## IDEMPOTENT MULTIPLIERS OF $H^{1}(T)$

## I. KLEMES

1. Introduction. Let as usual $\mathbf{T}=\mathbf{R} / 2 \pi \mathbf{Z}$ be the circle, and $H^{1}$ the subspace of $L^{1}(\mathbf{T})$ of all $f$ such that $\hat{f}(n)=0$ for all integers $n<0$. The norm

$$
\|f\|_{1}=\int_{0}^{2 \pi}|f(t)| d t / 2 \pi, \quad f \in L^{1}
$$

restricted to $H^{1}$, makes it a Banach space. By a multiplier of $H^{1}$ we mean a bounded linear operator $m: H^{1} \rightarrow H^{1}$ such that there is a sequence $\left\{c_{n}\right\}_{n=0}^{\infty}$ in $\mathbf{C}$ with

$$
\widehat{m(f)}(n)=c_{n} \hat{f}(n) \text { for all } n \geqq 0 \text { and all } f \in H^{1}
$$

We use the notation

$$
m * f=m(f) \quad \text { and } \quad \hat{m}(n)=c_{n} .
$$

$m$ is called idempotent if

$$
\hat{m}(n) \in\{0,1\} \quad \text { for all } n \geqq 0
$$

A measure $\mu \in M(\mathbf{T})$ is called idempotent if

$$
\hat{\mu}(n) \in\{0,1\} \quad \text { for all } n \in \mathbf{Z}
$$

Recall that the mapping $f \mapsto \mu * f=$ convolution of $\mu$ and $f, f \in L^{1}$, defines a multiplier, which restricts to a multiplier $m$ of $H^{1}$ such that

$$
\hat{m}(n)=\hat{\mu}(n), \quad n \geqq 0 .
$$

The support (abbreviated supp) of a sequence will mean the set of all indices at which the sequence is not 0 . For idempotent measures we have the following characterization.
1.1 ([3]). A set $E \subset \mathbf{Z}$ is of the form
$E=\operatorname{supp} \hat{\mu}$
for some idempotent $\mu \in M(\mathbf{T}) \Leftrightarrow$

$$
\begin{equation*}
E=\left(\bigcup_{i=1}^{N} a_{i} \mathbf{Z}+b_{i}\right) / F \tag{1}
\end{equation*}
$$

for some $N \in \mathbf{N}, a_{i}, b_{i} \in \mathbf{Z}, 1 \leqq i \leqq N$, and some finite set $F \subset \mathbf{Z}$.

Received September 10, 1986.

In this paper we will characterize the sets $E \subset\{n \in \mathbf{Z}: n \geqq 0\}$ of the form

$$
E=\operatorname{supp} \hat{m}
$$

for some idempotent multiplier $m$ of $H^{1}$. We first note that the collection of such sets is closed under finite intersection and complementation in $\{n \geqq 0\}$, and that it includes the intersections of $\{n \geqq 0\}$ with all sets of the form (1) above. It also includes lacunary sets: $E=\left\{n_{1}<n_{2}<\ldots\right\} \subset \mathbf{N}$ is called lacunary if there exists $q \in \mathbf{R}$, $q>1$ such that

$$
n_{k+1} \geqq q n_{k} \quad \text { for all } k \geqq 1
$$

This is a consequence of Paley's inequality [8]:

$$
\left(\sum_{h=1}^{\infty}\left|\hat{f}\left(n_{k}\right)\right|^{2}\right)^{1 / 2} \leqq c(q)\|f\|_{1}, \quad f \in H^{1}
$$

This means that there is a bounded linear operator $m: H^{1} \rightarrow H^{2} \subset H^{1}$ such that

$$
\widehat{m(f)}=\chi_{E} \hat{f} \quad \text { for all } f \in H^{\prime}
$$

These remarks prove the easy direction $(\Leftarrow)$ of the following conjecture of A. Pełczyński.
1.2 A set $E \subset\{n \in \mathbf{Z}: n \geqq 0\}$ is of the form

$$
E=\operatorname{supp} \hat{m}
$$

for some idempotent multiplier $m$ of $H^{1} \Leftrightarrow E$ is a finite Boolean combination of lacunary sets, finite sets, and sets of the form

