# ERGODIC PROPERTIES OF LAMPERTI OPERATORS 

CHARN-HUEN KAN

1. Introduction. We shall assume throughout this paper, unless otherwise specified, that $p$ is a fixed number, $1<p<\infty$.

It is well known that to prove the pointwise ergodic convergence of a contraction $T$ on an $L_{p}$-space it is enough to prove a Dominated Ergodic Estimate (DEE) for T (see e.g. [11]). The earliest and simplest nontrivial DEE was proved by Hardy-Littlewood [10, Theorem 8], where $T$ is induced by the (right) shift on nonnegative integers equipped with the counting measure. The DEE for general positive $L_{p}$ contractions, for long an open problem, was finally proved by Akcoglu [1] in 1974. The proof involves several steps, the most difficult being a dilation that reduces it to the case of positive invertible isometries, first proved by A. Ionescu Tulcea [11]. Recently A. de la Torre [8] proved a DEE for a cyclic group of positive, uniformly norm-bounded $L_{p}$ operators, using a technique developed by Calderón [4] and extended by Coifman and Weiss [7], which brings the Hardy-Littlewood theorem into play. This result generalizes [11], and its proof is considerably simpler, thereby in effect simplifying the proof of Akcoglu's theorem. Our first aim in this paper is to show, in $\S 2$, that Calderón's technique works for positive, not necessarily invertible $L_{p}$ isometries. In $\S 3$ we introduce the concept of Lamperti operators, which include positive $L_{p}$ isometries, and give sufficient conditions for $L_{p}$ operators to be Lamperti, showing, in particular, that operators considered in $[\mathbf{8}]$ are so. In $\S 4$ we prove some structural theorems for Lamperti operators, which we use in $\S 5$ to prove our main results, the DEE for Lamperti contractions (Theorem 5.1) and the DEE for a class of Lamperti operators (Theorem 5.2), which generalizes and improves that of [8]. Finally in $\S 6$ we show how the dilation method in $[\mathbf{1}]$ can be simplified, using the results that we have proved in $\S \S 2,5$.

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2. DEE for positive isometries. Let $(X, \mathscr{F}, \mu)$ be a $\sigma$-finite measure space and $L_{p}=L_{p}(X, \mathscr{F}, \mu), 1 \leqq p \leqq \infty$, the usual (real or complex) Banach spaces. Statements concerning measurable functions and sets shall be read modulo $\mu$-null sets. The indicator function of a set $E$ is denoted $1_{E}$. The support of a function $f$ is the set $\operatorname{supp} f=\{x: f(x) \neq 0\}$. The maximal operator $M(T) \equiv M$ of an $L_{p}$ operator $T$ is defined by $M f=\sup _{n \geqq 1}\left|T_{n} f\right|$, where

[^0]$T_{n}=n^{-1} \sum_{i=0}^{n-1} T^{i}$. The truncated maximal operator $M_{N}, N$ a positive integer, is defined similarly with the sup taken over $n=1, \ldots, N . T$ is said to have a Dominated Ergodic Estimate (DEE) with (finite) constant $C$ if
\[

$$
\begin{equation*}
\|M f\| \leqq C\|f\| \quad \text { for all } f \in L_{p} \tag{2.1}
\end{equation*}
$$

\]

This will be the case if (2.1) holds for all $M_{N}$ with the same $C$.
Theorem 2.1. Suppose $T$ is a positive isometry on $L_{p}, 1<p<\infty$. Then (2.1) holds with $C=p /(p-1)$.

Proof. First note that $T$ maps functions with disjoint supports to functions with disjoint supports. This follows from the fact that for $f, g \in L_{p}{ }^{+},\|f+g\|^{p}$ $=\|f\|^{p}+\|g\|^{p}$ if and only if $f$ and $g$ have disjoint supports.

