

Unsustainable harvest of water frogs in southern Turkey for the European market

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Abstract Frogs have been harvested from the wild for the last 40 years in Turkey. We analysed the population dynamics of Anatolian water frogs (*Pelophylax* spp.) in the Seyhan and Ceyhan Deltas during 2013–2015. We marked a total of 13,811 individuals during 3 years, estimated population sizes, simulated the dynamics of a harvested population over 50 years, and collated frog harvest and export statistics from the region and for Turkey as a whole. Our capture estimates indicated a population reduction of c. 20% per year, and our population modelling showed that, if overharvesting continues at current rates, the harvested populations will decline rapidly. Simulations with a model of harvested population dynamics resulted in a risk of extinction of > 90% within 50 years, with extinction likely in c. 2032. Our interviews with harvesters revealed their economic dependence on the frog harvest. However, our results also showed that reducing harvest rates would not only ensure the viability of these frog populations but would also provide a source of income that is sustainable in the long term. Our study provides insights into the position of Turkey in the ‘extinction domino’ line, in which harvest pressure shifts among countries as frog populations are depleted and harvest bans are effected. We recommend that harvesting of wild frogs should be banned during the mating season, hunting and exporting of frogs < 30 g should be banned, and harvesters should be trained on species knowledge and awareness of regulations.

Keywords Amphibian conservation, Anatolian water frog, extinction domino effect, frog harvest, *Pelophylax*, sustainable use, Turkey, wildlife trade

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Introduction

Harvest of wild animal and plant populations globally for food, wildlife-based medicines, and pets threatens many species (Sodhi et al., 2004; Karesh et al., 2005; Worm et al., 2006; Gratwicke et al., 2010). The global trade in wildlife products is worth USD billions each year (Chan et al., 2015; Scheffers et al., 2019). Demand for wildlife products increases with human population growth and the expansion of economies of historically poor countries (Baker et al., 2013) and there is a critical need to develop management guidelines to sustain both wildlife and human populations in such countries.

Amphibians are among the most threatened animal groups (Stuart et al., 2004; Pavajeau et al., 2008; Gilbert et al., 2012), affected by a variety of factors, including environmental contamination (Boone & Bridges, 2003), habitat loss (Alford & Richards, 1999), global climate change (Kiesecker et al., 2001), diseases (Daszak et al., 2003; Gratwicke et al., 2010; Gilbert et al., 2012), chemicals (Gibbons et al., 2000; Houlahan et al., 2000; Warkentin et al., 2008), invasive species (Kats & Ferrer, 2003; Altherr et al., 2011) and overharvesting (Schlaepfer et al., 2005). The underlying factors and causes of the decline of amphibians are complex and may be synergistic.

Trade in frogs is a global business: the USA and European Union are the largest importers, Indonesia and China are the main exporters, and the leading re-exporting country is Belgium (Warkentin et al., 2008; Altherr et al., 2011; Gerson, 2012; Musing et al., 2018). The economies supplying frog exports have shifted over time as a result of overharvesting: harvest bans to halt population declines can shift harvest pressure to other countries, a phenomenon termed the ‘extinction domino effect’ (Altherr et al., 2011). Legislative regulation is an effective way to protect wild populations by reducing harvest pressure to sustainable levels (Smith et al., 2018); for example, legislation to reduce trade

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in two frog species resulted in the recovery of the over-exploited populations (Altherr et al., 2011).

Turkey is an important source country for the frog trade. Although there is no domestic consumption except in some restaurants catering for tourists, harvesting of wild frogs to satisfy international demand is expanding. Anatolian water frogs (*Pelophylax* spp.) form a species complex comprising at least two, and possibly up to five, closely related species (Akın et al., 2010; Plötner et al., 2010). These species have been harvested for > 40 years (Akın & Bilgin, 2010; Kürüm, 2015): Turkey exports nearly 700 t of frogs annually, a trade that is worth nearly USD 4 million (Kürüm, 2015). During 1999–2009 Turkey was the third leading frog leg supplier to the European Union, with 4%, after Indonesia (84%) and Viet Nam (8%) (Altherr et al., 2011).

