

REVIEW ARTICLE

# Transnational grandparent migration and care-giving: a systematic scoping review

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(Received 3 November 2022; revised 3 July 2024; accepted 25 July 2024)

## Abstract

Grandparents are increasingly participating in international migration to resettle with or visit adult children and grandchildren living overseas. In doing so, they make important social, cultural, emotional and financial contributions to transnational families, in particular through providing unpaid childcare and domestic work. This scoping review aims to examine the extent, range and nature of studies on transnational grandparent migration and care-giving to provide an overview of existing research. The review was conducted in August 2022, following Arksey and O'Malley's scoping review methodology. Of 2,099 sources identified using nine databases, supplemented with manual searching (including grey literature), 65 (qualitative, quantitative and mixed-methods) studies conducted between 2000 and 2022 were deemed relevant for inclusion. A descriptive analysis of study characteristics details the author(s), the (year) and the type of publication; the study population and sample size; the research objectives; the research methods; and the sending and receiving places. A thematic analysis of these studies identified key themes, including study characteristics, typologies of transnational migrant grandparents, their family roles and contributions, the uses of information and communication technologies in supporting migrant grandparents' transnational lives, benefits gained from migration, challenges faced and strategies employed in response. The article concludes that grandparents make significant contributions to transnational families and host economies, but their roles and challenges are overlooked in national and transnational (supra-national) policies. Future research should explore the ethics of migration programmes aimed towards migrant grandparents as well as effective measures to assist grandparents to age well in transnational mobility.

**Keywords:** grandparenting; migrant grandparent; migration; scoping review; transnational care-giving

## Introduction

There is a significant literature that highlights the role of globalisation, internationally integrated labour markets and the commodification of international education

in driving the migration of younger people for study and work (see Lee et al. 2014; Noronha-Barrett et al. 2019; Repetti et al. 2021; Triandafyllidou 2018). These trends towards increased global mobility have unsurprisingly resulted in ever-increasing numbers of older adults also moving internationally to reunite with children and descendants settled overseas. Grandparent migration is a phenomenon that has increased in frequency and complexity over recent decades, involving many kinds of short- and long-term movements away from the countries of birth where these older people have lived most of their lives (King et al. 2017). This review demonstrates that older migrants have become the subject of increasing academic interest, although they continue to receive less attention in migration policy than the younger and middle-aged cohorts who engage in labour and skilled migration and who are, therefore, targeted by receiving countries (Crock 2001; Hawthorne 2005; Hugo 2014). Older migrants are typically characterised as a potential economic burden to receiving countries, and their significant contributions, especially their domestic labour in the form of unpaid child care-giving and housework, are largely unrecognised (Braedley et al. 2019; Calasanti and Repetti 2021).

Research, policy and practice in destination countries with established patterns of immigration have long engaged with the ageing experiences of older migrants who arrived in their younger years and have grown old there (Khoo et al. 2011; King et al. 2017; Warnes and Williams 2006). This work has focused on 'migrant settlement', including challenges of integration and intergenerational conflict, as well as issues related to service delivery and social support, in particular the provision of culturally appropriate care (Cela and Barbiano Di Belgiojoso 2021; Hugo and Thomas 2002; Thomas 1999, 2003; Warnes et al. 2004). The literature also includes a large body of research on grandparents who remain in the sending countries (e.g. see Ariadi et al. 2019; Evandrou et al. 2017; Thapa et al. 2020; Zickgraf 2017), including a systematic review on transnational care-giving of older 'left-behind' parents (Miyawaki and Hooyman 2023). However, the experiences of people whose initial migrations occur in later life, including grandparents, and who engage in care exchange with their migrant descendants in the receiving countries, have until recently received far less attention. These older adults do not remain permanently in the home country but instead become 'flying grannies' – the grandparents who either temporarily visit or permanently relocate to the receiving countries to provide and/or receive care and support to/from their descendants (Hamilton, Kintominas et al. 2021; King et al. 2014; Plaza 2000; Ran and Liu 2021; Subramaniam 2019; Wyss and Nedelcu 2018).

To date, there has been no systematic or scoping review of literature that summarises and synthesises migrant grandparents' transnational lived experiences (e.g. their roles, contributions, benefits gained and constraints faced). In order to address this gap, we opted to conduct a scoping review (rather than other types of knowledge synthesis, e.g. systematic review) because this is the first study to scope out the studies relating to the 'transnational migrant grandparent' phenomenon, rather than to synthesise knowledge relating to specific research questions. Our objective is to identify what aspects of the transnational grandparent migration phenomenon have been examined; how migrant grandparents are classified in migration and ageing scholarship; and what research gaps exist. This scoping review provides both a descriptive and a thematic analysis of empirical studies (published books, book chapters and journal articles)

Table 1. Research questions

Main research question
- How do migrant grandparents engage in care-giving and grandparenting for transnational families?
Subsidiary research questions
- What are the scale, type, and nature of research in transnational grandparent migration and care-giving?
- What are the typologies of migrant grandparents?
- What are the family roles and contributions of migrant grandparents?
- What benefits do migrant grandparents gain from their transnational migration?
- What are the challenges faced and the strategies used by migrant grandparents?
- What are the research gaps and the trajectories for future research?

and grey literature (published conference proceedings, published theses, government reports, research reports, policy reviews, newspapers and magazine articles and news) on transnational grandparent migration and care-giving to highlight key themes and identify gaps.

Methods and procedures

This review of transnational grandparenting is conducted at a time when the rapid proliferation of new publications on this topic indicates the emergence of an exciting new subfield within transnational family studies. Following a scoping review methodology introduced by Arksey and O'Malley (2005), this review used five stages of their six-stage process to comprehensively and systematically map the extent, range and nature of research relevant to transnational grandparent migration and care-giving. Stage 6 of the review process was not included because transnational grandparenting does not involve practitioners and consumers in the same way as do health research topics. Other scoping reviews on topics that do not involve practitioners and consumers frequently omit this stage (e.g. see Hafford-Letchfield et al. 2022). For the purposes of this review, we define transnational grandparents as older migrants who engage in mobility with the primary aim of care-giving and grandparenting for their adult children and grandchildren.

Stage 1: identifying the research question

Effective systematic scoping reviews require predetermined research questions that permit a focused review of a particular field and inform deductive thematic analysis of included sources (Peters et al. 2015). Through careful consideration and discussion, the authors determined the main and subsidiary research questions detailed in Table 1.

Stage 2: identifying relevant studies

Nine databases were searched, namely Web of Science, Scopus, ProQuest, SocIndex, Medline, PsycInfo, Academic Search Complete, Social Sciences Citation Index (SSCI) and CINAHL Plus. In consultation with a senior librarian, each database was

Table 2. Keywords for systematic database searches

- <b>P (population):</b> <u>migrant grandparents</u> (synonyms: <i>migrant grandparent, migrant grandfather, migrant grandmother, older migrant parent</i> );
- <b>I (phenomenon of interest):</b> <u>care-giving</u> (synonyms: <i>childcare, home care, informal care, intergenerational care</i> ) and <u>grandparenting</u> ;
- <b>Co (context):</b> <u>global</u> (synonyms: <i>transnational, international, global, multicultural</i> ).

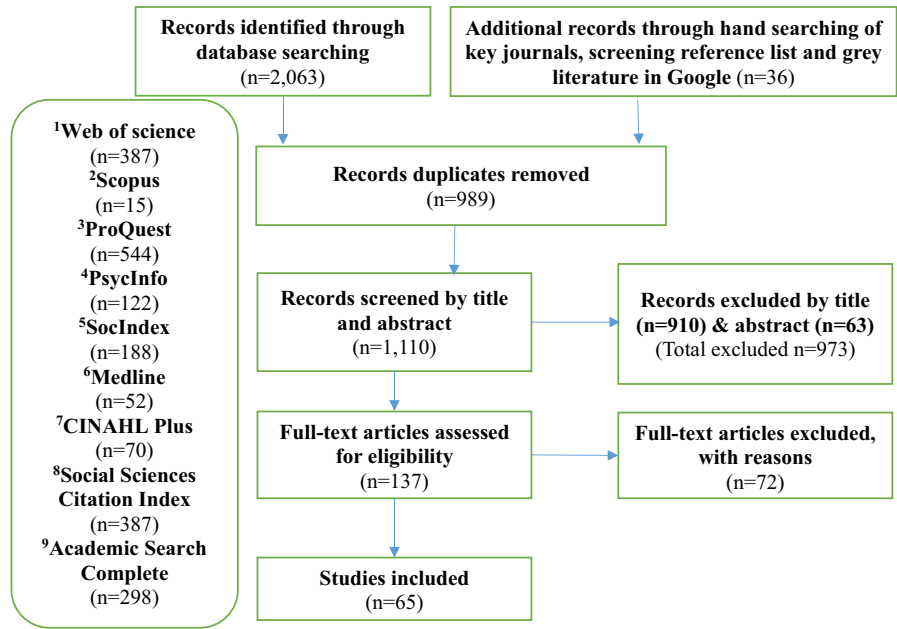


Figure 1. Flow diagram of the review process for searched and selected data sources.

determined to meet three criteria, having been assessed as including: (i) at least three of the most cited sources relevant to the topic; (ii) multi-disciplinary research; and (iii) academic and non-academic sources.

The nine databases were searched using keywords identified from the main research question following a PICo (Population, phenomenon of Interest, Context) formula (Stern et al. 2014), as illustrated in Table 2.

Database searching and screening in August 2022 with no limitation on the earliest date of publication returned 2,063 sources. Figure 1 illustrates the total number of sources identified in each database. Systematic searches of these databases were supplemented with manual searches (screening of the reference lists of studies found through database searches and hand-searching of key journals) to identify missing relevant academic sources. Manual searches also included grey literature searches (research reports, policy reviews, newspaper and magazine articles and news) using Google Search. In total, manual searches returned an additional 36 data sources for the scoping review.