It suffices to prove (2.1) for all $M_{N}$ and $f \in L_{p}{ }^{+}$. Now $M_{N} f=\sum_{n=1}^{N} 1_{E_{n}} T_{n} f$ for a family of disjoint subsets $E_{1}, \ldots, E_{N}$. Since $T$ and so $T^{k}, k=1,2, \ldots$, preserve disjointness of supports, $T^{k}\left(1_{E_{n}} T_{n} f\right), n=1, \ldots, N, k$ fixed, have disjoint supports $D_{n}$. Hence

$$
\begin{equation*}
T^{k} M_{N} f=\sum_{n=1}^{N} 1_{D_{n}} T^{k}\left(1_{E_{n}} T_{n} f\right) \leqq \sum_{n=1}^{N} 1_{D_{n}} T^{k} T_{n} f \leqq M_{N}\left(T^{k} f\right), \tag{2.2}
\end{equation*}
$$

and so

$$
\begin{equation*}
\left\|M_{N} f\right\|=\left\|T^{k} M_{N} f\right\| \leqq\left\|M_{N}\left(T^{k} f\right)\right\|, \quad k=0,1,2, \ldots . \tag{2.3}
\end{equation*}
$$

Taking power $p$ and averaging between $k=0$ and $k=L-1, L \geqq 1$, we have

$$
\begin{equation*}
\left\|M_{N} f\right\|^{p} \leqq \frac{1}{L} \int \sum_{k=0}^{L-1}\left(M_{N} T^{k} f\right)^{p} d \mu \tag{2.4}
\end{equation*}
$$

Now the Hardy-Littlewood DEE says that for a finite sequence of nonnegative numbers $F(0), \ldots, F(N+L-2)$,

$$
\begin{equation*}
\sum_{k=0}^{L-1}\left(M_{N} F(k)\right)^{p} \leqq C^{p} \sum_{k=0}^{N+L-2}(F(k))^{p} \tag{2.5}
\end{equation*}
$$

where

$$
M_{N} F(k)=\max _{N \geqq n \geq 1} \frac{1}{n} \sum_{i=0}^{n-1} F(k+i) .
$$

Applying (2.5) to $F_{x}(k)=T^{k} f(x)$ for each $x$ fixed, and observing that $M_{N} T^{k} f(x)=M I_{N} F_{x}(k)$, we have from (2.4)

$$
\left\|M_{N} f\right\|^{p} \leqq C^{p} \frac{1}{L} \int \sum_{k=0}^{N+L-2}\left(T^{k} f\right)^{p} d \mu=C^{p} \frac{N+L-1}{L}\|f\|^{p}
$$

which gives us (2.1) for $M_{N}$ by letting $L \rightarrow \infty$.
Remark 2.1. (2.3) is crucial in the proof of Theorem 2.1. More generally if
there exist positive numbers $H, K$ so that $\left\|T^{n}\right\| \leqq K, n=0,1, \ldots$, and (2.3') $\left\|M_{N} f\right\| \leqq H\left\|M_{N} T^{k} f\right\|$ for all $k \geqq 0, N \geqq 1$, then $T$ has a DEE with constant $H K p /(p-1)$.

## 3. Lamperti operators.

Definition 3.1. A linear operator on a Banach space of functions is said to separate supports if it maps functions with disjoint supports to the same.

Definition 3.2. A bounded linear operator on an $L_{p}$-space, $1 \leqq p<\infty$, separating supports is called a Lamperti operator.

Lamperti operators include $L_{p}$ isometries, $1 \leqq p<\infty, p \neq 2$, and positive $L_{2}$ isometries $[\mathbf{3} ; \mathbf{1 1} ; \mathbf{1 2}]$. Their general structure, in the context of $L_{p}$ isometries, $p \neq 2$, was investigated by J. Lamperti [12], but the idea goes back to Banach. It is interesting to note that the operators considered in [8] also fall into this category, by the following.

Proposition 3.1. Every positive linear operator on $L_{p}, 1 \leqq p \leqq \infty$, that has a positive inverse separates supports.

