

Effect of excessive iodine exposure on the placental deiodinase activities and *Hoxc8* expression during mouse embryogenesis

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Excessive iodine induces thyroid dysfunction. However, the effect of excessive iodine exposure on maternal–fetal thyroid hormone metabolism and on the expression of genes involved in differentiation, growth and development is poorly understood. Since a thyroid hormone receptor response element was found in the *Hoxc8* promoter region, *Hoxc8* expression possibly regulated by excessive iodine exposure was firstly investigated. In the present study, Balb/C mice were given different doses of iodine in the form of potassium iodate (KIO₃) at the levels of 0 (sterile water), 1.5, 3.0, 6.0, 12.0 and 24.0 µg/ml in drinking water for 4 months, then were mated. On 12.5 d postcoitum, placental type 2 and type 3 deiodinase activities and fetal *Hoxc8* expression were determined. The results showed that excessive iodine exposure above 1.5 µg/ml resulted in an increase of total thyroxine and a decrease of total triiodothyronine in the serum of maternal mice, which was mainly associated with the inhibition of type 1 deiodinase activity in liver and kidney. Placental type 2 deiodinase activity decreased, showing an inverse relationship with maternal thyroxine level. *Hoxc8* mRNA and protein expression at 12.5 d postcoitum embryos were down regulated. Because *Hoxc8* plays an important role in normal skeletal development, this finding provides a possible explanation for the skeletal malformation induced by excessive iodine exposure and also provides a new clue to study the relationship between iodine or thyroid hormones and *Hox* gene expression pattern.

Excessive iodine: Deiodinase: *Hoxc8*

Adequate iodine intake is essential for fetal and postnatal development. Iodine deficiency during pregnancy may result in *in utero* hypothyroidism and increase the rates of miscarriage, stillbirths, as well as congenital abnormalities such as cretinism, a grave irreversible form of mental retardation (Glinoer, 1997; Utiger, 1999). The goal of eliminating iodine-deficiency disease has been achieved since universal salt iodisation policy has been widely carried out in many nations including China (Delange & Lecomte, 2000). On the other hand, reports are increasingly appearing on the toxic effects caused by high amounts of iodine intake. Exposure to excessive iodine occurs via food (Konno *et al.* 1994), drinking water (Zhao *et al.* 1998), medication (Martino *et al.* 2001) and iodised salt or iodinated oil (Wolff, 2001). Recent studies have reported that iodine excess also causes either hypothyroidism or hyperthyroidism (Markou *et al.* 2001; Roti & Uberti, 2001), which may induce embryo toxicity, especially skeletal anomalies. Though little is known about the cellular and molecular basis for these abnormalities, disruption of thyroid hormone metabolism and modulation of the expression pattern of genes involved in differentiation, growth and metabolism mediated by thyroid hormones may play a pivotal role in this process.

Excessive iodine has a complex disruptive effect on thyroid hormone metabolism. Animal studies (Bednarczuk *et al.* 1993) have suggested that excessive iodine-induced thyroid hormone abnormalities are related to the inhibition of the activity of type 1 deiodinase (D1), which catalyses the deiodination of both the outer and inner rings of thyroxine (T₄) and is responsible for most of the circulating triiodothyronine (T₃) (Bianco *et al.* 2002). Fetal thyroid hormones must come from the maternal circulation before the fetal thyroid gland and pituitary–thyroid axis become functional (Obregon *et al.* 1984). The maternal transfer of T₄ constitutes a major fraction of fetal thyroid hormones, even after the onset of fetal thyroid secretion (Morreale de Escobar *et al.* 1985; Burrow *et al.* 1994; Santini *et al.* 1999). Therefore, the changes of maternal thyroid hormone level have an affirmative effect on the fetus by deiodination of iodothyronines through the placenta. Placental type 2 deiodinase (D2), which mainly catalyses the outer ring deiodination of T₄, and type 3 deiodinase (D3), which inactivates T₄ and T₃, may have an important function in regulating fetal thyroid hormone levels. However, the effect of maternal excessive iodine exposure on placental D2 and D3 activity has not been reported.