**Table 3.** Screening criteria

Inclusion criteria	Exclusion criteria
Population	
- Older migrants who are engaged in grandparenting and care-giving activities	- Older migrants who are not engaged in grandparenting and care-giving activities
Phenomenon of interest	
- Later-life transnational mobility of grandparents for care-giving	- Transnational mobility of generations other than grandparents for care-giving - Within country (domestic) mobility of grandparents for care-giving - Later-life transnational mobility of grandparents for reasons other than care-giving
Context	
- Both sending and receiving country contexts (transnational/international/global contexts)	- Domestic contexts (domestic or internal migration within a country)
Others	
- English language sources - Full-text documents are available - Draft documents, where their final versions were not included in search results - Qualitative, quantitative and mixed method studies, policy analysis - Academic and non-academic sources, including peer-reviewed publications, government and non-government reports and policies, webpages, electronic newspapers and magazines	- Sources in languages other than English - Full-text documents are unavailable - Draft documents, where their final versions were not included in search results - Scoping/systematic/literature review

### *Stage 3: selecting studies for inclusion*

Once the sources were compiled in EndNote, the first author removed 989 duplicate entries through automatic identification of duplicates and manual case-by-case checking and confirmation. The first author then manually screened the remaining 1,110 sources, first by title, then by abstract, and finally by full text. Irrelevant sources were removed at each stage. The second author reviewed the list of papers excluded at each stage in the screening process. The full author team met to discuss the results of each stage of the screening process, including any queries raised by the second author. Suitability for inclusion was assessed using predetermined criteria (see Table 3). Where sources were excluded during full-text screening, reasons were recorded and tabled for discussion among all three authors.

After the three-step screening process was completed, 65 sources were deemed relevant for inclusion in this review. Figure 1 details the number of sources excluded at each stage of screening.

### *Stage 4: charting the data*

The remaining 65 selected texts were coded by author(s), type and year of publication; study population and sample size; research objectives; research methods; and

geographical contexts (sending and receiving places) in NVivo 12. The first author engaged in coding and charting the data. Then the second and third authors cross-checked the charting process. Study characteristics are reported in the results section of this paper.

### *Stage 5: summarising and reporting*

The 65 texts were further subjected to qualitative thematic coding. Initial codes were developed from the research questions that informed this scoping review with the participation of all three co-authors. In addition to this deductive approach, further themes were identified through inductive content analysis (Arksey and O'Malley 2005) by the first author. All identified themes and subthemes were then thoroughly discussed and refined by all three co-authors (see Appendix 2 for details of this stage).

## **Results**

In addition to a descriptive analysis of study characteristics, the results of the scoping review are reported under five main themes identified in the thematic analysis: (i) typologies of transnational migrant grandparents; (ii) family roles and contributions of migrant grandparents; (iii) digital communication technologies supporting migrant grandparents' transnational lives; (iv) benefits gained by migrant grandparents; and (v) challenges faced by migrant grandparents and strategies employed in response. The number of included citations contributing to each of these themes is reported in Table 5.

### *Descriptive analysis: study characteristics*

Transnational grandparent migration and care-giving is a relatively new field of study. Although research spans two decades, findings show that this phenomenon has received significantly more attention since 2010. Of the 65 full texts selected for inclusion, 10 studies were conducted between 2000 and 2009, while the remaining 55 took place between 2010 and 2022; 51 are peer-reviewed articles, books and book chapters while the remaining 14 are grey literature, including master's theses, PhD dissertations, newspaper articles, policy briefs and reports. Table 4 summarises the characteristics of the studies included in this review.

### *Data sources and sample size*

Most studies included in this review focused on exploring the perspectives of migrant grandparents ( $n = 30$ ). Twenty-three studies ( $n = 23$ ) investigated the perspectives of multi-generational members in transnational families (either grandparents and/or parents and/or grandchildren). The findings were informed by the immigration policies of receiving countries ( $n = 10$ ) or national survey data ( $n = 2$ ).

### *Research methods*

Qualitative research methods predominate, including empirical studies based on interviews and focus groups ( $n = 44$ ), as well as analyses of secondary data and existing

**Table 4.** Characteristics of selected studies

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Plaza (2000)</b> Journal article	Three generations of African-Caribbean migrant families (n = 180)	To explore the role and position of grandmothers in African-Caribbean families resident in Britain	Qualitative research (interviews)	Caribbean nations	UK
<b>Treas and Mazumdar (2002)</b> Journal article	Transnational seniors in the US (n = 28)	To provide an understanding of the dilemmas, contradictions and expectations of transnational elders	Qualitative research (interviews)	Korea, Mexico, Taiwan, Iran, Egypt, Jordan, Pakistan, Vietnam, the Philippines	USA
<b>Da (2003)</b> Journal article	Chinese migrants in Australia (n = 40)	To examine childcare arrangements among Chinese migrants to Australia	Qualitative research (interviews)	China	Australia
<b>Shankar (2003)</b> Master's thesis	Indo-Fijian grandmothers (n = 11)	To examine the impact of immigration on the grandmothering experience of Indo-Fijians residing in Canada	Qualitative research (interviews)	India	Canada
<b>Treas and Mazumdar (2004)</b> Journal article	Foreign-born older people in the US (n = 33)	To examine the role of older migrant people in kin-keeping and care-giving in their transnational families	Qualitative research (interviews)	Korea, Mexico, Taiwan, Iran, Egypt, Jordan, Pakistan, Vietnam, Philippines	USA
<b>Sohn (2007)</b> PhD dissertation	Grandparents living in Atlanta (62) and Los Angeles (237) (n = 299)	To examine the cultural aspects of multifaceted grandparenting roles among stressors, resources, perceptions and outcomes among Korean-American grandparents	Quantitative research (questionnaires)	Korea	USA
<b>Treas (2008a)</b> Journal article	Migrant participants aged in their 60s and 70s (n = 15)	To explore common myths about older newcomers in the US	Qualitative research (interviews)	Philippines, Korea, Mexico, Pakistan, Iran, Taiwan, Vietnam, Bangladesh, Egypt, Spain, Cambodia, Belize, Jordan, Cuba, Japan	USA

(Continued)

Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Treas (2008b)</b> Journal article	Transnational older adults in the US (n = 54)	To explore the international migration patterns and the family lives of older adults	Qualitative research (interviews)	Bangladesh, Cambodia, Cuba, El Salvador, Egypt, Iran, Japan, Jordan, Korea, Mexico, Pakistan, Philippines, Spain, Taiwan, Vietnam	USA
<b>Nesteruk and Marks (2009)</b> Journal article	Immigrant parents in the US (n = 24)	To examine the experiences of immigrant professionals from Eastern Europe raising children in the sociocultural environment of the United States	Qualitative research (interviews)	Romania, Russia, Bulgaria, Ukraine, Belarus, Bosnia	USA
<b>Zhang (2009)</b> Master's thesis	Parents (6) and grandparents (4) in Canada (n = 10)	To investigate the influence of Chinese grandparents on the Chinese development and maintenance of their preschool-aged grandchildren during their stays in Canada	Mixed- methods research (questionnaires and interviews)	China	Canada
<b>Hwang and Parrenas (2010)</b> Journal article	US immigration policy towards the family reunification program	To analyse the US immigration policies related to family reunification	Qualitative research (policy analysis)	Multiple sending countries	USA
<b>Lie (2010)</b> Journal article	Individuals of 15 immigrant families in the UK (n = 57)	To examine the role of migration history and the relevance of social networks in childcare arrangements	Mixed- methods research (questionnaires and interviews)	China, Bangladesh	UK
<b>Deneva (2012)</b> Journal article	Bulgarian Muslim elderly migrants in Spain (n = 4)	To look into the ruptures in the structure of care arrangements, kin expectations and family relations that migration triggers	Qualitative research (interviews, informal conversations, participant observation)	Bulgaria	Spain

(Continued)



Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Kim (2012)</b> Journal article	Migrant adult children (52) and 58 elderly parents aged 59–89 (n = 110)	To examine how the cultural meaning and the social practice of filial co-habitation and support have been transformed in an international migration context	Qualitative research (interviews)	Korea	Singapore
<b>Shih (2012)</b> Master's thesis	Grandparents (12) and parents (12) (n = 24)	To investigate the nature of grandparental care-giving responsibilities in transnational families	Mixed-methods research (questionnaires and interviews)	China	Canada
<b>Zhou (2012)</b> Journal article	Migrant grandparents (n = 36)	To examine the impacts of such experiences on three interconnected dimensions – spatial, temporal and cognitive – of ageing	Qualitative research (interviews)	China	Canada
<b>Zhou (2013)</b> Journal article	Migrant grandparents (n = 36)	To examine how transnational families of Chinese skilled immigrants have participated in redistributing care resources, including emotion, time and cultural knowledge, across generations and countries	Qualitative research (interviews)	China	Canada
King et al. (2014) Journal article	Albanian migrants in Greece, Italy, the UK and left-behind family members in Albania (n = 133)	To examine the evolving patterns of mobility, intergenerational care, well-being and loneliness (vulnerability and agency) of Albanian people in the homeland and abroad	Qualitative research (interviews)	Albania	Greece, Italy, UK
<b>Sun (2014)</b> Journal article	Older Taiwanese immigrants (n = 55)	To examine how spending most of Taiwanese immigrants' working years in the US enables them to re-evaluate their cultural ideas of ageing	Qualitative research (interviews)	Taiwan	USA

