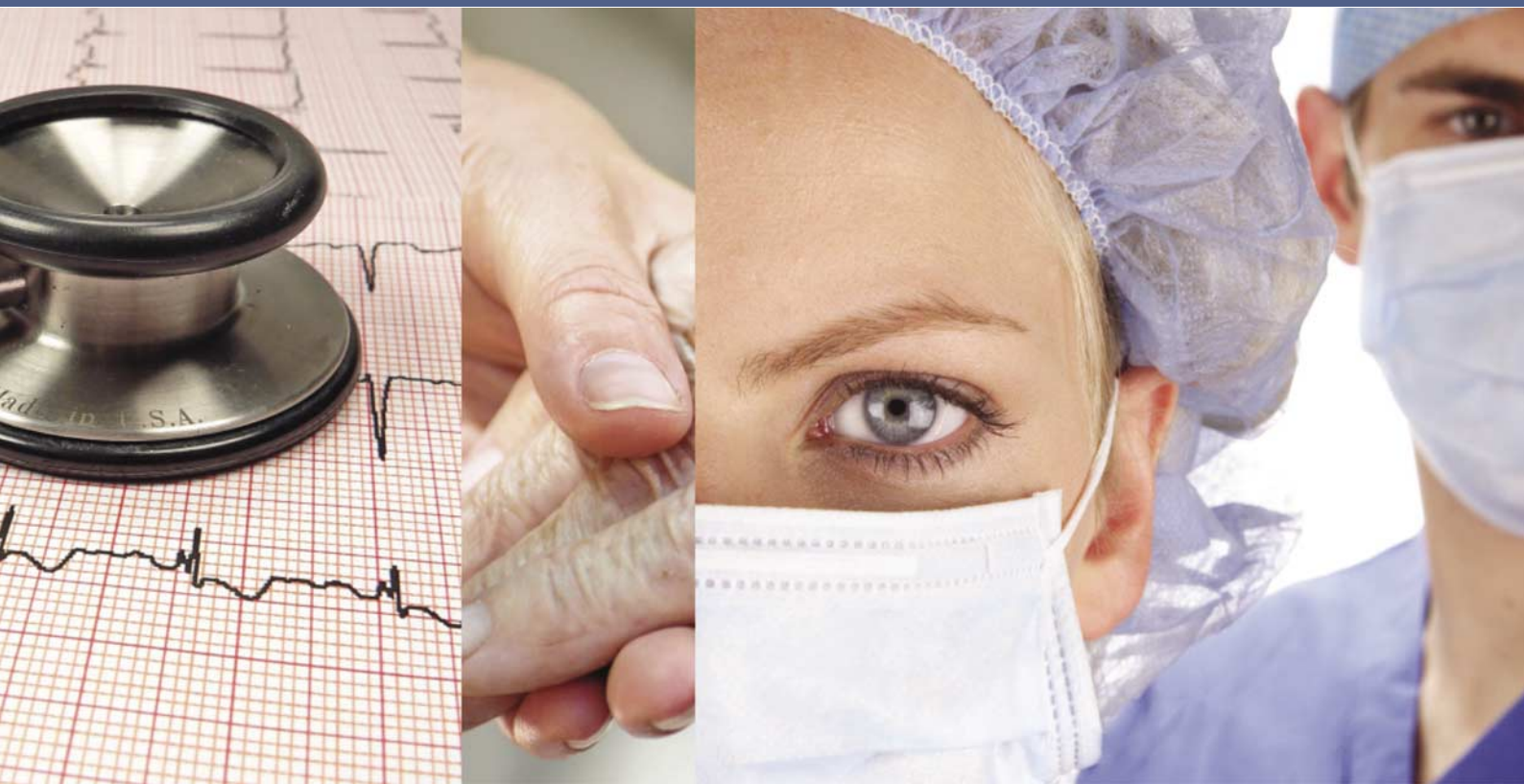


BRITISH JOURNAL OF
**ANAESTHETIC &
RECOVERY
NURSING**

journals.cambridge.org/arn



www.barna.co.uk

Editor-in-Chief: Jessica Inch

**CAMBRIDGE
UNIVERSITY PRESS**

Volume 11, Issue 2 2010

British Journal of Anaesthetic & Recovery Nursing

The Official Journal of the British Anaesthetic & Recovery Nurses Association

*The United Kingdom's Official Representative for the International Federation
of Nurse Anaesthetists working in co-operation with the American Society
of PeriAnesthetic Nurses (ASPAN), the Irish Anaesthetic and Recovery Nurses Association*
Website: www.barna.co.uk

Editor: Jessica Inch
Email: jessinchbarna@googlemail.com

Advertising: Rebecca Curtis, Cambridge University Press
Email: rcurtis@cambridge.org

BARNA COMMITTEE

Chair/Web Manager and Membership Secretary: Natalie Quine
President/Education: Pat Smedley
Treasurer: Markku Viherlaiho
Journal Editor: Jessica Inch
Secretary: Pauline Guyan
IFNA representative & working on international conference: Manda Dunne
International Liaison: Joni Brady
Companies Liaison: Vanessa Hunt
Conference planning: Emma Whitmore

Committee: Manda Dunne
Jessica Inch
Gaye Ward
Markku Viherlaiho
Pat Smedley
Joni Brady
Natalie Quine

Membership Enquiries

Member: UK £32
Overseas Member: £80 (UK) (Overseas + £15)

BARNA membership

M&K Update, The Old Bakery, St Johns Street, Keswick, Cumbria, CA12 5AS
Tel: 01768 781 092 (direct); Fax: 01768 781 099, Email: barna@mkupdate.co.uk

Subscription Enquiries

Individual journal subscription: £43/\$84
Institutional journal subscription: £159/\$305

Cambridge University Press
Tel: +44 (0)1223 326 070, Email: journals@cambridge.org
Website: journals.cambridge.org/arn

Journal Review Panel

Pat Smedley, Senior Lecturer, Kingston University, London
Emma Stalker, RGN, Transfusion Liaison Nurse, NHS Blood and Transplant Services

Journal Printing

Latimer Trend, Plymouth, UK

Publisher

Cambridge University Press, Cambridge, UK

The views expressed in articles are those of the author and do not necessarily reflect the views of BARNA. The inclusion of advertising within the journal does not mean that BARNA or its members endorse the products or services advertised. Enquiries regarding any products advertised should be made direct to the company concerned.

British Journal of Anaesthetic & Recovery Nursing

The Official Journal of the British Anaesthetic & Recovery Nurses Association

CONTENTS

From the Chairman

Letter from the Chair

Natalie Quine

17

Editorial

Do Not Let Your Experiences Gather Dust

Jessica Inch

18

Original Articles

The Development of a Recovery Period Complications Audit

Natalie Quine

19

The Effect of Perioperative Betamethasone on Post-operative Nausea, Vomiting and Pain in Children Undergoing Tonsillar Surgery

Ulrica Johansson, Carola Sundgren, Krister Tano, Johannes van den Berg

24

Congress Report

International Federation of Nurse Anaesthetists: Den Haag 2010 Congress

Manda Dunne

30

Conference Report

24th BARNAs Conference, Exhibition and Annual General Meeting, Manchester Conference Centre 'Illuminating the Way'

Jessica Inch

33

Notes to Authors

39