Ornstein, K. & Gaugler, J. E. (2012) The problem with 'problem behaviors': a systematic review of the association between individual patient behavioral and psychological symptoms and caregiver depression and burden within the dementia patient-caregiver dyad. *International Psychogeriatrics*, 24, 1536–1552.

Papastavrou, E., Kalokerinou, A., Papacostas, S. S., et al (2007) Caring for a relative with dementia: family caregiver burden. *Journal of Advanced Nursing*, **58**, 446–457.

Phung, K. T., Chaaya, M., Waldemar, G., et al (2014) Validation of the 10/66 Dementia Research Group diagnostic assessment for dementia in Arabic: a study in Lebanon. *Journal of Geriatric Psychiatry and Neurology*, 27, 282–290.

Prince, M., Wimo, A., Guerchet, M., et al (2015) World Alzheimer Report 2015. The Global Impact of Dementia. An Analysis of Prevalence, Incidence, Cost and Trends. Alzheimer's Disease International.

Ryan, P. & Wroblewska, A. (2013) Caring for older adults. In *Ageing* and *Older Adult Mental Health: Issues and Implications for Practice*, pp. 214–225. Routledge.

Schreiner, A. S., Morimoto, T., Arai, Y., et al (2006) Assessing family caregiver's mental health using a statistically derived cut-off score for the Zarit Burden Interview. Aging and Mental Health, 10, 107–111.

Seoud, J., Nehme, C., Atallah, R., et al (2007) The health of family caregivers of older impaired persons in Lebanon: an interview survey. *International Journal of Nursing Studies*, 44, 259–272.

Sibai, A. M. (2009) Older People in Lebanon: Voices of the Caregivers. Center for Studies on Aging. Available at http://www.csa.org.lb/cms/assets/csa % 20publications/policy % 20briefs % 20pdfs/csa_policy_brief_issue1_voices_of_the_care_givers.pdf (accessed December 2016).

Tremont, G. (2011) Family caregiving in dementia. *Medicine and Health, Rhode Island*, 94, 36–38.

Zarit, S., Orr, N. K. & Zarit, J. M. (1985) The Hidden Victims of Alzheimer's Disease: Families Under Stress. New York University Press

Global Echoes

BJPsych International would like to encourage submissions from medical students, foundation doctors and psychiatry trainees for publication in 2017.

We believe that those who are beginning their careers in mental health are often involved in high-quality projects or have diverse training and clinical backgrounds that would be stimulating for our readers to discover. We also strongly feel that you represent a valuable source of knowledge that can help all professionals to keep abreast of what is happening in the field around the world. We want you to voice your perspectives and allow your interests to find a home in our publication. We place particular value on hearing of your experiences and the lessons you have learned, as well as your awareness of the literature in your area of interest.

We would like to receive submissions in the following key areas, with a general focus on international mental health work, although we would be happy to discuss other submissions. Submissions may be between 500 and 1500 words and should be original pieces, with references as appropriate.

- Brief literature reviews on mental health policy, promotion, provision of mental health services or other areas of interest to those working in global mental health.
- Articles on completed projects in mental health, particularly if collaborative and with a focus on outcomes which benefit those working in psychiatry globally. These may have been research focused or relate to local schemes or smaller-scale interventions,

- but should not be research reports in conventional format.
- Reports of elective projects in psychiatry or other experiences of working or volunteering abroad in mental health.
- Reports about experiences in training in psychiatry worldwide.
- Thematic papers on a particular topic of interest encountered during your training, featuring original commentary.
- Reflective or descriptive pieces about work you have undertaken or experiences or challenges encountered in working around the world, or in carrying out research in challenging contexts.

If you would like to contribute, please email us a piece on your chosen topic (ip@rcpsych.ac.uk). Your work will undergo a peer-review process in line with other submissions we receive. Please see the online BJPsych International guidelines on format and style to help guide your submission (http://www.rcpsych.ac.uk/usefulresources/publications/journals/submitpapers.aspx). Note that the Harvard system of referencing should be used.

Benefits

- Early introduction to the submission and review process, both of which are essential for your future career.
- Publication of a journal contribution both online and in print. We produce Open Access articles, which are widely read internationally. Articles are suitable for attachment to e-portfolios.