$$
(a \mathbf{Z}+b) \cap\{n \in \mathbf{Z}: n \geqq 0\}
$$

(i.e., arithmetic sequences).
2. Proof of $\mathbf{1 . 2}(\Rightarrow)$. Our first step is to remove the arithmetic sequences from supp $\hat{m}$ using weak* limits. This idea has appeared before for measures; see for instance [4] and [2, Chapter 1]. We prove:
2.1 For some idempotent measure $\mu$, the multiplier $m_{0}$ defined by

$$
\begin{equation*}
m_{0} * f=m * f-\mu * f, \quad f \in H^{1} \tag{2}
\end{equation*}
$$

has the gap property: for all $y \geqq 0$ there is $x \geqq 0$ such that

$$
[x, x+y] \cap \operatorname{supp} \hat{m}_{0}=\emptyset
$$

Proof of 2.1. For each $n \geqq 0$ let $K_{n}$ denote the Fejér kernel

$$
K_{n}(t)=\sum_{j=-n}^{n}\left(1-\frac{|j|}{n+1}\right) e^{i j t}, \quad t \in \mathbf{T} .
$$

Recall that $K_{n} \geqq 0$ and

$$
\left\|K_{n}\right\|_{1}=\int_{0}^{2 \pi} K_{n}(t) d t / 2 \pi=1
$$

for all $n$. For $n \in \mathbf{Z}$ let $\gamma_{n}$ denote the function

$$
\gamma_{n}(t)=e^{i n t}
$$

Since the functions $\gamma_{n} K_{n}$ are in $H^{1}$, we may define functions $g_{n}$ by

$$
g_{n}=\gamma_{-n} m *\left(\gamma_{n} K_{n}\right), \quad n=0,1, \ldots
$$

Then

$$
\left\|g_{n}\right\|_{1} \leqq\|m\|\left\|K_{n}\right\|_{1}=\|m\| \quad \text { for all } n
$$

hence the sequence $\left\{g_{n} d t / 2 \pi\right\}_{n=0}^{\infty}$ has a weak* limit point $\nu$ in $M(\mathbf{T})$. This implies that, for some increasing sequence $\left\{n_{k}\right\}_{k=1}^{\infty}$ and for all $l \in \mathbf{Z}$,

$$
\lim _{k \rightarrow \infty} \hat{g}_{n_{k}}(l)=\hat{\nu}(l)
$$

Note that for $|l| \leqq n$ we have

$$
\hat{g}_{n}(l)=\hat{K}_{n}(l) \hat{m}(n+l)=\left(1-\frac{|l|}{n+1}\right) \hat{m}(n+l) .
$$

Now for fixed $l \in \mathbf{Z}$ we eventually have $|l| \leqq n_{k}$ so that

$$
\lim _{k \rightarrow \infty} \hat{g}_{n_{k}}(l)=\lim _{k \rightarrow \infty}\left(1-\frac{|l|}{n_{k}+1}\right) \hat{m}\left(n_{k}+l\right)=\lim _{k \rightarrow \infty} \hat{m}\left(n_{k}+l\right) .
$$

Since $\hat{m}\left(n_{k}+l\right) \in\{0,1\}$, this limit is 0 or 1 ; hence $\nu$ is idempotent. By 1.1, there exist $p \geqq 1$ and $l_{0} \geqq 0$ such that

$$
\hat{\nu}(l+p)=\hat{\nu}(l), \quad|l| \geqq l_{0} .
$$

Consider the remainders of $\left\{n_{k}\right\}$ modulo $p$. There must be some $r$, $0 \leqq r \leqq p-1$ such that $n_{k} \equiv r \bmod p$ for infinitely many $n_{k}$. Defining

$$
d \mu(t)=\gamma_{r} d \nu(t)
$$

satisfies 2.1, as will be verified:
Clearly

$$
\hat{\mu}(n)=\hat{\nu}(n-r) \quad \text { for all } n \in \mathbf{Z}
$$

and $\mu$ is idempotent. Let $y \geqq 0$ be given. For fixed $l, \hat{\nu}(l)=\hat{m}\left(n_{k}+l\right)$ eventually, and thus for all sufficiently large $k$ we have

$$
\begin{equation*}
\hat{\nu}(l)=\hat{m}\left(n_{k}+l\right), \quad l=l_{0}, l_{0}+1, \ldots, l_{0}+y \tag{3}
\end{equation*}
$$

By the definition of $r$, there is also some $n_{k} \equiv r \bmod p, n_{k} \geqq r$ such that (3) holds. For this $n_{k}$ we also have

$$
\hat{\nu}(l)=\hat{\nu}\left(l+n_{k}-r\right)=\hat{\mu}\left(n_{k}+l\right), \quad \text { for all } l \geqq l_{0} .
$$

