The red wine polyphenol resveratrol reduces polycyclic aromatic hydrocarbon-induced DNA damage in MCF-10A cells

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Polycyclic aromatic hydrocarbons (PAH) are procarcinogens that can be commonly found in our food and environment. Upon biotransformation in our body system, they can generate DNA damage through the generation of genotoxic species and oxidative stress. Phase I and II enzymes are pivotal in the process of proximate carcinogen formation and elimination. Some dietary phytochemicals are strong inhibitors to the phase I enzymes. In the present study, we investigated the effect of the red wine compound resveratrol on DNA damage induced by PAH in a non-tumorigenic breast cell line MCF-10A. Resveratrol ranging from 1 to 5 μM could significantly suppress the expressions of cytochrome P450 (CYP) 1A1, CYPB1 and UDP-glucuronosyltransferase (UGT) 1A1 induced by 7,12-dimethylbenz[a]anthracene (DMBA). The comet assay indicated that DMBA introduced DNA damage to these cells, and co-treatment of resveratrol at 5 or 10 μM could alleviate the damage. Further investigation illustrated that resveratrol reduced the binding of DMBA metabolites to DNA with no effect on DMBA-induced oxidative DNA damage. Since the phase II enzyme UGT1A1 was suppressed, the elimination of DMBA metabolites would not have contributed to the reduction in the DMBA metabolite–DNA binding. In summary, resveratrol might protect breast cells against PAH-induced DNA damage. The underlying mechanism was mediated by phase I enzyme suppression rather than phase II enzyme induction or oxidative DNA repair.

Cytochrome P450 1A1: Cytochrome P450 1B1: Comet assay: 8-Oxo-deoxyguanine: Resveratrol

Polycyclic aromatic hydrocarbons (PAH) are commonly found in our food and environment, and they can be isolated from diesel exhaust, barbequed meat, tobacco smoke, overheated cooking oil, etc (1). PAH are metabolised and transformed into adduct-forming compounds in the body. The significance of these environmental toxicants in breast cancer can be inferred from the increased presence of PAH–DNA adducts in breast cancer patients (2). PAH are responsible for the biotransformation of procarcinogens to genotoxic moieties PAH (3,4). The importance of these CYP enzymes in PAH-induced carcinogenesis has been shown in the two gene-knockout mouse models; benzo[a]pyrene cannot induce CYP1A1 or cancer in aryl hydrocarbon receptor-null mice (5), and lower cancer incidence was observed in 7,12-dimethylbenz[a]anthracene (DMBA)-treated cyp1b1 knockout mice (6). The significance of CYP1 family enzymes in human breast cancer is not clear. Normal, tumour and histologically normal adjacent tissues of the breast express CYP1A1 and CYP1B1 (7–10). The inhibition of CYP1 enzymes appears to be beneficial in the prevention of DMBA–DNA adduct formation in vivo (11) and in vitro (12). Polymorphisms with higher activity of CYP1A1 appear to be a risk factor for breast cancer in African-Americans (13); so are the polymorphisms of CYP1B1 in Asian women (14).

Another enzyme which can be important in PAH-induced carcinogenesis is UDP-glucuronosyltransferase (UGT) 1A1. UGT represent a major class of phase II drug-metabolising enzymes. They facilitate the elimination of non-polar xenobiotics and endogenous compounds through UDP–glucuronic acid conjugation (15,16). UGT1A1 belongs to the family UGT1A, and it can metabolise bilirubin, xenobiotics, phenol and oestradiol (17–19). UGT1A1 can be effective in alleviating PAH-induced DNA damage and oestrogen-induced cell proliferation (20).

Resveratrol is a non-flavonoid phyto-oestrogen isolated from grapes. Previous studies revealed that resveratrol may inhibit CYP1A1 enzyme (21) and may potentially block breast carcinogenesis by reducing DNA adduct formation. The notion has been supported by animal and...
cell models. Diets with high resveratrol content are also associated with reduced breast cancer risk. As the phyto compound has drawn much attention in recent years, mechanistic studies are required for validating its health implications.

