### DIGITAL HEALTH CARE OUTSIDE OF TRADITIONAL CLINICAL SETTINGS

Health care delivery is shifting away from the clinic and into the home. Even prior to the COVID-19 pandemic, the use of telehealth, wearable sensors, ambient surveillance, and other products was on the rise. In the coming years, patients will increasingly interact with digital products at every stage of their care, such as using wearable sensors to monitor changes in temperature or blood pressure, conducting self-directed testing before virtually meeting with a physician for a diagnosis, and using smart pills to document their adherence to prescribed treatments. This volume reflects on the explosion of at-home digital health care and explores the ethical, legal, regulatory, and reimbursement impacts of this shift away from the twentieth-century focus on clinics and hospitals toward a more modern health care model. This title is also available as Open Access on Cambridge Core.

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# Digital Health Care outside of Traditional Clinical Settings

## ETHICAL, LEGAL, AND REGULATORY CHALLENGES AND OPPORTUNITIES

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