Contents

MAIN ARTICLES

Providing objective feedback in supervision in motivational interviewing: results from a randomized controlled trial 383
Maria Beckman, Lars Forsberg, Helena Lindqvist & Ata Ghaderi

The development of a theoretically derived measure exploring extreme appraisals of sleep in bipolar disorder: a Delphi study with professionals 395
Lydia Pearson, Sophie Parker & Warren Mansell

Cognitive behavioural responses to envy: development of a new measure 408
Cheryl Jordan, Silia Vitoratou, Yee Siew & Trudie Chalder

Therapist written goodbye letters: evidence for therapeutic benefits in the treatment of anorexia nervosa 419

Reconsidering perfect: a qualitative study of the experiences of internet-based cognitive behaviour therapy for perfectionism 432
Alexander Rozental, Radha Kothari, Tracey Wade, Sarah Egan, Gerhard Andersson, Per Carbring & Rez Shaban

Examining the roles of metacognitive beliefs and maladaptive aspects of perfectionism in depression and anxiety 442
Lee Kannis-Dymand, Emily Hughes, Kate Mulgrew, Janet D. Carter & Steven Love

Do you believe in magical thinking? Examining magical thinking as a mediator between obsessive-compulsive belief domains and symptoms 454
Robert E. Fite, Sarah L. Adut & Joshua C. Magee

Self-concept, post-traumatic self-appraisals and post-traumatic psychological adjustment: what are the relationships? 463
Alberta Engelbrecht & Laura Jobson

EMPIRICALLY GROUNDED CLINICAL INTERVENTIONS

Positive schemas in schema therapy with older adults: clinical implications and research suggestions 481
Aryan C. Vedeer, Rita J.J. van Royen, Marjolein J.H. Legra & Machteld A. Ouwens

Sleep restriction therapy may be effective for people with insomnia and depressive complaints: evidence from a case series 492
J. Lancee, M. Manic & J.H. Kamphuis

Metacognitive beliefs in depressed in-patients: adaptation and validation of the short version of the Metacognitions Questionnaire (MCQ-30) for French clinical and non-clinical samples 498
Axel Baptista, Charlotte Soumet-Leiman, Arnaud Visnet & Roland Jouvent