

## EXACT INEQUALITIES FOR THE NORMS OF FACTORS OF POLYNOMIALS

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**ABSTRACT.** This paper addresses a number of questions concerning the size of factors of polynomials. Let  $p$  be a monic algebraic polynomial of degree  $n$  and suppose  $q_1 q_2 \cdots q_i$  is a monic factor of  $p$  of degree  $m$ . Then we can, in many cases, exactly determine

$$\max \left\{ \frac{\|q_1\| \|q_2\| \cdots \|q_i\|}{\|p\|} \right\}.$$

Here  $\|\cdot\|$  is the supremum norm either on  $[-1, 1]$  or on  $\{z \mid |z| \leq 1\}$ . We do this by showing that, in the interval case, for each  $m$  and  $n$ , the  $n$ -th Chebyshev polynomial is extremal. This extends work of Gel'fond, Mahler, Granville, Boyd and others. A number of variants of this problem are also considered.

**1. Introduction.** How large can the norms of factors of a polynomial be? Variations of this problem have attracted considerable attention over the years (see [2]–[14]). We exactly solve this problem in the following forms:

Suppose  $p = q \cdot r$  where  $p, q$  and  $r$  are polynomials of degree  $n, m$  and  $n - m$  respectively. Then for all  $m$  and  $n$

$$(1) \quad \|q\|_{[-1,1]} \|r\|_{[-1,1]} \leq K_{m,n} \|p\|_{[-1,1]}$$

where

$$(2) \quad K_{m,n} := 2^{n-1} \prod_{k=1}^m \left( 1 + \cos \frac{2k-1}{2n} \pi \right) \prod_{k=1}^{n-m} \left( 1 + \cos \frac{2k-1}{2n} \pi \right)$$

and this bound is exactly attained by the Chebyshev polynomial of degree  $n$ . (We denote by  $\|\cdot\|_{[-1,1]}$  the sup norm on the interval  $[-1, 1]$ .) This is the content of Theorem 1. (Theorem 1 is originally due to Kneser [10]; see also Aumann [2]. We offer a new proof of this result that easily modifies to the other cases we wish to consider.)

Suppose now that  $q$  is a factor of  $p$  of degree  $m$  and suppose that  $p$  and  $q$  are both monic. Then for each  $n$  and  $m$ ,

$$(3) \quad |q(-2)| \leq 2^{m-1} \prod_{k=1}^m \left( 1 + \cos \frac{2k-1}{2n} \pi \right) \|p\|_{[-2,2]}.$$

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This bound is attained by the Chebyshev polynomial of degree  $n$  on  $[-2, 2]$  with  $q$  being the factor composed of the  $m$  roots closest to 2. This is the content of Theorem 2.

We then generalize these results to the many factors case. We prove in, Theorem 4, that

$$\|q_1\|_{[-1,1]}\|q_2\|_{[-1,1]}\cdots\|q_j\|_{[-1,1]} \leq 2^{m-n}(3.20991 \cdots)^m \|p\|_{[-1,1]}$$

where  $q_1 \cdots q_j$  is a monic factor of degree  $m$  of a monic polynomial  $p$  of degree  $n$ . This result is sharp for  $j \geq 2$ . A version of this on the disc is given in Theorem 8.

If

$$x = \frac{1}{2}\left(z + \frac{1}{z}\right)$$

then

$$(4) \quad p(x) = t(z)t\left(\frac{1}{z}\right)$$

is a mapping between polynomials of degree  $n$  on the interval  $[-1, 1]$  and self reciprocal polynomials, of the above form, of degree  $2n$  on the boundary of the unit disc. So there is some equivalence between factoring self reciprocal polynomials on the disc and factoring on the interval.

From this and Theorem 1 we deduce that if  $p = q \cdot r$  are *real* polynomials of degree  $n$ ,  $m$  and  $n - m$  respectively then

$$\|q\|_D \|r\|_D \leq (K_{m,n})^{1/2} \|p\|_D$$

and that this bound is exactly obtained, for even  $n$  and  $m$ , by  $z^n + 1$ . (Here  $\|\cdot\|_D$  is the sup norm on the complex unit disc  $D$ .) This is done in Theorem 6.