Hence

$$
\hat{m}_{0}(n)=\hat{m}(n)-\hat{\mu}(n)=0 \quad \text { for all } n \in\left[n_{k}+l_{0}, n_{k}+l_{0}+y\right],
$$

so we can take $x=n_{k}+l_{0}$.
Now observe that by (2),

$$
\text { supp } \hat{m}=\left(\operatorname{supp} \hat{m}_{0}\right) \Delta(\{n \geqq 0\} \cap \operatorname{supp} \hat{\mu})
$$

where $\Delta$ denotes symmetric difference. So, to prove $1.2(\Rightarrow)$, it remains to show supp $\hat{m}_{0}$ is a finite union of lacunary and finite sets. This follows by taking $m_{1}=m_{0}$ in 2.2 below.
2.2 Suppose the multiplier $m_{1}: H^{1} \rightarrow H^{1}$ has the gap property (see 2.1) and

$$
\left|\hat{m}_{1}(n)\right| \geqq 1 \text { for all } n \in \operatorname{supp} \hat{m}_{1} .
$$

Then supp $\hat{m}_{1}$ is a finite union of lacunary and finite sets.
We need lower and upper bounds on certain 1-norms:
2.3 ([7]). There exists $c>0$ such that for any trigonometric polynomial $f$ on $\mathbf{T}$,

$$
\|f\|_{1} \geqq c \sum_{k=1}^{K}\left|\hat{f}\left(n_{k}\right)\right| / k
$$

where $\left\{n_{k}\right\}_{k=1}^{K}$ are the elements of supp $\hat{f}$ in either strictly increasing or strictly decreasing order.
2.4 Suppose $f$ is a trigonometric polynomial of the form

$$
f(t)=\sum_{k=1}^{N} c_{k} e^{i x_{k} t} K_{y-1}(t)
$$

where $y \in \mathbf{N}, K_{n}$ is the Fejér kernel, $\left\{c_{k}\right\}_{k=1}^{N} \subset \mathbf{C}$, and the integers $\left\{x_{k}\right\}_{k=1}^{N}$ satisfy

$$
x_{k+1} \geqq x_{k}+y, \quad k=1,2, \ldots, N-1
$$

Then

$$
\|f\|_{1} \leqq\left(\sum_{k=1}^{N}\left|c_{k}\right|^{2}\right)^{1 / 2}
$$

Proof of 2.4. Since $K_{y-1} \geqq 0$, the Cauchy-Schwartz inequality gives

$$
\begin{aligned}
& \left(\int_{0}^{2 \pi}\left|\sum_{k=1}^{N} c_{k} e^{i x_{k} t} K_{y-1}(t)\right| d t / 2 \pi\right)^{2} \\
& =\left(\int_{0}^{2 \pi}\left|\sum_{k=1}^{N} c_{k} e^{i x_{k} t}\right| \sqrt{K_{y-1}(t)} \sqrt{K_{y-1}(t)} d t / 2 \pi\right)^{2} \\
& \leqq \int_{0}^{2 \pi}\left(\sum_{k=1}^{N} c_{k} e^{i x_{k} t}\right)\left(\sum_{l=1}^{N} \bar{c}_{l} e^{-i x_{l} t}\right) K_{y-1}(t) d t / 2 \pi
\end{aligned}
$$

Since

$$
K_{y-1}(t)=\sum_{j=-y+1}^{y-1}\left(1-\frac{|j|}{y}\right) e^{i j t}
$$

and since $|j| \leqq y-1, \quad x_{k+1}-x_{k} \geqq y$ imply

$$
x_{k}-x_{l}+j=0 \Leftrightarrow k=l, j=0
$$

we see that the last integral equals

$$
\sum_{k=1}^{N}\left|c_{k}\right|^{2} .
$$

We will only make use of the case $c_{1}=c_{2} \ldots=c_{N}=1$ of 2.4 .
Proof of 2.2.
Lemma. There exists $c>0$ such that for any multiplier m: $H^{1} \rightarrow H^{1}$ satisfying

$$
|\hat{m}(n)| \geqq 1 \quad \text { for all } n \in \operatorname{supp} \hat{m},
$$

and for any pair of adjacent intervals in $\mathbf{N}$ of the form

$$
I=[x, x+y), \quad I^{\prime}=[x+y, x+2 y)
$$

where $x, y \in \mathbf{N}, x \geqq y$, the cardinalities

$$
A=|I \cap \operatorname{supp} \hat{m}|, \quad A^{\prime}=\left|I^{\prime} \cap \operatorname{supp} \hat{m}\right|
$$

satisfy
(4) $\left|\log \left(\frac{1+A}{1+A^{\prime}}\right)\right| \leqq c\|m\|$.