In the initiation stage of carcinogenesis, PAH can introduce DNA mutation by generating DNA damages by forming genotoxic metabolites and oxidative stress. Our defence system may up-regulate the expression of antioxidant and phase II enzymes to eliminate the toxicants and free radicals, which are the sources for DNA adduct-forming metabolites and oxidative DNA damage. Besides, some repair mechanisms are activated to counteract the DNA damage. In the present study, the effect of resveratrol on some of these pathways was investigated. The non-cancerous MCF-10A cells have normal mammary cell morphology, and are a preferred model for studying early events in carcinogenesis.

Materials and methods

Chemicals

\[^{3}H\]labelled DMBA was obtained from Amersham Pharmacia Biotech UK Ltd (Little Chalfont, Bucks, UK). Other reagents, if not stated, were purchased from Sigma Chemicals (St Louis, MO, USA).

Cell culture

MCF-10A cells (American Tissue Culture Collection, Rockville, MD, USA) were routinely cultured in Roswell Park Memorial Institute (RPMI) 1640 media (Sigma Chemicals), supplemented with 10% fetal bovine serum (Invitrogen Life Technologies, Rockville, MD, USA) and antibiotics (50 \(\mu\)g penicillin/ml, 50 \(\mu\)g streptomycin/ml), and incubated at 37°C and 5% CO\(_2\). At 3 d before the experiment, the cultures were switched to RPMI-1640 phenol red-free media (Sigma Chemicals) and 5% charcoal-dextran-treated fetal bovine serum (HyClone, Logan, UT, USA). With dimethylsulfoxide as the carrier solvent, sub-confluent cell cultures were treated with 2.5 \(\mu\)M-DMBA and resveratrol ranging from 1 to 10 \(\mu\)M simultaneously. The final concentration of the solvent was 0.1% (v/v), and the control cultures received dimethylsulfoxide only. The 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide assay did not reveal any significant difference in cell proliferation among the treatments from 24 to 72 h (data not shown).

Measurement of 7,12-dimethylbenz[a]anthracene–DNA adduct formation

The assay was performed as previously described and was performed in a six-well plate. First, 5 \(\times\) 10\(^5\) cells were placed in each well and allowed to attach for 24 h. They were treated with \[^{3}H\]DMBA (0.1 \(\mu\)g/ml). After 16 h, cells were washed with cold PBS, trypsinised and pelleted. Cells were incubated on ice in a nuclei-separating buffer (10 mm-2-amino-2-hydroxymethyl propane-1,3-diol (Tris)-HCl, pH 7.5, 320 mm-sucrose, 5 mm-magnesium chloride and 1% Triton X-100) to separate the nuclei, which were separated from cell debris by centrifugation at 4000 g for 10 min at 4°C. The nuclei were lysed using 400 \(\mu\)l nuclei lysis buffer (1% SDS in 0.5 M-Tris, 20 \(\mu\)M-EDTA and 10 mm-NaCl, pH 9) and then treated with 20 \(\mu\)l proteinase K (20 mg/ml) for 2 h at 48°C. The samples were cooled at room temperature and residual proteins were precipitated by the addition of 150 \(\mu\)l saturated NaCl. The samples were centrifuged at 10 000 g for 30 min at 4°C, and genomic DNA was isolated from the supernatant fraction by ethanol precipitation and re-dissolved in autoclaved distilled water. DNA samples having an optical density 260/280 nm ratio larger than 1.9 were used for scintillation counting. Samples were mixed with 4 ml cocktail in a vial and were subjected to scintillation counting.