Despite the threatened status of amphibians worldwide, and the importance of wildlife trade as a threat to species, few studies have quantified the impact of trade on the viability of amphibian populations. In addition, there are no population-level studies of the frog harvest in Turkey despite the country's importance in this trade. Here we assess the current population status of Eastern Mediterranean Anatolian water frogs (*Pelophylax* spp.), which are heavily harvested in the Seyhan and Ceyhan Deltas in Adana province. We (1) analyse the dynamics of a harvested frog population, (2) quantify the impact of harvest on the viability of the frog population, (3) make projections of frog harvest and viability under different future harvest regimes, and (4) make recommendations for conservation of Anatolian water frogs and for the future of the frog trade. Our assessment highlights the need for reconsideration of national conservation measures and certification of animals harvested from the wild that enter the international market.

Methods

Surveys

Initially, we surveyed Seyhan and Ceyhan Deltas in southern Turkey to determine the current status and harvest of frogs. We interviewed harvesters and exporter company managers, and selected survey locations in areas where the species was being harvested regularly (harvesters collect frogs from natural habitats, intermediaries organize the harvesters according to the demands of exporters, and exporting companies process the frogs). We then conducted field surveys during February–April (spring), June–August (summer) and October–November (autumn) in 2013, 2014 and 2015. We surveyed in a total of 10 locations in three macrohabitats: five ponds, three irrigation canals and two streams. Sampling was by four surveyors, who captured frogs during night-time by hand or with a fishing net (the methods used by harvesters). We determined the sex of

each individual by secondary sexual characteristics, measured snout-vent length with a caliper to the nearest 0.01 mm, used a digital scale to record weight to the nearest 0.1 g, applied a mark with a visible implant elastomer (Northwest Marine Technology, Inc., Shaw Island, USA; Çiçek, 2009; Çiçek et al., 2011), and then released each individual at its point of capture within 30–40 minutes. Before marking, we applied a local anaesthetic (ethyl chloride) to the body surface of the implant and after marking we applied a broad spectrum pomade (a mix of Furacin, Bacturaban and Stafine pomade) to prevent infection. Ethyl chloride is widely used, in the form of a topical anaesthetic spray, to decrease pain from needle puncture during injection procedures (Polishchuk et al., 2012), and produces instant skin anaesthesia (Armstrong et al., 1990).

Demography

We surveyed four times in each of the three seasons in all 3 years, giving 36 samples in each of the 10 locations. During each survey we recorded previously captured, marked and released individuals, and we marked and released all other individuals. We created capture histories for all individuals to estimate population parameters using MARK 8 (White & Burnham, 1999; Cooch & White, 2017) and estimated population size (assuming a closed population within a season) using model h (heterogeneity) in CAPTURE (Otis et al., 1978; White et al., 1982). We calculated apparent annual survival rates (ϕ) using the Cormack–Jolly–Seber model (Cormack, 1964; Jolly, 1965; Seber, 1965), and used Akaike's information criterion for model selection.

Population viability analyses

We developed a stochastic, density-dependent, matrix model with two stages, juvenile and adult, and a time step of 1 year. We set the age of first reproduction at 2 years, and parameterized the matrix model according to post-reproductive census:

$$\begin{matrix} 0 & F \times S_a \\ S_j & S_a \end{matrix}$$

where S_a and S_j are annual survival probabilities of adults and juveniles, respectively, and F is annual fecundity of adults (number of daughters per female per year). Thus, the element of the matrix representing reproduction ($F \times S_a$) incorporates survival of adults from the census in the previous year to breeding. Lacking a direct estimate of F , we calculated the product $F \times S_a$ as the number of female juveniles in year t per adult female alive in year $t - 1$ (Table 1). The sex of juveniles cannot be determined, so we assumed 50% females at birth. Survival rates S_j and S_a

TABLE 1 Parameters of the matrix model for the harvested population of Anatolian water frogs (*Pelophylax* spp.) in southern Turkey.

Year	Survival rates		Reproduction		
	Juvenile (S_j)	Adult (S_a)	Number of adult females ¹	Number of juveniles ¹	$F \times S_a^2$
2013	0.430	0.576	1,758	1,588	
2014	0.331	0.612	1,680	1,872	0.532
2015	0.288	0.498	1,389	770	0.229
Mean ³	0.350	0.562			0.381
Mean, corrected for emigration ⁴	0.400	0.612			
Standard deviation	0.073	0.058			0.214

¹Calculated with CAPTURE (maximum of the estimates for the three seasons).

