

to perplex many. We began with a statement that required analysis and self examination before, during and after training which has been superseded by a new wording requiring trainings to ensure that the trainee psychotherapist learns how to manage his or her own involvement in the therapeutic process. The new wording is close to that of the JCHPT of the Royal College of Psychiatrists. Each Section will formulate its own approach to this requirement and show how that is effective. For analysis and analytical psychotherapy this will remain the personal analysis.

How are we going to create the Register? As we do not want to register everybody, we have to start from some criteria. What we are doing is creating a Preliminary List. We have asked all the Sections to let us know how they propose to judge which of their member organisations either train to at least our minimum standards, or recruit at that level. At the last AGM we expelled an organisation which had been recruiting below the level of its Section. From those enquiries we will list the organisations which conform and list their practising members. We will agree on the labels, that is the names by which the different psychotherapies wish their practitioners to be known.

We expect that it will need quite a lot of thought to decide on the best labels to use, as we want to be both accurate and neutral. It is not our intention to give offence nor to imply that there is any better or worse kind of psychotherapy, only that there are different kinds that can be distinguished by their names. Some labels may change when the first Register is made and some may well change subsequently. It only needs agreement that another name would be better and not divisive.

The preliminary list will be handed over to the Registration Board as the basis of the Register. As quickly as is practicable, we shall move to adding to the register only the names of those who have successfully completed an accredited training. But we must be fair to those who have started on a training before the register was begun. The Registration Board will carry out some spot checks to see that rules are being observed.

Organisations get into UKSCP in the first place by applying to the Council who check that they are a bona fide organisation according to our criteria. Since 1989 we have turned away about 40 organisations at this stage. Next they must apply to the Section of their choice who will assess whether they are a psychotherapy and if so, whether they fit the criteria of that Section. If they do, the Section recommends them to the Council as suitable, and the Council recommends them to the next AGM, provided that the Council are satisfied that the Section has done its job properly. The new organisation has to achieve a two thirds vote at the AGM to become a member. Not all have managed this final hurdle. Once inside the conference, every organisation is subject to a five yearly sunset rule when it is reassessed.

At our last general meeting training standards were discussed at length and arrived at by amending the proposals into the form that they now have. There are still many problems to be tackled. I hope that we will continue to discuss and amend as we have managed to for a number of years. The aim is to create a strong profession that will be able to give serious attention to the provision of good psychotherapy throughout the UK. That will mean working extensively in the NHS as well as in private practice.

Video competition

The Public Education Committee wants a short videotape (running *no more than 5 minutes*) to be shown at Careers Fairs, to complement the College's Careers Pack. The idea is to attract still more of the highest and best medical students to consider a career in psychiatry.

Thanks to Boots Pharmaceuticals, a prize of £5000 is offered for the best video submitted by an individual or Department of Psychiatry before 31 May 1993.

So Lights, Action, Camera – !