Proof. We need only show that such an operator $T$ maps every pair $f, g \in L_{p}{ }^{+}$ with $\min (f, g)=0$ to $T f, T g$ with $\min (T f, T g)=0$. Call this minimum $h$. So $T^{-1} h \leqq f, T^{-1} h \leqq g$, implying supp $T^{-1} h \subset \operatorname{supp} f \cap$ supp g. Thus $T^{-1} h=0$ and $h=0$.

Remarks 3.1. However, as noted by de la Torre himself (oral communication), the result in $[\mathbf{8}]$ extends to an invertible $L_{p}$ operator $T$ such that only $T$ (or $T^{-1}$ ) is positive and $\left\|T^{n}\right\| \leqq K<\infty, n=0, \pm 1, \pm 2, \ldots$ In fact the inequalities $M_{N} f \leqq T^{k} M_{N}\left(T^{-k} f\right), f \in L_{p}, N \geqq 1$, still hold for positive (negative) $k$. This yields a DEE with constant $K^{2} p /(p-1)$ (cf. Remark 2.1). Such a $T$ is not in general Lamperti (see Example 3.1 below) but it is so in the finite dimensional case.

Proposition 3.2. Let $T$ be an invertible, nonnegative $n \times n$ matrix such that $T^{k}, k=0, \pm 1, \ldots$, are uniformly bounded in any (equivalent) matrix norm. Then $T$ is periodic and separates supports.

Proof. The spectral radius formula shows that $r(T), r\left(T^{-1}\right) \leqq 1$. This is possible only if the spectrum $\sigma(T) \subset$ unit circle. If $T$ is irreducible, then by Frobenius' Theorem [9, Ch. 13], its elements $a_{i j}$, after a congruent change of rows and columns, are all 0 except when $j=i+1$, and its characteristic polynomial $\lambda^{n}-a_{12} \ldots a_{n-1, n} a_{n 1}$ is equal to $\lambda^{n}-1$. It follows that $T$ separates supports and is $n$-periodic. If $T$ is reducible, then $T$ splits, after a congruent change of rows and columns, into blocks $T_{i j}, i, j=1, \ldots, m$, such that $T_{i j}$ is a zero matrix for $j>i$, and each $T_{i i}$ is an irreducible square matrix. Since $\sigma\left(T_{i i}\right) \subset \sigma(T)$, each $T_{i i}$ separates supports and is periodic, by the first case.

Let $N$ be the least common multiple of the periods. Then $T^{v}=I+P, P \geqq 0$. $T^{x k} \geqq k P, k=1,2 \ldots$. The norm condition then implies $P=0$. Now $T=D+Q, D=\operatorname{diag}\left(T_{11}, \ldots, T_{m m}\right), Q \geqq 0$. So

$$
D^{N}=I=T^{N}=(D+Q)^{N} \geqq D^{N}+D^{N-1} Q,
$$

implying $Q=0$. Thus $T=D$, is periodic, and separates supports.
Example 3.1. Let $l_{p}, 1 \leqq p \leqq \infty$, be the $L_{p}$-space on the set of integers with counting measure. Define operators $U, E_{i j}, i, j$ any two integers, on $l_{p}$ by $U\left\{x_{n}\right\}=\left\{y_{n}\right\}, y_{n}=x_{n+1}$, and $E_{i j}\left\{x_{n}\right\}=\left\{z_{n}\right\}, z_{n}=0$ if $n \neq i, z_{i}=x_{j}$. Thus $U$ is a positive invertible isometry. Let $0<t<1$ and $T=U+t E_{-1,1}$. Then $T$ is positive and does not separate supports. $T^{-1}=U^{-1}-t E_{00}$. Routine calculations show that

$$
\left|T^{n} x\right| \leqq U^{n}|x|+t U^{n+1}|x|, \quad\left|T^{-n} x\right| \leqq \sum_{i=0}^{n} t^{n-i} U^{-i}|x|
$$

for $x \in l_{p}, n \geqq 0$. Hence $\left\|T^{n}\right\| \leqq 1+t$, and $\left\|T^{-n}\right\| \leqq(1-t)^{-1}$.
Next we give a characterization of Lamperti operators. $|T|$ in Theorem 3.1 below is clearly the linear modulus of $T$ (see [5]). This theorem is of interest since the linear modulus of an $L_{\nu}$ operator, $1<p<\infty$, that is not positive may not exist.

