Revisiting the Rayleigh–Plateau instability for the nanoscale

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The theoretical framework developed by Rayleigh and Plateau in the 19th century has been remarkably accurate in describing macroscale experiments of liquid cylinder instability. Here we re-evaluate and revise the Rayleigh–Plateau instability for the nanoscale, where molecular dynamics experiments demonstrate its inadequacy. A new framework based on the stochastic lubrication equation is developed that captures nanoscale flow features and highlights the critical role of thermal fluctuations at small scales. Remarkably, the model indicates that classically stable (i.e. ‘fat’) liquid cylinders can be broken at the nanoscale, and this is confirmed by molecular dynamics.

Key words: breakup/coalescence, capillary flows, non-continuum effects

1. Introduction

Understanding the surface-tension-driven break-up of liquid cylinders and their subsequent disintegration into droplets is crucial to a range of technologies such as ink-jet printing (Basaran, Gao & Bhat 2013), fibre manufacture (Shabahang et al. 2011) and drug delivery (Mitragotri 2006). The classical theoretical results are due to Plateau (1873), who showed that a cylinder of radius \( r_0 \) is unstable to sufficiently long wavelength disturbances \( \lambda > \lambda_{\text{crit}} = 2\pi r_0 \) and Rayleigh (1878), who conducted a linear stability analysis of the inviscid dynamics to find a fastest growing mode with wavelength \( \lambda_{\text{max}} = 9.01 r_0 \) (or wavenumber \( k_{\text{max}} = 0.697/r_0 \)). The Rayleigh–Plateau (RP) theoretical framework has been subject to numerous generalisations (e.g. Rayleigh (1892), Tomotika (1935)) and accurately describes macroscopic experiments (Eggers & Villermaux 2008).

With an increasing interest in micro and nano fluid dynamics, driven by emerging technologies in these domains (Stone, Stroock & Ajdari 2004), there has been cause

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to reassess the validity of classical analyses at smaller scales and question the absolute truth of long-held intuition. For liquid flows, molecular dynamics (MD) allows one to perform nanoscale ‘experiments’ and these have been shown to qualitatively reproduce RP-like instability (Koplik & Banavar 1993). However, MD studies of long cylinders (Kawano 1998; Gopan & Sathian 2014) have been unable to conclusively (i.e. quantitatively) validate classical theory.

It is well recognised that although $k_{\text{max}}$ can give a first approximation of the drop size formed, the actual break-up is a nonlinear asymmetric ‘universal’ solution (Eggers 1993) that resembles a drop connected to a thin cylinder. Interestingly, at the nanoscale, MD showed instead the emergence of a new double-cone break-up profile (Moseler & Landman 2000), generated by the presence of thermal fluctuations of molecules whose effects are negligible for standard liquids at the macroscale. This behaviour was described using a ‘stochastic lubrication equation’ (SLE) derived by applying the lubrication approximation to the equations of fluctuating hydrodynamics (Landau, Lifshits & Pitaevskii 1980). The importance of the fluctuations has been confirmed by experiments (Hennequin et al. 2006; Petit et al. 2012), analytical models (Eggers 2002) and subsequent MD (Choi, Kim & Kim 2006; Kang & Landman 2007).

Remarkably, despite failures to match classical RP theory to MD and a long recognition that ‘fluctuations substantially distort the shape of the cylinder’ (Koplik & Banavar 1993), no one has considered how the RP instability mechanism is modified in the presence of thermal fluctuations. This is despite recognition of their importance to enhancing instabilities in thin film flows (Grün, Mecke & Rauscher 2006; Diez, González & Fernández 2016). Note, the focus of this work is on how thermal fluctuations affect stability, which is a related but distinct question to how thermal fluctuations affect break-up, as studied in Moseler & Landman (2000).

In the next section, we develop an SLE-RP framework for incorporating fluctuations into the stability analysis of liquid cylinders at the nanoscale. The MD simulation method is introduced in § 3 to validate the SLE-RP. Results in § 4 show that the SLE-RP allows us to identify deviations from the classical picture, most notably a loss of the clear-cut Plateau stability criterion and very significant modifications of $k_{\text{max}}$.

