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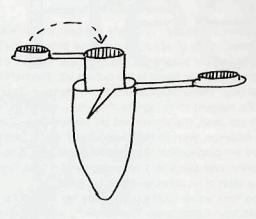
## Getting Suspended Cells or Particles Embedded in the Tip of BEEM Capsules

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It can be a problem to get suspended (or plated) cells or particles to settle into the apex of a BEEM capsule for embedding, particularly if the cells/particles can not be embedding in agar or gelatin for some reason. The following simple procedure solves this problem.

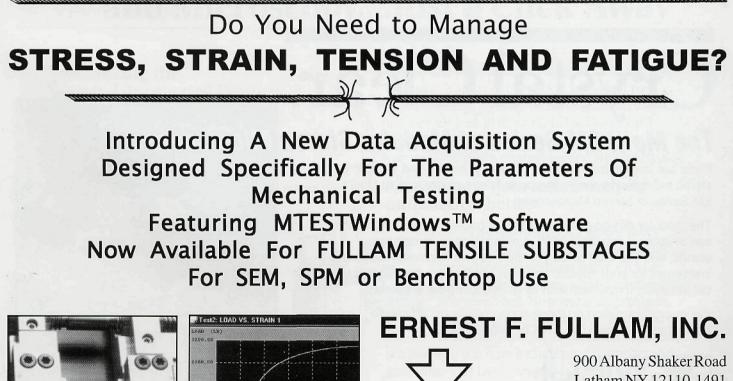
Process the suspensions in polypropylene test tubes or microcentrifugation tubes. These can be spun down after each transfer for 5 minutes at 3000 rpm. Once the cells/particles are fixed, en bloc stained, and infiltrated with either Spurr's or LR White resin, I transfer them to BEEM capsules. I do not add additional resin yet. These are placed piggyback in microcentrifuge tubes that have been slit with wire cutters to make them large enough for the BEEM capsules to fit (see following illustration).

Processing cell suspensions or plated cells can be done in polypropylene test tubes or microcentrifuge tubes. These can be spun down after each transfer for 5 minutes at 3000 rpm. Once the cells are fixed, enbloc stained, and infiltrated with either Spurr or LRWhite resin, I transfer them to BEEM capsules. I do not add additional resin yet. These are placed piggyback in microcentrifuge tubes. You may have to cut the microcentrigfuge tubes with wire cutters to make them large enough for the BEEM capusles to fit. Then, I spin the piggyback BEEM/ microcentifuge tubes. I use a high speed for about 5 minutes. Be sure to close the lid to the BEEM capsules. Once these have been spun, you should fill the BEEM capsule with resin to the top and close. Then place in a 60 degree oven.



BEEM capsule nested inside slit microcentrifuge tube





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