wall down (CWD) or canal wall up (CWU) technique. Despite a lot of research in the past decades, the question which technique is best is still unanswered.

The aim of this study is to compare the proportion of disease recurrences in patients with acquired cholesteatoma, 5 years after Canal Wall Up or Canal Wall Down mastoidectomy.

Methods: We systematically searched Pubmed, CINAHL, Embase and PiCarta from inception up to January 2015 for cohort studies published in English with otoscopically confirmed acquired cholesteatoma patients that received either canal wall up, or down mastoidectomy, and in whom disease free status was confirmed with either otoscopy, second look surgery or DWI MRI scan. Risk of bias was critically appraised by 2 different investigators using the Quality in Prognostic Studies (QUIPS) tool. We extracted data on patients and disease status, disease recurrence rates, and diagnostic techniques used for follow-up.

Results: Eight studies on CWD (1092 patients) and CWU (1685 patients) mastoidectomy were included in this review. Risk of bias assessment showed that the decision for CWU or CWD surgical technique was dependent on the extent and location of the pathology in 100% of the studies. The follow up period was insufficient, no distinction was made between residual and recurrent disease, age of the patients was not mentioned or the procedures to detect residuals were not standardized in 50%, 38%, 38% and 100% respectively.

Conclusions: We were unable to compare the disease recurrence rates after the CWU or CWD technique without bias, as the extent and location of the pathology was related to both the choice of surgical approach as well as the outcome. To provide a valid comparison between CWU and CWD, either a randomized clinical trial or standardized prospective registry for cholesteatoma patients is warranted.

Important clinical research in otology (N615)
ID: 615.2
Cochlear implantation in the elderly
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Learning Objectives: To analyse complications and outcome of cochlear implant (CI) treatment in seniors receiving CIs during a 10-year period.

Introduction: The elderly population in Sweden is growing, particularly in those over 80 years of age (Statistics Sweden Demographic reports, 2009). This has led to an increasing incidence of age-related hearing loss and it is expected that this group will represent an important cohort to treat with cochlear implants (CIs).

Methods: A total of 28 patients, 79 years or older (mean age 81.6 years), were evaluated and compared with a younger group of 76 patients, 20–60 years old (mean age 48.9 years). A retrospective study of the patients’ records was performed. Data on per- and post-operative complications, pre- and post-operative speech perception, estimated cognitive skills, and social situation was extracted. A subjective score was assessed and correlated with post-operative performance.

Results: No severe per- or post-operative surgical complications were noted. Speech perception improved significantly after surgery (P < 0.001). The younger age group showed better results post-operatively for monosyllabic words (P < 0.01) compared with the older group with no difference seen for bi-syllabic words. In both the groups, there were no significant differences between patients living with or without social support.