Boyd [5], using a Mahler measure argument, gives a very pretty proof that

$$\|q\|_D \|r\|_D \leq c^n \|p\|_D$$

with  $c = 1.7916 \cdots$  (Here  $\|\cdot\|_D$  is the sup norm on the complex unit disc). This is an asymptotically best possible result, and improves on earlier bounds of  $c = 4$  due to Gel'fond [7] and  $c = 2$  due to Mahler [11]. However, there is no dependence on the degrees of the factors.

This result is extended to the many factor case in Boyd [6], a result we reproduce by different methods as Theorem 7.

Related problems concerning the size of single factors (with some normalization conditions) are considered in [3], [5] and [14] and various other problems on norms of factors and products are treated in [3], [4], [12] and [13].

In particular in Boyd [5] it is shown that if  $p = q \cdot r$  with  $p, q$  and  $r$  all monic then

$$(5) \quad \|q\|_D \leq d^n \|p\|_D$$

where  $d = 1.3813 \cdots$  ( $:= M(1+x+y)$  where  $M$  is the Mahler measure of a polynomial). This again is asymptotically best possible and improves on earlier results of Granville [9] and Glessner [8] who derived (5) with  $d := \frac{(1+\sqrt{5})}{2}$  and  $d := \frac{3}{2}$  respectively.

Mignotte [14] derives the inequality

$$\|q\|_D \leq 2^m \|p\|_D$$

(recall that  $m$  is the degree of  $q$ ) and shows that this is asymptotically sharp for some  $n$  roughly of size  $m^2 \log m$ .

A variant of these last results, which is sharper for certain polynomials, such as those with integer coefficients, is also given in Section 5. This is Theorem 5.

**2. The two factor case.** Throughout this note we will use the notation  $\| \cdot \| := \| \cdot \|_{[-1,1]}$  to denote the supremum norm on  $[-1, 1]$  and more generally  $\| \cdot \|_\chi$  to denote the supremum norm on  $\chi$ . In this section and the next section the polynomials in question are algebraic polynomials with possibly complex coefficients. We denote by  $\pi_n$  the set of such polynomials of degree at most  $n$ . We begin by offering a new proof of an old result.

**THEOREM 1.** *Let  $p$  be any polynomial of degree  $n$  and suppose  $p = q \cdot r$  where  $q$  is a factor of degree  $m$  and  $r$  is a factor of degree  $n - m$ . Then*

$$\|q\|_{[-1,1]} \|r\|_{[-1,1]} \leq \frac{1}{2} C_{n,m} C_{n,n-m} \|p\|_{[-1,1]}$$

where

$$C_{n,m} := 2^m \prod_{k=1}^m \left( 1 + \cos \frac{2k-1}{2n} \pi \right).$$

Furthermore, for any  $n$  and  $m \leq n$  the inequality is sharp in the case that  $p$  is the Chebyshev polynomial of degree  $n$ . In this case the factor  $q$  is chosen to be the factor with  $m$  roots closest to  $-1$ .

On applying the midpoint rule to  $\log(2 + 2 \cos x)$ , we see that

$$\frac{1}{n} \int_0^{m/n} \log(2 + 2 \cos \pi x) = \sum_{k=1}^m \log \left( 2 + 2 \cos \frac{2k-1}{2n} \pi \right) + O \left( \frac{1}{(n-m)^2} \right).$$

Recall that the error in the midpoint rule is  $cf''(\zeta)/n^2$  and in this case  $f''(x) = \frac{-\pi^2}{(1+\cos \pi x)^2}$ . Thus

$$\begin{aligned} C_{n,m} &= e^{\log \prod_{k=1}^m 2(1+\cos \frac{2k-1}{2n} \pi)} \\ (6) \quad &= \left( e^{1/n \sum_{k=1}^m \log(2+2 \cos \frac{2k-1}{2n} \pi)} \right)^n \\ &= e^{O(n/(n-m)^2)} (e^{I(n,m)})^n \end{aligned}$$

where

$$I(n, m) := \int_0^{m/n} \log(2 + 2 \cos x) dx.$$

Note that

$$(7) \quad C_{n, \lfloor n/2 \rfloor}^{1/n} \sim \left( e^{\int_0^{1/2} \log(2+2 \cos \pi x) dx} \right) = (1.7916 \dots)$$

and that

$$(8) \quad C_{n, \lfloor 2n/3 \rfloor}^{1/n} \sim \left( e^{\int_0^{2/3} \log(2+2\cos \pi x) dx} \right) = (1.9081 \dots)$$

