atrium. During echocardiographic examinations, the arrangement of the atrial chambers, also known as “atrial situs”, is often inferred by documenting the location of the inferior caval vein within the abdomen, specifically by determining its relationship to the descending thoracic aorta in subcostal short and long axis views. In the normal atrial arrangement, or atrial “situs solitus”, the aorta and inferior caval vein typically lie apart, on opposite sides of the spine, with the aorta on the left. This arrangement is mirror-imaged in atrial “situs inversus”, with the aorta on the right and the inferior caval vein on the left.

The rules as stated above, however, are reliable only in the setting of usual or mirror-imaged arrangements. In the setting of heterotaxy, these relationships do not pertain. When there is isomerism of the right atrial appendages, as defined below, or “asplenia syndrome”, the aorta and inferior caval vein are almost always on the same side of the spine, with the vein slightly anterior. In the setting of isomerism of the left atrial appendages, or “polysplenia syndrome”, the inferior caval vein usually does not connect directly with the right atrium, its suprarenal course often being interrupted, with the blood returning to the heart through the azygos or hemiazygos venous tributaries, such that the aorta is midline and the azygos vein is located in a posterolateral position. In a crucial publication in 1980 which appeared as a “Letter to the Editor” concerning a publication from the European school, Van Praagh and his colleagues established the “morphological method” as the optimal means of distinguishing between structures within the congenitally malformed heart. In essence, they stated that any variable structure within the heart should be identified on the basis of its own intrinsic morphology, and not on the basis of another feature that is itself variable. Applying this concept to malformed atrial chambers rules out the venoatrial connections, and also the relationships of the great vessels within the abdomen, as the most appropriate markers of atrial arrangement, since these features are frequently anomalous, particularly in the setting of heterotaxy.

A feature of the atrial chambers does exist, however, that retains its value even in the setting of the malformed hearts seen in heterotaxy. The study of Uemura and colleagues, based on examination of hearts from more than 180 patients with heterotaxy, showed that the extent of the pectinate muscles relative to the vestibules of the right- and left-sided atrioventricular junctions distinguished between the morphologically right and left atrial appendages. In the normal morphologically right atrium, which of course is right-sided, the pectinate muscles extend all round the vestibule, and reach to the cardiac crux. In the normal left-sided morphologically left atrium, these pectinate muscles are confined within the tube-like left atrial appendage, and the smooth vestibule is confluent with the smooth-walled body of the left atrium. In patients with mirror-imaged arrangement, or “situs inversus”, this morphological pattern is itself mirror-imaged.

“Isomerism” describes the situation in which morphologically right structures, or morphologically left structures, are found on both sides of the body in the same individual. The term is used in analogy to the situation in chemistry in which two compounds can have the same chemical structure, but be mirror-images of each other. These compounds are called...
enantiomers, or isomers, giving the arrangements of enantiomerism, or stereo-isomerism (Fig. 1). Such isomerism has long been known to exist in the lungs of patients with heterotaxy. Evidence of such isomerism also has been noted in the heart. Van Mierop and colleagues19,20 described the existence of right isomerism in the setting of asplenia syndrome, while Moller and colleagues21 pointed to the presence of bilateral left-sidedness in the setting of polysplenia syndrome. On the other hand, Van Praagh and Van Praagh believe that the concept of atrial isomerism is erroneous.22 The study of Uemura and colleagues,18 however, showed that the appendages when considered in isolation could truly be isomorphic. In the hearts of all the patients with heterotaxy studied by Uemura and colleagues,18 it was noted that the pectinate muscles were arranged so as to produce the patterns of isomerism of either the right or left atrial appendages, hence their suggested stratification of heterotaxy, from the stance of the heart, into either “isomerism of the right atrial appendages” or “isomerism of the left atrial appendages” (Fig. 2).18 It is also pertinent to note that, subsequent to these morphological investigations proving the existence of isomerism of the atrial appendages when based on the feature of the extent of the pectinate muscles, molecular biologists have shown that it is also possible to produce isomerism within the atrial chambers of the heart in experimental animals. Thus, isomerism of the right atrial appendages is produced by knocking out either the Pitx2 or Cited2 genes,23,24 whilst isomerism of the left appendages is produced by knocking out genes such as Sonic hedgehog.25

The presence of isomerism of the appendages within the atrial chambers, therefore, can be determined by the examination of the extent of the pectinate muscles relative to the atrioventricular junctions. The atrial chambers as a whole, however, are not isomorphic. It is erroneous to describe “atrial isomerism”, although this incorrect term is used widely and loosely. It is only the appendages that are isomorphic in the setting of heterotaxy. Some cardiac morphologists, however, do not accept the concept of isomerism of the atrial appendages. They prefer to use the term atrial situs ambiguous to describe this subset of patients. To complicate matters, in the living patient, it may be difficult to document the extent of the pectinate muscles relative to the atrioventricular junctions. Because of this difficulty, note should be taken of the fact that, in heterotaxy, bronchopulmonary anatomy usually is consistent with the structure of the appendages, and can aid in the documentation of heterotaxy. Most patients with heterotaxy, of course, also have splenic abnormalities and the anatomy and structure of the spleen are often used to stratify patients with heterotaxy. Splenic anatomy, however, shows less correlation with the arrangement of the atrial appendages when compared to bronchopulmonary anatomy.

The morphology of the lungs, and the relation between the bronchial tree and the pulmonary arteries, therefore, are useful in determining “situs”. The arrangement of the atrial appendages is highly consistent with bronchopulmonary morphology.11,26 In the majority of patients with heterotaxy, when attention is paid to the lungs and bronchial tree, the left-sided structures are seen to be the mirror-images of their right-sided counterparts (Fig. 3). A morphologically right lung typically has three lobes, and a morphologically left lung typically has two lobes. Furthermore, the right side tends to have an eparterial bronchus, whereas the
An eparterial bronchus is one that branches superior to the first lobar division of the pulmonary artery, in contrast to a hyparterial bronchus that branches inferior to the first lobar division of the respective pulmonary artery. Tracheobronchial anatomy can be assessed from examination of the chest radiograph. Isomerism is consistent with a ratio of less than 1 to 1.6 between the lengths of the two main bronchuses, whereas lateralization has a ratio of more than 1 to 1.6. Examination of chest radiographs, therefore, may provide one of the simplest techniques for differentiating isomerism from lateralization in a living patient, albeit that this can now be shown with even greater detail using tomographic techniques. Bronchial tomography has been used to measure bronchial length, and comparison of measured bronchial length with the age of the patient has been used to determine the presence of right versus left bronchial isomerism. As already emphasised, nonetheless, whilst the correlation between bronchial morphology and the structure of the atrial appendages is highly consistent, it is not absolute. In patients with heterotaxy, the anatomy of the atrial appendages does not always correspond with the bronchial arrangement.

Splenic anatomy is often used to stratify patients with heterotaxy. In most instances, right isomerism is associated with absence of the spleen, and left isomerism is associated with multiple spleens. This association, however, is weaker than the correlation between the arrangement of the atrial appendages and bronchial morphology. Moreover, absence of the spleen, or presence of multiple spleens, is not always easily documented. Multiple spleens are not always easy to differentiate from one spleen with several splenunculuses. A rudimentary spleen cannot easily be differentiated from one that is absent. Splenic anatomy can be difficult to determine both clinically and at autopsy.