Comet assay

A CometAssay™ Kit was ordered from Trevigen (Gaithersburg, MD, USA). Cells were placed in a six-well plate and allowed to attach for 24 h. After simultaneous treatment of resveratrol (0, 1, 5 or 10 \(\mu\)M) and 2.5 \(\mu\)M-DMBA for 24 h, cells were washed with PBS, trypsinised and pelleted. Control cultures received no DMBA or resveratrol. The cell pellet was re-suspended in PBS. Cells at 2 \(\times\) 10\(^5\) cells/ml were combined with molten low-melting agarose at 42°C at 1:10. Then 75 \(\mu\)l of the above mixture was pipetted and spread onto a Comet-Slide™. The slide was placed at 4°C in the dark for 30 min for better adherence and then immersed in pre-chilled lysis solution and kept at 4°C in the dark for 60 min. The slides were left in alkaline solution for 60 min at room temperature in the dark before electrophoresis. Alkaline electrophoresis was performed at 4°C in the dark. Alkaline solution was added, sufficient to cover the samples. The electrophoresis was performed for 30 min at 25 V. The slides were rinsed with double-distilled water after electrophoresis and immersed in 70% ethanol for 5 min. The slides were dried in air and then stained with 50 \(\mu\)l SYBR green. After staining, DNA samples were viewed by using a Nikon TE2000 microscope with a wide band-pass green filter set (Chroma Technology Corp., San Jose, CA, USA). Images were saved from a camera attached and assessed by visual scoring on a five-point scale as described previously. All cells within the scope were scored from 0 to 4 according to the tail length. Three slides per group were enumerated.

Quantitative real-time polymerase chain reaction

MCF-10A cells were seeded in a six-well plate for 1 d before treatment. The medium was removed, and cells were cultured in 2.5 \(\mu\)M-DMBA and 0, 1, 5 or 10 \(\mu\)M-resveratrol administered simultaneously for 24 h. Total RNA was extracted from the cells using TRIZol reagent (Invitrogen, Carlsbad, CA, USA). The concentration and purity of RNA were determined by absorbance at 260/280 nm. First, DNA strands were synthesised from 3 \(\mu\)g total RNA using oligo-dT primers and Moloney murine leukaemia virus RT (USB Corporation, Cleveland, OH, USA). Target fragments were quantified by real-time PCR, and a DNA Engine Opticon II (MJ Research, Inc., Waltham, MA, USA) was employed for this assay. Taqman/VIC minor groove binder probes and primers for CYP1A1, CYP1B1, UGT1A1 and glyceraldehyde-3-phosphate dehydrogenase (Assay-on-Demand) and real-time PCR...
DNA was determined by FACSort activated cell sorting (FACS) fluid. The amount of oxidised DNA was measured by a FLUOstar Galaxy microplate reader (BMG Labtechnologies, Offenburg, Germany) with an excitation of 544 nm and emission at 590 nm.

**Oxidative DNA damage assay**

A fluorometric OxyDNA Assay Kit was obtained from Calbiotech (San Diego, CA, USA) and was carried out as described previously (20). MCF-10A cells in ninety-six-well plates were treated with 2.5 μM-DMBA and various concentrations of phytochemicals. The medium was then removed and the cells were washed twice with 100 μl PBS. Ethoxyresorufin-O-deethylase activity, which is indicative of CYP1 enzyme activities, was determined. Then 100 μl of 5 μM-ethoxyresorufin in PBS with 1.5 mM-salicyclamide was added to each well, and the resorufin generated was measured by a FLUOstar Galaxy microplate reader (BMG Labtechnologies, Offenburg, Germany) with an excitation of 544 nm and emission at 590 nm.

**Preparation of oligonucleotide substrates**

The 19-mer oligonucleotide substrates required for activity assays were synthesised and purified as previously described (20). The sequences are as follows:

Chang 179: 5’-GCAGAGGCGATTCTCG-3’;
Chang 68C: 5’-CCGAGGATTCTGCTTCTG-3’,

where O represents 8-oxodeoxyguanine (8-oxodG) and the bases at the matched site are underlined.

Heteroduplexes containing C/8-oxoG-DNA were constructed by annealing Chang 68C with Chang 179. Then 1 pmol of annealed duplexes was labelled at the 3’ or 5’ end as described by Lu et al. (31) and Lu et al. (32). After being in-filled with a Klenow fragment with DNA polymerase I, the resulting blunt-end duplex DNA was 20bp in length.