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Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Williams (2015)</b> Master's thesis	Polish migrant mothers (n = 10)	To explore transnational grandparent–grandchild relationships through the perspectives of Polish migrant mothers living in Ireland	Qualitative research (interviews)	Poland	Ireland
<b>Dharssi (2015)</b> Newspaper article	Elderly migrant family members in Canada	To analyse the impact of super visas for elderly migrant family members in Canada	Qualitative research (policy analysis)	Multiple sending countries	Canada
<b>Ferrer (2015)</b> Journal article	Married adult children (2), grandparents (3) and grandchildren (3) (n = 8)	To examine disjunctures between the ways in which Canada's parent and grandparent super visa is framed within policy documents and press releases, and how it is actually experienced by older adults and their adult children from the Global South who engage in intergenerational care exchanges once they reunify	Qualitative research (interviews and policy analysis)	Philippines	Canada
<b>Zhou (2015)</b> Journal article	Migrant grandparents (n = 36)	To reveal the simultaneous, yet uneven, temporal impacts of transnational care on individual, familial and transnational levels	Qualitative research (interviews)	China	Canada
<b>Askola (2016a)</b> Journal article	Finnish immigration policy	To discuss the implications of family reunification policies for naturalised citizens and their older parents	Qualitative research (policy analysis)	Multiple sending countries	Finland
<b>Askola (2016b)</b> Journal article	Australian immigration policy	To critique gender inequalities in Australian immigration policies, including parent visas, which jeopardise older women	Qualitative research (policy analysis)	Multiple sending countries	Australia

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Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Hietä (2016)</b> Journal article	Immigrant mothers (n = 4)	To investigate the movement of people, goods and information generated by transnational families	Qualitative research (interviews)	North America, Western Europe, Central Europe	Finland
<b>Liu (2016)</b> Journal article	New Zealand immigration policy	To review some of the opportunities and challenges facing the multi-generational Mainland Chinese migrant family in New Zealand from a transnational perspective	Qualitative research (policy analysis)	Multiple sending countries	New Zealand
<b>Tian (2016)</b> PhD dissertation	Master data files from the 1981, 1991 and 2001 Canadian censuses and the 2011 National Household Survey	To examine nativity differences in three aspects of intergenerational relations: living arrangements, intergenerational economic support and grandchild care	Quantitative research (secondary data analysis)	Multiple sending countries	Canada
<b>Solari (2017)</b> Book	Ukrainian domestic workers (grandmothers) living in Italy or California, their children living in Ukraine, and Ukrainian migrant community leaders (n = 160)	To examine how collective practices of older migrants were building their 'new' Ukraine from the outside and how gendered reorganisation of family and work structures was done to achieve a transition from socialism to capitalism	Qualitative research (interviews and participant observation)	Ukraine	Italy, USA
<b>Horn (2017)</b> Journal article	Peruvians aged 57–86 (n = 27)	To compare the experiences and patterns of older Peruvian migrants' and non-migrants' engagement in transnational family care activities	Qualitative research (interviews)	Peru	Spain
<b>Nedelcu (2017)</b> Journal article	Romanian migrants in Toronto (62) and in Switzerland (39) (n = 101)	To examine the emergence of new patterns of 'grandparenting' and 'doing family' practices based on ICT-mediated co-presence in the digital age	Qualitative research (interviews, participant observation)	Romania	Canada, Switzerland

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Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Gubernskaya and Dreby (2017)</b> Journal article	US immigration policy	To review and critically evaluate the principle of family unity, a hallmark of US immigration policy over the past 50 years and the most important mechanism for immigration to the United States	Qualitative research (policy analysis)	Multiple sending countries	USA
<b>Hamilton et al. (2018)</b> Policy brief	Australian immigration policy Overseas grandparents in Australia	To analyse how grandparent visas, especially the newly introduced temporary sponsored parent visas, affect migrant grandparents	Mixed-methods research (policy analysis and secondary data analysis)	Multiple sending countries	Australia
<b>Spitzer (2018)</b> Report	European, Australian, American and Canadian immigration policies	To provide an overview of family-oriented migration policies, focusing primarily on Europe, Australia, the US and Canada, and examine their consequences for migrants and for their integration experiences	Qualitative research (policy analysis)	N/A	Europe, Australia, USA, Canada
<b>Torres and Cao (2018)</b> Newspaper article	US immigration policy Chinese migrant grandparents	To show how US immigration policies have affected older immigrants	Qualitative research (policy analysis and interviews)	China	USA
<b>Wyss and Nedelcu (2018)</b> Book chapter	Migrants (40) and G0 mobile parents (22) (n = 62)	To describe and explain the specific characteristics of G0 grandparenting patterns that we define as G0 care arrangements (G0-A) in Switzerland	Qualitative research (interviews)	Multiple EU and non-EU countries	Switzerland
<b>Bojarczuk and Muhlau (2018)</b> Journal article	Polish migrant mothers in Dublin (n = 23)	To describe the utilisation of support networks for the organisation of informal childcare by working Polish migrant mothers in Dublin	Qualitative research (interviews)	Poland	Ireland

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Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>De Silva (2018)</b> Journal article	Thirty-five older Sinhalese parents (27 women and 8 men) and 17 Sinhalese migrants (n = 52)	To interrogate care exchanges through the concept of care circulation that recognises the various ways in which capacity, obligations and negotiated commitments among transnational family members shape the multi-directional flows of care	Qualitative research (interviews)	Sri Lanka	Australia
<b>Braedley et al. (2019)</b> Journal article	Canadian immigration and state welfare policies	To analyse Canadian social welfare regimes and immigration policies towards older migrants	Qualitative research (policy analysis)	Multiple sending countries	Canada
Craig et al. (2019) Book chapter	Time use surveys (TUS) in Australia, Korea, Italy and France	To explore how the distribution of childcare tasks compares across countries within the context of different patterns of employment participation, gender norms and policy constellations	Qualitative research (secondary data analysis)	N/A	Australia, Korea, Italy, France
<b>Horn (2019)</b> Book	Older Peruvian people who have at least one family member in Spain (n = 27)	To explore the motivations of older Peruvians' transnational involvement as well as the factors influencing the scope and propensity of their cross-border practices	Qualitative research (interviews)	Peru	Spain
<b>Kintominas and Hamilton (2019)</b> Newspaper article	Overseas grandparents temporarily migrating to Australia	To illustrate the role of migrant grandparents in providing unpaid childcare in Australia	Qualitative research (policy analysis)	Multiple sending countries	Australia

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Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Lamas-Abraira (2019)</b> Journal article	Zhejiangese families (7) with 21 participants (n = 21)	To explore the circulation of care within four-generation transnational Zhejiangese families	Qualitative research (participant observation and interviews)	China	Spain
<b>Subramaniam (2019)</b> PhD dissertation	Participants from 8 Asian Indian families residing in the US (n = 20)	To examine unique challenges of ageing out of place in the immigrant context and to highlight the concomitant challenges faced by the families in adjusting to multi-generational living arrangements and intergenerational relationships	Qualitative research (interviews)	India	USA
<b>Timonen (2019)</b> Book	Grandparents around the world	To explore multifaceted roles and dimensions of grandparenting around the world	Qualitative research (interviews, secondary data analysis, policy analysis)	Multiple sending countries	Multiple receiving countries
<b>Teng (2019)</b> PhD dissertation	Chinese immigrant men aged 71–79 (n = 4)	To explore the health experiences of recently immigrated low-income elder Chinese men residing in the US, identifying cultural constructs, social determinants and understandings of health	Qualitative research (interviews)	China	USA
Zhou (2019) Book chapter	Migrant grandparents (36) and skilled immigrant mothers (34) (n = 70)	To illustrate the connections between mobility and locality by drawing on theories of transnationalism and translocality	Qualitative research (interviews)	China	Canada

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Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Wilding et al. (2020)</b> Journal article	Older people aged 50+ years: Karen (20), Sinhalese (25) and Somalian (6) (n = 51)	To explore the specific role of the emotions that are circulated through digital media interactions and practices among older migrants in Australia	Qualitative research (interviews)	Burma, Sri Lanka, Somalia	Australia
<b>Baldassar and Wilding (2020)</b> Journal article	Older migrants and non-migrants in Australia (n = 150)	To explore the role of communication technologies in maintaining support networks and identities across distance	Qualitative research (interviews and observation)	China, India, Italy, Myanmar, Poland, Somalia, Sri Lanka, United Kingdom, Vietnam	Australia
<b>Ho and Chiu (2020)</b> Journal article	Grandparent migrants (n = 72)	To investigate how ICTs mediate ageing in localised and transnational contexts	Qualitative research (interviews, GPS (Global Positioning System) tracking, mental mapping interviews)	China	Singapore, Australia
<b>Chiu and Ho (2020)</b> Journal article	Chinese grandparent migrants (n = 31)	To examine the grandparenting migrants' contributions to social reproduction through transnational care circulation and how their migratory experience changes their perspectives on the intergenerational familial contract	Qualitative research (interviews and participant observation)	China	Singapore
<b>Hărăguș and Ionuț (2020)</b> Journal article	Older people aged 60+ with at least one child abroad (n = 1,056)	To investigate how grandchild care is provided in a transnational context	Quantitative research (questionnaires)	Romania	Multiple receiving countries

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Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Lin et al. (2020)</b> Journal article	Older Chinese immigrants (n = 62)	To examine their relationships with children using multiple dimensions drawn from the solidarity–conflict model and the ambivalence perspective	Quantitative research (questionnaires)	China	Australia
Wyss and Nedelcu (2020) Journal article	Adult migrants (34) and grandparents (22) (n = 56)	To examine commonalities and differences of childcare organisation involving grandparental support in European and non-European transnational families	Qualitative research (interviews)	Germany, France, Italy, Romania, Algeria, Morocco, Brazil	Switzerland
<b>Guo et al. (2022)</b> Journal article	Chinese migrants (n = 545)	To examine the sources of intergenerational conflict in five domains: norms–values, relationship itself, money, health and parenting	Quantitative research (questionnaires)	China	USA
<b>Hamilton, Kintominas et al. (2021)</b> Journal article	Selected policy and media documents during the period of policy debate 2013–2019	To examine how debates concerning migrant nannies and migrant grannies are framed and explore the implications for distribution of reproductive labour	Qualitative research (critical discourse analysis)	N/A	Australia
<b>Hamilton, Hill et al. (2021)</b> Journal article	Migrant grandparents (n = 12)	To examine how idealised norms of care interact with Australian migration and work–care regimes in complex and contradictory ways to produce configurations of care in migrant families	Qualitative research (focus group discussion and interviews)	China, Vietnam, Nepal	Australia
<b>Ran and Liu (2021)</b> Journal article	Multi-generational Chinese family members in New Zealand (n = 45)	To explore how immigrant families adapt to the NZ immigration regime, which does not easily accommodate their cultural preference to live as multi-generational families	Qualitative research (interviews)	China	New Zealand