Hox genes, namely homeobox-containing genes, are a cluster of genes which encode transcriptional factors regulating

Abbreviations: D1, type 1 deiodinase; D2, type 2 deiodinase; D3, type 3 deiodinase; dpc, days postcoitum; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; T₃, triiodothyronine; T₄, thyroxine; TR, thyroid hormone receptor.

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many aspects of development. Expression patterns of *Hox* genes are characterised by spatial collinearity, temporal collinearity and retinoic acid sensitivity collinearity (Lufkin, 1996; Martinez & Amemiya, 2002). Thyroid hormone receptor (TR) and retinoic acid receptor have been shown to share an identical P-box sequence, which implicates that they can bind the same DNA sequences and can interact physically (Kumar & Thompson, 1999). In frog embryogenesis, TR can modulate retinoic acid-mediated axis formation, and small changes in levels of TR in early embryos may directly affect the retinoic acid responsiveness of *Xhox.lab2*. In addition, PCR assays have shown that T₃ can induce the expression of *Xhox.lab2* in embryos which ectopically expressed TR α (Banker & Eisenman, 1993). However, little information is available in the literature on *Hox* genes expression regulated directly by thyroid hormones in mammals. The structural analysis of *Hox3.1 (Hoxc8)* transcription unit and the *Hox3.2-Hox3.1* intergenic region found that there is a thyroid hormone response element in the transcriptional regulation region of the mouse *Hoxc8* gene (Awgulewitsch *et al.* 1990), which implicated that thyroid hormones may regulate *Hoxc8* expression during mouse embryogenesis.

Hoxc8 belongs to the *Hox* gene family and expresses in limbs, backbone rudiments, the neural tube of mouse mid-gestation embryos, and in the cartilage and skeleton of newborns (Kwon *et al.* 2005). Skeletal abnormalities in ribs, sternum and vertebrae have been observed in *Hoxc8* knockout mice (Akker *et al.* 2001; Juan & Ruddle, 2003). These findings suggested that *Hoxc8* is an important regulator of pattern formation during the development of the vertebrate skeleton. Our laboratory has previously illustrated (Yang *et al.* 2006) that maternal excessive iodine exposure resulted in defects in skeletal patterning in fetuses, such as supernumerary ribs, agenesis of sternbrae, poor ossification of metacarpals and metatarsals and distortion of vertebrae. Such alternations induced by excessive iodine may be related to the modulation of *Hoxc8* expression by thyroid hormones. However, little in the literature was available on this hypothesis. Therefore, we conducted the present study to determine whether maternal and fetal thyroid hormone metabolism was influenced, and whether *Hoxc8* expression pattern was regulated by excessive iodine exposure during mouse embryogenesis.

Materials and methods

Animals and treatment

Weaning Balb/C mice obtained from the Laboratory Animal Centre of Hubei Provincial Centre for Disease Control and Prevention (Wuhan, China) were maintained in constant temperature-controlled rooms (22 \pm 2°C) with controlled lighting (12 h light–dark cycle). All animals were housed in stainless steel cages and given a commercial laboratory chow and sterile water *ad libitum*. The content of iodine in the diet and water was 365 μ g/kg and 8 μ g/l respectively. The animals were cared for according to the *Guiding Principles in the Care and Use of Animals*. The experiments were approved by the Tongji Medical College Council on Animal Care Committee.

After acclimatisation to the laboratory environment for 1 week, animals were randomly assigned to six groups of

twelve animals each (eight females and four males) according to body weight and given different doses of iodine in the form of potassium iodate (KIO₃) in the drinking water at the levels of 0, 1.5, 3.0, 6.0, 12.0 and 24.0 μ g/ml by using sterile water as the vehicle. Water consumption of each group was recorded. Female mice were placed into the metabolism cages, 4 months later, of four mice each and urine samples of 3 h in the morning were collected for 3 d for urinary iodine concentration determination. Then females were paired with a male in a 2:1 ratio overnight and examined for the presence of a vaginal plug in the following morning, which was defined as 0.5 days postcoitum (dpc). The treatment with high doses of iodine continued through the period of gestation. Dams were killed by cervical dislocation on 12.5 dpc and blood was collected for thyroid hormone analysis. Placentas were collected immediately, frozen in liquid N₂ and stored at –80°C for D2 and D3 activity determination. Embryos were dissected free of the maternal and extra-embryonic tissue in PBS, then frozen in liquid N₂ and stored at –80°C for RT-PCR and Western analysis.