2. Mathematical modelling

2.1. Stochastic lubrication equation

Consider a cylindrical polar coordinate system (figure 1), with z-axis along the centre line of an axisymmetric initially cylindrical liquid volume of length $L$ and radius $r_0$. In the lubrication approximation, the dynamics is described by the radius of the cylinder $r = h(z, t)$ and the axial velocity $u(z, t)$, so that the SLE (Moseler & Landman 2000) is given by

$$\partial_t u = -uu' - \frac{p'}{\rho} + 3\nu \frac{(h^2 u')'}{h^2} + A \frac{(hN')'}{h^2},$$  \hfill (2.1)

$$\partial_t h = -uh' - u'h/2,$$  \hfill (2.2)

with the full Laplace pressure retained

$$p = \gamma [h^{-1}(1 + (h')^2)^{-1/2} - h''(1 + (h')^2)^{-3/2}],$$  \hfill (2.3)

and primes denoting differentiation with respect to $z$. In these equations, $\nu$ is the liquid’s kinematic viscosity, $\rho$ is its density, $\gamma$ is the surface-tension coefficient and $N'$.
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denotes a standard Gaussian (white) random variable, capturing the thermal fluctuation effects, where $A = \sqrt{6k_BT\nu/(\rho \pi)}$ is a dimensional parameter, $k_B$ is the Boltzmann constant and $T$ is the liquid temperature. If there are no fluctuations (i.e. $A = 0$) the classical lubrication equations (LE) (Eggers & Dupont 1994) are recovered.

### 2.2. Stability analysis

For the linear stability analysis, we take $h(z, t) = r_0[1 + \hat{r}(z, t)]$, with $\hat{r}(z, t) \ll 1$ a dimensionless perturbation. Substituting this into the SLE and linearising gives

$$\frac{\partial^2 \hat{r}}{\partial t^2} + \frac{\gamma}{2\rho} \left( \frac{\hat{r}''}{r_0} + r_0 \hat{r}'''' \right) - 3\nu \frac{\partial \hat{r}''}{\partial t} = -\frac{A}{2r_0} N''.$$  

(2.4)

Note, this linearisation also implies an extent to the strength of fluctuations, which we will discuss later. A finite Fourier transform is applied to (2.4) to obtain

$$\frac{d^2 R}{dt^2} + \alpha \frac{dR}{dr} + \beta R = \frac{A}{2r_0} k^2 N,$$

(2.5)

where $\alpha = 3\nu k^2$ and $\beta = (\gamma/2\rho)(r_0k^4 - (k^2/r_0))$ and the transformed variables are defined as follows:

$$R(k, t) = \int_0^L \hat{r}(z, t)e^{-ikz} dz \quad \text{and} \quad N(k, t) = \int_0^L N'(z, t)e^{-ikz} dz.\quad (2.6a,b)$$

The solution of (2.5) is linearly decomposed into two parts:

$$R = R_{LE} + R_{fluc}.\quad (2.7)$$

The first part is the solution to the homogenous form of (2.5) (i.e. with $A = 0$) with some stationary initial disturbance (i.e. $R = R_i$ and $dR/dt = 0$ at $t = 0$). The solution to the homogeneous ordinary differential equation is straightforward to obtain:

$$R_{LE} = R_i e^{-at/2\tau} \left[ \cosh(\text{ct})/\tau \right] + \frac{a \sinh(\text{ct})/\tau}{\text{c}},$$

(2.8)

where

$$a = 3(kr_0)^2 \left( \frac{\ell_\nu}{r_0} \right)^{1/2} \quad \text{and} \quad c = 2 \left[ \frac{9}{4} \frac{\ell_\nu}{r_0} (kr_0)^4 + \frac{(kr_0)^2}{2} (1 - (kr_0)^2) \right]^{1/2}.$$  

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\end{align}
and characteristic flow scales for time \( \tau = (\rho r_0^3/\gamma)^{1/2} \) and length \( \ell_v = \rho v^2/\gamma \) have been introduced. This is a solution to the standard lubrication equations (there is no fluctuating component), and is thus denoted \( R_{LE} \) in (2.7). Note, for the rest of this paper, the initial modal disturbance \( R_i \) is treated as a complex random variable with zero mean.