Although not all patients with multiple spleens have isomerism of the left atrial appendages, and not all patients with absence of the spleen have isomerism of the right atrial appendages, it has become customary for many paediatric cardiologists to stratify heterotaxy into the subsets of "asplenia syndrome" and "polysplenia syndrome". Because a syndrome includes a constellation of findings, each of which may not be present in all instances, and because the splenic arrangement does not always fit with the expected patterns of the remaining thoraco-abdominal organs, investigators may at times be comfortable with describing the presence of the spleen in patients known to have "asplenia syndrome". The challenge is magnified still further when we come to consider the heart, since one of the major features of the patients with heterotaxy is that they exhibit markedly abnormal venoatrial connections, as well as multiple and varied lesions within the heart. The start of cardiac analysis is the determination of the arrangement of the atrial chambers, and according to the morphological method, it is the structure of the appendages, the most constant atrial components, that is best fitted for determining this feature.

In any patient with a congenitally malformed heart, including those patients with heterotaxy, once the atrial arrangement is established, using the system with which the observer feels most comfortable, analysis proceeds with determining the morphology of the atrioventricular and ventriculoarterial junctions, including the way the various structures are or are not joined together, the ventricular topology, and the spatial arrangements of the arterial trunks, and then describing all the associated malformations, including the position of the heart and the orientation of its apex. In patients with heterotaxy, of course, it will also be necessary to describe the arrangements of the other systems of organs, since as we have discussed, these are not always as they are expected to be. The patient with
isomerism of the morphologically right atrial appendages, for example, might well possess a spleen. The goal is to describe all such associations in precise fashion.

Ventricular topology or “ventricular loop”

The morphologically right ventricle typically possesses coarse trabeculations in its apical component, in contrast with the morphologically left ventricle which typically exhibits fine apical trabeculations. Ventricular topology, or “looping of the heart”, describes the chirality, or handedness, of the ventricular mass. With right hand ventricular topology, or “D-loop”, the right ventricle wraps around the left ventricle such that the palmar surface of the right hand can be placed on the septal surface of the right ventricle with the thumb in the inlet and the fingers in the outlet. With left hand ventricular topology, or “L-loop”, it is the palmar surface of the left hand that fits on the right ventricular septum in this fashion. The concept of looping refers to the formation of the ventricular loop in the embryo. The loop normally rotates to form a D-loop.

In order to describe the fashion in which the atrial chambers are joined to the ventricular mass, this being the feature known variously as the atrioventricular connections or alignments, it is essential in any given patient first to take note of the atrial arrangement, and then to describe the specific ventricular topology. As will be discussed in the next section, patients with heterotaxy are similar to patients with those with lateralised arrangements because, in both groups of patients, the atrial chambers can be joined to the ventricles in biventricular or univentricular fashion.

Atrioventricular junctions

The term “atrioventricular connections”, or “atrioventricular alignments”, refers to the mechanism of union between the atrial and the ventricular myocardium. As already discussed, in any patient, in order to describe the fashion in which the atrial chambers are joined to the ventricular mass, it is essential first to take note of the atrial arrangement, and then to describe the specific ventricular topology. In this respect, the atrial chambers can be joined to the ventricles in biventricular or univentricular fashion. When joined in the univentricular fashion, the description in the setting of heterotaxy is exactly the same as for patients with usual or mirror-imaged arrangement, remembering of course that the univentricular arrangement is much more frequent when there are isomeric right as opposed to isomeric left atrial appendages. When the atrial chambers are joined to the ventricles in biventricular fashion, however, it should be noted that this pattern cannot exist in the setting of patients with lateralised atrial chambers. This anatomical phenotype is unique because, when the appendages are isomeric, and the atriums are joined to the ventricles in biventricular fashion, then irrespective of whether the isomeric appendages are morphologically left or right, and irrespective of the ventricular topology, half of the heart will be joined in concordant fashion, and the other half joined together in discordant fashion. In the setting of heterotaxy, therefore, biventricular atrioventricular connections or alignments are, of necessity, mixed (Fig. 4). Although many coding systems, including the European Paediatric Cardiac Code, have termed this pattern to be “ambiguous”, the term “mixed” is probably a better descriptor, and has recently been incorporated into the International Paediatric and Congenital Cardiac Code.

As has already been discussed, analysis of the way the atrial myocardium is joined to the ventricular mass gives only half of the necessary information concerning the morphology of the atrioventricular junctions. It is also necessary to take account of the structure of the valve, or valves, guarding the junctions, in other words, the mode of the atrioventricular connection or alignment. A common atrioventricular junction, guarded by a common valve, is particularly frequent in the setting of isomeric right appendages, irrespective of whether there is a univentricular connection or alignment. A common atrioventricular junction, guarded by a common valve, is particularly frequent in the setting of isomeric right appendages, irrespective of whether there is a univentricular connection or alignment.

Figure 4.
The cartoon shows how, in the setting of isomeric atrial appendages, be they of right (as shown here) or left morphology, and irrespective of the combination with right hand or left hand ventricular topology, and associated with biventricular atrioventricular connections, the union of the atrial and ventricular musculatures must be mixed in its pattern. In the European Paediatric Cardiac Code, this pattern is said to be “ambiguous”, but “mixed” is a much better descriptor. Thus, the term “Mixed (ambiguous) AV connections (biventricular),” has been added to the version of the International Paediatric and Congenital Cardiac Code derived from the European Paediatric Cardiac Code.
double inlet, or biventricular and mixed atrioventricular connections. Common junctions, guarded by common valves, are also relatively frequent in patients with isomerism of the left atrial appendages, but less common than in those with isomeric right atrial appendages. It is also possible, of course, to find separate atrioventricular junctions guarded by mitral and tricuspid valves in patients with isomeric right atrial appendages, but this is much less frequent.

**Ventriculoarterial junctions**

In patients with heterotaxy, after establishing the atrial arrangement, the ventricular topology, and the morphology of the atrioventricular junctions, the next step is description of the ventriculoarterial junctions.\(^3\),\(^36\) This analysis proceeds as for any other patient with a congenitally malformed heart, since all types of connection or alignment, arterial relationship, and infundibular and valvar morphology must be anticipated to exist. Certain patterns stand out as being associated with the two subsets of heterotaxy, but anything is possible. Discordant or double outlet ventriculoarterial connections or alignments, often times associated with severe pulmonary stenosis or atresia, are more frequent with isomerism of the right atrial appendages, or asplenia syndrome. Concordant ventriculoarterial connections, with subaortic obstruction and aortic coarctation, are more frequent in the setting of isomerism of the left atrial appendages, or polysplenia syndrome.