Iodine concentration and thyroid hormone analysis

Iodine concentration in diet, water and urine was measured by the Cer-Arsenite colorimetric method as modified by Fischer *et al.* (1986). Urinary creatinine concentrations were determined by the alkaline picrate method. The urinary iodine:creatinine ratio (μ g/g Cr) was used to estimate urinary iodine concentration. Serum total T₄ and total T₃ were measured by RIA kits obtained from the Chinese Academy of Atomic Energy (Beijing, China).

Hepatic and renal type 1 deiodinase activity assays

Tissues were homogenised in cold hydroxyethyl piperazine ethanesulfonic acid buffer solution (dithiothreitol (1 mmol/l), hydroxyethyl piperazine ethanesulfonic acid buffer (10 mmol/l), pH 7.0, sucrose (320 mmol/l)) at a 1:39 and 1:24 dilution (w/v) for livers and kidneys, respectively. Homogenates were centrifuged at 1500 *g* for 10 min at 4°C. The supernatant fraction was re-centrifuged at 20 000 *g* for 5 min at 4°C, floating debris removed and supernatant fraction used for D1 assay.

D1 activity was measured using [¹²⁵I]5'-rT₃ (0.005 μ mol [¹²⁵I]5-rT₃/l, 1000 μ Ci/ μ g; Northern Biotechnology Ltd, Beijing, China; and 0.495 μ mol 5'-l-rT₃/l; Sigma, St Louis, MO, USA) as substrate and in the presence of dithiothreitol (2 mmol/l), EDTA (1 mmol/l) and potassium phosphate buffer (100 mmol/l), pH 7.0, based on methods previously described (Hotz *et al.* 1996). Enzyme activity was expressed as pmol of I[–] released/mg protein per min of reaction. Protein concentrations were determined using the method of Bradford (1976).

Placental type 2 and type 3 deiodinase activity assays

Placentas were homogenised at a 1:4 (w/v) dilution in hydroxyethyl piperazine ethanesulfonic acid (10 mmol/l; pH 7.2), sucrose (250 mmol/l) and dithiothreitol (10 mmol/l). Homogenates were stored at –80°C until further use. The measurement of D3 and D2 specific enzyme activities were performed

as described previously (Koopdonk-Kool *et al.* 1996). In short, D3 activity was determined using [125 I]5-T₃ (0.6 nmol [125 I]5-T₃/l, 2000 μ Ci/ μ g; Northern Biotechnology Ltd, Beijing, China; and 1 nmol T₃/l; Sigma) as substrate, measured by the amount of I⁻ released in the conversion of [125 I]5-T₃ to diiodotyrosine by placental homogenates, and was corrected for non-enzymic 5-deiodination. D2 activity was determined using [125 I]5'-T₄ (0.3 nmol [125 I]5'-T₄/l, 2000 μ Ci/ μ g; Northern Biotechnology Ltd; and 1 nmol T₄/l; Sigma) as substrate, measured by the amount of I⁻ released in the conversion of [125 I]5'-T₄ to T₃ and also corrected for non-enzymic deiodination; further deiodination was inhibited by adding excess non-radioactive T₃ (Sigma). Enzyme activities were expressed as fmol of 125I⁻ released from [125 I]5'-T₄ (D2) or [125 I]5-T₃ (D3)/h per mg protein. Protein concentrations were determined using the method of Bradford (1976), with bovine serum albumin as standard.