Theorem 3.1. A bounded linear operator $T$ on an $L_{p}$-space, $1 \leqq p \leqq \infty$, separates supports if and only if there exists a positive linear operator $|T|$ on $L_{p}$ such that

$$
\begin{equation*}
|T f|=|T||f| \quad \text { for every } f \in L_{p} \tag{3.1}
\end{equation*}
$$

Proof. Suppose (3.1) holds. Then for every pair $f, g \in L_{p}$ with disjoint supports, $|T f+t T g|$ is the same for $t= \pm 1$ (real $L_{p}$ ), or $t= \pm 1, i$ (complex $L_{p}$ ). It follows that $T f$ and $T g$ have disjoint supports. Conversely suppose $T$ separates supports. Then $|T f|=|T| f| |$, and $|T|$ defined on $L_{p}{ }^{+}$as $|T| f=|T f|$ is linear. These are easy for simple functions. The general case follows from a routine approximation process. Then $|T|$ extends to a linear operator on $L_{p}$ and (3.1) is true.

## 4. Structural theorems.

Definition 4.1. A $\sigma$-endormorphism $\Phi$ of the measure algebra $(X, \mathscr{F}, \mu)$ is an endomorphism of $\mathscr{F}$ modulo $\mu$-null sets as a Boolean $\sigma$-algebra. This means:

$$
\begin{align*}
& \Phi\left(\bigcup_{n=1}^{\infty} E_{n}\right)=\bigcup_{n=1}^{\infty} \Phi E_{n}, \quad \text { for disjoint } E_{n} \in \mathscr{F},  \tag{4.1}\\
& \Phi(X-E)=\Phi X-\Phi E, \quad \text { for all } E \in \mathscr{F}, \text { and }  \tag{4.2}\\
& E \in \mathscr{F}, \mu E=0 \Rightarrow \mu \Phi E=0 \tag{4.3}
\end{align*}
$$

$\Phi$ induces a unique positive linear operator, also denoted by $\Phi$, on the space of (finite-valued or extended) measurable functions such that $\Phi 1_{E}=1_{\Phi E}$ (cf. $[12])$. We list here some properties of this operator which we will use later. Each of the last three is equivalent to positivity in the definition of the operator $\Phi$. Let $f, g$ be any measurable functions, and $p$ any positive number. Then

$$
\begin{align*}
& \Phi f \text { is } \Phi \mathscr{F} \text {-measurable; }  \tag{4.4}\\
& \text { supp } \Phi f=\Phi \operatorname{supp} f \tag{4.5}
\end{align*}
$$

$$
\begin{equation*}
|\Phi f|^{p}=\Phi|f|^{p} ; \tag{4.6}
\end{equation*}
$$

$$
\begin{equation*}
\Phi f . \Phi g=\Phi(f . g) ; \tag{4.7}
\end{equation*}
$$

(4.8) $\Phi$ preserves a.e. convergence, i.e., $f_{n} \rightarrow f$ a.e. implies $\Phi f_{n} \rightarrow \Phi f$ a.e.

Theorem 4.1. Every Lamperti operator $T$ on $L_{p}(X, \mathscr{F}, \mu), 1 \leqq p<\infty$, is induced by " $\sigma$-endomorphism $\Phi$ and " measurable function $h$. Specifically one such $\Phi$ (called the associated $\sigma$-endomorphism of $T)$ is defined by $\Phi E=\operatorname{supp} T 1_{E}$ for $E \in \mathscr{F}, \mu E<\infty$. There is then a unique $h=\sum_{i=1}^{\infty} T 1_{X_{i}}$, where $\left\{X_{i}: i \geqq 1\right\}$ is a countable decomposition of $X$ into subsets of finite measure, with supp $h=\Phi X$, such that

$$
\begin{equation*}
\nu E=\int_{\Phi_{E}}|h|^{p} d \mu \tag{4.9}
\end{equation*}
$$

defines a measure on $(X, \mathscr{F}), \nu \leqq\|T\|^{p} \mu$; and

$$
\begin{equation*}
T f(x)=h(x) \Phi f(x) \quad \text { for all } f \in L_{p} \tag{4.10}
\end{equation*}
$$