**Assay of oxidative DNA repair activity**

Oxidative DNA repair measured as C/8-oxodG-DNA glycosylase activity was performed according to Hazra et al. (33). A 25 μl DNA binding reaction contained 20 μg protein, 25 mM-HEPES (pH 7.6), 50 mM-KCl, 2.5 mM-EDTA, 2 mM-dithiothreitol, 2.5% glycerol and 3.6 nmol of C/8-oxoG-containing DNA labelled at the 5’ end of the 8-oxoG-containing strand. The reactions were incubated at 37°C for 1 h, and terminated by phenol–chloroform extraction and ethanol precipitation. Samples were dissolved in 3 μl sequencing dye. After being heated at 90°C for 3 min, samples were resolved on a 14% polyacrylamide–8.3 M-urea sequencing gel and analysed by autoradiograph.

**Results**

7,12-Dimethylbenz[a]anthracene-induced cytochrome P450 1A1, cytochrome P450 1B1 and UDP-glucuronosyltransferase 1A1 mRNA expressions were suppressed by resveratrol treatment. MCF-10A cells induced UDP-glucuronosyltransferase (UGT) 1A1 expression. MCF-10A cells were treated with 2.5 μM-DMBA and resveratrol and cultured for 24 h. mRNA expression of UGT1A1 was quantified by real-time PCR. Values are means (n = 3), with standard deviations represented by vertical bars. One-way ANOVA revealed that means are significantly (P<0.05) different, and post hoc ranking testing indicated that b > c > a.
Resveratrol protects against DNA damage

by 45% of cultures induced by DMBA only (Fig. 2), while 5 μM-resveratrol reduced CYP1B1 expressions by 40% in the DMBA-induced cultures (P<0.05) (Fig. 3).

Resveratrol reduced 7,12-dimethylbenz[a]anthracene-induced ethoxyresorufin-O-deethylase activities

DMBA induced ethoxyresorufin-O-deethylase activity by 3.4-fold (P<0.05). Figure 4 showed that 1 μM-resveratrol reduced the ethoxyresorufin-O-deethylase activity by 52% (P<0.05) of the DMBA-induced samples. Resveratrol at 5 and 10 μM further reduced DMBA-induced ethoxyresorufin-O-deethylase activity.

Resveratrol reduced the binding of 7,12-dimethylbenz[a]anthracene–DNA in MCF-10A cells

DMBA could intercalate DNA and caused DNA damage. Figure 5 shows that resveratrol could also reduce the chelation of DMBA metabolites to DNA in MCF-10A cells; 1 μM-resveratrol could reduce DNA adduct formation by 20% while 5 and 10 μM-resveratrol could reduce the formation by 40% of the cultures treated with DMBA only (P<0.05).

Resveratrol moderated DNA strand breakage generated by 7,12-dimethylbenz[a]anthracene in MCF-10A cells

Treatment with DMBA increased the score from 0 to 1 by the visual scoring procedure. When these cells were simultaneously co-treated with 5 or 10 μM-resveratrol, the scores came down to 0.8 and 0.1 respectively (Fig. 6). Judging from the maximum scale of 4, DNA damage caused by DMBA alone was significant but not extensive.

Effect of resveratrol on 7,12-dimethylbenz[a]anthracene-induced oxidative DNA damage

Flow cytometry showed that a right shift of fluorescence occurred upon 2.5 μM-DMBA treatment with a 10-unit increase in the Gmean (Fig. 7(A)), i.e. Gmean of control = 69 (95% CI 63, 77); Gmean of DMBA = 79 (95% CI 80, 105). This result indicated that the treatment increased the amount of 8-oxodG in DNA. The co-treatment of 0.1, 1 and 10 μM-resveratrol did not revert the shifted fluorescence (Fig. 7(B)–(D)), i.e. the Gmeans of 0.1, 1 and 10 μM-resveratrol co-treatment were 83 (95% CI 73.7, 92.8), 96 (95% CI 82.8, 111) and 92 (95% CI 80, 103), respectively. Instead, the shift appeared to be increased after the co-treatment with 1 or 10 μM-resveratrol.

Effect of 7,12-dimethylbenz[a]anthracene and co-treatment of resveratrol on oxidative DNA repair

Glycosylase activity is crucial in repairing DNA damage. In the DMBA-treated group, there was no indication of increased activity in 8-oxodG glycosylase compared with the control. In addition, administration of resveratrol at the dosages ranging from 0.1 to 10 μM did not elevate the repairing capacity (data not shown). This result verified that resveratrol did not exercise any influence on oxidative DNA damage.
of the formation rather than facilitation of elimination of the carcinogen seems most likely since the expression of both CYP1A1/1B1 and UGT1A1 was suppressed.

