CNS SPECTRUMS

CONTENTS

	ORIGINAL RESEARCH	
1	Anxious distress in people with major depressive episodes: a cross-sectional analysis of clinical correlates Francesco Bartoli, Bianca Bachi, Tommaso Callovini, Dario Palpella, Susanna Piacenti, Marco Morreale, Maria Elisa Di Lella, Cristina Crocamo, Giuseppe Carrà, and NOMIAC Investigators	
		49
4	Duration of untreated illness in gambling disorder Jon E. Grant and Samuel R. Chamberlain	54
	The relationship among posttraumatic stress disorder, posttraumatic growth, and suicidal ideation among Italian healthcare workers during the first wave of COVID-19 pandemic Camilla Gesi, Rita Cafaro, Francesco Achilli, Maria Boscacci, Matteo Cerioli, Giovanna Cirnigliaro, Fotios Loupakis,	
6		
		00
10	Psychiatric providers' attitudes toward patients with borderline personality disorder and possible ways to	60
	improve them Diane U. Ukwuoma, Kachikwulu A. Ajulu, Dongliang Wang, Sergey Golovko, Jarred Marks, and Luba Leontieva	65
26	Investigating the impact of adjunctive priming repetitive transcranial magnetic stimulation in late-life depression: a pilot single-blind randomized control study Kote L. Vidya, Shrikant Srivastava, Bhupendra Singh, and Sujita K. Kar	
40		76
	6	Anxious distress in people with major depressive episodes: a cross-sectional analysis of clinical correlates Francesco Bartoli, Bianca Bachi, Tommaso Callovini, Dario Palpella, Susanna Piacenti, Marco Morreale, Maria Elisa Di Lella, Cristina Crocamo, Giuseppe Carrà, and NOMIAC Investigators Duration of untreated illness in gambling disorder Jon E. Grant and Samuel R. Chamberlain The relationship among posttraumatic stress disorder, posttraumatic growth, and suicidal ideation among Italian healthcare workers during the first wave of COVID-19 pandemic Camilla Gesi, Rita Cafaro, Francesco Achilli, Maria Boscacci, Matteo Cerioli, Giovanna Cirnigliaro, Fotios Loupakis, Massimo Di Maio, and Bernardo Dell'Osso Psychiatric providers' attitudes toward patients with borderline personality disorder and possible ways to improve them Diane U. Ukwuoma, Kachikwulu A. Ajulu, Dongliang Wang, Sergey Golovko, Jarred Marks, and Luba Leontieva Investigating the impact of adjunctive priming repetitive transcranial magnetic stimulation in late-life depression: a pilot single-blind randomized control study Kote L. Vidya, Shrikant Srivastava, Bhupendra Singh, and Sujita K. Kar



The Science and Power of Being Alone

Most of us spend a sizable chunk of each day alone. Whether we love it or try to avoid it, we can make better use of that time. The science of solitude shows that alone time can be a powerful space used to tap into countless benefits.

"Extremely comprehensive, accessible, and tremendously engaging. This is an absolute must read and invaluable resource on this topic from leading international experts."

Robert J. Coplan, Carleton University

"This book is full of wisdom. Kind, conversational, and profoundly practical."

 $Michael\ Harris, author\ of\ Solitude\ and\ The\ End\ of\ Absence$

"This delightful book helps you strengthen your capacity for solitude and harness the benefits of being alone."

Scott Barry Kaufman, author of Transcendence

"Rejuvenates the subject by sowing the seeds of reshaping our perception of solitude."

Sharon Ost Mor, University of Haifa

"An interesting and comprehensive read on everything you need to know about making the most of your time alone."

Marion Pauw, author of Daylight and screenwriter of In Therapy

Solitude

The Science and Power of Being Alone

This book is full of wisdom. Kind, conversational, and profoundly practical."

Michael Harris, author of The End of Absence

Netta Weinstein,
Heather Hansen and Thuy-vy T. Nguyen

9781009256605 | Hardback | £20.00/\$25.95 | April 2024

Save 20% with code SOLITUDE20 www.cambridge.org/solitude

