P-71 - COMPARISNAL INVESTIGATION OF EMOTIONAL INTELLIGENT AND TENDENCY TO ADDICTION BETWEEN ADDICTED AND NONADDICTED PEOPLE

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Aim: Positive influence of emotional intelligence (EI) on psychological functions is fast growing in many aspects of social life and higher levels of emotional intelligence can be important in human's behavior. So this study investigated emotional intelligence in addicted and nonaddicted people.

Method: In sampling process a total of 73 addicted people and 73 non-addicted people were randomly selected. All participants were requested to complete Schutte's Self- Report E / I Test (SSREIT).

Results: Findings indicated significant differences between two groups in components of emotional intelligent. Nonaddicted people had more scores in appraisal of emotion, utilization of emotion and general score of emotional intelligence than addicted people.

Discussion: Findings indicates that applying of plans in the field of increasing emotional intelligent can help people with positive attitudes to addiction in order to manage the bad problems and event and as a result reduce tendency to addiction.