### REVIEW.

Physiological Quantities or Constants.—V. H. WYATT WINGRAVE, M.R.C.S. Kimpton, London, pp. 41.

THE most practical of specialists cannot now-a-days afford to throw aside his once crammed physiology, and a genuine aid to the acquisition and retention of the facts of that department of science will be a not unwelcome addition to his study table. The work before us has the advantage that it can be comfortably carried in the pocket-even the waistcoat pocket-and at odd moments may be extracted for reference on particular points, or for a well-repaid general feuilletage. Those who have at all recently read up such a work as Foster, Landois, Kirke, or even Ashby, must have found themselves at the end of a chapter in fair possession of the general facts, but somewhat exhausted by the endeavour to cope, at the same time, with the figures. The margins of the leaves and the fly-leaves are generally utilised for scribbling down these troublesome numbers, but to collate them in the present convenient form seems to us a most happy thought on the part of Mr. Wyatt Wingrave. Many readers (besides "students preparing for examination") will greatly refresh their memories of larger works, and exercise themselves in recalling the facts, while using Mr. Wingrave's figures as pegs on which to hang them. We have here offered, we think, a good raison d'être for this practical and unpedantic, if necessarily rather "dry" little work.

Dundas Grant,

#### NOTES.

NURSE MARIAN PINCOFFS has designed some "Nurse Instructions," which are published by Gilbertson & Sons, St. Andrew's Street, Holborn Circus, London.

This is a sheet on which are printed all the matters which are requisite for the nurse in attendance on a patient to have given as instructions. The doctor is supposed to fill up the blank spaces with orders as to food, drinks, medicines, temperature taking, how often to be roused, position of the patient, washing, sponging, baths, temperature of room, poultices, fomentations, etc., etc., enemas and vaginal syringing, gargles and inhalations, specimens of urine, fæces, vomit, etc., for examination, orders what to do in case of emergency, etc., etc., so that there can be no mistake as to the nurse's instructions. The sheets have met with commendation from hospital physicians, and we have no doubt will prove of great service. It is in private nursing where instructions are so frequently evaded or neglected, perhaps carelessly given and badly understood. With such a sheet as this, signed by the doctor, there can be no excuse on the part of the nurse or doctor if the fullest instructions are not given and completely carried out, and Nurse Pincoffs has supplied a want in publishing these charts of instructions.

## 172 The Journal of Laryngology and Rhinology.

WE are requested by the Royal College of Physicians of Edinburgh to make the following announcement:—

#### PARKIN BEQUEST.

In terms of the Bequest made to the Royal College of Physicians of Edinburgh by the late Dr. John Parkin, Fellow of the College, a Prize is hereby offered for the best Essay "On the Curative Effects of Carbonic "Acid Gas or other forms of Carbon in Cholera, the different forms of "Fever, and other Diseases."

The Prize is of the value of One Hundred Pounds sterling, and is open to Competitors of all nations.

Essays intended for Competition, which must be written in the English language, to be received by the Secretary not later than 31st December, 1892. Each Essay must bear a motto, and be accompanied by a sealed envelope bearing the same motto outside and the author's name inside.

The successful Candidate must publish his Essay at his own expense, and present a printed copy of it to the College within the space of three months after the adjudication of the Prize.

In name and by authority of the Council of the College.

G. A. GIBSON, M.D., Secretary.

9th March, 1891.

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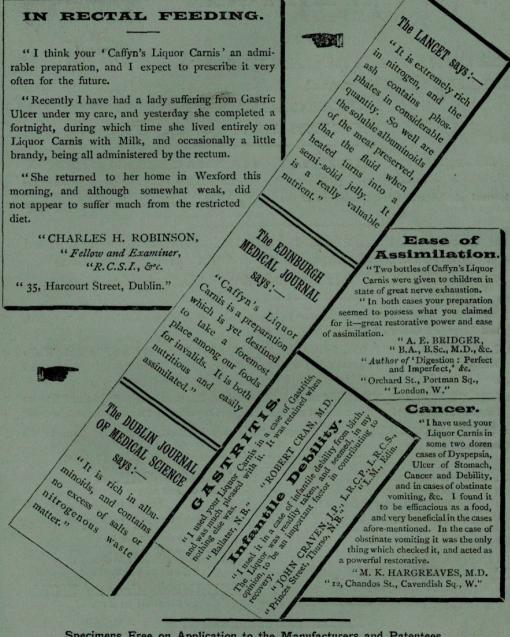
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