**Relations and connections or alignments**

The essence of the original segmental approach to diagnosis and nomenclature was analysis of the topological arrangement, or cardiac relations, of the atrial chambers, the ventricular mass, and the arterial trunks.\(^37\) When the European school\(^38\) sought to develop further this innovative methodology, they emphasized the importance also of describing the way the basic segments were united, or joined together, across their junctions, in other words, the cardiac connections or alignments. Very rarely, the segmental topological arrangements do not correspond with the way the chambers and arterial trunks are united across their junctions.\(^39\) It is essential, therefore, that any system of nomenclature is able to distinguish between segmental topologies and junctional variations.\(^3\),\(^39\) This goal is important for all hearts, and especially those found in patients with heterotaxy. It may be accomplished either via the European approach, or the Bostonian approach developed by Van Praagh and his colleagues, as long as care is taken to specify both these features.\(^3\),\(^40\)

**The position of the heart and the orientation of its apex**

The position of the heart in the chest, and the orientation of the cardiac apex, must also be described separately, because these features can vary independently from each other, and have no definitive relationship to other cardiac relations and connections. The ventricular mass may be right-sided, left-sided, or midline. The cardiac apex may also be right-sided, left-sided, or midline. These features take on added importance when planning the route or pathway of an extracardiac Fontan connection.

The terms “dextrocardia”, “levocardia”, “mesocardia” “dextroversion”, and “levoverion” have been used over the years in various fashions by various authors.\(^41\) “Dextrocardia” is most usually considered synonymous with a right-sided ventricular mass, whilst “dextroversion” is frequently defined as a configuration where the ventricular apex points to the right. In a patient with the usual atrial arrangement, or situs solitus, dextroversion, therefore, implies a turning to the right of the heart. In the same context, “levocardia” has at most times been used as synonymous with a left-sided ventricular mass, and “levoverion” is frequently defined as a configuration where the ventricular apex points to the left. “Mesocardia” is the term used to account for the ventricular mass occupying the midline. We should be cautious, however, about the use of such terms, the more so since others have used variations of this terminology, suggesting terms such as “dextrorotation”, “mixed dextrocardia”, or “pivotal dextrocardia” in attempts to compress all the information into a single term. These variations are not universally understood, and should be avoided.

The proper description of a heart in a patient with heterotaxy, irrespective of the system used, should include a description of the position of the heart in the chest and the orientation of the cardiac apex, mainly because these features can vary significantly in heterotaxy, and because they are not always in harmony. For example, one might encounter a patient with the cardiac mass may be located predominantly in the right chest, but with its apex pointing to the left, in other words, “dextrocardia with levoverion”. The separate description of the location of the cardiac mass and the direction of the cardiac apex is not merely an academic exercise, since these features can profoundly impact planned surgical interventions.

**What about the venoatrial connections?**

A remarkable variety of venoatrial connections occur with heterotaxy. Indeed, it is the nature of these venoatrial connections that often dominates the clinical picture in patients with heterotaxy.
In a small proportion of patients, all the systemic veins can return to one of the atrial chambers, and all the pulmonary veins to the other chamber. It is these settings in particular, which potentially produce quasi-concordant or quasi-discordant arrangements, and reduce the utility of the venoatrial connections as a surrogate for atrial “situs”.

Take, for example, the situation as found in the patient with isomerism of the right atrial appendages, biventricular and mixed atrioventricular connections, left hand ventricular topology, but with all the pulmonary veins returning to the right-sided atrial chamber, possessing a morphologically right appendage, and all the systemic veins to the left-sided atrial chamber, also possessing a morphologically right appendage (Fig. 5). If defined on the basis of the venoatrial connections, this combination could well be interpreted as mirror-imaged atrial arrangement with concordant atrioventricular connections or alignments (Fig. 6). As shown in the two cartoons (Figs. 5 and 6), this interpretation would be incorrect, and would lead to inaccurate inferences regarding the location of the conduction tissues. This example demonstrates that, following the precepts of the “morphological method”, the venoatrial connections cannot be used as the final arbiter of atrial arrangement.

The venoatrial connections in patients with heterotaxy, therefore, must be described, rather than being used as an isolated indicator of atrial arrangement. It is then a fact that, even though all four pulmonary veins can drain to one of the atrial chambers in a minority of patients with isomeric right appendages, such connections are not anatomically normal. Indeed, even if the pulmonary veins do join the heart in patients with isomerism of the right atrial appendages, of necessity the connections themselves are anatomically abnormal since, in the absence of a morphologically left appendage, and other features of leftness, such as the presence of the coronary sinus in the atrioventricular junction, and possession of the flap valve of the septum, the atrial chamber to which they join cannot be a normal morphologically left atrium. Totally anomalous pulmonary venous connection, therefore, is an essential component of the heart in patients with isomeric right atrial appendages, as is absence of the coronary sinus. Patients with absence of the spleen may exhibit a coronary sinus, but they could not then have isomeric right atrial appendages. It is also the case that the coronary venous return is always abnormal when there are isomeric right atrial appendages. Abnormal coronary venous drainage can also be found in the setting of isomeric left
appendages should the coronary sinus be absent. Interruption of the inferior caval vein, with continuation through the azygos or hemiazygos venous system, is the most frequent anomalous venous connection found in those with isomerism of the left atrial appendages, or polysplenia syndrome, albeit that this is not a universal finding. Hepatic venous connections may also vary, especially when there are isomorphic left appendages. Hepatic venous connections take on added significance when planning a Fontan operation, and especially completion of the Fontan operation after a prior superior cavopulmonary connection in the setting of an interrupted inferior caval vein with azygos continuation, in other words, a prior Kawashima operation. Indeed, apart from the absence of the coronary sinus, and the totally anomalous pulmonary venous connections, which are universally present in those with isomorphic right atrial appendages, there are no other anomalous venous connections that serve to stratify perfectly the two subsets of patients with heterotaxy. Bilateral superior caval veins, for example, are frequent in both types, albeit that drainage via a coronary sinus can only be found in patients with isomerism of the left atrial appendages.

Other associated malformations

For patients with heterotaxy, the malformations within the heart are analysed and described as for any patient with suspected congenital cardiac disease. Again, there is no specific lesion that serves to stratify the two subsets of heterotaxy. Each individual associated cardiac lesion must be described.

Careful attention also should be paid to the arrangement of the extracardiac structures, since although an essential feature of heterotaxy, there is often discrepancy between the morphology of the atrial appendages and the position of the thoraco-abdominal organs. The arrangement of the lungs and spleen must be described separately. Intestinal malrotation is another frequently associated lesion that must be considered. Some advocate that all patients with heterotaxy, especially those with isomerism of the right atrial appendages or asplenia syndrome, should have a barium study to evaluate for intestinal malrotation, given the associated potential morbidity. The cardiac anatomy and associated cardiac malformations, as well as the relationship and arrangement of the remaining thoraco-abdominal organs, must be described separately.