²Calculated by dividing number of juveniles in a year by the number of adults in the previous year (see text for details).

³Survival rates are before correcting for emigration (i.e. apparent survival rates).

⁴Upper bound of mean survival rate, corrected by assuming 5% emigration (see text for details).

are based on the apparent survival rates (ϕ) calculated using the Cormack–Jolly–Seber model, but modified as follows. As this model cannot distinguish between emigration and mortality, apparent survival rates underestimate true survival to a degree dependent on emigration. We did not have data on emigration (or data that would allow a spatial Cormack–Jolly–Seber model). Based on the high site fidelity and the typical home range size of amphibians (Smith & Green, 2005) compared to the size of our sampling areas, we assumed the emigration rate to be 0–5%, and estimated survival rates S_j and S_a as the sum of the corresponding apparent survival rate and emigration rate. We used annual total population sizes (N) calculated using CAPTURE as the initial population size in the population viability analysis. For all model parameters we pooled the data from the five of the 10 locations that had harvest pressure. We incorporated natural temporal variability (using the estimated standard deviations between years), demographic stochasticity and ceiling-type density-dependence (Akçakaya, 1991, 2013). Carrying capacity was set at half the observed population size (because we modelled only females). We simulated the dynamics of a harvested population for 50 years and 1,000 replicates (iterations) using RAMAS Metapop (Akçakaya, 2013).

Modelling harvest impacts

To explore the effects of harvest on population dynamics, we constructed a model of a non-harvested population. Because we did not have sufficient data from non-harvested areas, we assumed that our catch effort and efficiency were comparable to harvest effort and efficiency, and inferred survival rate in a non-harvested population (S') based on our catch rates. This is a reasonable assumption because we used the same effort and methods for catching as those used by harvesters. However, harvesters may be more efficient than we were and thus we consider our catch efficiency to be a minimum bound of the efficiency of actual harvest. To calculate survival rate in a non-harvested population (S'), we assumed

that natural mortality ($1 - S$) and mortality as a result of harvest (H) are independent. In this case, survival rate (S) in a harvested population is $S = S'(1 - H)$. Thus, survival rate in a non-harvested population is $S' = S/(1 - H)$. Here, H is the proportion of individuals of a pre-harvest population that are killed by harvest. Since the data we have is the ratio, T , of the number of harvested individuals to the post-harvest population size (i.e. population already reduced by harvest), we calculated harvest mortality as $H = T/(1 + T)$. To explore the impact of different harvest levels, we developed models with estimated survival rates for a non-harvested population, and ran simulations with harvest mortality varying from 0 to the value we estimated for the study populations. Because the type of density dependence may influence the impact of harvest, we used two types: a ceiling model, and a contest-type model (Akçakaya et al., 2007; see Results for details).

Harvesting history and export statistics

Frog trade data were obtained from the Turkish Statistical Institute (TÜİK). We also checked newspapers for trade news, most of which show illegal harvesting. This helped us supplement the statistical reports with information on illegal and off-the-record harvesting. In addition, during fieldwork we talked to exporting companies, local people and harvesters about their businesses and livelihoods (Supplementary Material 1).

Results

Demography, population viability analysis and harvest modelling

During the 3 years of fieldwork we captured and marked a total of 13,811 Anatolian water frogs, of which 10,295 were adults. The mean weight of all sampled frogs was 19.46 g; only 19% of the captured individuals were > 30 g, which is the minimum weight at which frogs may be harvested

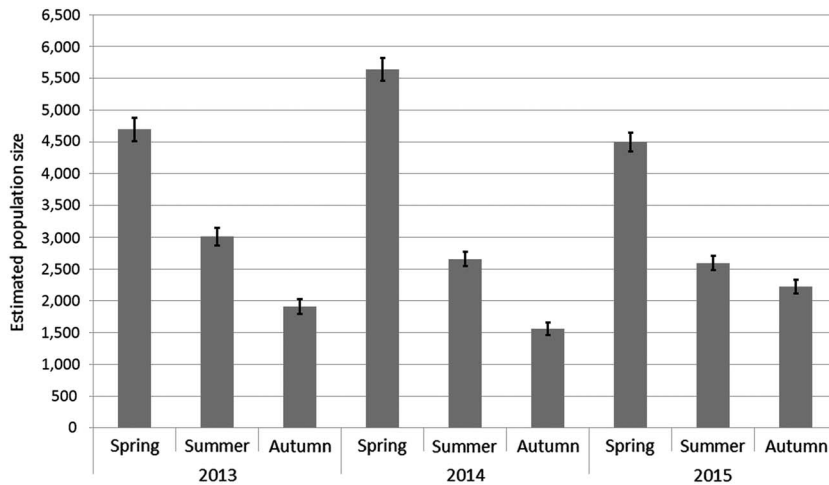


FIG. 1 Seasonal estimates of population size of Anatolian water frogs (*Pelophylax* spp.) in the sampling locations in southern Turkey during 2013–2015.

