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**Results:** Finally 110 caregivers were included ,the majority of caregivers were females (63.6%) and consisted of patients' parents (50.9%). Verbal violence was the most reported type of violence victimization (35.5%). In addition, 54.5% of caregivers disclosed having perpetrated verbal violence at least once against their ill relative.

Bivariate analysis showed that lower caregivers' educational level (p=.017), unemployment (p<.001), other person in charge (p=.027), burden levels (p<.001), depression (p<.001), anxiety (p<.001) and stress (p<.001) symptoms are positively associated with violence victimization occurrence. while being male caregiver (p=.007), having other person in charge (p<.001) and higher levels of depression (p<.001), anxiety (p<.001), and stress (p<.001) were associated with more violence perpetration.

**Conclusions:** Our findings suggested that violence victimization and perpetration in schizophrenia are not uncommon. Appropriate procedures for minimizing it should be considered.

Disclosure of Interest: None Declared

#### **EPP0669**

### Personality Functioning and Self-Disorders in different stages of Psychotic Disorders and Borderline Personality Disorder

M. Gruber<sup>1</sup>\*, J. Alexopoulos<sup>2</sup>, K. Feichtinger<sup>2</sup>, K. Parth<sup>2</sup>, A. Wininger<sup>2</sup>, N. Mossaheb<sup>3</sup>, F. Friedrich<sup>3</sup>, Z. Litvan<sup>3</sup>, B. Hinterbuchinger<sup>3</sup>, S. Doering<sup>2</sup> and V. Blüml<sup>2</sup>

<sup>1</sup>Department of Psychoanalysis and Psychotherapy; Department of Psychiatry and Psychotherapy, Division of Social Psychiatry; <sup>2</sup>Department of Psychoanalysis and Psychotherapy; and <sup>3</sup>Department of Psychiatry and Psychotherapy, Division of Social Psychiatry, Medical University of Vienna, Vienna, Austria

\*Corresponding author.

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**Introduction:** Personality functioning, self-disorders and their relationship to psychotic symptoms on a continuum from mild attenuated experiences to manifest psychotic symptoms in psychotic disorders are highly relevant for psychopathology, course of illness and treatment planning in psychotic disorders, but empirical data is sparse.

**Objectives:** This study aims at exploring personality functioning and self-disorders in individuals at ultra-high risk for psychosis (UHR) and with first-episode psychosis (FEP), compared to a clinical control group of subjects with borderline personality disorder (BPD) and healthy controls (HC).

**Methods:** Personality functioning was measured in 107 participants (24 UHR, 29 FEP, and 27 BPD and 27 HC) using the Structured Interview for Personality Organization (STIPO) and the Level of Personality Functioning Scale (LPFS), and self-disorders were assessed using the Examination of Anomalous Self-Experience (EASE). A hierarchical cluster analysis was performed based on the seven STIPO dimensions.

**Results:** Significant impairment in personality functioning was found in UHR (M = 4.29, SD = .908), FEP (M = 4.83, SD = 1.002), and BPD individuals (M=4.70, SD=.542) compared with HC (M = 1.63, SD = .565). FEP patients showed significantly worse overall personality functioning compared to UHR patients (p = .037). Patients with manifest psychosis (FEP) also exhibited

significantly higher levels of self-disorders compared to BPD patients (p = .019). Self-disturbances in patients with milder forms of psychotic symptoms (UHR) were intermediate between the other diagnostic groups (FEP and BPD). Regardless of the main diagnoses, the three clusters of patients were found to differ in levels of personality functioning and self-disorder.

Conclusions: Impairment of personality functioning varies in different stages of psychotic disorders. The level of self-disorders may allow differentiation between manifest psychosis and borderline personality disorder. An in-depth assessment of personality functioning and self-disorders could be helpful in differentiating diagnoses, treatment planning, and establishing foci for psychotherapeutic treatment modalities.