Proof of the lemma. Since $x \geqq y$, the function $V$ defined by

$$
V(t)=\left(e^{i x t}+e^{i(x+y) t}\right) K_{y-1}(t), \quad t \in \mathbf{T}
$$

is in $H^{1}$. Also $\|V\|_{1} \leqq 2$ and

$$
\hat{V}(j)=\left\{\begin{array}{l}
1 \text { for } j \in[x, x+y] \\
0 \text { for } j \in[x+2 y, \infty)
\end{array}\right.
$$

Therefore

$$
\begin{align*}
& |\widehat{m * V}(j)|=|\hat{m}(j) \| \hat{V}(j)|  \tag{5}\\
& =\left\{\begin{array}{cl}
|\hat{m}(j)| \geqq & \text { for } j \in[x, x+y] \cap \operatorname{supp} \hat{m} \\
0 & \text { for } j \in[x+2 y, \infty) .
\end{array}\right.
\end{align*}
$$

To apply 2.3 to $m * V$, write

$$
\widehat{\sup } \widehat{m * V}=\left\{n_{1}>n_{2}>\ldots>n_{K}\right\}
$$

and observe that $n_{k} \in[x, x+y)$ for $A^{\prime}<k \leqq A^{\prime}+A$. Then 2.3 gives

$$
\begin{aligned}
\|m * V\|_{1} & \geqq c \sum_{k=1}^{K}\left|\overparen{m * V}\left(n_{k}\right)\right| / k \\
& \geqq c \sum_{k=A^{\prime}+1}^{A^{\prime}+A}\left|\widehat{m * V}\left(n_{k}\right)\right| / k \\
& =c \sum_{k=A^{\prime}+1}^{A^{\prime}+A}\left|\hat{m}\left(n_{k}\right)\right| / k \quad(\text { by }(5)) \\
& \geqq c \sum_{k=A^{\prime}+1}^{A^{\prime}+A} 1 / k \\
& \geqq c \log \left(\frac{1+A^{\prime}+A}{1+A^{\prime}}\right) \\
& \geqq c \log \left(\frac{1+A}{1+A^{\prime}}\right)
\end{aligned}
$$

Therefore

$$
\|m\| \geqq\|m * V\|_{1} /\|V\|_{1} \geqq(c / 2) \log \left(\frac{1+A}{1+A^{\prime}}\right) .
$$

For the case $A<A^{\prime}$ there is a similar argument using, instead of $V$, the function $W \in H^{1}$ defined by

$$
W(t)=\left(e^{i(x+y) t}+e^{i(x+2 y) t}\right) K_{y-1}(t), \quad t \in \mathbf{T} .
$$

The only change is that we enumerate supp $\widehat{m * W}$ from left to right;

$$
\operatorname{supp} \widehat{m * W}=\left\{n_{1}<n_{2}<\ldots<n_{K}\right\}
$$

when applying 2.3.

Now, from the conclusion (4) of the lemma, we can deduce that there is an integer $p \geqq 2$, depending only on $\|m\|$, such that
(6) $\frac{1}{p} A^{\prime} \leqq A \leqq p A^{\prime} \quad$ provided $\max \left(A, A^{\prime}\right) \geqq p$.

We let $p$ be this constant for the multiplier $m=m_{1}$ in what follows. The conclusion of 2.2 is clearly equivalent to the estimate
(7) $\sup _{y \in \mathbb{N}}\left|[3 y, 6 y) \cap \operatorname{supp} \hat{m}_{1}\right|<\infty$.

