

# BJP SylCon

A disabling combination: fatigue and depression Stephanie Leone Long-term outcomes of obsessive-compulsive disorder: follow-up of 142 children and adolescents Nadia Micali et al Predicting outcome in mild cognitive impairment: 4-year follow-up study Jane Lonie et al Insight, grey matter and cognitive function in first-onset psychosis Kevin Morgan *et al* 



## **BJPsych**

### Contents

- A5 Editorial Board
- A7 Highlights of this issue

#### **Editorials**

83 Psychotherapy research: do we know what works for whom?

P. Fonagy

85 Recovery – psychiatry in pictures

Allen John Shand

86 A disabling combination: fatigue and depression

S. S. Leone

88 Ethical dilemmas: should antipsychotics ever be prescribed for people with dementia?

A. Treloar, M. Crugel, A. Prasanna, L. Solomons, C. Fox, C. Paton and C. Katona

90 Epidemic hysteria aboard ship in 1848 – extra

Malcolm Kinnear

#### **Review article**

91 Abreaction for conversion disorder: systematic review with meta-analysis

N. A. Poole, A. Wuerz and N. Agrawal

#### **Papers**

96 Effectiveness of systematic treatment selection for psychodynamic and cognitive-behavioural therapy: randomised controlled trial in routine mental healthcare B. Watzke, H. Rüddel, R. Jürgensen, U. Koch, L. Kriston, B. Grothgar and H. Schulz

105 Early child psychiatry – psychiatry in the Old Testament George Stein

106 Aetiology of fatigue in Sri Lanka and its overlap with depression

H. A. Ball, A. Sumathipala, S. H. Siribaddana, Y. Kovas, N. Glozier, P. McGuffin and M. Hotopf

114 Associations of serious mental illness with earnings: results from the WHO World Mental Health surveys

D. Levinson, M. D. Lakoma, M. Petukhova, M. Schoenbaum, A. M. Zaslavsky, M. Angermeyer, G. Borges, R. Bruffaerts, G. de Girolamo, R. de Graaf, O. Gureje, J. M. Haro, C. Hu, A. N. Karam, N. Kawakami, S. Lee, J.-P. Lepine, M. Oakley Browne, M. Okoliyski, J. Posada-Villa, R. Sagar, M. C. Viana, D. R. Williams and R. C. Kessler

122 Burden of psychiatric disorder in young adulthood and life outcomes at age 30

S. J. Gibb, D. M. Fergusson and L. J. Horwood

128 Long-term outcomes of obsessive-compulsive disorder: follow-up of 142 children and adolescents

N. Micali, I. Heyman, M. Perez, K. Hilton, E. Nakatani, C. Turner and D. Mataix-Cols

#### 135 Predicting outcome in mild cognitive impairment: 4-year follow-up study

J. A. Lonie, M. A. Parra-Rodriguez, K. M. Tierney, L. L. Herrmann, C. Donaghey, R. E. O'Carroll and K. P. Ebmeier

140 Of course it is (the delusion that's really true) – psychiatry in the movies

Peter Byrne

141 Insight, grey matter and cognitive function in first-onset psychosis

K. D. Morgan, P. Dazzan, C. Morgan, J. Lappin, G. Hutchinson, J. Suckling, P. Fearon, P. B. Jones, J. Leff, R. M. Murray and A. S. David

149 Help-seeking and receipt of treatment among UK service personnel

A. C. Iversen, L. van Staden, J. Hacker Hughes, T. Browne, N. Greenberg, M. Hotopf, R. J. Rona, S. Wessely, G. Thornicroft and N. T. Fear

#### Short report

156 Recognition of disgusted facial expressions in severe depression

K. M. Douglas and R. J. Porter

#### **Columns**

- 158 Correspondence
- 160 Book reviews
- 164 Contents of Advances in Psychiatric Treatment
- 165 Contents of the American Journal of Psychiatry
- 166 From the Editor's desk

#### Cover picture

Industrial Therapy (2006) David Beales (b. 1954)

The artist writes: I have been painting and drawing since I was a child. When I was 21, I was admitted to Farnborough Psychiatric Unit and was in and out of different hospitals for nearly 20 years, until I was



discharged into the community from Stone House Hospital as part of the Care In The Community programme in the early 1990s. I have been able to paint events from the hospital, from the supported houses and the community that has been my home since I left hospital. I decided to confront the issue of prejudice against the mentally ill by using informative illustration and captions to raise awareness of the problems confronting the mentally ill in the community.

Regarding *Industrial Therapy*: In the old psychiatric hospitals, during the day most patients were required to attend the Industrial Therapy Unit. The top rate of pay in 1981 was about 15p an hour. Patients could supplement their £7 a week benefit allowance with a pay packet of between £2 and £4.50 without losing money. The work areas were segregated. The work itself was simple, mainly packing jobs. The most complicated job was assembling ceiling roses. Staff in the Industrial Therapy Unit were friendly and would listen to the patients, who would discuss the problems of the hospital and the other patients while they worked. Considering the low rate of pay the atmosphere was generally good. Perhaps because of the low pay, patients were allowed to wander off and visit the hospital shop during work hours, without loss of pay, as a concession.

Image supplied by the Bethlem Gallery, London (www.bethlemgallery.com). With thanks to Beth Elliott.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjp@rcpsych.ac.uk.