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#### **EPP0670**

SOD and CAT as potential preliminary biomarkers for the differential diagnosis of schizophrenia and bipolar disorder in the first episode of psychosis

C. Cachán-Vega $^{1,2,3}$ , E. Antuña $^{1,2,3}$ , C. García-González $^{1,2,3}$ , J. C. Bermejo-Millo $^{1,2,3}$ , F. Baena-Huerta $^{1,2}$ , L. González-Blanco $^{2,3,4,5}$ , B. Caballero $^{1,2,3}$ , I. Vega-Naredo $^{1,2,3}$ , J. Bobes $^{2,3,4,5}$ , M. P. García-Portilla $^{2,3,4,5*}$ , A. Coto-Montes $^{1,2,3}$  and Y. Potes $^{1,2,3}$ 

<sup>1</sup>Morphology and Cell Biology, University of Oviedo; <sup>2</sup>Instituto de Investigación Sanitaria del Principado de Asturias (ISPA); <sup>3</sup>Institute of Neurosciences of the Principality of Asturias (INEUROPA); <sup>4</sup>University of Oviedo and <sup>5</sup>SESPA / CIBERSAM, Oviedo, Spain \*Corresponding author.

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**Introduction:** Schizophrenia (SCH) and bipolar disorder (BD) are severe mental disorders which lead to psychotic, affective and cognitive symptoms and often cause a progressive functional deterioration of the individual. The current diagnosis of SCH and BD essentially depends on clinical observation that often leads to misdiagnosis and the introduction of non-specific treatments. Therefore, an early detection and intervention are determinant for a better prognosis. Improving outcomes of a First Episode of Psychosis (FEP) depends mainly on the identification of reliable and discriminatory biomarkers between both disorders.

**Objectives:** Given that oxidative stress has been tightly involved in multiple metal disorders, the major goal of this work was to characterize oxidative alterations in order to identify potential biomarkers which allow the differential diagnosis in an early stage. **Methods:** The study was carried out on samples from 49 subjects (14 women and 35 men), divided into four groups: a control group of 10 individuals not previously diagnosed with any serious mental disorder, 17 patients who had presented a FEP, 12 patients diagnosed with SCH and 10 patients diagnosed with BP. Biochemical analysis were conducted in erythrocyte fraction to characterize the

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cellular oxidative damage by measuring lipid peroxidation (LPO) levels and the antioxidant defense system by the evaluation of catalase (CAT) and superoxide dismutase (SOD) activities.

Results: In the present work, we observed a significant increase in LPO levels in both SCH and BD disorders that was not neutralized by the antioxidant defense. It was found that SCH patients, despite exhibiting greater activities of SOD and CAT compared to BD individuals, also showed significantly higher levels of oxidative damage. The differential oxidative profile observed between SCH and BD individuals allowed to perform an individually analysis of patients diagnosed with FEP. Although it was not possible to identify the type of psychotic disorder of all the patients with FEP, the results obtained showed that while several individuals exhibited an oxidative prolife similar to that observed in SCH patients, other individuals presented a prolife very similar to that found in patients with BD.

**Conclusions:** The current work reveals that LPO is a potential indicator of worse prognosis after being differentially modified in both SCH and BD. Moreover, SOD and CAT have been identified, by presenting an opposite profile between patients with SCH and BD, as potential preliminary biomarkers for a discriminatory diagnosis in an early stage of the disorder.

Disclosure of Interest: None Declared

#### **EPP0671**

## Dynamics of contrast-frequency characteristics of the visual system in patients with schizophrenia

M. A. Tumova<sup>1,2</sup>\*, I. I. Shoshina<sup>1</sup>, V. V. Stanovaya<sup>2</sup>, Z. T. Guseynova<sup>2</sup> and M. V. Ivanov<sup>2</sup>

<sup>1</sup>Institute for Cognitive Research, St. Petersburg State University and <sup>2</sup>Biological therapy of the mentally ill, V.M. Bekhterev National medical research center psychiatry and neurology, Saint Petersburg, Russian Federation

\*Corresponding author. doi: 10.1192/j.eurpsy.2023.967

**Introduction:** Visual impairment in schizophrenia is of interest as a potential biomarker of the mental state. The study of visual impairment in patients with schizophrenia is difficult due to the fact that visual perception can be influenced not only by the patient's condition, but also by age, drug treatment, concomitant eye diseases, etc. To reduce the influence of these factors, we studied visual disturbances in schizophrenic patients in dynamics at the second and eighth weeks of stable antipsychotic single treatment. **Objectives:** To reveal changes in visual impairment in inpatients with schizophrenia on the background of changes in mental state.