The second component of the solution arises from solving the full form of (2.5) with zero initial disturbance; this part of the solution is solely due to fluctuations, and is thus denoted \( R_{fluc} \). This is obtained by the homogeneous equation’s impulse response,

\[
H(k, t) = 2\tau e^{-at/2\tau} \sinh(ct/2\tau)/c, \tag{2.10}
\]

which due to the linear, time-invariant nature of the system, allows us to write

\[
R_{fluc} = \frac{Ak^2}{2r_0} \int_0^t N(k, t - T)H(k, T) \, dT. \tag{2.11}
\]

The modal amplitude \( R (= R_{LE} + R_{fluc}) \) is a complex random variable, with zero mean. Note, \( R_{LE} \) is also random as it develops from a random initial condition, but is uncorrelated with \( R_{fluc} \) (both have zero mean). So, in order to obtain information on how disturbances associated with each wavenumber develop in time, allowing the identification of unstable and fastest growing modes, the root mean square (r.m.s.) of \(|R|\) is sought (equivalent to the standard deviation of \(|R|\)):

\[
|R|_{rms} = \sqrt{|R_{LE} + R_{fluc}|^2} = \sqrt{|R_{LE}|^2 + |R_{fluc}|^2}, \tag{2.12}
\]

where, from (2.8),

\[
|R_{LE}|^2 = |R_i|^2 e^{-at/\tau} \left[ \cosh(ct/2\tau) + \frac{a \sinh(ct/2\tau)}{c} \right]^2, \tag{2.13}
\]

and since \( N \) is uncorrelated Gaussian white noise, and the variance of the norm of the white noise \(|N|^2 = L\), equations (2.10) and (2.11) combine to give:

\[
|R_{fluc}|^2 = \left( \frac{Ak^2}{2r_0} \right)^2 \left[ \int_0^t |N(k, t - T)|^2H(k, T) \, dT \right]^2,
\]

\[
= \left( \frac{Ak^2}{2r_0} \right)^2 \left( \int_0^t L H^2 \, dT \right),
\]

\[
= \ell_{fluc}^2 b (a^2 - c^2) - a^2 \cosh(\tau/\tau) - ac \sinh(\tau/\tau) + c^2 e^{at/\tau}, \tag{2.14}
\]

where non-dimensional \( b = (3/\pi)(L/r_0)(kr_0)^4(\ell_v/r_0)^{1/2} \), and the thermal capillary length \( \ell_{fluc} = (k_B T/\gamma)^{1/2} \) gives the characteristic length scale of the fluctuations.
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2.3. Convergence to the classical model
From (2.12), fluctuations can be seen to be negligible when the thermal capillary length is very much shorter than the initial modal amplitude; i.e. \( R \rightarrow R_{LE} \) as \( \ell_{fluc}^2/|R|^2 \rightarrow 0 \). We refer to this classical limit as the LE-RP model (as distinct from the SLE-RP). In order to compare with standard stability analysis, we want to find the fastest growing mode at a long time after any initial disturbance. As such we take \( t \rightarrow \infty \) to give:

\[
|R_{LE}|^2 \rightarrow |R_0|^2 e^{(c-a)\mu/\tau} \left( \frac{c + a}{2c} \right)^2,
\]

\[
|R_{fluc}|^2 \rightarrow \frac{\ell_{fluc}^2 b}{2ac^2(a^2 - c^2)} [2c^2 - e^{(c-a)\mu/\tau} (a^2 + ac)],
\]

with \( c - a \geq 0 \) for \( kr_0 \ll 1 \) (which is the case as \( t \rightarrow \infty \)). Therefore, a functional form of (2.12) is:

\[
\mathcal{R}(k, t) = \mathcal{F}_1(k)e^{G(k)t} + \mathcal{F}_2(k),
\]

where

\[
\mathcal{G}(k) = (c - a)/\tau,
\]

\[
\mathcal{F}_1(k) = \frac{|R_0|^2}{|R|^2} \left( \frac{c + a}{2c} \right)^2 + \frac{\ell_{fluc}^2 b}{2c^2(a^2 - c^2)},
\]

\[
\mathcal{F}_2(k) = \frac{\ell_{fluc}^2 b}{a(a^2 - c^2)}.
\]

