

# INDEX OF AUTHORS

Abberton, M. . . . .	613	Hawkesford, M. J. . . . .	592	Roche, H. M. . . . .	628
Abu-Hilal, M. . . . .	499	Huws, S. A. . . . .	613	Russell, C. A. . . . .	465, 470
Anstee, Q. M. . . . .	518				
Aranda-González, I. I. . . . .	644	Itobi, E. . . . .	499	Savino, W. . . . .	636
Austin, P. . . . .	499	Jarillo-Luna, R. A. . . . .	644	Scibelli, T. . . . .	499
		Johnston, K. . . . .	621	Segaran, E. . . . .	536
Boullata, J. I. . . . .	543	Kim, E. J. . . . .	613	Stratton, R. J. . . . .	470
Broadley, M. R. . . . .	601	Kingston-Smith, A. H. . . . .	613	Stratton, R. . . . .	477
				Stroud, M. A. . . . .	499
Calder, P. C. . . . .	565	Lobo, D. N. . . . .	488	Taylor-Robinson, S. D. . . . .	518
Cobbold, J. F. L. . . . .	518	Martínez-Carrillo, B. E. . . . .	644	Tlatempa, P. . . . .	644
		Mason, P. . . . .	551	Turner, P. . . . .	574
Dardenne, M. . . . .	636	McWhirter, D. . . . .	508		
De la Fuente, M. . . . .	651	O'Connor, A. . . . .	628	Valdés-Ramos, R. . . . .	644
De Silva, A. N. . . . .	499	Pardo-Morales, R. V. . . . .	644	Varadhan, K. K. . . . .	488
		Parry, M. A. J. . . . .	592		
Edwards-Jones, G. . . . .	582	Pourmaras, D. . . . .	528	Welbourn, R. . . . .	528
Edwards, J. E. . . . .	613			White, P. J. . . . .	601
Elia, M. . . . .	465, 470, 477			White, R. . . . .	558
				Wootton, S. A. . . . .	499
Gibney, J. . . . .	628				
Gill, M. . . . .	621				
Grimble, R. F. . . . .	511				
Guadarrama, A. L. . . . .	644				



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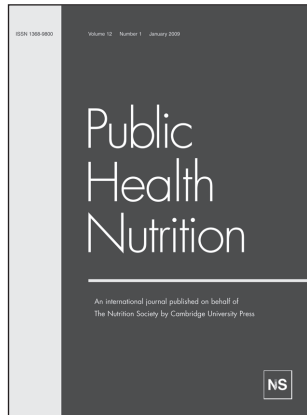
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**Chair:** P. Turner, *Royal Liverpool University Hospital*

- Rationale and use of *n*-3 fatty acids in artificial nutrition  
*P. C. Calder* 565–573
- Providing optimal nutritional support on the intensive care unit: key challenges  
and practical solutions  
*P. Turner* 574–581

**University of Reading, Reading, UK, 15 December 2009**

**Symposium on ‘Food supply and quality in a climate-changed world’**

**Session 1**

**Chair:** C. Wagstaff, *University of Reading*

- Does eating local food reduce the environmental impact of food production and enhance  
consumer health?  
*G. Edwards-Jones* 582–591
- Food security: increasing yield and improving resource use efficiency  
*M. A. J. Parry & M. J. Hawkesford* 592–600
- Eats roots and leaves: can edible horticultural crops address dietary calcium, magnesium  
and potassium deficiencies?  
*M. R. Broadley & P. J. White* 601–612

**Session 2**

**Chair:** J. Newbold, *IBERS, Aberystwyth*

- Plant-based strategies towards minimising ‘livestock’s long shadow’  
*A. H. Kingston-Smith, J. E. Edwards, S. A. Huws, E. J. Kim & M. Abberton* 613–620
- Informing food policy: balancing the evidence  
*M. Gill & K. Johnston* 621–627

**University College Dublin, Dublin, Republic of Ireland,  
17–19 December 2009**

**Irish Section Postgraduate Symposium**

**Chair:** S. Bannon, *University College Cork, Republic of Ireland*

- Metabolic and hormonal aspects of polycystic ovary syndrome: the impact of diet  
*A. O’Connor, J. Gibney & H. M. Roche* 628–635

**Platja D’Aro, Girona, Spain, 21–24 October**

**3rd International Immunonutrition Workshop**

**Session 2: Micronutrients and the immune system**

**Chairs:** S. Meydani, *Tufts University, Boston, USA*; E. Mocchegiani, *Italian National Research  
Centres on Ageing, Ancona, Italy*