Proof. Similar to that of [12, Theorem 3.1].
Remarks 4.1. There is a parallel structural theorem for bounded supportseparating $L_{\infty}$ operators, with $\sigma$-endomorphisms replaced by endomorphisms, a.e. convergence in (4.8) by $L_{\infty}$ convergence, and (4.9) by $\|h\|_{\infty}=\|T\|$.

Remark 4.2. In many cases of interest, $\Phi$ is induced by a non-singular point transformation $\phi$, so that $\Phi f=f \circ \phi$; and it is always so in discrete measure spaces, and, by a theorem of Sikorski, in Borel spaces. (4.10) for non-isometric Lamperti operators was observed by several authors before; see e.g. [11].

With $\nu$ given by (4.9) and $\mu, p$, $\Phi$ fixed, we denote $d \nu / d \mu$ by $D(h)$, i.e.,

$$
\nu E=\int_{E} D(h) d \mu \quad \text { for all } E \in \mathscr{F} .
$$

It is not difficult to prove the following.
Proposition 4.1. Let $T$ be as in Theorem 4.1.
(a) If $T$ is one-to-one, then so is $\Phi$ and $D(h)>0$ a.e.
(b) If $T$ is onto, then so is $\Phi$ and $h \neq 0$ a.e.
(c) The dual $T^{*}$ of $T$ separates supports if and only if $\Phi$ maps $\mathscr{F}$ onto $\mathscr{F} \cap \Phi X$.

Theorem 4.2. Let $T$ be as in Theorem 4.1. Then

$$
\begin{equation*}
\int \Phi f \cdot|h|^{p} d \mu=\int f \cdot D(h) d \mu \tag{4.11}
\end{equation*}
$$

for all nonnegative measurable functions $f$. Hence
(4.12) $T$ acts isometrically on $L_{p}(\{D(h)=1\})$ and vanishes on $L_{p}(\{D(h)=0\})$, and

$$
\begin{equation*}
\|T\|^{p}=\|D(h)\|_{\infty} . \tag{4.13}
\end{equation*}
$$

Proof. By definition of $D(h)$ and (4.9), (4.11) is true for indicator functions. The general case then follows. (4.12) is then obvious. For (4.13), observe that

$$
\|\left. T f\right|^{p}=\int|\Phi f|^{p}|h|^{p} d \mu=\int|f|^{p} D(h) d \mu,
$$

by (4.11). Hence

$$
\|T\|^{p}=\sup _{\|f\| \leqq 1}\|T f\|^{p}=\sup _{\|f\| \leqq 1} \int|f|^{p} D(h) d \mu=\|D(h)\|_{\infty} .
$$

Theorem 4.3. Let $T$ be as in Theorem 4.1. Then

$$
\begin{equation*}
T^{n}=\theta_{n} \cdot S^{n} \quad \text { and } \quad \theta_{n}=\theta \ldots \Phi^{n-1} \theta, n=1,2, \ldots \tag{4.14}
\end{equation*}
$$

where
(i) $S$ is a positive Lamperti contraction for which there is a decomposition of $X$ into subsets $X_{1}$ and $X_{2}$, such that $S$ acts isometrically on $L_{p}\left(X_{1}\right)$ and vanishes on $L_{p}\left(X_{2}\right)$;
(ii) $\theta$ is an $L_{\infty}$ function whose support $\operatorname{supp} \theta=\Phi X$ and whose modulus $|\theta|$ is $\Phi \mathscr{F}$-measurable.