In order to find the maximum of \( \mathcal{R}(k, t) \), which defines the fastest growing mode \( k = k_{max} \), we calculate the derivative of (2.16) with respect to \( k \) to obtain

\[
1 \frac{1}{t e^{Gt}} \frac{\partial \mathcal{R}}{\partial k} = \frac{1}{t} \frac{d\mathcal{F}_1}{dk} + \frac{d\mathcal{G}}{dk} + \frac{1}{t} e^{Gt} \frac{d\mathcal{F}_2}{dk},
\]

and set \( \partial \mathcal{R}/\partial k = 0 \). As \( 1/t \) and \( e^{-Gt} \) vanish as \( t \rightarrow \infty \), and \( \mathcal{F}_1(k_{max}) \neq 0 \), the equation for determining \( k_{max} \) is simply

\[
\left. \frac{d\mathcal{G}}{dk} \right|_{k=k_{max}} = \left. \frac{1}{\tau} \frac{d(c - a)}{dk} \right|_{k=k_{max}} = 0,
\]

which is the same as found by Eggers & Dupont (1994) who neglected fluctuations entirely. However, as break-up occurs in a finite time, both terms in (2.12) could play a role in determining \( k_{max} \) at any instant, with the second term becoming more important as \( \ell_{fluc}^2/|R|^2 \) increases (all else being constant).

3. Simulations

To test our hypothesis, MD simulations (in figure 2) are performed in LAMMPS (Plimpton 1995) on long cylinders \( L/r_0 = 160 \) of three different radii: Cylinder 1 (\( r_0 = 5.76 \) nm, \( 2.1 \times 10^6 \) particles), Cylinder 2 (\( r_0 = 2.88 \) nm, \( 2.8 \times 10^5 \) particles) and Cylinder 3 (\( r_0 = 1.44 \) nm, \( 4.6 \times 10^4 \) particles). The simulation box (57 nm × 57 nm × \( L \) in the \( x, y \) and \( z \) directions, respectively) has periodic boundary conditions imposed in all directions and is filled with Lennard-Jones (LJ) fluid whose atomic...
interactions are modelled using the standard 12-6 pair potential with the cutoff distance $5.5\sigma$; interaction potentials for argon have been employed (Lee, Barker & Pound 1974). The initial configuration is created from equilibrium simulations of separate liquid-only and vapour-only systems (using a canonical ensemble (NVT) with a Nosé–Hoover thermostat) with respective densities of 1398 kg m$^{-3}$ and 3.22 kg m$^{-3}$, which correspond to the saturated liquid and vapour densities at a temperature of 84.09 K (Fernandez, Vrabec & Hasse 2004). The same ensemble and thermostat is used for the full simulations.

The kinematic viscosity is found using the Green–Kubo method (Green 1954; Kubo 1957) to be $\nu = 1.76 \times 10^{-7}$ m$^2$ s$^{-1}$. This technique calculates dynamic viscosity by integration of the time-autocorrelation function of the off-diagonal elements of the pressure tensor $P_{ij}$ so that

$$\mu = \frac{V_{\text{bulk}}}{k_B T} \int_0^\infty \left\langle P_{ij}(t) \cdot P_{ij}(0) \right\rangle \, dt \quad (i \neq j), \quad (3.1)$$

where the pressure tensor is obtained using the definition of Kirkwood & Buff (1949) and the brackets indicate the expectation value. $V_{\text{bulk}}$ represents the volume of the bulk fluid under consideration. The surface tension is calculated from the profiles of the components of the pressure tensor in a simple liquid–vapour system (Trokhymchuk & Alejandre 1999):

$$\gamma = \frac{1}{2} \int_0^{L_z} \left[ P_n(z) - P_t(z) \right] \, dz, \quad (3.2)$$

where $L_z$ is the length of the MD domain, and subscripts ‘$n$’ and ‘$t$’ denote normal and tangential components, respectively. We have found that to obtain results that are close to experimental data (Trokhymchuk & Alejandre 1999), a cutoff distance significantly larger than the popular choice of $2.5\sigma$ is required; a choice of $5.5\sigma$ (used throughout) has proved to be sufficiently accurate. Finally, we have $\gamma = 1.42 \times 10^{-2}$ N m$^{-1}$ and $\ell_{\text{fluc}} = 0.2859$ nm.
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\[ t = 2.7 \text{ ns} \]
\[ t = 1.8 \text{ ns} \]
\[ t = 0.9 \text{ ns} \]