Semi-quantitative reverse transcriptase- polymerase chain reaction assay

Total RNA of 12.5 d embryos was extracted by TriZol reagent (Gibco, Grand Island, NY, USA). RNA (2 μ g) was reverse-transcribed with random hexamers by Moloney murine leukaemia virus RT, and then PCR were carried out using the following primers: *Hoxc8* 5'-GTCCAAGACTTCTTCCACCA-3' (sense); 5'-CCTTGTCTTCGCTACTGTT-3' (antisense) and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) 5'-TCACTCAAGATTGTCAGCAA-3' (sense); 5'-AGATCCACGACGGACACATT-3' (antisense) generating products of 215 and 308 bp respectively. All PCR reactions consisted of dNTP (0.2 mmol/l), 2 μ l cDNA, 0.25 μ mol/l of each primer, 1 \times PCR buffer and 0.8 U Taq polymerase. The following cycling profile was used: 5 min of denaturation at 94°C followed by thirty-five cycles of each 1 min at 94°C denaturation, 1 min of annealing (GAPDH 58°C and *Hoxc8* 57°C) and 1 min extension at 72°C, and a final extension step of 10 min at 72°C in a PCR System thermocycler (Whatman, Biometra, Germany). The PCR products were separated on 1.5% agarose gel and stained with ethidium bromide. Quantification of the *Hoxc8* and GAPDH mRNA was performed by scanning the intensities of the ethidium bromide-stained PCR products using the BioDocAnalyse system (Whatman). The *Hoxc8* mRNA levels were standardised relative to GAPDH mRNA.

Western analysis

Extraction nuclear protein from 12.5 dpc embryos was performed as described previously. The protein concentration was determined by Dc protein assay (BioRad, Richmond, CA, USA). Nuclear protein samples (50 μ g) were heated for 5 min at 95°C and separated on 12% SDS-PAGE and transferred to NC membranes (Millipore, Bedford, MA, USA) in tri(hydroxymethyl)-aminomethane-glycine buffer (pH 8.5) plus 20% methanol. The membranes were blocked overnight in 5% non-fat milk in tri(hydroxymethyl)-aminomethane-buffer containing 0.1% Tween-20 and then washed with tri(hydroxymethyl)-aminomethane-buffer. The blots were incubated for 2 h at room temperature with 1:500 mouse *Hoxc8* monoclonal IgG (Covance, Princeton, NJ, USA) and 1:4000 rabbit polyclonal antibody anti-nucleolin (Abcam

Ltd, Cambridge, Cambs, UK), respectively. The blots were washed and then incubated with anti-mouse IgG conjugated with peroxidase (Sigma, St Louis, MO, USA) at 1:10000 dilution. An Amersham ECLTM Detection Kit (GE Healthcare Life Sciences, Little Chalfont, Bucks, UK) provided the chemiluminescence substrate for horseradish peroxidase, and the targeted protein was visualised by autoradiography.

Statistical methods

The SPSS 12.0 software package (SPSS Inc., Chicago, IL, USA) was used for statistical analysis. Because of its skewed distribution, the medians were used to describe the central tendency of urinary iodine concentration. The Kruskal-Wallis method was used to test the differences in ranking of urinary iodine concentration. Other data were analysed by a one-way ANOVA and Duncan's test. Significance level was set at $P < 0.05$.

Results

Average daily water consumption, urinary iodine concentration and thyroid hormone level in maternal mice

Average daily water intake was 4.9 (SD 0.8), 4.8 (SD 0.9), 4.8 (SD 1.2), 4.5 (SD 1.3), 4.2 (SD 0.7) and 4.2 (SD 1.2) ml in female mice of 0, 1.5, 3.0, 6.0, 12.0 and 24.0 μ g iodine/ml groups, respectively. There was no obvious difference among groups. The mouse drinks about 5 ml daily. As for the groups given high doses of iodine, iodinated water was the main source of iodine. So, the daily iodine intake could be about 7.5, 15, 30, 60 and 120 μ g in the treatment groups, which corresponded to 5-, 10-, 20-, 40- and 80-fold of the adequate iodine intake for mice. The concentration of iodine in urine is currently the most widely used biochemical marker of iodine intake. After exposure to excessive iodine for 4 months, the urinary iodine concentration of female mice increased in a dose-dependent manner ($r = 0.96$; $P < 0.01$; Fig. 1). Compared with the control group, serum total T₄

