



# Part 5

## Localising this manual for your area

The earlier sections of the manual have described the clinical approach to mental health problems from a general health worker's perspective. Part 5 allows readers to record information that is specific to their area of work. Four chapters are included.

**Chapter 14** provides a quick reference guide to different medications for mental health problems and space for you to write the local brand names and costs of these medications.

**Chapter 15** suggests how you might record information on resources in your local area that may be useful in helping people with mental health problems.

A glossary of technical terms is provided in **Chapter 16**, and **Chapter 17** has space in which you can note the word for particular items in the local language.