Clinical limitations and challenges

Although the above described step-wise approach to the analysis of the cardiac morphology can be used to make the precise anatomic diagnosis and classification in pathological specimens, it cannot always produce diagnostic certainty in the clinical arena. Ascertaining the precise anatomic diagnosis and classification can be very challenging in the living patient with heterotaxy. The step-wise approach to the analysis of the cardiac morphology will increase the likelihood of ordered thought and analysis. It must be recognized, nonetheless, that there are patients in whom the combination of inadequate images, conflicting observations, and morphologic uncertainty, preclude diagnostic certainty. Clearly, much of this uncertainty can be resolved by examination of the explanted heart. There are patients, nevertheless, in whom the clinicians cannot reach agreement as to the ventricular loop, the morphology of the atroventricular valve, and particularly the anatomy of the atrial appendages and their pectinate muscles, despite use of multiple diagnostic modalities, such as echocardiography, magnetic resonance imaging, cardiac catheterization, and direct surgical observation. For example, the surgeon will rarely have the opportunity to have both atrial appendages laid completely open to verify the extent and direction of the pectinate muscles, and in some instances may be unable to state with absolute certainty whether one is dealing with isomerism of the atrial appendages. Diagnostic uncertainty is a clinical reality, and must be acknowledged when present to avoid improperly placing a patient into a given diagnostic category.

Definitions

Based on the above discussion, and a thorough review of the literature, we offer the following definitions.

Heterotaxy and heterotaxy syndrome

The word heterotaxy is derived from the Greek: heteros- meaning other than, and taxis- meaning arrangement. Heterotaxy, therefore, literally means a pattern of anatomical organization of the thoracic and the abdominal organs which is not the expected usual or normal arrangement, also known as “situs solitus”. In the strictest sense, patients with the mirror-imaged arrangement, also known as “situs inversus” should be included in the group of patients with heterotaxy or heterotaxy syndrome. It has become traditional, nonetheless, to use heterotaxy as a term to describe patients who have neither the normal nor the mirror-imaged arrangements. As used in the field of the congenitally malformed heart, the term “heterotaxy” has become
Heterotaxy is defined as the abnormal arrangement of organs or viscera across the left-right axis differing from “complete situs solitus” and “complete situs inversus”.

In the normal body, parietal structures such as hands and feet are mirror images of each other, while the internal organs are arranged in different fashions on the right and left sides, and are not mirror images of each other. As previously discussed, the development of morphologically right-sided structures on one side of the body and morphologically left-sided structures on the other side is termed “lateralization”. While parietal structures are normally mirror images of each other, internal organs are normally lateralized. Hence, if asymmetry of the thoracic and abdominal organs is the usual or normal situation, the syndrome of visceral heterotaxy includes patients with an unusual degree of symmetry of some of the thoracic and abdominal organs, and the atrial appendages within the heart. This broad term includes patients with a wide variety of very complex cardiac lesions. A “syndrome”, meanwhile, is a group of signs and symptoms that occur together, and characterize a particular abnormality. A syndrome includes a constellation of findings, each of which may not be present in all instances. On this basis, therefore, the Nomenclature Working Group offers the following definition for the term “heterotaxy”:

“Heterotaxy is synonymous with ‘visceral heterotaxy’ and ‘heterotaxy syndrome’. Heterotaxy is defined as an abnormality where the internal thoraco-abdominal organs demonstrate abnormal arrangement across the left-right axis of the body. By convention, heterotaxy does not include patients with either the expected usual or normal arrangement of the internal organs along the left-right axis, also known as ‘situs solitus’, nor patients with complete mirror-imaged arrangement of the internal organs along the left-right axis also known as ‘situs inversus’.”

Patients with heterotaxy can be stratified into the subsets of asplenia syndrome and polysplenia syndrome, or the subsets of heterotaxy with isomerism of the right atrial appendages and heterotaxy with isomerism of the left atrial appendages.

Isomerism

The word isomerism is also derived from the Greek: *iso*—meaning equal and *meros*—meaning part. Isomerism refers to structures that are themselves mirror-imaged. The term has been used extensively in the field of chemistry, where it has a very precise definition. In chemistry, isomers are defined as different compounds that have the same molecular formula. The term “structural isomers” is synonymous with the term “constitutional isomers”, and is defined as isomers that differ because their atoms are joined in a different order. On the other hand, stereoisomers are not structural isomers, because they have their constituent atoms attached in the same order. Diastereomers are stereoisomers whose molecules are mirror reflections of each other.

When used in the arena of the congenitally malformed heart, the term “isomerism” has become the conventional description for the situation in which morphologically right structures or morphologically left structures are found on both sides of the body in the same individual. When used in this fashion, the term is analogous to the chemical term enantiomers. In the normal body, parietal structures, such as hands and feet, are good examples of enantiomerism, or bodily isomerism. In heterotaxy, some of the paired internal organs, and the atrial appendages within the heart, may also display such enantiomerism or bodily isomerism.

On this basis, therefore, the Nomenclature Working Group offers the following definition for the term “isomerism”:

“Isomerism in the context of the congenitally malformed heart is defined as a situation where some paired structures on opposite sides of the left-right axis of the body are, in morphologic terms, symmetrical mirror images of each other.”
Left isomerism

“Left isomerism in the context of the congenitally malformed heart is defined as a subset of heterotaxy where some paired structures on opposite sides of the left-right axis of the body are symmetrical mirror images of each other, and have the morphology of the normal left-sided structures.”

Those having isomeric left atrial appendages frequently have bilaterally bi-lobed lungs, each with a long bronchus, and multiple spleens. In many cases of isomeric left appendages, patients have pulmonary veins connecting to both atrial chambers, as if both atriums were morphologically left atriums. The symmetry, however, is far from complete. Whilst all patients with isomeric left appendages, for example, have at least one superior caval vein, no patient has yet been described, to the best of our knowledge, with two superior caval veins, each draining to a coronary sinus, as might be expected if the patient possessed two complete left atrial chambers. Examples exist where the sidedness of the atrial appendages is not concordant with the sidedness of the lungs or the arrangement of the spleen. It is necessary in such disharmonious situations to describe separately the arrangement of the atrial appendages, the lungs, and the spleen.

Right isomerism

“Right isomerism in the context of the congenitally malformed heart is defined as a subset of heterotaxy where some paired structures on opposite sides of the left-right axis of the body are symmetrical mirror images of each other, and have the morphology of the normal right-sided structures.”

Those having isomeric right atrial appendages frequently have bilaterally tri-lobed lungs, each with a short bronchus, and absence of the spleen. Once again, however, examples exist where the sidedness of the atrial appendages is not concordant with the sidedness of the lungs or spleen. In these situations, it will be necessary to describe separately the arrangement of the atrial appendages, the lungs, and the spleen.

Atrial isomerism versus isomerism of the atrial appendages

Atrial isomerism does not exist, and therefore cannot be defined. It is only the atrial appendages that are isomeric in the setting of heterotaxy. One way to impose order upon the diverse group of cardiac lesions within the heterotaxy syndrome is to stratify them according to the morphology of the atrial appendages.”

As already explained, in the setting of heterotaxy, the atrial appendages on the two sides of the heart have comparable rather than their usual disparate morphology. Isomerism of the right or left atrial appendages exists when both atrial chambers have appendages with the same morphology. On this basis, therefore, the Nomenclature Working Group offers the following definitions for the “isomerism of the atrial appendages”:

Isomerism of the left atrial appendages

“Isomerism of the left atrial appendages is a subset of heterotaxy where the atrial appendages on both sides of the body have the appearance of the morphologically left atrial appendage.”

