Part 5
Localising this manual for your area

The earlier sections of the manual have described the clinical approach to mental health problems from a general health worker’s perspective. Part 5 allows readers to record information that is specific to their area of work. Four chapters are included.

Chapter 14 provides a quick reference guide to different medications for mental health problems and space for you to write the local brand names and costs of these medications.

Chapter 15 suggests how you might record information on resources in your local area that may be useful in helping people with mental health problems.

A glossary of technical terms is provided in Chapter 16, and Chapter 17 has space in which you can note the word for particular items in the local language.