(Continued)



Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Tezcan (2021)</b> Journal article	First-generation Turkish circular migrants (18 men and 22 women) (n = 40)	To explore first-generation Turkish circular migrants' grandparenting and care-giving experiences with the grandchildren residing in Germany by implementing 'cultural and instrumental transfers'	Qualitative research (interviews)	Turkey	Germany
<b>Akinjinmi (2021)</b> PhD dissertation	Nigerian immigrant grandmothers (n = 10)	To explore the transition experiences of Nigerian immigrant grandmothers who migrated to the United States purposely to provide care for their grandchildren	Qualitative research (interviews)	Nigeria	USA
<b>Marchetti-Mercer et al. (2021)</b> Journal article	Older migrants (n = 22)	To explore the importance and meaning of physical co-presence by examining the role of visits in delivering mutual 'visibility' – the ability to see and be seen – when family members meet in person	Qualitative research (interviews)	Australia, Canada, New Zealand, USA, UK	South Africa
<b>Pan et al. (2021)</b> Journal article	Chinese migrants (11 males and 17 females) in the Netherlands (n = 28)	To explore older Chinese migrants' activity participation experiences from the perspective of Confucianism, the cornerstone of Chinese culture	Qualitative research (interviews)	China	Netherlands
<b>Baldassar et al. (2022)</b> Journal article	Chinese migrants (11 females and 5 males) (n = 16)	To contrast the digital kinning and digital homing practices of PRC Chinese transnational grandparents in Australia from two migration cohorts: an older cohort and a younger cohort	Qualitative research (interviews)	China	Australia

(Continued)

Table 4. (Continued.)

Author(s) (year) Type of publication	Study population Sample size	Research objectives	Research methods	Sending places	Receiving places
<b>Wilding et al. (2022)</b> Journal article	Sinhalese and Karen older adults (n = 44)	To examine how their practices of 'digital homing' help them to man- age the challenges of ageing well in a foreign land	Qualitative research (interviews)	Sri Lanka, Burma	Australia
<b>Xiong and Han (2022)</b> Journal article	Chinese adult migrant children (n = 135)	To examine the determinants of later- life transnational migration for Chinese parents to live with their adult children who have already migrated to Australia	Quantitative research (questionnaires)	China	Australia



**Figure 2.** Distribution of receiving places in included citations.

policies ( $n = 13$ ). Only five empirical studies used quantitative methods (questionnaires), while three used mixed methods (both questionnaires and interviews).

### *Geographical contexts*

The receiving countries featured in the relevant papers differ significantly from the sending countries (see [Figures 2](#) and [3](#)). Almost all papers addressed grandparenting migration to Europe (10 countries, total  $n = 21$ ), North America (2 countries, total  $n = 29$ ) or Oceania (2 countries, total  $n = 18$ ). The three receiving countries most frequently featured in the selected papers are the US ( $n = 16$ ), Australia ( $n = 16$ ) and Canada (13). Singapore ( $n = 3$ ) and Korea ( $n = 1$ ) were the only two Asian countries that were included as destination contexts, while South Africa ( $n = 1$ ) was the only country in Africa.

In contrast, grandparent migrants from a wide range of sending countries were considered in these studies, located on all continents. The greatest number of sending countries featured are in Asia (15 countries, total  $n = 35$ ). China is the sending nation most frequently featured in the relevant literature ( $n = 21$ ). It is important to note that there is a concentration of migration scholarship in the destination countries featured and this may partly be explained by our exclusion of sources in languages other than English from this review. Due to a lack of studies, we have no way of knowing if the receiving countries featured in the studies included in this review in fact attract more grandparent migrants than other countries.

### *Typologies of transnational migrant grandparents*

Studies included in this review have developed various labels and categories to explain the phenomenon of transnational migrant grandparents with reference to: (i) migration trajectories and migrant generation; (ii) grandparenting and care-giving roles; and (iii) migration status.



**Figure 3.** Distribution of sending places in included citations.

Nine sources describe transnational grandparents with reference to their *migration trajectories and migrant generations*. Terms developed to describe these include ‘international flying grannies’, ‘frequent flyer grannies’ whereby children and grandchildren reside in more than one country (Plaza 2000), ‘migrant grannies’ (Hamilton, Kintomina et al. 2021), ‘seniors on the move’ (Treas and Mazumdar 2004), ‘first generation circular migrant grandparents’ (Tezcan 2021) and ‘floating grandmothers’ (Bojarczuk and Muhlau 2018). Moreover, King et al. (2014), Wyss and Nedelcu (2020) and Wyss and Nedelcu (2018) use the term ‘zero generation’ to define transnational grandparents who visit first-generation migrant children and second-generation grandchildren to co-reside with them for varying amounts of time, highlighting the extent of the migration histories over time as well as the intergenerational dimensions of transnational households.

Eight sources categorise and/or describe transnational grandparents with reference to their grandparenting and care-giving roles. Wyss and Nedelcu (2018: 180) classified four overlapping types of transnational grandparents who engaged in: (i) mothering the mother and celebrating the birth of a child (family support in childbirth); (ii) urgent support for a childcare gap (temporary childcare); (iii) mother’s substitutes at home (full and permanent childcare and family support); and (iv) enjoying and being together (intergenerational care and support). Other sources similarly offer typologies of older migrants defined by the care they provide, such as ‘visiting older parents offering grandchild care’, ‘visiting older parent not offering grandchild care’ or ‘non-visiting older parents’ (Hărăguș and Ionuț 2020), ‘childcare providers’ and ‘socialization agents’ for grandchildren (King et al. 2014), ‘transmitters’ of home cultural and family values to the younger generation (Da 2003; Treas and Mazumdar 2004) and ‘babysitters’ (Marchetti-Mercer et al. 2021). Chiu and Ho (2020) describe grandparents as a ‘reserve army’ that supplies unpaid reproductive labour to facilitate their adult migrant children’s economic productivity. Finally, Lamas-Abraira (2019) conceptualises transnational grandparents and great-grandparents as both

**Table 5.** Number of included studies contributing to each theme reported in the findings

Theme	Sub-theme	No. of studies
Typologies of transnational migrant grandparents	Migration trajectories & migration generation	9
	Grandparenting & care-giving roles	8
	Migration status	4
Family roles & contributions of migrant grandparents	Child carers	34
	Housekeepers	28
	Financial contributors	11
	Facilitators of female workforce participation	18
	Emotional supporters	7
	Kin-keepers	17
	Gatekeepers of morality & homeland culture	11
Digital communication technologies supporting migrant grandparents' transnational lives		6
Benefits gained by migrant grandparents		24
Challenges faced by migrant grandparents & strategies employed in response	Language barriers	19
	Intergenerational conflicts	14
	Financial constraints	5
	Diminished autonomy & social position	20
	Care burden	23
	Policy constraints on mobility & access to social welfare	28

'carers' and 'care recipients' who are engaged in care exchanges with their migrant descendants.

A further approach to categorising transnational grandparents identified in four of the included sources was with reference to *migration status* in relation to receiving countries' migration policies and visa regimes. Zhou (2019) classified migrant grandparents in Canada into three typologies: (i) Canadian visitor visa holders; (ii) Canadian permanent residents; and (iii) naturalised Canadian citizens. A more nuanced approach from Treas (2008b) suggests that three types of older migrant adult in the United States (temporary visitors, permanent US residents and naturalised US citizens) may, in fact, be better understood as 'permanent visitors', 'permanent residents who are not permanent' and 'US citizens who naturalised to maintain ties to another country'. This indicates that the lived experiences and legal statuses of migrant grandparents do not necessarily align. In another study of immigrant families in the USA,

Treas (2008a) termed older, foreign-born adults ‘older newcomers’ who either stay permanently or visit their migrant families from their residence elsewhere. Another emerging category of transnational grandparent migration is ‘left-behind’ older parents *in the country of destination*, which refers to the older people who followed their migrant children under family reunification programmes but then are ‘left behind’ in the host country when their descendants remigrate to a third country (Ran and Liu 2021).

### *Family roles and contributions of migrant grandparents*

The literature includes extensive consideration of the family roles and contributions of transnational migrant grandparents. Seven distinct family roles were identified in our analysis: child carer, housekeeper, financial contributor, facilitator of female workforce participation, emotional supporter, kin-keeper and gatekeeper of morality and home culture.

#### *Child carers*

Transnational migrant grandparents’ role as providers of care to grandchildren has been extensively covered; 34 sources address this topic. Apart from caring for grandchildren, other forms of care featured were care at exceptional times, including around the time of a new birth (De Silva 2018; Lie 2010; Marchetti-Mercer et al. 2021; Subramaniam 2019; Torres and Cao 2018; Williams 2015; Wyss and Nedelcu 2018; Zhou 2012, 2013), during adult children’s divorces and to support single mothers (Subramaniam 2019; Treas 2008b), for school holidays (Williams 2015; Wyss and Nedelcu 2018), during illness episodes (Plaza 2000; Treas 2008a, 2008b; Zhou 2013) and to support study (e.g. thesis writing) (Zhou 2013, 2019). Many grandparents (especially grandmothers) routinely provide short- or long-term care for their grandchildren during infancy or pre-kindergarten stages (Akinjinmi 2021; Askola 2016a; Bojarczuk and Muhlau 2018; Chiu and Ho 2020; De Silva 2018; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021; Hărăguș and Ionuț 2020; Kim 2012; Lin et al. 2020; Marchetti-Mercer et al. 2021; Sohn 2007; Teng 2019; Treas 2008a; Treas and Mazumdar 2002, 2004; Williams 2015; Wyss and Nedelcu 2018; Zhou 2012, 2013, 2015).