(The first constant appears in Boyd [5] as does the square root of the second constant. We would expect this from the transformation (4). Similar asymptotics are in [10]). From (7) and Theorem 1 we have

**COROLLARY 1.** *Let  $p$  be any polynomial of degree  $n$  and suppose  $p = q \cdot r$  with  $q$  and  $r$  polynomials then*

$$\begin{aligned} \|q\|_{[-1,1]} \|r\|_{[-1,1]} &\leq 2^{n-1} \prod_{k=1}^{\lfloor n/2 \rfloor} \left( 1 + \cos \frac{2k-1}{2n} \pi \right)^2 \|p\|_{[-1,1]} \\ &\lesssim (3.20991 \dots)^n \|p\|_{[-1,1]} \end{aligned}$$

(with equality for the Chebyshev polynomial of degree  $n$ ). ■

Here and throughout we use  $a_n \lesssim b_n$  for positive sequences to mean  $\limsup \frac{a_n}{b_n} \leq 1$ . The proof of the theorem proceeds through a number of lemmas. For the remainder of the proof we assume  $n$  and  $m < n$  fixed. Let  $p$  be of degree  $n$  and suppose  $p = q \cdot r$  where  $q$  has degree  $m$  and  $r$  has degree  $n - m$ . It is an easy consequence of the finite dimensionality of the set of polynomials of degree  $n$  that

$$(*) \quad \sup \left\{ \frac{\|q\| \|r\|}{\|p\|} : p = qr, p \in \pi_n, q \in \pi_m, r \in \pi_{n-m} \right\}$$

is attained for some  $p, q, r$ . We proceed to show that such an extremal  $p^*$  is in fact the Chebyshev polynomial of degree of  $n$  (and that the factors  $q$  and  $r$  are as advertised).

That is

$$p^*(x) = T_n(x) = \cos n \cos^{-1}(x) = \frac{1}{2} \prod_{k=1}^n 2 \left( x - \cos \frac{2k-1}{2n} \pi \right)$$

and the extremal factors,  $q^*$  and  $r^*$ , are

$$\frac{1}{\sqrt{2}} \prod_{k=1}^m 2 \left( x - \cos \frac{2k-1}{2n} \pi \right) \quad \text{and} \quad \frac{1}{\sqrt{2}} \prod_{k=m+1}^n 2 \left( x - \cos \frac{2k-1}{2n} \pi \right)$$

respectively. Note that

$$\|q^*\| = |q^*(-1)| = \frac{1}{\sqrt{2}} C_{n,m}$$

and

$$\|r^*\| = |r^*(1)| = \frac{1}{\sqrt{2}} C_{n,n-m}.$$

(These elementary properties of  $T_n$  are available in [1] or [15].)

Our first observation is that we may assume that  $|q|$  has a maximum at  $-1$  and  $|r|$  has a maximum at  $1$ . This follows since the supremum in  $(*)$  is invariant under a change of

variables  $x \mapsto ax + b$  and a corresponding change on the underlying interval. (That is, the sup in (\*) is interval independent.) So if  $\|q\| = |q(\alpha)|$ ,  $\alpha \in (-1, 1)$  and  $\|r\| = |r(\beta)|$ ,  $\beta \in (-1, 1)$ . Then

$$\sup \left\{ \frac{\|q\|_{[\alpha,\beta]} \|r\|_{[\alpha,\beta]}}{\|p\|_{[\alpha,\beta]}} \right\} \geq \sup \left\{ \frac{\|q\| \|r\|}{\|p\|} \right\}$$

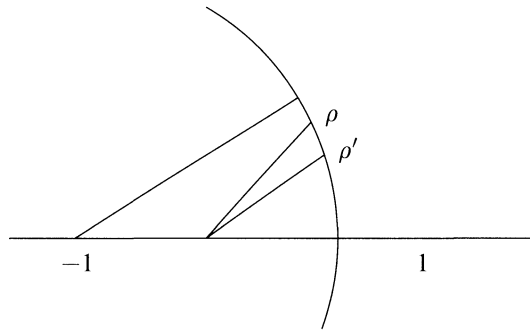
since  $\|p\|_{[\alpha,\beta]} \leq \|p\|$ . But we can scale this back to the interval  $[-1, 1]$  and get a new extremal of the desired type. (Note that  $\alpha = \beta$  is a trivial case.)