The comet assay revealed that resveratrol offered a protective effect on DNA integrity against DMBA assault in the present study. As reviewed by Xue & Warshawsky(35), PAH may induce multifaceted DNA damage. It can be metabolised into isomers of diol-epoxide and radical cations. These diol-epoxides and radical cations of PAH may bind to DNA and form adducts. In addition, PAH-o-quinone and reactive oxygen species may also be generated in an alternative metabolic pathway. The CYP enzymes, CYP1A1, 1B1 and 1A2, are responsible for generating some of those proximate carcinogens. CYP1A1 and 1B1 are predominantly expressed in extrahepatic tissues, including the breast. Similar to a previous study on dioxin(36), resveratrol in the present investigation could suppress the expression of CYP1A1 and CYP1B1 induced by DMBA in the non-tumorigenic MCF-10A cells. As the initial steps of diol-epoxide metabolism required CYP enzymes, decreased CYP1 expression could produce a lesser amount of diol-epoxides, reducing DNA damage as resveratrol concentration increases.

Cellular DNA may also be damaged by oxidative stress. Oestrogen has been demonstrated to induce oxidative DNA damage in breast cells(21,44), and resveratrol administration can alleviate this damage. The phytocompound can also protect against other oxidative DNA damage-causing agents, such as 3-morpholinosydnonimine N-ethylcarbamido(38), H$_2$O$_2$(39,40), and ethanol(41) in other cell types. In contrast, resveratrol did not reduce the DMBA-induced oxidative damage in the present study. A different pathway of the generation of oxidative DNA damage could undermine the influence of resveratrol in the present study. However, the present results agreed with a study which illustrated the pro-oxidative nature of resveratrol in human lymphocytes(42).

A previous study has shown that the phase II enzyme UGT1A1 can protect against PAH-induced DNA damage in breast cells(20). However, the induced UGT1A1 expression was suppressed by resveratrol in the present study. Transcriptional control could be the underlying mechanism. Ciolino & Yeh(21) have shown that aryl hydrocarbon receptor activation can be suppressed by resveratrol. Since the gene promoter of UGT1A1 has xenobiotic response elements, the response of UGT1A1 expression was similar to that of the CYP1 enzymes.

Resveratrol has been proposed to be a potential chemopreventive agent against breast cancer. It can protect against DMBA- or N-methyl-N-nitrosourea-induced mammary tumorigenesis, and the protein expression of some downstream genes of oestrogen receptor transactivation is also altered(43). The reduction in CYP1A1 expression and enzyme activity may contribute to the anti-initiation activities of resveratrol(21,44). Moreover, resveratrol may interrupt the progression or phase progression by inhibiting cyclo-oxygenase-2(45). Resveratrol’s agonist/antagonist activity toward oestrogen receptor binding may contribute to the antagonism of oestriadiol-induced MCF-7 cell growth, the expression of transforming growth factor $\alpha$, and insulin-like growth factor I receptor(46). The minimum concentration at which aromatase inhibition was observed in the present study was comparable with these studies.
Regarding the timing of treatment, pre-treating cells with resveratrol for 6 h before DMBA administration would have a comparable CYP1 enzyme suppression (data not shown). This suggests that resveratrol consumed before or during PAH exposure would have a protective effect.

In summary, we demonstrated that DNA damage induced by PAH was reduced by the red wine polyphenol resveratrol in a non-cancerous breast cell line in the present study. However, the phytochemical also suppressed the phase II enzyme UGT1A1 and did not up-regulate the oxidative DNA repair system. Ultimately, inhibition of the phase I enzyme rather than reducing oxidative DNA damage was the potential chemoprevention mechanism of resveratrol on PAH-induced genotoxicity.

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H. Y. L performed most of the experiments and statistical analysis; L. H. Y. helped to complete some of the project experiments; S. G. and A.-L. L. did the DNA repair assays; L. K. L. contributed to the idea generation and coordination of this project.

There is no conflict of interest associated with the present study.

References