Transnational grandparents become critical sources of hands-on practical childcare, especially when working-age descendants face a ‘care deficit’ in developed countries of destination where state care increasingly fails to meet the care needs of families, including for children (Hamilton, Kintominas et al. 2021), and expensive childcare costs are prohibitive (Askola 2016a; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Spitzer 2018; Torres and Cao 2018; Zhou 2012). Some transnational grandparents consider intergenerational childcare to be a cultural norm, obliging them to help adult children (Akinjinmi 2021; Da 2003; Plaza 2000; Shih 2012; Subramaniam 2019; Tezcan 2021; Treas and Mazumdar 2004; Wyss and Nedelcu 2018; Zhou 2012). In many studies, childcare is reported to be understood as a moral duty that grandparents should fulfil to support their adult children’s migration, settlement or overseas studies (Craig et al. 2019; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021; Hărăguș and Ionuț 2020; Tezcan 2021).

### *Housekeepers*

Transnational migrant grandparents' roles as housekeepers are also highlighted; 28 sources detail domestic chores, such as cooking, cleaning, laundry, gardening, home furniture and auto repairs, and shopping, that are performed by grandparents to enable their adult children and grandchildren to devote more time to study and paid work (Bojarczuk and Muhlau 2018; Chiu and Ho 2020; Hamilton et al. 2018; Horn 2019; Lamas-Abraira 2019; Marchetti-Mercer et al. 2021; Ran and Liu 2021; Shankar 2003; Shih 2012; Sohn 2007; Torres and Cao 2018; Treas 2008a, 2008b; Zhou 2015, 2019). As with unpaid childcare, providing domestic support is understood as older parents' obligations to support the settlement and social mobility of their migrant adult children in the host society (Ran and Liu 2021; Zhou 2019).

A significant finding is that 19 studies highlight gendered disparities in migrant grandparenting where grandmothers (as opposed to grandfathers) take a primary role in care-giving and unpaid domestic labour (Askola 2016a; Braedley et al. 2019; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021; Hărăguș and Ionuț 2020; Lamas-Abraira 2019; Nesteruk and Marks 2009; Shankar 2003; Shih 2012; Sohn 2007; Subramaniam 2019; Sun 2014; Tian 2016; Timonen 2019; Treas and Mazumdar 2002). While some research shows that grandfathers also engage in transnational care-giving, sharing the role with wives or becoming the main carers after their wives pass away (Hamilton, Hill et al. 2021; Sohn 2007; Subramaniam 2019; Sun 2014; Timonen 2019; Wyss and Nedelcu 2018), gendered roles are manifested through different kinds of care and domestic work performed by grandparenting couples. Grandmothers are principally engaged in cooking, cleaning and physical care tasks, while grandfathers more typically perform talk-based or play-based social care for grandchildren, as well as transporting them to school or taking them out for recreational, sporting and social activities (Bojarczuk and Muhlau 2018; Craig et al. 2019; Subramaniam 2019; Tian 2016; Zhou 2015). Gendered expectations around caring and domestic roles are therefore perpetuated in transnational family contexts, even where grandparents move from more patriarchal systems in their home countries to countries with greater gender equality (Sun 2014). This can create disproportionate care burdens for migrant grandmothers, who may prioritise care obligations as this aligns with their social and cultural beliefs.

### *Financial contributors*

Eleven papers consider how transnational families benefit financially from migrant grandparents performing both paid and unpaid work. Migrant grandparents increase the household incomes of their extended families, significantly relieving financial constraints for their adult children during their migration and settlement processes (Plaza 2000; Shih 2012; Sohn 2007; Subramaniam 2019). Grandparents may take on casual jobs to earn extra income and engage in income-generating activities to reduce family expenses, such as growing vegetables, recycling aluminium cans, upcycling furniture, shopping at thrift stores and shopping for second-hand school uniforms (Horn 2017; Treas 2008a, 2008b). Some grandparents buy their own air tickets and overseas health insurance, not wanting their visits to burden their adult children, or may contribute financially towards large purchases like a house or car (Zhou 2013). Unpaid labour in the form of childcare and housekeeping supports the workforce participation of

adult children, thereby generating more income for the household while also reducing expensive formal childcare fees (Ran and Liu 2021; Zhou 2019). These grandparents are acting as a 'social safety net' by providing direct financial support, doing unpaid work, contributing to savings and/or engaging in effective financial management to help their migrant adult children save family expenses (Plaza 2000; Tezcan 2021; Treas 2008b).

### *Facilitators of female workforce participation*

Relatedly, 18 sources consider how grandparents, in particular grandmothers, provision of domestic work and childcare supports migrant women to engage in paid work, thereby narrowing gender disparities and affecting gendered power dynamics within households. Grandparents' contributions are crucial in facilitating their children's, especially women's, career success (Da 2003; Horn 2019; Plaza 2000; Ran and Liu 2021; Sohn 2007; Subramaniam 2019; Treas and Mazumdar 2004; Wyss and Nedelcu 2018). Female migrants often bear a greater domestic load under gendered cultures of care (Askola 2016a, 2016b; Spitzer 2018; Zhou 2013, 2015); however, migrant grandparents' supports allow daughters and daughters-in-law to focus on their studies and professional and career development (Da 2003; Horn 2019; Nesteruk and Marks 2009; Zhou 2013, 2015). As a result, migrant women can pursue higher education and secure higher-income jobs, which increases their negotiating power with husbands and male relatives (Hărăguș and Ionuț 2020; Shankar 2003; Treas 2008a; Wyss and Nedelcu 2020; Zhou 2013, 2015).

### *Emotional supporters*

Seven sources report that grandparents contribute emotional support, which plays an important part in supporting the advancement and successful settlement of their migrant descendants (Baldassar and Wilding 2020; Horn 2017; Wyss and Nedelcu 2018; Zhou 2012). Plaza (2000) regarded grandparents as an emotional 'anchor' for their transnational families when facing new challenges overseas. Marchetti-Mercer et al. (2021) regarded grandparents' visits as an 'emotional refuelling' period when family members could meet and care for each other. In particular, Treas (2008a: 42) highlighted the emotional support of grandparents for 'despondent college students who call home'.

### *Kin-keepers*

Seventeen sources describe the role of transnational grandparents as kin-keepers, sustaining relationships across distance and promoting intergenerational solidarity. Grandparents perform bilateral kin-keeping, connecting migrant descendants to distant kin networks (Baldassar et al. 2022; Treas 2008a). This entails sharing news and photos, travelling to provide care in both contexts, and encouraging endogamous marriages and return migration (Plaza 2000; Tezcan 2021; Treas and Mazumdar 2004; Williams 2015). Apart from promoting kin-keeping back in the homeland, migrant grandparents also maintain intergenerational solidarity within migrant families, building strong relationships with grandchildren, children and affines with whom they may share caring roles (Hărăguș and Ionuț 2020; Kintominas and Hamilton 2019; Marchetti-Mercer et al. 2021; Nedelcu 2017; Shankar 2003; Shih 2012; Solari 2017;



Subramaniam 2019; Williams 2015; Wyss and Nedelcu 2018; Zhang 2009; Zhou 2013). Grandparents may also act as moderators or arbitrators of intra-familial disputes, for example between adult migrant couples (Tezcan 2021).

### *Gatekeepers of morality and homeland culture*

During their time spent living with their grandchildren, migrant grandparents become home educators of language, home culture and religious values and practices, food preparation, family traditions and the etiquette of the home country (Plaza 2000; Shankar 2003; Subramaniam 2019; Tezcan 2021; Torres and Cao 2018; Zhang 2009). Eleven sources detail the importance of this cultural gatekeeper role in migrant families, which includes not only acting as an intergenerational bridge to homeland heritage (Akinjinmi 2021; Subramaniam 2019; Treas 2008a) but also providing moral guidance, supporting grandchildren to make good choices in life (Plaza 2000; Shih 2012; Tian 2016).

### *Digital communication technologies supporting migrant grandparents' transnational lives*

Information and communication technologies (ICTs) and new media are an emerging theme identified through the findings of this scoping review. Six sources explored how migrant grandparents use digital technologies (Baldassar et al. 2022; Baldassar and Wilding 2020; Ho and Chiu 2020; Nedelcu 2017; Tezcan 2021; Wilding et al. 2022).

The review indicates that migrant grandparents use ICTs to develop a sense of belonging and reduce feelings of separation and absence from distant kin and non-kin (Nedelcu 2017), supporting their adaptation to new life in the host country and their care at a distance (Ho and Chiu 2020). 'Digital homing' sustains cultural, ethnic and national identities in the host setting through online practices, consuming homeland media, joining digital and real-world activities with co-ethnic communities and providing or receiving community support through social media (Baldassar et al. 2022; Wilding et al. 2022). 'Digital kinning' similarly supports the maintenance of family ties, including developing new network supports established through online practices of care, and highlights the often-critical role of distant support networks (Baldassar and Wilding 2020). Baldassar and Wilding (2020) further explore how digital engagement may help transnational grandparents cope with loneliness, isolation and depression, as well as access informal care through distant and proximate social support networks, maintaining cultural and social identities that can be endangered through processes of ageing and migration. Despite limited research on the topic, ICTs are clearly important to migrant grandparents' transnational lives.