So we now assume we have an extremal example where  $q$  and  $r$  attain their maxima at  $-1$  and  $+1$  respectively. (From this it follows that the  $p$  in the sup in (\*) has exact degree  $n$ .)

LEMMA 1. *Under the above assumption on  $p$ ,  $q$  and  $r$  we may assume that  $p$  has all real roots.*

PROOF. This argument (and most of the following arguments) is a perturbation argument. We show that a purely complex root may be perturbed a bit to construct an example that contradicts extremality.

So suppose  $\rho$ , with  $\text{im}(\rho) > 0$ , is a complex root of  $q$  (as in the diagram)



If we rotate  $\rho$  to  $\rho'$  along a circle of radius  $|\rho + 1|$  in a clockwise fashion. Then  $|q(-1)|$  and  $|r(1)|$  are unchanged and these are still maxima. However, for any  $x \in (-1, 1]$  the perturbed  $p(x)$  has smaller absolute value than the original  $p(x)$ . (This is equivalent to observing that if  $\rho + 1 = re^{i\theta}$  then  $|\rho - x|^2 = r^2 - 2(x + 1)r \cos \theta + (x_1)^2$  is an increasing function of  $\theta$  for  $0 \leq \theta \leq \pi$ .) This finishes the proof. ■

So we may add to our assumption on the extremal  $p$  that  $p$  has all real roots.

LEMMA 2. *Under the above assumptions on  $p$ ,  $q$  and  $r$  we may assume that  $p$  has all its roots in  $[-1, 1]$ .*

PROOF. We consider the case where  $q$  has a root  $\rho > 1$  and observe that a perturbation of  $\rho$  to  $\rho'$  where  $1 \leq \rho' < \rho$  has the effect of leaving  $r(1)$  unchanged while

$|q(-1)|/||p||$  does not increase. (And  $|q(-1)|$  is still a maximum of  $q$  on  $[-1, 1]$ ). This follows because, for fixed  $x_0 \in [-1, 1]$ ,

$$\frac{\rho - (-1)}{\rho - x_0}$$

is a decreasing function of  $\rho$  on  $[1, \infty)$ . (A similar argument holds for  $\rho \in [-\infty, 1)$  only now we perturb  $\rho$  to  $\rho' < \rho \leq -1$ ). ■

It is now clear that the extremal  $q$  and  $r$  are chosen by splitting the roots of  $p$  so that the  $m$  roots closest to 1 are the roots of  $q$  and the remaining  $n - m$  roots are the roots of  $r$ . (Otherwise one would interchange two roots, and increase both  $|q(-1)|$  and  $|r(1)|$  without altering  $||p||$ ).

We have now shown that we may assume our extremal example is of the form

$$\begin{aligned} p(x) &= a \prod_{k=1}^{n-m} (x - \alpha_k) \prod_{k=1}^m (x - \beta_k) \\ &= ar(x)q(x) \end{aligned}$$

where

$$-1 \leq \alpha_1 \leq \dots \leq \alpha_{n-m} \leq \beta_1 \leq \dots \leq \beta_m \leq 1.$$

Furthermore  $|r(x)|$  has a maximum at +1 and  $|q(x)|$  has a maximum at -1. We now also, for convenience, assume  $||p|| = 1$ . We are ready to prove Theorem 1.

PROOF OF THEOREM 1. We show three things

- 1]  $|p(-1)| = 1$  and  $|p(1)| = 1$ ,
- 2]  $|p(x)| = 1$  for some  $x \in (\alpha_i, \alpha_{i+1})$   $i = 1, \dots, n - m - 1$   
 $|p(x)| = 1$  for some  $x \in (\beta_i, \beta_{i+1})$   $i = 1, \dots, m - 1$ .
- 3]  $|p(x)| = 1$  for some  $x \in (\alpha_{n-m}, \beta_1)$ .

These three facts show that  $p$  is indeed the Chebyshev polynomial  $\pm T_n$  (since  $T_n$  is the unique maximally oscillatory polynomial on  $[-1, 1]$ ).