SLE-RP
LE-RP
MD ensemble average
0
0.5
1.0
1.5
2.0
2.5
3.0
3.5
4.0
4.5

\[ \left| R \right|_{\text{rms}} / r_0 \]

(a) (b)

(c)

\[ 0 \]
\[ 1 \]
\[ 2 \]
\[ 3 \]

0.5
1.0
1.5
2.0
2.5

\[ k r_0 \]

Figure 3. The r.m.s. of dimensionless modal amplitude versus dimensionless wavenumber; a comparison of ensemble-averaged MD data (dashed lines) and (2.12) (solid lines) at various time instances. (a) Results of Cylinder 1; the inset shows selected MD realisations; (b) Results of Cylinder 2, the three timesteps are: 0.23 (red), 0.47 (blue), 0.70 (black)/ns; (c) Results of Cylinder 3, the three timesteps are: 0.062 (red), 0.125 (blue), 0.100 (black)/ns.

4. Results and discussion

To gather statistics, multiple independent MD simulations (realisations) (Cylinder 1: 30, Cylinder 2: 45 and Cylinder 3: 100) are performed. For each realisation, a discrete Fourier transform of the interface position (which is extracted from axially distributed annular bins based on a threshold density) is performed and then an ensemble average at each time allows us to produce the results shown in figure 3 (dashed lines) and figure 4 (red dots). Using the initial conditions from MD to extract \( \left| R \right|^2 \), remarkably good agreement with the SLE-RP is obtained, giving us confidence that our approach captures the essential physics.

The MD results in figure 3 illustrate that there exists a modal distribution which varies with time, becoming sharper as it evolves. Extracting \( k_{\text{max}} \) from these data yields the plots in figure 4, which confirm that \( k_{\text{max}} \) tends to the Eggers & Dupont result as \( t \to \infty \). However, figure 4 also shows that \( k_{\text{max}} \) at the average break-up time (which ultimately determines drop size) is consistently overpredicted by Rayleigh’s inviscid result, as seen in previous MD, and underpredicted by the Eggers & Dupont model (valid across all values of viscosity) – particularly for the smallest radius (Cylinder 3) where \( k_{\text{max}} = 0.52/r_0 \) in the MD and \( k_{\text{max}} = 0.35/r_0 \) from Eggers & Dupont. The modal analysis based purely on the LE-RP also underpredicts the MD data and fails to exhibit the dominant short wavelength modes observed at early times. In contrast, the SLE-RP curves in both figures 3 and 4 give excellent agreement with the MD and underline the critical role of thermal fluctuations in the instability mechanism at the nanoscale. Note, however, that the agreement between the SLE-RP and the MD is less good for the smallest cylinder. This can potentially be explained by the decreasing validity with decreasing scale of the weak-fluctuation assumption in our SLE-RP analysis. Crudely, \( l_{\text{fluc}}/r_0 \ll 1 \) for the linear analysis to be valid. Here, \( l_{\text{fluc}}/r_0 = 0.05, 0.1 \) and 0.2, for the three cylinders, listed largest to smallest.

