Behavioural and Cognitive Psychotherapy Instructions to Authors

Submission to Behavioural and Cognitive Psychotherapy

Articles written in English and not submitted for publication elsewhere should be sent via http://mc.manuscriptcentral.com/babcp.

Manuscript preparation

A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc, is referred to in an article, copies should be submitted as an additional document to facilitate review.

Attention should be paid to the Editorial Statement that is accessed online at http://journals.cambridge.org/action/displayMoreInfo?jid=BCP&type=ifc

Submissions will be sent out for review exactly as submitted. Authors who want a blind review should indicate this at the point of submission of their article, omitting details of authorship and other information. Submission for blind review is encouraged.

Abbreviations where used must be standard. The Systeme International (SI) should be used for all units; where metric units are used the SI equivalent must also be given. Probability values and power statistics should be given with statistical values and degrees of freedom (e.g. F(1,34) - 123.07. p < .001), but such information may be included in tables rather than the main text.

Spelling must be consistent within an article, either using British usage (The Shorter Oxford English Dictionary), or American usage (Webster's New Collegiate Dictionary). However, spelling in the list of references must be literal to each original publication.

Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the style manual of the British Psychological Society.

Articles should conform to the following scheme:

- (a) *Title page*. The title should phrase concisely the major issues. Author(s) to be given with departmental affiliations and addresses, grouped appropriately. A running head of no more than 40 characters should be indicated.
- (b) Abstract. This should summarize the article in no more than 200 words, and should be structured under the headings: Background: Aims: Method: Results: Conclusions. The abstract should also include up to six keywords that could be used to describe the article.
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Tharp, R. G. and Wetzel, R. J. (1969). Behaviour Modification in the Natural Environment. New York: Academic Press.

Roskies, E. and Lazarus, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), Behavioural Medicine. changing health lifestyles. New York: Brunner/Mazel.

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- Figures. Original drawings or prints must be submitted for each line or half-tone illustration. Figures should be clearly labelled and be cameraready wherever possible.

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Behavioural and Cognitive Psychotherapy CONTENTS **Empirically Grounded Clinical Interventions** 1 Ellen Moens and Caroline Braet Training Parents of Overweight Children in Parenting Skills: A 12-Month Evaluation **Main Articles** Roger Baker, Matthew Owens, Sarah Thomas, Anna Whittlesea, Gareth Abbey, Phil Gower, Lara Tosunlar, Eimear Corrigan and Peter W. Thomas 19 Does CBT Facilitate Emotional Processing? Bianca L. Kingdon, Sarah J. Egan and Clare S. Rees 39 The Illusory Beliefs Inventory: A New Measure of Magical Thinking and its Relationship with Obsessive Compulsive Disorder S. Helen Lockett, Judith Hatton, Ruth Turner, Claire Stubbins, Joanne Hodgekins and David Fowler 55 Using a Semi-Structured Interview to Explore Imagery Experienced During Social Anxiety for Clients with a Diagnosis of Psychosis: An Exploratory Study Conducted Within an Early Intervention for Psychosis Service Lisa Jane Phillips, Jane Edwards, Nancy McMurray and Shona Francey 69 Comparison of Experiences of Stress and Coping Between Young People at Risk of Psychosis and a Non-Clinical Cohort 89 Alexis Berry and Myra Cooper Anxious Children's Ability to Generate Alternative Attributions for Ambiguous Situations **Brief Clinical Reports** Álvaro I. Langer, Adolfo J. Cangas, Estela Salcedo and Belén Fuentes 105 Applying Mindfulness Therapy in a Group of Psychotic Individuals: A Controlled Study Paul Hutton, Anthony P. Morrison and Hannah Taylor 111 Brief Cognitive Behavioural Therapy for Hallucinations: Can it Help People Who Decide Not to Take Antipsychotic Medication? A Case Report Janet Maxwell, John Farhall and Thomas Matyas 117 Translating CBT for Voices into a Program for Carers: A Pilot Study **Book Reviews** 125

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