To prove 1] we observe that if  $|p(-1)| \neq 1$  then we would increase the interval on which we consider the problem to  $[-(1+\varepsilon), 1]$  without increasing the norm of  $p$ . However since  $r$  is monotone on  $[-\infty, \alpha_1]$  we have (strictly) increased the norm of  $r$  and have violated extremality. (A similar argument applies to  $p(1)$ .)

To prove 2] we suppose  $\alpha_i$  and  $\alpha_{i+1}$  are adjacent roots and let

$$s(x) = (x - \alpha_i)(x - \alpha_{i+1}).$$

Let  $\varepsilon > 0$ , we can find  $0 < \delta_1, \delta_2 < \varepsilon$  so that

$$t(x) = (x - (\alpha_i - \delta_1))(x - (\alpha_{i+1} + \delta_2))$$

satisfies

$$\begin{aligned} ||t(x) - s(x)|| &< \varepsilon \\ |t(-1)| &= |s(-1)| \end{aligned}$$

and

$$|t(x)| < |s(x)| \quad x \in (-1, \alpha_i - \delta_1] \cup [\alpha_{i+1} + \delta_2, 1).$$

Now if  $\|p\|_{[\alpha_i, \alpha_{i+1}]} \neq 1$  we have, for sufficiently small  $\varepsilon$  that

$$p^*(x) := p(x) \cdot t(x)/s(x)$$

is a new extremal and is extremal on an interval  $[-1, 1 + \delta]$  (since  $|p^*(1)| < 1$ ). Now if  $p^*$  is scaled back to the interval  $[-1, 1]$  we violate the extremality of  $p$  as in the first part of this proof. (The argument for  $(\beta_i, \beta_{i+1})$  is identical.)

To prove 3) we consider the effect of moving  $\beta_1$  slightly to the right and  $\alpha_{n-m}$  an equal amount to the left. If  $\|p\|_{[\alpha_{n-m}, \beta_1]} \neq 1$  this increases both  $|r(-1)|$  and  $|q(1)|$  but does not increase  $\|p\|_{[-1, 1]}$ . This finishes the proof. ■

**3. The single factor case.**

**THEOREM 2.** *Suppose that  $p$  is a monic polynomial of degree  $n$  and that  $q$  is a monic factor of  $p$  of degree  $m$ . Then*

$$|q(-\beta)| \leq \|p\|_{[-\beta, \beta]} (\beta^{m-n} 2^{n-1}) \prod_{k=1}^m \left( 1 + \cos \frac{2k-1}{2n} \pi \right).$$

*This bound is attained for each  $n$  and  $m \leq n$  by the Chebyshev polynomial of degree  $n$  on  $[-\beta, \beta]$  (normalized to be monic). In this case  $q$  is chosen to be the factor with  $m$  roots closest to  $\beta$ .*

**COROLLARY 2.** *Suppose  $p$  is a monic polynomial of degree  $n$  and  $q$  is a monic factor of  $p$  of degree  $m$ . Then*

$$|q(-2)| \leq \|p\|_{[-2, 2]} 2^{m-1} \prod_{k=1}^m \left( 1 + \cos \frac{2k-1}{2n} \pi \right) = \frac{1}{2} C_{n,m} \|p\|_{[-2, 2]}$$

*and the inequality is sharp for all  $m$  and  $n$ . Furthermore for all  $m \leq n$ ,*

$$C_{n,m}^{1/n} \lesssim C_{n, \lfloor 2n/3 \rfloor}^{1/n} \sim (1.9081 \dots).$$

**PROOF OF COROLLARY 2.** Take  $\beta = 2$  in Theorem 2. Note that

$$2^m \prod_{k=1}^m \left( 1 + \cos \frac{2k-1}{2n} \pi \right) \leq 2^{\gamma(n)} \prod_{k=1}^{\gamma(n)} \left( 1 + \cos \frac{2k-1}{2n} \pi \right)$$

where  $\gamma(n) + 1$  ( $\sim \frac{2n}{3}$ ) is the smallest positive integer  $k$  with  $\cos(\frac{2k-1}{2n} \pi) \leq -1/2$ .

