Contents

	List of Figures	page vii
	List of Tables	viii
	List of Contributors	ix
	Preface: The Important and Reciprocal Relationships	
	between Emotion Regulation and Parenting	xi
	Isabelle Roskam, James J. Gross, and Moïra Mikolajczak	
	PART I CONCEPTUAL FOUNDATIONS	
1	Parenting Science and Emotion Regulation:	
	Principles, Effects, Determinants, and Supports	3
	Marc H. Bornstein	
2	Emotion Regulation in Self and Others	35
	Kate Petrova and James J. Gross	
	PART II INFLUENCE OF PARENTS' EMOTION	V
	REGULATION ON PARENTING	
,	The Delega Description Description in	
•	The Role of Parents' Emotion Regulation in Supporting Parenting Behaviors and Practices	57
	Nastassia J. Hajal and Galen D. McNeil	37
	1811 1811 1811 1811 1811 1811 1811 181	
4	Parental Emotion Regulation: The Role of Parents'	
	Own Childhood Maltreatment	82
	Anat Talmon	
5	The Role of Parental Emotion Regulation in Parental	
	Neglect and Violence	101
	Sarah Miragoli, Luca Milani, and Elena Camisasca	
_	D (1E d D 1d 0)	44.
b	Parental Emotion Regulation, Stress, and Burnout	116
	Moïra Mikolajczak, James J. Gross, and Isabelle Roskam	

PART III INFLUENCE OF PARENTING ON CHILD EMOTION REGULATION

7	Parental Coregulation of Child Emotions Manfred Holodynski and Joscha Kärtner	129
8	Parental Assistance with Children's Extrinsic Emotion Regulation across Development Emily M. Cohodes and Dylan G. Gee	149
9	Parental Socialization of Children's Emotion and Its Regulation Tracy L. Spinrad and Nancy Eisenberg	166
	PART IV CURRENT TRENDS	
10	Culture and the Challenges of Being a Good Parent Sara Harkness, Charles M. Super, Marjolijn J. M. Blom, Ughetta Moscardino, Sabrina Bonichini, Moises Rios Bermudez, Jong-Hay Rha, Barbara Welles, and Olaf Zylicz	189
11	Leveraging Parent–Youth Interactions to Measure and Analyze Emotion Regulation Sarah A. Thomas and Lauren Micalizzi	205
12	Neurobiology of Parenting and Implications for Emotion Regulation Helena J. V. Rutherford	229
13	Emotional Labor in Parenting Gao-Xian Lin and Dorota Szczygieł	244
14	Enhancing Parental Emotion Regulation Skills Sophie Havighurst and Christiane Kehoe	264
	Conclusions and Perspectives Isabelle Roskam, James J. Gross, and Moïra Mikolajczak	287
	Index	295