

Behaviour Change

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Behaviour Change

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AUSTRALIAN ASSOCIATION FOR COGNITIVE AND BEHAVIOUR THERAPY

Formerly the Australian Behaviour Modification Association (ABMA)

AIMS

The Australian Association for Cognitive and Behaviour Therapy (AACBT) is a multidisciplinary professional society. The aims of the Association are:

- 1 To organise continuing education and training in the principles and practice of cognitive and behaviour therapy;
- 2 To publish and disseminate information to members about developments in cognitive and behaviour therapy in Australia and other countries;
- 3 To educate the community in the principles and ethical practice of cognitive and behaviour therapy;
- 4 To liaise and consult with other persons or organisations in the teaching and practice of cognitive and behaviour therapy;
- 5 To promote the ethical practice of cognitive and behaviour therapy by members;
- 6 To organise or assist in the organisation of an annual National Conference on Cognitive and Behaviour Therapy.

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