(Ministry of Food, Agriculture and Livestock, 2016). Of 10,295 marked adults, 707 were recaptured. Overall sex ratio among the marked individuals was 1.55 (male:female), with a range of 0.37–1.76 across all locations and years.

Population sizes as estimated by CAPTURE analyses were highest in spring and lowest in autumn, with a slight decrease across years (Fig. 1). Apparent survival rates (ϕ) averaged 0.35 for juveniles and 0.56 for adults, and mean fecundity ($F \times S_a$) was 0.38 (Table 1). The eigenvalue of the resulting stage matrix is 0.74, corresponding to a 26% decline per year (the eigenvalue gives the proportional change in population size from one year to the next, as in $N(t + 1)/N(t)$, with 1.0 corresponding to no change, and values < 1 corresponding to population decline). This is a steeper decline than the population reduction based on capture estimates, which was c. 20% per year. The difference is probably because of emigration (i.e. the apparent survival underestimating true survival). Using the 5% upper bound of emigration that we assumed, the stage matrix becomes (Table 1):

$$\begin{matrix} 0.000 & 0.381 \\ 0.400 & 0.612 \end{matrix}$$

The eigenvalue of this matrix is 0.802, which is more consistent with the observed declines. Thus, we used the above matrix, with values corrected for emigration, for further analysis. Even with this correction, the 10-year population reduction would be c. 89% ($1 - 0.802^{10}$), and 3-generation (c. 13-year) reduction would be > 90%. Stochastic simulations estimated a 95.6% risk of extinction in 50 years, with a median time to extinction of 36 years, and an almost 100% risk of the population declining to < 1,000 individuals.

The analysis of capture efficiency resulted in estimates of survival rate in a non-harvested population averaging 0.55 for juveniles and 0.85 for adults (after correction for emigration; Table 2). The resulting stage matrix has an eigenvalue of 1.115, corresponding to an 11.5% increase per year in a non-

harvested population. This is a reasonable value, considering that the population must be below carrying capacity as a result of the effects of past harvest, so a moderate population increase in the absence of harvest would be expected. However, the growth rate may be higher at lower densities, which would influence the estimation of harvest impact. Simulations with harvest mortality (H) of 0–0.3 showed that risk of population decline increases with harvest rate, reaching c. 100% when $H > 0.2$, and the total harvest over the 50-year simulated period reaches a maximum at c. $H = 0.05$, and declines with increasing H above this value (Fig. 2).

Harvesting history and export statistics

Frog harvest and export data statistics have been recorded by TÜİK since 1991, but the records are not complete until 2002 and inconsistent thereafter. This is probably because of inaccurate and incomplete information provided by the harvesters and export companies. Nevertheless, it is clear that Turkey plays an important role in the frog trade, especially to European countries. In 2017 alone, nearly 350 t of frogs were exported, worth > USD 3.5 million. During 1991–2017 frog harvests from Seyhan and Ceyhan Deltas comprised 34.4% (nearly 4,500 t) of the total harvest in Turkey (Fig. 3). Since 2012 the average harvest from this area was 327 t per year (TÜİK Fisheries Statistics, 2018). Based on the mean weight of frogs in our study, this harvest represents c. 17 million frogs per year from the Ceyhan–Seyhan region.

Frogs are also farmed, where they are raised in man-made structures and supplemented with feed. This is a relatively new business in Turkey, with c. 12 farms established within the last decade (Kürüm, 2015). These farms contribute an average of 45 tons annually to frog exports, with a total of 180 tons during 2014–2017 (TÜİK Fisheries Statistics, 2018).

TABLE 2 Estimation of harvest mortality and the parameters of the matrix model for a non-harvested population.