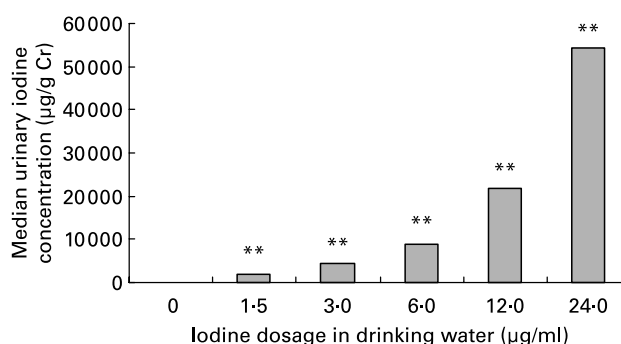


Fig. 1. Effect of excessive iodine exposure on urinary iodine level in female mice. Exposed to different doses of iodine at the levels of 0, 1.5, 3.0, 6.0, 12.0 and 24.0 μ g/ml in drinking water for 4 months, female mice were placed into metabolism cages of four mice each and urine samples of 3 h in the morning were collected for 3 d for urinary iodine determination. The urinary iodine:creatinine ratio (μ g/g Cr) was used to estimate iodine concentration in urine. Values are medians, each bar representing the median of a group of six samples. ** Median values were significantly different from that of the control group ($P < 0.01$) (Kruskal-Wallis method).

levels increased and serum total T_3 levels decreased significantly in dams when the iodine dose reached $3.0 \mu\text{g/ml}$, whereas exposure to $1.5 \mu\text{g}$ iodine/ml had no obvious effect on thyroid hormone level (Fig. 2).

Hepatic and renal type 1 deiodinase activity, and placental type 2 and type 3 deiodinase activity assays

An obvious depression of D1 activity in liver and kidney was observed in groups when the exposure iodine dose reached $3.0 \mu\text{g/ml}$; this showed in a dose-dependent manner (liver: $r = 0.402$, $P < 0.01$; kidney: $r = 0.276$, $P < 0.05$; Fig. 3). High iodine intake had a predominant effect on D2 activity of 12.5 dpc placenta, and no effect on D3 activity (Fig. 4). A dose-dependent reduction of D2 activity was found in groups where the dose was $3.0 \mu\text{g/ml}$ or above ($r = 0.524$; $P < 0.01$). Meanwhile, D3 activity was obvious higher than D2 activity in 12.5 dpc placenta.

Hoxc8 messenger ribonucleic acid and protein expression

In the case of the temporal expression pattern, *Hoxc8* was expressed in most of the stages of embryonic development from 8.5 to 17.5 dpc (Kwon *et al.* 2005). In the present study, a decreasing trend in mRNA abundance was semi-quantified by RT-PCR in 12.5 dpc embryos exposed to excessive iodine (Fig. 5 (A)). Western blot assay indicated that high iodine intake above $1.5 \mu\text{g/ml}$ induced down regulation of *Hoxc8* protein (Fig. 5 (B)).