To obtain (7), fix, if possible, some $y \in \mathbf{N}$ such that

$$
\begin{equation*}
\left|[3 y, 6 y) \cap \operatorname{supp} \hat{m}_{1}\right| \geqq 3 p \tag{8}
\end{equation*}
$$

and let

$$
S=\left|[3 y, 6 y) \cap \operatorname{supp} \hat{m}_{1}\right| .
$$

Define $N \in \mathbf{N}$ by

$$
3 p^{N} \leqq S<3 p^{N+1}
$$

We claim that there is a sequence

$$
\left\{x_{k}\right\}_{k=1}^{N} \subset \mathbf{N}, \quad \text { with } 3 y \leqq x_{1}<x_{2}<\ldots<x_{N}
$$

satisfying

$$
\begin{align*}
& x_{k+1} \geqq x_{k}+3 y, \quad k=1,2, \ldots, N-1, \quad \text { and }  \tag{9}\\
& \left|\left[x_{k}, x_{k}+3 y\right) \cap \operatorname{supp} \hat{m}_{1}\right|=3 p^{N-k+1}, \quad k=1,2, \ldots, N . \tag{10}
\end{align*}
$$

To prove this, let $x_{1}$ be the first integer $\geqq 3 y$ satisfying (10) with $k=1$. It clearly exists, since on the one hand, by the gap property, there exists $x \geqq 3 y$ with

$$
\left|[x, x+3 y) \cap \operatorname{supp} \hat{m}_{1}\right|=0
$$

and on the other hand

$$
|[3 y, 6 y) \cap \operatorname{supp} \hat{m}|=S \geqq 3 p^{N}
$$

by definition. Inductively, suppose that $1 \leqq n \leqq N-1$ and that $x_{1}<\ldots<x_{n}$ have been defined and satisfy (9) for $1 \leqq k \leqq n-1$ and (10) for $1 \leqq k \leqq n$. Consider the adjacent intervals

$$
I=\left[x_{n}, x_{n}+3 y\right), \quad I^{\prime}=\left[x_{n}+3 y, x_{n}+6 y\right),
$$

and note that by (10) we have

$$
\mid I \cap \text { supp } \hat{m}_{1} \mid=3 p^{N-n+1} \geqq 3 p^{2} \geqq p
$$

Thus (6) applies and gives

$$
\begin{align*}
\left|I^{\prime} \cap \operatorname{supp} \hat{m}_{1}\right| & =A^{\prime} \geqq \frac{1}{p} A=\frac{1}{p}\left|I \cap \operatorname{supp} \hat{m}_{1}\right|  \tag{11}\\
& =3 p^{N-(n+1)+1} .
\end{align*}
$$

So define $x_{n+1}$ to be the first integer $\geqq x_{n}+3 y$ satisfying (10) with $k=n+1$. The gap property and (11) again show that $x_{n+1}$ exists, and, by definition we now have (9) for $1 \leqq k \leqq n$ and (10) for $1 \leqq k \leqq n+1$. By induction, the claim is true.

One more property of the $\left\{x_{k}\right\}$ will be needed. Fix $k, 1 \leqq k \leqq N$, and consider the 3 adjacent intervals

$$
\begin{aligned}
& I=\left[x_{k}, x_{k}+y\right), \quad I^{\prime}=\left[x_{k}+y, x_{k}+2 y\right) \\
& I^{\prime \prime}=\left[x_{k}+2 y, x_{k}+3 y\right),
\end{aligned}
$$

whose union is $\left[x_{k}, x_{k}+3 y\right.$ ). By (10), we have

$$
A+A^{\prime}+A^{\prime \prime}=3 p^{N-k+1}
$$

Suppose $A^{\prime}<p^{N-k+1}$. Then either

$$
A \geqq p^{N-k+1} \quad \text { or } \quad A^{\prime \prime} \geqq p^{N-k+1},
$$

so by (6) applied to either the pair $A, A^{\prime}$ or the pair $A^{\prime}, A^{\prime \prime}$ we get

$$
A^{\prime} \geqq \frac{1}{p} p^{N-k+1}=p^{N-k}
$$

Therefore
(12) $\left|\left[x_{k}+y, x_{k}+2 y\right) \cap \operatorname{supp} \hat{m}_{1}\right| \geqq p^{N-k}, \quad k=1,2, \ldots, N$.