Year	Capture or harvest		Survival rates ¹		Reproduction $F \times S'_a$ ⁴
	T^2	H^3	Juvenile (S'_j)	Adult (S'_a)	
2013	0.420	0.296	0.611	0.818	
2014	0.415	0.293	0.468	0.866	0.753
2015	0.434	0.303	0.413	0.714	0.329
Mean ⁵			0.497	0.800	0.541
Mean, corrected for emigration ⁶			0.547	0.850	
Standard deviation			0.102	0.078	0.300

¹ $S' = S/(1 - H)$, an estimate of the apparent survival rate in a non-harvested population, where S values are from Table 1.

²Number of captured individuals, divided by the total population size as estimated with CAPTURE.

³ $H = T/(1 + T)$, an estimate of the proportion of individuals of a pre-harvest population that are killed by harvest (i.e. harvest mortality).

⁴ $F \times S_a \times (S'_a/S_a)$ where $F \times S_a$ is from Table 1 (thus, assuming the same F as in a harvested population).

⁵Mean apparent survival rate and mean fecundity in a non-harvested population.

⁶Upper bound of average survival rate in a non-harvested population, corrected by assuming 5% emigration (see text for details).

Harvesters must have a licence from the provincial Food, Agriculture and Livestock authority (Kürüm, 2015). Most harvesters have a low income, no permanent job and no social benefits (authors, pers. obs., 2014; Akin & Bilgin, 2010). For some, frog harvesting is their main source of income; it does not require capital investment. Other harvesters are seasonal farm workers who hunt frogs for additional income. Harvesters hunt at night, in groups of 3–4. Only one

in a group has a hunting licence, which is legally sufficient. Price per kg depends on demand, but is usually TRY 3–12 (USD 0.6–2.6). Companies offer the harvesters the highest price (12 TRY/kg) in the winter. One person can typically harvest 20–39 kg of frogs per night, but sometimes the harvest can be up to 60 kg. Harvesters use flashlights or pressurized paraffin lamps as a light source (Supplementary Plate 1). One person holds the light and others collect the frogs by hand or net and place them in cloth bags. As the export companies do not buy dead frogs, harvesters keep bags of 3–4 kg (Supplementary Plate 2) in a cool place until the end of a night's harvest, and they are then despatched for processing and packing (Supplementary Plate 3).

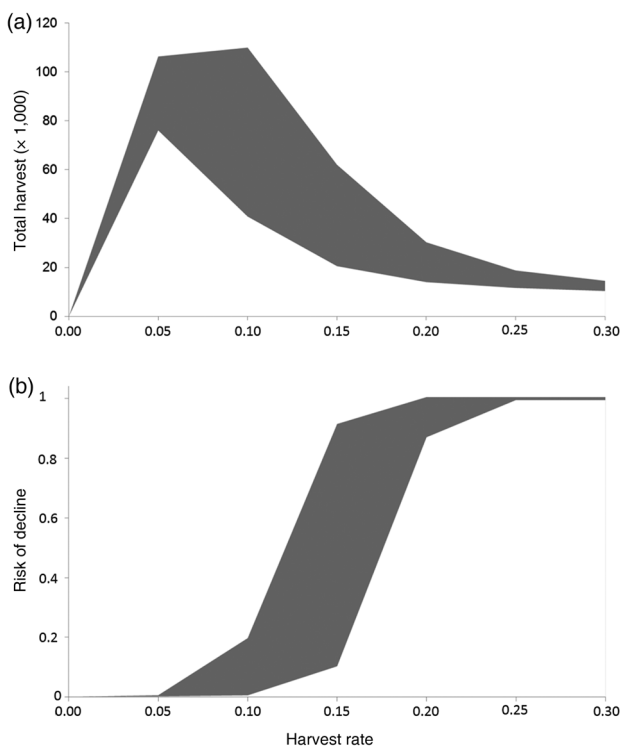


FIG. 2 The effect of harvest rate on (a) total harvest over 50 years (thousands of individuals), and (b) probability that the population will fall below 1,000 individual frogs any time in the next 50 years, based on stochastic simulations. The gray shading indicates uncertainty that results from the type of density dependence model used (ceiling or contest).