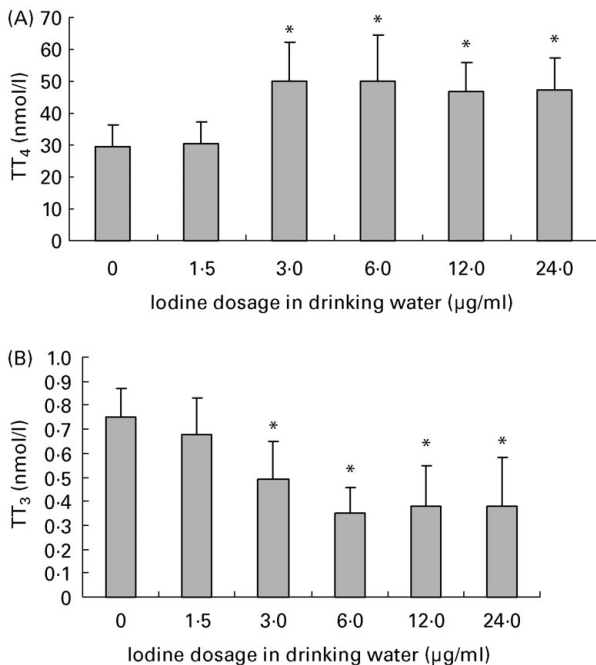


Fig. 2. Effects of excessive iodine exposure on serum thyroid hormone levels in maternal mice. Serum was collected from 12.5 d postcoitum maternal mice exposed to different doses of iodine at the levels of 0, 1.5, 3.0, 6.0, 12.0 and 24.0 $\mu\text{g/ml}$ in drinking water. Values are means for serum total thyroxine (TT_4) level (A) and total triiodothyronine (TT_3) level (B) ($n = 8$), with standard deviations represented by vertical bars. * Mean value was significantly different from that of the control group ($P < 0.05$) (ANOVA and Duncan's test).

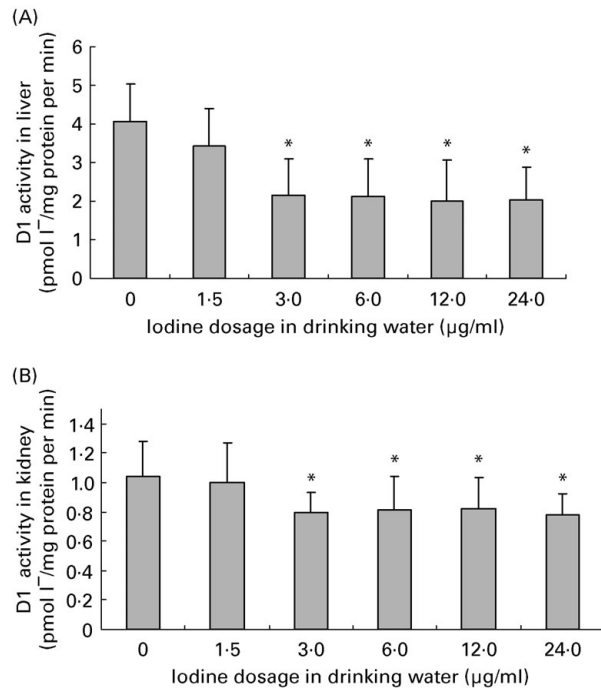


Fig. 3. Effect of excessive iodine exposure on type 1 deiodinase (D1) activity in liver (A) and kidney (B) of maternal mice. Exposed to different doses of iodine at the levels of 0, 1.5, 3.0, 6.0, 12.0 and 24.0 $\mu\text{g/ml}$ in drinking water for 4 months, female mice were mated and killed at 12.5 d postcoitum. D1 activities of liver and kidney were determined using [^{125}I]r-triiodothyronine as substrate. Enzyme activity was expressed as pmol I^- released/mg protein per min of reaction. Values are means for D1 activity in liver (A) and kidney (B) ($n = 8$), with standard deviations represented by vertical bars. * Mean value was significantly different from that of the control group ($P < 0.05$) (ANOVA).

Discussion

In the present study, excessive iodine treatment resulted in an increase of total T_4 and a decrease of total T_3 , consistent with previous studies (Harjai & Licata, 1997; Xiang *et al.* 1999). This change was mainly related to the inhibition of D1 activity in liver and kidney, resulting in a decrease in the generation of T_3 from T_4 . Maternal thyroid hormone levels have an effect on fetal thyroid hormones by means of the placenta, which modulates the transfer of iodine and small but important amounts of thyroid hormones (especially T_4) from the mother to the fetus (Burrow *et al.* 1994). The fetal thyroid gland becomes functional at about 17–18 dpc in rodents (Bianco *et al.* 2002). At 12.5 dpc, fetal thyroid hormones come from the maternal circulation by deiodination of T_4 through placental D2. Placental D2 activity is negatively regulated by maternal T_4 level (Steinsapir *et al.* 2000). In the present study, placental D2 activity at 12.5 dpc decreased, showing an inverse relationship with maternal T_4 level ($r = 0.301$; $P < 0.05$). Placental D2 activity is likely to be of considerable physiological importance for fetal thyroid hormone economy by contributing to the intraplacental T_3 content, and possibly to the plasma T_3 . Placental D3 activity is much higher than that of D2, which could be important for the protection of fetal tissues from elevated T_3 levels (Bates *et al.* 1999). Placental D3 activity showed no significant change after exposure to excessive iodine; the underlying mechanism needs to be elucidated.

