Identification of childhood acute respiratory infection hospital admissions using International Classification of Diseases–Australian Modification (ICD-10-AM) codes

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To the Editor—The International Classification of Diseases (ICD) can be used to identify acute respiratory infection (ARI) hospital admissions. The coding system, used internationally to translate disease text descriptions from words into alphanumeric codes, contains 22 chapters organized by epidemic and general diseases arranged by organ system, developmental diseases, and injuries. For example, Chapter X contains codes for the respiratory system in which code block J00–J06 describes acute upper respiratory infections and J09–J18 refers to influenza and pneumonia.

Alongside various benefits of this coding system are some limitations. Not all diseases of an organ system are coded in the chapter assigned to that system. This is the case for ARI codes, which are described mostly in Chapter X, with some in Chapter I, “Certain Infectious and Parasitic Diseases” and others in Chapter VIII “Diseases of the Ear and Mastoid Process.” Therefore, we have described a methodology to identify all ICD-10 codes representing childhood ARIs.

Methods

We adapted an approach developed initially by the United States Centers for Disease Control and Prevention, subsequently modified by Baker et al,2 for the description of infectious diseases hospitalizations in New Zealand. Bakers’ diagnostic group codes were selected for eye infections, ear infections, upper respiratory tract infections, tuberculosis, acute lower respiratory tract infections, chronic lower respiratory tract infections, other bacterial infections, and other viral infections. A second list of ICD-10 codes, developed by Saraf,3 who identified ARI hospital events in New Zealand occurring during the first year of life, was also utilized. From these studies, 611 ICD-10 2- and 3-character codes were identified with respective ICD-10-AM descriptions.4

We considered 2 questions for each code/disease description. First, “Is this code/disease/health problem a respiratory infection?” The answer options included the following: always, predominant, some cases, not a respiratory infection, or respiratory transmission but not a respiratory disease. Second, we asked, “Is this coded respiratory infection acute or chronic?” Here, the answer options were acute, chronic, both, or unknown.

Codes were reviewed independently by 2 clinician researchers (M.v.A. and C.C.G.). Lists were compared and consensus was reached by review of online clinical decision-support resources.5 Nonrespiratory conditions and chronic duration conditions were removed. Next, the resulting code list was compared with original lists from Baker et al2 and Saraf.3 We then re-evaluated discrepancies in ARI and acuity categorizations and justified the inclusion or exclusion of codes.

A subset of codes, blocks B95–B97, could not be classified. These were infectious agents, rather than disease codes, utilized alongside primary coding when identification of the causative agent is desired.1 With supervision from an expert clinical coder (A.W.), the clinical researchers learned basic hospital event coding to better understand the process. Two pilot tests, containing 85 and 93 hospital events respectively, were coded individually, compared, and discussed. Here, blocks B95–B97, representing infectious agents, alongside codes from “Chapter XVII, Symptoms, Signs and Abnormal Clinical and Laboratory Findings” were used to code hospital events in which symptom-related discharge diagnoses had been recorded (eg, viral-induced wheeze). When a symptom code, R06.2–Wheezing, is combined with an infectious agent code such as B97.0–Adenovirus, the combined codes identify an ARI hospital admission. Of 42 symptom codes from Chapter XVII block R00–R09, 3 symptom codes (ie, R05–Cough, R06.1–Stridor and R06.2–Wheezing) identify as such.

Results

Table 1 presents the list of 332 ICD-10-AM codes that represent a childhood ARI hospital admission. Codes from 5 ICD chapters were included. Codes in “Chapter X, Diseases of the Respiratory System” accounted for 97 (29%) of 332 codes.

Discussion

This methodology was developed to identify ICD-10-AM codes that represent ARI hospital admissions in early childhood. It can be followed and adapted by others aiming to utilize the ICD coding system for disease-category enquiries. When developing a similar process, 3 aspects should be considered. First, published ICD-10 code lists should be scrutinized prior to applying them to a disease category of interest because motives for selecting codes for...
a disease category of interest are likely to be specific to the research question. Second, researchers should learn basic coding skills; they should attempt coding in addition to consulting coding experts. By doing so, researchers can more accurately utilize coding systems and rules relevant to the area being studied (eg, combined symptom/infectious agent codes). Third, researchers should consider country-specific ICD coding practices and base classification adaptations; for example, ICD-10-AM differs slightly from ICD-10.

This study has several limitations. First, despite the robust process followed, it was difficult to determine when all relevant ARI codes had been selected. We suggest additionally considering relevant blocks of codes from the ICD base classification itself along-side the inclusion of previously published lists of codes. Second, the frequent update of ICD classifications limits the generalizability of the resulting ARI codes list.

In conclusion, we have described a process with which to identify ICD codes for ARI hospital admissions during childhood. This approach can be applied to studies seeking to use ICD codes to describe hospital admissions for other specific disease categories.

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