Discussion

Our study shows that Anatolian water frogs are harvested at high and unsustainable levels in southern Turkey. Simulations of the harvested population dynamics indicate a 90% risk of extinction within 50 years, with a probable year of extinction in c. 2032. Simulations show that if harvest mortality was to be reduced from the current estimated value of c. 0.3 (H in Table 2) to c. 0.05, not only would the risk of a population crash decline sharply but the total expected harvest over the next 50 years would be much higher (Fig. 2). This suggests that current harvest levels are probably unsustainable and could lead to extirpations of the harvested populations. Because we do not have data on the proportion of populations that are harvested at these levels, we cannot make projections about the status of the species in this region. However, if harvested populations become extirpated, harvest pressure could shift to, and threaten, other populations that are currently stable. Our results also show that enforcing strict harvest regulations would not only protect these frog populations but also help the local economy by providing a source of income that is sustainable in the long term.

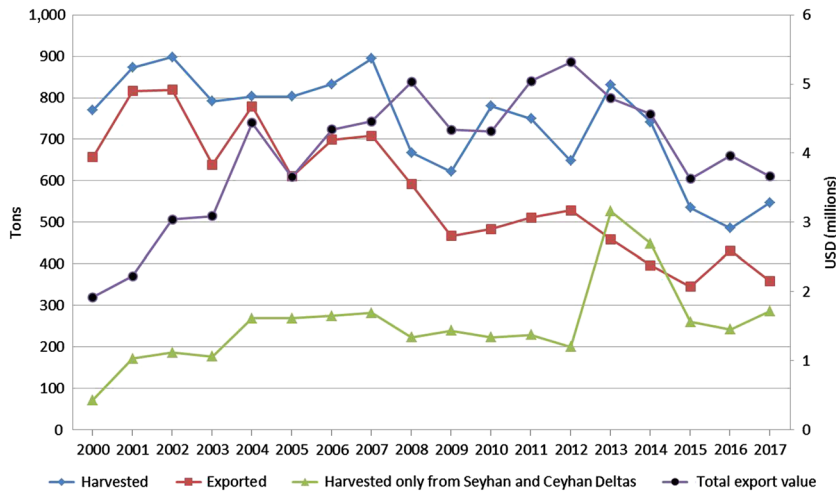


FIG. 3 Total harvest, total of harvest exported, total harvest in the Seyhan and Ceyhan Deltas, and the total export value during 2000–2017 (TÜİK Fisheries Statistics, 2018).

There are few demographic models of amphibian populations because of lack of data to estimate many model parameters including, in our study, information on harvest rates across the landscape, demographic rates from unharvested populations, emigration and immigration rates, and direct estimates of annual fecundity. In addition, the short duration and restricted spatial scale of our study decreases the reliability of model results. Nevertheless, the drastic declines projected for harvested populations suggest that the current harvest rates are unsustainable. Long-term mark–recapture and monitoring over larger areas would provide better data for estimating model parameters.

Large-scale collections of frogs from the wild not only reduce population sizes (Schlaepfer et al., 2005; Altherr et al., 2011), but also disturb habitats (Goode et al., 2004), introduce exotic pests and parasites (Franke & Telecky, 2001), spread diseases to native fauna (Daszak et al., 1999), and reduce ecological control of mosquito populations (Raghavendra et al., 2008; Mohneke, 2011) and agricultural pests (Abdulali, 1985; Kusri, 2005). Thus, addressing the impacts of overharvesting is a priority for conservation (Gilbert et al., 2012).

Another concern is that exported live frogs may be sold in pet shops in countries outside the species' native range, and could in some cases become invasive species. Anatolian frogs have already entered Europe via commercial trade, and are expected to invade Western and Central Europe further, with risks of large-scale hybridization and introgression (Holsbeek et al., 2008). Annual global frog consumption is 0.8–3.2 billion individuals (Gratwicke et al., 2010), and its effects show a particular spatio-temporal pattern. As a country's frog populations decline as a result of overharvesting, harvest bans shift the pressure to other countries. After frog harvesting was banned in France and Romania, exports of wild-caught frogs from India and Bangladesh increased, leading to population declines and subsequent harvest bans in these countries (Török, 1999; Kriger & Hero, 2009; Altherr et al., 2011). This caused the

harvest pressure to shift once again, this time to Indonesia and China, which are now experiencing this extinction domino effect (Altherr et al., 2011), with many frog species at risk of extirpation and extinction (Carpenter et al., 2007; Warkentin et al., 2008; Chan et al., 2014).