Isomerism of the right atrial appendages

“Isomerism of the right atrial appendages is a subset of heterotaxy where the atrial appendages on both sides of the body have the appearance of the morphologically right atrial appendage.”

Situs ambiguus

“Situs ambiguus is defined as an abnormality in which there are components of situs solitus and situs inversus in the same person. Situs ambiguus, therefore, can be considered to be present when the thoracic and abdominal organs are positioned in such a way with respect to each other as to be not clearly lateralised and thus have neither the usual, or normal, nor the mirror-imaged arrangements.”

All patients with heterotaxy also may be considered to have “situs ambiguus”, and all patients with “situs ambiguus” also have heterotaxy syndrome. Of course, it is obvious by now that individual description of any system of organs produces specificity, as far as the morphology permits such specificity. Although isomerism of the atrial appendages meets the above definition of “situs ambiguus”, the presence of bilateral right atrial appendages or bilateral left atrial appendages, when present, can often be described specifically. The term “visceroatrial situs ambiguus” has more application, however, because of the frequent discordance between the arrangement of the atrial appendages and the other organs. Because of the numerous examples of inconsistency between the arrangement of the atrial appendages and the other organs, some prefer to utilize the term “situs ambiguus” for everything that is not “situs solitus” or “situs inversus”. If the definitions currently suggested are found acceptable, this use of the term situs ambiguous will be the same as stating that such patients have heterotaxy. Within this group of
patients classified as visceroatrial situs ambiguous, nevertheless, specificity can be provided in the individual patient by accounting separately for the sidedness of the atrial appendages, the lungs and the abdominal organs.

Asplenia and asplenia syndrome

Asplenia literally means absent spleen. Asplenia can be isolated.

“Asplenia syndrome” can be defined as a subset of heterotaxy with components of bilateral right-sidedness, usually associated with absence of the spleen.

In the context of heterotaxy, asplenia is usually, but not always, accompanied by a variety of cardiac malformations that may include isomeric right atrial appendages, common atrioventricular junction, abnormal ventriculoarterial connections or alignments, also termed “conotruncal anomalies”, and a high incidence of pulmonary atresia or pulmonary stenosis, and totally anomalous pulmonary venous connection. Virtually all patients with asplenia syndrome have a common atrioventricular junction, as do almost two-thirds of those with polysplenia syndrome. Asplenia syndrome is not typically associated with interruption of the inferior caval vein or drainage of the superior caval vein to the coronary sinus. Patients having asplenia syndrome as defined above, however, may possess a single spleen of normal size, or even multiple spleens.

While patients with absence of the spleen may rarely be found with drainage of the superior caval vein to the coronary sinus, this association cannot be found in the setting of isomeric right atrial appendages, since the coronary sinus is universally absent when both appendages are of right morphology. Thus, although the spleen is expected to be absent in the setting of isomeric right atrial appendages, this association does not always coexist.

Polysplenia and polysplenia syndrome

Polysplenia literally means multiple spleens. In some instances, patients with usual arrangement of the atrial appendages can have multiple spleens, as can those with isomeric right atrial appendages.

“Polysplenia syndrome” can be defined as a subset of heterotaxy with components of bilateral left-sidedness, usually associated with multiple spleens.

In the context of heterotaxy, polysplenia is usually, but not always, accompanied by significant cardiac disease, with or without a common atrioventricular junction, and with or without malformations of the outflow tracts, also known as “conotruncal anomalies”. Those with polysplenia syndrome typically have interruption of the inferior caval vein, and often have pulmonary veins from the two sides of the body draining in symmetrical fashion to atriums each having a morphologically left appendage. In this setting, the venoatrial connections themselves will be bilateral, but anatomically normal. Patients with multiple spleens typically have isomeric left atrial appendages, but also can have usually arranged or mirror-imaged atrial appendages, or rarely isomeric right atrial appendages.

Most of the associations with asplenia syndrome and polysplenia syndrome are less than perfect, with overlap between the two. One of the clinically important implications of heterotaxy syndrome is that splenic abnormalities are common. Investigation of any patient with the cardiac findings associated with heterotaxy, therefore, should include analysis of splenic morphology. The less than perfect association between the state of the spleen and the form of heart disease implies that splenic morphology should be investigated in all forms of heterotaxy, regardless of the type of cardiac disease. The splenic morphology should not be used to stratify the form of disease within the heart, and the form of cardiac disease should not be used to stratify the state of the spleen.

Ivemark syndrome

Ivemark syndrome is a term that, historically, is synonymous with asplenia syndrome. Other synonyms have been used for heterotaxy syndrome with asplenia including asplenia syndrome, bilateral right-sidedness sequence, and splenic agenesis syndrome. As discussed above, heterotaxy syndrome with asplenia is characterized by the absence of a spleen, malformations of the cardiovascular system, and abnormal arrangement of the thoraco-abdominal organs.

Nomenclature crossmap for heterotaxy and its related diagnoses

In Table 1, we show the terminology for diagnoses related to heterotaxy from the version of the International Pediatric and Congenital Cardiac Code derived from the list of the Society of Thoracic Surgeons and the European Association of CardioThoracic Surgery. In Table 2, we show the equivalent and crossmapped terms from the version derived from the list of the Association for European Paediatric Cardiology.

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Table 1. The European Association for Cardiothoracic Surgery – Society of Thoracic Surgeons derived version of the International Paediatric and Congenital Cardiac Code for diagnoses related to heterotaxy.

