MARCH 2023 | ISSN: 0790-9667



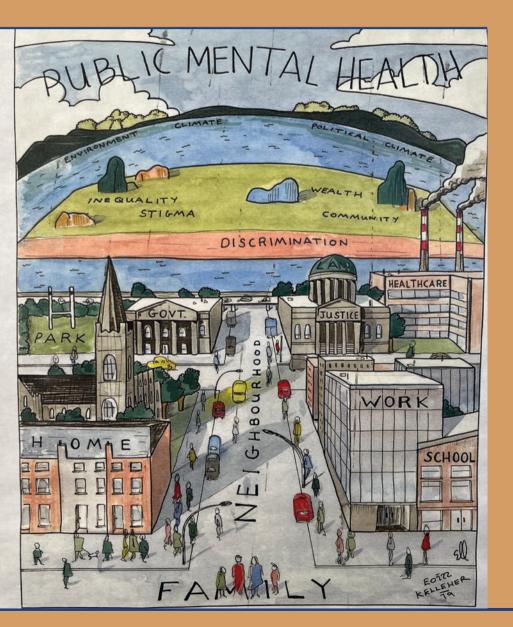
College of Psychiatrists of Ireland

Wisdom • Learning • Compassion

VOLUME 40 ISSUE 1

Irish Journal of Psychological Medicine

The official journal of the College of Psychiatrists of Ireland



Themed issue on Public Mental Health

Guest Edited by David Cotter, David Mongan, Emmet Power, Joe Barry and Mary Cannon

The Key Papers are:

Climate change and mental health: time for action and advocacy

Power, E., McCarthy, N., Kelly, I., Cannon, M. & Cotter, D.

From heavy cannabis use to psychosis: is it time to take action?

Johnson-Ferguson, L. & Di Forti, M.

Prevalence of mental health disorders in children and adolescents in the Republic of Ireland: a systematic review

Lynch, S., McDonnell, T., Leahy, D., Gavin, B. & McNicholas, F.

Premature mortality of people with severe mental illness: a renewed focus for a new era

Byrne, P.





EDITORIAL COMMITTEE

Editor-in-Chief

Associate Prof. John Lyne, Royal College of Surgeons in Ireland; Wicklow Mental Health Services

Deputy Editor

Dr Brian Hallahan, National University of Ireland, Galway

Consulting Editor Dr Larkin Feeney, Consultant Psychiatrist, Cluain Mhuire Community Mental Health Service; Senior Lecturer, Royal College of Surgeons in Ireland

Associate Editors

Dr Eric Roche, Cluain Mhuire Community Mental Health Service (Blackrock, Co. Dublin), Republic of Ireland

Professor Louise Gallagher, Professor of Child and Adolescent Psychiatry, St. James's Hospital, Dublin; Trinity College Dublin

Dr Erik Kolshus, The Health Research Institute, University of Limerick, Health Service Executive

Associate Professor Brian O'Donoghue Centre for Youth Mental Health, University of Melbourne, Australia; St Vincents University Hospital and Dublin South East Mental Health Services, Ireland

Editorials Editor Professor Mary Cannon, RCSI University of Medicine and Health Sciences, Beaumont Hospital, Dublin

Reviews Editors Dr Martha Finnegan, Health Service Executive, Republic of Ireland Associate Professor Katherine Johnson, Melbourne School of Psychological Sciences, University of Melbourne, Australia

Social Media Editor

Associate Professor Anne Doherty, University College Dublin and Mater Misericordiae University Hospital Dublin, Republic of Ireland

Correspondence Editor Professor Gautam Gulati, University of Limerick School of Law & School of Medicine, Ireland

> Trainee Editors Dr. Mohamed Alsaffar, Health Service Executive, Ireland

Dr. Anna Feeney, Health Service Executive, Ireland

Statistical Advisor

Dr Dimitrios Adamis, Sligo Mental Health Services; University of Limerick; Research and Academic Institute of Athens, Greece

Publishing Staff Ian Rice, Editorial Assistant

> Founding Editor Dr Mark Hartman

Former Editors-in-Chief Professor Brian Lawlor Professor Brendan Kelly

COVER IMAGE

The cover image by Eoin Kelleher was initially developed for a Royal College of Surgeons in Ireland Deanery day meeting about Public Mental Health. The image tries to capture how public health and mental health are intertwined. The image also reflects other important aspects of public mental health, such as intergenerational effects on mental health, the impact of climate on mental health, healthcare inequalities, and the relationship between mental and physical health at the level of both the individual and society. The image highlights the need for greater emphasis on preventive approaches for both physical and mental health. EDITORIAL BOARD