### *Benefits gained by migrant grandparents*

Aside from supporting their descendants, travelling to join transnational families also benefits grandparents, as indicated in 24 studies. By engaging in transnational migration, grandparents can reunite physically with migrant descendants, including their young grandchildren (Marchetti-Mercer et al. 2021; Zhou 2013). They can receive physical proximate care (Chiu and Ho 2020; De Silva 2018; Lin et al. 2020; Pan et al. 2021; Ran and Liu 2021; Subramaniam 2019; Treas 2008a) as well as financial

support and security (De Silva 2018; Shankar 2003; Zhou 2012), and gain contentment through the fulfilment of cultural norms such as cohabitation with children and filial care (Kim 2012; Lin et al. 2020; Pan et al. 2021; Ran and Liu 2021; Subramaniam 2019).

When receiving these forms of care, grandparents may experience great joy, spiritual satisfaction and emotional support from being close to grandchildren and providing intergenerational care (Chiu and Ho 2020; Ho and Chiu 2020; Kim 2012; Lamas-Abraira 2019; Shankar 2003; Shih 2012; Sohn 2007; Wyss and Nedelcu 2018; Zhou 2012). Seeing the younger generation grow up and succeed in a foreign land helps improve mental health and wellbeing in old age (Bojarczuk and Muhlau 2018; Horn 2017; Kim 2012; Nedelcu 2017; Shih 2012; Zhou 2012, 2013, 2019), as does building relationships with and receiving loving affection from grandchildren (Horn 2017; Shankar 2003; Subramaniam 2019).

Grandparents also benefit from care-giving in other, more pragmatic ways. Grandparents may learn the language, driving skills and cultural practices of the receiving country from their grandchildren, allowing them to adapt to life in a foreign land more quickly (Shankar 2003; Shih 2012; Subramaniam 2019; Zhou 2012). They may also gain more negotiating power with their migrant descendants as their care-giving roles facilitate their transition from a relatively dependent, powerless position to one in which they gain respect and companionship (Shankar 2003). Grandparents grow confident in transferring wisdom and experience to the next generation to bring about positive outcomes for their transnational families (Wyss and Nedelcu 2018).

Finally, transnational mobility also provides grandparents with new life experiences and opportunities, in particular enjoying holidays and leisure time overseas (De Silva 2018; Ho and Chiu 2020; Wyss and Nedelcu 2018) and learning new skills, including digital skills, from their family members (Nedelcu 2017). Through these migration trajectories, grandparents may enjoy better living arrangements with fresh air, better weather, safer and more abundant food, cleaner environments and access to good health-care systems and social safety net benefits (Subramaniam 2019; Teng 2019). In some cases, they may become more financially independent (Zhou 2012) and better able to plan strategically for older age, including by reducing their caring roles to invest more time in their own needs (Shankar 2003) or considering paid services, such as home care, residential facilities or hiring domestic help (Ho and Chiu 2020; Kim 2012).

### *Challenges faced by migrant grandparents and strategies employed in response*

Despite the benefits highlighted earlier, many sources emphasise the challenges experienced by migrant grandparents as well as the strategies that they and their families employ to overcome them. These challenges are grouped under six broad themes, namely language barriers, intergenerational conflicts, financial constraints, diminished autonomy and social position, care burden, and policy constraints on grandparents' mobility and access to social welfare.

#### *Language barriers*

The most commonly identified challenge, included in 19 sources, is the barrier to communication posed by migrating to a new country where grandparents do not speak the dominant language (Hamilton, Hill et al. 2021; Ho and Chiu 2020; Lie 2010;

Shankar 2003; Shih 2012; Sohn 2007; Subramaniam 2019; Tezcan 2021; Treas 2008a). Language barriers result in a number of other challenges for migrant grandparents, including restricted movement (Shih 2012; Zhou 2012), poor employment opportunities (Hamilton, Kintominas et al. 2021; Shankar 2003; Sohn 2007), limited social engagement and interactions (Sohn 2007; Treas and Mazumdar 2002; Wilding et al. 2022; Zhou 2012), and poor access to social benefits and aged care (Hamilton, Hill et al. 2021), often resulting in diminished autonomy. Language barriers also lead to social isolation when grandparents depend on children and grandchildren for transport and day-to-day interactions (Kim 2012; Treas and Mazumdar 2002; Zhou 2012, 2013) and when younger generations speak the host language rather than the homeland language (Braedley et al. 2019). Moreover, language barriers cause difficulties in accessing health care and aged care services (Teng 2019).

To overcome language barriers, grandparents use a number of strategies to overcome them. These include seeking help from adult children and grandchildren to act as interlocutors when going shopping, attending medical appointments, or going on outings and socialising (Ran and Liu 2021; Shankar 2003); employing technological solutions, such as translation and interpreting apps on smartphones (Baldassar and Wilding 2020; Ho and Chiu 2020); or selecting service providers with bilingual nursing, medical or caring staff (Teng 2019). Barriers also motivate some grandparents to improve their language skills with the help of grandchildren by learning about local geography, news and events (Shankar 2003).

### *Intergenerational conflicts*

Fourteen sources detail intergenerational conflicts, especially the tensions between the older generation (grandparents) and the middle generation (adult migrant children) while living under the same roof (Kim 2012; Lin et al. 2020; Ran and Liu 2021; Shankar 2003; Tezcan 2021; Timonen 2019; Treas 2008b; Zhou 2012). These tensions involve differing approaches to parenting and grandparenting (Shih, 2012), shifting generational power balances, grandparents' (attempted) authoritarian interventions in their children's lives (Marchetti-Mercer et al. 2021; Ran and Liu 2021; Tezcan 2021) and differing norms relating to filial piety and care exchange in home and host cultures (De Silva 2018; Guo et al. 2022). Such intergenerational conflicts, especially those between grandparents and their children-in-law, may have harmful impacts on older migrants' mental and physical health. Migrant grandparents may also be exposed to mistreatment and abuse because of their vulnerable position within transnational families (Shankar 2003).

In response to intergenerational conflicts, some grandparents choose to respect their adult children's privacy and independence, which may suit the individualistic culture of the host country (Nesteruk and Marks 2009). Others reduce their intensive caring role when they begin to receive income from their employment or pension (Shankar 2003). Some older permanent residents attain more autonomy and relieve their children's stress by choosing to live apart from their adult children (for instance, in public housing) (Zhou 2013). Meanwhile, temporary visa holders, if they cannot address these conflicts, may feel forced to stop their care-giving work and return to their homeland (Zhou 2012).

*Financial constraints*

Although only five sources reported financial constraints faced by migrant grandparents, this challenge is worth highlighting because it is a significant source of vulnerability. Engaging in care exchanges in receiving countries is not always feasible when both grandparents and their adult migrant children experience financial hardship. Marchetti-Mercer et al. (2021) identified financial constraints as one of the factors affecting African grandparents' ability to visit their transnational families. Meanwhile, Zhou (2012) indicated that Chinese grandparents faced 'financial complications' as they were unable to employ paid carers or live in quality residential homes in Canada. Some grandparents continue to live independently in host countries; however, this may increase their risk of living in poverty as they may face long waiting periods for pensions or other government supports (Zhou 2013). Some grandparents continue to depend financially on their children, risking discomfort (Akinjinmi 2021; Treas 2008a) or even abuse (Shankar 2003).

To tackle these challenges, some grandparents choose to return to their homeland, particularly if this improves options for affordable aged care services (Zhou 2012). Others choose to migrate back and forth between their home and host countries until they are eligible for minimum income support programmes (Zhou 2013). In the absence of these options, some simply rely on their adult children's financial support (Zhou 2012).

*Diminished autonomy and social position*

The impacts of losing social position and autonomy were highlighted in 20 sources. Diminished social status compared to that established in the homeland, often linked to occupation, can result in profound identity shifts for migrant grandparents (Ran and Liu 2021; Shankar 2003; Subramaniam 2019; Treas 2008b). Diminished autonomy results from greater dependence on adult children for financial support, housing, and the social and practical dimensions of daily life, such as shopping and attending medical appointments and community and religious gatherings (King et al. 2014; Marchetti-Mercer et al. 2021; Shankar 2003; Subramaniam 2019; Wyss and Nedelcu 2018). These problems are exacerbated by migrant grandparents' loss and lack of social and familial networks because of their relocation, which restricts their access to informal sources of care and support (Kim 2012; Zhou 2012, 2013). In particular, grandparents may feel that they lose their authority and position in their children's homes (Zhou 2012), where they are 'not a master' (because they cannot make decisions), 'not a guest' (because they perform domestic work) and 'not a servant' (because they are unpaid) (Zhou 2013: 291). Language barriers, different cultural norms and mobility constraints prevent grandparents' participation in host society events, activities and services (Hamilton et al. 2018; Kintomina and Hamilton 2019; Pan et al. 2021; Teng 2019). As a result, migrant grandparents often have a weak sense of belonging in the receiving country (Ran and Liu 2021; Treas 2008a; Zhou 2012).

Subramaniam (2019) found that those migrant grandparents who adapt to their new positions as carers in the host country tend to cope better with losing autonomy and social position. Some grandparents choose to restrict their visits to short periods as a way to preserve their identity while still respecting their adult children's ways of living

(Treas 2008a). However, many grandparents choose to spend most of their time caring for grandchildren and helping adult children with domestic chores (Da 2003; Shih 2012; Treas and Mazumdar 2004; Wyss and Nedelcu 2018) to reduce their feelings of isolation, loneliness or neglect. Only some grandparents join social groups maintained by local churches or co-ethnic organisations (Ho and Chiu 2020; Sohn 2007). In some cases, grandparents adapt their preferences to the needs of their adult children (Treas 2008a).