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal atrial arrangement (situs), AV &amp; VA connections</td>
<td>01.03.10</td>
</tr>
<tr>
<td>Normal heart</td>
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<tr>
<td>Normal pulmonary venous connections</td>
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<tr>
<td>Normal systemic venous connections</td>
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</tr>
<tr>
<td>Atrial appendage isomerism, Right</td>
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</tr>
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<td>Atrial situs (arrangement) abnormal</td>
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</tr>
<tr>
<td>Atrial situs (arrangement) ambiguous</td>
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</tr>
<tr>
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<td>Atrial situs inversus (Mirror image atrial arrangement)</td>
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<td>Atrial situs solitus (Usual atrial arrangement)</td>
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<tr>
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<td>AV connection(s) = Absent left sided AV connection, Right-sided atrium to LV</td>
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<td>AV valve overriding, Tricuspid valve</td>
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Systemic venous anomaly, IVC, Interrupted IVC with azygos continuation (absent suprarenal segment), Hepatic veins to right-sided atrium 04.03.25
Systemic venous anomaly, IVC, Interrupted IVC with azygos continuation (absent suprarenal segment), Hepatic veins to both atriums 04.03.25
Systemic venous anomaly, SVC, Abnormal RSVC, RSVC to CS to left-sided atrium 04.01.12
Systemic venous anomaly, SVC, Abnormal RSVC, RSVC to CS to left-sided atrium
(completely unroofed CS) 04.01.12, 04.04.02
Systemic venous anomaly, SVC, Absent RSVC 04.01.05
Systemic venous anomaly, SVC, Absent RSVC, LSVC present 04.01.05, 04.01.25
Systemic venous anomaly, SVC, Absent RSVC, LSVC present, Bi-atrial drainage of LSVC 04.01.05, 04.01.16
Systemic venous anomaly, SVC, Absent RSVC, LSVC to CS 04.01.05, 04.01.01
Systemic venous anomaly, SVC, Absent RSVC, LSVC to CS (intact) to right-sided atrium 04.01.05, 04.01.26, 04.04.16
Systemic venous anomaly, SVC, Absent RSVC, LSVC to CS (partially unroofed) 04.01.05, 04.01.01, 04.04.01
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Systemic venous anomaly, SVC, Absent RSVC, LSVC to left-sided atrium 04.01.05, 04.01.02
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Systemic venous anomaly, SVC, Bilateral SVC, Innominate absent 04.01.03, 04.05.01
Systemic venous anomaly, SVC, Bilateral SVC, Innominate present 04.01.03, 04.01.18
Systemic venous anomaly, SVC, Bilateral SVC, LSVC to CS (intact) to right-sided atrium 04.01.03, 04.01.26, 04.04.16
Systemic venous anomaly, SVC, Bilateral SVC, LSVC to CS to right-sided atrium, Innominate absent 04.01.03, 04.01.26, 04.05.01, 04.04.18
Systemic venous anomaly, SVC, Bilateral SVC, LSVC to CS to right-sided atrium, Innominate present 04.01.03, 04.01.01, 04.05.01
Systemic venous anomaly, SVC, Bilateral SVC, LSVC to CS (partially unroofed), Innominate absent 04.01.03, 04.01.01
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Systemic venous anomaly, SVC, Bilateral SVC, LSVC to left-sided atrium, Innominate absent 04.01.03, 04.05.01
Systemic venous anomaly, SVC, Bilateral SVC, LSVC to left-sided atrium (completely unroofed CS), Innominate present 04.01.03, 04.01.12, 04.05.01
Systemic venous anomaly, SVC, Bilateral SVC, RSVC to CS to left-sided atrium, Innominate absent 04.01.03, 04.01.12, 04.05.01
Systemic venous anomaly, SVC, Bilateral SVC, RSVC to CS to left-sided atrium, Innominate present 04.01.03, 04.01.12, 04.01.18
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Systemic venous anomaly, SVC, CS ostial atresia or stenosis (CS draining cephalad via LSVC), CS ostial atresia 04.04.03, 04.04.11
Systemic venous anomaly, SVC, CS ostial atresia or stenosis (CS draining cephalad via LSVC), CS ostial stenosis 04.04.04, 04.04.11
Systemic venous anomaly, SVC, CS ostial atresia or stenosis (CS draining cephalad via RSVC) 04.04.14, 04.04.10
Systemic venous anomaly, SVC, CS ostial atresia or stenosis (CS draining cephalad via RSVC), CS ostial atresia 04.04.03, 04.04.10
Systemic venous anomaly, SVC, CS ostial atresia or stenosis (CS draining cephalad via RSVC), CS ostial stenosis 04.04.04, 04.04.10
Systemic venous anomaly, SVC, Levoatrial-cardinal vein (Persistent left posterior cardinal vein) (LA to innominate vein) 04.01.06
Systemic venous anomaly, SVC, Retro-aortic Innominate vein 04.00.04

Abbreviations: AV, atrioventricular; CAVC (CAVSD), complete atrioventricular canal (complete atrioventricular septal defect); CS, coronary sinus; DORV, double outlet right ventricle; IVC, inferior vena cava; IVS, intact ventricular septum; LA, left atrium; LIVC, left inferior vena cava; LSVC, left superior vena cava; LV, left ventricle; RIVC, right inferior vena cava; RSVC, right superior vena cava; RV, right ventricle; SVC, superior vena cava; TGA, transposition of the great arteries; TOF, tetralogy of Fallot; VA, ventriculoarterial; VSD, ventricular septal defect.
Table 2. The Association for European Paediatric Cardiology derived version of the International Paediatric and Congenital Cardiac Code for the diagnoses related to heterotaxy.

<table>
<thead>
<tr>
<th>Description</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal heart</td>
<td>01.01.00</td>
</tr>
<tr>
<td>Normal atrial arrangement (situs), AV &amp; VA connections</td>
<td>01.03.10</td>
</tr>
<tr>
<td>Systemic venous connections normal</td>
<td>04.00.00</td>
</tr>
<tr>
<td>Pulmonary venous connections normal</td>
<td>04.00.03</td>
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**Position and orientation of heart**

<table>
<thead>
<tr>
<th>Description</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>Normal position/orientation of heart</td>
<td>02.01.00</td>
</tr>
<tr>
<td>Position-orientation of heart abnormal</td>
<td>02.01.09</td>
</tr>
<tr>
<td>Laevocardia: heart predominantly in left hemithorax</td>
<td>02.01.03</td>
</tr>
<tr>
<td>Heart rotated to left (laevorotation)</td>
<td>02.01.06</td>
</tr>
<tr>
<td>Dextrocardia: heart predominantly in right hemithorax</td>
<td>02.01.02</td>
</tr>
<tr>
<td>Heart rotated to right (dextrorotation)</td>
<td>02.01.05</td>
</tr>
<tr>
<td>Midline heart (mesocardia)</td>
<td>02.01.04</td>
</tr>
<tr>
<td>Apex of heart to left (&quot;laevoversion&quot;)</td>
<td>02.02.00</td>
</tr>
<tr>
<td>Apex of heart to right (&quot;dextroversion&quot;)</td>
<td>02.02.01</td>
</tr>
<tr>
<td>Apex of heart anterior to the cardiac base</td>
<td>02.02.20</td>
</tr>
<tr>
<td>Apex of heart posterior to the cardiac base</td>
<td>02.02.21</td>
</tr>
<tr>
<td>Bifid apex of heart</td>
<td>02.02.03</td>
</tr>
<tr>
<td>Midline apex of heart</td>
<td>02.02.04</td>
</tr>
<tr>
<td>Midline apex of heart: anterior</td>
<td>02.02.18</td>
</tr>
<tr>
<td>Midline apex of heart: posterior</td>
<td>02.02.19</td>
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**Isomerism and non-cardiac organs**

<table>
<thead>
<tr>
<th>Description</th>
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<tbody>
<tr>
<td>Isomerism</td>
<td>01.03.12</td>
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<tr>
<td>Visceral heterotaxy (abnormal arrangement thoraco-abdominal organs)</td>
<td>03.01.02</td>
</tr>
<tr>
<td>Isomerism sequence (including asplenia/polysplenia &amp; Ivemark syndromes)</td>
<td>14.02.03</td>
</tr>
<tr>
<td>Ivemark syndrome (asplenia with right isomerism &amp; complex congenital heart disease)</td>
<td>14.02.95</td>
</tr>
<tr>
<td>Right isomerism (&quot;asplenia&quot;)</td>
<td>03.01.04</td>
</tr>
<tr>
<td>Left isomerism (&quot;polysplenia&quot;)</td>
<td>03.01.05</td>
</tr>
<tr>
<td>Bilateral trilobed (right) lungs (right isomerism)</td>
<td>03.02.03</td>
</tr>
<tr>
<td>Bilateral bilobed (left) lungs (left isomerism)</td>
<td>03.02.04</td>
</tr>
<tr>
<td>Bilateral right bronchi (short – right isomerism)</td>
<td>03.03.03</td>
</tr>
<tr>
<td>Bilateral left bronchi (long – left isomerism)</td>
<td>03.03.04</td>
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<tr>
<td>Spleen absent (asplenia)</td>
<td>03.03.73</td>
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<tr>
<td>Multiple spleens (polysplenia)</td>
<td>03.07.04</td>
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<tr>
<td>Liver centrally situated</td>
<td>03.04.03</td>
</tr>
<tr>
<td>Intestines malrotated</td>
<td>03.06.03</td>
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</table>