- Nutritional imbalances and infections affect the thymus: consequences on T-cell-mediated  
immune responses  
*W. Savino & M. Dardenne* 636–643

**Session 6: Role of physical activity on immune function**

**Chairs:** L. Harbige, *University of Kent and University of Greenwich, UK*; R. Valdés-Ramos,  
*Autonoma University of Estado de México, Toluca, Mexico*

- Diet, exercise and gut mucosal immunity  
*R. Valdés-Ramos, B. E. Martínez-Carrillo, I. I. Aranda-González, A. L. Guadarrama,  
R. V. Pardo-Morales, P. Tlatempa & R. A. Jarillo-Luna* 644–650

**Session 9: Food ingredients, immunity and inflammation: animal and *in vitro* models**

**Chairs:** M. Moretó, *University of Barcelona, Spain*; J. M. Planas, *University of Barcelona, Spain*

- Murine models of premature ageing for the study of diet-induced immune changes:  
improvement of leucocyte functions in two strains of old prematurely ageing mice  
by dietary supplementation with sulphur-containing antioxidants  
*M. De la Fuente* 651–659

**Corrigendum**

660

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2. Jenkins DJ, Kendall CW, Marchie A *et al.* (2003) The effect of combining plant sterols, soy protein, viscous fibres, and almonds in treating hypercholesterolemia. *Metabolism* **52**, 1478–1483.
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**Contents**

**Cardiff International Arena, Cardiff, UK, 13–14 October 2009**

**Conference on ‘Malnutrition matters’**

**Symposium 2: The skeleton in the closet: malnutrition in the community**

**Chair: R. Richardson**, *Southern General Hospital, Glasgow*

- Malnutrition in the UK: where does it begin?  
*C. A. Russell & M. Elia* 465–469
- Malnutrition in the UK: policies to address the problem  
*M. Elia, C. A. Russell & R. J. Stratton* 470–476
- Encouraging appropriate, evidence-based use of oral nutritional supplements  
*R. Stratton & M. Elia* 477–487

**Symposium 3: Death by drowning**

**Chairs: J. Powell-Tuck**, *Barts and the London School of Medicine and Dentistry, London*;  
**M. Colley**, *Great Western Hospital, Swindon*

- A meta-analysis of randomised controlled trials of intravenous fluid therapy in major elective open abdominal surgery: getting the balance right  
*K. K. Varadhan & D. N. Lobo* 488–498
- Improving peri-operative fluid management in a large teaching hospital: pragmatic studies on the effects of changing practice  
*A. N. De Silva, T. Scibelli, E. Itobi, P. Austin, M. Abu-Hilal, S. A. Wootton & M. A. Stroud* 499–507

**Symposium 4: Whose fault was it anyway?: competencies in training**

**Chair: J. Shaffer**, *Hope Hospital, Salford*

- Parenteral nutrition line sepsis: the difficulty in diagnosis  
*D. McWhirter* 508–510

**Symposium 5 (Joint Nutrition Society and BAPEN Symposium): Too many pies: metabolic competencies in obesity**

**Chair: G. Frost**, *Imperial College, London*

- The true cost of inpatient obesity: impact of obesity on inflammatory stress and morbidity  
*R. F. Grimble* 511–517
- The importance of fatty liver disease in clinical practice  
*J. F. L. Cobbold, Q. M. Anstee & S. D. Taylor-Robinson* 518–527

**Symposium 7: Downsize me**

**Chairs: E. Grieg**, *Taunton & Somerset NHS Trust*; **R. Welbourn**, *Musgrove Park Hospital*

- Bariatric surgery: a cost-effective intervention for morbid obesity; functional and nutritional outcomes  
*R. Welbourn & D. Pournaras* 528–535
- Provision of nutritional support to those experiencing complications following bariatric surgery  
*E. Segaran* 536–542

**Symposium 8: Drugs and nutrition**

**Chair: J. Eastwood**, *St Mark’s Hospital, Harrow*

- Drug disposition in obesity and protein–energy malnutrition  
*J. I. Boullata* 543–550
- Important drug–nutrient interactions  
*P. Mason* 551–557
- Drugs and nutrition: how side effects can influence nutritional intake  
*R. White* 558–564

(Contents continued facing inside back cover)