So

$$C_{n,m}^{1/n} \lesssim C_{n, \lfloor 2n/3 \rfloor}^{1/n}$$

and by (8)

$$C_{n,m}^{1/n} \lesssim (1.9081 \dots). \quad \blacksquare$$

This is the real analogue of the complex results cited in the introduction. Since if we wish to preserve monicity in the mapping (4) we must use the transformation  $x = (z + \frac{1}{z})$  which maps the boundary of the disc onto  $[-2, 2]$  (not  $[-1, 1]$ ).

SKETCH OF PROOF OF THEOREM 2. The proof of Theorem 2 is very similar to that of Theorem 1 and we only outline it.

Fix  $m$  and  $n$ . We consider the maximization problem

$$(**) \quad \max\{|q(-\beta)|/\|p\|_{[-\beta,\beta]} : q \text{ divides } p, q \in \pi_m, p \in \pi_n, q \text{ and } p \text{ both monic}\}.$$

We can argue now, exactly as in Lemma 1, that  $p$  has all real roots and that these all lie in  $[-\beta, \infty)$  since any rotation of roots as in Lemma 1 at least maintains extremality. Arguing as in Lemma 2 gives that  $p$  has all roots in  $[-1, 1]$ . Thus  $q$  must be composed of the  $m$  roots of  $p$  closest to 1.

The argument of the proof of Theorem 1 now applies essentially verbatim (note that all the perturbations preserve monotonicity) and proves that an extremal  $p$  can be chosen to be the Chebyshev polynomial on  $[-\beta, \beta]$  normalized to be monic. Thus on  $[-1, 1]$

$$p(x) = \prod_{k=1}^n \left(x - \cos \frac{2k-1}{2n} \pi\right)$$

and

$$q(x) = \prod_{k=1}^m \left(x - \cos \frac{2k-1}{2n} \pi\right)$$

from which the result follows (on considering  $\beta^n p(x/\beta)$  and  $\beta^m q(x/\beta)$  on  $[-\beta, \beta]$ ). ■

#### 4. The many factor case.

THEOREM 3. Suppose that  $p$  is a monic polynomial of degree  $n$  and that  $q$  and  $r$  are monic factors of  $p$  of degree  $m_1$  and  $m_2$  respectively. (Suppose further that  $qr$  is also a factor of  $p$ .) Then

$$|q(-\beta)| |r(\beta)| \leq \|p\|_{[-\beta,\beta]} (\beta^{m_1+m_2-n} 2^{n-1}) \prod_{k=1}^{m_1} \left(1 + \cos \frac{2k-1}{2n} \pi\right) \prod_{k=1}^{m_2} \left(1 + \cos \frac{2k-1}{2n} \pi\right).$$

This bound is attained for the Chebyshev polynomial of degree  $n$  on  $[-\beta, \beta]$  normalized to be monic.

The proof of Theorem 3 is analogous to the proofs of Theorem 1 or 2 on considering the maximization problem

$$(***) \quad \max\{|q(-\beta)| |r(\beta)|/\|p\|_{[-\beta,\beta]} : p, q, r \text{ as above}\}.$$

THEOREM 4. Suppose that  $p$  is monic polynomial of degree  $n$  and suppose that  $p$  has a monic factor of degree  $m$  of the form  $q_1 q_2 \cdots q_j$  where  $q_i$  is of degree  $d_i$  (so  $m = d_1 + \cdots + d_j$ ). Then

$$\begin{aligned} & \|q_1\|_{[-\beta,\beta]} \|q_2\|_{[-\beta,\beta]} \cdots \|q_j\|_{[-\beta,\beta]} \\ & \leq \|p\|_{[-\beta,\beta]} \beta^{m-n} 2^{n-1} \prod_{k=1}^{\lfloor \frac{m}{2} \rfloor} \left(1 + \cos \frac{2k-1}{2n} \pi\right) \prod_{k=1}^{\lceil \frac{m}{2} \rceil} \left(1 + \cos \frac{2k-1}{2n} \pi\right) \\ & \lesssim \|p\| (2\beta)^{m-n} (3.20991 \cdots)^m \quad (m, n \rightarrow \infty) \end{aligned}$$



(with equality in the first inequality for all  $j \geq 2$  and all  $n$  and  $m$  for the Chebyshev polynomial of degree  $n$ ).