**Objectives:** To reveal changes in visual impairment in inpatients with schizophrenia on the background of changes in mental state. **Methods:** Eleven inpatients with schizophrenia who received antipsychotic monotherapy and thirteen healthy subjects of the same age and sex were included in the study. Examinations were performed at weeks 2 and 8 of treatment. The contrast-frequency characteristics of the visual system were examined using computer visocontrastometry. Visocontrastometry was performed in Gabor element contrast detection (gratings) with spatial frequencies of 0.4, 0.6, 0.8, 1.0, 4.0, 10.0 and 17.9 cycles/degree. Images of Gabor elements of different spatial frequency were repeated in random order 8 times each. The severity of the mental state was assessed during the interview using the PANSS (Positive and Negative Syndrome Scale).

**Results:** Patients' total PANSS score at week 2 averaged  $94.09\pm17.58$  and at week 8 averaged  $52.45\pm6.06$ ; at week 8 the

total score was significantly lower than at week 2 (V = 66, p-value = 0.004). In the low-frequency region after treatment, patients tended to have lower thresholds (V = 2207, p-value = 0.060), but both at week 2 and week 8, thresholds were significantly higher in patients than in the healthy group (W = 7233, p-value < 2.2e-16, W = 6924.5, p-value = 1.204e-11, respectively). Mid-range frequencies increased at week 8 compared with week 2 (V = 925, p-value = 0.003), but were also lower at weeks 2 and 8 than in the healthy group (W = 1479, p-value = 7.247e-12, W = 3156.5, p-value = 0.004, respectively). In the high frequency region, thresholds also increased after the treatment (V = 908, p-value = 2.084e-05), at week 2, thresholds in patients were significantly lower than in healthy controls (W = 2574.5, p-value = 2.757e-07), and at week 8, thresholds in the patient and healthy groups were not different (W = 4759.5, p-value = 0.461).

Conclusions: The impairments in the low spatial frequencies in schizophrenic patients appear earliest and, apparently, are the most persistent. Changes in the middle and high frequencies appeared to be more variable with changes in the mental state. Unfortunately, our design does not allow us to judge the persistence of the revealed changes. Further prospective studies are needed to investigate the relationship of visual disturbances with other symptoms.

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#### **EPP0672**

# Sleep disorders in patients with a first psychotic episode: a case-control study

M. Abdellatif\*, H. Nefzi, J. Nasri, M. Methni, K. Rania, M. Karoui and F. Ellouze

Psychiatry "G" department, Razi Hospital, Manouba, Tunisia \*Corresponding author. doi: 10.1192/j.eurpsy.2023.968

**Introduction:** Patients with chronic schizophrenia experience significant disturbances in the quality and quantity of their sleep and it had been mainly attributed to severity of symptoms and antipsychotic use. Recent studies suggested that antipsychotic-naïve early course patients with schizophrenia and their non-psychotic first-degree relatives also show altered sleep quality.

**Objectives:** In this study we aimed to compare sleep parameters in antipsychotic-naive first-episode schizophrenia patients to their healthy siblings and age- and sex-matched healthy controls.

Methods: We conducted a cross-sectional, descriptive case-control study in the Psychiatry « G » department at Razi Hospital, for a period of six months. Our sample consisted of three groups: a group of schizophrenic patients, a group of their healthy siblings and a group of healthy controls. The three groups were matched by age and sex. The Positive and Negative Syndrome Scale (PANSS) was used to assess the severity of symptoms in patients with schizophrenia. The Morningness-Eveningness Questionnaire (MEQr), Epworth Sleepiness Scale (ESS), and Pittsburgh Sleep Quality Index (PSQI) were used in the three groups to assess Circadian preference, daytime sleepiness and sleep quality.

**Results:** There was no significant difference between the groups regarding the chronotype. Patients had significantly higher daytime