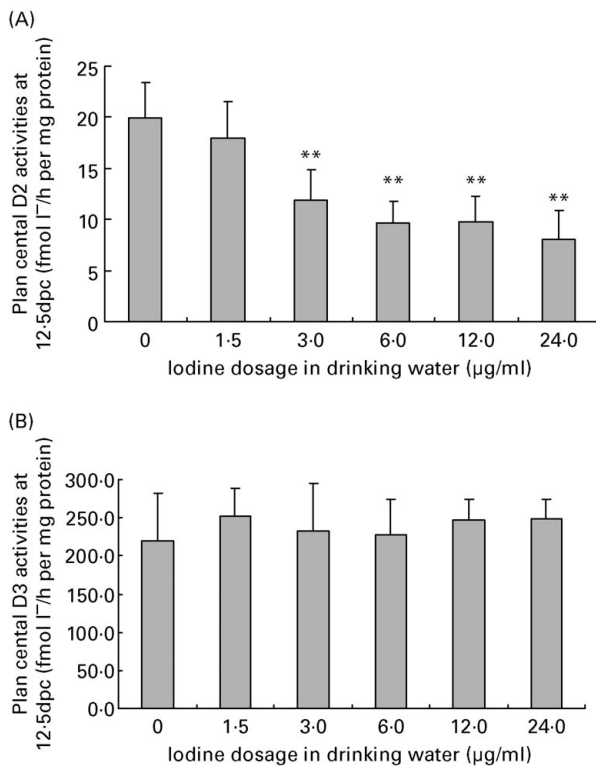


Fig. 4. Effect of excessive iodine exposure on placenta type 2 deiodinase (D2) (A) and type 3 deiodinase (D3) (B) activities at 12.5 d postcoitum. Exposed to different doses of iodine at the levels of 0, 1.5, 3.0, 6.0, 12.0 and 24.0 µg/ml in drinking water for 4 months, female mice were mated and killed at 12.5 d postcoitum. Placental D2 and D3 activities were determined using [¹²⁵I]thyroxine (T₄) and [¹²⁵I] triiodothyronine (T₃) as substrate, respectively. Enzyme activities were expressed as fmol ¹²⁵I⁻ released from [¹²⁵I]T₄ (D2) or [¹²⁵I]T₃ (D3)/h per mg protein. Values are means for placental D2 (A) and D3 (B) activities (*n* 8), with standard deviations represented by vertical bars. ** Mean value was significantly different from that of the control group (*P* < 0.01) (ANOVA).

At 12.5 dpc, the mother is the only source of fetal thyroid hormones. After exposure to excessive iodine, T₄ was higher but T₃ was lower in the serum of maternal mice. At the same time, placental D2 activity decreased. Therefore, thyroid hormone abnormalities – either hypothyroidism or hyperthyroidism – may be induced in 12.5 d embryos. Due to limited sample availability, thyroid hormone levels in the fetuses were not measured in the present study. Nevertheless, several studies have reported that chronic maternal exposure to excessive iodine may cause fetal or neonatal hypothyroidism and goitre (Mehta *et al.* 1983; Bartalena *et al.* 2001; Serreaul *et al.* 2004). In addition, another study (Guo *et al.* 2006) in our laboratory also found that the progenies of mothers exposed to excessive iodine were hypothyroid. The above evidence has suggested that hypothyroidism might be induced in 12.5 d embryos of mothers exposed to excessive iodine.