Further,

$$
\begin{equation*}
\left\|T^{n}\right\| \leqq\left\|\theta_{n}\right\|_{\infty} \tag{4.15}
\end{equation*}
$$

where equality holds for $n=1$ always, and for $n \geqq 2$ when $T^{*}$ separates supports.

Proof. $X$ decomposes into disjoint subsets $X_{1}, X_{2}$ such that $\Phi X_{2}$ is null and $\Phi$ is one-to-one on $\mathscr{F} \cap X_{1}$. By (4.9), $D(h)=0$ on $X_{2}$, and since $|h|>0$ on $\Phi X, D(h)>0$ on $X_{1}$. Let $S$ be the Lamperti operator induced by $\Phi$ and $g$, where $g=|h|$. $(\Phi D(h))^{-1 / p}$ on $\Phi X$, and 0 on $X-\Phi X$. Clearly $D(g)=0$ on $X_{2}$. For each $E \in \mathscr{F} \cap X_{1}$,

$$
\int_{\Phi E}|g|^{p} d \mu=\int \Phi\left(1_{E} D(h)^{-1}\right)|h|^{p} d \mu=\int_{E} D(h)^{-1} \cdot D(h) d \mu=\mu E,
$$

by (4.11), and so $D(g)=1$ on $X_{1}$. Hence by (4.12) and (4.13), $S$ has the properties described in (4.14). Put $\theta=\Phi D(h)^{1 / p}$. sgn $h$, where $\operatorname{sgn} h=h /|h|$
on $\{h \neq 0\}$, and 0 on $\{h=0\}$. Then the equality in (4.14) holds for $n=1$, and hence also for $n \geqq 2$, by property (4.7) of $\Phi$.

Obviously from (4.14), inequality (4.15) holds. Conversely, since $|\theta|$ is $\Phi \mathscr{F}$-measurable, given any $A<\|\theta\|_{\infty}$, there is $E \in \mathscr{F} \cap X_{1}, 0<\mu E<\infty$, such that $|\theta| \geqq A$ on $\Phi E$. Then supp $S 1_{E}=\Phi E$ and $\left|T 1_{E}\right|=|\theta| S 1_{E} \geqq A S 1_{E}$. It follows that $\|T\| \geqq A$ and therefore equality holds in (4.15) for $n=1$. If $T^{*}$ separates supports, then $\Phi$ maps $\mathscr{F}$ onto $\mathscr{F} \cap \Phi X$, by Prop. 4.1(c), and hence $\Phi^{n}$ maps $\mathscr{F}$ onto $\mathscr{F} \cap \Phi^{n} X$. Since

$$
\operatorname{supp} \theta_{n}=\operatorname{supp} \theta \cap \ldots \cap \operatorname{supp} \Phi^{n-1} \theta=\Phi X \cap \ldots \cap \Phi^{n} X=\Phi^{n} X
$$

it is then clear that $\left|\theta_{n}\right|$ is $\Phi^{n} \mathscr{F}^{2}$-measurable for $n \geqq 2$. The same argument above shows that equality now holds in (4.15) for $n \geqq 2$.

Corollary 4.1. Let $T$ be a Lamperti operator on $L_{p}(X, \mathscr{F}, \mu), 1 \leqq p<\infty$, with $\left\|T^{n}\right\| \leqq K<\infty, n=0,1,2, \ldots$, such that
(a) $T^{*}$ separates supports, or equivalently,
(b) the associated $\sigma$-endomorphism $\Phi$ maps $\mathscr{F}$ onto $\mathscr{F} \cap \Phi X$.

Then there exists a positive Lamperti contraction $S$ on $L_{p}$ such that

$$
\begin{equation*}
\left|T^{n} f\right| \leqq K S^{n}|f| \quad \text { for each } f \in L_{p}, n=0,1, \ldots \tag{4.16}
\end{equation*}
$$

In [2], it is shown that an $L_{p}$ contraction, $1 \leqq p<\infty$, has a geometric dilation (as defined in [2]) to an $L_{p}$ isometry, positive when $p=2$, only if it separates supports. Conversely, we have the following.