### *Care burden*

Providing unpaid work in terms of childcare and housekeeping, often replacing adult children as the primary carers (Subramaniam 2019), can place a heavy care burden on migrant grandparents, particularly grandmothers, a challenge identified in 23 sources (Chiu and Ho 2020; Hamilton, Kintominas et al. 2021; Ho and Chiu 2020; Lie 2010; Tian 2016; Treas 2008a, 2008b; Treas and Mazumdar 2002; Zhou 2012, 2013, 2015). Taking on such care sometimes requires grandparents to give up paid work in their homeland to fulfil these family duties in the host country (Deneva 2012; Hamilton et al. 2018; Hamilton, Kintominas et al. 2021; Shankar 2003). Several studies report that grandparents view this care burden as a moral duty, a family obligation and a parental sacrifice that they must fulfil to meet their cultural expectations (Chiu and Ho 2020; Da 2003; Hărăguş and Ionuţ 2020; Ran and Liu 2021; Zhou 2012). The way such 'cultural moral codes' regulate grandparent care-giving responsibility (Sohn 2007) may result in forms of oppression, particularly when they face physical or psychological impediments to meeting their adult children's demands (Braedley et al. 2019; Zhou 2013), and when their domestic duties become unreasonable to the point of being abusive (Chiu and Ho 2020; Treas 2008b; Zhou 2013).

Strategies to overcome this care burden are not thoroughly explored in the literature. Review findings indicate that most grandparents, particularly grandmothers, endure a high care burden even when their care work affects their physical and psychological health (Hărăguş and Ionuţ 2020; Lamas-Abraira 2019; Sun 2014; Treas and Mazumdar 2002). They highlight care-giving for migrant descendants as 'spiritual aspects, such as love, care and happiness, rather than practical and material aspects, such as co-residence, day-to-day care and financial support' (Zhou 2012: 238). Hence, care burden is a critical issue in transnational grandparent migration and care-giving scholarship that requires further research and reflects the broader gendered care disparities that characterise all forms of care-giving (Baldassar et al. 2022).

### *Policy constraints on mobility and access to social welfare*

The sixth category of challenges, highlighted in 28 sources, relates to the ways that migration and welfare policies affect the circumstances under which grandparents may travel to and remain in the host countries where their adult children and grandchildren reside.

Under receiving country migration policies that privilege younger, skilled immigrants (Askola 2016b; Hamilton, Hill et al. 2021; Hwang and Parrenas 2010; Spitzer 2018), grandparent migrants are often framed as a 'dangerous' welfare burden (Braedley et al. 2019; Dharssi 2015) and consequently face constrained international mobility in the form of rising visa fees and stricter conditions to join transnational

families (Braedley et al. 2019; Dharssi 2015; Gubernskaya and Dreby 2017; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Hieta 2016; Liu 2016; Treas 2008b; Xiong and Han 2022; Zhou 2012, 2013, 2019). Such policies put grandparents at risk of being 'left behind' and not being able to access intergenerational care when they can no longer travel back and forth (Hamilton, Hill et al. 2021; Ran and Liu 2021). They simultaneously fail to acknowledge grandparents' significant contributions to the host economy in the form of unpaid care work (Askola 2016a, 2016b; Hamilton, Kintominas et al. 2021).

Migration policies and related welfare policies also tend to increase migrant grandparents' financial and social dependency on their adult migrant children. Visa conditions often deny work rights to grandparent visitors (Braedley et al. 2019; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021). Having no source of income increases vulnerability as they are forced to rely on their migrant descendants for accommodation and financial support (Braedley et al. 2019; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021; Ho and Chiu 2020; Kintominas and Hamilton 2019; Lamas-Abraira 2019; Subramaniam 2019).

Access to public health, social and aged care services is likewise typically restricted for migrant grandparents who are not permanent residents or citizens of the receiving country (Braedley et al. 2019; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021; Ho and Chiu 2020; Kintominas and Hamilton 2019; Lamas-Abraira 2019; Subramaniam 2019; Teng 2019). Even when rights to access services have been acquired, language barriers and culturally inappropriate care provision can form barriers to accessing services, as can time limits on visiting visas (Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021). Migrating in old age entails risk and worry for the grandparents, who experience declining physical and psychological health. Not all grandparent migrants have private overseas health insurance (Ho and Chiu 2020; Zhou 2012). Even those who do may still encounter service exclusions such as dentistry, optometry and audiology, which may be prohibitively expensive to access in the host setting (Hamilton, Hill et al. 2021; Teng 2019; Zhou 2012).

Strategies used by grandparents to deal with stringent immigration policy barriers to accessing health services include exercising to maintain good health, bringing homeland medicines, flying back home to seek medical attention and/or delaying care until return becomes possible (Hamilton, Hill et al. 2021; Ho and Chiu 2020; Subramaniam 2019; Zhou 2012). To address financial insecurity arising from exclusion from welfare regimes, many provide unpaid labour to their adult children's households, including caring for grandchildren, as part of the intergenerational contract, hoping that they will receive reciprocated care and financial support in older age (Da 2003; Ran and Liu 2021; Sohn 2007; Treas 2008b). Barriers to migration enacted by restrictive visa conditions (Zhou 2013, 2015) in receiving countries are difficult to overcome, yet grandparents have few choices and must develop strategies to adapt to these regulations while maintaining transnational family lives (Askola 2016a, 2016b; Hamilton, Hill et al. 2021; Horn 2019; Spitzer 2018). These include flying back and forth when they cannot apply for or are waiting for a permanent visa (Ferrer 2015; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Treas 2008b; Zhou 2012, 2013, 2015) or paying high fees to secure the right to stay permanently with their adult children, which can further increase financial dependency in older age (Hamilton et al. 2018).



## Discussion

Findings from this review clearly demonstrate that transnational migrant grandparents play important roles within migrant families settled in receiving countries. Of particular significance is the financial contribution they make to adult children's households and host economies through unpaid labour that helps fill care deficits and facilitates workforce participation, particularly for daughters and daughters-in-law who would otherwise shoulder a greater domestic burden.

Review findings raise the emerging issue of temporary grandparent migration and how 'immobility regimes' (Merla et al. 2020) deter grandparents from joining their transnational families. Grandparents, because of their older age, are excluded from national and transnational migration policies, yet care economies in both sending and receiving countries rely heavily on older migrant and non-migrant women (Rajan and Neetha 2018; Zickgraf 2017). Within migrant families, providing personal care for descendants may be considered grandparents' ethics of care (Held 2006) governed by homeland cultural beliefs (Nguyen et al. 2023). However, care obligations can become burdensome for grandparents, especially when their physical health declines. They may consequently be unable to meet the care expectations of their adult children. Moreover, intergenerational differences can cause intra-family conflict, which can cause grandparents financial and emotional distress.

Review findings also indicate that gender is a critical dimension of grandparent migration, with care burdens disproportionately borne by migrant grandmothers who fulfil gendered care obligations that align with their homeland socio-cultural norms. However, this devotion of migrant grandmothers means that younger migrant women (their daughters and daughters-in-law) may be liberated from family roles to fully participate in the labour market or pursue higher education. These findings reflect the politics of informal care economies and informal care chains (Nguyen et al. 2023), whereby women (whether young or old) continue performing primary caring roles in transnational families. The emancipation of migrant women is not based on the practices of gender equality in the division of household labour (Nordenmark and Nyman 2020), but rather on intensified gendered roles in the grandparent generation.

Apart from their significant contributions, grandparents in transnational families may also benefit from migrating to join their descendants overseas. Benefits include the positive feelings of pride and fulfilment experienced by grandparents when they are able to fulfil their cultural care obligations relating to intergenerational family roles through the exchange of practical and emotional care in physical proximity with their descendants. Grandparents also gain new experiences through their migrations and may grow in confidence, securing a respected family position as carers and cultural transmitters and, for some, improved financial security and access to quality health care. These cases illustrate how immigration policies may support care exchange by facilitating grandparents' transnational mobility when migrant descendants wish to settle and work overseas and, as a result, have limited capacity to return to their home countries.

However, this review indicates that migrant grandparents also face serious challenges, including language barriers, cultural differences, heavy care burdens and obligations to perform unpaid domestic labour, diminished social support networks, isolation and loneliness, and loss of autonomy and power. They are potentially at risk

of neglect or abuse by their own family members as they may fall outside and between the social protection systems of both their home and host countries, increasing their reliance on adult children for financial support and care (Brandhorst et al. 2021). To cope with these challenges, migrant grandparents employ various strategies, including joining local co-ethnic social groups, flying back and forth to exchange care, managing visa limitations and maintaining their homeland support networks or changing cultural expectations towards their adult children. New media and ICTs play an important role in supporting these strategies. Migrant grandparents increasingly rely on digital technologies to maintain their distant kin and non-kin ties and preserve cultural and social identities (Baldassar et al. 2022; Baldassar and Wilding 2020; Nguyen et al. 2022).

The findings of the scoping review prompt inquiry into the dynamics of global informal care chains (Nguyen et al. 2023), where grandparents (mainly from the Global South) are on the move to provide unpaid care for their transnational families who are studying, working and living in the Global North. This necessitates an exploration and conceptualisation within a theoretical framework that encompasses macro-level national and transnational immigration policies, micro-level individual lived experiences and family care-giving practices, and meso-level community dynamics.

### *Directions for future research*

This review identified some gaps that merit future research. These are grouped into five broad categories.

*First*, future research should examine the complex, varied, interdependent and multifaceted roles of multiple generations in transnational families. While more studies focused on examining the perceptions of migrant grandparents (e.g. Deneva 2012; Hărăguș and Ionuț 2020; Sohn 2007; Tezcan 2021; Treas and Mazumdar 2002) or of adult migrant children (e.g. Da 2003; Lie 2010; Williams 2015; Wyss and Nedelcu 2018, 2020), only two studies explored multi-generational perspectives towards transnational grandparenting and care-giving, comparing the views of grandchildren, adult children and grandparents (Ferrer 2015; Plaza 2000). More empirical studies should be carried out to understand the interdependence and multi-generational dimensions of transnationalism (Hărăguș and Ionuț 2020; Liu 2016) and variations in levels of responsibility in providing childcare (Sohn 2007).