PROOF. For each  $q_i$ , write

$$q_i = r_i s_i$$

where  $r_i$  is the monic factor of  $q_i$  composed of the roots of  $q_i$  in  $\{\operatorname{Re}(z) \leq 0\}$  while  $s_i$  is composed of the roots of  $q_i$  in  $\{\operatorname{Re}(z) > 0\}$ .

So

$$\|r_i\|_{[-\beta, \beta]} = |r_i(\beta)|$$

and

$$\|s_i\|_{[-\beta, \beta]} = |s_i(-\beta)|$$

Thus

$$\|q_1\|_{[-\beta, \beta]} \|q_2\|_{[-\beta, \beta]} \cdots \|q_j\|_{[-\beta, \beta]} \leq |r_1(\beta) \cdots r_j(\beta)| |s_1(-\beta) \cdots s_j(-\beta)|.$$

We now apply Theorem 3 to the two factors  $r_1 \cdots r_j$  and  $s_1 \cdots s_j$  to finish the proof. ■

Note that the  $m = n$  case reproduces Theorem 2 of [6] in the real case.

**5. Inequalities on the disc.** We now derive the inequalities on the disc from those on the interval. Suppose  $t \in \pi_n$  is monic and suppose  $s \in \pi_m$  and  $v \in \pi_{n-m}$  are monic factors of  $t$ . (So  $t = s \cdot v$ .) Of course all of  $t, s$  and  $v$  achieve their maxima on  $D$  somewhere on the boundary. Now consider

$$p(x) := t(z)t(1/z)$$

and

$$q(x) := s(z)s(1/z) \quad r(x) := v(z)v(1/z)$$

with

$$x := (z + 1/z).$$

The effect of this transformation on linear factors is as follows

$$(z - \alpha) \left( \frac{1}{z} - \alpha \right) = -\alpha \left( x - \frac{1 + \alpha^2}{\alpha} \right)$$

so  $p$  is of degree  $n$ ,  $q$  is of degree  $m$  and  $r$  is of degree  $n - m$ . Also

$$\|p\|_{[-2, 2]} \leq \|t\|_D^2$$

and for  $a$  on the boundary of the unit circle

$$|q(a + a^{-1})| = |s(a)s(a^{-1})|.$$

Furthermore the leading coefficient of  $p$  is essentially just the product of the roots of  $t$  which is of size  $|t(0)|$  while the lead coefficient of  $q$  is of size  $|s(0)|$  and the lead coefficient of  $r$  is of size  $|r(0)|$ .

From these transformations and the interval inequalities we can prove the following theorems.

**THEOREM 5.** Suppose  $t = s \cdot v$  is a monic polynomial of degree  $n$  and  $s$  is a monic factor  $t$  of degree  $m$ . Then

$$|v(0)|^{1/2} \|s\|_D \leq \left(\frac{1}{2} C_{n,m}\right)^{1/2} \|t\|_D.$$

This is sharp, for even  $n$  and  $m$ , for  $t(z) = z^n + 1$ .

**PROOF.** We can assume, by performing an initial rotation if necessary, that

$$\|s\|_D = |s(-1)|.$$

So from Corollary 2 we deduce that

$$\begin{aligned} (9) \quad \|s\|_D^2 &= |s(-1)|^2 = |q(-2)| \leq |s(0)/t(0)| 2^{m-1} \prod_{k=1}^m \left(1 + \cos \frac{2k-1}{2n} \pi\right) \|p\|_{[-2,2]} \\ &\leq |s(0)/t(0)| 2^{m-1} \prod_{k=1}^m \left(1 + \cos \frac{2k-1}{2n} \pi\right) \|t\|_D^2. \end{aligned}$$

Now  $s(0)/t(0) = 1/v(0)$ . ■

**THEOREM 6.** Suppose  $t = s \cdot v$  where  $s \in \pi_m$  and  $v \in \pi_{n-m}$  and where  $t$ ,  $s$  and  $v$  are real polynomials. Then

$$\|s\|_D \|v\|_D \leq \left(\frac{1}{2} C_{n,m} \cdot C_{n,n-m}\right)^{1/2} \|t\|_D.$$

As before,

$$C_{n,m} := 2^m \prod_{k=1}^m \left(1 + \cos \frac{2k-1}{2n} \pi\right)$$

and

$$(C_{n,m} \cdot C_{n,n-m})^{1/(2n)} \lesssim (1.79162 \dots).$$

This is sharp, for even  $n$  and  $m$ , for  $t(z) = z^n + 1$ .