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Intriguingly, the early time behaviour in figure 4 indicates that $k_{\text{max}}r_0$ can be greater than unity, violating the classical stability criterion of Plateau. Therefore, it seems possible that ‘fat’ cylinders, whose length is below the classical critical stability ($L < L_{\text{crit}} = 2\pi r_0$), may be unstable in the presence of fluctuations. To test the hypothesis, we consider (2.12) at the critical point, i.e. when $kr_0 = 1$ to obtain

$$|R|^2 = |R_i|^2 + \frac{L}{4\pi r_0} \ell_{\text{fluc}}^2 \left( \frac{\ell_v}{r_0} \right)^{1/2} \frac{6\alpha t/\tau + 3e^{-2\alpha t/\tau}(4e^{\alpha t/\tau} - 1) - 9}{a^3}.$$  \hspace{1cm} (4.1)

Notably the contribution from LE equations (the first term on the right-hand side of (4.1)) is a constant; so, according to the classical model, the initial disturbance neither decays or grows. Hence, it is critically stable. However, the second term (due purely to fluctuations) grows in proportion to $t$ as $t \to \infty$, giving a potential mechanism for break-up. This suggests that cylinders of the critical length, and perhaps shorter, are likely to be unstable at the nanoscale. To verify these conclusions, we perform a further series of MD experiments for cylinders of two radii ($r_0 = 1.44, 2.88$ nm) slightly shorter than the critical length $L_{\text{crit}}$ so that all classically unstable (long) wavelengths are suppressed by the domain size. This has been performed using two different flow configurations, one in which periodic boundary conditions are applied and the other in which the liquid cylinder is bounded at each end by a solid wall.

The four cases in figure 5 (cylinders of two radii for each end condition) all have length $L = 6r_0 < L_{\text{crit}}$, and thus satisfy Plateau’s stability criterion. However, all break-up in a finite time, supporting our conclusion from SLE-RP that fat cylinders can indeed become unstable at the nanoscale. Notably, the break-up shapes resemble the double-cone profiles first observed by Moseler & Landman (2000).

Having established the possibility of violating the Plateau criterion at the nanoscale, in figure 6 we show the average break-up time of such cylinders using 50 independent MD simulations for each data point (the standard deviation is indicated). There are two intuitive observations: (i) for the smaller radius cylinder, the break-up (which is partly or wholly due to fluctuations) occurs significantly faster than for the larger radius cylinder; (ii) as the aspect ratio of the cylinder decreases (i.e. becomes fatter) and crosses the classical stability limit ($L_{\text{crit}}/L > 1$), the average break-up time increases dramatically, and so does the variance in the measured times. This
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is because, at lower aspect ratios, the stabilising effect of surface tension becomes stronger and one has to wait longer (on average) for the ‘perfect storm’ of fluctuations to arrive that will overcome these and rupture the cylinder. This could explain why previous MD (Min & Wong 2006) appears to support the classical criterion: to violate the Plateau stability one must either be close to $L_{crit}/L = 1$ or potentially wait a long time. Notably, while this is a ‘long time’ in MD simulations, from the macroscopic perspective the time scales on which classical stability is lost are miniscule.

5. Conclusions

The SLE has been shown to be a remarkably robust tool for extending classical RP arguments into the nanoscale, predicting the loss of a clear-cut Plateau stability boundary and the modification of $k_{max}$ due to thermal fluctuations, at a fraction of the computational cost of the benchmark MD. More generally, the underlying formulation based on fluctuating hydrodynamics has been confirmed as a useful framework for investigating nanoscale flows; whilst the deterministic nature of classical hydrodynamics is lost, nanoflows can apparently often be well described with (stochastic) partial differential equations without resorting to particle methods.

Promisingly, the effects of thermal fluctuations on capillary flows have previously been observed in experiments (Hennequin et al. 2006) using ultra-low surface-tension
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**Figure 6.** The non-dimensional break-up time ($t^*_b = t_b/\tau$) of short nanocylinders near the classical stability boundary, obtained from MD. $L_{crit}/L = 2\pi r_0/L = kr_0$. Error bars indicate one standard deviation of $t^*_b$ either side of the mean.

liquid–liquid systems that massively enhance $\ell_{fluc}$ to bring thermal fluctuations into the optically observable range. It is our hope that such systems can be used to experimentally verify our new predictions, most notably the violation of Plateau stability. Potential extensions of the framework are numerous. For example, to consider phase change phenomena, which are known to affect the break-up of nanocylinders (Kang & Landman 2007), and to explore related flow configurations, such as liquid jets (Moseler & Landman 2000) where an intriguing open problem is to understand the interplay between fluctuations within the jet and perturbations imposed at the orifice in an attempt to control break-up.

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