Letter to the Editor

Neosartorya hiratsukae: Environmental isolation from intensive care units in an Italian hospital

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To the Editor—Fungi are opportunistic pathogens, ubiquitously distributed. Fungal colonization acquired from the environment might evolve into an invasive infection during hospitalization due to immunosuppressive treatments to which patients are exposed. Environmental surveillance in hospital settings requires special attention to prevent fungal and non-fungal infections. Invasive aspergillosis is one of the most important infections caused by Aspergillus. Neosartorya hiratsukae, teleomorph of the Aspergillus section Fumigati, is a rare fungus isolated for the first time in Japan from indoor air and from pasteurized aloe juice.

Neosartorya hiratsukae is an opportunistic pathogen and only few cases of human infections have been reported worldwide.2,6 N. hiratsukae is often misidentified because it cannot be distinguished from A. fumigatus sensu stricto by conventional morphological macroscopic and microscopic analyses or by the extensively used matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF-MS). However, rapid and accurate identification is important for therapeutic purposes due to the different patterns of susceptibility to antifungal drugs.

In this study, we investigated the environmental isolation of N. hiratsukae from 2 different intensive care units (ICUs) in a hospital in Milan, Italy. In January 2020, environmental sampling was conducted using contact plates as part of an environmental surveillance study. In total, 9 bed stations and 2 medical stations were sampled, for a total of 55 samples. After macroscopic and microscopic analyses, identification was confirmed by molecular analysis. Antifungal susceptibility testing was performed by broth microdilution assay according to European Committee on Antimicrobial Susceptibility Testing (EUCAST) to determine the minimum inhibitory concentration (MIC).7 The following antifungals were tested: itraconazole, voriconazole, posaconazole, isavuconazole and amphotericin B (Sigma-Aldrich, St Louis, MO).

Fungi grew from 18.2% of the environmental samples; molds grew from 8 samples. We identified 2 mold colonies, isolated from a cooling fan and from the handles of a patient bed, as A. niger and A. fumigatus. In total, 13 colonies of filamentous fungi isolated from 6 samples showed slow growth, with restricted white colonies and light-brown reverse. In particular, in one ICU, 12 colonies grew from the scialytic lamps (n = 7) of 2 different patient beds, from the computer keyboard of the medical station (n = 3), from the patient vital signs monitor (n = 1) and from the bed handles (n = 1). The last colony was isolated from the printer of the medical station of the other ICU. The microscopic examination of these colonies revealed A. fumigatus–like conidial head, a large number of cleistothecia, and hyaline, lenticular ascospores with equatorial crests. The β-tubulin sequences analysis showed a 100% homology with the reference sequence of N. hiratsukae (sequence AF057324).

Neosartorya hiratsukae antifungal susceptibility testing yielded the following MIC values: itraconazole, 0.12 mg/L; voriconazole, 0.03 mg/L; posaconazole, 0.06 mg/L; isavuconazole, 0.12 mg/L; and amphotericin B, <0.03 mg/L. No break points (BPs) have been specified for N. hiratsukae; however, the MIC values of our isolate are low and under the EUCAST BPs established for A. fumigatus.8

No cases of aspergillosis were diagnosed in the 2 ICUs in a 5-month period, 3 before the isolation of N. hiratsukae from the environment and 2 thereafter (Dr R. Grande, personal communication). In July 2020, we were able to perform further environmental samplings, but neither N. hiratsukae nor other fungi were isolated.

Like all filamentous fungi, Neosartorya also has an environmental origin. In the literature, N. hiratsukae has been reported in the indoor air1 and on drywall, where the small white colonies are hardly visible, so the spores can easily spread in the environment causing a health risk.9 In the 2 ICUs examined, no renovations had been made in the period prior to the sampling, and there is no drywall in these wards. However, the presence of this material in other wards or hospital common areas is not excluded. The presence of N. hiratsukae on the computer keyboard and printer in the medical stations suggests that it may have been spread by healthcare professionals.

Unfortunately, the rapid evolution of the COVID-19 epidemic in Italy shortly after our environmental sampling prevented further control samplings until 6 months later, when no N. hiratsukae were isolated. A more accurate sanitation during COVID-19 epidemic has probably reduced the presence of possible pathogens on the surfaces.

Despite the presence of N. hiratsukae in the environment of the sampled ICUs, no clinical isolates of N. hiratsukae were detected in the hospital in the same period, even if it cannot be ruled out due to

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1. Although the presence of N. hiratsukae was not confirmed in our sample, it is likely that the fungus was present in the environment of the ICUs during the sampling period. The rapid evolution of the COVID-19 epidemic in Italy shortly after our environmental sampling prevented further control samplings until 6 months later, when no N. hiratsukae were isolated. A more accurate sanitation during COVID-19 epidemic has probably reduced the presence of possible pathogens on the surfaces. However, the presence of this material in other wards or hospital common areas is not excluded. The presence of N. hiratsukae on the computer keyboard and printer in the medical stations suggests that it may have been spread by healthcare professionals.

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the difficulties in identifying this species. Indeed, macroscopic and microscopic identification is not specific, and methods such as MALDI, in use in the hospital microbiology laboratories, do not identify this species. Neosartorya infections are probably underreported due to the aforementioned difficulties in identification and to the laboratory practice of discarding the nonsporulating or slowly sporulating white mycelia as laboratory contaminants.

Variable MIC values for *N. hiratsukae* are reported in the literature, showing mainly azole-susceptible patterns2,5,6 and some sporadic high itraconazole MIC values.6

Preventing nosocomial infections is very important, especially for ICU patients. Environmental control through environmental sampling of air and surfaces represents a valid tool that should be performed systematically, not only in the case of an outbreak. Laboratory routine methods for the identification are not sufficient to perform the correct identification of *N. hiratsukae*, obtainable only with molecular biology techniques. The correct identification of *N. hiratsukae* and other *Neosartorya* spp as well as their antifungal susceptibilities should be further investigated.

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**References**