*Second*, future comparative research could consider more explicitly how transnational grandparenting practices and experiences vary according to gender, class, nationality, religion, sending and receiving areas, and migration history, including migration due to conflict. Although several studies consider mixed cohorts of transnational migrant grandparents differentiated by immigration status (temporary visa holders/visitors, permanent visa holders and citizens) (Ferrer 2015; Hamilton, Hill et al. 2021; King et al. 2014; Kintominas and Hamilton 2019; Pan et al. 2021; Plaza 2000; Sohn 2007; Treas 2008b; Wyss and Nedelcu 2018; Zhou 2019), they typically focus on grandparent migrants of one nationality or ethnicity in one or several receiving contexts without adequately exploring differences in migration history, socio-economic and regional backgrounds, gendered roles and mobility constraints *within* each of these cohorts. Relatedly, although grandfathers' involvement in care-giving and



grandparenting in transnational families has been occasionally investigated (Baldassar et al. 2022; Pan et al. 2021; Teng 2019; Treas 2008a; Zhou 2015), they are under-represented in the literature. Further research with grandfathers should be conducted to explore gendered dimensions of transnational grandparenting (Hamilton, Hill et al. 2021; Shankar 2003).

*Third*, recognising the increasingly important role of ICTs and new media in supporting migrant grandparents' adaptation to their transnational lives (Baldassar et al. 2022; Baldassar and Wilding 2020; Ho and Chiu 2020; Nedelcu 2017; Tezcan 2021; Wilding et al. 2022), more research should explore different practices and relationships between digital communication technologies and transnational ageing (Ho and Chiu 2020).

*Fourth*, more work is needed to understand the impacts of the policy regimes under which migrant grandparents perform transnational care-giving and other family roles. Although studies have investigated how migration regimes constrain the finances (Marchetti-Mercer et al. 2021; Treas 2008a; Zhou 2012, 2013) and mobility of transnational grandparents (Braedley et al. 2019; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Hieta 2016; Liu 2016; Treas 2008b; Zhou 2012, 2013, 2019), further research could explore the consequences of immigration policies for the social, psychological and economic wellbeing of grandparents and their transnational family members (Kintominas and Hamilton 2019).

Relatedly, although some research partly addresses migrant grandparents' limited access to social welfare and health care in receiving contexts (Braedley et al. 2019; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021; Ho and Chiu 2020; Kintominas and Hamilton 2019; Lamas-Abraira 2019; Subramaniam 2019; Teng 2019), no included studies focused on this topic. There is some literature that deals with migrant problems accessing welfare and social security (see Kosnick et al. 2021; Seminario and Le Feuvre 2021); however, these studies mainly address the individual responses of migrants and families themselves, and the ways they develop strategies to cope with their ageing and improve their own wellbeing. Targeted research would help expose specific constraints for immigrant grandparents and support appropriate policy responses at the level of community support as well as for national state service delivery and transnational welfare support, for example reciprocal (binational) health programmes. Migrant families are also affected by constrained access to affordable early childhood education in receiving countries, resulting in greater reliance on unpaid grandparenting childcare (Hamilton, Kintominas et al. 2021). Research should address how care service provision for both the very young and the very old can affect transnational family dynamics and grandparent migration.

And lastly, *fifth*, most studies of transnational grandparent migration have employed qualitative research methods, including semi-structured interviews, participant observation and focus groups (Da 2003; Hamilton, Hill et al. 2021; Shih 2012; Sohn 2007; Zhang 2009). Further research could consider employing more quantitative and mixed methods to provide an enhanced picture of the complexities of transnational grandparenting and care-giving (Shih 2012; Zhang 2009). In particular, research that measures or quantifies the economic value of grandparent migrant care labour and other contributions is needed to challenge the dominant argument that they represent an economic threat to receiving countries (Parkinson et al. 2023). Not only does this argument fail to

adequately acknowledge the significant contributions that grandparent migrants make but it also undervalues their role in the social reproduction of the skilled migrant, a cost that is borne entirely by the sending area. As Hugo's (2007, 2009) migration of development thesis highlights, if receiving countries benefit from adult migrant labour, they should bear the responsibility of supporting those labourers' care obligations to their parents. This kind of analysis would support policy advocacy to enhance migrant grandparents' easier visitation and settlement in host countries (Kilkey and Baldassar 2023).

### Strengths and limitations of the scoping review

This scoping review was conducted using rigorous and transparent methods guided by Arksey and O'Malley's (2005) methodology. A key strength is that this is the first scoping review conducted on this topic, and so it provides a comprehensive overview of migrant grandparents' experiences and challenges, featuring their significant contribution to the global care economy. Highlighting the existing key themes allowed us to identify gaps for future research trajectories. The review also has certain limitations. While it includes a large body of empirical studies and grey literature (65 studies), titles and abstracts were screened separately, which risks missing relevant studies. In addition, studies published in a language other than English were not included.

### Conclusion

This systematic scoping review presents an overview of current literature relating to transnational migrant grandparenting and care-giving. Grandparents, despite their older age, continue performing a range of roles in transnational families, especially care-giving for younger generations. They also contribute financially, facilitate women's workforce participation, provide emotional support and maintain homeland cultures. By engaging in transnational migration, grandparents also benefit from this mobility. Migrant grandparents can maintain close relationships with their young grandchildren, which brings satisfaction and pleasure in seeing younger generations grow. They also enjoy intergenerational relationships and receive financial and emotional support from their adult children. Meanwhile migrant children and grandchildren benefit from hands-on personal care from older migrants, giving their adult children more time to study and pursue career advancement.

However, compared to younger migrant cohorts, older people are more disadvantaged in different ways. Older migrants continue to be marginalised by immigration policies in which stringent conditions, such as high fees, long waiting times, family income tests and family balance tests, create an 'immobility regime' that constrains older people's transnational mobility (Merla et al. 2020). Older migrants also face other challenges such as language barriers, intergenerational conflict, social isolation, care deficits and burden, and financial constraints. In response, older migrants apply different strategies that may include keeping silent or not interfering with their migrant children's affairs, adapting to different cultural and social practices, using ICTs and new media to maintain transnational and local social support networks, and learning new knowledge and skills.

Current knowledge of transnational grandparent migration indicates several policy and practical recommendations. Research clearly illustrates the significant role that transnational migrant grandparents play in filling care deficits in the country of destination. These social and economic contributions should be recognised in national welfare and migration policies. This could include policies supporting grandparents' easy and affordable mobility to join family overseas (Askola 2016b; Hamilton et al. 2018; Hamilton, Hill et al. 2021; Hamilton, Kintominas et al. 2021; Kintominas and Hamilton 2019; Lie 2010; Shih 2012; Sohn 2007; Subramaniam 2019; Tian 2016; Treas 2008b; Zhou 2019), coupled with welfare policies that reward the unpaid domestic labour of grandparents through allowances or subsidies to support their financial independence (Shankar 2003). Receiving country governments should further develop culturally appropriate social services and language-teaching programmes to help older migrants adapt to the new society and overcome the significant challenges they may face (Guo et al. 2022; Shankar 2003; Subramaniam 2019). The potential obstacles are primarily government assumptions about the economic burden of (grand)parent migration, which creates barriers to entry (Braedley et al. 2019). In addition, there are the legal challenges of crafting transnational policies or the policies that govern both sending and receiving nations (see Askola and Baldassar 2024).

Transnational grandparenting raises broader questions about the global ethics of migration programmes. Hugo (1999) called for a migration development approach where policy takes account of the impact of migration regimes on sending areas, including the transnational political economies of care and social reproduction, since mobility is often triggered by the need to give or receive care (Baldassar et al. 2007). Global informal care chains, which include transnational migrant grandparents, need to be examined and conceptualised in a theoretical framework that considers macro-level (national and transnational immigration policies), micro-level (individual lived experiences and practices of care-giving) and meso-level (community and family) factors. While there is a significant literature on global domestic labour migration for paid care, grandparents' caring roles highlight the growing importance of global informal care circulation (Nguyen et al. 2023).

Finally, new frameworks, such as recent work on ageing futures (e.g. Ho et al. 2022), may unsettle paradigms that imagine older migrants primarily as passive recipients of care and/or dangerous burdens (Braedley et al. 2019). Reimagining older migrants as agential actors with identities and social positions that extend beyond their familial roles as grandparents may support the development of more supportive ageing policies in both sending and receiving countries. Moreover, transnational grandparenting should not be viewed only through the lens of cross-border grandparental relationships but should be linked with translocal processes that are shaping and being shaped by various familial, social, cultural, economic and political elements in both sending and receiving areas (Coe 2015). Interactions between transnationalism and translocality may expose complicated but dynamic relationships between mobility and locality, and between the structural inequalities and cultural resiliency rooted in immigrant families' changing intergenerational relationships.

**Supplementary material.** The supplementary material for this article can be found at <https://doi.org/10.1017/S0144686X24000436>.

**Acknowledgements.** The authors thank all DEMIKNOW collaborating research teams for their input into earlier versions of this article. The authors also extend their sincere gratitude to the editors and the blind reviewers for their valuable comments and feedback during the revision and finalisation of this article.

**Author contributions.** Nguyen designed the study, collected and analysed the data, and drafted and finalised the article. Stevens contributed to the study design, the data analysis and both drafting and finalising the article. Baldassar contributed to the study design and drafting and finalising the article. All three authors were involved in the data screening and cross-checking.

**Financial support.** This study was funded by the Canadian Social Sciences and Humanities Research Council (SSHRC) as part of a wider study, the Decentering Migration Knowledge (DEMIKNOW) project led by the CERC (Canada Excellence Research Chair) in Migration and Integration at Toronto Metropolitan University.

**Competing interests.** The authors declare no competing interests.

**Ethical standards.** This systematic scoping review made use of published data in public domains and therefore required no ethical approval.

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**Cite this article:** Nguyen HT, Stevens C and Baldassar L (2025) Transnational grandparent migration and care-giving: a systematic scoping review. *Ageing & Society* 45(9), 1785–1825. <https://doi.org/10.1017/S0144686X24000436>