Theorem 4.4. Every support-separating $L_{p}$ contraction, $1 \leqq p \leqq \infty$, has a geometric dilation to a support-separating $L_{p}$ isometry, which can be chosen positive if so is the contraction.

Proof. Consider first the case $1 \leqq p<\infty$. With notation as in Theorem 4.1 and $4.2, X$ decomposes into $U=\{D(h)=1\}$ and $V=\{D(h)<1\}$. Define $X_{1}=X$, and $X_{n}, n \geqq 2$, as disjoint copies of $V$, equipped with inherited $\sigma$-algebra and measure. Then the $L_{p}$-direct sum $\oplus_{n=1}^{\infty} L_{p}\left(X_{n}\right)$ defines an $L_{p}$-space $L_{p}(Y, \mathscr{G}, \lambda)$ such that $Y \supset X, \mathscr{G} \supset \mathscr{F}$ and $\lambda$ extends $\mu . R$, defined as

$$
R\left(f_{1}, f_{2}, \ldots\right)=\left(T f_{1},(1-D(h))^{1 / p} \cdot 1_{v} f_{1}, f_{2}, f_{3}, \ldots\right)
$$

is a Lamperti isometry on $L_{p}(Y)$, positive if so is $T$. It is easy to check that $T^{n} f=1_{X} R^{n} f, n=0,1, \ldots$, for all $f \in L_{p}(X)$.

The same proof works through for the case $p=\infty$ if we read 1 for $(1-D(h))^{1 / p}, \sup \left\{E:\left\|h \cdot 1_{\Phi E}\right\|_{\infty}<1\right\}$ for $V$ and $\inf \left\{E:\left\|h \cdot 1_{\Phi E}\right\|_{\infty}=1\right\}$ for $U$.

## 5. Ergodic properties.

Theorem 5.1. Let $T$ be a Lamperti contraction on $L_{p}, 1<p<\infty$. Then $T$ has a DEE with constant $p /(p-1)$.

Proof. From Theorem 3.1 or $4.1, T$ has a linear modulus $|T|$ which is a positive Lamperti contraction. For all $f \in L_{p}, M(T) f \leqq M(|T|)|f|$. From Theorem 4.4, the latter equals $1_{X} M(R)|f|$, where $R$ is a positive isometry on a larger $L_{p}$-space. Theorem 2.1 then completes the proof.

Theorem 5.2. Let $T$ be a Lamperti $L_{p}$ operator, $1<p<\infty$, with $\left\|T^{n}\right\|$ $\leqq K<\infty, n=0,1,2, \ldots$, such that
(a) $T^{*}$ separates supports, or equivalently,
(b) the associated $\sigma$-endomorphism $\Phi$ maps $\mathscr{F}$ onto $\mathscr{F} \cap \Phi X$.

Then $T$ has a DEE with constant $K p /(p-1)$.
Proof. This follows from Corollary 4.1 and Theorem 5.1.
Corollary 5.1. For $T$ in Theorem 5.1 or 5.2 , the individual ergodic theorem holds i.e. $T_{n} f$ converges a.e. for all $f \in L_{p}$.

Remarks 5.1. By Propositions 3.1 and 4.1, a cyclic group of positive, uniformly bounded $L_{p}$ operators, $1<p<\infty$, is generated by a Lamperti operator satisfying conditions (a) equivalently (b) of Corollary 4.1. Thus Theorem 5.2 generalizes and improves the result of [8], giving a sharper constant $K p /(p-1)$ instead of $K^{2} p /(p-1)$.

If $T^{*}$ does not separate supports, we have the following weaker theorem whose proof is similar to that of Theorem 2.1. (See Remark 2.1).