**Atrial arrangements (situs)**

<table>
<thead>
<tr>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Usual atrial arrangement (atrial situs solitus)</td>
<td>01.03.00</td>
</tr>
<tr>
<td>Abnormal atrial arrangement</td>
<td>01.03.06</td>
</tr>
<tr>
<td>Mirror image atrial arrangement (atrial situs inversus)</td>
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</tr>
<tr>
<td>Atrial arrangement (situs) ambiguous (indeterminate)</td>
<td>01.03.04</td>
</tr>
<tr>
<td>Isomerism of atrial appendages</td>
<td>01.03.08</td>
</tr>
<tr>
<td>Isomerism of right atrial appendages (right isomerism)</td>
<td>01.03.02</td>
</tr>
<tr>
<td>Isomerism of left atrial appendages (left isomerism)</td>
<td>01.03.03</td>
</tr>
<tr>
<td>Atrial arrangement unknown</td>
<td>01.03.07</td>
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<tr>
<td>AV and/or VA connections abnormal</td>
<td>01.03.09</td>
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**Atrioventricular (AV) connections**

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Concordant AV connections</td>
<td>01.04.00</td>
</tr>
<tr>
<td>Discordant AV connections</td>
<td>01.04.01</td>
</tr>
<tr>
<td>Mixed (‘ambiguous’) AV connections (biventricular)</td>
<td>01.04.02</td>
</tr>
<tr>
<td>Absent AV connection (single inlet ventricle)</td>
<td>01.04.21</td>
</tr>
<tr>
<td>Absent right-sided AV connection</td>
<td>01.04.19</td>
</tr>
<tr>
<td>Absent right-sided AV connection (univentricular)</td>
<td>01.04.12</td>
</tr>
<tr>
<td>Left-sided atrium to left ventricle</td>
<td>01.04.06</td>
</tr>
<tr>
<td>Left-sided atrium to right ventricle</td>
<td>01.04.07</td>
</tr>
<tr>
<td>Left-sided atrium to both ventricles</td>
<td>01.04.17</td>
</tr>
<tr>
<td>Left-sided atrium to ventricle of indeterminate morphology</td>
<td>01.04.08</td>
</tr>
<tr>
<td>Absent right-sided AV connection with straddling valve (uniatrial biventricular)</td>
<td>01.04.15</td>
</tr>
<tr>
<td>Absent left-sided AV connection</td>
<td>01.04.20</td>
</tr>
<tr>
<td>Absent left-sided AV connection (univentricular)</td>
<td>01.04.13</td>
</tr>
<tr>
<td>Right-sided atrium to right ventricle</td>
<td>01.04.09</td>
</tr>
<tr>
<td>Right-sided atrium to left ventricle</td>
<td>01.04.10</td>
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Continued

Right-sided atrium to both ventricles 01.04.18
Right-sided atrium to ventricle of indeterminate morphology 01.04.11
Absent left-sided AV connection with straddling valve (uniatrial biventricular) 01.04.16
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Criss-cross heart (twisted AV connections) 02.03.03
Criss-cross heart with leftward rotation 02.03.11
Criss-cross heart with rightward rotation 02.03.12

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Concordant VA connections with parallel great arteries (anatomically corrected malposition) 01.05.10
Discordant VA connections (TGA) 01.05.01
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Double outlet right ventricle 01.01.04
Double outlet right ventricle: transposition type (subpulmonary VSD) 01.01.18
Double outlet right ventricle: Fallot type (subaortic or doubly committed VSD & pulmonary stenosis) 01.01.17
Double outlet right ventricle: subaortic or doubly committed VSD without pulmonary stenosis ("VSD type") 01.01.40
Double outlet right ventricle: with non-committed VSD 01.01.19
Double outlet right ventricle: with doubly committed subarterial VSD 01.01.23
Double outlet right ventricle: with intact ventricular septum 01.01.24
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Single outlet VA connection via aorta (pulmonary atresia) 01.05.32
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Left hand pattern ventricular topology 02.03.02
Ventricular topology pattern not determinable 02.03.06
Ventricular topology anomaly 02.03.04
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Ventricular imbalance: dominant left ventricle + hypoplastic right ventricle 07.08.41
Ventricular imbalance: dominant right ventricle + hypoplastic left ventricle 07.08.42

Mitrail valve – aortic valve continuity 02.05.01
Mitrail valve – pulmonary valve continuity 02.05.02
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Mitrail valve – pulmonary valve discontinuity 02.05.04
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Aortic orifice posterior right with respect to pulmonary orifice (normal) 02.06.00
Aortic orifice right side-by-side with respect to pulmonary orifice 02.06.01
Aortic orifice anterior right with respect to pulmonary orifice 02.06.02
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Aortic orifice posterior with respect to pulmonary orifice 02.06.07
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Descending aorta and inferior caval vein (IVC) same side with inferior caval vein (IVC) anterior (right isomerism) 03.08.02
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Left aortic arch branching pattern 09.30.25
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Abnormal course of aortic arch and descending aorta 09.28.19
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Anomalies of AV valves associated with heterotaxy

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Tricuspid valve atretic (imperforate) 06.01.02
Mitrail valve atretic (imperforate) 06.02.02
Imperforate right-sided AV valve 06.00.12
Imperforate left-sided AV valve 06.00.13
Overriding AV valve 06.00.01
Overriding tricuspid valve 06.01.05
Overriding mitral valve 06.02.05
Overriding right-sided AV valve 06.00.02
Overriding left-sided AV valve 06.00.02
– override of AV valve <50% Q1.27.74
– override of AV valve 50–90% Q1.27.73
– override of AV valve >90% Q1.27.76
Straddling AV valve 06.00.04
Straddling tricuspid valve 06.01.09
Straddling mitral valve 06.02.09
Straddling right-sided AV valve 06.00.05
Straddling left-sided AV valve 06.00.06
Atrioventricular septal defect 06.06.00

Anomalies of VA valves associated with heterotaxy

Imperforate VA valve 09.04.22
Pulmonary atresia – imperforate valve 09.05.12
Aortic valvar atresia – imperforate valve 09.15.04
Imperforate right-sided VA valve 09.04.26
Imperforate left-sided VA valve 09.04.25
Overriding VA valve 09.04.21
Pulmonary valve overriding ventricular septum 09.05.52
Aortic valve overriding ventricular septum 09.15.47
Overriding right-sided VA valve 09.04.23
Overriding left-sided VA valve
– override of VA valve <50% Q1.27.98
– override of VA valve 50–90% Q1.27.99
– override of VA valve >90% Q1.28.00