Dr Lauren Alexander Health Service Executive, Republic of Ireland Dr Caragh Behan Consultant Psychiatrist, Cluain Mhuire Community Mental Health Service Professor Dinesh Bhugra Institute of Psychiatry, Psychology and Neuroscience, King's College London, UK Professor Peter F. Buckley School of Medicine Virginia Commonwealth University (VCU) Executive Vice President for Medical Affairs, U.S.A. Dr Peter Byrne Strathclyde University, Glasgow Dr Angela Carballedo North Dublin Mental Health Services; Royal College of Surgeons of Ireland; Trinity College Dublin, Ireland Professor Patricia Casey Mater University Hospital. Dublin Professor Mary Clarke Dublin and East Treatment and Early Care Team (DETECT) Services; St. John of God Community Services; University College Dublin Laura Louise Condell Member, CPsychl REFOCUS Group (Recovery Experience Forum of Carers and Users of Services), Ireland Professor David Cotter Royal College of Surgeons in Ireland **Dr Robert Daly** North Dublin Mental Health Services, Dublin **Dr Philip Dodd** Clinical Professor, Trinity College Dublin, Dublin **Dr Blanaid Gavin** University College Dublin, Dublin Professor Gautam Gulati University of Limerick; University College Cork **Professor Angela Hassiotis** UCL Division of Psychiatry, London Dr Michele Hill, University College Cork, Ireland Dr Eric Kelleher University College Cork, Republic of Ireland

Professor Harry Kennedy Trinity College Dublin, Dublin **Dr John Lally** Royal College of Surgeons in Ireland; Beaumont Hospital, Dublin Professor Colm McDonald National University of Ireland, Galway Professor Patrick McGorry Centre for Youth Mental Health, the University of Melbourne; OYH Research Centre, Australia **Dr Jane McGrath** Trinity College Dublin, Dublin Professor Fiona McNicholas Our Lady's Hospital for Sick Children, Lucena Clinic, and University College Dublin, Ireland **Dr Stephen McWilliams** St John of God Hospital, Stillorgan, Co. Dublin Professor David Meagher University of Limerick, Ireland Professor Henry O'Connell University of Limerick and Triogue Community Mental Health Centre, Portlaoise, Co. Laois Dr Karen O'Connor University College Cork, Cor Associate Professor Colin O'Gara University College Dublin and St. John of God Hospital, Dublin Dr Hugh Ramsay Royal College of Surgeons in Ireland, Dublin Dr K. Oliver Schubert University of Adelaide, Australia Asst. Professor Jai Shah McGill University, Canada Dr Bobby Smyth Department of Public Health & Primary Care, Trinity College Dublin; HSE Addiction Service, Cherry Orchard Hospital, Dublin. **Dr Claire Foley** Linn Dara Child and Adolescent Mental Health service; Trinity College Dublin, Ireland Professor Valerie Murphy University College Cork, Cork, Republic of Ireland **Dr Cornelia Carey** Health Service Executive, Ireland

INTERNATIONAL ADVISORY BOARD

Professor João Mauricio Castaldelli-Maia

Department of Neuroscience of Fundação do ABC Medical School, Brazil Dr Avinash Desousa

Lokmanya Tilak Municipal Medical College, Mumbai, India

Professor Mohan Isaac Clinical Professor of Psychiatry at the University of Western Australia, Perth, Australia

Professor Shigenobu Kanaba Neuropsychiatry, Kyushu University, Fukuoka, Japan

Professor Roger Man Kin NG Consultant Psychiatrist, Dept of Psychiatry, Kowloon Hospital, Hong Kong, China Professor David Ndetei

University of Nairobi, Kenya

Professor Michelle Riba

Department of Psychiatry University of Michigan, USA

Professor Dan Stein Dept of Psychiatry & Mental Health, University of Cape Town & UCT-Affiliated Hospitals, South Africa Professor Julio Torales

Professor of Psychiatry and Medical Psychology, National University of Asunción, Paraguay

Professor Lakshmi Vijayakumar SNEHA, Suicide prevention center, Voluntary Health Services, Chennai; Associate Professor, University of Melbourne, Australia

AIMS AND SCOPE: Established in 1982, the *Irish Journal of Psychological Medicine* is dedicated to acting as an international forum for the publication of research on the science and practice of psychiatry. Its main aim is to disseminate original scientific research to a national and international readership with the objective of improving clinical practice and service development in mental health. The journal advocates for delivering high quality clinical care and improvement in mental health services, and is committed to keeping the field of mental health vibrant and relevant by publishing research on novel topics. Particular strengths and unique features of the Journal include a focus on Clinical Psychiatry, Youth Mental Health and the History of Psychiatry, with regular features and special issues devoted to these topics.

The *Irish Journal of Psychological Medicine* publishes research papers, short reports, review papers, editorials, case reports, historical papers, perspective pieces and book reviews. There are four editions published per year, for which rapid peer review process and publication is considered a priority. The journal regularly publishes special themed editions guest edited by internationally respected academics in a particular research field. With a progressive focus, the journal provides important reading for clinicians, researchers, policymakers and all professionals with an interest in mental health.

© College of Psychiatrists of Ireland 2023