Our study provides insights into the position of Turkey in this extinction domino line. Frogs in Turkey are harvested almost exclusively from the wild, and the country provides c. 4% of Europe's frog imports (Altherr et al., 2011). Typical incomes from frog harvesting are low, but a main source of income for most of the harvesters. Economic dependence on the harvest increases the pressure on frog populations, and the ecosystems of which they are a part. Unsustainable and unregulated harvest also increases economic inequalities. The results of our simulations show that the extremely high rates of harvest will result in the extirpation of these frog populations and thus remove the harvesters' livelihoods.

A challenge for the regulation of the frog harvest in Turkey is taxonomic uncertainty. The genus *Pelophylax* (*Rana*) is a poorly identified species complex comprising genetic, phylogenetic and ecological forms (Plötner, 2005; Akin et al., 2010; Plötner et al., 2010). Genetic analyses show there could be cryptic species in Anatolia with similar morphology (Akin et al., 2010). Systematical uncertainty, lack of knowledge of the distribution of genetic lineages, and the morphological similarity of Anatolian water frogs (Plötner & Ohst, 2001; Akin et al., 2010; Plötner et al., 2010) hinder species identification through morphology. The frog-exporting companies turn this incognizance into an opportunity, labelling all frogs as *Pelophylax esculentus*, a hybrid form known as 'edible frog', which is native to Europe but absent in Turkey. In addition to the need for clarification of the systematics of Anatolian water frogs using genetic methods, genetic identification is required for certification during export.

Export data for the Seyhan and Ceyhan Deltas were obtained from frog processing companies, which receive

harvested frogs from this region, from other parts of Turkey and from neighbouring Syria (harvesters, pers. comm., 2014). Therefore, the impact of the overharvest we have identified may not be immediately reflected in export figures. Our research demonstrates that overharvesting damages wild frog populations but despite the efforts of governmental agencies to enforce existing regulations, harvesting threatens frog populations not only in our study area, but throughout Anatolia. Scientific findings are rarely used for regulatory decision-making on harvesting, farming and export of frogs.

Based on our findings, we conclude that further harvest restrictions are essential for the sustainability of Anatolian water frog populations. Considering its importance for livelihoods, a complete ban on harvesting wild frogs is, however, infeasible, and therefore we make five recommendations:

Ban harvest during the mating season The current harvest ban is during 1 May–30 June, but mating of water frogs takes place from late winter to early summer in Turkey, depending on the region (authors, unpubl. data). Because of its mild Mediterranean climate, mating occurs earlier in our study area, during 15 February–15 April. Therefore the harvest ban needs to be adjusted to regional conditions.

Obligatory training for all harvesters Although rarely conducted in Turkey, training is required to provide harvesters with basic species knowledge and awareness of regulations and to improve the sustainability of harvesting.

Quota based systems Limiting each export firm's harvest during a given period could be an effective way to limit harvest because each harvest location is controlled by a single exporter firm at any one time. Inspections should be at the processing and export locations as well as in the harvest locations in the field. This would facilitate sustainable harvest by both preventing overharvest in the field and by controlling the total number of frogs processed. Alternatively, harvest locations could be closed every other year to relieve the pressure on individual populations.

Effective enforcement of size limits If the 30 g minimum size restriction could be applied effectively, the number of frogs collected would decrease markedly. As for a quota system, it would be easier to enforce this limit at the processing and export stages.

Frog farming The number of farmed frogs exported is currently limited but farming could be encouraged by the government as an alternative to collecting wild frogs.

Sustainable rates of wild harvest depend on the abundance and demography of populations, the behaviour and life-history characteristics of a species (Schlaepfer et al., 2005), and socio-economic factors (Klemens & Thorbjarnarson, 1995; Reynolds et al., 2001), and thus determining sustainable

harvesting rates is complex. Our data and analysis provide the initial steps for this process.

Author contributions Study design and fieldwork: KÇ, DA, MA, YB, OC, İBİ; data analysis and writing: KÇ, HRA, CCB, YB, ÇA, EÜ, DA, MY, CVT.

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Conflicts of interest None.

Ethical standards This research abided by the *Oryx* guidelines on ethical standards and the protocol was approved by the Laboratory Animals Ethical Committee at Ege University, Turkey (Decision No. 2012/29).

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