Anomalies of great veins and coronary sinus associated with heterotaxy
Inferior caval vein (IVC) abnormality 04.03.00
Inferior caval vein (IVC) connecting to both atriums 04.03.14
Inferior caval vein (IVC) interruption (absent suprarenal segment) with azygos continuation 04.03.10
Left-sided azygos continuation of inferior caval vein (IVC) (absent suprarenal segment) to left superior caval vein (SVC) 04.03.01
Right-sided azygos continuation of inferior caval vein (IVC) (absent suprarenal segment) to right superior caval vein (SVC) 04.03.02
Inferior caval vein (IVC) interruption (absent suprarenal segment) with bilateral azygos continuation 04.03.03
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Azygos continuation of inferior caval vein (IVC) (absent suprarenal segment) to right superior caval vein (SVC) 04.03.20
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Right inferior caval vein (IVC) abnormality, 04.03.15
Right inferior caval vein (IVC) connecting to right-sided atrium 04.03.26
Right inferior caval vein (IVC) connecting to left-sided atrium 04.03.04
Right inferior caval vein (IVC) connecting to both atriums 04.03.27
Interrupted right inferior caval vein (IVC) 04.03.18
Left inferior caval vein (IVC) 04.03.16
Left inferior caval vein (IVC) connecting to right-sided atrium 04.03.12
Left inferior caval vein (IVC) connecting to left-sided atrium 04.13.13
Left inferior caval vein (IVC) connecting to both atriums 04.03.24
Interrupted left inferior caval vein (IVC) 04.03.25
Obstructive Eustachian valve (divided right atrium) (cor triatriatum dexter) 05.01.21

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Right superior caval vein (SVC) abnormality, 04.01.14
Right superior caval vein (SVC) connecting to left-sided atrium 04.01.10
Right superior caval vein (SVC) connecting to both atriums 04.01.15
Right superior caval vein (SVC) connecting to coronary sinus 04.01.23
Right superior caval vein (SVC) connecting to coronary sinus to right-sided atrium 04.01.24
Right superior caval vein (SVC) connecting to coronary sinus to left-sided atrium 04.01.12
Absent right superior caval vein (SVC) 04.01.05
Atretic right superior caval vein (SVC) 04.01.04
Left superior caval vein (SVC) 04.01.25
Left superior caval vein (SVC) persisting to coronary sinus 04.01.01
Left superior caval vein (SVC) persisting to coronary sinus to right-sided atrium 04.01.26
Left superior caval vein (SVC) connecting to right-sided atrium 04.01.13
Left superior caval vein (SVC) persisting to left-sided atrium 04.01.02
Left superior caval vein (SVC) connecting to both atriums 04.01.16
Atretic left superior caval vein (SVC) 04.01.19
Bilateral superior caval veins (SVC) 04.01.03
Innominate vein present 04.01.18
Absent bridging (innominate) vein 04.05.01
Retro-aortic innominate vein 04.00.04
Persistent left posterior (laevo-atrial) cardinal vein (left atrium to innominate vein) 04.01.06
Separate hepatic venous and inferior caval venous connections to heart 04.02.06
Hepatic veins to right-sided atrium 04.02.01
Hepatic veins to left-sided atrium 04.02.02
Hepatic veins to bilateral atriums 04.02.03
Hepatic veins to coronary sinus 04.02.05

Coronary sinus intact 04.04.16
Coronary sinus defect in left atrium: partially unroofed 04.04.01
Conclusions

We have proposed that heterotaxy be defined to encompass the group of abnormalities in which the internal thoraco-abdominal organs, including the atrial appendages, demonstrate abnormal arrangement across the left-right axis of the body. The heterotaxy syndrome as thus defined is typically associated with complex cardiovascular malformations. Proper description of the heart in patients with this syndrome requires complete description of both the cardiac relations and the junctional arrangement of the cardiac segments, with documentation of the arrangement of the atrial appendages, the ventricular topology, the nature of the unions of the segments across the atrioventricular and the ventriculooarterial junctions, the infundibular morphologies, and the relationships of the arterial trunks in space. The position of the heart in the chest, and the orientation of the cardiac apex, must also be described separately. Particular attention is required for the venoatrial connections, since these are so often abnormal. The malformations within the heart are then analysed and described separately as for any patient with suspected congenital cardiac disease. The relationship and arrangement of the remaining thoraco-abdominal organs, including the lungs, the spleen, and the intestines, also must be described separately, because, although common patterns of association have been identified, there are frequent exceptions to these common patterns. It is only by utilizing this stepwise and logical progression of analysis that it becomes possible to describe correctly, and to classify properly, patients with heterotaxy. Although the degree of certainty in classifying the patients with heterotaxy may be very high when based on examination of pathological specimens, at times it remains a challenge in live patients, despite the best currently available diagnostic modalities. It is possible that in the future, genetic phenotyping may become of value in helping the clinician overcome this challenge. Although a few issues remain contentious, the Nomenclature Working Group has achieved a high degree of consensus on most of the issues discussed in this review.

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- Council on Cardiovascular Disease in the Young of the American Heart Association
- The Heart and Stroke Foundation of Canada
- Institute of Circulatory and Respiratory Health of the Canadian Institutes of Health Research
- The Montreal Children’s Hospital Foundation
- Japan Research Promotion Society for Cardiovascular Diseases
- Tokyo Women’s Medical University

References

44. Uemura H, Ho SY, Devine WA, Anderson RH. Analysis of visceral heterotaxy according to splenic status, appendage morphology, or both. Am J Cardiol 1995; 76: 846–849.
Appendix

When discussing the morphology of the atriums and the ventricles, and their spatial relationships, the words “left” and “right” can be confusing. Rules are required, therefore, to provide consistency and accuracy when describing anatomical phenotypes. For cardiac chambers, unless otherwise stated, “left” refers to those chambers that, in the normal individual, are positioned on the left side of the body, and “right” to those that, in the normal person, are right-sided. To provide specificity, however, it is better to describe the chambers as being “morphologically left” or “morphologically right”. Thus, in the patient with a congenitally malformed heart, irrespective of whether the observer uses the European system, or that derived from the teachings of Van Praagh, left ventricle means the morphologically left ventricle, left atrium refers to the morphologically left atrium, and right atrial appendage refers to the morphologically right atrial appendage, and so on. When discussing cardiac chambers, therefore, the words “left” and “right”, if used in isolation, should not imply sidedness or position. When describing the position, or sidedness, of a cardiac chamber, terms such as “left-sided ventricle” should be used. The default term of left ventricle, therefore, at least for those describing congenitally malformed hearts, should mean the morphologically left ventricle, and should not mean or imply left-sidedness or right-sidedness. Similarly, it does not imply junctional union with either the right or left atrium, or the pulmonary or systemic circulations. In contrast, when describing the superior caval vein, and using the prefix “left” or “right”, it is now the spatial position that is the focus of attention, rather than any other connection or phenotypic variation that may exist.