Theorem 5.3. Suppose $T$ is a Lamperti $L_{p}$ operator, $1<p<\infty$, with $\left\|T^{n}\right\| \leqq K<\infty, n \geqq 0$, such that for all $f \in L_{p}$ with norm 1 ,
$\left.{ }^{*}\right) \quad \quad \lim \sup n^{-1}\left(\|f\|^{p}+\ldots+\left\|T^{n-1} f\right\|^{p}\right) \geqq H^{p}>0$.
Then the DEE holds for $T$ with constant $K p / H(p-1)$.
6. Akcoglu's theorem. A crucial step in the proof of Akcoglu's theorem [1] is the dilation of an $n$-dimensional $L_{p}(X, \mathscr{A}, m)$ operator $T$ satisfying $\|T\|=1$ and $T_{t j}>0$ to a positive invertible isometry. The same proof shows that by virtue of Theorem 2.1, it is enough to dilate $T$ to a positive isometry. More generally, because of Theorem 5.1, it is enough to "super-dilate" $T$ to a positive Lamperti contraction $Q$ on an $L_{p}(X, \mathscr{B}, m)$ with $\mathscr{B} \supset \mathscr{A}: T^{k} f \leqq E Q^{k} f$, $k \geqq 1, f \in L_{p}^{+}(\mathscr{A})$, where $E$ is the conditional expectation with respect to $\mathscr{A}$. This will follow if we can prove $T E f \leqq E Q f, f \in L_{r}{ }^{+}(\mathscr{B})$. The existence of $Q$ comes up in a very natural way by a simpler adaptation of Akcoglu's original construction.

In fact, we can regard $X$ as the union of disjoint intervals $I_{1}, \ldots, I_{n}$, of lengths $m_{1}, \ldots, m_{n}, \mathscr{A}$ as generated by $I_{1}, \ldots, I_{n}$, and $m$ as the Lebesgue measure. Take $\mathscr{B}=\{$ Borel sub-sets of $X\}$. Then

$$
E f(x)=\frac{1}{m_{i}} \int_{I_{i}} f d m \quad \text { for } x \in I_{i}
$$

By dividing each $I_{i}$ into sub-intervals $I_{i j}, j=1, \ldots, n$, and mapping $I_{i j}$ linearly onto $I_{j}$, we get a transformation $\phi$ of $X$ and a $\sigma$-endomorphism $\Phi=\phi^{-1}$ on $\mathscr{B}$ such that

$$
m\left(\Phi F \cap I_{i}\right)=m(F) \xi_{i j} m_{i} / m_{j}
$$

for all $F \in I_{j} \cap \mathscr{B}$, where $\xi_{i j}=m\left(I_{i j}\right) / m_{i}$. Let $Q$ be the Lamperti operator induced by $\Phi$ and $h \geqq 0$, where $h(x)=h_{i j}=$ constant, for $x \in I_{i j}$. Simple calculations show that $E Q=T E$ if and only if $h_{i j}=T_{i j} / \xi_{i j}$ and that

$$
D(h)(x)=m_{j}^{-1} \sum_{i} h_{i j}^{p} \xi_{i j} m_{i} \quad \text { for } x \in I_{j}
$$

By Theorem 4.2, $Q$ is a contraction if and only if $\sum_{i} h_{i j}{ }^{p} \xi_{i j} m_{i} \leqq m_{j}$ (equalities for isometric $Q$ ), and if in addition $E Q=T E, \sum_{i} T_{i j}{ }^{p} \xi_{i j}{ }^{1-p} m_{i} \leqq m_{j}$. A natural choice for $\xi_{i j}$ is $T_{i j} u_{j} /(T u)_{i}$ where $u=\left(u_{1}, \ldots, u_{n}\right)$ and $T u$ are positive vectors. The last relations then become $\sum_{i} T_{i j}(T u)_{i}{ }^{p-1} m_{i} \leqq m_{j} u_{j}{ }^{p-1}$, i.e. $T^{*}(T u)^{p-1} \leqq u^{p-1}$. The existence of such a $u$ is easy, and in fact it satisfies the equality so that $Q$ is an isometry [1, Lemma 2.4].

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McGill University,<br>Montreal, Quebec


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