To finish the proof of (7), define $f \in H^{1}$ by

$$
f(t)=\sum_{l=1}^{N}\left(e^{i\left(x_{l}+y\right) t}+e^{i\left(x_{l}+2 y\right) t}\right) K_{y-1}(t), \quad t \in \mathbf{T} .
$$

By (9) and 2.4 , we have $\|f\|_{1} \leqq \sqrt{2 N}$. As in the proof of the lemma, write

$$
\begin{aligned}
\operatorname{supp} \widehat{m_{1} * f} & =\left\{n_{1}>n_{2}>\ldots>n_{K}\right\} \\
& =\bigcup_{I=1}^{N}\left(x_{l}, x_{l}+3 y\right) \cap \operatorname{supp} \hat{m}_{1}
\end{aligned}
$$

and observe that if $n_{k} \in\left(x_{l}, x_{l}+3 y\right)$ then

$$
k \leqq \sum_{n=1}^{N}\left|\left(x_{n}, x_{n}+3 y\right) \cap \operatorname{supp} \hat{m}_{1}\right|
$$

$$
\begin{aligned}
& \leqq \sum_{n=1}^{N} 3 p^{N-n+1} \quad(\text { by }(10)) \\
& \leqq 3 p^{N-1+2} \quad(\text { since } p \geqq 2) .
\end{aligned}
$$

So 2.3 gives

$$
\begin{aligned}
\left\|m_{1} * f\right\|_{1} & \geqq c \sum_{k=1}^{K} \mid \widehat{m_{1} * f\left(n_{k}\right) \mid / k} \\
& \geqq c \sum_{l=1}^{N} \sum_{n_{k} \in\left[x_{l}+y, x_{l}+2 y^{\prime}\right)} \mid \widehat{m_{1} * f\left(n_{k}\right) \mid / k} \\
& =c \sum_{l=1}^{N} \sum_{n_{k} \in\left[x_{l}+y, x_{l}+2 y\right)}\left|\hat{m}_{1}\left(n_{k}\right)\right| / k
\end{aligned}
$$

(since $\hat{f}=1$ on $\left[x_{l}+y, x_{l}+2 y\right]$ )

$$
\geqq c \sum_{l=1}^{N}\left|\left[x_{l}+y, x_{l}+2 y\right) \cap \operatorname{supp} \hat{m}_{l}\right| / 3 p^{N-l+2}
$$

$\left(\left|\hat{m}_{1}\left(n_{k}\right)\right| \geqq 1, k \leqq 3 p^{N-1+2}\right)$

$$
\begin{aligned}
& \geqq c \sum_{l=1}^{N} p^{N-1 / 3 p^{N-l+2} \quad(\text { by }(12))} \\
& =c N / 3 p^{2}
\end{aligned}
$$

Therefore
(13) $\left\|m_{1}\right\| \geqq\left\|m_{1} * f\right\|_{1} /\|f\|_{1} \geqq\left(c N / 3 p^{2}\right) / \sqrt{2 N}$

$$
=\left(c / 3 \sqrt{2} p^{2}\right) \sqrt{N} \geqq c(p)(\log S)^{1 / 2}
$$

In particular, $S$ is bounded independently of $y$ and this proves (7). Thus the proofs of 2.2 and $1.2(\Rightarrow)$ are complete.

The sequence (10) was motivated to an extent by a certain "geometric gap theorem" for measures, and by its proof [1, Theorem 6]. Since the average length of a gap in $\left[x_{k}, x_{k}+3 y\right.$ ) is $\approx 3 y / 3 p^{N-k+1}=y p^{k-N-1}$, the gaps grow geometrically in this sense.

## 3. Some refinements. Let

$$
\bar{H}_{0}^{1}=\left\{\bar{f}: f \in H^{1}, \hat{f}(0)=0\right\}
$$

The result 1.2 also holds for idempotent multipliers

$$
m: H^{1} \rightarrow L^{1} / \bar{H}_{0}^{1} .
$$

In fact all the steps in the proof of $1.2(\Rightarrow)$ can be adapted to this weaker assumption on $m$ : In the proof of 2.1 , change $g_{n}$ to

$$
g_{n}=\gamma_{-n}\left(m *\left(\gamma_{n} K_{n}\right)+h_{n}\right),
$$

where $h_{n} \in \bar{H}_{0}^{1}$ is such that

$$
\left\|m *\left(\gamma_{n} K_{n}\right)+h_{n}\right\|_{1} \leqq 1+\|m\|_{\left(H^{1}, L^{\prime} / \bar{I}_{0}^{\prime}\right)} .
$$