Thyroid hormones are essential for normal skeletal development (Yen, 2001). Regulation of T₃ on chondrocytes, osteoblasts and osteoclasts, and the actions of TR isoforms in skeletal development has been reviewed (Bassette & Williams, 2003). Hypothyroidism may result in growth arrest, delayed bone age and short stature (Yen, 2001). We

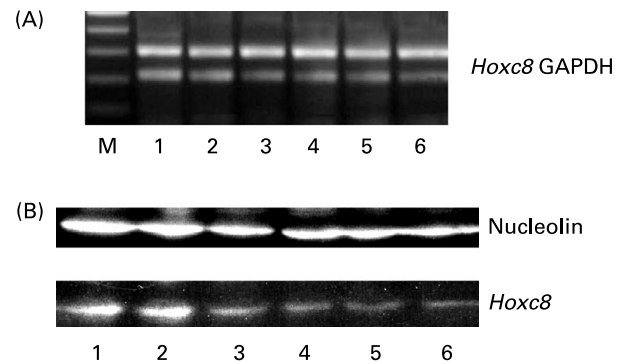


Fig. 5. Effect of excessive iodine exposure on mRNA and protein expressions of *Hoxc8* in 12.5 d postcoitum embryos. Exposed to different doses of iodine at the levels of 0, 1.5, 3.0, 6.0, 12.0 and 24.0 µg/ml in drinking water for 4 months, female mice were mated and killed at 12.5 d postcoitum. Embryos were collected, and RT-PCR and Western blotting were performed to determine mRNA and protein expressions of *Hoxc8*. PCR products were visualised by ethidium bromide staining (A). Protein expression was quantified by Western analysis with ECL detection (B) (see Methods). Lane M, DNA marker; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; lanes 1, 2, 3, 4, 5 and 6 represent embryos from groups receiving iodine at 0, 1.5, 3.0, 6.0, 12.0 and 24.0 µg/ml.

previously observed that excessive iodine exposure increased the incidence of skeletal malformation, especially supernumerary ribs. A similar phenomenon was observed in *Hoxc8*^{-/-} mice (Akker *et al.* 2001). Other several lines of evidence also substantiate a role for *Hoxc8* in the normal axial skeleton (Belting *et al.* 1998; Juan & Ruddle, 2003; Kwon *et al.* 2005). In the present study, maternal excessive iodine exposure down regulated mRNA and protein expression of *Hoxc8* in 12.5 d embryos. Gaur *et al.* (2001) described a dramatic increase in the expression of the *HoxA5* in the heart and aorta of the Mexican axolotl during the process of T₄-induced metamorphosis. Disruption of *Hoxc8* expression may associate with the fluctuation of thyroid hormone level induced by excessive iodine exposure. Moreover, with a thyroid hormone response element located in the *Hoxc8* promoter region, hypothyroidism induced by excessive iodine could reduce *Hoxc8* expression through this thyroid hormone response element-dependent pathway. This finding provided a possible explanation for the skeletal malformation induced by excessive exposure. Further studies are needed to provide more direct evidence of *Hoxc8* expression regulation by thyroid hormones through this thyroid hormone response element-dependent pathway.

The mechanism of *Hoxc8* modulating bone development has not been clarified. Recently, the identification of downstream targets of *Hoxc8* genes found that osteopontin (OPN), also known as secreted phosphoprotein 1, is down regulated by *Hoxc8* overexpression in microarray analysis and confirmed by chromatin immunoprecipitation (ChIP) analysis (Lei *et al.* 2005). OPN is the major non-collagenous bone matrix protein associated with osteoblastic cell adhesion and abundantly expressed during the early stages of osteoblast differentiation. More interestingly, analysis of thyroid hormone responsive gene expression found that *OPN* expression is also regulated by T₃ in osteoblastic cells (Harvey *et al.* 2003). These findings provide more possible evidence of

bone development modulated by thyroid hormones through *Hox* genes, which also need further investigation to verify.

In conclusion, we have demonstrated that excessive iodine exposure induced abnormalities of maternal–fetal thyroid hormone metabolism by affecting deiodinase activities, accompanying down regulation of *Hoxc8* mRNA and protein expression. This mechanism may play a pivotal role in skeletal malformation induced by excessive iodine, and provide a new clue to study the relationship between nutrient–iodine or thyroid hormones and *Hox* gene expression pattern.

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