**PROOF.** From Theorem 1 we deduce, for  $a$  and  $b$  on the boundary of the unit disc and for arbitrary  $s$  and  $v$ , that

$$\begin{aligned} |s(a) \cdot s(a^{-1})| |v(b) \cdot v(b^{-1})| &= |q(a + a^{-1})| |r(b + b^{-1})| \\ &\leq \frac{1}{2} C_{n,m} \cdot C_{n,n-m} \|p\|_{[a+1/a, b+1/b]} \\ &\leq \frac{1}{2} C_{n,m} \cdot C_{n,n-m} \|p\|_{[-2,2]} \\ &\leq \frac{1}{2} C_{n,m} \cdot C_{n,n-m} \|t\|_D^2. \end{aligned}$$

The result now follows on choosing  $a$  and  $b$  to be points on  $\{|z| = 1\}$  where  $s$  and  $v$  achieve their norms. ■

The next result reproduces Theorem 2 of Boyd [6].

**THEOREM 7.** *Suppose  $t = s_1 s_2 \cdots s_j$  are real polynomials, with  $t$  of degree  $n$ , then*

$$\begin{aligned} \|s_1\|_D \|s_2\|_D \cdots \|s_j\|_D &\leq \frac{1}{\sqrt{2}} \left( \prod_{k=1}^{\lceil \frac{n}{2} \rceil} 2 \left( 1 + \cos \frac{2k-1}{2n} \pi \right) \right) \|t\|_D \\ &\lesssim (1.7916 \cdots)^n \|t\|_D \end{aligned}$$

*This is sharp for even  $n$  for  $t(z) = z^n + 1$ .*

**PROOF.** Use Theorem 4 and proceed as in the previous theorem. ■

**THEOREM 8.** *Suppose  $t = v s_1 s_2 \cdots s_j$  with all polynomials real. Suppose  $t$  is monic of degree  $n$  and  $s_1 s_2 \cdots s_j$  is monic of degree  $m$ . Then*

$$|v(0)|^{\frac{1}{2}} \|s_1\|_D \|s_2\|_D \cdots \|s_j\|_D \leq \frac{1}{\sqrt{2}} \left( \prod_{k=1}^{\lceil \frac{m}{2} \rceil} 2 \left( 1 + \cos \frac{2k-1}{2n} \pi \right) \right) \|t\|_D.$$

*This is sharp for even  $n$  and  $m$  for  $t(z) = z^n + 1$  for  $j \geq 2$ .*

**PROOF.** This follows from Theorem 4, as in Theorem 3, with the following additional detail (as in Theorem 4). We first factor each  $s_j$  as

$$s_j = u_j v_j$$

where  $u_j$  has all roots in  $\{\text{Re}(z) \leq 0\}$  and  $v_j$  has all roots in  $\{\text{Re}(z) > 0\}$ . It now follows that

$$\|s_1\|_D \cdots \|s_j\|_D \leq |u_1(1) \cdots u_j(1)| |v_1(-1) \cdots v_j(-1)|$$

and we proceed as before. ■

If we don't assume that the polynomials in question are real we can get the following.

**COROLLARY 3.** *Suppose  $t = s \cdot v$  where  $s \in \pi_m$  and  $v \in \pi_{n-m}$ . Then*

$$|s(-1)| |v(1)| \leq \left( \frac{1}{2} C_{n,m} \cdot C_{n,n-m} \right)^{1/2} \|t\|_D$$

*and if  $t$  is monic*

$$|t(0)|^{1/2} \|s\|_D \|v\|_D \leq \frac{1}{2} (C_{n,m} \cdot C_{n,n-m})^{1/2} (\|t\|_D)^2.$$

*These are sharp, for even  $n$  and  $m$ , for  $t(z) = z^{n+1}$ .*

**PROOF.** The first inequality follows as in the proof of Theorem 6 with  $a := -1$  and  $b := 1$ . The second part is immediate from (9) of the proof of Theorem 5. ■

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