This does not affect $\mu$ since for each $l \in \mathbf{Z}$,

$$
\lim _{n \rightarrow \infty} \widehat{\gamma_{-n} h_{n}}(l)=0
$$

In the lemma and the proof of 2.2 , we only need to check that the lower bounds for $\|m * V\|_{1},\|m * W\|_{1}$, and $\left\|m_{1} * f\right\|_{1}$ also hold for the norm $\left\|\|_{L^{1} / \bar{H}_{0}^{\prime}}\right.$. This is clear for $m * V$ and $m_{1} * f$, since the $\left\{n_{k}\right\}$ were taken from right to left when applying 2.3. For $\|m * W\|_{L^{\prime} / \bar{H}_{0}^{1}}$ we use a well-known trick: for any $h \in \bar{H}_{0}^{\text {l }}$ we can write

$$
m * W=V_{0} *(m * W+h)
$$

where

$$
V_{0}=\left(\gamma_{x}+\gamma_{x+y}+\gamma_{x+2 y}+\gamma_{x+3 y}\right) K_{y-1} .
$$

Therefore,

$$
\|m * W\|_{1} \leqq\left\|V_{0}\right\|_{1}\|m * W\|_{L^{1} / \bar{H}_{0}^{\prime}} \leqq 4\|m * W\|_{L^{\prime} / \bar{H}_{0}^{\prime}} .
$$

It may be of interest to remark that 1.1 has a similar refinement: the so-called semi-idempotent theorem [4]. One way to state this theorem is that if

$$
m: L^{1} \rightarrow L^{1} / \bar{H}_{0}^{1}
$$

is an idempotent multiplier, then

$$
\text { supp } \hat{m}=\{n \geqq 0\} \cap E
$$

where $E$ is of the form (1).
Our final point is this: To obtain a sequence with properties similar to (9), (10) and (12), one does not really need the lemma or (6). A purely combinatorial argument exists [6] for the following fact:

Given any $E \subset \mathbf{N}$, and any pair of intervals of the form

$$
I=[x, x+y), \quad I^{*}=\left[x^{*}, x^{*}+y\right)
$$

where $x, x^{*}, y \in \mathbf{N}, x \geqq 2 y, x^{*} \geqq x+y$, let

$$
A=|I \cap E|, \quad A^{*}=\left|I^{*} \cap E\right|,
$$

and suppose $A>A^{*}$. Then there is a sequence of integers $x-y \leqq x_{1}<$ $x_{2}<\ldots<x_{N} \leqq x^{*}-y$ such that:

$$
\begin{aligned}
& x_{l+1} \geqq x_{l}+y \quad l=1,2, \ldots, N-1, \\
& N \leqq c_{1} \log \left(\frac{1+A}{1+A^{*}}\right)+c_{2},
\end{aligned}
$$

and such that, if

$$
\begin{aligned}
& F=\bigcup_{l=1}^{N}\left(x_{l}-y, x_{l}+2 y\right) \text { and } \\
& F \cap E=\left\{n_{1}>n_{2}>\ldots>n_{K}\right\},
\end{aligned}
$$

then

$$
\sum_{l=1}^{N} \sum_{n_{k} \in\left[x_{l}, x_{l}+y\right)} 1 / k \geqq c_{3} \log \left(\frac{1+A}{1+A^{*}}\right)+c_{4}
$$

where $c_{1}>0, c_{3}>0, c_{2}, c_{4}$ are absolute constants.
Applying this with $E=\operatorname{supp} \hat{m}$, where the multiplier $m: H^{1} \rightarrow H^{1}$ satisfies $|\hat{m}(n)| \geqq 1, n \in \operatorname{supp} \hat{m}$, and then considering a test function

$$
f=\sum_{l=1}^{N}\left(\gamma_{x_{l}}+\gamma_{x_{l}+y}\right) K_{y-1}
$$

as before, one gets
$(13)^{*}\|m\| \geqq c_{5}\left(\log \left(\frac{1+A}{1+A^{*}}\right)\right)^{1 / 2}$.
If $m$ has the gap property, one can choose $I^{*}$ such that $A^{*}=0$ and thus retrieve (13), with the improvement that $c_{5}$ is an absolute constant, whereas $c(p)$ depends on $\|m\|$ (via the lemma and (6)). In view of the Littlewood conjecture, one may ask whether the $1 / 2$ can be removed or improved when $A^{*}=0$; this is left open.

Acknowledgement. I wish to thank my advisor, T. H. Wolff. The results here were obtained as part of a thesis under his direction at the California Institute of Technology, were previously announced in [5], and presented at the Conference on Banach Spaces and Classical Analysis, Kent State University, July to August, 1985.

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## McGill University, Montréal, Québec

